

# Minnesota Adolescent Pregnancy and Birth Statistics

## Minnesota Adolescent Pregnancy Statistics:

Overall, the pregnancy rate among adolescents aged 15-19 increased by 25.9% from 2020 to 2021. While the pregnancy rate increased dramatically, the birth rate is at a historic low. From 2020 to 2021, the number of pregnancies among adolescents younger than 15 increased by 31.9%. These changes are magnified because there are so few adolescents in this age group who become pregnant and/or give birth. Still, this represents a 61% decrease in pregnancies (Table 1).

**TABLE 1. MINNESOTA ADOLESCENT PREGNANCY STATISTICS, 1990-2021**

NUMBER OF PREGNANCIES	1990	2000	2010	2018	2019	2020	2021	CHANGE SINCE 1990	CHANGE SINCE 2020
Under 15	159	150	89	25	36	47	<b>62</b>	-61%	31.9%
15-17 years	2803	2411	1479	700	612	595	<b>731</b>	-73.9%	22.9%
18-19 years	5833	5164	3872	2177	1932	1800	<b>2293</b>	-60.7%	27.4%
15-19 years	8636	7575	5351	2877	2544	2395	<b>3024</b>	-65%	26.3%
PREGNANCY RATES PER 1,000	1990	2000	2010	2018	2019	2020	2021	CHANGE SINCE 1990	CHANGE SINCE 2020
15-17 years	33.8	21.9	13.8	5.6	5.7	5.5	<b>6.7</b>	-80.2%	21.8%
18-19 years	92.2	70.9	53.9	27.4	27.7	26.2	<b>33.4</b>	-63.8%	27.5%
15-19 years	59	41.4	29.9	14.3	14.4	13.5	<b>17.0</b>	-71.2%	25.9%

## Minnesota Adolescent Birth Statistics:

The birth rate decreased by 3.3%. While the pregnancy rate increased dramatically, the birth rate is at a historic low. From 2020 to 2021, the number of births increased by 30%. This represents a 72.3% decrease in births to adolescents younger than 15 since 1990 (Table 2).

**TABLE 2. MINNESOTA ADOLESCENT BIRTH STATISTICS, 1990-2021**

NUMBER OF BIRTHS	1990	2000	2010	2018	2019	2020	2021	CHANGE SINCE 1990	CHANGE SINCE 2020
Under 15	94	87	47	20	12	20	<b>26</b>	-72.3%	30%
15-17 years	1648	1710	1072	402	400	380	<b>419</b>	-74.6%	10.3%
18-19 years	3688	3686	2951	1392	1390	1230	<b>1143</b>	-69%	-7.1%
15-19 years	5336	5396	4023	1794	1790	1610	<b>1562</b>	-70.7%	-3%
BIRTH RATES PER 1,000	1990	2000	2010	2018	2019	2020	2021	CHANGE SINCE 1990	CHANGE SINCE 2020
15-17 years	19.9	15.5	10	3.8	3.7	3.5	<b>3.8</b>	-80.9%	8.6%
18-19 years	58.3	50.6	41.1	20.0	19.9	17.9	<b>16.6</b>	-71.5%	-7.3%
15-19 years	36.5	29.5	22.4	10.2	10.1	9.1	<b>8.8</b>	-75.9%	-3.3%

## National Comparison:

From 1991 to 2021, the birth rate among adolescents aged 15-19 in the United States dropped 78%, reaching a record low of 13.9 births per 1,000 in 2021.<sup>1</sup> The decline in adolescent pregnancy over the past two decades is likely due to a combination of improved contraceptive use and delayed initiation of sexual activity.<sup>2</sup> More recent declines have mainly been driven by increased use of highly effective contraceptive methods (IUDs and implants) and dual methods.<sup>3,4</sup> Despite reaching historic lows, the United States continues to have one of the highest adolescent pregnancy and birth rates among high-income nations.<sup>5</sup>

## References

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