

**MMG22: A Novel Bivalent Ligand for the Treatment of  
Neuropathic Pain**

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## Acknowledgments and Dedication

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## Thesis Abstract

Functional interactions between the mu opioid receptor (MOR) and the metabotropic glutamate receptor 5 (mGluR<sub>5</sub>) in pain and analgesia have been well established. MMG22 is a bivalent ligand containing MOR agonist (oxymorphone) and mGluR<sub>5</sub> antagonist (MPEP) pharmacophores tethered by a 22-atom linker. MMG22 has been shown to produce potent analgesia in several models of chronic inflammatory and neuropathic pain. This study assessed the efficacy of systemic administration of MMG22 at reducing pain behavior in the spared nerve injury (SNI) model of neuropathic pain in mice, as well as its side effect profile and abuse potential. MMG22 reduced mechanical hyperalgesia and spontaneous ongoing pain after SNI, with greater potency early (10 days) as compared to late (30 days) after injury. Systemic administration of MMG22 did not induce place preference in naïve animals, suggesting absence of abuse liability when compared to traditional opioids. MMG22 also lacked the central locomotor, respiratory, and anxiolytic side effects of its monomeric pharmacophores. Evaluation of mRNA expression showed the transcripts for both receptors were co-localized in cells in the dorsal horn of the lumbar spinal cord and dorsal root ganglia. Teased nerve fiber recordings from the sural nerve of SNI mice show that MMG22 reduces the firing rate of C and A $\delta$  fiber nociceptors evoked by suprathreshold stimuli. Thus, MMG22 reduces hyperalgesia after injury in the SNI model of neuropathic pain by decreasing nociceptor activity without the typical centrally mediated side effects associated with traditional opioids.

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## Chapter 1

# Pain and its pathways

### Pain and its manifestations

The IASP defines pain as:

“An unpleasant sensory and emotional experience associated with actual or potential tissue damage, or described in terms of such damage” [619].

A study in 2016 found that ~20% of Americans suffer from chronic pain [164], costing approximately \$560 billion dollars annually in direct medical costs, lost productivity and disability programs [327]. Pain has both sensory and affective components; the purely sensory components of pain (such as intensity and location) are referred to as nociception, while the emotional component is often referred to as the distress or suffering associated with a painful stimulus. Chronic pain conditions are commonly associated with comorbid physical and emotional/affective disorders including decreased mobility, increased incidence of anxiety and depression, and an overall reduced quality of life [276,277]. The following thesis will deal with the purely nociceptive components of pain.

### The different types of pain

Although pain is a nearly universal experience; pain itself can manifest in a variety of patterns. We categorize different types of pain in several ways including duration (acute vs chronic) and pathophysiology (nociceptive, inflammatory or neuropathic). Acute pain can be provoked by disease or injury and is generally self-limited. Acute pain serves a biological function and is necessary to avoid/limit injury and promote healing after tissue damage [78]. The importance of acute pain for survival is highlighted by the numerous pathologies seen in individuals who suffer from congenital insensitivity to pain (CIP) [712]. Patients with CIP are unable to perceive pain, this results in repeated injuries

including: oral self-mutilation, biting of the fingertips, bone fractures, and burns [712]. Clinically the transition from acute to chronic pain happens if pain persists for three months after onset [589]; however, this definition is purely operational and not based on pathophysiology. While acute pain is a biological necessity, chronic pain serves no clear biological purpose and has no recognizable endpoint.

With regard to the pathophysiology, most pain conditions fall into one of three categories: nociceptive, inflammatory or neuropathic (although the categories are not mutually exclusive). Nociceptive pain is defined as pain that arises from actual or threatened damage to non-neural tissue [619] and is due to the activation of peripheral nociceptors. Nociceptive pain can be acute and self-limited (e.g. pain after stubbing your toe, pain from a paper cut) or chronic (e.g. osteoarthritis). Inflammatory pain is caused by inflammatory mediators sensitizing nociceptors and can also be acute (e.g. pain from an acute infection) or chronic (e.g. rheumatoid arthritis). Neuropathic pain is caused by a lesion or disease of the somatosensory system itself [619].

Neuropathic pain (NP) is associated with a variety of etiologies, all of which lead to the increased excitability of neurons along the sensory neuroaxis which causes sensations of pain. NP can be further separated into central and peripheral subtypes. Central neuropathic pain results from damage to pathways or nuclei in the central nervous system that relay and process nociceptive signals (e.g. post stroke pain, spinal cord injury, and multiple sclerosis) [853]. Peripheral neuropathic pain results from damage to the primary afferent fibers that transmit information about painful stimuli to the CNS and is associated with numerous conditions including: post herpetic neuralgia, phantom limb pain, diabetic NP (DNP), and chemotherapy induced peripheral NP (CIPN) and trauma [268,340]. The most common symptoms of NP include ongoing burning pain, paroxysmal electric shock-like pain and brush-evoked pain [159,819]. Peripheral neuropathies caused by generalized damage to peripheral nerves (such as in DNP and CIPN) typically present in a “glove and stocking” distribution, primarily affecting the distal extremities including feet, calves and hands. This pattern is

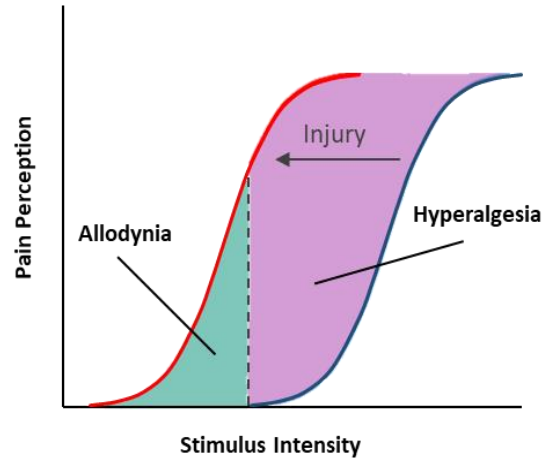
characteristic of a progressive dying-back, length-dependent, process of distal to proximal sensory loss and pain. The prevalence of NP in the general population is estimated to be between 7 and 10% [81,293], and is expected to increase along with the incidence of diabetes [141]. Compared to other chronic pain etiologies, NP is associated with increased drug prescriptions and healthcare visits [26,141,811].

### Allodynia and hyperalgesia

Acute and chronic pain may be accompanied by hyperalgesia and or allodynia. Hyperalgesia is defined as an increased perception of pain to a normally painful stimulus, whereas allodynia is a perception of pain to a normally non-painful stimulus (**Fig. 1.1**). Examples of allodynia include the pain caused by light touch to sun-burned skin, or the intense pain caused by clothing brushing over the skin of people with peripheral neuropathies.

Hyperalgesia is increased pain felt from a normally painful stimulus. Examples of hyperalgesia include the exaggerated pain response generated when someone with painful peripheral neuropathy steps on a Lego, or the pain of a sharp object that pokes a blister. Hyperalgesia can be primary (at the site of injury and caused by peripheral sensitization) or secondary (in non-injured tissues surrounding an injury and caused by sensitization of central pain pathways). The mechanisms underlying primary and secondary hyperalgesia will be addressed later. Functionally allodynia and hyperalgesia serve to aid in healing by creating a state of hypervigilance surrounding the injured area (i.e. avoid the pain that accompanies walking on a sprained ankle to prevent further damage and promote healing). The enhanced sensitivity for pain may outlast the initial injury. At this point pain becomes a disease in and of itself, instead of merely a symptom of an underlying process.

Figure 1.1 Allodynia and hyperalgesia



**Figure 1.1 Allodynia and hyperalgesia.** Injury causes a left shift in the stimulus response curve from the blue line (normal) to the red line (injured). Stimuli that did not elicit pain become painful (allodynia: teal) and noxious stimuli elicit more pain than they normally would (hyperalgesia: purple).

## An introduction to the somatosensory pathway

### Form and function of primary afferent neurons innervating skin

The cutaneous somatosensory pathway begins in the periphery when the primary afferent terminals in the epidermis and underlying dermis are activated by various sensory stimuli. These cutaneous nerve projections arise from the peripherally extending branches of neurons with a unique pseudo-unipolar morphology. Upon leaving the dorsal root ganglia (DRG), one branch extends peripherally to innervate the end organ while the other projects to the CNS (spinal cord or brainstem). Cutaneous stimuli (mechanical, thermal or chemical) directly or indirectly activate ion channels/receptors on the peripheral terminals of primary afferent neurons. Ion channel activation causes membrane depolarization and, if the stimulus is of sufficient intensity, this in turn activates voltage gated ion channels leading to the generation of action potentials.

Mutations in genes encoding voltage gated sodium channels underlie several genetic disorders that cause altered pain sensation due to nociceptor hyperexcitability. There are two main families of voltage gated sodium channels involved in the initiation and generation of action potentials; channels sensitive to

inactivation by tetrodotoxin (TTX-S: Nav1.1, Nav1.6, and Nav1.7) and channels resistant to tetrodotoxin (TTX-R: Nav1.8 and Nav1.9). TTX-S channels are found on myelinated and unmyelinated primary afferents, while TTX-R channels are found primarily on unmyelinated fibers [11] (both of which will be discussed further below). Mutations in the gene encoding for Nav1.7 can result in two very distinct heritable pain disorders: congenital insensitivity to pain (as discussed earlier [152]) and primary erythromelalgia (characterized by recurring episodes of extreme pain [904]) (for review see [281]).

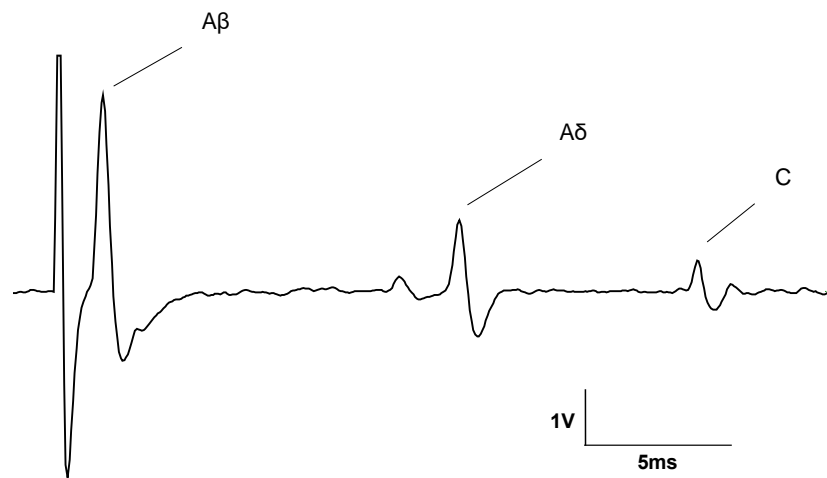
The ability of a given primary afferent fiber to respond to a specific mechanical, thermal, or chemical stimulus depends on the end organs associated with the afferent's terminal branches (for A $\beta$  afferents) and the receptors/ion channels expressed on the nerve ending (for all afferents). Once generated, action potentials conduct down the axon, bypassing the neuron's cell body, transmitting information from the periphery to the CNS.

