



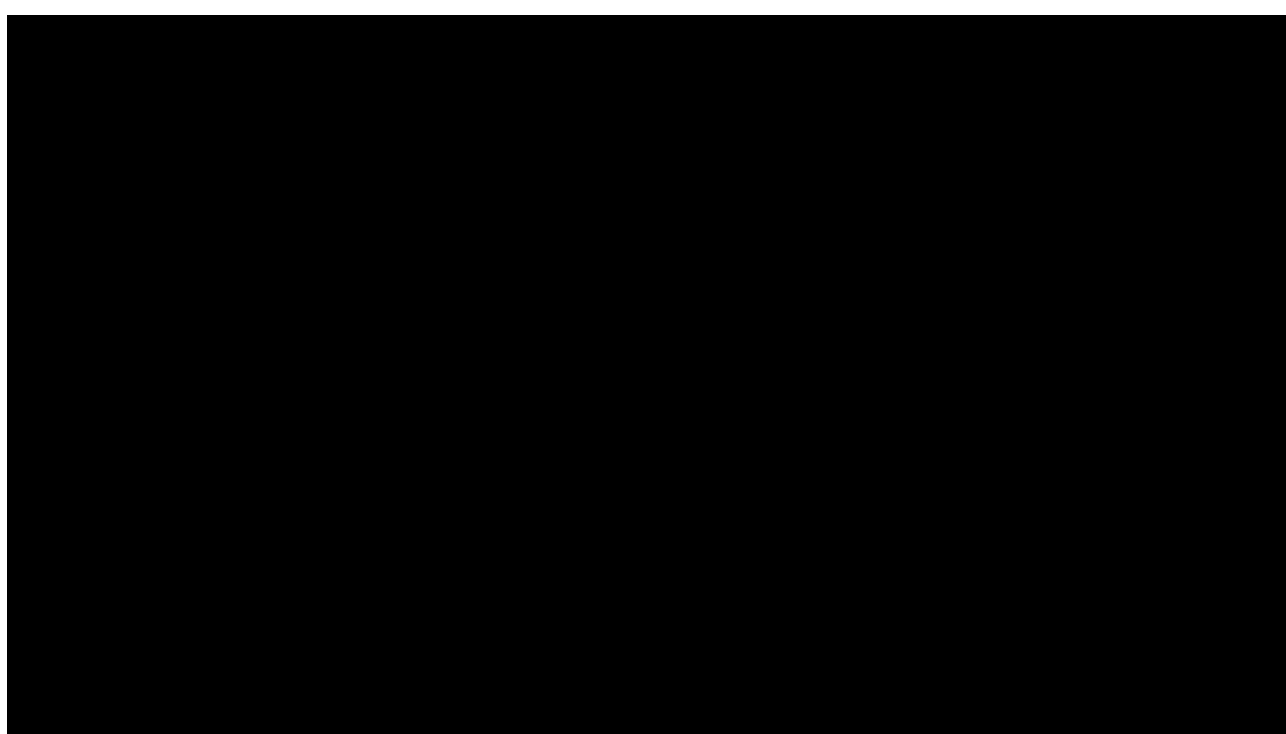
Football | 9/8/2016 4:15:00 PM | Shawn Smith, Sports Information Director

Regal's Rundown with Zach Greenberg: Mike Fritze



In the second episode of the season of "Regal's Rundown", UMC video correspondent and football long snapper [Zach Greenberg](#), sits down with Golden Eagle Head Football Coach [Mike Fritze](#). Zach and Coach Fritze discuss how the team can improve going into week two against Concordia University, St. Paul. In addition, they talk about the Golden Bears and their identity under Head Coach Shannon Carrier, who returns to lead the ship after a 13-year gap between stints with the Golden Bears. Greenberg and Fritze also talk about the progress the team has made since last year.

Regal's Rundown has been airing on UMC's YouTube Channel for four seasons. It features a student host interviewing UMC student-athletes and coaches to give Golden Eagle fans a look at upcoming games and the people who make up Golden Eagle nation. Greenberg is the fourth host, joining former hosts Josh Brehmer, [Sam Smith](#) and Derrick Redd, Jr. in an elite club of hosts of "Regal's Rundown".



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PLAYERS MENTIONED ▾

#44 Zach Greenberg
LS / 5' 10" / Sophomore

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