

Interactions

Family Social Science Newsletter



FSoS Ambassadors: Student Bloggers

This past fall we selected two FSoS majors to blog about their life experiences while at the University of Minnesota. We want to give prospective students and their parents an opportunity to get an uncut and uncensored look at what our students are doing—in the students own words. Their posts can be read on our website (<http://cehd.umn.edu/fsos/undergraduate/studentBlogs.asp>).



Jill is the FSoS Roundtable Vice President and in her third semester at the University and is "loving every minute of it."



Danielle is a Family Social Science major with a minor in Child Psychology. She is in her third year and will graduate May 2009.

COLLEGE OF EDUCATION
+ HUMAN DEVELOPMENT
UNIVERSITY OF MINNESOTA

Letter from the Department Head

I once heard it said that great leaders emerge when our times require such leadership. As we face the worst economic crisis and subsequent fallout in recent times, I have high hopes that this adage will be true. We desperately need dedicated local, state, and national leaders who will advocate for all, including those most significantly affected by the misfortunes of life.

As I present you with this issue of Interactions, I hope that you, like me, respond with a sense of optimism – a sense that something is going right somewhere after all. In this issue, we highlight the ways in which Family Social Science faculty and students continue to connect in positive ways to others. Although it is true that those of us who choose family science professions have a propensity to be concerned about others, it is heartening to see the dedication faculty and students have for making a difference.

We cannot improve situations by simply wishing they would become better; we must be willing to affect the change we desire. From our feature on Dr. Paul Rosenblatt to articles on Narrative Exposure Therapy, and those highlighting Ph.D. student Amanda Matzek, Teaching Assistant, Nicole Warner, and undergraduates, Katie Stone and Teri Schweiger – we see our knowledge about how families deal with real issues and how individuals connected with Family Social Science are providing leadership for dealing with life's realities. They demonstrate that it is not enough to succeed; we need to succeed with an eye on how success affects the world around us.

Yes, I, like you, worry about the future – mine, those I love, and individuals I will never meet. BUT, we have leaders among us who are dedicated to improving the lives of individuals experiencing any number of unfortunate and difficult circumstances. I take my hat off to all of them and take great pride in introducing them to you in this issue.



Best Wishes,

Paul Rosenblatt

Professor

Follow the story of your life

Paul and I took an hour from our day to talk about his research, writing, teaching, raising children, traveling, and eating. In preparation of the interview, I read Paul's vita and noticed that his path of research and writing weaves through a journey of life experiences: mate selection, sex differences, attraction, intimacy, family relationships, rural families, sharing a bed, multiracial couples, grief and loss, and shared obliviousness. There is not a linear path through these fascinating topics but rather a sense of discovery influenced by personal experiences and people he has met along the way. Paul told me he believes that "research and teaching has more meaning when it is connected to your life and the lives of people near to you." Paul chose the word "craft" to describe his work. This term is typically used in defining the practices of visual and performing arts although within this context, the word "craft" opens up the exploratory nature of seeking and discovery, recognizing the act of research as a creative process. Paul said "teaching feeds his research, and research informs his teaching and ways of learning."

Research:

Paul is currently working with Liz Wieling on a research project to understand how people experience and understand intimacy in a close relationship. So far they have interviewed 27 people, one partner per couple, asking questions such as: how well does your partner know you;

is your partner curious about your life; are you curious about your partner's life; does your partner snoop through your things, your email; do you keep secrets for him or her; does he or she keep secrets from you; do you consider yours an "intimate" relationship. Paul and Liz want to understand how these individuals define intimacy and the role of intimacy in a relationship. They are "focusing on how much one thinks one knows one's partner, how much one wants to know one's partner, and related issues of truthfulness, lies, evasions, partial truths."

"Paul has the gift of connecting to people's humanity and to elicit core aspects of our existence as we experience ourselves, our families, our world."

the process he leaves those of us who he interacts with - whether colleagues, students, or participants in a study - a little more aware, curious, hopeful, and essentially changed in some way."

Paul is also working on a project examining the writings of African American novelists and how their cultural experiences affect storytelling. He is

reading authors such as James Baldwin, Tony Morrison, Alice Walker, Zora Neale Hurston, Sarah Wright, and Ann Petry. His main research question is: how do these authors depict experiences of racism coming home to African American family life.



Paul has a forthcoming book titled: *Shared Obliviousness in Family Systems*. It is a theoretical analysis of how and why families are oblivious to so much of what's going on inside the family and outside, how shared family obliviousness is maintained, how it may be overcome, and how to study it and

deal with it clinically. In this book, available Spring 2009, Paul has explored such topics as how family members can be collectively oblivious to the addiction of a family member; how children in white families learn to be oblivious to white privilege, obliviousness in family decision making, and the role of the mass media, government, and corporations in keeping many citizens oblivious to who benefits in what ways from various government actions and inactions.

"Research and teaching has more meaning when it is connected to your life and the lives of people near to you."

