

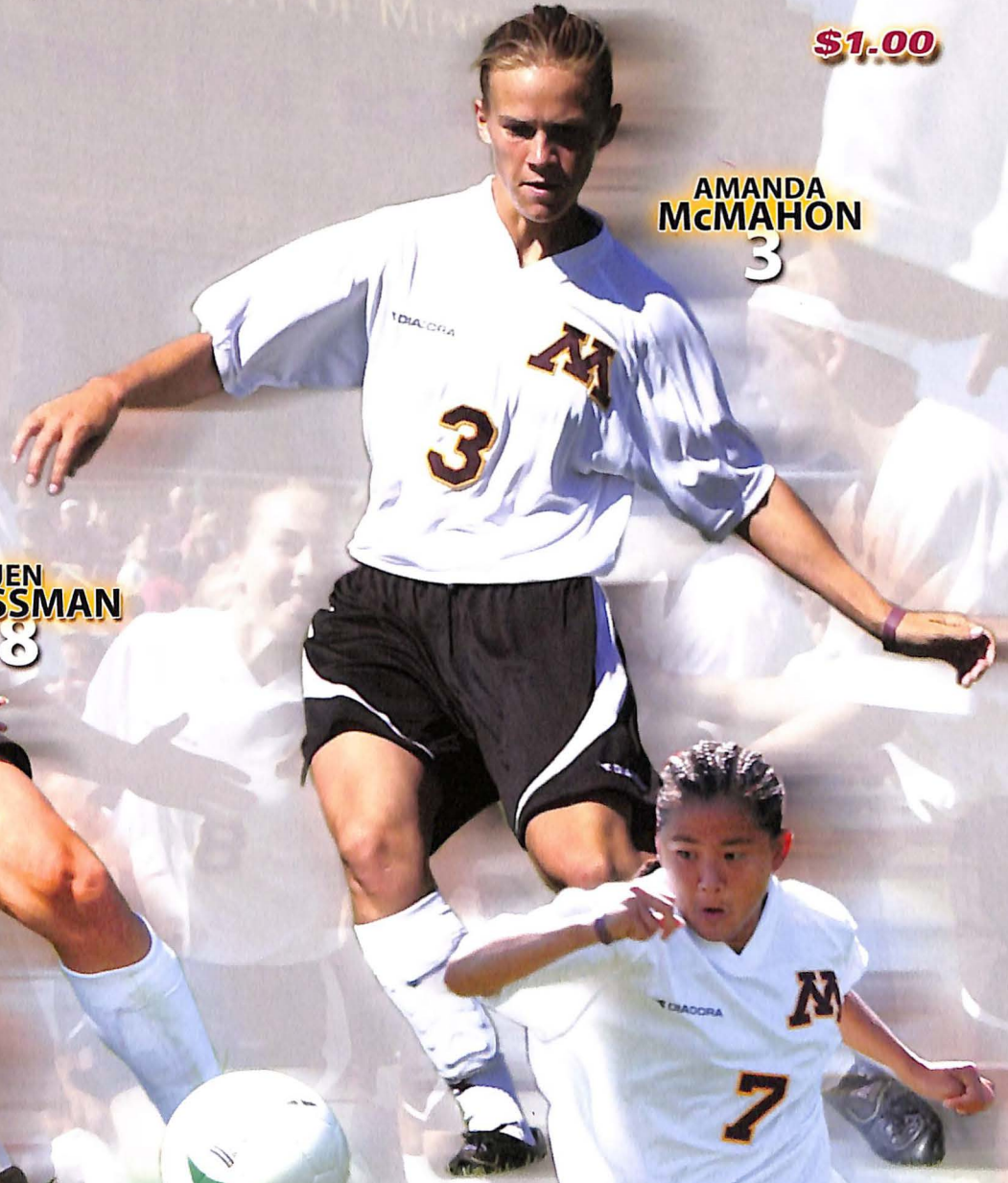
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# MINNESOTA SOCCER 2003

