

UMD DRUG EDUC and UMD CENTER

Volume 3

March 15, 1977

Issue 3

From the Coordinator--

Another quarter is gone and with the coming of spring, and the chance to catch our breath, comes the charge of continuing to move our program forward. During the Winter Quarter we have been actively involved on many fronts-- schools, agencies, and communities. Following is a brief description of the types of things we have been up to during the past quarter.

The Drug Education Program staff has been actively involved with several PTA's in the area. A particularly exciting PTA session was conducted at Lincoln Elementary. Parents, teachers, and students were involved in role playing in regard to values and decision-making skills. Numerous other presentations have been conducted for schools, agencies, and churches. Some of the presentation sites include the Woodland Hills residential center for boys, the Worldwide Church of God, and the Arrowhead Juvenile Center.

Planner/consultant work in outlying areas was initiated this winter with the target areas of Waubun, Two Harbors, and Esko. Cloquet and Aurora will be added to the list as well. The community task forces formed in Waubun and Two Harbors, Minnesota have received workshops which included topics such as specific drug information, attitudes, valuing, communication, and diagnosis of drug abuse. The planner/consultant work will continue over the next few months in order to establish task forces to continue their work at the local level.

Another recent event has been the selection of the UMD Drug Education Pro-

gram as the area's vendor of the state's Marijuana Education Program. Our program will serve a 3-1/2 county area including the counties of St. Louis, Lake, Koochiching, and Cook. We look forward to the opportunity of continuing to serve the needs of Northeastern Minnesota. If all the activities look like we're busy--you're right. But it's onward and upward for the cause.

Charlie Frederick

Chemical Independence Day Conference--

The Crow Wing County Drug Council, Inc. has invited the UMD Drug Education Program to be one of eighteen individuals and/or agencies to present a synopsis of their programs at the Chemical Independence Day Conference. Tim Hamilton and Charlie Frederick will travel to Brainerd, Minnesota on March 17, 1977 to show what our program is doing in the field of alcohol and other drug abuse. The Conference is scheduled to begin at 3:30 p.m. at the Brainerd Senior High School.

Marijuana Education Classes--

Drug Information Center staff members Jill Kennedy and Sheila Cochran attended a session of the Marijuana Education School held on February 16, 1977. The session was conducted by Bill Maloney and discussion centered on the misuse of intoxicants. Also, a film which highlighted misuse of intoxicants was shown.

MARIJUANA EDUCATION from page 1--

The Marijuana Education School is a state-wide program provided to first offenders of marijuana possession in lieu of a fine and/or imprisonment. UMD has been officially selected as the vendor for the Marijuana Education instruction in the 3-1/2 county catchment area.

Two Harbors Workshop--

A workshop for a Two Harbors Citizen Task Force consisting of persons interested in planning and implementing an "action plan" for drug abuse prevention was conducted by the Drug Education Program staff. The purpose of the February 14, 1977 workshop was to allow the group's participants to explore their own personal attitudes concerning drug use and abuse. Additional topics covered included drug pharmacology, communication skills, and diagnosis of drug use and abuse.

Values Workshops at Lincoln Elementary--

During the month of February, Drug Information staffers Jill Kennedy, Tim Hamilton, Mort Engstrom, and Sheila Cochran, facilitated three sessions of the Lincoln Elementary School PTA. The sessions involved parents, teachers, and students as they explored values through the utilization of role playing activities and discussions. The "Values in Action" project was first initiated in the classroom setting by sixth grade teachers at Lincoln. The DIC staff's aim was to reinforce the classroom learning of conscious decision-making and values clarification.

Some of the values explored included modeling behavior for younger brothers and sisters, exclusion of others, moral courage to stand up for one's beliefs, honesty and stealing, and many others. Discussions following the role playing demonstrated that the participants found the activities to be relevant and applicable to their personal lives. Following

each of the three sessions Dale Rogers, of the Lincoln staff, led the students and parents in square dancing.

Lincoln School is to be commended in its effort to promote values clarification and decision-making skills in such a manner. Through sessions such as these an opportunity is provided in which parents and their children can interact in a positive setting.

Hermantown High School Presentation--

On February 4, 1977 Hermantown High School's junior and senior psychology classes were presented a session on drug abuse issues. Tim Hamilton of the Drug Information Center staff conducted the session and noted that most students (as evidenced in other schools) have an interest in adolescent drug use and its effects on the family system as these are issues relevant to them, their families, and their friends.

MCDA Meeting--

A meeting of the Minnesota Chemical Dependency Association was held in Virginia, Minnesota on February 10, 1977. Drug Education Program staffers in attendance included Charlie Frederick, Tim Hamilton, Jill Kennedy, and Mort Engstrom. In-coming President Walter Cullen spoke to the group and a motion to regionalize the area group was discussed and passed. The next scheduled meeting of Region II is set for March 11, 1977.