#### The form and function of low threshold A $\beta$ mechanoreceptors

Cutaneous sensory fibers are broadly categorized into A $\beta$ , A $\delta$ , and C fibers based on their degree of myelination, and how fast they conduct action potentials [7]. A $\beta$  fibers are heavily myelinated, with action potential conduction velocities between 51-77 m/s in man [813], and 13.8-40 m/s in mouse [97] (**Table 1-1**). A $\beta$  fibers mechanical thresholds are low (generally < 2mN [97,394,554]), innervate mechanoreceptors including Merkel disks (SA-I), Meissner corpuscles (RA-I), Ruffini endings (SA-II) and Pacinian corpuscles (RA-II) in skin, and make up around 22% of primary afferent fibers. A $\beta$  fibers relay information about light touch and vibration. Merkel disks are located in the basal layer of the epidermis and are innervated by A $\beta$  fibers. These primary afferents have a pinpoint receptive field and can detect displacement of the skin of less than 1 $\mu$ m. Activation of a Merkel complex via low threshold mechanical stimulation induces a slowly adapting response that relays information about pressure and texture with high spatial resolution [2]. Meissner corpuscles are located in the dermal papillae and consist of elongated Schwann cells, a connective tissue capsule and a central axon. With small receptive fields, activation of this complex leads to a

rapidly adapting response from the associated A $\beta$  fiber and transmits information on texture, low frequency vibration and skin movement. Ruffini endings are spindle-shaped cylinders composed of layers of Schwann cells and collagen fibers with an inner core of nerve terminals surrounded by a fluid filled space. Ruffini endings respond to lateral stretching of the skin, are slowly adapting and have large receptive fields. Deep in the dermis, Pacinian corpuscles are composed of interdigitating lamellar cells surrounding a central A $\beta$  fiber. Pacinian corpuscles are extremely sensitive, responding to movement in the nanometer range. Despite this sensitivity, they have large receptive fields and hence poor spatial resolution. These fibers respond to high frequency vibration up to 1000hz. These receptors are also present in hairy skin in touch dome complexes or innervating hair follicle shafts [934].

Figure 1.2 Trace of electrically stimulated A $\beta$ , A $\delta$  and C fiber wave forms.



**Figure 1.2 Trace of electrically stimulated A $\beta$ , A $\delta$  and C fiber wave forms.** A $\beta$  fibers are heavily myelinated have fast conduction velocities (51-77 m/s). A $\delta$  fibers are thinly myelinated and have intermediate conduction velocities (1.4–35 m/s). C fibers are unmyelinated and slowly conducting fibers (0.5-1.4 m/s).

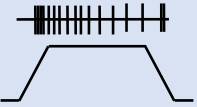
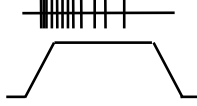
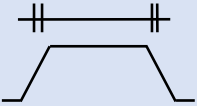
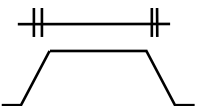
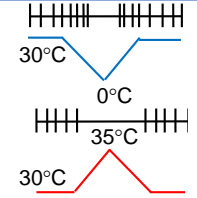
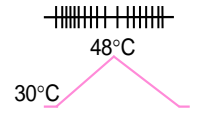
### The form and function of C and A $\delta$ low threshold mechanoreceptors in hairy skin

A subset primary afferent C and A $\delta$  fibers are activated by weak forces, and slowly moving mechanical stimuli across the skin, and contribute to touch sensation as well as emotional responses to touch [62,63,322,349,402,605,606] (for review see [449,502]). Human psychophysical studies have shown low threshold C (LTHC) fibers in the hairy skin of the arm, but not the glabrous skin of

the palm [440,464,828]. These fibers have thresholds between 0.3-2.5mN [828], adapt to continuous stimulation, display fatigue and fire after discharges [586]. LTHC fibers express VGLUT3 [719] and tyrosine hydroxylase [440], make up about 10% of the neurons in the DRG [420,457,719] and innervate the hair shafts of zigzag and awl/auchene hairs. A $\delta$ -LTH fibers, or D-hair fibers make up a small group of non-peptidergic fibers that express TrkB and respond to low threshold mechanical stimuli, bending of hair shafts and cooling of the skin [88,427,440]. Other non-noxious fibers in skin include A $\delta$  cooling fibers and C warm fibers that signal non-noxious cool and warm stimuli, respectively (**Table 1-1**).

Support for the role of TLH-C fibers in emotional touch comes from a study that looked at patients after anterolateral cordotomies (a procedure that severs the ascending axons carrying nociceptive information to alleviate pain in terminal patients). Investigators noted that in addition to loss of pain and temperature sensation, patients also reported a lack of erotic touch [409], but this finding has not been replicated [495]. Other psychophysical studies have shown that patients with congenital loss of C-fibers exhibit altered perception of low threshold stimuli [480,547], whereas patients lacking A $\beta$  afferents are able to detect soft brush stroking of the forearm [139,604].

Table 1-1 Characteristics and response properties of fibers that encode non-noxious stimuli

LTM	Conduction velocity (m/s)	Sensory modality (Threshold)	End organ (RF size)	Response properties
<b>SA-I</b>	16-96 [2]	Skin indentation, pressure	Merkel cell RF: 11 mm <sup>2</sup> [347]	
<b>SA-II</b>	20-100 [2]	Skin stretch	Ruffini ending RF: 60 mm <sup>2</sup> [347]	
<b>RA-I</b>	26-91 [2]	Skin movement, flutter	Meissner corpuscle RF: 3-13 mm <sup>2</sup> [249,347]	
<b>RA-II</b>	30-90 [2]	Vibration (40-1000 Hz)	Pacinian corpuscle RF: 100 mm <sup>2</sup> [347]	
<b>Aδ LTM/ D-hair</b>	16-96 [2]	Hair follicle deflection and cooling TH: ≤8.8mN [6]	Free nerve ending RF: single hair to 20 mm <sup>2</sup> [6]	Slowly or rapidly adapting
<b>Aδ Cooling</b>	5-30 [167]	Innocuous cool Dynamic range: 10°C - 42°C [338]	Free nerve ending RF: 3-10 mm <sup>2</sup> [167]	
<b>C-LTM</b>	0.8-1.2 [860]	Low threshold mechanical TH: 0.3-2.5mN [860]	Free nerve ending RF: 1-35 mm <sup>2</sup> [860]	Slowly or rapidly adapting
<b>C Warming</b>	0.5-2m/s [338]	Non-noxious heat (30°C -48°C) [338]	RF: <1 mm <sup>2</sup> [412]	

RF, receptive field size. RA, rapidly adapting. SA, slowly adapting



## Form and function of nociceptors

A majority of A $\delta$  and C fibers respond specifically to and encode noxious stimuli. These fibers are called “nociceptors”, a term coined in the beginning of the 20<sup>th</sup> century when Charles Sherrington theorized the existence of a special set of nerve endings in the skin that respond to “stimuli that do the skin injury, stimuli that in continuing to act would injure it still further” [729]. Nociceptors respond to a variety of noxious stimuli including noxious cold, noxious heat, high threshold mechanical stimuli (>10 mN) in humans [554,828] and mice [97] and a variety of algogenic chemicals including inflammatory mediators. The response frequency of nociceptors to peripheral stimulation is proportional to stimulus intensity. Electrophysiology studies have shown that around 70% of cutaneous nociceptors respond to more than one stimuli and are termed “polymodal” [97,424,640]. Nociceptors are not a homogenous population and can be grouped based on several characteristics including conduction velocity, response patterns to peripheral stimulation and expression of molecular markers.

A $\delta$  fibers are thinly myelinated with conduction velocities of 1.5-30 m/s in humans [6,97,752] and 1.4-13.0 m/s in mice [97]. C fibers are unmyelinated and have slower conduction velocities (0.4-1.4 m/s in mice [97] and <1.5 m/s in man [279,294]). Because some A $\delta$  and C fibers can be activated by noxious stimuli, the differences in their conduction velocities translates into two temporally distinct perceptions of pain termed “first pain” and “second pain” respectively [61,158]. Experiments using nerve block have shown that the nociceptive sensations associated with activation of A $\delta$  nociceptors are qualitatively different from those associated with C fiber activation [72,348,418,481,665,808]. The more rapidly conducted signal transmitted by the A $\delta$  fiber called “first pain” and is associated with a high spatial resolution and a “pricking” quality [98]. The sensation following C fiber activation is slower in onset, poorly localized, and described as burning [72]. Unlike A $\beta$  fibers, A $\delta$  and C fibers lack the specialized receptor complexes and terminate as free nerve endings in glabrous skin. Peripherally, A $\delta$  fibers terminate in 5-20 discrete sensitive spots covering an area of about 4 mm<sup>2</sup> [702,810], whereas most C fibers have only one small but continuous RF

between 1-10 mm<sup>2</sup> [294,708,807]. RFs are larger on the trunk and proximal limbs and smaller in the fingers [708].

C and A $\delta$  nociceptors can also be subcategorized by their response properties to peripheral stimulation. C fibers can be divided into two groups based on the timing of their peak response to thermal stimuli. Quick C (QC) fibers exhibit their maximum response during the ramp phase of a heat stimulus, while slow C (SC) fibers reach maximum firing rate during the plateau phase of a heat stimulus [517]. A $\delta$  fibers likewise can be grouped based on their responses to heat and mechanical stimuli. A $\delta$  type-I have a slowly increasing firing pattern and have higher heat thresholds whereas A $\delta$  type-II have lower heat thresholds and adapt rapidly to continued stimulation [517]. The response properties of these neurons will be discussed further in chapter 7.

#### Peptidergic and Non-peptidergic Nociceptors

The two main groups of molecularly defined nociceptors include peptidergic and non-peptidergic [536,557]. Early in development, all nociceptors depend on nerve growth factor (NGF) signaling for survival and express the NGF receptor tyrosine kinase (TrkA) as well as the runt domain transcription factor Runx1. Later, about ½ lose their dependence on NGF, but continue to express Runx1 and Ret, the receptor for glial cell-derived growth factors (GDNF) [115]. Ret<sup>+</sup> neurons develop into non-peptidergic nociceptors [536,537]. Non-peptidergic C-fibers express the enzyme fluoride-resistant acid phosphatase (FRAP) and bind Griffonia simplicifolia lectin IB4 [135]. Most non-peptidergic C-fibers also express the ATP gated ion channel P2X3 [84,838], and a variety of Mas-related GPCRs (Mrgpr) involved in transduction of stimuli including chemical mediators like neuropeptides [207]. Non-peptidergic C- fibers primarily innervate the epidermis [649,791] and are thought to be important for mechanical pain [110,919]. Unlike C fibers, non-peptidergic A $\delta$  nociceptive fibers do not bind IB4 [195].

Primary afferents which maintain their dependence on NGF/TrkA signaling lose Runx1 expression [115] and become peptidergic nociceptors [536,537]. Peptidergic fibers (~50 % of C nociceptors and ~20% of A $\delta$  nociceptors) stain

positively for the peptides substance P (SP) and/or Calcitonin Gene Related Peptide (CGRP) [29,426,427]. Peptidergic C fibers are believed to be involved mainly in transmitting heat pain information [110,919] while peptidergic A $\delta$  fibers that express the receptor for neuropeptide Y (Npy2r) are involved in pinprick sensation and ablation of these neurons selectively impairs behavioral response to pinprick [21]. Peptidergic neurons innervate both skin and deeper structures including viscera and muscle [54,642]. Expression of IB4 and/or the peptides CGRP and SP is not mutually exclusive as there is some overlap between these two populations (more so in rat than in mouse) [667].

### The function of A $\beta$ nociceptors

Traditionally, A $\beta$  fibers were thought to be involved in the conduction of low threshold sensory information; however, there is a growing body of evidence to suggest the existence of a small population of high threshold A $\beta$  fiber nociceptors [91,200,425,554]. Previous studies have shown that 18% of A fiber nociceptors in monkey [816], and 12% in human [554] had CVs in the A $\beta$  range. Contribution of these fibers to the perception of pain is still debated.

