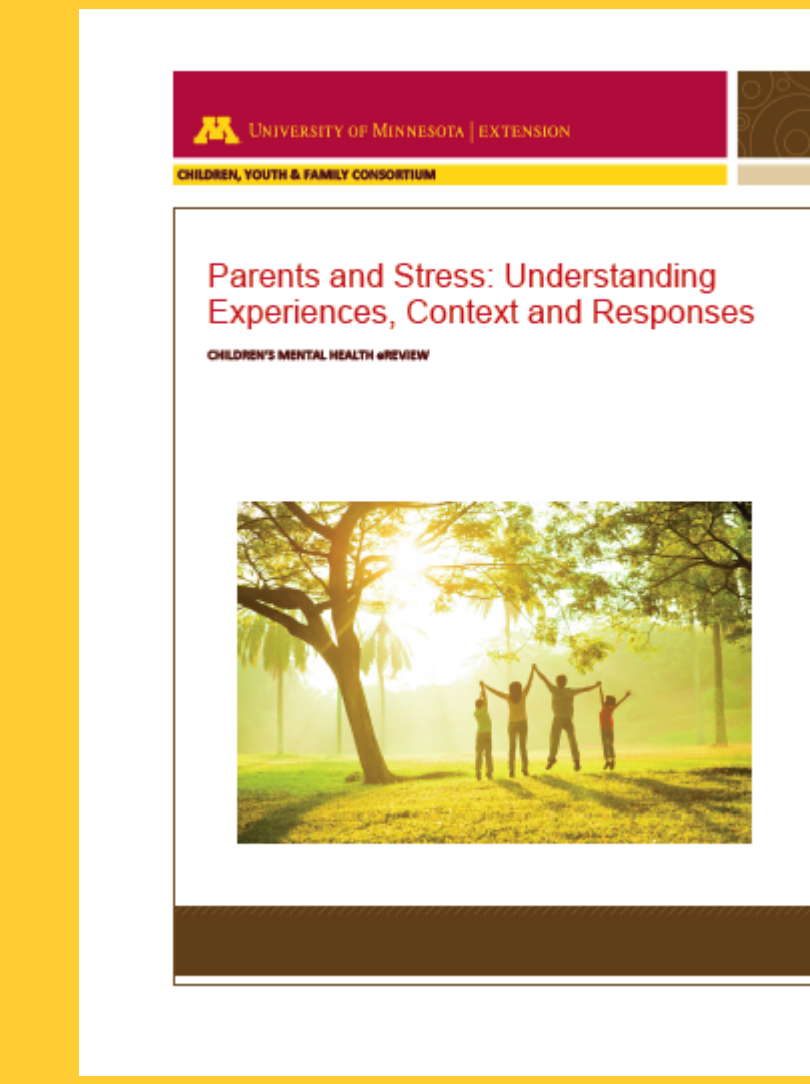




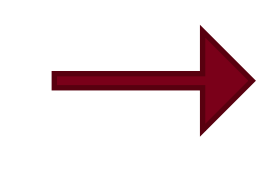
Children's Mental Health eReview: Closing the research-practice gap

Cari Michaels, MPH, Sarah Cronin, MA
Extension Family Development ~ Children Youth & Family Consortium (CYFC)



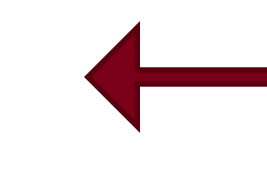
Issues About Research

- Growing pool of published research about children/families
- Research often doesn't reach those who provide services
- Researchers don't know how or if research is used
- Research is not always relevant to applied settings



eReview Closes the Gap

- Engages both research and practice authors
- Provides online access to literature reviews
- Includes rigorous editorial process
- Identifies how to use research in specific settings, communities and cultures



Issues About Practice

- Professionals have little time for extensive literature reviews
- Community members often don't have library access
- Providers need to learn how to apply relevant research
- Community members need opportunities to guide future research

What topics does eReview address?

Current and recent issues:

- Why Latino Kids are Falling Behind: Understanding Educational Disparities
- Children in Common: Ensuring the Emotional Well-Being of Children when Parenting Apart
- Parents and Stress
- Children with Incarcerated Parents
- How Trauma 'Gets Under the Skin'
- The Impact of Trauma on Infants
- Risk and Resilience in Homeless Children
- Historical Trauma and Microaggressions
- What is Trauma and Why is it Important?