Liz said "Working with Paul on this study has been one of the most rewarding and inspiring professional experiences I've had. Paul has the gift of connecting to people's humanity and to elicit core aspects of our existence as we experience ourselves, our families, our world. Paul dives deeply as he tries to understand different phenomenon of interest and in

continued on page 4

Narrative Exposure Therapy: Trauma Treatment for survivors of war and torture

On November 10, as part of the International Mass Trauma program of research in the department of Family Social Science, Dr. Liz Wieling co-sponsored with the Center for Victims of Torture a half-day seminar on Narrative Exposure Therapy (NET). The seminar was presented by its originators: Drs. Claudia Catani and Frank Neuner from the department of Clinical Psychology and Psychotherapy, University of Bielefeld, Germany and the vivo Foundation (www.vivofoundation.net).

NET is an evidence based intervention developed for the treatment of PTSD implemented worldwide to those affected by traumatic events resulting from war, organized violence, and natural disasters. It incorporates cognitive-behavioral exposure therapy and testimony therapy, explicitly addressing the socio-political aspects of healing. "Unaware of the consequences of psychotrauma on their mental health, survivors generally avoid to seek psychotherapeutic treatment, they are caught in an inability to express what happened. They suffer so-called 'speechless terror', frightening thoughts and memories of their ordeal and feel emotionally numb, especially towards people they were once close to. NET proves extremely culturally sensitive, since survivors tell their own stories, in their own fashion and ways of cultural expression, related to their own traditional and personal background and setting."

The seminar addressed the cognitive and neuroscientific background of NET, the procedure and the current state of evaluation research with asylum seekers, refugees, and war survivors in conflict regions.

The seminar brought in about 90 participants including students and faculty from the University, and professionals representing different mental health disciplines located at a variety of community agencies. Part of the seminar included a live demonstration where Drs. Jennifer Fallon, a Postdoctoral Fellow at CVT and Claudia Catani role played the lifeline approach used in the NET intervention.



l to r: Drs. Liz Wieling, Claudia Catani, and Frank Neuner



Drs. Jennifer Fallon, a Postdoctoral Fellow at CVT and Claudia Catani role played at NET seminar



Lifeline approach used in the NET intervention

About the NET originators:

Frank Neuner's expertise includes: Psychotherapy of torture victims and clinical and neuroscientific research. He is a member of vivo Germany, Italy, and Uganda.

Claudia Catani's expertise includes: Neurophysiology of stress reactions; epidemiology and treatment of trauma related disorders of organized and family violence. She is a Board member of vivo Germany and Italy.

Paul Rosenblatt cont.

Teaching:

Paul has been teaching versions of Global and Diverse Families for 40 years. The class has changed over the years and so have his students. Paul said “There is much more racial, ethnic, and sexual orientation diversity in my classes nowadays and that helps everyone to learn and helps me to teach.” Paul added “I become a better teacher as the semester goes on, because I learn more about many of the students and their needs and what interests them, how they learn, the problems they might be having outside of class, and lots more,” and so he can connect with them better as individuals, and add to or change what he teaches, or how he teaches.

Paul is currently advising the following graduate students: Cherie Monica Collins,

Herb Grant, Zoe Kuester, Jane Newell, Szu-yi Peng, Anna Thurmes, Beverly Wallace, and Julie Zaloudek. After graduation his students have gone on to work as college faculty, therapists, program administrators, consultants, and researchers. One student was chief operation officer for Christian Child Fund, the largest NGO in the U.S. Another former student is working with police officers and the stress they experience at work and in their personal lives. Another student recently switched from being a chief evaluation officer of the USFDA to being a lead administrator for the U.S. Department of Health and Human Service’s overview programs regarding institutional review boards concerned with the treatment of humans in research. And two of his former students were pioneers in the field of the study of African American and Japanese American families.

Paul has a profound effect on education, with both his teaching (content and style) and his research. His enthusiasm, humor, and kindness make him a memorable force in people’s lives. I say this because of the reaction I get when after introducing myself and talk comes around to the work I do in FSoS – whether it is at a neighborhood block party or a fund raising event or to a stranger at a party – people say “Oh, you must know Paul Rosenblatt.” They then follow up with one of the following: “Paul Rosenblatt has greatly influenced my life” or “he is the best teacher” or “he wrote that book about sleeping together, didn’t he?”

Have you heard about... FSoS 1301 Web

Cash or Credit: You Need to Know

I credit online course

Workload: 3 hours per week/15 lessons

Prerequisite: Entering freshmen and sophomores only.

Instructor: Virginia Zuiker

Course Description: Money management. Responsible use of credit, specifically credit cards.

Course Objectives/Goals:

Discuss terms and concepts relating to basic money management and the use of credit. Describe the different types of credit card accounts. Discuss reasons why people use credit and the pros and cons for using credit.

Describe what determines his/her credit card worthiness and how to secure a credit card. Discuss ways to manage a credit card account and how to avoid fees and finance charges. Establish his/her own debt limit. Describe signs of over indebtedness and what options are available to get out of credit.

Implement a record-keeping system to track his/her income and expenditures. Discuss the importance of being financially literate and its implications on a personal level, the community, the political process, and the public world.

Teaching Assistant: Nicole Warner



Nicole is the Fall 2008 teaching assistant for Virginia Zuiker’s online class, FSoS 1301 Cash or Credit: You Need to Know. She is a junior in the Carlson School of Management and is majoring in Accounting and Entrepreneurial Management with a minor in Retail Merchandising. Nicole is hoping to work in corporate accounting after graduation and has aspirations to open her own retail business.

