



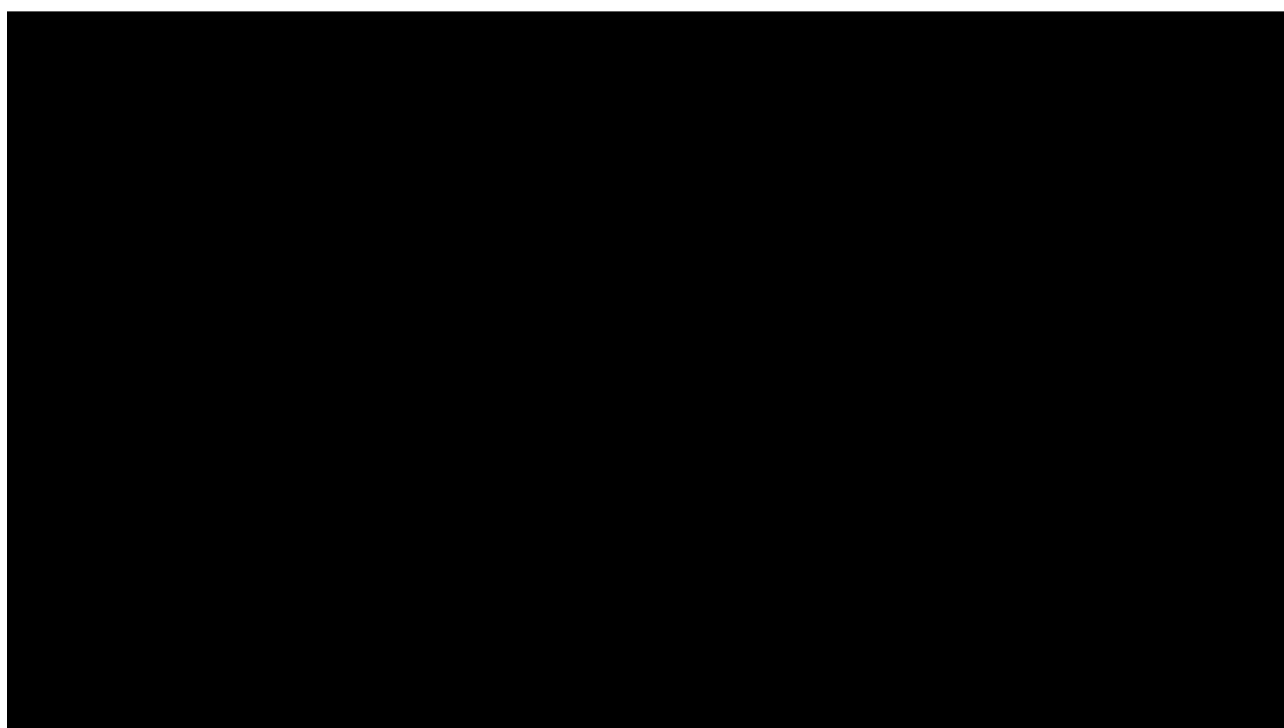
Women's Basketball | 1/22/2015 2:17:00 PM | Shawn Smith, Sports Information Director

Regal's Rundown with Sam Smith: Ebony Livingston



In the 14th installment of Regal's Rundown, Former UMC football player Sam Smith hosts his second Regal's Rundown as he sits down with UMC women's basketball player [Ebony Livingston](#). The two discuss Livingston coming back after missing most of the Minnesota Duluth game and how that felt. They also discuss what she thinks has been the biggest factor in UMC's success in the new year. They also talk about their favorite Minneapolis restaurant. Also check out the new opening for Regal's Rundown as Sam has a run-in with Regal.

"Regal's Rundown" is a weekly show that will profile UMC athletics by talking to UMC coaches, staff and athletes about the happenings of Golden Eagle athletics.



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PLAYERS MENTIONED ▾

#24 Ebony Livingston
G / 5' 9" / Senior

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