

The University of Minnesota OFFICIAL DAILY BULLETIN

VOL. I

FRIDAY, JANUARY 24, 1919

NO. 56

DR. HARRY EMERSON FOSDICK WILL LECTURE THIS AFTERNOON at 4:30 in the UNIVERSITY ARMORY

Instead of the Little Theater as previously announced.

Owing to the limited seating capacity of the Little Theater, it has been decided that Dr. Fosdick will give his public address in the ARMORY this afternoon at 4:30. It is hoped that a large representation of students and faculty will be present.

DR. FOSDICK will also speak at the Joint Assembly at the University Farm this morning at 11:30.

On Sunday he will speak at 10:30 in the morning at Westminster Presbyterian Church, and in the afternoon at 4:30 at the Hennepin Avenue Methodist Church. University members will be cordially welcome at both of these services.

STUDENT TICKETS for the Illinois game Monday evening, January 27, are on sale at the office of the Athletic Manager today from 2 to 5, and tomorrow from 10 to 1. No student tickets will be sold at the door. The game will start promptly at eight o'clock.

NOTICE TO SOPHOMORES

In the College of Science, Literature, and the Arts

Attention is called to the following regulations pertaining to the Junior and Senior Colleges. The terms of promotion to the Senior College should be observed by sophomores this year. Faculty Advisors for sophomores will talk with students who are likely to have trouble in meeting these requirements and consideration will be given by the Administrative Board to the cases of any students who can not meet the requirements by reason of the peculiar conditions prevailing this year.

"The College distinguishes between the Junior College, consisting of the first two years, and the Senior College, consisting of the third and fourth years.

All courses which are open to freshmen or sophomores are designated Junior College courses. All courses which are open only to juniors, seniors, or graduates are designated Senior College courses.

The courses of the Senior College may be taken only by students who have satisfied the requirements for promotion from the Junior to the Senior College.

Beginning with the class which entered in the fall of 1917, there shall be required for promotion to the Senior College the completion of fifty-six credits and fifty-six honor points including the studies prescribed for freshmen and sophomores.

Students registered in combined courses shall secure thirty credits and thirty honor points per year of work required in this College before being recommended for entrance to the work of the professional school. In order that such students may receive the bachelor's degree after completion of the required professional work the Faculty of the professional school shall certify that they have maintained an equivalent standing in the work of the professional school which is counted toward the degree given by this College.

Any student who fails to complete the Junior or Senior College requirements within the normal period will, in order to complete the work, be required to continue in that college for one or more University sessions. During this period, such students will be required to secure an average of one honor point for every credit hour of work carried."

J. B. JOHNSTON, Dean

MISS ALMA L. BINZEL of Teachers' College, Columbia, will speak at the luncheon in Shevlin next Tuesday, January 28. Tickets at 25 cents each may be obtained at the office of Dean Beggs not later than 11 o'clock on Tuesday.

THE COSMOPOLITAN CLUB entertains for foreign students in Shevlin Hall Saturday evening at 8:00 o'clock. All foreign students are cordially invited.

UNIVERSITY HEALTH SERVICE BULLETIN.

Clothing

The object of this discussion is not to indulge in a "Sartor Resartus" philosophy; but rather a consideration of clothes from the standpoint of health and comfort. The subject of Winter Raiment, even from this angle, is one to be approached with much trepidation, for that which is recommended will, indubiously, not be accepted with universal acclaim.

Unfortunately, to the feminine mind clothing is not a question of comfort and health, but one of fashion or style. The combination of such material as a sort of refined mosquito netting and fur in the composition of wearing apparel, together with seasonal and not climatic variation in the use and distribution of the fur, indicates the futility of dress advice.

There are several aspects to the hygiene of clothing. For example, clothing should be loose and porous so that the functions of the skin as an excretory organ are not impaired. Again, clothing should not be tight. The evils of constriction on the various organs and parts of the body were emphasized in physiological studies. Further, clothing worn next to the skin must be frequently changed and laundered as it soon becomes clogged with the skin's waste products.

It is, however, with clothing for the sake of warmth that we are especially concerned at this time of the year. Already attention has been called to the fact that it is prolonged chilling in moderately low temperature, rather than a short subjection of the body to a sudden cold shock, that is especially dangerous and predisposes to colds and respiratory disorders.

It is a mistake to try to endure cold weather without wearing sufficiently warm clothes. Whenever a feeling of cold or chilliness is experienced it is highly proper to put on an extra garment without delay and it is folly to wait till the body is thoroughly chilled before taking the trouble to make a change of clothing. The habit of wearing thin hot weather clothing all the year around and of going without an overcoat through the winter to display a vigorous constitution is not advisable.

Sufficient clothing should be worn to keep the body moderately warm and this should be evenly distributed to cover both torso and limbs. The feet should be always comfortably warm. The exposure (which occurs so frequently in class and sitting rooms regardless of temperature) of the upper part of the body—chest and arms—is not conducive to the avoidance of rheumatic or catarrhal affection. Much of the bronchial and laryngeal disturbances prevalent at this time of the year, is no doubt due to this particular mandate of fashion.