

Title: Bariatric Surgery is a viable treatment for obesity and associated co-morbidities

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Abstract:

This study was a Meta-Analysis of bariatric procedures that took 2738 studies from their search and narrowed the population to 136 after eliminating studies that either met exclusion criteria or did not meet inclusion criteria. The mean BMI of the patient population was 46.

Patients experienced (95% CI) 47%-70% loss of excess weight depending on the type of procedure they had. Also, 70-85% patients also experienced a reduction or complete reversal of Diabetes, Sleep Apnea, Hyperlipidemia, and Hypertension. Mortality of the procedures was less than 1%

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## What is Bariatric Surgery?

Bariatric Surgery is a group of procedures which remove or skip a part of your stomach.

With a smaller stomach, a person feels full after a very small meal. Less food is also absorbed.

## What are the risks?

1 patient in 500 died as a result of having the surgery. However, the risk of dying from obesity was much higher.

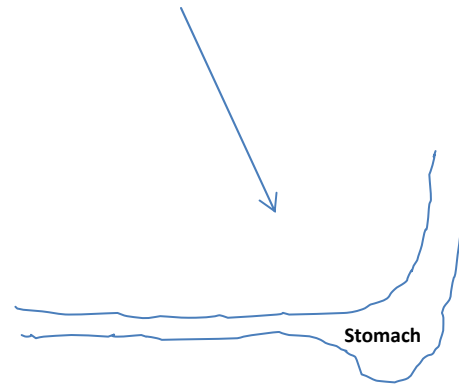
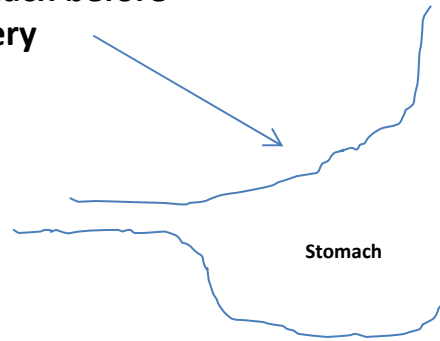
## What are the benefits?

People having the surgery lost almost all of their excess fat. Most of the people who have Diabetes, High Blood Pressure, Bad Cholesterol, and Sleep Apnea had their problems significantly reduced.

**For more information, go to:**

<http://www.mayoclinic.com/health/gastric-bypass/MY00825>

**Stomach before surgery**



**Stomach after surgery**