Nicole has taken two of Virginia’s classes: Personal and Family Finances and Cash or Credit: You Need to know. These courses have provided her with a thorough understanding of credit cards, credit reports, budgeting, and financial management. Nicole has been able to use her knowledge as a resource in helping students understand the ins and outs of credit cards and the impact they have/will have on their life.

Undergraduate Student: Katie Stone

Katie grew up in Mendota Heights, MN and chose to attend the University of Minnesota because she wanted to study at a research-based university. She is currently a junior majoring in FSOS and minoring in Psychology.

Late in her freshman year, Katie heard about an internship opportunity with Tai Mendenhall, Ph.D.

She contacted Tai to discuss the position and ask him how to prepare herself as a competitive applicant. She knew this internship was a rare opportunity to work in a clinic directly with clients. Tai told Katie about a two-week intensive trauma training through the International Critical Incident Stress Foundation (ICISF) and Federal Emergency Management Agency (FEMA) in partnership with the University of Minnesota Medical School.

During the summer of 2007, Katie enrolled in the training and became certified to respond to traumas ranging from suicide prevention, intervention, and postvention, to school shootings and terrorist attacks. Katie said, "The trauma response courses were very intense. They were set up so that there was one week of classes, a two-week break, and then another week of classes. The 35W bridge collapse occurred within the second week break. I immediately emailed Tai and asked him if he was going to be involved with the trauma response aspect of the bridge collapse, and if so, if I could work with him. He was, indeed, doing work for the bridge collapse through the University of Minnesota Medical School Medical Reserve Corps (MRC). I was thrown into the field half-way through my training. I was petrified."

The MRC is part of the Citizen Corps program, a national initiative to mobilize and coordinate volunteers during emergencies. MRC volunteers are health professionals representing multiple disciplinary backgrounds who are willing to be called in the event of a public health crisis or large-scale disaster. In response to the bridge collapse, Katie worked with



Tai and 22 other MRC members to aid in medical and behavioral health efforts conducting interventions with surviving victims and family members of the missing.

With Katie's certifications through the ICISF and FEMA, alongside her MRC membership and field experience, Tai selected her as an undergraduate intern. She began working shortly thereafter at the Phalen Village Clinic in St. Paul. Katie said, "I really enjoy working with patients and their families at the clinic! The staff and faculty are very intelligent and helpful. I am intrigued with the work, and the field of marriage and family therapy (MFT) has become a passion of mine. I can see the positive transformations people are making in their lives."

At Phalen Village Clinic Katie participates actively in therapy sessions. During breaks Katie takes the opportunity to talk with Tai and MFT Ph.D. students Gregg Schacher and Mary Kelleher. Katie noted that Tai, Gregg, and Mary are "generous with their knowledge and share their experiences with me."

Gregg said of Katie, "I'm really impressed with her insatiable eagerness to learn every aspect of therapy. She's interested in everything about therapy, ranging from basic paperwork, to how to write an appropriate case note, to how to work with an interpreter and be aware of cultural differences,

to how to use the self of a therapist in sessions in order to identify the kinds of emotional reactions a client elicits from others. I think her enthusiasm to absorb it all is what really stands out to

"I believe that Katie is going to go far in her upcoming journey and aspirations as a clinician, educator, and researcher in MFT."

me, because she's constantly asking curious questions and integrating past learnings with current cases. It's been a joy to work with her!"

Katie also co-leads a Hmong Women's Support Group with Mary Kelleher at Phalen Village Clinic. The group is for Hmong women who are experiencing mental health symptoms or domestic violence in their relationships. Through a translator, Katie works with Hmong women going through some of life's

continued on page 6

Katie Stone cont.

hardest moments. By seeing these women progress and heal, Katie finds great personal reward. Katie said, "I am learning and experiencing so much from the Hmong women's group. I am learning about the Hmong culture, the privation of living in America being unable to speak English, the struggle of the journey from Laos to America, and the difficulty holding onto Hmong traditions in today's American society. This group is extremely important to these Hmong women; it is a place where they can speak openly about what they are going through and not be judged. Every week we do different activities, lessons, and discussions. We have had a spa day, beaded bracelets, and visited the Como Park Conservatory. Recently, we had a potluck where all of the women cooked Hmong food and brought it in! They also brought clothing that represented their culture. In every session we discuss how everyone is feeling, we do some type of meditation, and we teach different ways to implement self-care. The most powerful group session was when we discussed different stories about the women's experiences during the war in Laos. All of the Hmong women in the support group fled Laos to Thailand and then came to the United States. It was hard for me to hear all of the stories that these women have experienced."

Mary Kelleher said "For the last three months, Katie has been a valuable member of our Hmong Women's Support Group, and it is a credit to Katie's cultural sensitivity and genuine empathy that these depressed, middle-aged, non-English-speaking Hmong women have come to care so much about her. As the group closed on Nov. 21, I watched as these tiny Asian women each walked up to Katie (who stands at least a head taller than all of them) and hugged her goodbye with wide smiles on their faces.

