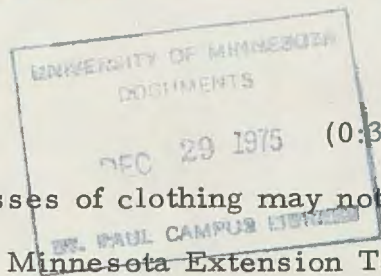


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Keeping Warm

More layers and thicknesses of clothing may not keep you warmest on cold winter days. Minnesota Extension Textiles and Clothing Specialist Lois Ingels says snowmobile suits often are too warm for strenuous outdoor activities.

Overdressing causes the wearer to perspire and dampness makes chilling more likely. Feet and hands can get cold if socks or mittens are tight and restrict circulation. Because air space is important to warmth, mittens are warmer than gloves and regular socks are better than the newly-popular "toe socks."

\* \* \* \*

Drip Coffeemakers Catch On

(0:35)

Automatic drip coffeemakers are designed to appeal to coffee drinkers who like the speed of instant and the idea of filters to produce clear coffee. Minnesota Extension Household Equipment Specialist Wanda Olson suggests looking for safety and cleaning factors before buying any kind of electric coffeemaker.

Any coffeemaker should be well balanced to prevent tipping and designed so the handle doesn't become hot. It should be constructed so your hand does not touch the pot in pouring. Most drip coffeemakers take about a minute per cup to produce coffee and are kept warm in a serving pot on a hot stand.

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