"[The eReview] contained information I would not normally have access to read."
- eReview reader

"I think it's great to be tying in research with practice, especially when we are targeting at-risk and vulnerable populations who may need all the help they can get."
- eReview reader

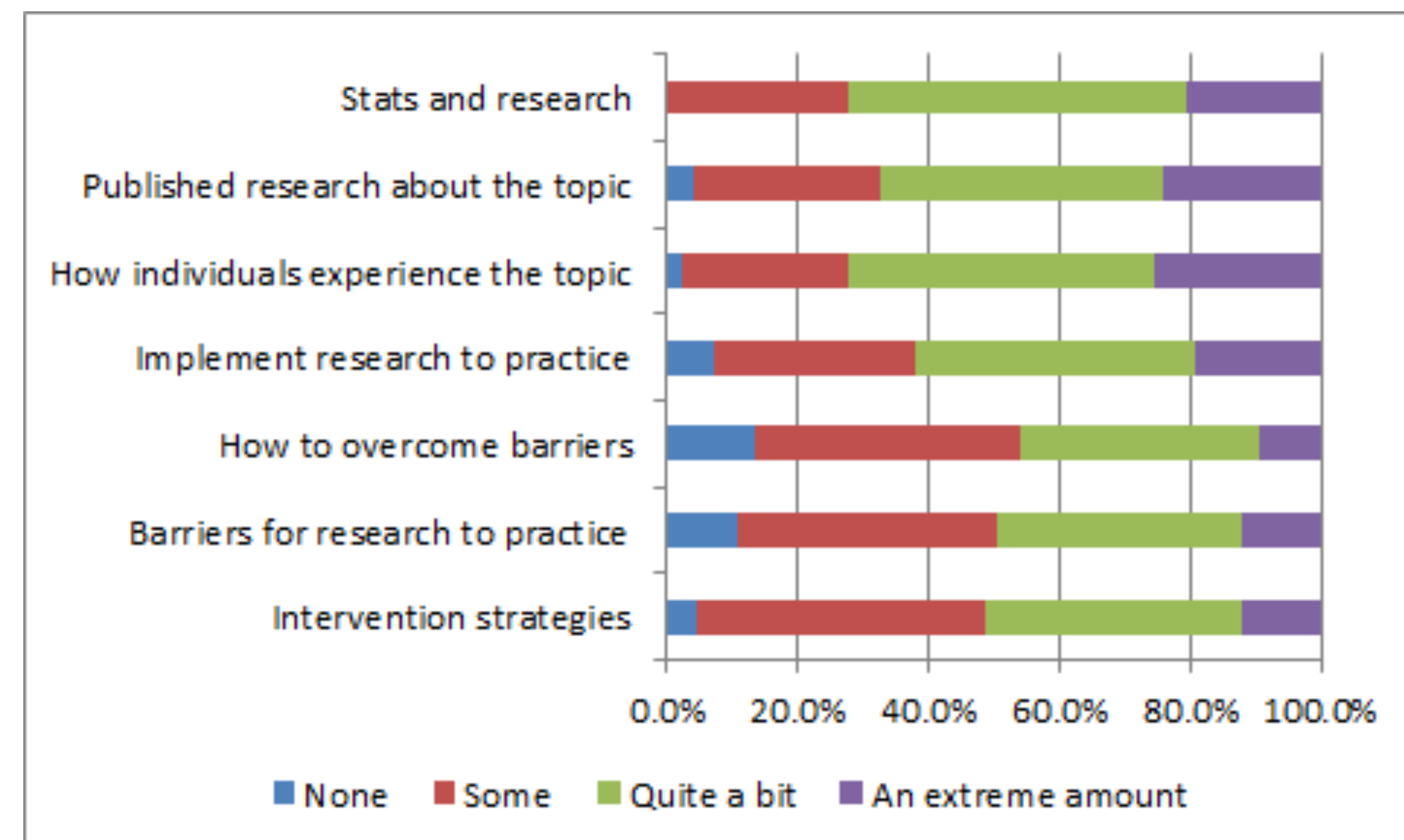
What is the Children's Mental Health eReview?
An *online publication* produced through the University of Minnesota Extension *Children, Youth and Family Consortium* (CYFC) that *promotes use of research in practice and policy* in order to improve services for children. Each issue features a *Research Summary* of current, relevant research and an *Implications Section* that explores use of that research in practice and policy.

Find all issues: <http://www.extension.umn.edu/family/cyfc/our-programs/ereview/>

- Read the eReview - learn about research and its application
- Use eReviews in classes and trainings - assign to students and discuss in class
- Evaluate the eReview - let us know how you use it and what you'd like to see in future issues
- Join the Extension eReview Leadership Team

"After reading the eReview, I understand better the limitations of doing this type of research that I didn't know before."
- eReview reader

What do eReview readers learn?



"The content/topic is central to my work and the careers of my students as they move into the work force. It is fantastic to have access to this theory/research-to-practice publication for current and future practitioners who are working with incarcerated moms."
- eReview reader

"It helped me see a bigger picture of the applicability of my research. It allowed me to see why my research matters, especially for the practitioners involved in helping these kids."
- eReview author

What themes emerged?

