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THE MINNESOTA DAILY

TUESDAY, FEBRUARY 14, 2006

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HEALTH

Prof touts therapy for depression

BY YELENA KIBASOVA
ykibasova@mndaily.com

University psychiatry professor Michael Browne has what some might consider a unique perspective on depression treatment.

Depression is defined as a medical disorder characterized by feelings of sadness, despair, emptiness and lack of pleasure, according to the National Mental Health Information Center.

Browne's view of depression is slightly different. He said he has a "rare" view on the proper way to treat the disorder.

"Depression is not a medical problem," he said. "It comes about because of problems we face in our life and how we handle those problems."

Browne said people develop trust and self-esteem through positive relationships. Negative relationships lead to anxiety.

"Depression is the result of impaired relationships that results in low self-esteem and a lack of trust," he said.

Browne said antidepressants cannot fix emotional problems and that talk therapy is the best approach.

"If you sit down with a person who is suffering from that chronic depression, what you find out when you talk to those people is that the causes are there," Browne said.

► See THERAPY Page 8

Browne said antidepressants numb the body and don't deal with the real problem.

SERVICES

U helps deal with alcohol

BY ELIZABETH COOK
ecook@mndaily.com

Boynnton Health Service released in January information from a spring 2005 survey dealing with student-drinking trends.

The random survey was sent to 6,000 students and had a 50.7 percent response rate. It found that in the past 12 months, 85.5 percent of undergraduate students drank alcohol. Also, 74.8 percent said they drank in the past 30 days.

For students who want educational resources on drinking, legal advice on alcohol-related offenses or treatment for alcohol abuse, there are options through the Univer-

LOOK WEDNESDAY

AN ARTICLE WILL compare treatment options at the University with other local colleges.

sity, or at least its insurance.

First-year students can take a one-credit, online class called Public Health 1003: Alcohol and College Life, which professor Jim

► See ALCOHOL Page 4

University Student Legal Service can assist students who have had alcohol-related offenses.

STOP AND SMELL THE ROSES



ELIAS ADAMS, DAILY

Floral designer and first-year graduate student Andrea Moen arranges roses Monday at Sheffield's Floral. In fall 1986, President Ronald Reagan signed legislation that proclaimed the rose the national floral emblem.

TRANSPORTATION

Traffic drives U team's project

BY JEANNINE AQUINO
jaquino@mndaily.com

A University mechanical engineering team might well have the answer to traffic congestion: narrow, tilt-control commuter vehicles.

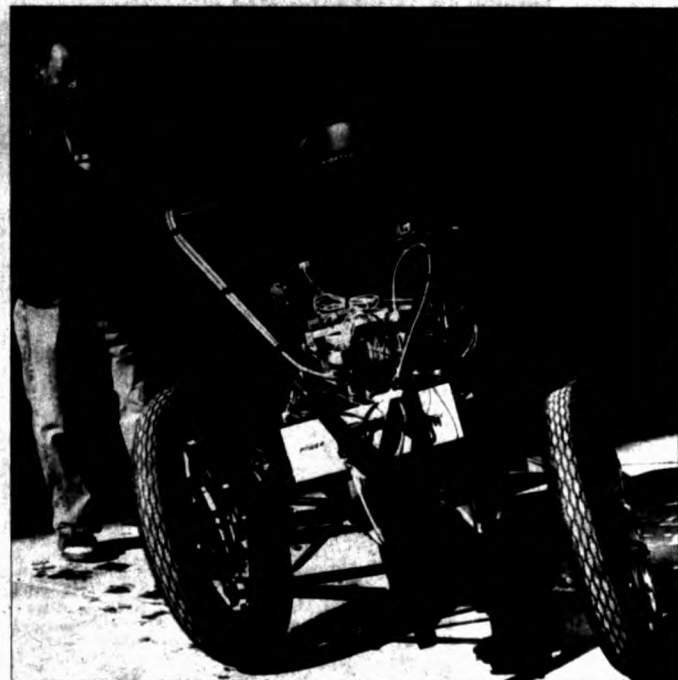
Standing about 5 feet long and 3 feet wide, these new vehicles promise to combine the mobility and fuel economy of a motorcycle with the safety and stability of a car.

Mechanical engineering professor Rajesh Rajamani is the principal investigator in the project.

"Basically, we are working on a traffic-friendly commuter vehicle," Rajamani said. "It's kind of like a motorcycle, but it has some new technologies in it."

The narrow commuter vehicle features a computer-controlled tilt system that automatically calculates the degree the vehicle should tilt around turns.

The idea is for the vehicle to drive like a regular passenger vehicle. Raja-



CODY BUCKALEW, DAILY

Mechanical engineering doctoral student Samuel Kidane stands next to the tilt-control vehicle Monday outside the Mechanical Engineering Building. Kidane, along with a mechanical engineering team, hopes the vehicle could lead to solving traffic-congestion problems.

mani said. People don't need to know how to drive a motorcycle to drive this vehicle.

"Basically, an 80-year-old grandmother could drive it," he said. The motivation for the project, Ra-

jamani said, is to reduce traffic congestion.

► See VEHICLE Page 4

Rajamani estimates they've received about \$300,000 to develop the machine.

AWARDS

Alumnus gets top U.S. honor for pioneering in agriculture

Norman Borlaug is said to have combated hunger around the world by developing wheat production in poor countries.

BY MEGAN KADRMAS
mkadmas@mndaily.com

The namesake of the St. Paul campus' largest building was awarded the National Medal of Science on Monday by President George W. Bush in Washington, D.C., becoming the 417th person to be so honored since its creation in 1959.

But this isn't Norman Borlaug's first taste of recognition. The University alumnus' extensive work with wheat crops in developing countries already had won him global recognition and a Nobel Peace Prize.

"By combating hunger around the world, some say that Norman Borlaug has saved more lives than anyone in the history of humanity," said Jim Anderson, assistant professor of agronomy and plant genetics and a wheat-breeding expert at the University.

► See BORLAUG Page 8

At age 92, Borlaug is a distinguished professor of international agriculture at Texas A&M University.

TUESDAY

ALL YOUR NEWS - BRIEFLY

WEATHER

HIGH 35°

TODAY:

Morning snow

showers

WEDNESDAY: 27°; morning snow

showers



CAMPUS

ADOPTION CLINIC HELPING FAMILIES FOR 20 YEARS

THE UNIVERSITY'S International Adoption Clinic was the first clinic in the United States to specifically serve families with children adopted from around the globe. Each year it works with more than 360 families and children who have the medical, psychological and behavioral development issues many newly adopted children face. PAGE 3

SPORTS

COACHING SHUFFLE

MINNESOTA'S FOOTBALL team announced changes to coach Glen Mason's staff Monday. Craig Bray and Mark Criner will join the staff, and Moe Ankney retired. PAGE 5

CHUCKO RETURNS TO PRACTICE

GOPHERS MEN'S hockey forward Kris Chucko returned to the practice ice Monday. Chucko missed this last weekend's series at Michigan Tech with a separated shoulder. PAGE 5

EDITORIALS & OPINIONS

TAKE CARE OF YOUR HEART ON V-DAY

KEEPING YOUR HEART healthy is as easy as "ABC." PAGE 9

DAILY HISTORY

32 YEARS AGO TODAY FEB. 14, 1974

IN AN ARTICLE titled "Police report no leads on castration suspects" the Daily reported: "Minneapolis police still have no leads to four men who castrated a University student early Saturday. The victim, an Institute of Technology senior, continues in satisfactory condition at University Hospitals, a hospital spokesman said Wednesday. The victim walked into the hospital emergency room Saturday morning, police said, where he underwent surgery. The victim has given police two accounts of the attack which conflict at some points, police said Wednesday."

DAILY POLL

VOTE ONLINE AT WWW.MNDAILY.COM

DO YOU TAKE antidepressants?

► Yes

► No

ONLINE MEDIA

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INDEX

DAILY REVIEW	2
EDITORIALS & OPINIONS	9
SPORTS	5
CLASSIFIEDS	10
CROSSWORD	13
DR. DATE	13
NETWORK	13

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The Daily's mission is: 1) to provide coverage of news and events affecting the University community; 2) to provide a forum for the communication and exchange of ideas for the University community; 3) to provide educational training and experience to University students in all areas of newspaper operations; and 4) to operate a fiscally responsible organization to ensure its ability to serve the University in the future.

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United States Postal Service: 351-480.

"Be my valentine. No? Well, forget you!"

Suicide bomber kills 10 in east Baghdad

BAGHDAD, Iraq (AP) — A suicide bomber blew himself up Monday after joining a line of Iraqis waiting for government checks in a mostly Shiite district of Baghdad, killing 10 people and wounding about 40 — including women and children.

The attack occurred as more than 70 people lined up at a bank to receive government checks to compensate for incomplete food rations. Police said the bomber — who wore an explosives belt — stepped into the line and detonated his explosives as security guards were searching people before letting them in.

Ten people were killed and at least 40 wounded, Interior Ministry spokesman Maj. Falah al-Mohammedawi said. The wounded included three children and nine women, police said.

Late Monday, new television footage showed two hostage

German engineers surrounded by masked gunmen. Al-Arabiya TV did not air audio from the tape, but said the kidnappers warned the German government it was the "last chance" to meet their demands or the men would be killed.

Thomas Nitschke and Rene Braeunlich were seized last month in Beiji, 115 miles north of Baghdad. No new demands were made, and the kidnappers did not set a deadline, the TV station said. In an earlier tape, the previously unknown Tawhid and Sunnah group called for Germany to cut ties with the U.S.-backed Iraqi government.

German Foreign Minister Frank-Walter Steinmeier told reporters in Jerusalem the tape was "once again shocking evidence of human humiliation" and said the Berlin government

"will continue our efforts to bring the two of them to safety as quickly as possible."

The U.S. military said Monday that American and Iraqi soldiers killed one insurgent and arrested 16 others in raids around the city of Muqadadiyah, northeast of Baghdad. The Sunday night raids involved units from the U.S. 4th Infantry Division and the 101st Airborne Division.

One Iraq soldier was slightly injured in the firefight in which the insurgent was killed, the military said.

Violence is continuing in Iraq as political leaders try to form a new government to include all sectarian and ethnic communities, a move the U.S. hopes will help calm the Sunni-led insurgency so American and other foreign troops can begin heading home.

U.N. report blasts U.S. for treatment at Guantanamo

UNITED NATIONS (AP) — A U.N. investigation has found that the United States committed acts amounting to torture at Guantanamo Bay, Cuba, including force-feeding detainees and subjecting them to prolonged solitary confinement, according to a draft report obtained Monday.

U.S. officials rejected the draft report, saying the experts who wrote it made many errors and treated statements from detainees' lawyers as fact. The United States had invited the experts to Guantanamo but would not let them interview detainees, so they refused to go.

The report recommended the United States close Guantanamo

Bay and revoke all special interrogation techniques authorized by the Defense Department. Its experts accused the United States of violating the detainees' rights to a fair trial, freedom of religion and health.

"In their view, the legal regime applied to these detainees seriously undermines the rule of law and a number of fundamental universally recognized human rights, which are the essence of democratic societies," the report said.

The report's findings were based on interviews with former detainees, public documents, media reports, lawyers and a questionnaire the government filled out.

Many of the allegations have

been made before, but the document is the first such accounting from an inquiry launched by the U.N. Commission on Human Rights.

The draft was delivered to the United States on Jan. 16, and was first disclosed Sunday by the Los Angeles Times. A final version, which is expected to incorporate U.S. comments, was expected to be released later in the week.