### Molecular characteristics of nociceptive neurons

The particular combination of high threshold receptors and ion channels expressed by an individual nociceptor sets up the sensory specificity for that cell. Many of these channels are members of a group of Transient Receptor Potential (TRP) transmembrane proteins. Humans express 27 different TRP channels that are grouped into 6 families including: vallinoid (TRPV), melastatin (TRPM), and ankyrin (TRPA) [582]. Many of these channels are activated by thermal stimuli. For instance, sensitivity to heat is conferred by a combination of TRPV1, TRPV2, TRPV3 and TRPV4 expression [187]. Since it was first cloned in the late 1990s [107], TRPV1 is one of the most studied channels in pain literature. TRPV1 is activated by heat  $\sim 43^{\circ}\text{C}$  (around the pain threshold for heat stimuli in humans and animals [113,412]) and capsaicin [107]. TRPV1 is found in both peptidergic and non-peptidergic nociceptors [274,333,667,803] in rats, but is confined to peptidergic fibers in mice [109,667,719,938]. In mice, TRPV1 is selectively expressed in a group of mechanically insensitive C fibers [424] as well as a small

population of A $\delta$  fibers [558,559]. TRPV2 is activated by heat >52°C and expressed by a group of polymodal and mechanically sensitive fibers [424] presumably A $\delta$  MH I [106].

The role of TRPV1 and TRPV2 in basal heat thresholds has recently been questioned as mice lacking TRPV1 have only minor changes in heat sensitivity [105], and primary afferents lacking both receptors have normal heat thresholds and responses [876]. However, ablating the central terminals of all TRPV1<sup>+</sup> fibers causes a profound loss of heat sensitivity [110]. TRPV3 and TRPV4 are both activated by temperatures around 30°C [273,751] and their expression is seen mostly in keratinocytes, suggesting a role for these cells in the transduction of heat stimuli [130,636].

Transduction of cold stimuli is similarly complex. Temperatures below 15°C cause pain sensations in glabrous skin [124,740]. TRPM8 is activated by cold temperatures with a threshold for activation around 23°C [635]. Expression of TRPM8 is seen in about 10-20% of all C and A $\delta$  fibers [386,506,635] and loss of this channel dramatically reduces behavioral responses to cold [48,137,186]. When A $\delta$  input is blocked, noxious cold stimuli are perceived as “hot” [243,481,843], suggesting that C-fiber input evoked by cold is normally modulated by simultaneous activation of A $\delta$  cold-sensitive fibers. Below 18°C TRPA1 is activated on a small group of peptidergic fibers, 30% of which also express TRPV1 [772]. The involvement of TRPA1 in transduction of cold stimuli is debated as primary afferents from TRPA1 KO mice show normal responses to cold and [406] and loss of the central terminals that express TRPV1 does not decrease behavioral responses to cold [110].

TRPA1 has also been implicated in transduction of other stimuli including mechanical, heat, and certain chemicals [260]. Regarding mechanical transduction, mice lacking TRPA1 have decreased responses to punctate tactile stimuli [405], and primary afferents lacking TRPA1 are less responsive to mechanical stimuli [406]. TRPA1 is also activated by allyl isothiocyanate, the pungent ingredient in mustard and wasabi [350].

The mechanisms by which mechanical stimuli are detected and

transduced has been heavily investigated and until recently was still unknown. Piezo2 is a mechanically activated cation channel [147,148] expressed by a variety of DRG neurons [920]. Conditional deletion of piezo2 in sensory neurons impairs light touch sensation in mice [783,920]. Another mechanically activated ion channel, TACAN, is believed to be important for the detection of high threshold tactile stimuli and deleting this channel in non-peptidergic Mrgprd<sup>+</sup> C fibers decreases nocifensive behaviors to painful mechanical stimuli [49]. These studies support earlier results suggesting that Mrgprd<sup>+</sup> non-peptidergic C fibers are necessary for the transduction of high threshold mechanical stimuli and the development of inflammatory mechanical hyperalgesia [110].

As noted earlier, nociceptors express a variety of voltage gated sodium channels including Nav1.7 and Nav1.8. The electrophysiological properties of these channels, along with voltage sensitive and insensitive potassium channels and calcium channels, regulate neuronal excitability. Nav1.7 is expressed in DRG and sympathetic neurons [73] including 85% of nociceptors [201], and loss of Nav1.7 in nociceptors results in decreases in acute thermal and mechanical pain responses [569]. Nav1.8 is seen in 80-90% of nociceptors [198,822], and Nav1.8 KO mice display reduced responses to noxious mechanical [11] and cold stimuli [935]. There are many other receptors and channels involved in the transduction of physical/thermal/chemical stimuli, for a more thorough review see [43,177,472].

### Nociceptor sensitization

#### Inflammation and primary hyperalgesia

Peripherally, inflammation causes primary afferent nociceptors to become sensitized, lowering the threshold for activation and increasing the firing rate of nociceptors causing primary hyperalgesia [235,416,417,515]. Chemical mediators released from activated nociceptors as well as non-neuronal cells in the vicinity of peripheral nerve endings sensitize nociceptors. These mediators, collectively known as “inflammatory soup” include: protons (H<sup>+</sup>) [65,764], ATP [193], peptides (substance P [562], CGRP [437], bradykinin [532]), eicosanoids [337], neurotrophins [734], cytokines [753], and chemokines [862] (for review see

[43,774,881]). These mediators bind receptors or channels on the ends of nociceptors and activate multiple signaling cascades which modulate cellular excitability.

For example,  $\text{TNF}\alpha$ , a prototypical inflammatory cytokine produced by macrophages [755] and Schwann cells [724,842] is involved in nociceptor sensitization [161,852]. Expression of  $\text{TNF}\alpha$ , and its receptors (TNFR1 and TNFR2) are elevated in various pain models including bone cancer pain [925], inflammatory pain [325,443,623,879], and nerve injury induced pain (for review see [433]). The involvement of  $\text{TNF}\alpha$  in peripheral sensitization is supported by evidence that exogenous application of  $\text{TNF}\alpha$ , can activate and sensitize nociceptors [306,352,703,757]. Potential mechanisms of  $\text{TNF}\alpha$  induced sensitization of primary afferents include increasing expression of TRPV1 [296] and COX [223], enhancing voltage gated sodium channel currents [120,345], inhibiting sustained potassium currents via prostaglandin synthesis/release [454] and increasing cytosolic calcium [655].

TRPV1 is essential for the development of thermal hyperalgesia due to inflammation and TRPV KO animals develop less thermal hyperalgesia after inflammatory insult [105,169,851]. Moreover, TRPV1 itself appears to be sensitized by inflammation. Sensitization of TRPV1 is mediated in several ways including activation of PLC by bradykinin or nerve growth factor (NGF). PLC activation causes breakdown of  $\text{PIP}_2$  and TRPV1 disinhibition [90]. TRPV1 can also be sensitized by direct phosphorylation via protein kinase A (PKA) [465,645] or protein kinase C (PKC) [66,465,663,738,832]. Other studies have shown that low pH (frequently seen during inflammation [65,764]) can sensitize TRPV1 and lower its thermal activation threshold [803]. Bradykinin signaling and subsequent breakdown of  $\text{PIP}_2$  also sensitizes TRPA1 channels on primary afferents [375,850], and TRPA1 KO mice do not develop hypersensitivity after mustard oil or bradykinin treatment [47,405].

Voltage gated sodium channels also play a role in the sensitization of primary afferent neurons [407]. In models of inflammatory pain, Nav1.7 and 1.8 are upregulated in primary afferents [74,345,773] and rodents lacking Nav 1.7 or

Nav1.8 in nociceptive C fibers develop less inflammatory mediated hyperalgesia [11,529,569]. Modulation of Nav channels by inflammatory mediators is believed to be important for peripheral sensitization [74,190,407].

In addition to increasing excitability of normally responsive nociceptors, inflammatory mediators can also sensitize so called “silent nociceptors”. About half of all A $\delta$  and 30% of C fibers nociceptors are mechanically insensitive [170,262,287,518]. Mechanically insensitive fibers develop sensitivity to mechanical stimuli after injury [707] are believed to be involved in sensitization and hyperalgesia after injury or inflammation [706,720].

#### LTH A $\delta$ and C fibers sensitization

Low threshold C (CLTH) and A $\delta$  (A $\delta$  LTH) fibers are thought to contribute to mechanical allodynia in rodents and humans [555,719]; however, the extent of their involvement is still unclear [466]. Studies inhibiting transmitter release from CLTH neurons by knocking out VGLUT3 have shown reduced behavioral sensitization after inflammation and injury [719]; however, these results were not replicated when VGLUT3 was specifically knocked out in unmyelinated nociceptors [466]. A $\delta$  LTH fibers (including D-hair cells and cooling fibers) make up about 30-40% of all A $\delta$  fibers innervating mouse hairy skin [97]. In human microneurography recordings, LTH fibers represent around 45% of the total A $\delta$  population [6].

#### Neurogenic Inflammation

C fiber nociceptors are also capable of efferent signaling by releasing chemical mediators in the periphery, this process is called neurogenic inflammation. Activation of TRPV1<sup>+</sup> terminals in the periphery can promote the release of bioactive substances that then act on other cell types in the vicinity including immune cells and vascular smooth muscle cells [305,334]. The reaction in the skin to activation of TRPV1 terminals is three fold, 1: reddening of the skin, 2: local edema (wheal) caused by substance P induced plasma protein extravasation, and 3: arteriolar vasodilation (flare) caused by CGRP induced vasodilation [305,855]. Substance P also causes mast cell degranulation and histamine release [42]. The spread of the flare reaction but not the local edema is

dependent on action potential generation [335] and is probably mediated by “axon reflex” [784].

### How nerve injury causes pain

#### Wallerian degeneration

After peripheral axotomy, distal axon segments undergo Wallerian degeneration beginning at the proximal end of the cut axon. This degeneration begins within the first 24 hours after injury [50] and continues for 1-2 weeks [252]. The peak of the inflammatory response occurs around 4-7 days after injury [252].

Schwann cells are the ensheathing glial cells in the peripheral nervous system and provide trophic support for axons. Myelinating Schwann cells form multilayered membranous sheaths of myelin around large and medium sized axons. In contrast Remak cells (non-myelinating Schwann cells) loosely surround bundles of unmyelinated axons in groups named Remak bundles. After injury, both types of Schwann cells begin to proliferate, secrete cytokines and actively phagocytose axonal debris.

The cytokines secreted by Schwann cells recruit circulating macrophages which help clear myelin and axonal debris [802]. Recruited macrophages also release inflammatory mediators including IL-1b, IL-6, TNF $\alpha$  and NGF [241,724]. These cytokines and neurotrophic factors increase the excitability of primary afferent neurons as discussed earlier. The contribution of Wallerian degeneration to the development of neuropathic pain is supported by studies showing decreased neuropathic pain behaviors in mice where this process is reduced or slowed [674,840].

Wallerian degeneration provides a favorable microenvironment for axonal regrowth by eliminating the myelin sheaths and clearing myelin associated factors that inhibit axon growth (for review see [252,693]). Despite providing this favorable environment for axon regeneration, not all neurons survive axotomy. Studies have shown that around 30% of injured DRG neurons undergo apoptosis after peripheral nerve injury [24,300,504,730,833,864,907]. In addition, if peripheral regrowth is blocked by nerve ligation, or the mal-approximation of the



cut ends of the nerve sheath, the axons will sprout and a neuroma will form at the site of injury [180].

#### The involvement of injured fibers in neuropathic pain

After nerve injury, there is a rapid volley of action potentials sent from the site of injury to the spinal cord but this activity is short lived [849]. Injured primary afferents develop ectopic activity over a period of hours to days [179,282,455,459]. Ectopic firing can originate from both the neuroma that develops at the site of injury, as well as neuron cell bodies in the DRG [354,455,847]. The development of spontaneous discharge parallels the onset tactile allodynia and spontaneous pain behaviors in animal models [282,459,778].

