

MAY 3 FINAL	MAY 3 FINAL	MAY 4 FINAL	MAY 8 FINAL
Baseball	Baseball	Baseball	Baseball
at Northern State University	at Northern State University	at Northern State University	at Southwest Minnesota State University
4	3	10	4
1	0	0	4

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Minnesota Crookston Baseball to Hold Camps Feb. 9

1/13/2020 1:47:00 PM

By: Shawn D. Smith, Director of Athletic Communication



CROOKSTON, Minn. – The University of Minnesota Crookston baseball program is hosting camps on Feb. 9 at the Minnesota Crookston Sports Center. The Golden Eagles will hold a hitting and defensive camp for grades 7-12 from 9 a.m.-12 p.m. The cost for the individual camp is \$75. Minnesota Crookston will also hold a pitching and catching camp for grades 7-12 from 1-3:30 p.m. on Feb. 9. The cost is also \$75 for the individual camp. If someone wants to attend both camps they get a discounted price of \$125.

The objective of the hitting and defensive camp is to cover all aspects of becoming a fundamentally sound offensive player. The campers will do drills that current Minnesota Crookston players use to develop better movement patterns and train a more consistent and successful swing path. Through the use of Rapsodo, each player will get measured in their exit velocity, launch angle, and distance each ball is hit.

The pitching and catching camp will include instruction from Head Coach [Steve Gust](#) and assistant coach [Alex DeMayis](#), a former Division II pitcher at University of Mary. Through the use of weighted balls and Rapsodo technology, this camp will place an emphasis on lower-half development, as well as arm speed to safely and effectively generate pitching velocity. Both the pitching and catching segments of the camp will be centered on the fundamentals of each position.

For more information on the camps, visit <https://baseball.umcrookston.com/> or contact Coach [Steve Gust](mailto:sgust@umcrookston.edu) at sgust@umcrookston.edu or Assistant Coach [Max Casper](mailto:caspe100@umcrookston.edu) at caspe100@umcrookston.edu.

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