"I believe that Katie is going to go far in her upcoming journey and aspirations as a clinician, educator, and researcher in MFT." said Tai Mendenhall

Moments like that are so important in healing the rifts that racism has caused in the souls of the oppressed, and Katie is anything if not a natural healer."

This past November, Katie and Tai Mendenhall attended the American Association for Marriage and Family Therapy national conference in Memphis, TN where they led a workshop entitled "Responding to Trauma: Bridging Mental Health and Medicine." They discussed how mental health professionals work collaboratively with medical providers in trauma-response teams during small- and large-scale incidents.

Katie is looking to the future, considering working with Doctors without Borders after graduate school. Doctors without Borders provides aid to people whose survival is threatened by violence, neglect, or catastrophe. Katie finds energy working in intense situations and is learning tools, such as compassion fatigue prevention and self-care, to help her while helping others. "It is better to prepare than to repair," she said.

Tai Mendenhall said this of Katie: "I believe that Katie is going to go far in her upcoming journey and aspirations as a clinician, educator, and researcher in MFT. Even today as an undergraduate, she has already exposed herself to MFT theories and participated in clinical processes first-hand more than the majority of her peers. This reflects a burgeoning momentum and drive to succeed that will serve her well in the future, and her future is at-hand." ❁



Make a difference

Your gift is an investment in our collaborative learning community and your support will help us keep our community vital. With your donation we can continue to educate and support families, train students of all disciplines, and reach out to connect with and train professionals in your community.

Together, we can make a difference.

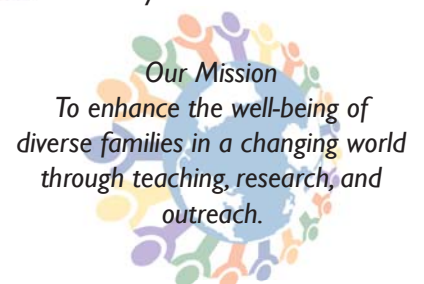
You may make a gift to the Department of Family Social Science through the University of Minnesota Foundation. You may choose to designate your gift to any of the funds below:

- Friends of the Family Assistantship (3911)
- Shirley Zimmerman Fund (5487)
- David Olson Fellowship (5816)
- FSoS Strategic Initiative (2748)
- Jan Hogan Fellowship (5734)
- Family Caregiving Program (5995)
- Neubeck Scholarship Fund (2191)
- Wayne Caron Memorial Fund (1938)
- Ott International Student Fellowship (1883)
- David H. and Karen Olson Marriage and Family Fellowship (1920)
- Family Stress and Resilience Endowment (7645)

You may also choose to memorialize a loved one by donating in their name. Visit www.foundation.umn.edu or call 612-626-8560 or 1-800-775-2187 for more information.

Thank you,

B Ann McCulloch
Family Social Science



Undergraduate Student: Teri Schweiger, winner of the Busta Scholarship

Teri is graduating this December as an FSoS major. Teri's path to graduation had many twist and turns. She began her college career with a ROTC scholarship in Astrophysics, and then she switched her focus to Interior Design, she then got married, had her first baby and took time off to be with her new family. When she came back to the University in 2006 to continue her education, she intended to study Psychology but she discovered that Family Social Science would offer her a variety of interesting career paths: family life, finance, policy. What she found most unique about Family Social Science was the focus on systems rather than target patients. Teri connected with the systemic approach where individuals are studied within their family unit - surrounded and influenced/effectuated by family and society - rather than in isolation.

This past fall Teri was awarded the Busta Scholarship. This annual scholarship is given to a female student in the Family Social Science major who best exemplifies the qualities and experiences of Beverly Busta, for whom the scholarship is named. The scholarship was established in 1997 in the Department of Family Social Sciences as a memorial to Beverly Busta by the members of her family, her colleagues, and her friends. Beverly Busta was an accomplished professional who prepared for her career by studying in two fields, home economics education (in what was then the College of Home Economics) and human resources management (in the business school), working across disciplines and across colleges in completing her degree. She also needed to work a fair number of hours

each week while in school to support her education, but maintained a strong academic record. For these reasons, the Busta Scholarship seeks recipients whose educational experience resembles that of Beverly Busta in bridging academic disciplines and programs, especially in the areas that she chose to study, and who



have experienced financial need requiring them to work to help support their education.

Teri is finishing her 180 hour internship at the Airman and Readiness Center at Fort Snelling this December. She

has worked with families who have a recently deployed soldier or a recently returned soldier. She provides resources to the families, letting them know they are not alone. She connects families with the Red Cross and job resources for returning soldiers who are changing careers. Another project Teri is involved in is where she calls families of soldiers who have been deployed more than 30 days. She asks the soldier's partner/spouse/parent how things are within the family, if they need specific information or assistance for themselves or their children. Teri plans to continue volunteering with the Center because she finds the work important and valuable.

After graduating Teri wants to find work within the financial counseling field. She

is currently taking Virginia Zuiker's Family Financial Counseling class (FSoS 4153) and finds the topic fascinating. Teri wants to work with families to create financial goals, to help families learn tools to control their financial situation. She wants to help people achieve their concrete goals.



