

The University of Minnesota OFFICIAL DAILY BULLETIN

VOL. I

WEDNESDAY, DECEMBER 4, 1918

NO. 27

THE FRENCH MISSION will arrive in Minneapolis on Friday morning. An all-University Convocation will be held in the Armory on Friday at 11:20. All members of the University, both faculty and students, are urged to cooperate in according the same reception to these visitors as was given to the British Educational Mission. All three members, Professor Theodore Reinach, Dr. Etienne Burnet, and Lt. Seymour de Ricci, will speak at the convocation. They will be entertained at luncheon by members of the faculty.

At 4:35 Friday afternoon, Colonel Reinach will give a public lecture in the Little Theater.

That afternoon Dr. Burnet will go to St. Thomas' College, and Lt. de Ricci will be at the College of St. Catherine.

On Saturday morning Dr. Burnet will speak at 11:00 o'clock in the Auditorium of the Anatomy Building. At the same hour Colonel Reinach will be at Macalaster College, and Lt. de Ricci will speak at Hamline University.

The afternoon will be spent in sightseeing. The directors of the Minneapolis Institute of Arts will entertain the Mission at dinner at the Minneapolis Club, and in the evening they will lecture at the Art Institute for the members only.

The Mission will leave Minneapolis Sunday night for Omaha.

THE UNITED WAR WORK CAMPAIGN is on. It will continue for three days, Wednesday, Thursday, and Friday. Captains and Sergeants will solicit for your subscriptions. Be prepared to give your share before they see you. Make their work as easy as possible and help Minnesota go "over the top" with a 100 per cent subscription list, before Friday night.

E. B. PIERCE, Major.

MRS. LADD'S reading-hour will be on Wednesdays at 2:50 hereafter, instead of at 3:35.

UNIVERSITY HEALTH SERVICE

Bulletin No. 5

The University Health Service not only is interested in daily exercise as a direct health measure, but it stands for the Greek ideal in all physical education and exercise. The usual caricature of the average student,—a stoop-shouldered, hollow-chested, horn-bespectacled anthropoid,—has only too frequently an element of truth in it. Is it not true that a large number of students, perhaps a majority, are careless regarding posture? Their movements are sloven and even sloppy,—the very antitheses of culture, alertness and assertiveness.

The college student should be the culmination of all those physical characteristics which stand for harmonious and healthful development, correct and assertive poise, dexterous and efficient motions. Symmetrical development; erect dignified posture; grace, agility, assertiveness and perfect coördination in standing, walking and in all other movements of the body, should be the goal of every student.

"He walks like a soldier," is decidedly complimentary. Why not develop a distinctive university type of physique? Let the culminal of physical praise be, "He has the personal bearings of a collegian."

Every student should read and apply to himself the instruc-

tions in the Infantry Drill Regulations pertaining to the School of the Soldier. Learn how to stand, walk and move. These are health measures of infinitely great value.

Bulletin No. 6—Mumps

Mumps has made its appearance among both S. A. T. C. and civilian students. Up to the present date more than 100 cases have been isolated in the S. A. T. C. Only three civilian students have the disease. We may expect many more. The disease frequently occurs as epidemics in institutions, usually develops slowly, and lasts for a long time. Remember that it is contagious before the symptoms appear, and even six weeks after the disappearance of all symptoms. Mumps is spread by direct contact. It is not air-borne. The virus is contained in the secretions of the nose and mouth. The disease may develop anytime between four and twenty-five days after exposure. One attack usually confers immunity, but second attacks are by no means rare.

While the disease does not as a rule prove serious so far as the final outcome is concerned, still it may be both distressing and painful, and grave complication may occur unless the patient is careful.

Perhaps the most serious objection to mumps is the long isolation essential. It means at least three weeks. No student can afford to loose so much time.

Prevention of mumps is identically similar to that of influenza: Avoid close contact as in crowds; insist on fresh air at all times; maintain a high degree of resistance by keeping well.

Students who have been closely associated with one who has developed the disease should be on guard for at least twenty-one days after exposure.

Any student who shows the following symptoms should report immediately to the University Health Service: Pain below and in front of the ears. Swelling of the parotid and other salivary glands; pain increased by moving the jaws. Very frequently the onset is sudden, attended by malaise, chill, fever 101°-103°, quick pulse, headache, dry skin.

Prompt action in this matter will protect others and reduce the dangers of complications.

List of Authorized Absentees for December 2, 1918:

Allen, Victor T.	Doerr, Fred W.	Linderman, Dewey M.
Anderson, Carl G.	Duncan, Ralph L.	Lovan, Amos H.
Arens, Theodore H.	Dunton, Ralph	Lundquist, Justus N.
Axt, Clifford L.	Enger, Arne R.	Lynch, Lawrence S.
Bather, Edward C.	Erickson, Leyden N.	Magnuson, Walter W.
Bergan, M.	Fahnestock, E. G.	Martin, Roland A.
Blanchard, Charles E.	Fosberg, Algot A.	Miller, Milo V.
Bostwick, Fred H.	Geske, Arthur F.	Mooers, Cecil H.
Bray, Clayton W.	Getts, George W.	Nagel, George F.
Bricker, Harold E. M.	Gordon, L. J.	Olson, George E.
Broman, A. F.	Grant, Howard H.	Olson, Vernon W.
Brown, Morris C.	Hay, George B.	Rasmussen, Irving L.
Brown, Roy W.	Hefferman, William T.	Rudoy, M. M.
Cash, Lester E.	Hendrickson, Carl E.	Schmidt, Albert W.
Chalk, Edwin J.	Hober, Oris S.	Segal, Harry A.
Chatman, Frank C.	Jacobson, Phillip R.	Simonson, John G.
Child, Lewis W.	Jarvis, Guilbert	Stephen, Walter H.
Clement, H. F.	Johnson, E. C.	Strathy, Eric D.
Collis, Harold W.	Johnson, Edwin W.	Thomas, A. L.
Cotton, Earl D.	Johnson, Dewey L.	Thompson, A. J.
Coutt, Lyman H.	Kaehler, R. H.	Tingdale, Warren M.
Crosby, Lewis L.	Kasper, Kelvin A.	Wert, O. W.
Damon, Everett P.	Kilp, Raymond G.	White, Charles K.
Dawley, J. Maurice	Knight, R. H.	Withy, Robert E.
Dillan, John A.	Koenig, Albert	Wolpert, William
Doelz, Paul R.	Levitt, Abe	
Total..... 77	Sick..... 295	Grand Total.... 372

R. M. WEST, University Recorder