

News Release

Tammy Sykes hired as Program Coordinator for RSVP of the Red River Valley

By Itollefs on Wednesday, February 1, 2012

Tammy Sykes is the new program coordinator for the Retired and Senior Volunteer Program (RSVP). Along with Director Jan Aamoth, Sykes helps to manage the RSVP program in Polk, Red Lake, Kittson, Pennington, Norman, Marshall and Roseau Counties. Sykes began working as program coordinator on January 25, 2012. RSVP is housed in the Sargeant Student Center at the University of Minnesota, Crookston.



Aamoth is pleased to have Sykes working with her as part of RSVP of the Red River Valley. "Tammy will be an excellent addition to RSVP," says Aamoth. "She has worked for several years with the Lutheran Social Service Respite and Caregiver Support Program, and she is very knowledgeable about senior services. She has a real concern for making the communities in our region better for seniors."

The RSVP program strives to address critical community needs through innovative volunteer opportunities for persons ages 55 and over that enrich the lives of the volunteers and the communities they live in. RSVP has several new signature programs in many communities including Bone Builders Exercise classes, the Handyman and Groceries to Go Programs and Readers Theater.

If you are interested in volunteering or learning more about RSVP please contact the RSVP office at 218-281-8288.

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