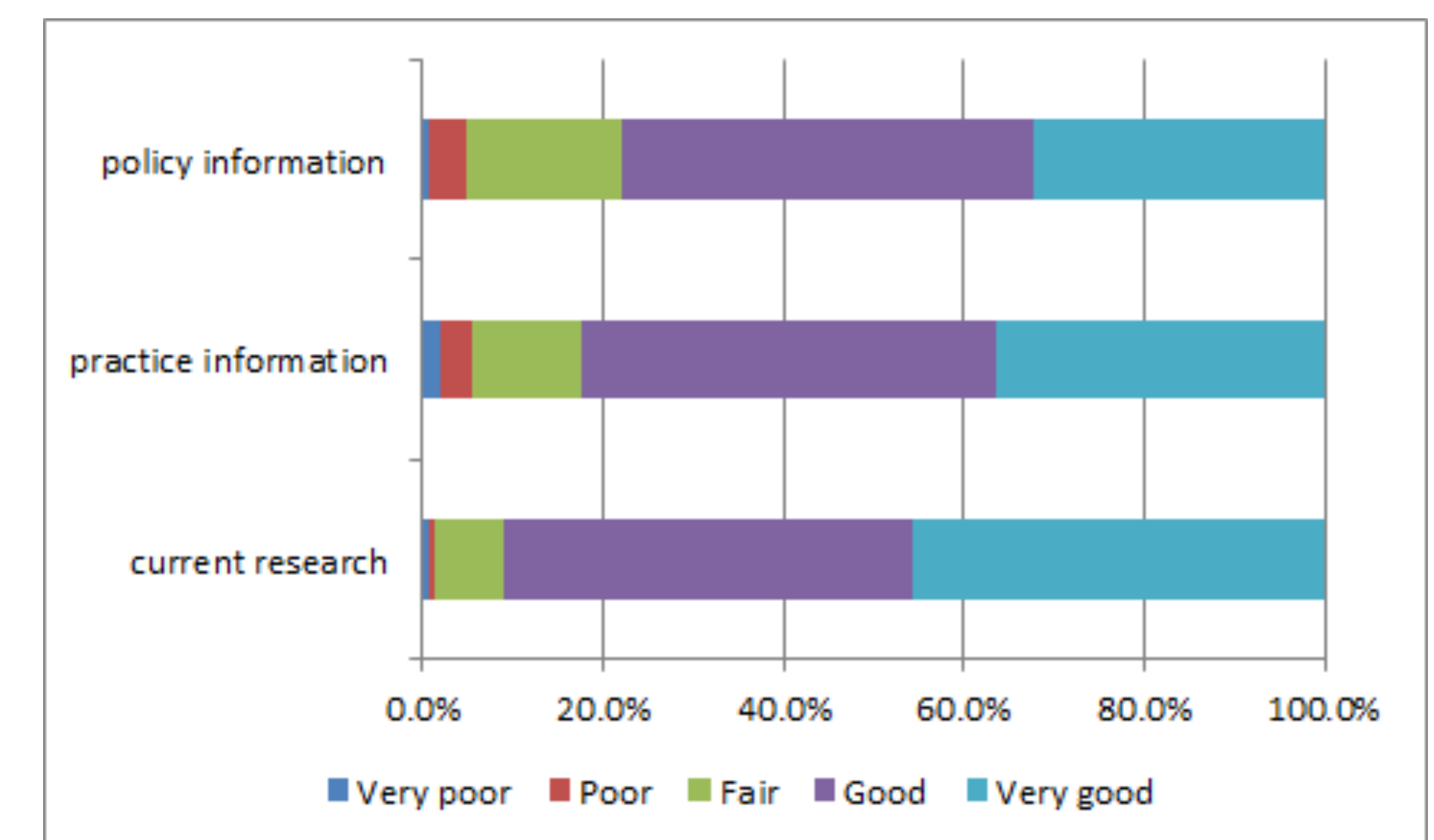
Evaluation data were collected for each published issue both from eReview readers and authors. Themes that emerged from readers:

- The eReview has **high quality content**
- The research topics are **relevant and timely**
- Readers appreciate practical the **policy and practice** perspectives with a **focus on prevention**
- The format is **easy to read** and well laid out

- Themes that emerged from authors:
- The topics were **relevant to their work**
 - Writing helped **connect** them with the **larger community**
 - Authors **recommend the experience** to their colleagues

"I just thought it was such a great opportunity, especially since I'm no longer in the academic setting to be able to integrate what I do clinically and have it be informed by research."
- eReview author

How do readers rank eReview as a source of... (n = 164)



CONCLUSIONS - Based on 187 reader surveys and 18 author interviews:

- Over 90% of readers evaluated eReview as a "good" or "excellent" source of research
- Over 80% of readers evaluated eReview as a "good" or "excellent" source for practice and policy information
- All authors stated that the writing process helped them identify current research and synthesize it in a useful way
 - 95% of authors recommend authoring eReview to their colleagues