#### The involvement of uninjured fibers in neuropathic pain

The inflammatory milieu induced by the Wallerian degeneration of injured axons [597] also induces ectopic activity in uninjured afferents [181,182,598,887,888,912]. Pain following nerve injury has also been shown to correlate with spontaneous C fiber firing in uninjured fibers [199]. Uninjured nociceptors become sensitized to peripheral stimulation [731,749,887] and peripheral terminals of intact fibers sprout into denervated territories [183,381] increasing the size of their receptive fields. Ectopic activity in one neuron can be increased by stimulating the axons of neighboring neurons (more readily in myelinated vs unmyelinated fibers) in a process called cross excitation which occurs in the DRG [184]. In patients, studies have shown that ectopic activity in intact primary afferents correlates with pain ratings [103,266,600].

#### Molecular changes after peripheral nerve injury

After nerve injury, both injured and uninjured fibers show changes in gene expression and cell signaling. For example, expression for TRPV1 is increased in uninjured fibers [245,317]. However, the involvement of TRPV1 in nerve injury induced pain is unclear as TRPV1 KO animals still developed thermal hyperalgesia after nerve injury [105]. Other studies looking at the expression of Piezo2 suggest that this channel is necessary for the development of tactile allodynia after nerve injury [552]. Cytokines, including TNF $\alpha$ , are also

upregulated after nerve injury and are involved in the generation of neuropathic pain (for review see [433,754]. TNF $\alpha$  increases Nav1.7 expression [479], increasing nociceptor excitability.

In contrast to their involvement in inflammatory pain, expression of Nav1.7 and Nav1.8 is reduced in injured axons after nerve injury [190,263,408,924]. However, uninjured axons show increased Nav currents [263,924] and knockdown of Nav expression has been shown to decrease pain phenotype after injury [411,659]. Some studies suggest that channel redistribution, instead of up or down regulation, may play a role in the development of neuropathic pain [263]. However, results from double knock out studies suggest that expression of Nav1.7 and Nav1.8 does not affect the development of pain caused by nerve injury [568]. A recent case study has demonstrated the development of neuropathic pain like symptoms in a patient with congenital insensitivity to pain (CIP) caused by a null mutation of Nav1.7 [861], and other clinical studies have shown an increase in Nav expression in human neuromas [218]. The conflicting evidence around the contribution of Nav 1.7 and Nav1.8 in neuropathic pain, suggests more work needs to be done [263,281,339,411,434,503,923].

A variety of voltage gated calcium channels (VGCCs), including N, P/Q and T types, are also expressed by primary afferent neurons. The  $\alpha_2\delta$  auxiliary subunit of VGCCs, is upregulated in the DRG after peripheral nerve injury [473,926]. This channel is the target of gabapentinoids which will be discussed later.

Nerve injury modulates expression of hundreds of genes in primary afferents (for review see [58,441,643]). These changes alter neuronal excitability in general and can change the responsiveness of individual fibers to various peripheral stimuli.

#### Sensitization of high threshold A $\beta$ fibers

Although, pain has traditionally been thought of as being transduced by unmyelinated or thinly myelinated fibers, the properties of A $\beta$  afferents are also changed in pathological states. After nerve injury, A $\beta$  fibers develop lower mechanical thresholds and prolonged discharge to stimulation [931]. Recently, a

study using optogenetic activation of A $\beta$  fibers found that nerve injured animals responded with pain like behaviors upon paw illumination [789] supporting a role for these fibers in nerve injury induced pain.

### Peripheral glia after nerve injury

Glial cells of the PNS include satellite glial cells (SGCs) and Schwann cells (SCs). Satellite glial cells (SGCs) tightly surround the cell bodies of sensory neurons and are connected via gap junctions [285]. Peripheral nerve injury causes activation of SGCs [463] that is dependent of neuronal activity [682]. Activated SGCs proliferate [467,468], increase expression of GFAP [602], TNF $\alpha$  [603] and other effectors/receptors involved in nociceptive signaling. Inflammation and nerve injury also increase gap junction coupling between SGCs and neurons [210,284,286]. ATP is a major signaling molecule between neurons and SGCs in sensory ganglia [270,922]. ATP release from neurons activates P2X receptors on SGCs [270] causing TNF $\alpha$  release.

### Organization and processing of pain in the CNS

#### Form and function of the spinal dorsal horn

The dorsal horn of the spinal cord is a complex neural circuit involving the central projections of primary afferent neurons, intrinsic interneurons (neurons whose axons do not project out of the spinal cord), projection neurons whose axons ascend to the brain, and the terminals of descending axons from the brain which modulate pain transmission. The dorsal horn not only transmits information, but also functions to modulate nociceptive signaling. The dorsal horn is traditionally divided into discrete layers called Rexed's layers [683]. The superficial dorsal horn consists of the marginal zone (lamina I) and the substantia gelatinosa (lamina II), whereas laminae III-VI are considered the deep dorsal horn.

#### Central projections of primary afferents

Although primary afferents involved in detection of noxious and non-noxious stimuli run together in peripheral nerves, their pathways diverge once their central processes enter the spinal cord. Central projections from low threshold A $\beta$  fibers bifurcate; one branch will ascend to the brainstem in the

ipsilateral dorsal columns (cuneate and gracile fasciculi), the other branch will enter the dorsal horn and synapse on neurons in the deep dorsal horn (laminae III-V). Central terminals of primary afferent A $\beta$  sensory neurons in the dorsal horn label with VGLUT1 [800].

The central projections of low threshold C fibers (expressing VGLUT3) terminate in laminae I and II and overlap with PKC $\gamma$  but not IB4<sup>+</sup> terminals in layer III [420,719]. A $\delta$  low threshold terminals are located in lamina III and IV [440,447].

### Nociceptive primary afferent dorsal horn projections

Fibers carrying information about noxious stimuli enter Lissauer's tract, exiting to synapse in the dorsal horn within 1-3 spinal segments of their dorsal root entry point. From there, the message is relayed through interneurons to projection neurons in laminae I and III-V, whose axons ascend through the contralateral spinal thalamic tract (STT) and other tracts.

The two groups of peptidergic and non-peptidergic fibers have distinct projections into the dorsal horn. Peptidergic C fibers terminate in lamina I-II, while peptidergic A $\delta$  fibers terminate in laminae I, II, and V [259,303,304,320]. Peptidergic terminals release glutamate as well as SP and/or CGRP onto second order neurons. Non-peptidergic IB4<sup>+</sup> C fibers terminate mostly in the dorsal part of lamina II; [86,136,160,557]. Non-peptidergic A $\delta$  fibers terminate in laminae I and V [446].

### Intrinsic spinal neurons

Over 90% of neurons in the superficial dorsal horn are interneurons [760], including excitatory (glutamatergic) (75%) and inhibitory (GABAergic) (25%) [651] subtypes. Lamina I neurons have two distinct response patterns to peripheral stimulation. The first group responds almost exclusively to noxious stimuli, and are called high threshold (HT) or nociceptive specific neurons [127]. A second group of neurons responds in a graded fashion to innocuous and noxious stimuli are called wide dynamic range neurons (WDR) [511,867]. WDR neurons are also found in laminae IV-V where they receive low and high threshold inputs (directly or indirectly) through their superficial dendritic arbors [43].

A subpopulation of lamina II neurons expressing PKC $\gamma$  which receives input from CLTH vglut3<sup>+</sup> [3,420,578] responds preferentially to slow brushing of the skin [448]. These cells are necessary for the development of tactile allodynia [23,484,530] (for a review see [798]).

#### Labeled lines vs population coding?

The polymodality of nociceptors has sparked a debate in pain research regarding the decoding of sensory input: how does the brain differentiate between different stimuli that activate the same primary afferent neurons? The answer to this question is beyond the scope of this thesis, but new research highlights the importance of cross talk between different primary afferents in the dorsal horn and population coding of sensory input [474,859].

#### Nociceptive signaling in the dorsal horn

Glutamate is the major neurotransmitter released by primary afferent neurons onto second order dorsal horn neurons [69,525]. Glutamate binds to two different receptor subtypes on postsynaptic cells, ionotropic and metabotropic. Ionotropic receptors include  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptors, N-methyl-D-aspartate (NMDA) receptors, and kainate receptors. There are several groups of metabotropic glutamate receptors including group I (mGluR<sub>1</sub> and mGluR<sub>5</sub>), group II (mGluR<sub>2</sub> and mGluR<sub>3</sub>), and group III (mGluR<sub>4</sub> and mGluR<sub>6-8</sub>) based on the intracellular trimeric G proteins they recruit. Normally, low threshold stimuli cause the release of glutamate from the central terminals of primary afferents onto second order neurons. Fast excitatory synaptic transmission is accomplished by glutamate binding to and opening of AMPA receptor channels (calcium permeable and impermeable [805]). A stimulus with a higher firing rate can cause the additional release of neuropeptides like substance P and CGRP from peptidergic neurons. Substance P binds and activates NK-1 receptors on second order neurons.

Prolonged AMPA stimulation and postsynaptic depolarization can trigger the removal of the Mg<sup>2+</sup> block from NMDA receptors on the postsynaptic membrane. Glutamate binding to NMDA combined with the removal of the Mg<sup>2+</sup>

block causes activation of this ionotropic receptor and a subsequent influx of calcium into the second order neuron [250].

### The involvement of central sensitization in chronic pain

In addition to the peripheral mechanisms promoting hyperalgesia, increased synaptic strength between primary afferents and their dorsal horn targets (central sensitization) has also been shown to play a role in the pathophysiology of hyperalgesia and allodynia [132,163,211,342,698,880]. Electrophysiologically, central sensitization is seen as increased spontaneous activity, hyperexcitability and increased receptive field sizes of dorsal horn neurons and can be induced by tissue or nerve damage [208,866]. There are two main mechanisms that have been shown to increase neuronal excitability of dorsal horn neurons in an activity dependent manner.

The first, windup is caused by repetitive, low frequency application of a C fiber strength stimulus to the periphery. This causes dorsal horn neurons to fire an increased number of action potentials in response to the same stimulus [512] and the development of after discharges. Windup is primarily observed in WDR neurons [713] and is dependent on temporal summation of C fiber evoked synaptic potentials [745] and NMDA receptor activation [168,192,297,512]. Temporal summation of pain (the behavioral correlate of windup [215]) has also been documented in human subjects [393,666].

Windup may lead to the development of the second form of activity dependent increase in neuronal excitability, central sensitization. Central sensitization is an increase in neuronal excitability following a high frequency conditioning stimulus of sufficient strength [878,885], and is considered to be the spinal equivalent of long term potentiation (LTP) [698]. LTP between primary afferent C fibers and second order dorsal horn neurons can be induced following high frequency stimulation [676], as well as noxious stimulation or nerve injury [323,699]. Spinal LTP results in reduced activation threshold, increased responsiveness to peripheral input and changes in receptive field sizes [143]. LTP of synapses in the dorsal horn requires the release of a combination of excitatory amino acids (like glutamate) and peptides (such as SP and CGRP)

onto dorsal horn neurons [208,577,678,795,824]. Like windup, LTP is driven by activation of C-fiber inputs [460,461,781,884] and NMDA receptor activation [462,676]. Unlike windup, LTP increases the response of dorsal horn neurons to both A and C fiber inputs [741,782,883].

NK-1 neurons are essential for the development of central sensitization [372,461]. Studies have shown that chemically ablating NK-1 neurons (using substance P-saporin conjugate) prevents the development of hyperalgesia in models of neuropathic and inflammatory pain [489,580,780]. Studies using NK-1 KO mice have shown similar results [487]. More recently, LTP has also recently been shown to require group I mGluRs [30,257,444].

