

# “Disclosed Cycles of the Body and Mind”

2017. Mixed media. 39¼” w x 39¼” h

**David Feinberg, Beth Andrews, and storytellers Karen Roa, Camila Scudeler, J. Wren Supak, Carlos Robles, and Gary Christenson with contributions from artists Kimchi Hoang, Michele Stahlmann, Olivia Novotny, Michelle Englund, Jennifer Barnett Hensel, and Kristin Anton.**

This painting was created from the symbols of the remaining members of the Teatro La Candelaria cast and crew. Additional symbols made by guest Dr. Gary Christenson and Voice to Vision member Wren Supak were incorporated as well. These differing symbols and stories come together to illustrate a shared cycle of loss, life, birth, and healing.

Karen Roa, a member of La Candelaria, contributed the purple symbol to this piece; to her, the shape was reminiscent of a uterus. Karen added drops of blood to the uterus to reference menstruation. The process of menstruating represents a struggle to detach and let go without pain. Both the processes of menstruation and letting go can bring life, but they also bring pain.

La Candelaria member Camila Scudeler also saw a uterus in her symbol. This symbol is the red and white shape near the center of the painting. To Camila, the uterus represented her dream of having a baby—and the pain and possibility that came wanting to and waiting to become pregnant. This conflict is depicted with the white ruptures that run across the uterus. Voice to Vision member J. Wren Supak made the initial drawing that Camila responded to. Wren also had a uterus in mind when she drew the symbol, as she too was trying to conceive. Wren created her own symbol to represent this story; it is the red shape to the left of Camila’s.

Carlos Robles, a technician with La Candelaria, created two symbols, the blue shape in the upper left and the pink and white shape in the lower right. The blue shape refers to the evolution of the universe, which begins with a compact entity then expands outward. The universe is caught up in a cycle of expansion and contraction that continues ad infinitum. Carlos’ pink symbol is similarly cosmic in nature, depicting the rupture of the universe.

Guest Dr. Gary Christenson created the yellow symbol in the upper right. The shape and color are a statement on current politics and conflicts. The forms are reminiscent of horses with harnesses and blinders. The harnesses represent the power to lead and direct, while the blinders represent ignorance or a lack of insight. Gary’s exploration of current events is reflective of his belief that art should be used to process issues facing a community. He sees art as a path to healing, both on a personal level with the healing of individuals and on a collective level with the healing of communities.