State Department spokesman Sean McCormack said the United States would not address many of the claims until the final report is released, but defended the U.S. practices generally. He focused on the experts' refusal to go to Guantanamo.

Chaos hits Haiti's capital as election results stall

PORT-AU-PRINCE, Haiti (AP) — Supporters of Haitian presidential candidate Rene Preval erected smoldering roadblocks across the capital and occupied a luxury hotel Monday. At least one protester was killed, but U.N. peacekeepers denied witness accounts that they had shot him.

As Port-au-Prince descended into chaos, Preval returned to the capital for the first time since the election Feb. 7. He was the clear winner with about 90 percent of the votes counted, but supporters claimed electoral officials were tampering with results to prevent him from getting the majority he needs to avoid a runoff.

Barricades made of old tires were ablaze across the capital, sending plumes of acrid black smoke into the sky. Protest-

ers let only journalists and Red Cross vehicles pass.

"If they don't give us the final results, we're going to burn this country down!" a protester screamed.

The election will replace an interim government installed after former President Jean-Bertrand Aristide was ousted in a bloody rebellion two years ago. A popularly elected government with a clear mandate from the voters is seen as crucial to avoiding a political and economic meltdown in the Western Hemisphere's poorest nation. Gangs have gone on kidnapping sprees and factories have closed for lack of security.

Preval arrived in the capital aboard a U.N. helicopter from his rural home in north Haiti.

CORRECTIONS & CLARIFICATIONS

The Minnesota Daily strives for complete accuracy and corrects its errors immediately. Corrections and clarifications will always be printed in this space. If you believe the Daily has printed a factual error, please call the readers' representative at (612) 627-4070, extension 3281, or e-mail errors@mndaily.com immediately.

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OFFICIAL DAILY BULLETIN

VOL. 107 TUESDAY, FEBRUARY 14, 2006, NO. 91

Official administrative information for students, faculty and staff is disseminated through the Official Daily Bulletin; you are encouraged to read it thoroughly to seek items that might affect you.

No notices today.

To be included, notices must be sent to Official Daily Bulletin, 3 Morrill Hall — not to the Daily — two working days prior to publication.

HOW TO CONTRIBUTE TO THE MINNESOTA DAILY

FREELANCE ARTICLES: Contact freelance editor Emily Kaiser at ekaiser@mndaily.com.

FREELANCE AUDIO/VIDEO: Contact A/V editor Michael Larsen at mlarsen@mndaily.com.

LETTERS TO THE EDITOR: E-mail submissions to letters@mndaily.com.

GUEST COLUMNS: E-mail submissions to Editorials and Opinions editor Karl Noyes at knoyes@mndaily.com.

All submissions are welcome, but there is no guarantee of publication.

DAILY BRIEFS

STATE

No decision on first day of deliberations in derailment case

MINNEAPOLIS (AP) — No decision was reached Monday as jurors considered damage awards for four people who claim they were injured when a train derailed in 2002 and spilled a cloud of anhydrous ammonia near Minot, N.D. Deliberations were expected to continue today in Hennepin County District Court, a court clerk said. Canadian Pacific Railway has admitted it was at fault for the derailment, so the jury of 11 men and women was responsible for deciding how much money each plaintiff would receive. Thirty-one cars in the Canadian Pacific train went off the tracks in January 2002 on the city's western edge. Five tank cars ruptured, releasing almost 221,000 gallons of the ammonia, a common farm fertilizer.

NATIONAL

Millions in Katrina aid reported wasted

WASHINGTON (AP) — The government squandered millions of dollars in Katrina disaster aid, including handing \$2,000 debit cards to people who gave phony Social Security numbers and used the money for such items as a \$450 tattoo, auditors said Monday. Federal money also paid for \$375-a-day beachfront condos and 10,777 trailers that were stuck in mud and unusable. Overcharges, poor accounting and abuses will take "months or years" to rectify, the Government Accountability Office and the Homeland Security Department's inspector general concluded in preliminary reports on how billions of dollars in taxpayer money is being spent. The Federal Emergency Management Agency recognizes it "made many, many mistakes," and is working on improvement, said Homeland Security inspector general Richard Skinner.

Bald eagle closer to coming off endangered species list

WASHINGTON (AP) — The American bald eagle, after battling back from the threat of extinction because of habitat loss and DDT, took another step Monday toward coming off the endangered species list. The Interior Department's Fish and Wildlife Service issued draft voluntary guidelines spelling out how landowners, land managers and others should protect the bird once it no longer is safeguarded by the 1973 law. It also proposed prohibitions on "disturbing" the bald eagle, which could include anything that would disrupt its breeding, feeding or sheltering or cause injury, death or nest abandonment.

INTERNATIONAL

Four U.S. soldiers and five pro-government militiamen killed in Afghan fighting

KABUL, Afghanistan (AP) — A bomb killed four U.S. soldiers when it hit their armored vehicle Monday in a volatile mountainous region in Afghanistan, the deadliest loss for the U.S. military in the country in four months. Officials also said five Afghan members of a U.S.-backed militia also were killed in a firefight in the southern province of Helmand. The four American troops were patrolling with Afghan soldiers along a valley road in Uruzgan province's Dihrawud district, a hotbed of the insurgency, when they were attacked, U.S. military spokesman Lt. Mike Cody said. Shortly after the blast, militants opened fire with guns and rocket-propelled grenades. The troops fought back and called in attack helicopters and fighter planes to pound the militants' positions, a military statement said.

Discuss how the Daily can be proactive about diversity issues.

Attend the Multicultural Council Sessions

Wednesday, February 15th
1:00pm - 2:00pm
Murphy Hall Room 100



Adoption clinic aids families for 20 years

The clinic established a program for families with internationally adopted children.

BY ELIZABETH GIORGI
egjorg@mndaily.com

Twenty years ago, after adopting his son Gabriel, Dana Johnson decided to create an international adoption clinic at the University.

Johnson founded the International Adoption Clinic in 1986, and it was the first clinic in the United States that specifically served families with children adopted from around the globe, according to the clinic's Web site.

The clinic now serves more than 360 families and children every year that have the medical, psychological and behavioral development issues that many newly adopted children face.

The clinic also offers pre-adoption counseling for more than 1,200 families each year, Johnson said.

After reflecting on the past 20 years of service in the International Adoption Clinic, Johnson said he is pleased with its success.

The clinic has established many of the screening protocols used to test international children for infectious diseases, he said.

The clinic examines children on a medical and developmental scale, testing for diseases such as hepatitis and tuberculosis, as well as checking for proper vision and hearing, he said.

Johnson said it is extremely important that children are developmentally ready to go to school so there is testing offered in other areas, such as speech.

ON THE WEB

For more information, go to:
WWW.PEDS.UMN.EDU/IAC

ADOPTION RATE

The highest rate of international adoptions in America are from these five countries:

1. China
2. Russia
3. Guatemala
4. Korea
5. Ukraine

SOURCE: DANA JOHNSON, INTERNATIONAL ADOPTION CLINIC

Supportive families are necessary for the children to develop properly, Johnson said.

"It is amazing the effects of a nurturing family on these blossoming individuals," he said.

John McVea said he and his wife, Laura Dunham, were lucky to have the International Adoption Clinic recommended to them when their adopted daughter Anneliya was suffering from chronic malnutrition.

"It is tremendously gratifying to see the change in the child and the family."

MARY CHESNEY
International Adoption Clinic nurse practitioner

"The clinic helped us with coming up with ways to make her stable and get weight on," McVea said.

Johnson recommended a plan to the family to help their daughter gain weight, he said. The clinic advised the parents to feed her soy milk instead of regular milk and said to feed her every two to three hours.

McVea said every family has many difficulties when raising a child, but it can be especially frustrating for families that adopt.

He said adoption can be difficult at times, but each challenge brings the family closer together.

The clinic also offers pre-adoption reviews to help families that are considering adoption deal with potential health

issues, said Mary Chesney, a certified nurse practitioner.

Chesney, who has worked for the clinic for nine years, said she became particularly interested because of the types of services it offers and how unique it is among most pediatric clinics.

"(Adoptive families) are strong, loving and highly motivated, and they are a fun population to work with," she said.

Chesney said the clinic aims to help families with the transition phases of adopting a child, such as how to parent and manage behavior.

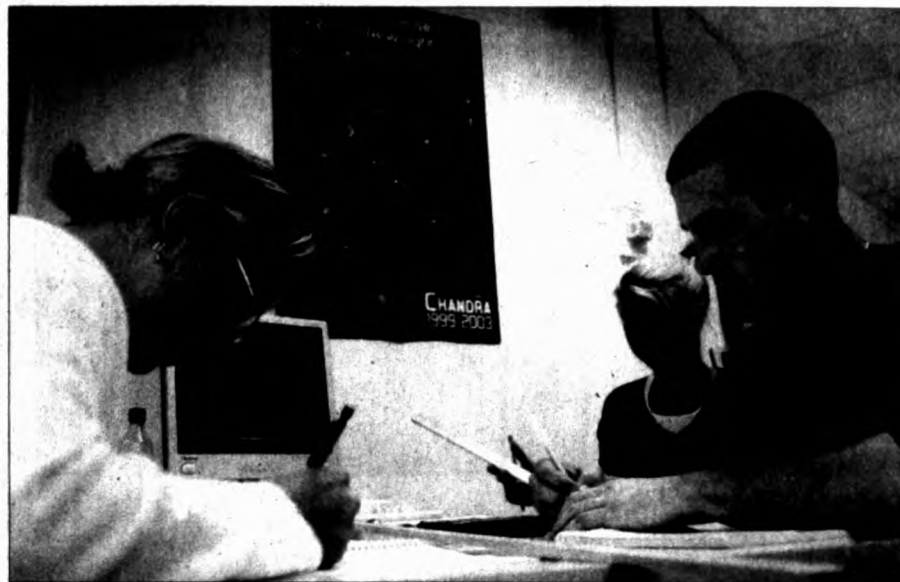
It is important to try and "troubleshoot" what kind of problems parents might have, she said.

The clinic addresses nutrition, sleep patterns and behavior that can help to create a better environment for families, Chesney said.

"It is tremendously gratifying to see the change in the child and the family," she said.

Johnson said it is crucial for families to be especially supportive and attentive to their children for them to overcome some of the challenges they might face.

"It is wonderful to watch these kids grow up," Johnson said. "It is like watching your own children grow up."



From left to right, Janna Radtke, Alexandra Starr and Dave Cochiarella chart measurements made during an astronomy lab Monday afternoon in the Tate Lab of Physics. The class fulfills the environmental theme requirement set by the University.

University's environmental requirement draws criticism

Students and others voiced concerns that the requirements are too broad and trivial.

BY ANGELA GRAY
agray@mndaily.com

In a fast-paced and quickly changing world, new technology and modern approaches to education are vital.

The University's liberal education requirements include four designed themes and cores.

Of those, an environmental theme, which is defined as the knowledge of the interdependence of the environment and human social and cultural systems, stirs competing arguments.

Linda Ellinger, assistant vice provost, said a task force consisting of students and staff was designed to create the undergraduate requirements in the early 90s.

Ellinger said that originally, each University college had a different interpretation of the undergraduate requirements, but the University decided to implement uniform standards throughout the colleges because administrators wanted the values of the institution to be reflected as a whole.

She said the required environmental theme originally was proposed as optional.