### Allodynia and secondary hyperalgesia

Peripheral sensitization can explain the onset of heat allodynia and hyperalgesia (caused by sensitization of heat activated ion channels which lowers the threshold for activation of heat responsive nociceptors [313]), and primary mechanical hyperalgesia (caused by increased firing of nociceptors to suprathreshold stimuli [36,731,749]). However, mechanical allodynia cannot be explained by the sensitization of primary afferent neurons, as mechanical thresholds for A $\delta$  and C fiber afferents rarely drop so low that they would be activated by low threshold stimuli [36,37,749]. In patients, compression nerve block to inhibit A $\beta$  conduction reduces tactile allodynia [100,395,414,809,933]. Other studies have shown that electrical stimulation of A $\beta$  afferents reproduces allodynia in patients [664]. Collectively, this evidence strongly suggests that A $\beta$  input is responsible for the sensation of allodynia. Recently, a study done in mice showed that optogenetic activation of A $\beta$  fibers in the periphery elicited allodynic like responses in mice after nerve injury [789]. Peripheral sensitization also cannot explain secondary hyperalgesia (pain in areas surrounding injury) as primary afferent nociceptors innervating these areas are not sensitized [46,413].

To explain these phenomena we invoke non-Hebbian plasticity and heterosynaptic potentiation [561]. Central sensitization and synaptic potentiation is not only seen at activated synapses (homosynaptic) but on neighboring synapses as well (heterosynaptic) [561]. Potentiated synapses may be found on

neurons that also receive input from low threshold afferents with receptive fields that overlap those of the activated C fibers. Heterosynaptic potentiation allows low threshold input from A $\beta$  afferents to drive activation of nociceptive and WDR dorsal horn neurons and is thought to be the basis of allodynia.

Heterosynaptic sensitization is also thought to be the basis for secondary hyperalgesia (hyperalgesia in areas distant to, but surrounding an injury). The development of secondary hyperalgesia is believed to be due to increased excitability of dorsal horn neurons that receive input from primary afferents with receptive fields in and surrounding the injury site [414,741,866,878]. This non-Hebbian LTP serves to increase dorsal horn responses to stimuli in the area surrounding the primary site of activation (secondary hyperalgesia).

### [Nerve injury and the induction and maintenance of central sensitization](#)

#### [Injured vs uninjured primary afferent drive in central sensitization](#)

Research suggests that pain after nerve injury is caused by increased activity in both the injured and uninjured axons, as well as altered connectivity in the dorsal horn (for review see [99,509]. Immediately after injury, the firing rate of dorsal horn neurons increases dramatically, and this is dependent on peripheral input [759]. We have previously reviewed how peripheral nerve injury can cause the development of ectopic activity in and sensitization of primary afferent neurons. Studies have shown that ectopic discharge of primary afferents causes sensitization of spinal HT and WDR neurons [422,646–648,697,759]. These neurons also have expanded receptive fields [647,785].

However, there is ongoing debate as to the importance of injured vs uninjured fibers in the development and maintenance of central sensitization. Results from several studies have led to the development of two distinct hypotheses: the first maintains that activity from injured fibers drives central sensitization, the second insists that activity from uninjured fibers is more important. Proponents of the injured afferent hypothesis maintain that central sensitization is triggered by ectopic activity from axotomized neurons [179,459]. This belief stems from studies that have shown that eliminating the central input from injured fibers after PNI decreases pain behaviors [659,727,912].



However, there is a paradox here. The incidence of spontaneous activity in injured A $\delta$  and C fibers is very low [80,282,431,459,520] and the overwhelming source of ectopic activity in injured axons comes from myelinated A $\beta$  fibers [80,282]. Studies have also suggested the majority of this activity is from muscle afferents [521], and that damage to nerves with muscle but not cutaneous afferents is necessary for nerve injury induced pain [924]. However, it is well known that C fiber input is necessary for central sensitization [393,884,885]. Because of this, some groups have focused on and the development of ectopic activity in, and sensitization of, uninjured neighboring axons [179,442,598,887,888].

Many studies have shown that uninjured nociceptors develop low frequency ectopic activity after nerve injury [80,122,196,197,199,731,887], and pain following nerve injury correlates with spontaneous C fiber firing in uninjured fibers [199]. Uninjured nociceptors also become sensitized to peripheral stimulation [122,731,749,887]. One study was able to induce behavioral sensitization following low frequency stimulation of C fiber afferents, suggesting that low frequency C fiber firing (like that seen in uninjured C fibers after nerve injury) can induce central sensitization [888]. Support for the involvement of uninjured fibers comes from studies that, in contrast to those mentioned earlier, showed eliminating central input from injured axons does not decrease pain behaviors [219,442], whereas cutting off input from uninjured fibers does [442].

Because the overwhelming source of ectopia after nerve injury comes from myelinated A $\beta$  afferents in the injured nerve, multiple avenues of research have sought to examine the role of A $\beta$  fibers in the development of central sensitization [179,877,878]. Studies have shown that myelinated A $\beta$  fibers undergo phenotypic switching, as they begin to express neuropeptides like SP and CGRP that are normally restricted to nociceptors [475–477,483,524,579,584,647,857], but this has been challenged [318]. Support for A $\beta$  input in central sensitization comes also from studies showing that ablating C fibers fails to prevent the development of nerve injury induced pain behaviors [371,556,612].

However, these studies all used the TRPV1 agonist resiniferatoxin (RTX) to ablate unmyelinated primary afferent neurons, but as 70% of primary afferents are C fibers and only 30% of all neurons in the DRG express TRPV1 [105,109,667], there would be a significant number of C fibers remaining after RTX treatment in the adult. One study looking at electrophysiologically defined C fibers found that only 11 out of 88 stained positive for TRPV1 [424]. Hence, RTX treatment in adult animals would only ablate between 25 and 50% of C fibers and would not be expected to eliminate hyperalgesia in mice.

The role of phenotypic switching of myelinated A $\beta$  fibers in the induction of central sensitization has been supported by evidence showing central sprouting of A $\beta$  terminals into the more superficial layers of the dorsal horn after nerve injury [389,432,486,563,882,932]. This sprouting would allow low threshold input access to the nociceptive circuitry. However, others studies insist that central sprouting of low threshold fibers does not happen [38,319,728,806], or that A $\beta$ s already have projections into the superficial dorsal horn [77,875].

Although the ability of injured A $\beta$  afferents to induce or maintain central sensitization is still incompletely understood, the ability to induce neuropathic pain in mice after elimination of all Nav1.8 expressing primary afferents brings into question the necessity of C fiber input for central sensitization [1]. Regardless of their role in central sensitization, the evidence that residual (uninjured) A $\beta$  afferents are responsible for transmitting stimuli that produce tactile allodynia is well established [100,143,266,393,664,809].

Ectopic activity of injured afferents correlates with tactile allodynia early, but not late after nerve injury [459,778] suggesting that this activity may be important for the development but not the maintenance of neuropathic pain [459,778,894]. The relative importance of activity in injured vs uninjured fibers in the development and maintenance is still heavily debated and the development of tactile allodynia after PNI probably involves both [261,336,516,686] (for review see [99]).

### Sympathetically maintained pain

There is some evidence that certain neuropathic pain conditions are maintained through the involvement of the sympathetic nervous system. Studies have shown that peripheral nerve injury induces noradrenergic sprouting into local DRGs [507]. However, sympathectomy has had varied effects on neuropathic pain [685,911]. Recent studies looking at the role of various Nav channels have shown that mice lacking Nav1.7 in sensory neurons develop neuropathic pain normally [529,569] while mice lacking Nav1.7 in sensory *and sympathetic* neurons show reduced nerve injury induced pain behaviors [529].

### The role of central glia in neuropathic pain

Activation of glia (astrocytes and microglia) within the dorsal horn of the spinal cord and the subsequent production of cytokines (including TNF $\alpha$ ), plays an important role in the development of chronic pain [205,527,711]. Centrally, TNF $\alpha$  is secreted primarily by activated microglia [288]. Exogenous TNF $\alpha$  can induce LTP at C fiber synapses only after nerve injury, indicating enhanced responsiveness of dorsal horn neurons to inflammatory cytokines [463]. Inhibiting microglial activation can attenuate the development but not the maintenance of neuropathic pain [673] (for review see [341]).

### Gate theory of pain

In 1965, Melzack and Wall developed a theory involving input from low threshold mechanoreceptors activating inhibitory interneurons that would then “close the gate” by presynaptically inhibiting nociceptive terminals in the dorsal horn [510,846]. Conversely, high threshold input would act to disinhibit nociceptive projection neurons to “open the gate”. The balance between excitation and inhibition in the dorsal horn is thus essential for maintaining normal sensory processing in the dorsal horn. Under pathological conditions, the “gate” would falter leading to the sensitization of dorsal horn neurons such that low threshold input could over-ride the parallel inhibitory signals to activate nociceptive spinal neurons.

Contemporary views of this gate mechanism implicate two populations of interneurons; PKC $\gamma$  expressing excitatory interneurons in inner lamina II [23,85]

and inhibitory interneurons in the superficial dorsal horn. The PKC $\gamma$  population of neurons receives low threshold input and are necessary for injury induced allodynia [3,484,530]. Loss of tonic inhibition of these neurons may open the pain “gate” and allow low threshold input access to the nociceptive circuitry [85,469]. The mechanism by which this loss of inhibition might occur is still unclear but may involve inhibitory cell loss or decreased inhibitory tone in the dorsal horn. Several studies have shown that peripheral nerve injury results in the loss of inhibitory interneurons in the dorsal horn [213,321,482,587,744] or a decrease in inhibitory tone [329,540,744] however, other studies have not shown this [652,653] (for review see [267]).

#### Characteristics of dorsal horn projection neurons

Projection neurons are located primarily in laminae I with a second population scattered throughout laminae III-VIII. These neurons make up the spinothalamic tract [153]. Although only 5% of neurons in lamina I are projection neurons, 80% of those express NK-1, the receptor for substance P [496,801] and may correspond to HT neurons [372], whereas only 30% of projection neurons from deeper laminae express NK-1 [496,801].

#### Form and function of supraspinal pain pathways

Some non-noxious information is relayed to the brain through the dorsal column medial lemniscus pathway. After ascending through the dorsal columns, primary afferent neurons synapse in the dorsal column nuclei in the brainstem. From there, secondary afferents cross the midline in the medulla forming the medial lemniscus which projects to several nuclei in the thalamus including the ventral posterior medial (VPM), ventral posterior lateral (VPL), central lateral (CL) and intralaminar nuclei. From the thalamus, information is relayed to several cortical areas including the primary somatosensory cortex, insular cortex and cingulate cortex (for review see [43,870]). From the dorsal horn through to the cortex, information in this pathway maintains a somatotopic arrangement.

The spinal thalamic tract (STT) is the main relay of nociceptive information from the spinal cord to the brain and is more developed in primates than other vertebrates [869]. In primates, about half the STT neurons come from lamina I,

while  $\frac{1}{4}$  come from laminae IV-V and the other  $\frac{1}{4}$  from laminae VII-VIII [869]. Functionally, about 55% of STT neurons are WDR, 32% of NS, 11% respond to stimulation of deep tissues and 2% are activated exclusively by innocuous tactile stimulation [61]. Projection neurons cross the midline through the anterior white commissure and ascend in the anterolateral spinal cord white matter. As STT axons ascend through the brainstem towards the thalamus they send collaterals to reticular and mesencephalic nuclei including the dorsal reticular nucleus, lateral parabrachial nucleus, and the periaqueductal gray (PAG) [14,15,654,760,801] (for review see [613,799]) sites important for descending modulation of pain.

Projection neurons from laminae I, IV and V synapse in the lateral thalamus (VPL and VPM), have discrete receptive fields and are thought to carry information on the sensory-discriminative aspects of pain [867,869,870]. Whereas, projection neurons from deep dorsal horn terminate more medially in the thalamus (CL and intralaminar), have very large receptive fields [260] and are thought to carry information related to the motivational-affective components of pain [870].

