



UNIVERSITY OF MINNESOTA  
CROOKSTON

# CAMPUS WEEKLY UPDATE

#IAMCROOKSTON

GO MAROON.  
GO GOLD.  
GO HOMECOMING!

A group photo of students and the University of Minnesota mascot, the Golden Gopher, at a homecoming event. The students are wearing maroon and gold clothing, and the mascot is in the foreground.

OCTOBER 22 & 23

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# LEADERSHIP LETTER

## From the Chancellor

We are looking forward to all the Homecoming activities this week. Check the [events calendar](#) to see all the events going on and plan to attend those that you can.

This past week was a busy one for our campus. It was bookended with the HLC visit on Monday and the Friday visit from three of the five new Regents. Below is a photo from their time here. L-R; Executive Director of the Board of Regents Brian Steeves, Vice Chancellor Hoffman, Regent Huebsch, Regent Johnson, Regent Farnsworth, and Chancellor Mary



I don't know about you, but I am a perpetual list maker. Every morning I make a list of things "to-do," and am now sitting in front of my computer looking at five days' worth of lists.

- What didn't get done?
- What did get done? And most importantly,
- What should I let go and not even put on a list?

There are obviously things that need to be completed, but when we are asked to do so much, it is important to prioritize and learn to let some things go.

As I was writing this letter I also became curious about myself and why do I make such lists? I thought it might be a control issue or a way to put myself to peace—"if I write it down, I won't forget it." To that end I conducted a "really scientific literature review," via Google and put the following into the search engine.

"What does it mean if you always make lists?"

Voila.....

[“Cohen puts our love of to-do lists down to three reasons”](#): they dampen anxiety about the chaos of life; they give us a structure, a plan that we can stick to; and they are proof of what we have achieved that day, week or month.”

As many things in life there were counter arguments why they don't work. However, in my mind they are a good organizational tool for me. Find those tools in life that help you feel in control and not overwhelmed. We've only got a short time here. As Tim Menard says, “Find Your Joy!”

Be well.

Chancellor Mary

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## CAMPUS UPDATES

### **New Hires**

Jacqueline Tjossem, Dining Services, welcome back.

Jacqueline previously worked as a Food Service Worker at the University of Minnesota Crookston from 2016 to 2018.

### **Business Office**

Updated form for immediate use. [Purchase Order request form](#)

### **Global Programs and International Student Services**

UMN Crookston's dual degree in English with the University of Social Sciences and Humanities in Vietnam started this fall and we are looking forward to welcoming 9 Golden Eagles to our Crookston campus in Fall 2023. These students will spend their freshman and sophomore years in their home countries and complete their English major at UMN Crookston.



### **International Travel Grants Accepting Applications**

After pausing during the pandemic, the [International Travel Grants](#) program is once again accepting applications. Faculty and P&A staff can apply for funding to support travel for research, conferences, or initial project phases.

### **Webinar Series on Intercultural and Global Learning in the Classroom**

Faculty and instructional staff interested in exploring fresh ways to engage students to increase their international, intercultural, and global skills are invited to register for a series of [Internationalizing the Curriculum and Campus webinars and workshops](#). Participants will learn teaching activities and approaches to support global learning for all students and explore strategies applicable to every course, whether online or in-person.

### **Innovation Impact Case Award for Researchers**

The Office of the Vice President for Research's new [Innovation Impact Case Award](#) recognizes research

that has led to significant impact outside of academia and has made a meaningful difference in our communities. The competition is open to all eligible UMN faculty and researchers across all disciplines systemwide. Deadline to submit applications is November 24, 2021.

### **Global Programs and Strategy Alliance**

Register now for online workshops and webinars that provide practical and effective pedagogical approaches to expand international, global, and intercultural skills and knowledge for all students in your classrooms. In these interactive sessions, we will explore and practice strategies that you can apply right away in your courses.

### **Counseling Services**

The University of Minnesota is deeply committed to the physical and emotional well being of our students. We can all play a part by noticing worrisome behavior and responding with compassion. By sharing your concerns and intervening early you can help maintain a healthy and safe campus. This red folder is designed to help you recognize indicators of student distress and how to respond and refer the student appropriately. Worry less about saying the “right thing” than saying something.

Students, have you been told that you are a perfectionist? Are you often criticizing yourself? Do you set high goals with little to no room for error and feel less than if you don't reach those goals?

Please join us for a virtual workshop to learn how to change this negative inner dialogue that is increasing your stress/anxiety/worry to a more compassionate, helpful, motivating voice.

### **United Way of Crookston and UMN Crookston**

The United Way campaign kicked off last Monday, contribution and pledging information has been distributed to your campus mailbox. If you have any questions, please contact Michelle Christopherson or Vern Shafer, UMN Crookston United Way Co-chairs.  
[mchristo@umn.edu](mailto:mchristo@umn.edu) or [vshafer@crk.umn.edu](mailto:vshafer@crk.umn.edu)

### **Computer Help Desk**

Email is one of the primary ways we communicate, in both our personal and professional lives. The October 2021 edition of the “OUCH!” newsletter describes the five most common email mistakes, including auto-complete and reply-all, and how to avoid them.