INTERACTIONS is published quarterly by the Department of Family Social Science, University of Minnesota. It is distributed to alumni, students, faculty, staff, and friends of the department. We welcome your comments, ideas, suggestions, opinions, and news items which you can send to sandre@umn.edu

B. Jan McCulloch, Department Head
Susan Andre, Editor and Designer

The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance status, veteran status or sexual orientation. ©2008 Regents of the University of Minnesota. All rights reserved.

Graduate Student: Amanda Matzek

*A Department and University
Full of Opportunities*

I was inspired to reflect on my experiences in department of Family Social Science at the University of Minnesota following my annual review with my committee members.

Having obtained my master's degree from a university other than the University of Minnesota, I have the privilege of comparing the opportunities for research and teaching at two prestigious universities. It is amazing to observe the differences that exist in providing graduate students the experiences needed to be successful in academia. Below are my observations of the plethora of opportunities available in FSoS.

Research

Metaphorically, research opportunities for graduate students are served on a silver platter. Our faculty is active in their research projects and eager to have graduate students work with them on their projects. Graduate students are encouraged to take ownership over their own research ideas and test those ideas using the empirical data that faculty have collected in their research projects or by collecting their own data. For example, I have had three separate opportunities to work with faculty data. First, I have been a research assistant for Marlene Stum and now am using her couple interview data on financial LTC risk management for my special paper (which is one of the written requirements prior to the oral examination). Second, I have had the opportunity to work with B. Jan McCulloch's interview data on rural older women's health care decision to co-author a publishable manuscript. Third, Sharon Danes and I have co-authored a manuscript currently in review and are working on a second manuscript looking at the impact of spousal support on a family business. I think that it is phenomenal that faculty encourage graduate students to be co-authors of conference presentations and research manuscripts.



It is apparent that our faculty wants graduate students to be qualified and ready for a successful career in academia. I admire their passion for their work, which transfers to me and my work. I appreciate their support for the research I am passionate about and offer opportunities to expand my research skills.

Teaching

The teaching experiences available to graduate students are less abundant than research experiences. However, we are encouraged to gain teaching experience and opportunities do exist. The most explicit teaching opportunity is that graduate students are encouraged to submit proposals to teach their own summer classes. A less explicit way for graduate students to obtain teaching experience is by teaching a class or two for willing professors. For example, I have had the opportunity to teach a class during the current semester and a previous semester for Kathryn Rettig. Yet another way of obtaining teaching experience is by teaching courses for neighboring universities, which many of our graduate students do.

Advising

Another great opportunity for career

development in our department is the undergraduate advisor position. I have had my share of undergraduate advisors who were maybe only half as dedicated to advising students as this department is dedicated to the success of each and every student. This position is a way to gain skills of working with undergraduate students and seeing undergraduates from a different perspective than a professor does. Our undergraduates are passionate about what they are doing and it is exciting to have the chance to work with them to achieve their professional goals. It is also humbling to observe the process that undergraduates go through to plan for their futures amidst their sometimes difficult and challenging personal lives. I am inspired by our undergraduate students and believe that the experience gained through this advising position is going to remain with me throughout my career in academia.

Overall, I want to share my perspective of our department. It is great to have so many opportunities for career development and preparation for the world of academia. A supportive community such as FSoS is not available at every university and I am grateful for the encouraging environment that enables graduate students to learn and grow! 🌸

Preparation for Working With Families-FSoS 2101

Over the fall semester, students in William Goodman's FSoS 2101 class explored upper division education, research and field internships, and career possibilities in Family Social Science. Central to the focus of this course is the advancement of students' thinking power by utilizing six levels of thinking outlined by Bloom (1956): knowledge, comprehension, application, analysis, evaluation, and synthesis. Here are a few of the guests speakers:



Margaret McKenna of MPRIG



David Moore, Community Programs Director, YMCA



Ben Foster, Recruiting Specialist, FahrenHeight 360



Barb Alfrey, Director of Human Resources and Volunteer Services, Big Brothers Big Sister Twin Cities

Family Social Science Colloquium-A Few Highlights from Fall 2008



Patricia Schaber, Memory Clinic:
*Understanding Family Interaction
Patterns with Alzheimer's disease*



Amelia Blackerby, IT Fellow:
*Teaching technology-student response
systems "Clickers"*



l to r: Sara Axtell and Janice Barbee
*Beyond Just Whiteness: Cultural
Identity and European Americans*



Mary Marczak,
Evaluation Specialist for
Family Development in
Extension and graduate
students: *Participatory
research and evaluation
work with diverse cultural
groups*



Libby Plowman,
Ph.D. student:
*Australian Internship expe-
riences at
Big Brothers Big Sisters
and Prison Outreach
programs at JewishCare*



l to r: Hal Grotevant, B. Jan McCulloch, Catherine Solheim, and B. Jan Hogan at the Cajun's Wharf while attending the 70th NCFR Annual Conference in Little Rock, AK. November 5-8th, 2008.



l to r: Dr. Ravewan Shinatrakool, Director of the Office of Academic Administration for King Mongkut's Institute of Technology-Ladkrabang in Bangkok, Thailand, met with Cathy Solheim to explore research and student exchange opportunities in family and community development. Dr. Shinatrakool was at the University of Minnesota as a guest of the College of Education and Human Development.



l to r: Lindsey Nybery, undergraduate student and Di Samek, graduate student were initiated into Phi Upsilon Omicron Alpha Chapter in November. Phi U is a national honors society dedicated to serving others and the surrounding community. It recognizes academic excellence, develops qualities of personal and professional leadership, provides opportunities to be of service to the profession, encourages personal and professional integrity, and builds lasting friendships.