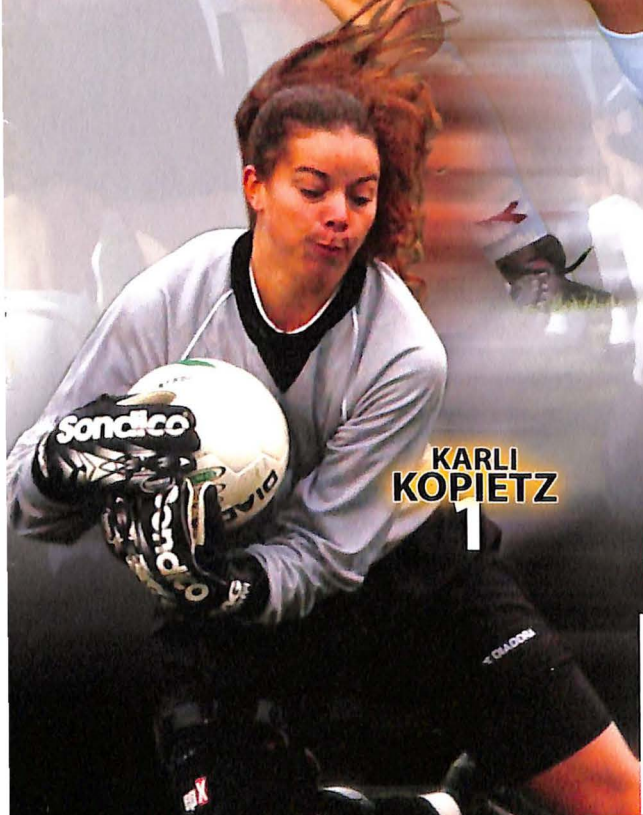
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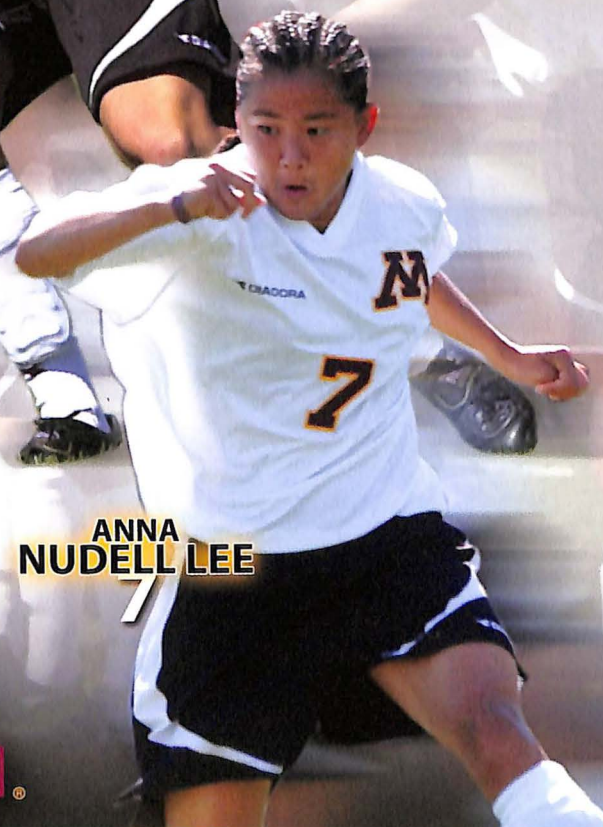
JEN  
CRESSMAN  
8



AMANDA  
McMAHON  
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KARLI  
KOPIETZ  
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ANNA  
NUPELL LEE  
7



MINNESOTA  
VS.  
WESTERN ILLINOIS  
September 12, 2003 • Elizabeth Lyle Robbie Stadium

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vs.



## MINNESOTA (2-1-1) vs. Western Illinois (0-3-0)

Location: Elizabeth Lyle Robbie Stadium  
 Date/Time: Friday, Sept. 12 / 7 p.m.  
 Series Record: First meeting  
 Last MN Match: 1-0 win vs. Florida Atlantic  
 Last WIU Match: 1-0 loss vs. Loyola (Ill.)

### Tonight's Match Notes

**The Series:** This is the first-ever meeting between Minnesota and the Western Illinois Westerwinds.

**About WIU:** Western Illinois has fielded a Division I women's soccer team since 1997. Last year, the Westerwinds finished 1-14-1 overall and 1-4-1 in the Mid-Continent Conference. This year, Western Illinois is 0-3-0 and has yet to score a goal.