#### [The role of the thalamus and cortex in pain signaling](#)

Lateral thalamocortical afferents project to the primary somatosensory cortex (SI) where sensory information from the contralateral body is somatotopically organized [637,638]. From there, information is passed to other cortical areas involved in sensory processing including the secondary somatosensory cortex (SII). Medial thalamocortical afferents project to the insular cortex, and anterior cingulate cortex [815]. The somatosensory cortex is believed to be involved in processing the sensory/discriminative aspects of pain, while the anterior cingulate cortex and other limbic structures respond more to the affective/motivational components of pain perception [92,615].

#### [The periaqueductal gray \(PAG\) / rostral ventromedial medulla \(RVM\) in descending modulation](#)

Spinal processing of nociceptive signals is modulated by descending facilitatory and inhibitory projections from the brainstem. Early studies found that

electrical stimulation in the PAG caused antinociception in animals [684]. Neurons in the PAG receive input from the cortex and ascending STT collaterals and in turn project to the rostral ventromedial medulla (RVM).

The RVM also gets input from the thalamus, parabrachial area, and the locus coeruleus [615]. There are two main populations of neurons in the RVM that are involved in the descending modulation of pain: on-cells and off-cells. Off-cells tonically active GABAergic cells [230,544] and are turned off by noxious stimulation, whereas on-cells are constitutively silent and turned on by noxious stimulation [230]. Both populations project to the superficial spinal dorsal horn [44]. On-cells enhance spinal nociceptive transmission whereas off-cells suppress it [295]. Studies have suggested that an imbalance between the inhibitory and facilitatory activity within the RVM may underlie pathological pain states (For review see [295]).

## Chapter 2

# MMG22, a novel bivalent ligand for the treatment of chronic pain

### Current and future treatments for neuropathic pain

Currently, pharmacological treatments available to treat neuropathic pain are largely ineffective and plagued by adverse CNS side effects [231]. First line therapies for neuropathic pain include calcium channel blockers (like Gabapentin and Pregabalin) as well as antidepressants including SNRIs (like duloxetine or venlafaxine) and Tricyclics. Second line therapies include 8% capsaicin patches, lidocaine patches, and tramadol. Subcutaneous botulinum toxin A injections and strong opioids are considered third line therapies (for review see [231]).

Of the first line treatments for neuropathic pain, gabapentin and pregabalin seem to have the most efficacy. As calcium channel blockers, these drugs have high affinity for the  $\alpha_2\delta$ -1 subunit of several voltage gated calcium channels [253,492]. The expression of this subunit is fairly ubiquitous but importantly it is found presynaptically in the dorsal horn on the central terminals of primary afferent neurons [45,435,436,792]. The  $\alpha_2\delta$ -1 subunit is upregulated in ipsilateral DRG after nerve injury [45], and hyperalgesia is delayed in KO animals after nerve injury [627]. However, in clinical trials only ~35% of patients reported substantial pain relief [541,865].

Various antidepressants including tricyclics, selective serotonin reuptake inhibitors (SSRIs), and serotonin norepinephrine reuptake inhibitors (SNRIs) have been used in the treatment of neuropathic pain. These drugs are believed to reduce pain by enhancing descending inhibitory controls in the brainstem, but probably work through other mechanisms as well [328,743]. Meta-analysis has shown that tricyclics and SNRIs reduce pain in around 45% of pain patients with

peripheral neuropathy, where SSRIs are much less effective, reducing pain in less than 15% patients with painful diabetic neuropathy [743]. Side effects like dry mouth, seating, dizziness, fatigue, nausea and vomiting limit the clinical utility of antidepressants for the treatment of neuropathic pain. Despite our increasing knowledge about the pathophysiology of neuropathic pain, less than 50% of patients receive adequate pain relief from pharmacological treatments [231,357].

### The effects of opioids on nociception

Opium, extracted from poppies, was the originate opiate from which all natural opioids are derived (including morphine and codeine). Opium has been used for various purposes including pain relief beginning some six to eight thousand years ago [87,937]. Traditional opioids act as agonists at the  $\mu$  opioid receptor (MOR). MOR is one of a family of opioid receptors including  $\delta$  opiate receptors (DOR), and  $\kappa$  opiate receptors (KOR) [52]. Endogenous ligands for these receptors include  $\beta$ -endorphin, enkephalins and dynorphins, respectively (for review see [52]). While potent analgesics,  $\mu$  opioid agonists also induce respiratory depression, nausea, sedation, constipation, tolerance, and can be incredibly addictive [56] which limits their clinical utility. Mirroring their efficacy in patients, MOR agonists have been shown to decrease pain behaviors in various rodent models including bone cancer pain [363,471,528,550], inflammatory in [343,471], arthritis pain [290,526], peripheral neuropathies like CIP and DIPN [149,625] and nerve injury induced NP [272,820].

However, recent research has shown that opioids have reduced analgesic efficacy in neuropathic pain patients [22,53,123,403] as well as in rodent models of neuropathic pain, including nerve injury [378,491,565,594–596,614,679,779], diabetic neuropathy [35,116,149,226,360,551], and chemotherapeutic induced peripheral neuropathy [237]. Previously, opioids were considered first or second line therapies for the treatment of chronic pain, the demotion of strong opioids to third line therapies was in large part due to their decreased efficacy over time [500,548,906], the increasing awareness of the risk of addiction [696,837], and the recent epidemic of opioid misuse and overdose related deaths [111,231]. The



efficacy and use of opioids for patients with NP is still debated [144,364,508], while their efficacy in the treatment of acute pain is well known.

#### [μ opioid receptor signaling pathways](#)

μ opioid receptors are G-protein coupled receptors that couple with inhibitory trimeric G proteins ( $G_{i/o}$ ) when activated [189]. The  $G\alpha$  subunit inhibits adenylyl cyclase [121] resulting in a decrease in the production of cyclic adenosine monophosphate (cAMP). Reduced cAMP causes a decrease in the activity of PKA, which in turn decreases the ion conduction of membrane channels including TRPV1 and ASIC [96,217]. The  $\beta\gamma$  subunit of the trimeric G protein has been shown to open G-protein-gated inwardly rectifying  $K^+$  (GIRK) channels [324,423], and inhibit N-type, P/Q-type and L-type calcium channels [535,620,715,716,890] (for review see [423]). Together these actions decrease neuronal excitability and neurotransmitter release.

MOR agonists can also engage a  $\beta$ -arrestin dependent pathway, which mediates receptor desensitization, internalization, and activation of mitogen-activated protein kinase (MAPK) signaling cascades [13,185]. Individual MOR agonists may preferentially induce one signaling pathway over another in what is referred to as biased agonism (for review see [367]).

#### [Expression of MOR and effects of opioids in the CNS](#)

MOR is expressed at various sites in the central nervous system, and its expression patterns parallel the various effects of opioids [176]. For example MOR is expressed at various levels of the pain neur-axis including the dorsal horn of the spinal cord, RVM, and PAG [44,176], which account for the analgesic effects of  $\mu$  agonists administered in those locations. Opioids (endogenous or exogenous) disinhibit off-cells in the RVM indirectly by inhibiting GABAergic cells in the PAG. Disinhibition of RVM off-cells leads to suppression of dorsal horn nociceptive transmission [228–230,868]. Opioids directly inhibit on-cells in the RVM, reducing their normally facilitatory effect on the dorsal horn neurons (for review see [227,295,421]).

Intrathecal (i.t.) morphine has been shown to decrease pain behaviors in rodent models [900]. In the spinal cord, 30% of MOR expression is localized

postsynaptically on excitatory interneurons [368] and projection neurons while 70% is located presynaptically on the central terminals of primary afferent nociceptors [60]. In the dorsal horn, activation of presynaptic MORs decreases the release of glutamate, SP, and CGRP from primary afferent neurons [31,118,119,307,396,400,786,899] and decreases the excitability of A $\delta$  and C fiber terminals [104,700,796]. Postsynaptically, MOR agonists decrease GIRK channel potassium conductance to hyperpolarize dorsal horn neurons [265,493,494,913]. Electrophysiologically, i.t. morphine reduces the firing of nociceptive dorsal horn neurons [191]. Studies have shown that opioids do not affect the development of windup or maintenance of LTP [191,694]. However, in MOR KO mice lower levels of electrical stimulation are able to induce windup in WDR neurons, suggesting opioids may modulate the development of central sensitization [271].

Studies have shown that peripherally restricted MOR antagonists do not greatly reduce the analgesia provided by systemically administered opioids [522,794], (however see [767]) which suggests that spinal and supraspinal sites of action are the major mediators of opioid analgesia. However, this does not exclude peripheral opioid receptors from mediating analgesia.

MOR is also expressed in the nucleus of the solitary tract, nucleus ambiguus, and parabrachial nucleus [176]. These sites are all involved in the control of respiration [238] and the locations underlying opioid induced respiratory depression. MOR expression in the dopaminergic mesolimbic system, including the ventral tegmental area (VTA) has been implicated in both natural reward and addictive behaviors [872,873], emphasizing the addictive properties of opioid agonists.

### Expression of MOR and effects of opioids in the PNS

Although it is believed that most of the analgesic activity of  $\mu$  opioid agonists occurs in the CNS, MOR is also found in the peripheral nervous system. Activation of peripheral MORs has been shown to contribute to opioid analgesia in rodents models of pain [133,134,365,769,770] and in patients [194,356,793]. Peripherally restricted opioids have also been shown to produce anti-

hyperalgesia in rodent models of inflammatory pain [174,858] and neuropathic pain [129,272,595,709,797]. Recent studies using conditional KO of the OPMR1 gene in specific sets of primary afferent neurons have generated conflicting results regarding the role of MOR on primary afferents in opioid mediated analgesia [145,777,854].

MOR expression is observed in approximately 20-30% of primary afferent neurons [133,343,854]. The receptors are trafficked to both the central and peripheral terminals [343] of mainly unmyelinated peptidergic fibers [670,704]. Peripherally, MOR agonists decrease the excitability of primary afferents in response to noxious stimuli [400,796,858] and inhibit the calcium dependent release of proinflammatory compounds from peripheral nerve endings [909,910]. Systemic and intrathecal opioid actions are dependent on MOR expression by primary afferent neurons [776] and by Nav1.8<sup>+</sup> nociceptors in particular [721,854]. MOR agonists can also decrease TRPV1 currents in primary afferent neurons [217].

MOR expression is also seen in the enteric nervous system where it acts to inhibit peristalsis and cause constipation. It is by this mechanism that loperamide (a peripherally restricted MOR agonist) is used as an anti-diarrheal.

#### [The effects of injury on MOR expression and opioid analgesia](#)

It is well known that disease states modify gene expression. Because clinical and pre-clinical studies have shown MOR agonists to have decreased efficacy in NP, researchers have looked into possible mechanisms. Several studies have shown that inflammation increases the analgesic efficacy of opioids [766,770,825,858,936], whereas the exact opposite has been found in NP models [119,595]. Loss of opioid receptor expression by primary afferent neurons is believed to be the cause of decreased opioid efficacy/potency after nerve injury [593,679](for review see [400]). Previous work has shown that MOR expression is decreased in the DRG [429,593,650,679,889,921,929] and spinal cord [429,650,661,921,929] after nerve injury. The opposite pattern is seen in models of inflammatory pain where MOR expression is increased in the DRG [343,936] and spinal cord [901]. Increasing the expression of MOR on Nav1.8

primary afferent fibers reduces neuropathic pain behaviors and restores the analgesic efficacy of MOR agonists [383]. Functionally, the decrease of MOR expression after nerve injury results in agonists being less able to decrease SP release in the dorsal horn after noxious peripheral stimulation [119].