Faculty News

Sayali Amarapurkar (Ph.D. '04), **Jan Hogan**, **Dan Detzner**, **Aysem Ruchan Senyurekli** (Ph.D., '07), and **Pa Nhia Yang** (graduate student) have chapters in *Strengths and Challenges of New Immigrant Families: Implications for Research, Education, Policy, and Service*. Comprised of nineteen chapters written by scholars with expertise on immigrant families representing every corner of the globe from Africa and India to Europe and Central America. Rowman & Littlefield Publishers, Inc.

Jean Bauer, **Seohee Son**, Shirley Anderson-Porisch, Rosemary Heins, Cindy Petersen, and Susan Hopper presented a poster "Dollar Works 2—A Personal Financial Educator Program" at the University of Minnesota Extension Fall Conference in Duluth this past October.

Sayali Amarapurkar and **Jan Hogan** (2009). *Childcare Challenges of African Immigrant Families: An Inductive Thematic Analysis*. In Rochelle Dalla, John Defrain, Julie Johnson, Douglas Abbott (Eds.) *Strengths and Challenges of New Immigrant Families: Implications for Research, Education, Policy & Services*. Lexington Books.

Sharon Danes gave suggestions on how to talk to your kids about what's been happening in the financial news in the *Star Tribune* article "Paydirt: A chance for a lesson" October 18, 2008.

Sharon Danes and **Heather Haberman** (Ph.D. '08) are recipients of the Association for Financial Counseling and Planning Education (AFCPE) Outstanding Research Journal Article of the Year designation for their article "Teen Financial Knowledge, Self-efficacy, and Behavior: A Gendered View."

Sharon Danes and Jinhee Lee, graduate student, invited article “The Effects of Ethnicity, Families and Culture on Entrepreneurial Experience: An Extension of Sustainable Family Business Theory” was published in *Journal of Developmental Entrepreneurship*.

Sharon Danes, Jinhee Lee, Kathryn Stafford, G. Haynes, and **Sayali Amarapurkar** will present at the 2009 Annual Conference of the United States Association for Small Business and Entrepreneurship (USASBE) at the Hilton Anaheim in Anaheim, California, January 8-11, 2009. Their article “Determinants of Family Business Resilience after a Natural Disaster.” [This article is in research proceedings for publication.]

In October, **Bill Doherty** participated in MacLaurin Institute Family symposium Theology and Worldview presented by Dallas Willard, University of Southern California.

Bill Doherty was quoted in the *St. Paul Pioneer Press* November 10, 2008 article “We cheat more, but that doesn’t mean it hurts less.”

Bill Doherty has taken on the U.S. annual passion for shopping. The Black Friday group, led by Bill, is pushing back against the Black Friday tradition aiming to challenge the hyper over-consumption and frantic pace of life as the nation and world revs up for the holiday season. Articles, both print and video, have been seen on CNN, Star Tribune, CNBC, Minnesota Daily, and blogs all over the world.

Bill Doherty was quoted in the *The Daily Journal - International Falls*. November 18, 2008 article “Thanksgiving, It doesn’t have to be a big production.”

In the *Star Tribune* November 19, 2008 article on “Multigenerational Living,” **Bill Doherty** was quoted “many young people today are not becoming fully functioning adults until their 30s. They’re more likely to live at home or

rotate in and out. This generation is closer to their parents,” he said. “They like being at home.”

Bill Doherty contributed to the *Star Tribune’s* October 3, 2008 Opinion Exchange stating “There’s a trend toward excessive parenting, often expressed through youth sports. The detritus of this obsession: Injury, burnout, even lesser achievement.”

Jodi Dworkin, Chris Gonzalez, (graduate student) and Colleen Gengler and Kathleen Olson, Extension Educators, Family Relations are recipients of the National Extension Association of Family & Consumer Sciences Florence Hall Award, 2008 State Winner for their evaluation of a fact sheet series for parents of 7th and 8th graders - “Teen Talk: A survival guide for parents of teens.”

Kathryn Rettig, Zha Blong Xiong, and Arunya Tuicomepee article “Differences in Nonshared Individual, School, and Family Variables Between Delinquent and Nondelinquent Hmong Adolescents” was published in *The Journal of Psychology* 142(4): 337-355. This study investigated whether there are differences between delinquent and nondelinquent Hmong immigrant siblings on multiple, nonshared individual, school and family variables.

Paul Rosenblatt discussed his book *Two in a Bed: The Social System of Couple Bed Sharing* on October 24 at St. Olaf College. The event was part of the “Discovering Families” lecture series.

Paul Rosenblatt will speak about Diversity and End-of-Life Care at the Hospice Foundation of America 16th Annual National Bereavement Teleconference “Diversity and End-of-Life Care” on Wednesday, April 29 2009 from 1:30p-4p ET. The program will focus on ways of understanding diversity and how cultural histories, traditions and beliefs can affect end of life care.