**Against the MCC:** Minnesota has only faced one team from the Mid-Continent Conference. The Golden Gophers are 4-0-0 against Valparaiso. The MCC has seven schools that field women's soccer teams (Centenary, IUPUI, Oakland, Oral Roberts, Southern Utah, Valparaiso, Western Illinois).

**Back Home:** The Golden Gophers return home tonight after a pair of non-conference matches last weekend. Minnesota fell to Ohio, 3-1, but rebounded for a 1-0 win against Florida Atlantic. The matches were played in Evanston, Ill. Haley Lentsch scored the game-winner against FAU in the 40th minute.

**First Impressions:** Freshman forward Haley Lentsch has made herself right at home in Gold Country. She leads the Golden Gophers with four goals in her first four career matches. She scored the game-winner in the 1-0 win vs. Florida Atlantic last Sunday. Her four-match goal streak is two shy of the school record, set by Jennifer McElmury in 1996 and 1997.

#### Minnesota Statistical Leaders:

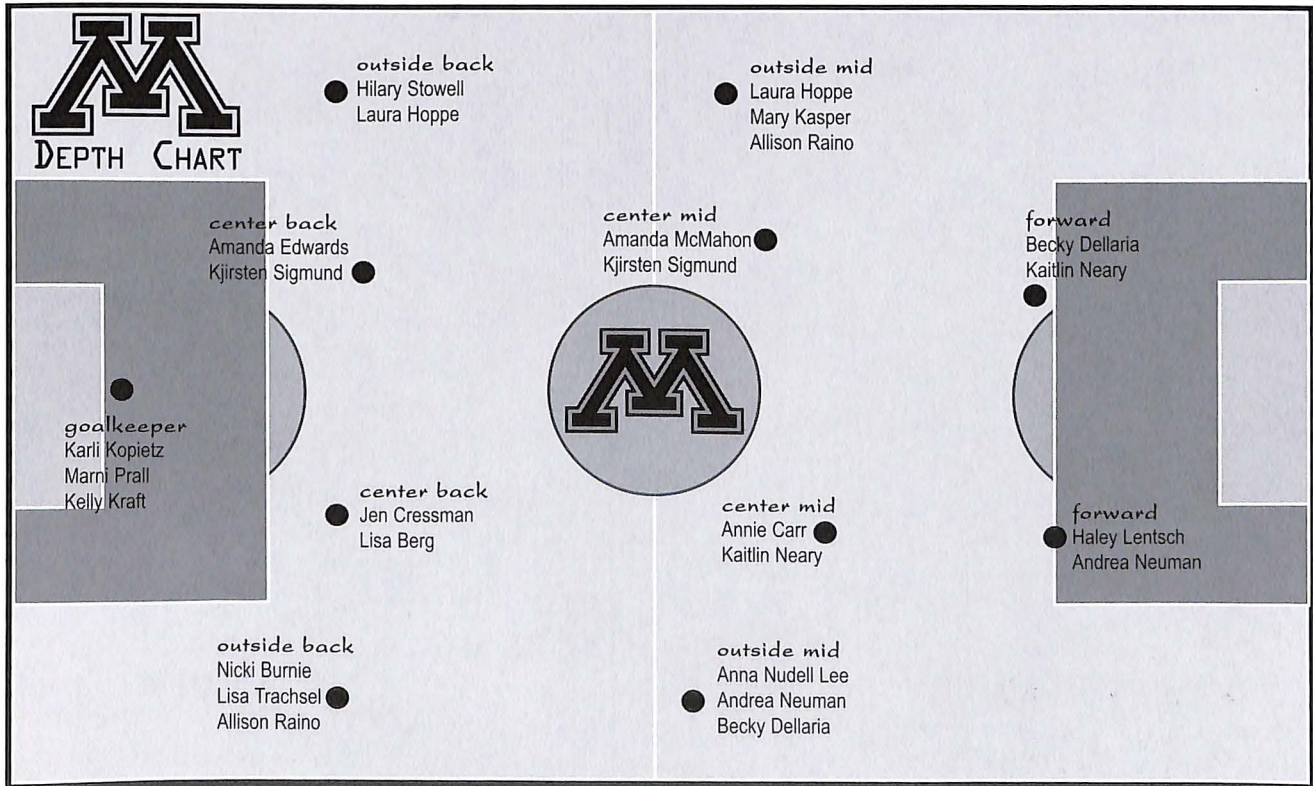
Haley Lentsch (4g, 0a, 8 pts)  
 Rebecca Dellaria (1g, 3a, 5 pts)  
 Kaitlin Neary (1g, 1a, 3 pts)  
 Amanda McMahon (1g, 0a, 2 pts)  
 Hilary Stowell (0g, 1a, 1 pt)  
 Nicki Burnie (0g, 1a, 1 pt)  
 Annie Carr (0g, 1a, 1 pt)  
 Jen Cressman (0g, 1a, 1 pt)  
 Karli Kopietz (2-1-1, 1.42 gaa, .739 sv%)

