



Minnesota Crookston Women's Cross Country Finishes Ninth at Dragon Twilight Led by Michaelis

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MOORHEAD, Minn. – The University of Minnesota Crookston women's cross country officially lifted the lid on their first season as a program at the Minnesota State University Moorhead Dragon Twilight at the Bluestem Center for the Arts in Moorhead, Minn. The Golden Eagles competed in the Randy Smith Women's 4K. The Golden Eagles finished ninth with a team score of 273 and an average time of 18:25.3

Caitlin Michaelis (Sr., Marshfield, Wis.) led the way for the Golden Eagles. The former Golden Eagle women's basketball player clocked in at 17:31.9. Jennifer Lax (Jr., Sleepy Eye, Minn.) finished with a time of 18:23.8. Kayla Stangeland (Sr., Mitchell, S.D.) clocked in just behind Lax at 18:32.9. Ashley Watkins (Sr.) finished the race in 18:35.7. Paige Pitlick (Sr., Jordan, Minn.) clocked in at 19:01.8. Haley Strachan (Sr., Phoenix, Ariz.) finished in 19:33.8. Roseline Kanssole (Jr., Ouagadougou, Burkina Faso) put up a time of 21:58.9. Samantha Proctor (Sr., Champlin, Minn.) rounded out the Golden Eagle contingent with a time of 23:53.5.

UMary finished in first place with 18 points and an average time of 14:11.7. Ida Narbuoll of UMary was the individual medalist.

Minnesota Crookston will return to action at the Herb Blakely Invitational Sat., Sept. 14 in Madison, S.D.

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