

APR 25 FINAL	+	APR 21 TBA	APR 26 TBA	APR 26 4:30 pm	>
Softball	1	Trap	Women's Golf	Women's Tennis	☰
vs Minnesota State University Moorhead	2	vs USA College Clay Target League...	at NSIC Championship	at University of Sioux Falls (S.D...	<

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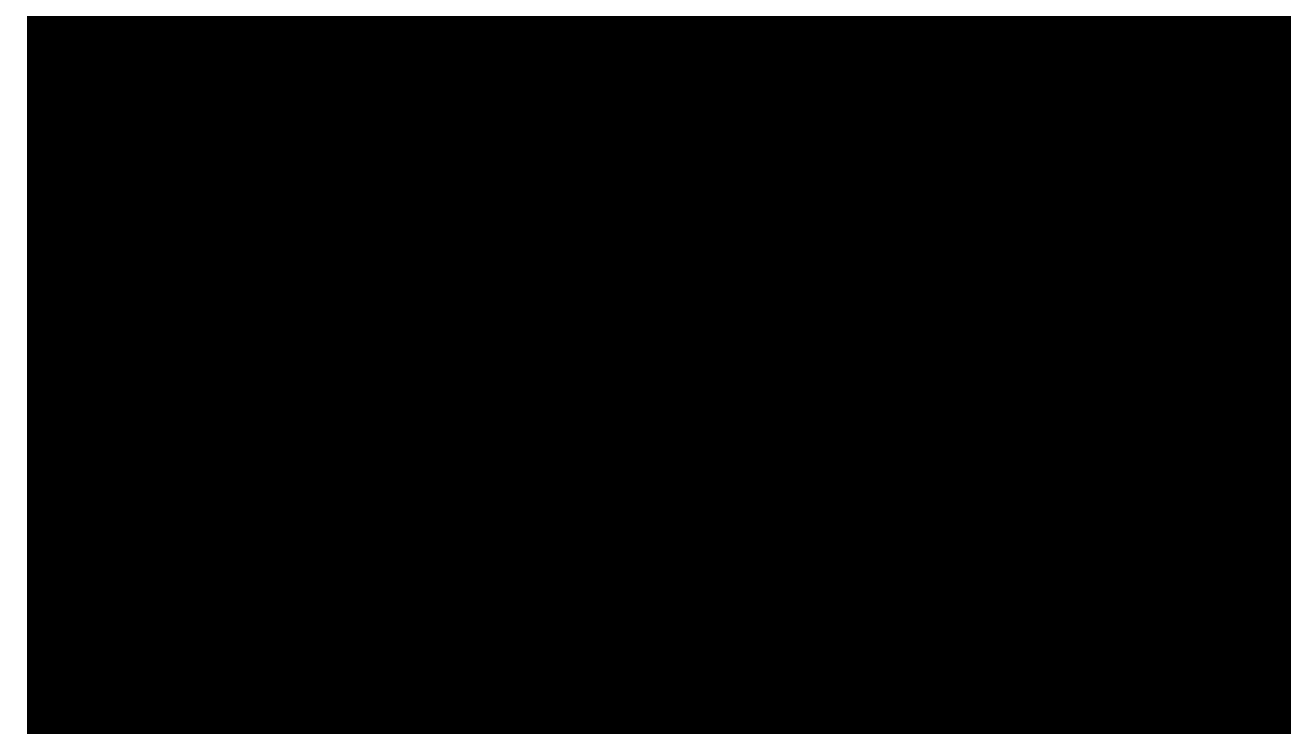
Cooking With Kolby: Making Ploye with Tristan Morneault

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By: Shawn D. Smith, Director of Athletic Communication



In our debut episode of "Cooking with Kolby", Assistant Event Management and Intramural Coordinator [Kolby Castillo](#) learns how to make a French-Canadian dish, Ploye, with Tristan Morneault, a freshman cross country runner and hockey player from Dieppe, New Brunswick. We also get the chance to learn a little bit more about Tristan, as we learn how to make La Ploye.



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