Date	Opponent	Time/Result
Aug. 20	Wisconsin-Green Bay (exh.)	L, 0-2
Aug. 23	at Minnesota-Duluth (exh.)	W, 7-2
Aug. 29	Buffalo	W, 4-2
Sept. 1	Creighton	T, 1-1
Sept. 5	vs. Ohio*	L, 1-3
Sept. 7	vs. Florida Atlantic*	W, 1-0
Sept. 12	Western Illinois	7 p.m.
Sept. 19	Purdue	7 p.m.
Sept. 21	Indiana	1 p.m.
Sept. 26	at Michigan State	4 p.m.
Sept. 28	at Michigan	1 p.m.
Oct. 3	Northwestern	7 p.m.
Oct. 5	Illinois	1 p.m.
Oct. 10	at Colorado	4 p.m.
Oct. 12	Iowa	1 p.m.
Oct. 17	at Penn State	7 p.m.
Oct. 19	at Ohio State	2 p.m.
Oct. 24	Wisconsin	7 p.m.
Oct. 31	at Drake	7 p.m.
Nov. 2	at Iowa State	1 p.m.

\* at Evanston, Ill.

All times local to site and subject to change.

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# 2003 MINNESOTA GOLDEN GOPHERS

No.	Name	Pos.	Height	Year	Hometown/High School/College
00	Kelly Kraft	GK	5-6	Jr.	Shelby Twp., Mich./Eisenhower
1	Karli Kopietz	GK	5-8	So.	Champlin, Minn./Champlin Park
2	Tierney Palmer-Klein	D/MF	5-6	Jr.	Minneapolis, Minn./South
3	Amanda McMahon	MF	5-3	Sr.	Stillwater, Minn./Stillwater/Marshall
5	Laura Hoppe	MF/D	5-4	So.	Coon Rapids, Minn./Coon Rapids
6	Rebecca Dellaria	F	5-5	So.	Woodbury, Minn./Stillwater
7	Anna Nudell Lee	MF	5-3	Sr.	Minneapolis, Minn./South/Seattle U.
8	Jennifer Cressman	D/MF	5-4	Jr.	Duluth, Minn./Duluth East
9	Andrea Neuman	MF/F/D	5-6	RS Fr.	Prior Lake, Minn./Prior Lake/Connecticut
10	Hilary Stowell	D/MF	5-8	So.	Perrysburg, Ohio/Perrysburg
11	Lisa Trachsel	D/MF	5-9	So.	Duluth, Minn./Duluth East
12	Kaitlin Neary	F/MF	5-7	So.	Tacoma, Wash./Bellarmine Prep
13	Annie Carr	MF	5-10	So.	East Greenbush, N.Y./Columbia
14	Kjirsten Sigmund	MF/D	5-7	Fr.	Nanaimo, B.C./Dover Bay
15	Lisa Berg	D	5-5	RS Fr.	Duluth, Minn./Duluth East
16	Amanda Edwards	D	5-8	So.	Getzville, N.Y./Williamsville North
18	Nicki Burnie	D	5-3	So.	Menomonee Falls, Wis./Menomonee Falls
19	Mary Kasper	MF	5-0	Jr.	Forest Lake, Minn./Forest Lake
21	Haley Lentsch	F	5-7	Fr.	Woodbury, Minn./Stillwater
22	Allison Raino	MF	5-3	Fr.	Portage, Mich./Portage Northern
28	Katlin Ruff	F	5-7	So.	Enfield, Conn./Enrico Fermi
30	Marni Prall	GK	5-5	Jr.	Bloomington, Minn./Jefferson/Wis.-Green Bay

