if you want to channel your ambitions . . .

if you are curious about the world we live in . . .

if you would like to develop a new competence . . .

if you wish to resume an interrupted career or start a new one . .

if you wish to work for a degree . . .

if you would like to develop a new interest . . .

if you would like to bring professional techniques up to date . . .

if you wish to know more about yourself

if you are interested in civic affairs

if you want to earn that degree for which you started working years ago

if you desire to study something but don't know what . . .

For general information or an application blank write or phone:

DR. VIRGINIA L. SENDERS, *Coordinator*
Minnesota Plan for the Continuing Education of Women
106 First Temporary South of Mines
University of Minnesota, Minneapolis 14, Minnesota
Fe 2-8158, extension 409

For information about Extension Division operations, including the special seminars and other courses, consult:

MRS. ELIZABETH CLESS
Assistant to the Dean for Liberal Arts Programs
General Extension Division
153 Nicholson Hall
University of Minnesota, Minneapolis 14, Minnesota
Fe 8-8791

The University of Minnesota
Women's Continuing Education Program
Minneapolis 14, Minnesota

the Minnesota Plan for the Continuing Education of Women

THE UNIVERSITY OF MINNESOTA

Believing that the college degree may be the beginning of an educational process instead of the end, the University of Minnesota, with the aid of a grant from the Carnegie Corporation of New York, has undertaken a pioneer program for the continuing education of women.

The able woman today assumes many roles during her lifetime, that of student, housewife, mother, citizen and – increasingly – career woman. The discontinuous nature of these roles, the difficulty of shifting the emphasis from one role to another, the rust that accumulates through disuse on academic or professional skills, the need for continual learning to keep pace with our accelerated and changing world of knowledge – these are some of the problems with which the Minnesota Plan for the Continuing Education of Women concerns itself.

The Minnesota Plan has no curriculum of its own. It is initially an advisory service; it is also a catalyst, coordinating and augmenting existing University facilities. The able undergraduate and graduate student at the University can make use of the Plan to develop ways to continue her education after she leaves the University, no matter which of the several roles open to her becomes her immediate interest. Early, realistic, long-term planning can nourish academic and professional competence throughout those years in a woman's life which are primarily apprentice or domestic.

A special honors seminar, open to selected University undergraduates each year, examines women's special needs and opportunities against the social fabric in order to make choices and continuity of interests more meaningful.

The Minnesota Plan's special counselor works with both undergraduate and mature women to help them define goals and use existing University resources to the fullest. Because of his unique position the counselor also is able to gather much material helpful to the University in revising or expanding its offerings for the able woman.

A continuous record of accomplishment for each woman using the Plan is maintained. This includes courses taken either for credit or merely "for the record," as well as relevant non-academic achievements.

Plans for 1961-62 call for a placement worker to discover and develop part-time and at-home jobs at a professional or semi-professional level for women of achievement.

It is already clear that some new offerings will be required to meet the special needs and time schedules of the adult woman. These may include professional refresher courses, broadly conceived liberal arts offerings, and institutes. The institutes might be scheduled for a few days or perhaps over a week-end, while courses would require more extended periods of study, whether their content paralleled previously existing offerings or was entirely different from any other courses now available. The University may plan new offerings at a basic or a postgraduate level. Some are currently scheduled and others are in the planning stage.

Although many women are able to plan and carry out their own continuing education, planning is often done too late; progress is so slow that motivation lags; special counseling is needed; friends may be unsympathetic to the persistent efforts of the lone woman striving toward a goal which they cannot understand. The Plan provides an institutional channel, smooths the way, for the kind of effort many individual women are now making on their own.

Among undergraduate and graduate students, services of the Minnesota Plan are available to any woman who sincerely wants to look ahead to the kind of multiple-role life we have described. It is especially important that the ablest women know about the ways in which the Plan can enable them to protect the investment they and society have made in their education.

The older woman, not now in college, may choose to use part or all of the services of the Plan. In any case, she must be a resident of Minnesota at the time of applying. Her needs must be such that they can be met by University offerings. Since each woman's program must be tailored expressly to meet her educational goals and problems, only a limited number of women can be served each year. Strong intellectual curiosity and the ability to do college level work are basic requirements.

This is a pilot project. Some other colleges and Universities are currently presenting programs dealing with one aspect or another of women's education. The future may see colleges and Universities throughout the country sharing their experiences in the field of women's continuing education, building a record-keeping network, and instituting similar programs where now there are none, so that the mobile American woman of the 1960's can turn to the nearest University for the special help she needs to be personally or professionally productive.