#### [Analgesic tolerance, opioid dependence, and opioid induced hyperalgesia](#)

Repeated administration of opioids leads to the development of tolerance to its analgesic effects, such that higher doses are needed to attain a similar level of pain relief. Mechanisms of analgesic tolerance involve changes at the molecular, cellular, and circuit level. Acute tolerance can be seen as a decrease in the ability of MOR agonists to decrease cAMP production and is most likely caused by receptor desensitization, via GPCR Kinase (GRKs) phosphorylation and subsequent  $\beta$ -arrestin dependent internalization [423,768,937]. Not all agonists induce receptor internalization, and internalization has been shown to reduce opioid tolerance suggesting that this process may enable resensitization of receptors after phosphorylation [387,388]. The involvement of internalization in tolerance is not fully understood and is likely agonist dependent [555].

Downregulation of receptor expression also plays a role in the development of tolerance [763]. High efficacy opioids induce opioid downregulation more readily than low efficacy opioids and hence are more likely to induce tolerance via this mechanism [626,632].

Continuous use of opioids over long periods of time produces physical dependence. Once dependence is manifest, cessation of opioid use leads to withdrawal symptoms including anxiety, restlessness, diarrhea, and alternating hot flashes and shaking chills [216]. Under some conditions opioids can paradoxically cause activation of pronociceptive systems and lead to increased pain sensitivity in a process known as opioid induced hyperalgesia (OIH) [258]. Long term opioid use has been linked to dysregulation in the balance between descending inhibition and facilitation tipping the scales towards the latter [513,829]. A recent study has also suggested a role for MOR expression in primary afferent neurons in the development of OIH [777].

### Analgesic tolerance in the CNS

Studies have shown that the PAG/RVM and spinal cord are involved in the development of  $\mu$  opioid induced analgesic tolerance [175,222,470]. The development of opioid tolerance in the spinal cord, but not the PAG/RVM, is dependent on NMDA and NOS signaling [222,470,543]. In the PAG/RVM tolerance has been linked to cholecystinin and microglial signaling [379,514,689,892].

### Analgesic tolerance in the PNS

The contribution of peripheral MOR signaling to analgesic tolerance is still debated. Using Nav1.8 Cre mice to delete MOR expression in primary afferent nociceptors, two groups have demonstrated opposing results regarding the role of peripheral opioid receptors in the generation of tolerance [145,854]. However, studies showing that repetitive use of peripherally restricted opioid loperamide promotes the development of tolerance, suggest that the peripheral system is also susceptible to tolerance [291].

### Glutamate signaling as an analgesic target

Recently there has been an increase in research surrounding the role of glutamate in nociceptive signaling and the use of glutamate receptor agonists/antagonists as potential analgesics (for review see [75,610]). Metabotropic glutamate receptors have received a lot of attention, specifically the role of the metabotropic glutamate receptor 5 (mGluR<sub>5</sub>) in peripheral and spinal nociceptive pathways [391,575,844,916,930].

### The role of mGluR<sub>5</sub> in nociception

mGluR<sub>5</sub> (a group I mGluR) is a GPCR and its activation initiates signaling cascades that modulate cellular excitability. Early studies using the mGluR<sub>5</sub> agonist CHPG showed that mGluR<sub>5</sub> activation induces pain behaviors in rodents when injected into the paw [351,844] or intrathecally [280,452,681]. Contrastingly, mGluR<sub>5</sub> antagonists have been shown to decrease pain behaviors in various rodent models including: CCI [203,233,234,385,758,930], SNL [316,451,830,928,930], CFA [456,844,930], the second phase of the formalin test

[330,362,538,701,930], visceral pain [68,157,312,453,917], chemotherapeutic induced peripheral neuropathy [930], and Bone cancer pain [681].

A novel photoactivatable mGluR<sub>5</sub> antagonist was able to decrease CCI induced mechanical hyperalgesia upon paw illumination [239]. Despite its anti-nociceptive properties, mGluR<sub>5</sub> antagonists do not alter responses to acute noxious stimuli in naïve animals [722,844]. Similarly, mGluR<sub>5</sub> KO animals exhibit decreased inflammatory bladder pain [157], and decreased formalin evoked pain behaviors [311,392,538] but display normal baseline thresholds [311,895].

#### The expression of mGluR<sub>5</sub> in the pain neuraxis

mGluR<sub>5</sub> expression is seen in the dorsal horn of the spinal cord post synaptic to primary afferent fibers [16,59,344,690,788,827,834], in small diameter DRG neurons [155,827], as well as in the central and peripheral terminals of primary afferent nociceptors [362,377,844,891]. Pre-treatment of the skin with capsaicin prevents the hyperalgesia caused by intraplantar administration of the mGluR<sub>5</sub> agonist CHPG, suggesting that the receptor is expressed by TRPV1<sup>+</sup> primary afferents [351].

#### The expression of mGluR<sub>5</sub> in pain conditions

mGluR<sub>5</sub> expression is upregulated in the dorsal horn in animal models of bone cancer pain [681], inflammatory pain [204,648], chemotherapeutic pain [891], diabetic pain [804,927], and in models of nerve injury induced pain including: CCI [592,611], and SNL [308,410,450]. In the DRG mGluR<sub>5</sub> expression is also upregulated in models of chemotherapeutic neuropathy [891], diabetic neuropathy [439], CCI [385], SNI[316], and after painful whiplash injury [206].

Local extracellular concentrations of glutamate, the endogenous ligand for mGluR<sub>5</sub>, have also been shown to be increased in the spinal cord [12,202,326,401,747,891,903] and peripherally [173,345,608] in various pain conditions. Stimulation of presynaptic mGluR<sub>5</sub> itself increases glutamatergic input in the spinal cord [891], and receptor antagonists prevent the induction of LTP at primary afferent synapses [444]. The upregulation of receptor expression combined with the increased concentration of endogenous ligand in conditions of

pain may explain why mGluR<sub>5</sub> antagonists do not decrease behavioral responses to acute noxious stimuli in naïve animals [722,844].

### mGluR<sub>5</sub> signaling pathways

mGluR<sub>5</sub> is a GPCR which couples to a G<sub>q/11</sub> trimeric G protein and activates several pathways including activation of phospholipase C (PLC). PLC activation promotes the hydrolysis of phosphatidylinositol-4,5-bisphosphate (PIP<sub>2</sub>) to form inositol-1,4,5-triphosphate (IP<sub>3</sub>) and diacylglycerol (DAG) [188]. The subsequent reduction of PIP<sub>2</sub> disinhibits TRPV1 channel, increasing its excitability [128]. IP<sub>3</sub> can also bind calcium release channels on the endoplasmic reticulum opening the channel and causing an increase in cytosolic calcium. Indeed, mGluR<sub>5</sub> activation causes calcium transients in cultured DRG neurons [155]. Increased cytosolic calcium combined with DAG both serve to activate protein kinase C (PKC) which directly phosphorylates AMPA and NMDA channels, increasing their conductance [76,275,577]. PKC also directly phosphorylates MORs leading to receptor desensitization and TRPV1 causing decreased thresholds and increased membrane expression of this receptor [66,131,154,310,542,663,738]. In 2009, Kim *et al.* was able to show that TRPV1 is transactivated by mGluR<sub>5</sub> via DAG in the presynaptic terminals of primary afferents in the spinal cord [377]. mGluR<sub>5</sub> activation also leads to the activation of ERK (via PKC), and ERK in turn decreases Kv4.2 A-type potassium currents, further increasing cell excitability [5,309].

It has also been shown that inflammation induced central sensitization is dependent on group I mGluR-NMDAR coupling [275,902]. mGluR<sub>5</sub> is structurally linked to the NMDA receptor via a protein scaffold [560] and functional interactions have been demonstrated between the two receptors [27]. Allosteric interaction of mGluR<sub>5</sub> via a covalent linkage with the NR2 subunit of the NMDAR has been shown to modulate neuronal excitability [76,83,641].

### Behavioral and cellular interactions between MOR and mGluR<sub>5</sub>

Earlier studies demonstrated that co-administration of MOR agonists with mGluR<sub>5</sub> antagonists enhances the antinociceptive effects of opioids [609,644,928] and reduces the development of analgesic tolerance

[246,398,567,750,897,898,928]. Similarly, mGluR<sub>5</sub> KO mice do not develop analgesic tolerance to the same extent as normal animals [314], and knockdown of mGluR<sub>5</sub> reduces development of analgesic tolerance [896].

Given the pharmacological interaction between MOR and mGluR<sub>5</sub>, Schroder and colleagues investigated the potential for these two receptors to interact on a cellular level. They found that, in cells expressing both receptors, mGluR<sub>5</sub> antagonists reduce opioid induced MOR desensitization, phosphorylation and internalization. They also discovered that delivering both pharmacophores increased the physical association between the two receptors [714].

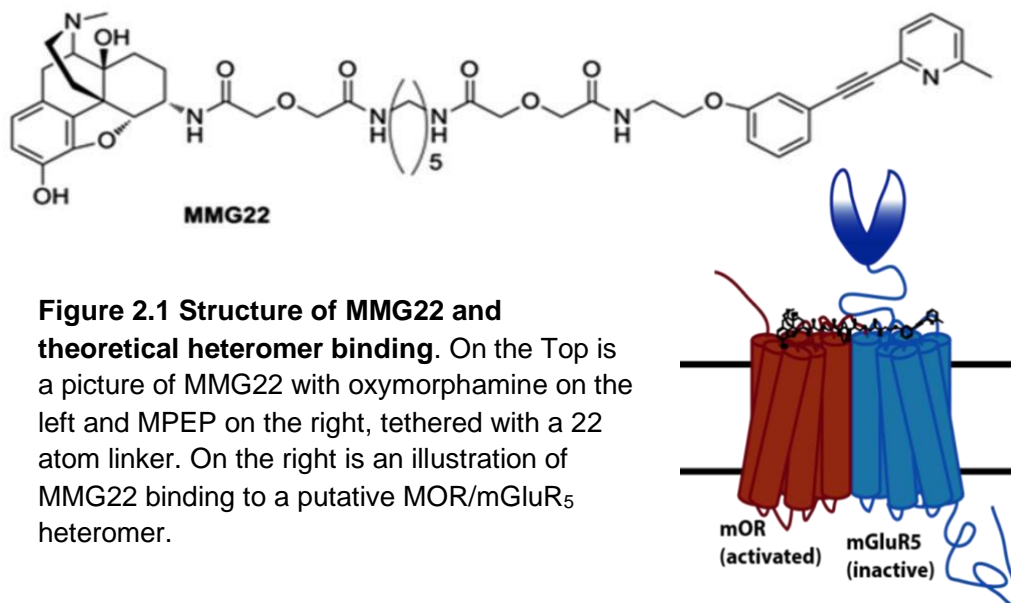
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## MMG22

The functional interaction between MOR and mGluR<sub>5</sub>, and evidence that MOR/mGluR<sub>5</sub> can form heteromers [714], led to the development of MMG22. MMG22 is a bivalent ligand that combines a MOR agonist: oxymorphanine, with an mGluR<sub>5</sub> antagonist: 2-methyl-6-(phenylethynyl)-pyridine (MPEP) [9]. The two pharmacophores of MMG22 are tethered together with a 22-atom linker and is designed to bind the putative MOR/mGluR<sub>5</sub> heteromer (**Figure 2.1**).



Figure 2.1 Structure of MMG22 and heteromer binding



**Figure 2.1 Structure of MMG22 and theoretical heteromer binding.** On the Top is a picture of MMG22 with oxymorphone on the left and MPEP on the right, tethered with a 22 atom linker. On the right is an illustration of MMG22 binding to a putative MOR/mGluR<sub>5</sub> heteromer.