"The environmental theme was less popular with staff and students, but we felt a strong value for it here at the University," she said.

She said that in the next few years, the University will need to re-analyze undergraduate requirements.

"From time to time, we need to step back and ask ourselves if the requirements are preparing students for (life) after college," she said.

Bill Ganzlin, director of student services for the College of Natural Resources, said having many themes and core requirements creates a well-rounded curriculum.

"It's good to have an understanding of issues inside a student's major and outside of it," he said.

He said the required themes are designed specifically to give supplemental background for students' future careers and everyday life.

Jim Bowyer, professor in bio-based products, said the University needs a substantial course on the environment that examines key environmental issues in the context of population and economic growth.

"From time to time, we need to step back and ask ourselves if the requirements are preparing students for (life) after college."

LINDA ELLINGER
assistant vice provost

"It is not sufficient or even useful to require students to take a course on the environment and to then present students with an array of literally hundreds of courses that vary from the trivial to the substantial and to allow any one to satisfy the environmental requirement," he said.

Bowyer said he thinks it would be more effective if there were fewer, more focused and substantial courses that filled the requirement.

Rob Fisk, president of the environmental studies club, said the vast range of courses that fulfill the environmental theme doesn't allow students to get a full understanding of how the environment works.

"I'm graduating in May with an environment and natural resources degree and there is plenty left for me to learn still," he said.

But he said he thinks at least one core requirement with an environmental focus is necessary for a well-rounded education.

Tom Pace, University of Iowa program assistant for registry and graduate analysis, said that for the Iowa undergraduate program, there is a natural science course requirement that includes seven hours of work over a semester.

He said the University of Minnesota has a "very different" system of requirements.

"The 'U' has a general requirement for everything," he said. "They have a lot more general requirements than we do."

Josh Baller, genetics and mathematics sophomore, said some requirements are unnecessary.

"I have the hardest time with finding something that fulfills a requirement and helps my major and gets some synergy going," he said.

While University students work on completing their environmental requirements, a new generation of students is gaining environmental knowledge even earlier.

Danny Olsen, media relations representative for Strother Communications Group, which is handling promotions for a new interactive online educational program, said there has been a recent push for educating K-12 students about the environment.

This February, 900 K-12 schools in Minnesota will be participating in the adventure learning program "Go North! Arctic National Wildlife Refuge 2006." The program delivers an online curriculum centered on the realities of oil exploration and the search for renewable resources in the environment.

"Many teachers went straight to the school board and demanded new approaches to broader ideas in education," Olsen said. "Most classrooms just learn from textbooks and cover history and math."

Programs like "GoNorth!" extend the reach of the classroom.

University professor Aaron Doering will be helping to deliver the online curriculum.

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The University of Minnesota is an equal opportunity educator and employer.

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plunge

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SHADOWS ON THE SUN



BRIE COHEN, DAILY

A shadow of a person is seen on the ground Monday on the Washington Avenue Bridge. The bridge was gray, then brown and then a shade of maroon before it was painted its current color, University of Minnesota Maroon.

Vehicle

from Page 1

"Two-thirds of all traffic is actually congested traffic now," he said, citing a traffic congestion study conducted by Texas A&M University.

Samuel Kidane, a doctoral student studying vehicle dynamics and control under Rajamani, said, as opposed to building more infrastructures, "we can reduce the average vehicle size and make better use of the already existing infrastructure."

Instead of having a 12-foot-wide lane, Rajamani said, a 6-foot-wide lane would be enough for these vehicles.

The team has been working on the project for more than three years. With funding from the University's Intelligent Transportation System Institute and the National Science Foundation, Rajamani estimated they've received about \$300,000 to develop the vehicle.

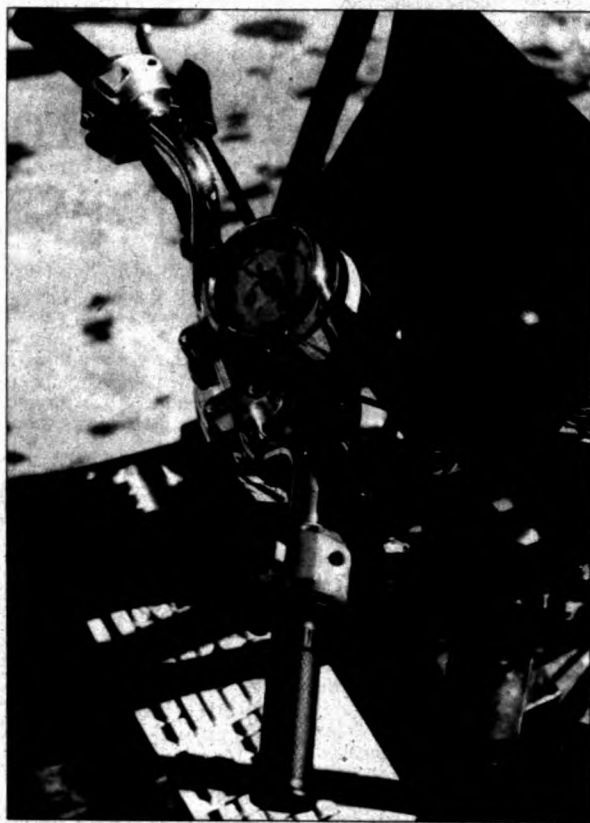
The team is in the experimentation stage of their research. After a year and a half spent custom-building most of the parts, Kidane and mechanical engineering research fellow Lee Alexander began testing the tilt-control system last month.

"We're all in a learning mode," Alexander said. "I don't know of any experts for small tilting vehicles."

Kidane said he mostly is testing to see whether the computer lets the driver tilt at the right direction and at the right time.

The steering is not directly controlled by the driver, Kidane said. The driver would move the handles and the input would then be fed to a computer that controls the steering.

After perfecting the tilt-control vehicle, Rajamani said, he plans to work on the vehicle's



CODY BUCKALEW, DAILY

The vehicle's tilt-control steering is not controlled directly through the handlebars. The driver moves the handlebars, which sends a signal to a computer that calculates the amount of lean and trajectory needed for the turn.

propulsion and equip the vehicle with short-range and long-range radar that would sound an alarm if it detected a possible impending collision.

Rajamani also hopes to equip the car with a frame and air bags to provide a "safety bubble" around the vehicle.

Although research on narrow commuter vehicles is being done in Europe, Rajamani and

his team are the only ones developing the technology in the United States.

Rajamani said their research is "kind of unique."

"We're the only ones working on it," he said. "From a research point of view it's nice because it gives you the potential to really develop new technology that other people haven't worked on."

Alcohol

from Page 1

Rothenberger said is a basic alcohol-orientation class.

Rothenberger said 40 percent of first-year students have not drunk alcohol in the past two weeks. For those students, he said, it's about reinforcing that abstinence, but for the other 60 percent it's reinforcing safety.

Since some students have different learning styles, the class is available to watch, read or listen to in a downloadable MP3 format.

Lauren Wester, a first-year biology student, agreed high-risk drinking is a problem at the University.

Wester said she drinks now, but didn't before college. Wester said she started drinking in college because she has a friend who does.

In residence halls, there are also educational programs throughout the semester, said Kevin Dostal Dauer, Residential Life coordinator.

Programs can include the effects of alcohol and making positive choices, Dostal Dauer said.

There are also educational options for students should they find themselves in legal trouble because of drinking.

University Police Department Lt. Troy Buhta said students who get livability citations, such as minor consumption, drinking in public or noisy assembly can have the offenses taken off their records if they go through the restorative justice program.

The program consists of a three- to five-member panel made up of people within the community that listens to the offender's side of the story and then educates them on what their behavior does to the neighborhood, Buhta said.

Then, both sides decide on a punishment, which can be anything from community service, referral to an alcohol assessment or donations, Buhta said.

University Student Legal Service also can assist students who have had alcohol-related offenses, said Director Mark Karon.

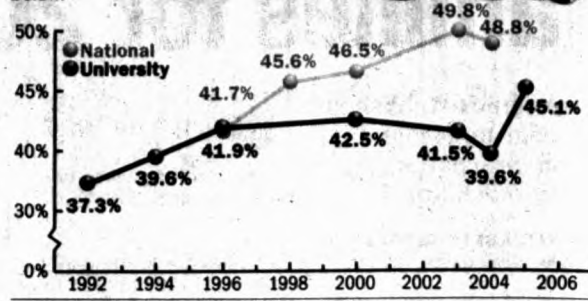
Students can obtain the services of an attorney for no more than \$75 in cases such as minor consumption, fake identification, buying alcohol for minors and driving while intoxicated.

If alcohol treatment is an option a student is considering, they can get a chemical health assessment at Boynton, said Dave Golden, the director of public health and marketing for Boynton.

A student would talk with Mary Roske-Groth, a Boynton clinical social worker and counselor, in a semi-structured environment, in which she asks questions regarding all aspects of his or her life. After that, rec-

HIGH-RISK DRINKING

A high-risk drinking episode is defined as the consumption of five or more drinks at one sitting. The rates for people 18-24 since 1992 are shown below.



SOURCE: BOYNTON HEALTH SERVICE

ommendations are made for what type of action should be taken.

These can include seeking further counseling and not drinking for a while, exploring decisions or joining support groups on or off campus.

Another option is a health-promotion consultation. Roske-Groth said this course of action is not as extensive or scary as going to the mental health clinic.

Student insurance covers the initial assessment, Roske-Groth said. Later treatment is covered through co-pay between the student and his or

ON THE WEB

To assess your alcohol use, go to: WWW.BHS.UMN.EDU/SERVICES/ECHUG.HTM

her insurance provider.

If a student wanted to go to rehabilitation, there are no inpatient or outpatient services offered at Boynton, Golden said. But student insurance still would cover 80 percent of the first \$10,000 spent. After that, insurance pays everything up to \$3 million.

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The Minnesota Gopher Way always focused

Yesterday, I got soaked walking between classes.
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Stay warm and dry in the Gopher Way, the university's tunnel and skyway system connecting many campus buildings. The routes may twist and turn, and sometime jump to different levels, so take time to familiarize yourself with the system.

See the PTS Campus Walking Guide for estimated walking times and a map of the system. You can also download maps online.

Campus walking safety tips:

- Obey traffic signals and signs.
- Cross within marked crosswalks.
- Drivers are required to stop for pedestrians in a crosswalk, but do not enter it if a vehicle is too close to stop safely.
- Wear reflective colored clothing at night to make you more visible.

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Melissa Biology student

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Special funding is available for projects involving environmental research, partnerships with faculty in the Academic Health Center, field studies, multi-disciplinary teams, and partnerships with communities.

Information on this competitive, merit-based program is available through college UROP coordinators and the UROP Office, 325 Johnston Hall, 625-3853 as well as on the UROP website: www.urop.umn.edu.

PROPOSAL WRITING WORKSHOP

Mon., Feb. 13 1:30-2:15 pm 433 Johnston Hall East Bank Campus	Tues., Feb. 14 11:15am-12:00pm 186 HHH West Bank Campus	Thurs., Feb. 16 3:15-4:00pm 22 McNeal Hall St. Paul Campus
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MEN'S HOCKEY

Chucko makes return from shoulder injury

Sophomore forward Kris Chucko practiced for the first time since January on Monday.

BY CHRIS LEMPESIS
clempesis@mndaily.com

Minnesota's men's hockey sophomore forward Kris Chucko admitted he was a little winded, but ultimately, feeling good.