Martha A. Rueter; Kristen E. Holm; Christine R. McGeorge; Rand D. Conger, published *Adolescent Suicidal Ideation Subgroups and their Association with Suicidal Plans and Attempts in Young Adulthood*. New York: Guilford.

The North Dakota State University Child Development and Family Science Department hosted the first annual Gertrude Weigum Hinsz Lecture Series featuring **Martha A. Rueter**. The title of her lecture was “When Children Are Not Genetically Related to Their Parents: What Do We Really Know about Parent-Child Communication?”

In the November 19 *Minnesota Daily* article **Catherine Solheim** says “If you ask people how much it takes them to live for a month, most people underestimate.”

October 2, 2008, **Catherine Solheim** discussed how to build assets. She was interviewed by Brad Sattin of KSTP Channel 5.

Catherine Solheim will present at the Midwest Regional Conference 2009 Transforming the University: Teaching and Learning in Emerging Learning Environments on March 25, 2009, in Chicago, IL. Her presentation will focus on recent reaching experience in the active learning classroom, team-based learning, and web-based delivery of interactive cases.

“If children sense your stress about the economy, try the approach” suggested by **Catherine Solheim**. She was quoted in the October 3, 2008 Washington DC WTOP article “Talking to kids about the economy” and in Forbes.com article “How To Talk To Your Kids About The Economy.”

Marlene Stum was quoted in the November 9, 2008 Washington Times article “Advance planning can pre-empt inheritance squabbles.” She suggested finding a way to help family mem-

continued on page 12

bers make informed decisions about inheritance issues and “Who Gets Grandma’s Yellow Pie Plate?”

William Turner delivered the keynote address to the New Mexico Medical Society Annual Conference in Albuquerque, New Mexico on December 6. The title of his talk was “An Agenda to Improve America’s Health.” In attendance were over 300 physicians, 12 New Mexico state legislators, and U.S. Senator Jeff Bingaman (D-NM). The meeting, held at the Hotel Albuquerque at Old Towne, was convened by New Mexico Medical Society President, Daniel Derksen, MD.

William Turner gave a presentation to the Robert Wood Johnson Center for Health Policy at the University of New Mexico December 5. The title of his talk was “Building a Bridge between Social Science and Health Policy.

Zha Blong Xiong and Kao Kalia Yang and Jesse Kao Lee. (2008). “What Helps and Hinders Hmong Pre-Kindergartners’ School Readiness: Learning from and about the Hmong in St. Paul, Minnesota.” Research Report. St. Paul, MN: Ready 4 K, 35 Pages. This research report assesses the conditions that have an impact on Hmong families and the learning and contextual environments of Hmong pre-Kindergartners in Minnesota. The report consists of both quantitative data analysis from a variety of sources as well as qualitative data analysis from ten focus groups organized with Hmong parents, grandparents, child care providers, and educators.

Virginia Zuiker was the 2008 Conference Chair at the National conference for Association for Financial Counseling and Planning Education in Orange County, CA this past November.

Student News

Katherine Brewton, master’s plan A candidate, presented a seminar on November 25, 2008 titled “A Qualitative Analysis of Stress and Coping Experiences of Low Income Rural Mothers Raising a Child with a Disability.”

Kimberly Diggles, Kara Erolin, and **Laurelle Olsen** have received the 2008-2009 AAMFT Minority Fellowship. Funded by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA), AAMFT has created the Minority Fellowship Program to support the training of practitioners or practitioner/researchers in mental health and substance abuse services, treatment and prevention. This fellowship program is directed at Marriage and Family Therapy doctoral students who are committed to research about and service to ethnic minority and underserved populations.

Clinton Gudmunson, his wife Shari, and daughters Joy, Neal, and Laneah welcomed a baby girl to their family. Anne was born November 24, 2008 (she is the Gudmunson’s third November birthday) weighing in at 10lbs 4oz and measuring 22.5” long.

Gabrielle Hurd, undergraduate student, has been invited to participate in HECUA’s Spring 2009 Metro Urban Studies term. She is examining issues of poverty and inequality in the Twin Cities. She will work with non-profit organizations, community activists, and politicians (among others) who will provide her with a context for understanding her readings/studies about economics, housing systems, education, welfare, government policies, urban sprawl, regional race and class segregation, and institutional discrimination.

Bibiana Koh is the recipient of the 2008 Neubeck Scholarship for Professional Development. This travel award is available annually for a student presenting a paper at the National

Council on Family Relations (NCFR) or at other professional conferences in the family field. Bibiana will present her paper at the NCFR Adoption Initiative conference this November.

Gregg Schacher, his wife, Tena and son Gavyn welcomed Bennett Harrison to their family on August 5th. Bennett weighed in at 7lb 9oz and 20.5 inches long (and a head-full of hair!).

October 31, 2008 **Lynn Von Korff** submitted her dissertation “Pathways to Narrative Adoptive Identity Formation in Adolescence and Emerging Adulthood” on October 31, 2008

Brian Willoughby, received the Wes Burr Student Paper Award for best student paper in the Family Science section for National Council on Family Relations. The paper is entitled: “The Effect of Marital Attitudes, Sexual Experience and Dating Behavior on the Practice and Endorsement of Cohabitation.”

