



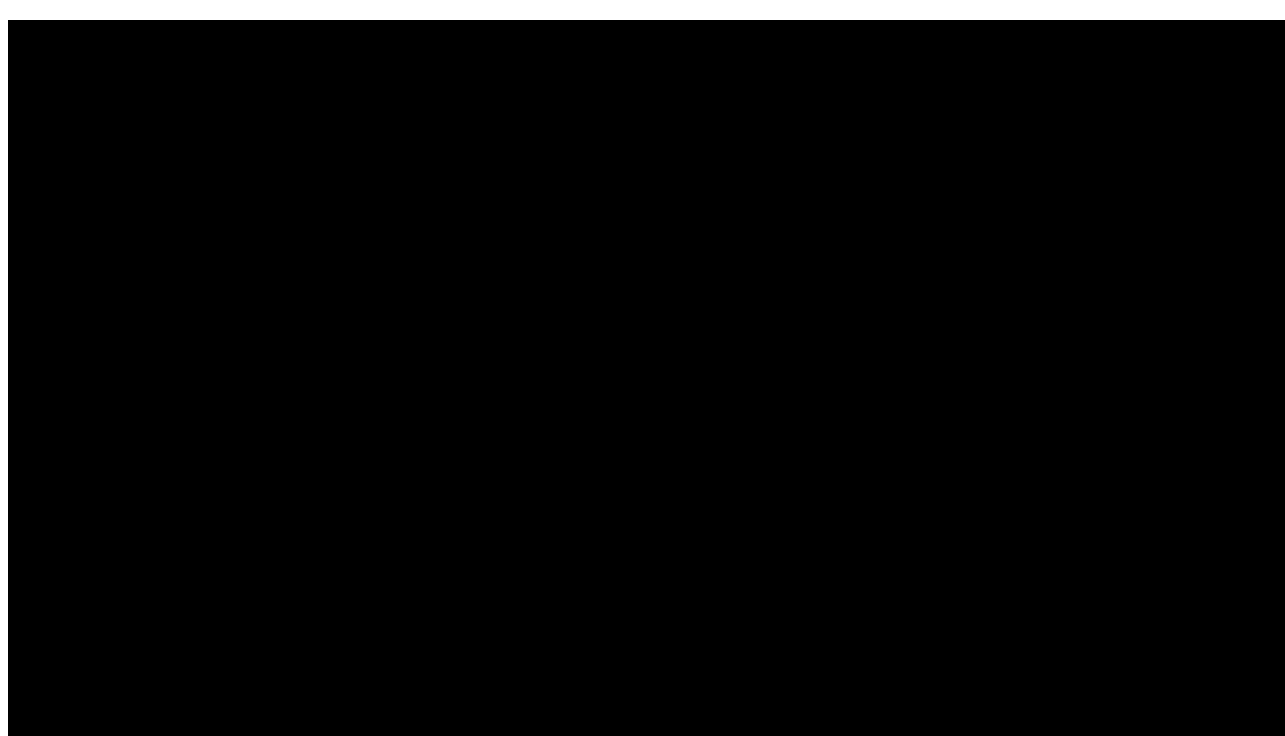
Softball | 4/23/2015 5:39:00 PM | Shawn Smith, Sports Information Director

Regal's Rundown with Sam Smith: Josee Plante



In this installment of Regal's Rundown, Sam Smith sits down with UMC softball senior [Josee Plante](#) (Sr., 3B, Manitou, Manitoba). Smith, a former UMC football player talks to Plante about winding down her senior season in the Maroon and Gold. In addition, they talk about the role that Head Coach [Don Stoppa](#) has had in Plante's improvement during her senior season. They also talk about Plante's emotions going into Senior Day and joke about her Canadian heritage.

"Regal's Rundown" is a weekly show that will profile UMC athletics by talking to UMC coaches, staff and athletes about the happenings of Golden Eagle athletics.



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PLAYERS MENTIONED ▾

#11 Josee Plante
3B / 5' 6" / Senior / R

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