Cybercriminals continue to prefer to use malicious links or attachments in email to trick us into installing malware or giving access to our and the University's data. If in doubt about whether an email is legitimate or a scam, forward the email to [phishing@umn.edu](mailto:phishing@umn.edu) for a second opinion.



**UMN Crookston Homecoming week, October 18-23**

### **Friday, October 22 Outstanding Alumni and Athletic Hall of Fame**

Inductees include:

The Abbey - Young Alumni Award: Marshall Johnson, 2012

Outstanding Alumni: Mike Gasper 1978 and Mandy Uhrich 2005

Athletic Hall of Fame: Jeanette (Stoker) Larson 1987, volleyball

Jim Mages 2001, football

Cleon Melsa (posthumously), Faculty Athletic Representative



**Homecoming Dance, hosted by Ag Arama Club, Friday October 22, at the Crookston Inn**  
Dance will follow the bonfire, 9pm-1am. Cover charge \$10.00 per person. Music by Jason Rominski.

**UMC Teambacker Tailgate, Saturday, October 23 @ 12:30**  
UMN Crookston Golden Eagle Hockey vs.) Bethel University, puck drops at 2pm



**Crookston Community Theatre**  
The play Murder at the Sunset Lodge October 28, 29, and 30 will be held at the Crookston Eagles Club. This is a dinner theater. Faculty member Dani Johannesen plays Mary and UMN Crookston student Gretta Nordgren plays Kari. The UMC Concerts and Lectures Committee will cover the cost of admission tickets (\$25) for UMN Crookston students. Contact [Brooke Novak](#) for information about student tickets.



The **World Food Prize** Foundation welcomes you to [register for FREE](#) to participate in the [2021 Norman E. Borlaug International Dialogue](#). The theme this year is Gaining Momentum: Food Systems Transformation in the Decade of Action. The events will take place October 18-22, with four roundtable

discussions, four interactive workshops, and over 35 side events focused on the following key areas: Research & Innovation, Nutrition-Sensitive Food Systems, Gender Equity & Equitable Livelihoods, and International Cooperation.

Now, more than ever, the world must transform food systems to be more sustainable, affordable, equitable and nutrition sensitive. The 2021 Borlaug Dialogue, hosted by the World Food Prize Foundation, aims to bring global leaders together to generate innovative solutions to these challenges. To join the conversation, visit <https://bit.ly/3on3MGI>. #FoodPrize21

### **Bystander Intervention Training slated for October 21, noon-1:30**

Most of us have witnessed incidents that we wish we could have done something about. What got in the way of taking action? Join our campus bystander intervention experts Lacey Anderson and Jodi Ramberg as they explore bystander theory and the tools and techniques to transition passive bystanders into active bystanders. More information can be found on the [events calendar](#).

### **Student Health**

Oct 18-22: Clothesline Project and Sexual Abuse awareness

COVID-19 cases continue to increase across Minnesota and in Polk County. It's important we work together to slow the spread. Take precautions such as distancing yourself from others, wear a face covering when in public indoor settings, and get vaccinated if eligible. For the most up-to-date COVID-19 guidance and recommendations, please refer to the [Minnesota Department of Health](#).

### **Golden Eagle Athletics**

Need some maroon and gold? Check out the [BSN store](#) and purchase your Golden Eagle Men's Basketball apparel or the Women's Tennis team apparel [store](#). These sales are fundraisers. A portion of your purchase benefits the Golden Eagle athletic program, while you gain new maroon and gold swag. Friday's are calling for your team spirit.

Hunt Seat and Western student athletes kicked off their annual fundraising campaign last week. Consider a financial, tax deductible contribution. Click [here](#) for more details.

## **HIGHLIGHTS**

### **Accolades**

Dani Johannesen, Ph.D., faculty member in Composition and Writing, gave a presentation at the [annual conference](#) of the Popular Culture Association of the South/American Culture Association of the South. The conference took place on Zoom. Johannesen's presentation was titled "The Cultural Significance of Dealey Plaza."

### **April 2021 to present, thank you staff.**

The Office of Outreach and Engagement teamed up with facilities and grounds, to beautify a bit of downtown Crookston. Flower beds and hanging baskets are part of the Crookston Chamber of Commerce and City of Crookston's beautification efforts. Pictured below are photos from April and last week showcasing the downtown flowerbeds. Left to right are: Ryan Lisell, gardener; Rebecca Sanders, building and grounds worker; Michelle Christopherson, director of outreach and engagement; and student Jear Flage, horticulture/turf management intern.

"Please extend my thanks to staff and students maintaining the downtown display." Retired Biology faculty, Jerry Knutson.



*October photos submitted by Jerry Knutson.*