That's because Chucko returned to practice Monday after missing this weekend's Michigan Tech series with a separated shoulder. Chucko suffered the injury Jan. 28 in the Gophers' 3-1 win at Wisconsin.

Chucko was able to shoot the puck and practiced on a line with fellow sophomore forwards Evan Kaufmann and Tom Pohl in Monday's practice, which lasted about an hour.

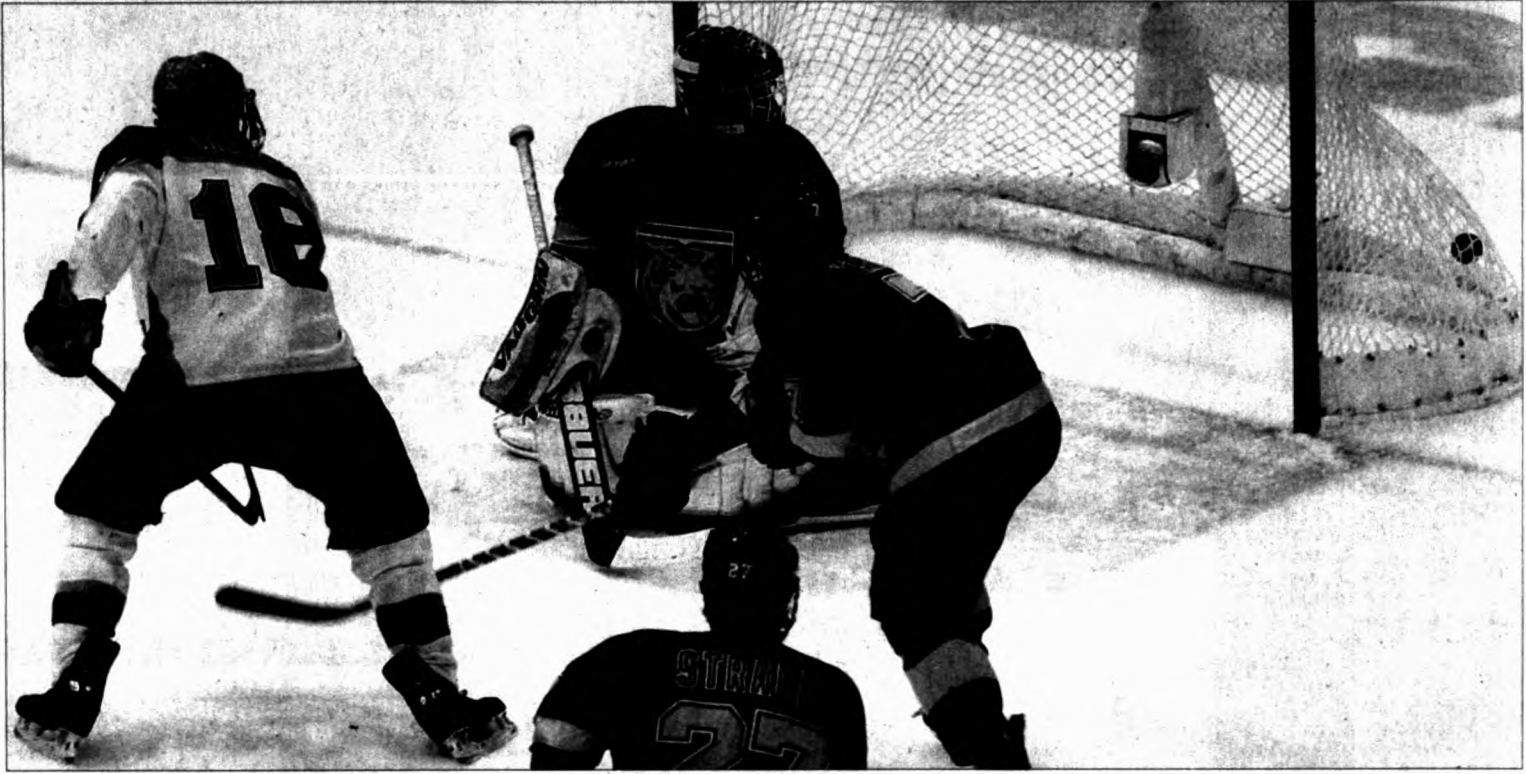
"I haven't skated for two weeks," Chucko said. "But, I was pretty happy with the way I felt and I was able to shoot the puck. I mean, it's a little sore here and there. I haven't been in contact yet, but so far it feels good."

As for when he will resume hitting, Chucko — who wore a jersey with a white cross, meaning he was not to be hit at all in any drills — said he might wait until later in the week.

He also said that if everything stays as it is now, he'll be "good to go" for this weekend's series against Denver. In 28 games this season, Chucko has four goals and nine assists for 13 points.

Minnesota's other injured player, junior forward Danny Irmen, did not practice Monday.

Chucko said he didn't know anything specific about Irmen's status but that he thinks Irmen is coming along well.



Sophomore forward Kris Chucko watched as the Gophers scored a goal against Colorado College in January. Chucko skated Monday, the first time he has practiced since separating his shoulder Jan. 28 in a win against Wisconsin.

"I'm sure he's ahead of schedule," Chucko said. "He's in pretty good shape. He's a pretty tough kid. So I wouldn't be surprised if he's back anytime soon."

Gophers stay at No. 1, drop in WCHA

A three-point performance at Michigan Tech last weekend was enough to keep Minnesota at the top of the latest USCHO.com Division I Men's Poll, released Monday.

The Gophers' (19-6-5, 14-5-3 Western Collegiate Hockey Association) showing in Houghton, Mich., was not enough to keep them at the top of the WCHA, however.

That spot now belongs to Minnesota's opponent this weekend, Denver.

The two-time defending national champion Pioneers overtook the Gophers by one point, at 32-31, in the standings as a result of their home sweep

over Minnesota State.

Minnesota also dipped to second behind Wisconsin in the new PairWise rankings, released Monday. The Gophers had been tied with the Badgers for the top spot last week. The PairWise rankings are used to determine the seedings for the 16-team NCAA Tournament.

How can he be winless?
Freshman Michigan Tech

goaltender Rob Nolan turned in a strong showing Saturday night, stopping 48 of 50 Minnesota shots. In fact, it was so good, Gophers senior forward and team captain Gino Guyer used the word *fabulous* to describe it.

Nolan was also strong Friday in relieving fellow freshman Michael-Lee Teslak, stopping 23 of 24 shots.

Strong performances like these beg the question, How can

this guy still not have any wins? Nolan had a mark of 0-9-1 coming into the weekend.

"There's been games, especially early on, that he played very well in nets," Michigan Tech coach Jamie Russell said. "That, as a team, I don't think we were real sharp."

Nolan still doesn't have any wins coming out of the weekend, but his efforts did earn him WCHA Rookie of the Week honors on Monday.

FOOTBALL

Bray and Criner join defensive coaching staff

Minnesota announced changes to its coaching staff Monday.

Minnesota football coach Glen Mason announced Monday that Craig Bray and Mark Criner will join his coaching staff for the 2006 season.

He also announced that assistant head coach and outside linebackers coach Moe Ankney is retiring. Offensive coordinator Mitch Browning assumes the title of assistant head coach. Ankney joined Mason's staff in 2001 as defensive coordinator and was named assistant head coach in 2003.

Bray will coach the Gophers defensive secondary. That job was vacated when Kerry Cooks left to take the same position at Wisconsin under new Badgers coach Bret Bielma. Bray comes to Minnesota after two years as secondary coach at Colorado.

Bray was also the defensive coordinator at Oregon State from 2000 to 2002.

Criner will serve as Minnesota's linebackers coach. Criner was the defensive coordinator at Middle Tennessee State last year — his second with the Raiders program. He previously served as defensive coordinator at Cincinnati and with the Las Vegas Outlaws of the XFL.

In another coaching move, defensive coordinator David Lockwood will assume the position of outside linebackers coach in addition to his coordinator role.

"We were able to hire two individuals that have extensive Division I coaching experience," Mason said of Bray and Criner in a statement. "Both of them have served as defensive coordinators at some point during their career, which gives them comprehensive knowledge of defensive football."

Last season, the Gophers ranked ninth in scoring defense in Big Ten conference games, giving up an average of 34.1 points per game in conference play.

WOMEN'S TRACK AND FIELD

Dorniden tallying records in first month of career

BY ROBERT MEWS
rmews@mndaily.com

She might as well be certified in record breaking.

That is the case for Minnesota women's track and field freshman Heather Dorniden.

Her résumé in the past 10 days alone: 400-meter school record, 800-meter school record, 4-by-400-meter relay school record squad member, and 800-meter distance medley relay school record squad member.

Dorniden also was named the Big Ten Athlete of the Week last week.

Maybe more impressive might be that her breakout came against the toughest competition thus far this season for the 18th-ranked Gophers.

"I think she's got some good workouts like a lot of the ladies have," assistant coach Matt Bingle said. "We've been training well."

There might be more to it than training though.

"I think she kind of epitomizes the whole team, because everybody this year is really rallying, certainly because of the Jack situation," coach Gary Wilson said about how former equipment manager Jack Johnson has impacted the team this year.

Johnson was diagnosed in 2005 with terminal liver cancer.

Yet Dorniden is breaking school records at a level incomparable to her Minnesota teammates.

At Notre Dame it was the 800-meter and 800-meter distance medley relay records.

That helped her earn Big Ten recognition.

She followed up that performance at Ames, Iowa, with the 400-meter dash, and 4-by-400-meter relay records.

"It's pretty cool to do as a freshman," Dorniden said. "I hope none of the old

"I think (Heather Dorniden has) got some good workouts like a lot of the ladies have. We've been training well."

MATT BINGLE
assistant track coach

people that hold these records get mad at me."

Dorniden said that when she came to Minnesota that she had looked at those records as a goal to beat by the time she graduated.

"When it happened this early, it's kind of encouraging just to think of what my future holds still," Dorniden said.

Dorniden added that she broke these records because the increased competition helped her chase down runners.

COMMENTARY

Win over the Spartans proves that Monson deserves more time

Minnesota showed grit Saturday in its upset win over Michigan State.



MATT ANDERSON
Sports editor

When he was announced to the crowd before Minnesota's men's basketball team's game against Michigan State, faint boos rained down from Williams Arena onto coach Dan Monson.

After the Gophers' 69-55 win over the Spartans, Monson entered the media room to applause from his family. Such is the life of a Big Ten coach with a 3-7 conference record.

"I don't think we've ever had applause at any press conference, but I love my family, so I shouldn't apologize," Monson said after receiving his standing ovation. "That's about all I've had lately. I think they probably came for support, then all of a sudden, I've got other people, too."

Considering the situation Monson stepped into, he should have had a better reaction than the one he's received from those outside his family this season — media and fans call-

ing for him to be fired.

Monson walked into the mouth of the lion when he took the Minnesota job in 1999. The mess of a program that Clem Haskins left didn't have much going for it. The team had been decimated by the academic scandal. Without its full complement of scholarships, the team was down players and underneath an incredibly dark cloud.

Each year under Monson, the Gophers made progress: from 12-16 in 1999-2000, to the NIT the next year, to contending for an NCAA Tournament berth the next two. The program took a step back in 2003-2004 with a 12-18 record, but got back to the NCAAs last year.

Heading into this season,

Monson had undertaken a near-impossible rebuilding job and made positive strides each year barring the 2003-2004 campaign, culminating with the NCAA Tournament last season.

That should have been enough to give him a one-year grace period. Earning an appearance at the NCAAs last season with the talent he had should have placed Monson above criticism this year.