## 2003 BIG TEN STANDINGS (AS OF 9/8)

	Big Ten W-L-T	Overall W-L-T
Ohio State	0-0-0	3-0-0
Michigan State	0-0-0	3-1-0
Penn State	0-0-0	3-1-0
Wisconsin	0-0-0	3-1-0
<b>Minnesota</b>	<b>0-0-0</b>	<b>2-1-1</b>
Purdue	0-0-0	2-1-1
Illinois	0-0-0	2-2-0
Northwestern	0-0-0	2-2-0
Indiana	0-0-0	1-3-0
Iowa	0-0-0	1-3-0
Michigan	0-0-0	0-3-1



## WESTERN ILLINOIS Westerwinds

Location	Macomb, Ill.
Enrollment	13,450
Nickname	Westerwinds
Facility (cap.)	John MacKenzie Alumni Field (1,000)
Head Coach	Richard Moller (Towson, 1999)
Record at school (years)	First year
Career record (years)	First year
Assistant coach	Rachel Lynde
2002 Record	1-14-1
2002 Postseason	None
Conference	Mid-Continent
Soccer SID	Mike Freeman / ms-freeman@wiu.edu
Office phone / fax	309-298-1133 / 309-298-2060
Website	www.wiu.edu/athletics



## 2003 WESTERN ILLINOIS WESTERWINDS

No.	Name	Height	Pos.	Year	Hometown (Last School)
00	Sarah Yakapovich	5-9	GK	So.	Libertyville, Ill. (Libertyville)
00	Kassandra Ringer	5-8	GK	Fr.	Lake Villa, Ill. (Carmel)
01	Carey Cowhey	5-9	GK	So.	LaGrange, Ill. (Lyons Township)
01	Sarah Thorpe	5-8	GK	Fr.	Oak Park, Ill. (Oak Park & River Forest)
2	Melanie Casner	5-3	D	Sr.	El Paso, Texas (Franklin)
3	Erin Smith	5-5	D	Fr.	McHenry, Ill. (McHenry)
4	Nicole Trendler	5-6	M	Sr.	Cary, Ill. (Cary-Grove/McHenry)
5	Kirby Vyncke	5-6	D	Fr.	East Moline, Ill. (United Township)
6	Carrie Czerniak	5-6	M	Jr.	Woodbury, Minn. (Woodbury)
7	Katie Burns	5-6	M	Jr.	Ann Arbor, Mich. (Pioneer)
8	Tricia Johnson	5-6	M/F	So.	Champaign, Ill. (Centennial)
9	Casey Boeckmann	5-4	D	Jr.	North St. Paul, Minn. (Woodbury)
10	Lynn Peterson	5-1	F	Sr.	Crystal Lake, Ill. (Crystal Lake South)
11	Laura Amador	5-0	M	Jr.	Garanhuns, Brazil (Hill College)
12	Deanna Derrico	5-4	M	Fr.	St. Charles, Ill. (St. Charles North)
13	Whitney Mazur	5-3	F/M	Fr.	Glen Ellyn, Ill. (Glenbard South)
14	Andrea Fernandez	5-2	D/M	So.	St. Louis, Mo. (Visitation Academy)
15	Katherine Roman	5-6	F/M	Fr.	DeKalb, Ill. (DeKalb)
16	Elizabeth Trapini	5-7	F	Fr.	Engelwood, Ohio (Northmont)
17	Danielle Washburn	5-1	F/M	So.	Forsyth, Ill. (Mt. Zion)
19	Ashley Sumner	5-3	F	Fr.	Clive, Iowa (Valley)
20	Sarah Gathje	5-7	F/M	Fr.	Overland Park, Kan. (Visitation)
21	Julie Rodgers	5-9	D	Fr.	Bartlett, Ill. (Bartlett)
22	Laura Kartawich	5-4	D	Fr.	Galesburg, Ill. (Galesburg)

# Barbara Wickstrand ■ Head Coach

For fourth-year head coach **Barbara Wickstrand**, Minnesota soccer is about commitment, dedication, leadership, hard work and a winning attitude. For the first time in her tenure, Wickstrand believes the Golden Gopher program is chock full of players and coaches willing to see Minnesota return to its rightful place among the elite in the Big Ten and beyond. The 2003 edition of Maroon and Gold soccer will be Wickstrand's team, through and through, as all of the players have been recruited by the former Minnesota assistant coach. Wickstrand fully believes the 2003 season will be successful as the roster is comprised of committed, dedicated and talented individuals ready to see the program prosper now and in the near future.

