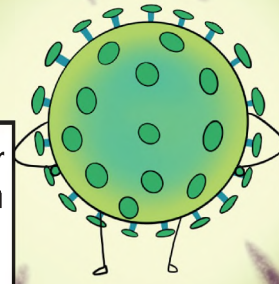


**JEERMIS!
JEERMIS!
JEERMIS!**

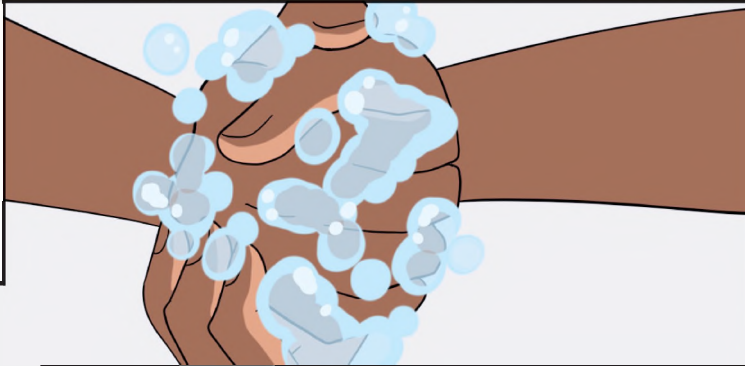
J Jeermisyada kulligood ma wada xuma

Laakiin jeermisyada qaar Waxay noo keeni karaan xanuuno aad u daran, sida Hargabka, Dureyga ama COVID 19



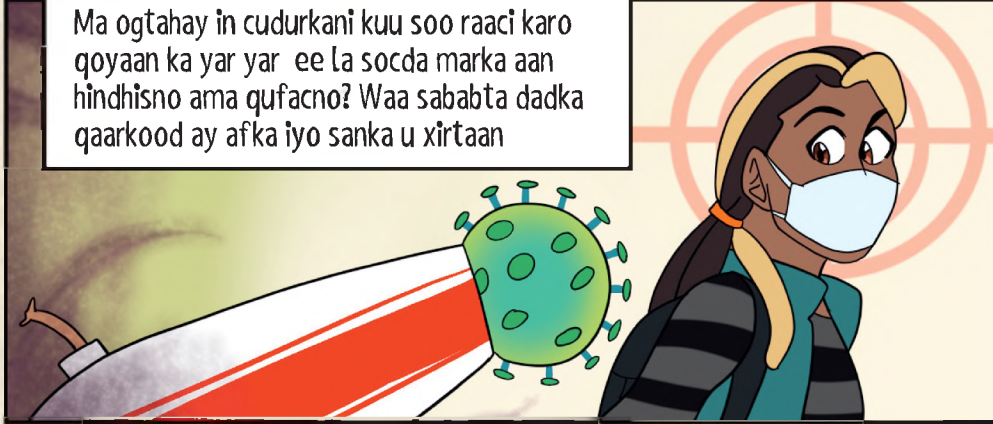
Saynis yahannadu waxay wali ku mashquulsan yihiin sidii ay Covid-19 ka ugu heli lahaayeen dawo ama tallaal looga hor tago. Innaguna waxaa jira waxyaabo aan ku caawin karno la dagaallan ka cudurkan

Aad ayey muhiim u tahay in marwarka gacmaha la dhaqdo, si aan uga badbaadinno nafteenna iyo dadka kalaba cudurkan Covid-19



Gacmahaaga ku dhaq saabuun iyo biyo kulul, ku wad ilaa aad ka aqrinaysid ABC's Labo jeer

Ma ogtahay in cudurkani kuu soo raaci karo goyaan ka yar yar ee la socda marka aan hindhiso ama qufacno? Waa sababta dadka qaarkood ay afka iyo sanku u xirtaan



Waa iska caadi in la hindhiso ama la qufaco, dadka oo dhan ayaa sidaa sameeya



haddaba waxaa habboon marka hindhiso ama qufac ay ku qabtaan, is ka dhig sidii dad-qalkii oo kale (Vampire) qufac ama hindhis adigoo ganataada oo dhan ku laabaya wajigaaga. xitaa haddii aadan wax xanuun ah qabin. Daboolidda afkaaga iyo sanku waxay ka hor tagaan in cudurkani faafo oo aadan qofkale jirada u gudbin.



Waxaa kale oo aad u muhiim u ah in aad cudurkan ka ilaalsid in uu kaa gaaro meelaha aadka u nugul sida indhaha, afka iyo sanku. Waxaa laga yaabaa in ay kugu adag tahay, laakiin ku dadaal in aadan taaban wajigaaga, indhahaaga, sankuaga iyo afkaaga, ama aad xitaa gacantaada afkaaga u dhawaysid

**HADDIIA AAN RAACNO
TILMAAMAHAN AAD KA
U SAHLAN, WAXAAN KA
QAYBQAADAN KARNAA
INAAN LA DAGAALLANNO
FAAFITAANKA CUDURKAN
COVID-19 IYO KUWA KALE
EE ISAGA LA MID AKA AH.**