New Staffer at MIBCA-Duluth--

MIBCA-Duluth would like to welcome Ms. Patricia Lockett to the MIBCA program's staff. Ms. Lockett is a native of New York and a recent graduate of the University of Wisconsin. She will serve as Coordinator of the Black Women's Program effective March 1, 1977.

MIBCA is also happy to announce that it will be expanding its program to offer after-care services.

New Staffer at DIC--

Lisa Taran is currently working as an assistant at the UMD Drug Information Center. She has been a Duluth resident throughout her life and is now a sophomore at UMD working toward a sociology-criminology major with a concentration in psychology. Her future plans include working in an agency similar to that of the 2001 Treatment Center or the Miller-Dwan chemical dependency program. Lisa comments, "Working at the DIC has helped me to get interested in this field".

Family and Drug Abuse--

Tim Hamilton recently visited Esko High School's "Family Living" class. He presented a session which illustrated how a family system can deteriorate as a result of a family member who is experiencing drug related problems. Tim expressed that he would like to see more schools requesting this type of presentation in hope that members of the student body and faculty will gain a broader understanding of drug abuse and its impact on the family and community.

Two Harbors Presentation--

The Health and Life Skills class of the Two Harbors Minnehaha Middle School recently requested a presentation concerning drug effects. Tim Hamilton of the Drug Information Center staff made the presentation to the students and plans were made for a follow-up session to occur in the near future.

Planner/Helper Conference--

Drug Education Program staffers Charlie Frederick, Tim Hamilton, Jill Kennedy, and Mort Engstrom attended a conference for community planner/consultant teams assisting the State Alcohol and Drug Authority's community prevention effort in

Minnesota. The goal of the planner/consultant approach is to assist groups in developing their own skills to help in combatting community drug problems. There are now 24 communities across the state that have developed task forces in drug abuse prevention and will receive 60 hours of planner/consultant assistance. Action planning, resource contacts, evaluation tools, and group organizational skills were discussed at the St. Cloud conference held on February 12, 1977.

Special Summer Program for High School Juniors--

The Drug Education Program will be offering a special summer drug abuse prevention program for high calibre high school juniors. The summer 1977 program will provide students with drug abuse prevention skills which will enable them to work cooperatively with school and community to develop strategies to alleviate problems of drug use and abuse in their communities. The special two week training program will be offered through the Office of Continuing Education and Extension. One college quarter credit will be given to participants who successfully complete the program.

Legalities of Using Illegal Drugs Seminar--

The Drug Education Program participated in the School of Social Development's workshop series "Tools for Making It... Regardless of Your Sex". The presentation "The Legalities of Using Illegal Drugs" featured resource speakers Rick Hansen, regional prosecutor for County Attorney Keith Brownell and Rick Halmstrom, a public defender. An informal discussion focused upon marijuana penalties as sanctioned by the new Minnesota decriminalization law followed by a question/answer period. During the discussion Rick Halmstrom specified individual's rights through the process of arrest and prosecution. Rick Hansen emphasized the

LEGALITIES SEMINAR from page 3--
state's position of firmness toward sales of marijuana and other controlled substances.

Gay-Lesbian Workshop--

Tim Hamilton represented the Drug Information Center at a workshop which was sponsored by the Governor's Bill section for the underserved. The topic of chemical dependency services for the Gay male and Lesbian client was presented by John Burns of Hazeldon and Toni Pomerene of Minneapolis.

Staff Attends Marijuana School--

Drug Information Center staffers Jill Kennedy, Sheila Cochran, and Tim Hamilton attended a workshop in Anoka, Minnesota. The workshop was sponsored by the Minnesota Behavioral Institute and will allow the participants to receive state certification for instruction in the School for First-Time Marijuana Offenders. The Marijuana Education School is slated to begin in Duluth this month.

Drug Information Center
University of Minnesota, Duluth
231 College Street
Duluth, Minnesota 55812

This newsletter is a product of the UMD Drug Education and Information Program. Anyone wishing to submit articles or announcements regarding upcoming events pertinent to drug education and information may do so by contacting 726-8495.

Drug Education Program
117 Bohannon Hall
218-726-7516

Chief Advisor.....Dr. Thomas G. Boman
Director.....Dr. Francis A. Guldbrandsen
Coordinator.....Dr. Charles L. Frederick
Secretary.....Bonnie Kauppi

Drug Information Center Staff:
218-726-8495

Sheila Cochran.....Co-coordinator: Drug Abuse Prevention
Morton Engstrom.....Director: Drug Information Center
Tim Hamilton.....Drug Abuse Prevention Assistant
Jill Kennedy.....Co-coordinator: Drug Abuse Prevention
Robin Lauer.....Drug Information Center Assistant
Rosemary Perkins.....Liaison-MIBCA
Cathy Solheim.....Drug Information Center Secretary
Lisa Taran.....Drug Information Center Assistant
Frances Wrazidlo..Drug Information Center Assistant

Non-Profit Orgn.
U. S. POSTAGE
PAID
Permit No. 67
Duluth, Minn.

Donald J. Pierce
240 L