

Football | 2/2/2015 1:00:00 PM | Shawn Smith, Sports Information Director

Best of the Nest: Hawaiian Cooking with Tyman Hayashi and Drew McDurmin



University of Minnesota Crookston student-athletes put a lot of time and effort into being successful on the playing field, but in a new segment called "Best of the Nest", former UMC offensive lineman and current Sports Information correspondent [Sam Smith](#) sits down with UMC student-athletes to take a look at their lives outside of their sport.

In the pilot episode of the show, Smith learns how to cook a Hawaiian dish, spam musubi, with his former offensive line mates [Tyman Hayashi](#) and [Drew McDurmin](#), two student-athletes who made the trek from Hawai'i to Crookston, Minn., to play college football.

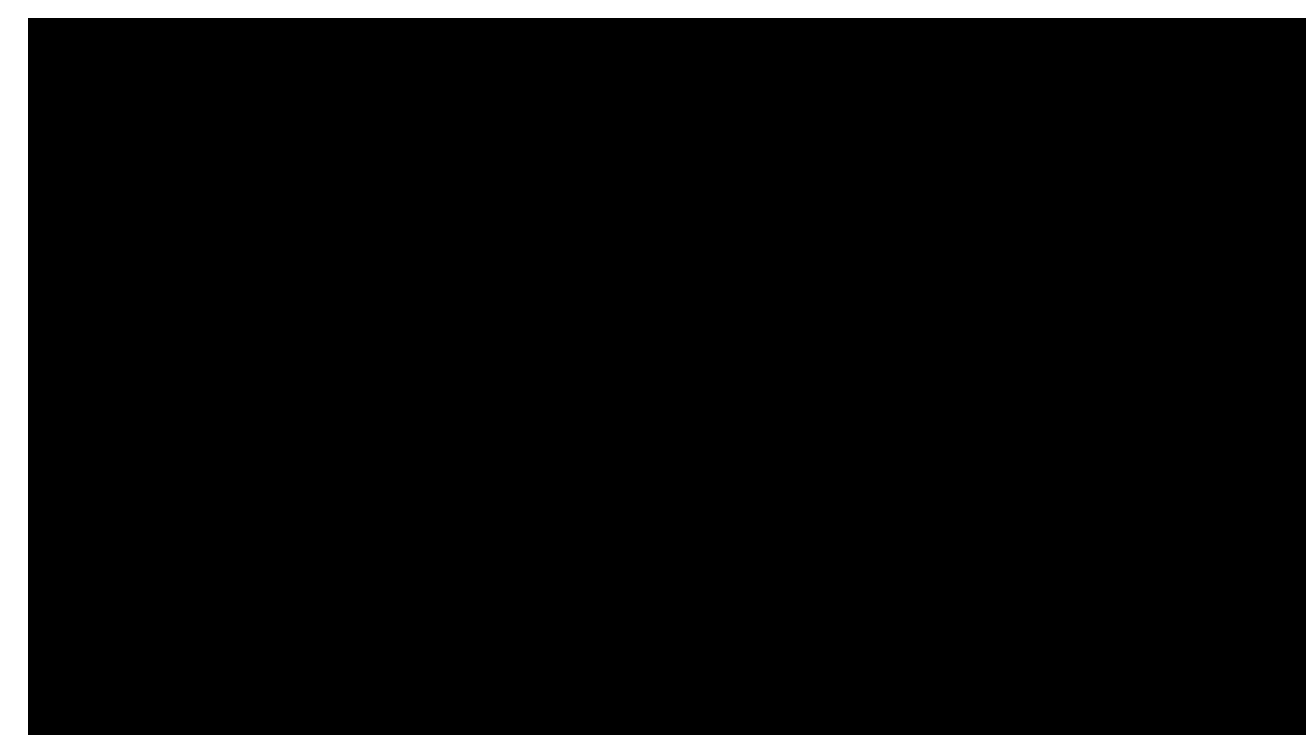
If you want to be featured on an episode of "Best of the Nest" contact Sports Information Director [Shawn Smith](#) at smithsd@umn.edu or talk to [Sam Smith](#).

For more information, visit the Golden Eagle Athletics website at www.goldeneaglesports.com.

Follow the Golden Eagles on Facebook at Golden Eagle Sports and on Twitter at @UMCAthletics.

The University of Minnesota, Crookston is an NCAA Division II Institution and a member of the Northern Sun Intercollegiate Conference (NSIC). The Golden Eagle Equestrian team is a member of the Intercollegiate Horse Show Association (IHSA).

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PLAYERS MENTIONED ▾

<p>#71 Sam Smith OL / 6' 0" / Senior</p>	<p>#70 Tyman Hayashi OL / 6' 0" / Junior</p>
<p>#64 Drew McDurmin OL / 6' 3" / Junior</p>	

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