MENTAL HEALTH: YOURS, MINE AND OURS

Book List—Mental Health as a Public Health Issue

This book list is offered as a supplemental resource to the video located at z.umn.edu/cmhpbh. It is for those interested in exploring in-depth issues related to mental health in a public health context.

CITATION	SUMMARY
Cohen, N., & Galea, S. (Eds.). (2012). Population mental health: Evidence, policy, and public health practice. New York: Routledge.	This book discusses the link between mental health, public health, and public policy. The authors shed light on how public policies and public health programs influence mental health outcomes of various populations. Furthermore, they discuss the obstacles related to viewing
Compton, M., & Shim, R. S. (Eds.). (2015). The social determinants of mental health. Washington, DC: American Psychological Association.	As the title suggests, this book discusses the various social determinants of mental health including: discrimination, education, early adversity, employment, and poverty among many others. This text includes clinical vignettes to expose clinicians and public health professionals to specific cases where various social determinants affected an individual's mental health. The authors
Cottler, L. B. (2011). Mental health in public health: The next 100 years. Oxford: Oxford University Press.	This text focuses on the aspects of mental health in public health as outlined by the American Psychopathological Association (APPA). The authors discusses the various social and environmental risk factors associated with the development of mental health issues and provides insight on how they be prevented. Public health
Eaton, W. M. (Ed.). (2012). Public mental health. Oxford: Oxford University Press.	This textbook discusses mental health as a public health issue from a variety of perspectives. It discusses the latest methods in studying mental health disorders including occurrence rates and disparities between various populations. This book also provides information on the varying stressors and risk factors that influence the development and severity of mental health disorders and also

Goldman, H. H., Buck, J. A., & Thompson, K. S. (Eds.). (2009). Transforming mental services: Implementing a federal agenda for change. Arlington: American Psychological Association.	This book is a compilation of empirical articles discussing various recommendations on how to assist children and adults with a varying range of mental health problems and disorders. Some of the articles discuss the importance of patient-centered care in these populations. Other articles shed light on the challenges that people with mental illnesses
Hess, R. S., Short, R. J., & Hazel, C. E. (2012). Comprehensive children's mental health services in schools and communities: A public health problem-solving model. New York: Routledge.	This book touches on the lack of adequate population-based resources and their delivery. The authors discuss this in the context of children's mental health by proposing a public health model for providing comprehensive services to children. The model that the authors propose expands on the traditional school psychology model. Furthermore, the authors discuss how these types of resources can be evaluated and assessed using
Hodes, M., & Gau, S. S. F. (2016). Positive mental health, fighting stigma and promoting resiliency for children and adolescents. London: Academic Press.	This book focuses on mechanisms to improve child and adolescent mental health. It combines academic, research, and clinical insights relating to social and biological processes and treatments and addresses how the information can be used in clinical practice. While mental illness and
Jenson, J. M., & Bender, K. A. (2014). Preventing child and adolescent problem behavior: Evidence-based strategies in schools, families, and communities. Oxford: Oxford University Press.	This book discusses the most prevalent child and adolescent problem behaviors in the US. It presents studies revealing the efficacy of prevention programs that have been implemented in order to alleviate some of these problems. The authors discusses these issues through a public health perspective in order to place emphasis on the
Katz, C. L., & Schuetz-Mueller, J. (2015). A guide to global mental health practice: Seeing the unseen. New York: Routledge.	This book focuses specifically on the clinical perspective of global mental health practice. It touches on the organization and delivery of mental health programs. Additionally, it discusses the special circumstances that must be taken into
Knifton, L., & Quinn, N. (Eds.). (2013). Public mental health: Global perspectives. Berkshire: Open University Press.	This book touches on the core knowledge of public mental health and also discusses the issues of the field. It is a resource for students and public health professionals on how they can develop and provide mental health services to the public. It contains
Kohrt, B. A., & Mendenhall, E. (Eds.). (2015). Global mental health: Anthropological perspectives. New York: Routledge.	Broadly, this text considers the interplay between psychology, public health, and anthropology. The authors provide narratives that discuss mental health as experienced by individuals and juxtaposes the traditional and biomedical views of

Levin, B. L., & Becker, M. A. (Eds.). (2010). A public health perspective of women's mental health. New York: Springer.	This book explores the various issues in the field of women's mental health. It touches on the current challenges associated with effective treatment, prevention, access, and public policy. The effects of mental health disorders on women
Levin, B. L., Hennessy, D. D., & Petrila, J. (Eds.). (2010). Mental health services: A public health Perspective. Oxford: Oxford University Press.	This book discusses the latest epidemiological, treatment, and service systems in mental health from a public health perspective. The authors discuss how mental health and substance abuse programs in the United States are organized and delivered. Current issues of these types of
Mackereth, C. J., Brown, J. S., & Learmonth, A. M. (2014). Promoting public mental health and well-being: Principles into practice. London: Jessica Kingsley Publishers.	This book discusses the various social, environmental, and cultural factors that can influence the mental health of the individual and of whole populations as well. The book reports how prevention and intervention can enhance mental health. This book is informative for professionals working to promote public mental
Mechanic, D., McAlpine, D. D., & Rochefort. (2013). Mental health and social policy: Beyond managed care. Upper Saddle River, NJ: Pearson.	This book does a multidisciplinary and research-based exploration of mental health treatment, recovery, and social policy. In considers both epidemiological characteristics of mental disorders and information on programs, services, and policies developed to help those with mental
Parker, R., & Sommer, M. (Eds.). (2011). Routledge handbook in global public health. New York: Routledge.	This book elaborates on the meaning of global public health and the meaning of the growing field. It also addresses the emerging issues that will be on the agenda of professionals working in the
Patel, V., Minas, H., Cohen, A., Cohen, A., & Prince, M. J. (Eds.). (2013). Global mental health: Principles and practice. Oxford: Oxford University Press.	This text discusses global mental health through the public health lens. The authors shed light on the global disparities between the provision of care received and the level of respect that people with mental health issues face. The various chapters are authored by global professionals in public health
Pirog, M. A., & Good, E. M. (2012). Public policy and mental health: Avenues for prevention. Thousand Oaks, CA: SAGE Publications Ltd.	This book is focused on the kinds of government policies that can be used to prevent mental disorders. The book considers the policy analysis process and analysis of public programs with their rationales and whether they work to accomplish
Ritter, L. A., & Lampkin, S. M. (2010). Community mental health. Sudbury, MA: Jones & Bartlett Learning.	This textbook is focused on mental health at the community level, with skills for identifying mental health concerns and mental health programs for communities. Resources for instructors are also