Wickstrand became the second head coach in Minnesota soccer history in January of 2000 and led the Golden Gophers to an 8-10-1 record, 5-5 in the Big Ten Conference, in her rookie season.

In 2001, the Maroon and Gold struggled offensively, finishing with a 5-12 overall record, 3-7 in the conference, but the squad showed signs of their potential. Last season, Gold Country was on the cusp of breaking through, but again struggled in the goal-scoring department, posting a 7-11-1 overall record and a 1-9-0 mark in the Big Ten. Freshman goalkeeper Karli Kopietz had an outstanding debut season in the nets for the Maroon and Gold. She started 17 games, posting 4.5 shutouts, making 93 saves and compiling a 1.23 goals-against average.

Now, with her feet firmly implanted into her skipper role, Wickstrand is busy imparting her philosophy, carefully adding piece by piece to her team as the Golden Gophers prepare for the 2003 season.

Wickstrand will continue with the goalkeeper training duties heading into the 2003 season. Wickstrand, a scholarship keeper herself in college, had previously spent two seasons at Minnesota in this capacity. In 1995, Wickstrand helped Dana Larson become the only goalkeeper in Minnesota soccer history to earn all-region and All-Big Ten honors. Entering 2003, Wickstrand looks to continue groom Kopietz and two junior keepers into standout stoppers.

Wickstrand captured her first career coaching victory in grand style, defeating nationally-ranked Kentucky, 1-0, on Sept. 1, 2000. The win also marked the first Minnesota victory over a ranked team since 1998.

Minnesota used its home-field advantage to tally a 5-3-0 record in the beautiful confines of the Elizabeth Lyle Robbie Stadium in Wickstrand's first season. In 2000, the Golden Gophers averaged a school-record 907 fans per match to top the Big Ten and Great Lakes Region and rank 16th in the nation in average home attendance.

As an assistant coach for the Golden Gophers for six years prior to becoming the head coach, Wickstrand played an integral role in building the Maroon and Gold soccer program to Big Ten Conference and national prominence. Minnesota has merited NCAA Women's College Cup appearances in five of its 10 seasons, advancing into the second round 1997, 1998 and

1999. The Golden Gophers captured Big Ten titles in 1995 and 1997, becoming the first Conference school to record an undefeated regular-season mark in league play in 1997.

As the Golden Gophers' recruiting coordinator, Wickstrand brought several exceptional recruits into the fold. Former Gophers Laurie Seidl and Nicole Lee were Wickstrand recruits who earned multiple all-conference honors during their careers. Seidl was honored as Big Ten Newcomer of the Year in 1997.

A collegiate All-America goalkeeper as a junior and senior, Wickstrand starred at North Carolina State from 1984-87, earning Wolfpack most valuable player honors twice. Wickstrand was a two-time All-American, four-year starter and four-time all-region honoree while helping N.C. State to top-10 national rankings and the quarterfinals in the NCAA Tournament in each of her last three seasons. She also participated in the U.S. Olympic Sports Festivals from 1985-87.

Wickstrand, a native of Fairfax, Va., turned to coaching during her fifth year of college, serving as the Wolfpack's goalkeeper coach in 1989, when N.C. State finished as the national runner-up and as Atlantic Coast Conference postseason tournament champion. She graduated with a bachelor's degree in speech communication in 1989. From 1986-91, she was an assistant coach for the State of Maryland Olympic Development Program.

After a stint playing semi-professional soccer in France in 1989-90, Wickstrand returned to North Carolina State and completed a master's degree in sports management/marketing in 1992.

Prior to accepting the assistant coaching job at Minnesota in 1994, Wickstrand spent two years as an administrative assistant in an intensive two-year athletic administration internship program at Arizona State. During her stay at ASU, Wickstrand coordinated several World Cup Soccer Series matches, as well as assisted with stadium operations for the Arizona Cardinals and the Fiesta Bowl.