But the Gophers started the Big Ten season 0-6, and the critics were howling for Monson's head. Then, Monson inserted walk-ons Zach Puchtel and Jamal Abu-Shamala into the starting lineup Jan. 29 against Indiana — a risky move for a coach with dwindling job security.

But it turned out to be a savvy one. Minnesota is 3-1 with wins over top-25 opponents Indiana and Michigan State with Puchtel and Abu-Shamala starting. And in the one loss, the Gophers hung with No. 12 Ohio State for the better part of 40 minutes in Columbus, Ohio.

No less an authority than Michigan State coach Tom

"As long as we continue to fight and do what we can do, we'll be fine. Indiana was just the start of something special."

J'SON STAMPER
senior forward

Izzo — who has been to four Final Fours and won a national championship — liked the move.

"Those of you that spend time ripping Dan Monson had better give him some credit for what he's done," Izzo said, "because he had the courage to put in a guy like (former Michigan State walk-on) Tim Bograkov, and teach people that if you play hard, good things happen to you."

The move to start Puchtel and Abu-Shamala wasn't an obvious one; it clearly was the right one.

It's turned a season in which Minnesota was playing lifelessly and staring at no postseason into a season with the NIT well within the Gophers' reach and an exciting brand of basketball

"I like to be by someone and then try and catch them at the end," Dorniden said.

Wilson said that is a sign of a great athlete.

"Some kids don't rise to that level, but she is a class kid and hard worker," Wilson said. "It's just the great athlete can always respond to the level of competition no matter what it is."

Although Dorniden has broken two school records, and helped break another two, she has not crossed the finish line in first place.

That might be OK with Wilson.

"The Big Ten meet is all about points," Wilson said about the Big Ten Indoor Championships in two weeks. "I don't care if she runs 2:25, as long as she scores well."

What she has done thus far is cement her name in the Minnesota record book.

"Does she have great potential down the road? Of course," Wilson said.

Against Michigan State, Puchtel made a diving tip on a pass ticketed for a Spartans fast-break basket and Abu-Shamala scored the first four Minnesota baskets on a pair of midrange jumpers.

The Gophers have six regular-season Big Ten games left. It will take just two more wins to secure NIT eligibility and likely a six-for-six finish to make it back to the NCAA Tournament.

Is a finishing sweep unlikely? Yes.

But just four games ago, three conference wins in four games seemed unlikely.

"We know that we still have a lot of Big Ten play left," senior forward J'son Stamper said. "And as long as we continue to fight and do what we know we can do, we'll be fine. Indiana was just the start of something special."

Thanks to that something special, Monson looks to have earned himself at least one more well-deserved year at the helm of Minnesota men's basketball.

Matt Anderson welcomes comments at mranderson@mndaily.com.

Therapy

► from Page 1

"Antidepressants are very powerful drugs, but they don't do very much to relieve depression and help people to live better lives," Browne said.

Browne said antidepressants numb the body and do not deal with the actual problem.

"Our emotions don't lie to us," he said. "When we're feeling sad, it is for a reason. We need to find what the reason is and solve it."

"So often people who are depressed get treated as if their emotions are lying ... and I think that is really a tremendous mistake," he said.

Browne said he knows people disagree with his perspective.

Charles Schulz, head of the department of psychiatry, said, "Most studies that have assessed both talking therapies and medications find that when both are used together, the best

outcomes are achieved."

He said antidepressants are not numbing and instead "assist in correcting neurotransmission."

The field of psychiatry and psychology is quite broad and there are many different opinions of what works, Schulz said.

Alan Sroufe, the William Harris professor of child psychology at the Institute of Child Development, said antidepressants are overused.

"We rely on medication far too heavily for treating problems, and at times medications have notable side effects," Sroufe said in an e-mail. "But the use of medication remains an individual medical decision."

Sroufe said, "Depression is a complex, heterogeneous problem. The same causes do not apply to everyone. It is a drastic oversimplification to think of it as a purely medical problem."

Browne has written and presented papers of his analysis and is working on a paper discussing the causes of depression.

Borlaug

► from Page 1

"It's a proud day for everyone at the University," said Mary Buschette, the program director for the College of Agricultural, Food and Environmental Sciences.

Borlaug, born in Iowa, graduated from the University in 1937 with a bachelor's degree in forestry. He later returned to earn his master's degree and doctorate in plant pathology.

After leaving the University, Borlaug's research led him to the development of shorter, more durable wheat. These variations had higher crop yields, were disease-resistant and had wider climate ranges.

Borlaug used his wheat variations in developing countries in Latin America, Africa and Asia.

"He thinks that solving world hunger will lead to a more peaceful world for everyone," Buschette said.

While he did his research in Mexico, it was Borlaug's work in India and Pakistan that earned him the 1970 Nobel Peace Prize. In the three countries, there was a shift from dependency on wheat imports

toward self-sufficiency.

"The thing that makes him stand out is that he really sees the global perspective," said John Byrnes, director of communications for COAFES.

Borlaug's work also has affected domestic wheat production.

"He was one of the first wheat breeders to commercialize short variations of wheat. Today, most varieties (of wheat) have origins in Borlaug's plants," Anderson said.

But Anderson said he has to be "careful" in giving Borlaug too much credit.

"He wasn't the first to commercialize short wheat," he said. "He just did so much more extensively than others."

Despite his international résumé, Borlaug has kept his local ties, and the state of Minnesota celebrates Oct. 16 as Dr. Norman Borlaug World Food Prize Day.

"He always kept a close connection to the University," Byrnes said. "He is extremely interested in (Gophers' wrestling) and I'm amazed at how he still remembers students that he met years ago."

At the age of 92, Borlaug is a distinguished professor of international agriculture at Texas



PABLO MARTINEZ MONSIVAIS, AP Norman E. Borlaug, left, a University graduate, gives President George W. Bush a thumbs-up Monday during the presentation of the National Medals of Science at the White House. The award, established by Congress in 1959, is the nation's highest science honor.

A&M. He still is active with global-hunger issues, including his work with former President Jimmy Carter to bring improved varieties of wheat, corn and other crops to Africa.

"He is an inspiration and a role model," Buschette said. "Who would have known that a kid from rural Iowa could make such a difference in the world?"

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Tuesday, February 14, 2006 9

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EDITORIALS

Strategic tuitioning

Stop trying to saddle students with the costs of University realignment.

Last week the University's Board of Regents' Finance and Operations Committee presented information regarding the large debt most college students graduate with. It is time to look at the financial burden the realignment plan places upon University students.

Tuition costs already leave undergrads with more debt than they can handle. Tuition increases cannot possibly cover the cost of constructing new buildings to house realigned departments, nor are they going to pay for the new employees and technology that will fill these buildings. Where is the money going to come from? Not the state. Why should state residents pay more money to fund the University if it isn't going to be available to their children?

The strategic positioning task forces strategically avoided most students and members of the University committee in its decisions regarding the realignment plan. These are also groups of people who likely will have to pay for the implementation of these decisions and will have little or no say in doing so. Students probably will foot the bill through further tuition increases. Indeed, there is a difference in whether students benefit or the University benefits. How disingenuous it is to aim the University in the direction of elitism while expecting students to fit the bill to shut the door on students just like them.

We get nothing from our leaders, University President Bob Bruininks included, emphasizing the problem that student debt and high tuition represents to Minnesota and the well-being of the University. Instead, we are fed the same old line that strategic positioning will benefit the University. Students will be forced to eat much of the costs and see few of the gains.

We are told repeatedly that high tuition is a "fact of life." When students are scraping by while tennis courts at the president's mansion are being renovated for thousands of dollars, "facts of life" aren't quite believable anymore. Last week, Regent Frank Berman addressed some of these concerns on behalf of students. Who else is willing to stand up?

Coronary Cupid and the healthy hearts

This Valentine's Day, students can do more for their hearts than just fall in love.

Pink and red hearts stain almost every shelf of every store during the first two weeks of February. A well-groomed and tacky holiday for consumerism? Probably. A day for true love? Maybe. This Valentine's Day, students can do more for their hearts than fall in love.

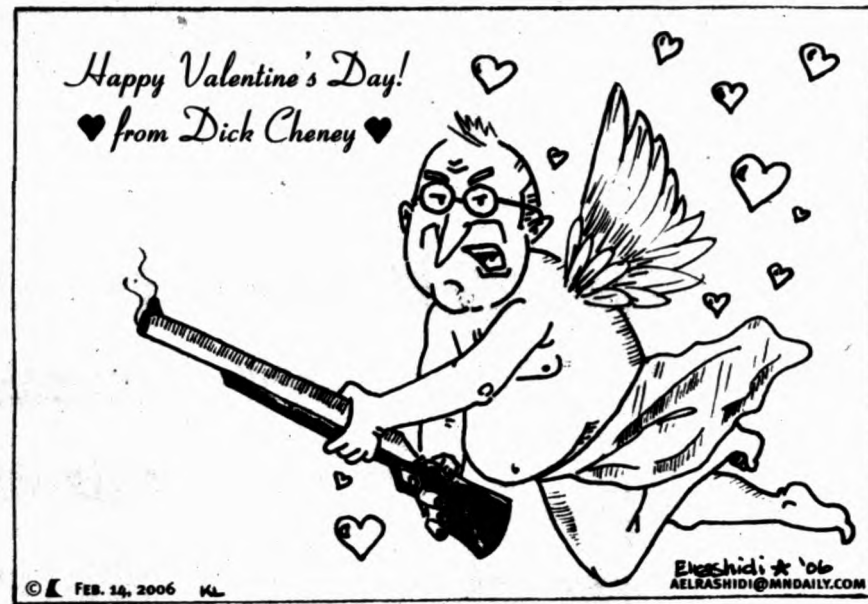
Coronary heart disease and stroke are now the No. 1 and No. 3 killers of Americans. Think Cupid as a chubby cherub is bad enough? Try it when Cupid has a sagging gut and plastic arteries and is as flightless as a dodo bird at the age of 40. The American Heart Association outlines a simple "ABC" prevention plan: Avoid tobacco. Be more active. Choose good nutrition. Avoid trans and saturated fats in favor of tasty veggies and white meats. It's all the same boring stuff. But at heart, it means the difference between a life lived too short and a life lived to the fullest. And we're not talking about stomachs.

Managing diet and exercise are the hardest parts of taking care of your heart. But balanced nutrition and staying active are key elements in keeping blood pressure and cholesterol low. Pretty easy, eh? Try telling it to the millions of Americans too busy working and surrounded by what is essentially poison in colorful packaging. Working out decreases stress, which, in turn, lowers blood pressure. Moderate amounts of alcohol — one drink per day for women and two for men — actually decreases the risk of heart disease. But don't drink too much. If you don't have time to work out, at least try to relax. Breathe. Breathe deeply. Imagine a world run by Jimmy Carters, abolishing student debt forevermore.

This Valentine's Day, don't stress if you don't have a date. You're not that constipated. Thank the almighty Cupid that you don't have a boyfriend or girlfriend. Think of the freedom. Have fun this Valentine's Day. Throw cage-free eggs at your neighbor's house. Do something physical physical with your significant other — yes, we mean have (safe) sex if you want to. Ice-skate. Dance Dance Revolution. Shovel that sidewalk. Bike race the light rail train to downtown Minneapolis. See the theme here? Have fun and a healthy heart — Valentine's Day is a great day to start.