Brian Willoughby had his refereed paper entitled “The Decline of In Loco Parentis and the Shift to Coed Housing on College Campuses” selected for publication in *Journal of Adolescent Research*.

Julie Zaloudek’s paper “Religiosity and affiliation as predictors of sexual perceptions of African-American young men” was chosen by NCFR as an outstanding submission to the Religion and Family Life Section.

Alumni News

Alumna **Heather Vinge Hanson** (B.S. ‘03, family social science) and **Carol Mulligan**, vice president (B.S. ‘01, family social science) serve on the CEHD Alumni Society Board.

Jason Carroll, Ph.D. ‘01) was quoted in Nov 10, USA Today cover story “Waiting for the right time” Americans marrying later in life.

Dolores Zohrab Liebmann Fellowship

Application due
Monday, January 12, 2009

Applicants must be U.S. citizens pursuing a graduate degree in the humanities, social sciences, natural sciences or physical sciences, and demonstrate a need for financial assistance.

Graduate School Fellowship Office
314 Johnston Hall

FSoS Spring Colloquium

Wednesday, January 29, 2009
278 McNeal
Noon - 1 PM

Sara Lassig, M.S.W., Ph.D, a clinical social worker and adjunct lecturer in Family Social Science will be presenting findings from her doctoral dissertation research, in which she interviewed family members about the process of saying goodbye during a terminal illness. Examples of the processes of saying goodbye, and the meanings people placed on these good-byes will be shared. She will also discuss the idea of "saying goodbye" in less than ideal situations -- in cases where one family member or the terminally ill person may not wish to participate in any sort of goodbye or is unable to participate, or when the death is sudden and unexpected.

EDUCAUSE

Midwest Regional Conference 2009 Intersections: Emerging, Commonly Accepted, and Best Practices in Higher Education IT

March 23-25th, 2009
Chicago, IL

This year's conference will provide the chance to learn new and better ways of leading, using, and managing technology to meet mission-critical needs. For more information: <http://net.educause.edu>

Hospice Foundation of America 16th Annual National Bereavement Teleconference

"Diversity and End-of-Life Care"
Wednesday, April 29 2009
1:30p-4p ET.

Sharing the Knowledge Book Drive

On-going

Sharing the Knowledge Book Drive is an effort of the Oromo Student Union (OSU) to promote learning and education to those with minimum access to books and school supplies. Take part in alleviating the crisis of illiteracy by donating books and school materials. These supplies will be given to impoverished public schools and libraries in Oromia. Bring items to the OSU office in Coffman Union room 226 or call us at 612/227-6944 to assist in pick up.



BUCKMAN
FELLOWSHIP
LEADERSHIP IN PHILANTHROPY

The Buckman Fellowship program is a unique opportunity for faculty, staff, graduate students, and alumni of the University of Minnesota to learn about the world of philanthropy and fundraising. Buckman fellows are chosen on the basis of their commitment to a specific philanthropy project and awarded a \$1,000 stipend to implement their project. They participate in a year-long series of seminars with university and community experts on fundraising. Buckman fellows are selected by an advisory board of Twin Cities philanthropy and fundraising experts.

UNDERGRADUATE RESEARCH OPPORTUNITIES PROGRAM

UROP AWARDS — *Learn and Earn!*



The Undergraduate Research Opportunities Program (UROP) offers a stipend (up to \$1400) and/or an expense allowance (up to \$300) to undergraduates for research, scholarly, or creative projects undertaken in partnership with a faculty member.

The next deadline for application for UROP awards is Monday, March 2, 2009. This deadline is for projects during summer and/or fall semester 2009. Applications and information about UROP and other research opportunities are available at www.research.umn.edu/undergraduate

The Research Gallery link on the UROP web tells you about previous student projects. The Opportunity Gallery link gives you ideas about possible projects as well as names and contact information for a variety of Faculty mentors.

In addition to the regular UROP awards, the University's Initiative for Renewable Energy and the Environment (IREE) is sponsoring special opportunities for undergraduate research in its subject areas. You can link to this information from the UROP web.

UROP provides research experiences for undergraduates in all colleges at the University of Minnesota. Students from their freshman through senior years are invited to participate in this rewarding program.

UROP Office
109 Appleby Hall
612-625-3853

UROP Coordinator: Vicky Munro
Director of Undergraduate Research:
Marvin Marshak

COLLECTING

Just in Time for Winter

NOVEMBER 14TH -
DECEMBER 18TH



WINTER CLOTHING

Anything appropriate for winter, such as coats, gloves/mittens, hats, stockings/leggings, long sleeve shirts, shoes, etc.

AND BOOKS

For Children K-6

If you would like to donate a monetary amount please contact Pa Nhia Yang pnyang@umn.edu or Carmen Tsang at tsang017@umn.edu

Drop Off In:

264 McNeal College of Design
290 McNeal Family Social Science Department
St. Paul Gymnasium
St. Paul Post Office - St. Paul Student Center
225 FscN Food Science and Nutrition Department

Sponsored By:
Phi Upsilon Omicron

HELP YOUR COMMUNITY

Please help us make this year a successful one! Any donations will be greatly appreciated.