Wickstrand, a member of the National Soccer Coaches Association of America, has earned an NSCAA Advanced National License.



# Ellen Obleman ■ Assistant Coach

Former Golden Gopher letterwinner **Ellen Obleman** enters her second season with the Golden Gopher soccer program as an assistant coach. Obleman, formerly Ellen Peterfeso, played for the Golden Gophers in 1993 and 1994 seasons and was a volunteer coach last spring before being named to the full-time position.

"I am enthusiastic to have Ellen back at her alma mater as assistant soccer coach," said Wickstrand. "She brings a breadth of knowledge from several different coaching experiences, having coached in the Big 12, SEC and Big Ten, as well as a positive attitude to our program."

When Minnesota added soccer in 1993, Obleman transferred to the Gophers for her junior and senior seasons. A starter in 37 of 38 career matches, she is still on the Minnesota record book's top 10 lists in career points (10th with 24) and assists (9th with 12). Obleman, who played defender, helped the Gophers to a runner-up finish in the first Big Ten Women's Soccer Tournament in 1994. Obleman spent her first two seasons of collegiate soccer at St. Thomas (MN), where she earned All-Minnesota Intercollegiate Athletic Conference honors in 1992.

Obleman, a Lake Elmo, Minn., native, has served stints at several major universities before returning to her alma mater. She was a volunteer assistant coach at Illinois in 2001, helping Illinois to its second consecutive NCAA Tournament appearance.

Obleman spent the 2000 season at Georgia,

working as the Bulldogs' assistant coach and recruiting coordinator under former Golden Gopher coach Sue (Montagne) Patberg. During the 1998 and 1999 seasons, Obleman served as an assistant at Kansas. She broke into the coaching ranks in 1996, when she was an assistant coach at Kentucky.

Obleman holds two degrees from Minnesota. She earned a bachelor's degree in kinesiology in 1996, then returned to earn a master's degree in education in 1999.

Obleman holds a United States Soccer Federation "C" License. She coached in the Minnesota Olympic Development Program in 1995 and 1996, and was an assistant coach for Wayzata High School in 1995.

Obleman is married to former Golden Gopher track and cross country letterwinner, Rick Obleman. Rick competed for Minnesota from 1993 to 1998 and placed second and third in the steeplechase at the 1997 and 1998 Big Ten Outdoor Championships, respectively.



# Chris Higgins ■ Assistant Coach

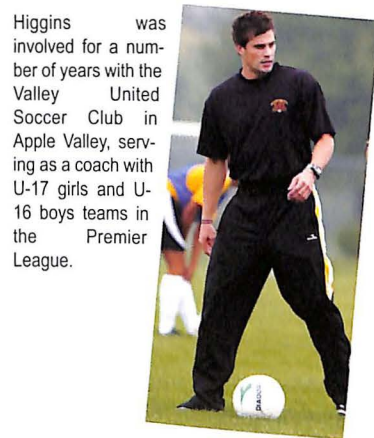
**Chris Higgins** enters his second season as an assistant coach at the University of Minnesota. A native of Apple Valley, Minn., Higgins provides the Golden Gopher soccer program with a wealth of playing and coaching experience to draw from for the Maroon and Gold in 2003 and beyond.

"I am delighted to have Chris on staff," Head Coach Barbara Wickstrand said. "He brings enthusiasm, desire and a positive attitude to this staff and program."

Higgins graduated from the University of Minnesota in 2000 with a bachelor's degree in sociology of law, criminology and deviance. Higgins played one season of collegiate soccer at St. Olaf College in Northfield, Minn., before transferring to Minnesota. He holds his USSF (United States Soccer Federation) National "C" Coaching License.

Since 1996, Higgins has gained valuable experience in the soccer coaching ranks at various levels. He has served numerous roles with the Minnesota Youth Soccer Association for the past four years. Higgins most recently coached the '86 Minnesota Olympic Development Program State Select Soccer Team at the Region II Camp in DeKalb, Ill.

He has also served as a trainer and co-director of the Minnesota Player Development Program. In addition, he coached at the University of Minnesota's Elite Soccer Camp.





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