DEATHS IN IRAQ

U.S. SOLDIERS: 2,267 — IRAQI CIVILIANS: 28,403-PLUS
See the debate, sources and more at www.mndaily.com/iraq.



LETTERS TO THE EDITOR

Be the change

After reading Brandon Chabaud's Feb. 6 guest column, "George Bush doesn't care about people in general," describing his discontent with President George W. Bush and his handling of Hurricane Katrina, I felt compelled to respond.

My response does not include trying to back President Bush, nor does it include trying to set blame somewhere for the incident. My response is more of a question: So what are you going to do about it?

Writing into an editorial section is a good start, but by no means the end of the road. One cannot be content with the fact that his rant was selected for publication and feel vindicated. One must take action afterwards to be the change that you so obviously feel our country needs.

It makes me wonder how many other opinions were published, and no action came of them. It's so easy to sit here and complain, but what good can really come from it? I myself have written a couple of rants similar to Chabaud's and being the hypocritical self I am, nothing happened. I propose a challenge to Chabaud and anyone else having similar thoughts and feelings about the current state of affairs. Do something about it. Organize, petition, march, debate, whatever. Be that change you wish to see in our society. Make a commitment to yourself and those who so desperately need our help. Just get involved. The only question that remains is, Who's ready to take that next step?

Dan Craigie
anthropology senior

Scientology treatment

In the past couple of days, letters have been published in the Daily blasting psychia-

try and psychiatric drugs as a treatment for depression. These letters are, from what I've gathered, all from Scientologists.

In case you don't know about Scientology, it is a "religion" that, in general, hates psychiatry, period. While I may agree that some drugs to treat certain mental conditions tend to be over-prescribed, it is sad to see that so many people would like you to believe that high-toxic doses of vitamins and "auditing sessions" that have no basis in medical practice can cure depression in people that obviously have problems that need to be treated by a doctor.

Scientologists believe that our mental problems are caused by "thetans," basically alien ghosts, which were released 75 million years ago when the galactic ruler Xenu flew them over here to earth on space planes (that, coincidentally, looked exactly like DC-8s), dropped them into volcanoes and blew them up with hydrogen bombs. Scientology promises to remove these alien ghosts from your body through "auditing," so you can be "clear."

If this story seems plausible to you, by all means, go to the Scientologists for mental help. Otherwise, consider visiting your doctor.

Cary Christopherson
University undergraduate

Cartoon chaos

Why is that when a few years ago the cartoons of Catholic priests molesting little boys were printed in every newspaper that offended Catholics, none called for the death of the artists, threatened bombings, burned down embassies or murdered innocent people?

Luke Larson
University graduate student

Wasteful buses

Perhaps the most obscene waste of core city real estate in the Minneapolis-St. Paul area can be found at either end of the University busway. The busway connects two huge surface parking areas while bypassing the University area neighborhoods in between.

The continuously running, weekday bus shuttle service for parking lot customers not only facilitates wasteful land use but is also a prime candidate for the Guinness Book of Records for most gallons of wasted diesel fuel. Starting out on their westward journey to Minneapolis from the St. Paul Student Center, the large buses travel approximately half a mile around a large park area in order to return to the St. Paul Student Center. During this half-mile turnaround procedure, passengers are rarely, if ever, picked up or dropped off.

The continuously running large buses then pass two unnecessary bus stops. Again, passengers are seldom picked up or dropped off at these two unnecessary stops.

Finally, the large, continuously running, diesel-guzzling vehicles reach the corridor which has been developed for transit, but unfortunately, is not used for such. When not shuttling drive-by polluters, driving in and driving out of the misplaced parking lots during peak morning, lunch and afternoon time periods, the filthy, wasteful buses are mostly empty.

If the Minneapolis-St. Paul area hopes to ever develop a relatively clean, safe, energy-efficient and economical transportation system, the University is going to have to take its parking business elsewhere.

Sheldon Gitis
University alumnus

RESPONSE

Freedom means freedom and nothing less

Muslims would have been offended at any depiction of Muhammad.

BY NICK SWITALA
Guest columnist

Friday's editorial "Spilled blood and spilled ink" could have made a bold stand for free speech. Instead, the editorial board bowed to political correctness and devoted much time to criticism of the Danish newspaper, Jyllands-Posten, that published the "offensive" cartoons as it did to criticism of the mobs rioting in an orgy of rage. The actions are nowhere near morally equivalent.

If Muslims had written letters to Jyllands-Posten or staged a peaceful demonstration, we could weigh the issue. This is what American Christians did when a crucifix was submerged in urine for a tax-funded art exhibit: They peacefully protested. As it stands, we have bloodthirsty mobs torching embassies, chanting "Death to Denmark," with signs reading "Behold those who mock our prophet!" Anything less than complete support for free press is unacceptable.

The editorial board claims "freedom of press exists within the boundaries of respect." It doesn't. In Muslim countries bound by Islamic law, perhaps, but not in free nations. The cartoons might be in poor taste, but that does not place them outside the "boundaries" of freedom of press. If we draw boundaries around anything considered offensive, we get nothing but sanitized pap. Freedom means freedom. Nothing less.

The editorial board claims "freedom of press exists within the boundaries of... not perpetuating stereotypes." A stereotype is a conception of a group that is untrue or unjust. Jyllands-Posten published cartoons that mocked some Muslims' propensity for violence by associating Muhammad with bombs. Muslims responded with arson, death threats and mayhem. I'm trying, but I really can't see what the "stereotype" was. Debating whether the cartoons were in poor taste, or overly offensive, is a moot point. Even if Muhammad's turban had not been drawn to resemble a bomb, the cartoons would still be judged offensive by Muslims. Islam prohibits any depiction of Muhammad, to preclude idolatry. This is their belief and they are entitled to it. These protests show they are prepared to demand that the entire world abide by their restrictions. If we sympathize with these mobs, or direct our criticism at the newspaper, we are capitulating to the proposition that Islam has the right to dictate to non-Muslim nations that its precepts be followed. This is as un-American a stance as can be taken.

Nick Switala is a University student. Please send comments to letters@mndaily.com.

ROMANCE

Heeey, there — I'll be your valentine

We should celebrate our newfound fondness with tea and "strumpets!"

Feeling a little lonely this Valentine's Day? I thought so. Well, don't get sad — you've got me. I'll be your Valentine.

Yes, really! We've been together three years now, and even though my creepy columnist photo hasn't changed, my feelings for you have.

I think I love you, readership. I remember when we were young and immature, laughing over the inconveniences of U-cards. Things were so simple then. Lately, it's like we see each other every week and make superficial small-talk before the pain of our hidden crush pushes us away. I just wish we could be honest with one another.

You, too? Oh, boy! I've been dreaming of this moment for a long time. We should celebrate our newfound fondness with tea and strumpets!

Yes, I know I said strumpets. Yep, I know what it means. What's the big deal? I'm sure we can find some down and dirty prostitutes who enjoy tea. Do you have a phonebook with an escort section? This is going to be the best Valentine's Day ever!



MAT KOEHLER
Columnist

You what?! No hookers?! What holiday do you think this is, Easter? I'm pretty sure Hallmark had callgirls in mind when they invented Valentine's Day. Most ladies have discount rates! You can't beat that.

All right, we'll do it your way — no prostitutes, I promise. They're just a luxury. It'll be just you and me tonight. Hand in hand. With the money I was saving for the prostitutes, I think I'll buy you a card, flowers, chocolates, coke, perfume, the works. It may not be what I'm used to, but it should be a pretty nice little evening. You deserve it, you little passion-flavored muffin.

Of course I mean cocaine! Were you ex-

pecting soda pop? It's the 1990s, babe — get real! We need to get high if you want to get down, ya dig?

OK, you're right. It's 2006. Whatever. It still doesn't mean we can't have a little fun. I don't know why you're such a party pooper all of the sudden. We have something special here. If you really loved me, you'd adapt to my lifestyle. I'm a columnist, sweetheart. Coke and whores come with the territory.

You thought I was a different person? What kind of excuse is that? Just give me another chance... please. I didn't know you were such a prude. It's fine, really. We'll lay off the coke tonight. Let me give you directions to my motel, and we'll meet up around midnight, K?

"Let's not?" What are you, a moron? This is how I handle all my lovers! Since you're my Valentine, I could probably fit you in at 10 p.m. Would that work? I'm famous, kid — remember that.

Ugh. Yeah, I'm also beginning to think this wasn't meant to be. You're repulsive, anyway. And you couldn't find true love if it was injecting you full of barbiturates. Have a crappy Valentine's Day, you crazy schmuck.

Mat Koehler welcomes comments at mkoehler@mndaily.com.

CLASSIFIEDS

www.mndaily.com/classifieds

Tuesday, February 14, 2006

RATES PER LINE/DAY • Prepaid: \$2.60, Billed: \$3.00, Credit Card: \$2.60

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be made by 2:00 p.m., otherwise the ad will appear in the following day's paper and be charged accordingly. Prepaid ads will be refunded by mail or in person if cancelled before the end date. Please check the ad carefully after its first run, lineage will not be responsible for any errors after that. The Minnesota Daily discourages sending credit card information through e-mail.

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|---------|-------------------------------|-----|--------------------------|
| 5-90 | Announcements | 400 | Furnished Apts - General |
| 100-195 | Services | 410 | Unfurnished Apts |
| 200-250 | Merchandise | 420 | Duplexes & Houses |
| 300 | Help Wanted - General | 430 | Rooms |
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| 300C | Help Wanted - Restaurants | 460 | Dorm Contracts |
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| 300E | Help Wanted - Professional | 480 | Real Estate |
| 300F | Help Wanted - Social Services | 490 | Housing Wanted |
| 300G | Help Wanted - Sales | 500 | Autos For Sale |
| 300H | Help Wanted - Educators | 520 | Autos Wanted |
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020
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Carlson L110
and
Feb. 22 at Noon
Carlson L142

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Help Wanted 301

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Res. Mgr. needed for quiet 84 unit property in highway area of St. Paul. Must live on site (1BR), be computer literate, & have great ppl skills. Office hrs are 9-5, day, 20hrs/wk. This is an administrative position. 20K/yr + great benefits. Please fax resume to 952-853-0045 or e-mail to dchroeder@specrumpropertymgmt.com

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Help Wanted 303

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Caring, responsible Nanny for 2 young children in Uptown area. FT, M-F, 9-5, 2 wks pd vaca, NS, own Car, CPR preferred, \$ negotiable 612-689-4729.

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Looking for an experienced Nanny for 3 mo old. 1 to 3 days/wk. Flex hrs. NE mpls home. \$9/hr. dan@daniaphoto.com

PT Nanny 6 mo-old. SW Mpls. Tu & F (10-4PM) 952-629-2128 ChildEdExp Prof

Help Wanted 304

Bombay Bistro, Downtown, Seeking Floor Staff. Flex hrs. Please Call 612-964-7050

Burrito Loco Now Hiring servers, line staff, and delivery drivers. Apply in person 418 13th Ave SE

Help Wanted 305

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Help Wanted 306

Chiropractic office in Minneapolis seeking office secretary. Must speak Spanish. PT on T & Th. Call Dr. J at 952-210-5706 or email: jacob4628@man.com

HEY GRADS! Philips Distilling Co. in NE Mpls is looking for a Communications Assistant. Immediate PT w/FT & permanent potential. Must be fun, have excellent written/verbal skills. Admin duties included, blogging experience a big plus. Send resume & letter explaining why you would be perfect for the job to agrnholts@philipsdistilling.com

Help Wanted 307

CNA Overnight needed-Mpls Staff needed to work 1:1 with a 3 year old child with multiple medical needs in the home setting. Located in Mpls, hours are weekdays 12am-8am and T and F from 7pm-12am. FT hrs with benefits avail. Experience with children with special needs preferred. Clean driving record and access to vehicle is required. Please call Katie @ 612-728-5337 or email katie@fraser.com if interested. EOE/AA www.fraser.org

Join Our "People First" Philosophy! Mainet Services, Inc. provides innovative supports to individuals with developmental disabilities, responding to their desires & dreams. We currently have a position available working with young man living on the U of M campus. This position consists of morning or evening hours & pays \$11/hr. Some lifting required. Applicants must have reliable transportation & valid MN driver's license. Call Becky @ 763-416-9113

PCA needed-MPLS

Staff needed to work 1:1 with a 5 year old child with down syndrome in the home setting. Located in Mpls, hours are M-F 130pm-630pm with weekend hours available. FT hours may be possible. Experience with children with special needs preferred. Clean driving record and access to vehicle is required. Please call Katie @ 612-728-5337 or email katie@fraser.org if interested.

