



Healthy People in Healthy Homes

A Community Engagement and Education Project

Making Educational Workshops Accessible to the Latino Community

The University of Minnesota Extension Center for Family Development Family Resiliency team partnered with CLEARCorps, community leaders, community based agencies, schools, and County offices in southern Minnesota to support, promote and deliver:



17 two-hour workshops titled Healthy People in Healthy Homes in Spanish

A four-hour train-the-trainer session in Mankato for community workshops

The team reached **172 people** in **12 counties** between August and September and set the following goals:



Increase participants' understanding of physical, chemical and biological health risks in homes.



Create and share with class participants, partners, and funders a resource list (in English and Spanish) related to housing in southern Minnesota.



Integrate Healthy People in Healthy Homes with the RentWise tenant education program.



Train three internal educators to deliver the program.

The team received **positive** feedback from the train-the-trainer session.



"I can connect Healthy Homes with finances now, for instance, maintaining a home clean and free of mold. **People do not have the need to spend extra money in cleaning mold or buying some medications.** It is just maintaining the home clean, ventilated, and with low humidity levels."

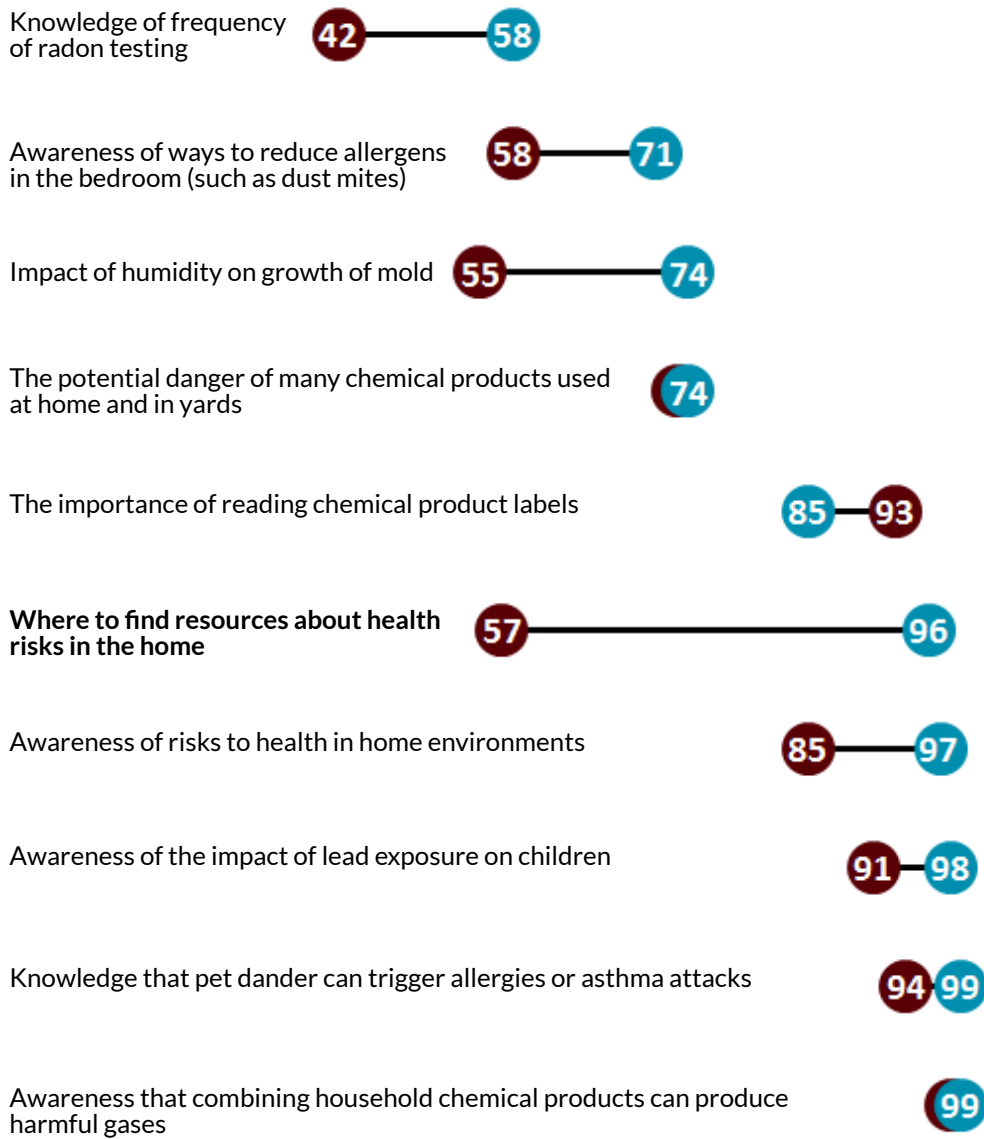


"Topics in general presented in this Healthy Homes workshop were attractive to the participants; even **some participants suggested adding to the Healthy Homes practical information about bed bugs, and visits to the homes.**"



"One of the highlights from these Healthy Homes workshops is that many participants developed a strong wish to acquire dehumidifiers, carbon monoxide detectors, and a humidity and temperature gauge. In addition, other observation is that **participants showed an attitude of starting or maintain a relationship with the County/City agencies in order to protect their families.**"


Participant knowledge increased between pretest and posttest.*



*blank responses were not included in calculation of score

Nearly **97%** of respondents said that they were **"very satisfied"** with the workshop. 

Many said they would check their homes **"like detectives."** 

Many reported that they would **share the information** with others. 

Many **immediately** inquired about **radon testing** kits. 



Windom Workshop

Educators used a variety of curricula and resources



Contribuya a Tener un Hogar Sano (Help Yourself to a Healthy Home) by U.S. Department of Housing and Urban Development, USDA, and Alabama Cooperative Extension System (Alabama A&M and Auburn Universities).



Hogares Sanos: Como Evaluar su Medio Ambiente Interior. By Cornell University Cooperative Extension, U.S. Department of Housing, and USDA.



RentWise, a tenant education curriculum from University of Minnesota Extension.



Healthy Homes video in Spanish produced by University of Cornell Cooperative Extension Program.



Albert Lea Workshop

Community Partners

Community Action of Northfield
Northfield - Rice County

Community Leaders and
St. Mary's Church
LeCenter - LeSueur County

Community Leaders
Hutchinson - McLeod County

Community Leaders and
County Family Service
Litchfield - Meeker County

Community Leaders and
Monte de los Olivos Church
Madelia - Watonwan County

Community Leaders
Mankato - Blue Earth County

Community Leaders and
Business, Arts, and Recreation Center
Windom - Cottonwood County

Community Leaders
Mantorville - Dodge County

Convivencia Hispana and
Community Health Services in Watonwan County
St. James - Watonwan County

Faribault Middle School
Faribault - Rice County

Gibbon Fairfax Winthrop Schools
Winthrop - Sibley County

St. Mary's Catholic Church,
Community Education, and
Nobles County Community Services/Public Health
Worthington - Nobles County

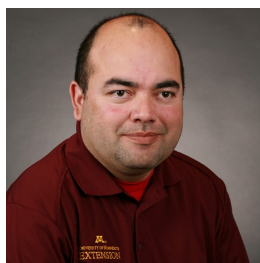
St. Theodore Catholic Church
Albert Lea - Freeborn County

YWCA Mankato
St. Peter - Nicollet County

Educators



Gabriela Burke
Financial Capability Educator



Jose Lamas
Financial Capability Educator



Francisca Mendoza
Financial Capability Educator



Antonio Alba Meraz
Extension Educator



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