Help Wanted 307

PR seeks PT afternoon, evenings, and/or weekends. Working with youth with SE/ED. Ideal candidates will display patience, empathy, and creativity while working in challenging environments. req'd: DL, and reliable transportation to transport youth. Email progressiveindividualresources@yahoo.com

PT COUNSELOR Primarily weekends in St Paul group home for DD/MI Adults. \$12-12.80/hr exp prof. 651-227-9524

Help Wanted 308

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Call Tyler at 651-329-2073

The Edina Country Club is hiring for the following seasonal outdoor pool positions: Lifeguards, Water Safety Instructors & Swim Team Coaches. American Red Cross LG-CPR-PR Certification required. Rate of pay is \$9-\$40/hour depending upon position. Other seasonal opportunities include: Snack Bar Attendants, Servers, Bartenders and Grounds Crew. Rates vary depending upon position. Please send resume and cover letter to hr@edinaclub.org, or apply in person at 5100 Woodside Ave., Edina or call 952-252-6104.

U of M area law firm seeking a highly computer literate individual for a data transfer project. Individual must be able to start immediately and work 20-30 hrs per week until project is complete. Please contact both@ingardandbruce.com.

309

TUTORS NEEDED! Work-Study or Volunteer. Tutor youth in Minnesota schools. Tuesday & Thursday afternoons needed most. For more info, please contact Mike at 612-979-7705.

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Supersize your space, have a room of your own! Goodbye dorm life, Hello Real Life! Now preparing their 2006 housing review, email today www.dnlyowrentals.com lease signing for fall occupancy starts 3/3/06.

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Spring/Fall Rentals 1,2,3,4,5,6 BRs avail Call 612-379-6082 for list or showing

421
10BR or 5BR Dplx. Everything New, Indry, plg, 12th & Como SE. \$4000/m. Avl NOW! 612-325-7995

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DKYTN. AVL. NOW! 6+ \$1350, 7+BR 4 Hs, remod, \$1550. NE 3 BR wgar. \$775. Avail May 1st: 6 + \$2000, 7+ \$2100, Como Dplx Avl. NOW! 1g remod 4BR \$775. All w/ free Indry, AC, plg. 651-649-4469.

Fall '06 rentals, all sizes! Clean houses & apts. E-mail jimmar29@yahoo.com

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We have 2 bldgs that have 9BR/5BR/4BR/3BR/Studio among Avail. in Sept. '06. Bus/walk to cmps. somegs@gmail.com 612-747-3653

422

60X Erie SE-Lg 2BR dplx, no pets, NS, kty, \$690, H pd. sch#0049@umn.edu

424
Uptown Houses! 3brs Garfield Ave. S. 3 BR house \$1100+utls. Call:612-804-4402

425
1603 11th Ave S V Clean Upper 2BR, \$640, 2BR+ Study, \$655 Avl Now! Nr W Bank/Law School. Free rent w/Lease. NS, NP. On Bus 612-865-8056

Avail Now! 2BR upr, hwd flrs, W/D, off at plg, cat ok. \$790, NE Mpls. 612-967-8227 or cityhomes@gmail.com

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427
111 Warwick 2 BR Hwd Fl. Grp. Bsm't W/D \$975 (612)382-3127.

428
508 University NE, 5BR/4BA, hwd floor, bus line, free Indry, 3000 square ft, huge, large backyard, finished basement, bar, pool table, \$2100/mo. 612-251-5224.

431
17th Ave SE & Como. MF to share 6BR/2BA house. Deck, indy, own rm. \$300/mo, all utls pd. 651-225-0919.

17th Ave SE/Como, MF shares immac 4BR/2BA Home, w/3 M stud, DW, FREE Indry, deck, \$375 utl pd. 651-428-3728

435
Como & 27th Ave SE, fun rm in my hse. Redone. Free utls, H, Central AC, HDTV, Hi-speed net, phone, indry. Easy bus to U. Ref's required. No Lease! \$345 Dave 612-331-2833

440
6th & University, Now - June. Own room & plg spot. \$425/mo or best offer! Leah 612-695-0102

Grand & Victoria. MF to share huge gorgeous Victorian 4 BR, 2 BA, Fr Pl, LR, DR, 2 Porches, FREE indy, wireless hi-sp net, phone. \$390 utl pd 651-246-0917.

445
8th & University, Now - June. Own room & plg spot. \$425/mo or best offer! Leah 612-695-0102

Grand & Victoria. MF to share huge gorgeous Victorian 4 BR, 2 BA, Fr Pl, LR, DR, 2 Porches, FREE indy, wireless hi-sp net, phone. \$390 utl pd 651-246-0917.

446
Near SP campus, updt studio 1 & 2 BR. Starting @ \$535. Ht, wtr, trash incl, A/C. Cats accept w/ dep. For info call 651-644-5568 or 651-698-0715

447
1319 Franklin Ave SE, classic 2BR, \$800 H pd, 612-802-7973

448
5 houses avail 9/1/06 3, 4, 5BRs \$1000-2500. Ask for Summer '06 specials.

14 3BR duplexes on 6th & 9th ave. \$1000-1400 avail 9/1/06. #651-437-3075

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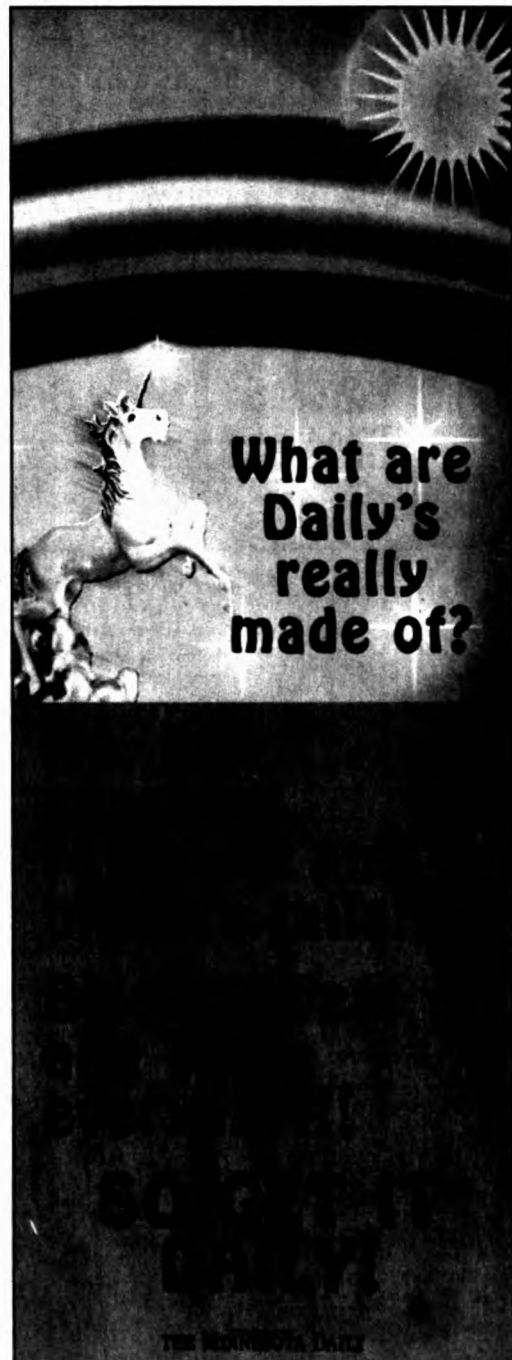
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White Belt

Brown Belt

Black Belt

3	4				6			
9	6			5	4			
	5		9				8	
			1				3	
	2	7		3	1			
1			2					
5			7		6			
	7	9			2			4
4					8	7		

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk.

SOLUTION TO MONDAY'S PUZZLE

1	7	6	2	5	4	3	9	8
8	3	9	1	6	7	4	5	2
5	4	2	3	9	8	7	1	6
3	1	4	5	8	9	2	6	7
6	2	8	7	1	3	9	4	5
9	5	7	4	2	6	8	3	1
4	6	5	9	7	2	1	8	3
2	8	3	6	4	1	5	7	9
7	9	1	8	3	5	6	2	4

02/14/06

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Find the only correct path that links two shaded squares within the grid of numbers. Discover the path by using addition, subtraction, multiplication or division to connect adjacent numbers in mathematical sequences. Solutions must flow vertically or horizontally (not diagonally). More than two shaded squares may be scattered throughout the maze, but only two can be linked by the path. False paths exist that lead to dead ends.

5	14	3	16	16	2	8	4	4
17	4	13	15	2	4	9	17	16
16	2	14	3	18	13	7	6	2
8	18	3	3	9	3	17	18	3
8	14	17	15	2	12	16	12	7
2	8	3	7	18	11	4	4	11
4	4	4	2	2	9	18	6	3
6	15	2	7	15	2	13	15	16
10	2	8	7	8	17	14	5	15


2	3	6	2	3				
				7				
12	9	3		10	5	2		
7		5				12		
5		15	13	2	7	14		
3								
15	3	5	5	10	3	13		

Monday's Puzzle Solved

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MATH MAZE PUZZLE
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02-14-06

www.mathmazepuzzle.com



WORD OF THE DAY
DISINGENUOUS adj.: Latin *ingenuus*, from *in-* + *genuus* (akin to Latin *gignere* to beget, bring forth). Not ingenuous: lacking in candor or frankness; often: unworthy or meanly artful: giving a false appearance of simple frankness. See *disingenuous* in action on Page 9.
MERRIAMWEBSTER.COM

THIS DAY IN HISTORY
1903: Department of Commerce and Labor is established.
1919: President Woodrow Wilson presents draft covenant for the League of Nations.
1929: The St. Valentine's Day Massacre occurs.
1962: President John F. Kennedy authorizes U.S. advisers in Vietnam to fire in self-defense.
HISTORYCHANNEL.COM/TDIH

RANDOM FACT
192 MILLION: The number of Valentine's Day cards exchanged annually, making Valentine's Day the second-most popular greeting card-giving occasion.
HALLMARK RESEARCH



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NETWORK

From something witty

OK, so Christianity (or any organized religion for that matter) is like a fire. **Net: Makes you wonder what organized religion is like, doesn't it?** Some people have fireplaces inside them, and that fire makes them feel all warm and cozy. Good for them. However, some people don't have fireplaces. Maybe they never did, maybe they filled it in. Anyway, the people with fireplaces think their fire is so great and want to share that with other people who don't have fireplaces. But the people without fireplaces don't need or want that fire. They keep themselves warm with other things. **Net: Like hot, sweaty, deviant sex with multiple partners?** But the people with these fires and fireplaces just can't see that, and keep trying to push their fires on other people. Well, fireplace-people, what you have is good for you, but not everybody has a fireplace or wants one. **Net: Many people prefer space heaters for their low cost and portability.** So leave them the NUTT alone!

From Over It

Network, I must write in to change the subject fast. Forget religion, seriously that is pointless. If someone wants to go to hell let them. **Net: If you hurry, you might be able to hitch a ride with Meatloaf. We hear he knows the way.** What must be addressed at this campus is the over abundance of Muffins. **Net: Are they chocolate chocolate chip? Those are our favorite.** I'm not talking the edible type, I'm talking the girls who wear their frickin pants so tight around their obese stomachs and love handles that it creates a look resembling a muffin. Ladies, lets dress appropriately, or at least throw on a sweatshirt so I don't have to stare at your muffin fatty. **Net: Muumuu are always a good option.**

From KeepJenna@Home

Hey Net, I'm sick and tired of the creepy 40-year-old men that hide out all day in Walter Library watching porn

on the "research only" computers. **Net: Maybe they're just researching the female anatomy.** The poor IT freshman wander around aimlessly looking for an open computer. **Net: Like they don't have their own?** While these guys have one sticky hand on the mouse and the other buried in their pocket. **Net: Looking for change, maybe?** Needless to say, it is also quite distracting to know that some perverted douchebag is getting off on girls my own age while I slay away on Cell Biology just across the divider from him. Now don't get me wrong; I think that Jenna Jameson is a talented young woman. **Net: Talented ... right ...** However, she belongs in the bedroom and NOT at Walter Library.

From Smokers Are Gross

Hi Net! I'm writing to complain about the stinky smell of people who smoke. There's nothing worse than sitting in a lecture and having some jerk, fresh from his smoke break, plopp down next to you. **Net: Experience the new scent from Calvin Klein: Ashtray for Men, now available at fine retailers everywhere. GROSS!** To make matters worse, I have asthma. Not only do I develop a massive cigarette-induced headache by the end of lecture, but I also have trouble breathing and an extreme feeling of disgruntlement. **Net: You're not a postal worker, are you?** Smoking should just be banned on campus in general. If people want to poison themselves, then don't do it on University property! **Net: Or in bars, restaurants, airlines, schools, government buildings, hospitals and airports (are we leaving anything out?).** Keep your nastiness away from me!

From Slanted&Enchanted

Roses are red
Violets are blue
Give a stripper 20 bucks
And see what she'll do
Net: Happy Valentine's Day to you, too.

HEY! SEND YOUR ENTRY, NAME AND PHONE NUMBER TO: NETWORK@MNDAILY.COM

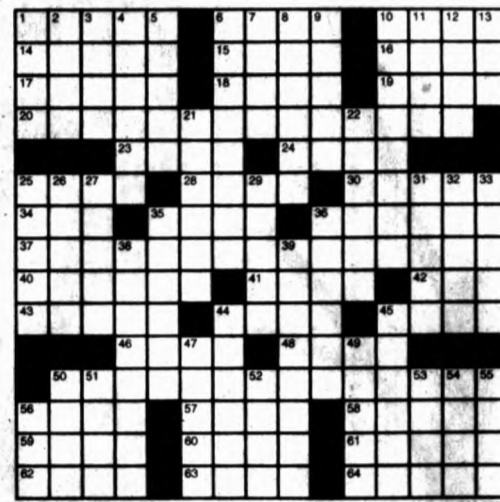
DAILY CROSSWORD

ACROSS

- 1 Surface life
- 6 Nail puller
- 10 Stalled construction
- 14 Mazda two-seater
- 15 Famed framed Mona
- 16 1997 Peter Fonda title role
- 17 Gauchy's goodbye
- 18 Sworn statement
- 19 Tug at the heartstrings
- 20 Relax!
- 23 Morse bits
- 24 Purely academic
- 25 Sch. auxiliaries
- 28 Han Solo's love
- 30 On the up-and-up
- 34 Resistance measurement
- 35 Mournful utterance
- 36 Break in twain
- 37 Relax!
- 40 Set sail
- 41 Private English school
- 42 Conquistador's gold
- 43 Brewery supply
- 44 Fulda tributary
- 45 Mawr College
- 46 Bridge coup
- 48 El ... TX
- 50 Relax!
- 56 Confidential assistant
- 57 Small-minded
- 58 Spine-tingling
- 59 Do in
- 60 Breton, e.g.
- 61 Visual how-tos
- 62 Clothes lines?
- 63 Nobel Institute city
- 64 Traverses

DOWN

- 1 Minor tender in India
- 2 Italian beach resort



By James E. Buell
Edgewater, FL

2/14/06

Monday's Puzzle Solved

JAMB BRAD TRUNK
EQUI LASE IONIA
AUTOCOMPARTMENT
NAT ROSITA PATH
SUP CHIP SHY
ENDUSER TREYS
MAINTREESTEM
TEES ATE EDGE
ELEPHANTNOSE
LATEX RAWDEAL
RUM DIBS HAS
ENTO TOPGUN APE
LARGESTORAGEBOX
ICALL CRIT VEGA
TYKES HTML ATOM

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- 38 Master openers
- 39 Set foot, say
- 44 Runs the show
- 45 Sheep loser
- 47 The
- Transmission Experts
- 49 Musher vehicles
- 50 Scrabble piece
- 51 Eve's man
- 52 Comic Rich or Brad
- 53 la Douce
- 54 Disney King
- 55 Discount word
- 56 Remains in a tray

Argh...
Get yer
Daily
matie.

DR. DATE

Folks,
By divine mandate, and as stipulated in Section 14, Paragraph 2, Verse 3 of the advice column charter ... **HAPPY VALENTINE'S DAY!**

Now that we have that out of the way, we can forget about this awful holiday for another year ...

I kid, I kid because I love.
And hey, love is what we should be talking about today, no? Well, that and the crippling depression so many experience because V-Day only serves as a reminder that they are alone.

The Good Doctor is nothing if not democratic, and so to all you lovebirds out there, I wish a happy holiday with the one you love. Treat your fella or lady right. Buy her flowers and chocolates, get him a fancy card and send a barbershop quartet to serenade him at the office. Act goofy and lovey-dovey, it's the one day of the year when your buddy's not going to tell you to strap on a pair and your girl aren't going to tell you to give it a rest already (maybe?).

Just a touch of history for you, and if you want to add some poetry to your love letter, old-school Europeans believed Feb. 14 to be the day the birds chose their mates. As John Donne wrote:

"Hail Bishop Valentine! whose day this is; All the air is thy diocese, And all the chirping choristers And other birds are thy parishioners: Thou marryest ever year The lyric lark and the grave whispering dove; The sparrow that neglects his life for love, The household bird with the red stomacher; Celebrations Thous mak'st the black-bird speed as soon, As doth the goldfinch or the halcyon ... This day more cheerfully than ever shine, This day which might inflame thyself, old Valentine!"

To you other folks, just keep convincing yourself that this holiday is all just the brainchild of those bastards at Hallmark, perpetuating cliché stereotypes of phony love (a half-truth, methinks) and making everyone in a relationship annoying (a three-quarters-truth, methinks). Or take solace in the fact that Valentine's Day is based on the Feast of Lubercus, a pagan tradition, and all those lovebirds out there are just godless heathens.

Regardless of your relationship status, have a good one, whether it's spending time with your sweetie or spending time getting lost in a bottle of sweet vermouth.

Happy V-Day.
— **Dr. Date**

Dear Dr. Date,

Valentine's Day is here, and I am without a valentine. Truthfully I've never had one. I have come to loathe this day. So, I have two questions I would like to pose. What is a single woman or gentleman supposed to do on a day like this? The other question is how important is it really to set aside a single day of the year to express how much you care and/or love someone? It seems to me that this day has become exploited as strictly a commercial unofficial "holiday." So, enlighten me with your mountain of knowledge.
— **Dateless since 2002(Unbelievable)**

Dear Dateless since 2002(Unbelievable),

It's easy to get down on V-day (like down in the dumps, though the other meaning is true as well), because all your friends are out with their significant others while you're stuck sitting at home alone. But it can't be all your friends, some of them have to be dateless on V-Day.

So you can go out with them, get a drink, bitch about how annoying all your friends are, and go to sleep content that you haven't succumbed to the corporate machine that is St. Valentine.

Or you could just treat it as any other day and do what you normally would on a Tuesday night — watch two episodes of "Scrubs" on TiVo when you get home from work, and do a little home-

work until you fall asleep reading your intro chem textbook.

As for your second query, sure Valentine's Day isn't "necessary," but what holiday really is? If you were to take a general swath of the population (and this includes folks of every race, religion, creed, color, stripe, chromosome, sex, musical taste, profession, &c.), and then stripped away the titles and underlying significance of any particular holiday, I'd assume that most would say they aren't necessary, but each affords an opportunity to be with our family (Thanksgiving), express our religion (pick your religious holiday, I'm not pissing anyone off), get drunk (New Year's Eve, anyone?) or show your special someone how you feel (V-Day).

Sure, it'd be nice if you could do all those things every day, but frankly, no one has the time, and this way, you can get it all out of the way on that one day ... then wait around a whole year till you have to do it again.
— **Dr. Date**

Dear Dr. Date,

What's more depressing than having your birthday on a holiday? It's having your birthday on the most romantic holiday of the year, and celebrating ... by yourself. For my 21st birthday wish, I request of you a top-10 list ... of what Valentine drinks I should order at the bar, (by myself) in celebration of this wonderful, Hallmark-induced national celebration of love (or lack thereof.) Hit me up, doc.

Love,
— **Aeshulleighy Kuh-Ay**
P.S. ... Will you be my valentine?

Dear Aeshulleighy Kuh-Ay,

Getting wasted on a Tuesday, hey? I'd say bravo, but I don't want to get bitched at for promoting binge drinking (apparently Boynton thinks it's a problem on a college campus — gasp!!), so I'll just say, to each his or her own. I'm cutting it down to five drinks (you can fill in the other 16), cuz I'm short on space.

And now, like Aladdin's genie ...
The Top-Five V-Day Drinks to Order on Your Solo-proj 21st

5. Sex on the Beach. Cuz you're not having it tonight.

4. Aphrodite's Love Potion. Cuz you probably need it.

3. Red-Headed Slut. Cuz she's the one who stole your man.

2. Prairie Fire. Punishment for yet another year alone.

1. Jaeger Bomb. Clichéd? Maybe, but it's still the best shot around.

— **Dr. Date**

P.S. You know what? I am your valentine, as well as every other sorry soul out there spending V-Day alone. You can send flowers, chocolates and barbershop quartets to The Minnesota Daily, c/o Dr. Date. Expect your Smell-o-gram sometime tomorrow.

Folks,

One last shoutout to all those lovebirds out there and every one of y'all who's bitter because you're alone. If you've got someone, be thankful, and show them how good they make you feel. Reward them for the joy they bring you each day.

For you lonesome folks out there, buck up, it's just another sorry holiday that has no meaning beyond what you give it. So, sit back, make fun of the nerds who get super into it (jealous much?) and ... if you have the chance, steal some of their chocolate.

Happy Valentine's Day, folks.
— **Dr. Date**

Need relationship advice? E-mail Dr. Date at drdate@mndaily.com.

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