## Purpose and Organization of this Thesis

The purpose of this thesis is to demonstrate the potential clinical utility of bivalent ligands for the treatment of disease in general, and MMG22 in particular for the treatment of neuropathic pain. Discoveries presented in this thesis address several critical pieces of information regarding, the efficacy of systemically administered MMG22 for the treatment of nerve injury induced neuropathic pain, the potential site of action of systemically administered MMG22, the potential for abuse and addiction to MMG22, possible side effects including hyper-locomotion, respiratory depression, constipation, and anxiolysis, and finally we examine the effects of MMG22 on the response properties of primary afferent nociceptors. I compare the results from MMG22 to morphine (the gold standard centrally acting opioid), loperamide (a peripherally restricted opioid) and MPEP (an mGluR<sub>5</sub> antagonist).

The significance of these studies is twofold: first, the potential therapeutic benefits of an effective analgesic which lacks the abuse potential and side effects of traditional opioids could revolutionize the way chronic pain is treated. Second, identifying the cellular target engaged by a compound targeting a GPCR

heteromer would add to the current understanding of how GPCR heteromers work and support the development of bivalent ligands targeting GPCR heteromers in drug design.

## Chapter 3

### The anti-hyperalgesic potency of systemic MMG22

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Speltz, Rebecca, Lunzer, Mary M., Shueb, Sarah S., Akgün, Eyup, Reed, Rachelle, Kalyuzhny, Alex, Portoghese, Philip S., Simone, Donald A. 2020. The bivalent ligand, MMG22, reduces neuropathic pain after nerve injury without the side effects of traditional opioids. PAIN. (in press)

## Introduction: Research on pain and analgesia

### Previous research with MMG22

Previous studies have shown that intrathecal (i.t.) but not intracerebroventricular administration of MMG22 was orders of magnitude more potent at reducing hyperalgesia in mice with inflammatory pain and bone cancer pain than compounds with shorter or longer linker lengths [9,748] or a mixture of the monovalents [9]. Inflammation also causes a dramatic left shift in the dose response curve of MMG22 [9]. The importance of linker length to the potency of MMG22 may depend on several factors including the pain model and its underlying mechanisms, and route of administration. For example, i.t. administration of the MMG bivalent with 10 or 22 atom linker lengths were equipotent in the spared nerve injury (SNI) model of neuropathic pain [644]. The potency of MMG22 was significantly greater in mice with inflammatory pain, than in naïve mice, suggesting the importance of pain and or inflammation in its mechanism of action [9,10]. Importantly, repeated administration of MMG22 did not promote the development of acute [748] or chronic [735] analgesic tolerance.

Because of its exceptional potency, the total amount of MMG22 that needs to be given in order to obtain optimal efficacy is unusually small (in LPS mice the ED<sub>50</sub> for MMG22 and morphine are ~9 femtomoles and ~35,000 femtomoles respectively). The ability to give such small doses of MOR agonist and get such a robust analgesic response decreases the likelihood of off-target effects like respiratory depression, constipation, and sedation.

### Animal models of neuropathic pain

Animal models have been created to study neuropathic pain conditions including diabetic neuropathy [240,549], chemotherapy induced peripheral neuropathy [28,108,302,656], and injury induced neuropathies. A majority of the peripheral nerve injury models involve damage to the sciatic nerves or its branches. The spinal nerve ligation (SNL) model involves ligating and cutting of L5 (and L6) spinal nerves of the rat or mouse [376]. In the chronic constriction injury (CCI) model, 3-4 chronic gut ligatures are loosely placed around the

sciatic nerve [55]. The spared nerve injury (SNI) model (where the common peroneal and tibial branches of the sciatic nerve are ligated and cut, sparing the sural nerve) has recently gained favor as it creates a long lasting hyperalgesia that does not resolve over time [172]. For review of the various neuropathic pain models see [331]. These models induce changes in rodent behavior that are thought to correspond to spontaneous pain, allodynia and hyperalgesia- the dominant symptoms experienced by patients with neuropathic pain.

### Behavioral assessment of pain in animals

Direct assessment of pain in rodents is problematic, so researchers use a variety of measures behavior to indirectly assess spontaneous pain as well as hyperalgesia and allodynia. Spontaneous pain behaviors that can be observed and quantified include spontaneous foot lifting [199], autotomy [848], and facial grimace [533]. Mechanical hyperalgesia and allodynia can be measured in several ways. Dynamic mechanical allodynia can be assessed by brushing the skin with a cotton swab or paintbrush to elicit withdrawal. Punctate hyperalgesia and allodynia are commonly tested by applying calibrated von Frey hairs to the affected area in order to evoke a withdrawal response [114]. Randall-selitto [677] test is used to assess mechanical hyperalgesia. Tests of heat sensitivity include the tail flick test [162], hot plate test [591,886], and Hargreaves [289]. A drop of acetone applied to the skin can be used to assess cold allodynia [911] (for review see [419]).

An earlier study examined the effects of intrathecal MMG22 in mice after SNI [644], however; we wanted to see if systemically administered MMG22 would be effective. We assessed the ability of different doses of subcutaneously administered MMG22 to decrease mechanical hypersensitivity in mice after nerve injury. We also compared how the effects of MMG22 compared to the effects of the traditional monovalent opioid morphine, the peripherally restricted opioid loperamide, as well as the monovalent mGluR<sub>5</sub> antagonist MPEP.

## Methods

### Animals

Adult (5-8 months) male and female C57/B6 mice (Charles River) were housed 4 (males) or 5 (females) to a cage and maintained on a 12-hour light/dark cycle with *ad libitum* access to food and water. An equal number of male and female mice were used for each experiment and no sex differences were seen for any of the parameters measured. All procedures were carried out during the light cycle. 8-12 mice (an equal number of male and female mice) were used for each experiment unless otherwise specified. All procedures were approved by the Institutional Animal Care and Use Committee of the University of Minnesota.

### Spared nerve injury

Mice were anesthetized with 2.5 % isoflurane. Spared nerve injury (SNI) to the sciatic nerve was performed as described previously [82,172,644]. Briefly, after exposing the three branches of the sciatic nerve, the tibial and common peroneal branches were tightly ligated with 5.0 silk suture and cut 2 mm distal to the suture. Care was taken not to disturb the sural nerve. Sham surgeries followed the same procedure without manipulation of the sciatic nerve or distal branches.

### Drugs

The bivalent ligand MMG22 was synthesized as described previously [9]. MMG22, morphine, 2-methyl-6-(phenylethynyl)pyridine (MPEP), (Mallinckrodt Inc, Hazelwood, MO) and loperamide (Sigma, St. Louis, MO) were diluted in 1% DMSO (vehicle). Loperamide was diluted in near boiling 1% DMSO daily. All drugs were administered subcutaneously in a volume of 250  $\mu$ l, between the shoulders.

### Behavior

In SNI, sensitivity seen in territory of non-injured sural nerve on the lateral hind paw [82,172,644]. Mechanical hyperalgesia was defined as an increase in frequency of paw withdrawal evoked by a von Frey monofilament as we described previously [373,374]. Mice were placed on an elevated mesh platform under glass enclosures and allowed to habituate for 30 minutes prior to initial

testing. A calibrated von Frey monofilament with a bending force of 5.9 mN (0.6g) (StoeltingCo, Woodale, IL) was applied to the lateral portion of the plantar surface of each hind paw 10 times, with an interval of approximately 10 seconds between applications, and the frequency of withdrawal responses were determined. Mice were tested a minimum of three times prior to surgery. After surgery, mice were tested once a day for 3 days starting on day 7 to establish a stable post-surgical baseline before testing any of the analgesics. Drug-induced reduction of mechanical hyperalgesia was assessed early (10 days) and late (30 days) after surgery. 10 days was chosen as the early time point because full development of hyperalgesia occurs around 7 days after nerve injury [82,172] and 3 days of stable post-surgical baselines were desired prior to analgesic testing. We chose 30 days for the late time point because at this time, the inflammatory response to nerve injury has subsided [17,523].

### Dose response curves

To determine dose-response functions, mice were injected with escalating doses of MMG22, morphine, loperamide or MPEP (s.c.). Separate groups of mice were used for each drug and time point. Starting dose of MMG22, morphine and loperamide was 0.1mg/kg, starting dose of MPEP was 1mg/kg. Doses were increased as follows: 0.1mg/kg, 0.3mg/kg, 1mg/kg, 3mg/kg and so on. The frequency of withdrawal evoked by 10 applications of a von Frey monofilament was determined 30 minutes after each injection. Mice were returned to their home cage after each injection and placed back on the mesh platform 10 minutes prior to testing. The percent maximal possible effect (%MPE) was calculated using the following standard formula:

$$\%MPE = \frac{(Post\ Drug\ Value - Pre\ Drug\ Value)}{(Pre\ Surgical\ Baseline\ Value - Pre\ Drug\ Value)} \times 100$$

Only doses that resulted in a behavioral response >0% were included in the analysis, The final dose included in the analysis was either the first dose to give a 100% MPE or the largest dose tested. The dose that reduced the withdrawal frequency by 50% compared to baseline (ED<sub>50</sub>) was determined by non-linear regression of the %MPE data carried out in Prism 8.00 (GraphPad Software, San

Diego, CA). Data collectors were blinded to drug and absolute (but not relative) dose by a third party

### Data analysis

Data are expressed as mean  $\pm$  SEM, except where otherwise noted. GraphPad Prism 8.0 (Graphpad software Inc. La Jolla, CA, USA) was used for statistical analyses and calculation of ED<sub>50</sub> values. All behavioral data were analyzed via one- or two-way ANOVA with repeated measures. Post-hoc comparisons were done with Bonferroni tests. A P value of <0.05 was considered significant.

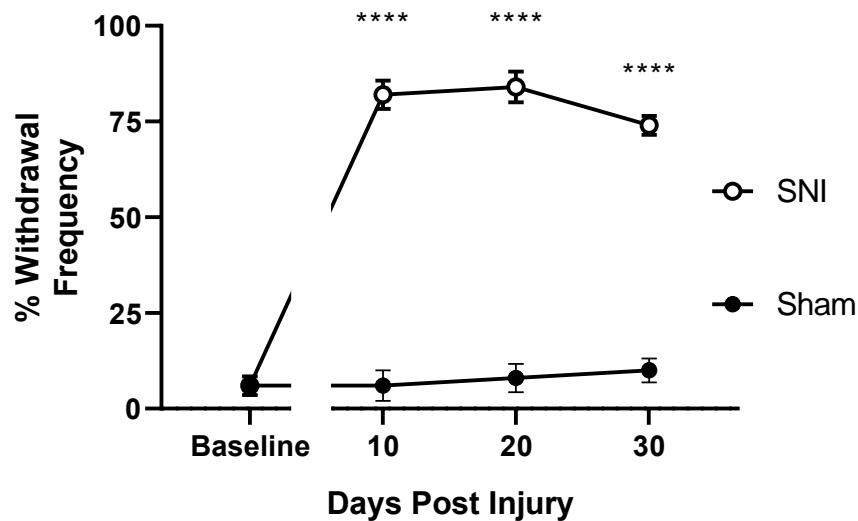


## Results

### SNI induces sustained hyperalgesia in mice

Consistent with earlier reports [82,172,644] SNI produced robust mechanical hyperalgesia. We compared the percent withdrawal frequency to von Frey in SNI and sham operated mice before and after surgery (two-way ANOVA; time: [ $F_{(3,16)}=75$ ;  $P<0.0001$ ], surgery: [ $F_{(1,16)}=476$ ;  $P<0.0001$ ], time  $\times$  surgery: [ $F_{(3,16)}=54$ ,  $P<0.0001$ ]. Before surgery the groups were not different ( $P>0.999$ ), but on days 10, 20 and 30 after surgery, SNI mice had withdrawal frequencies higher than sham mice ( $P<0.0001$ ) (**Fig. 3.1**).

Figure 3.1 Hyperalgesia after nerve injury



**Figure 3.1 Hyperalgesia after spared nerve injury.** The percent withdrawal frequency increased in mice after SNI surgery (open circles) but not in mice after sham surgery (closed circles). Data presented as mean  $\pm$  SEM,  $n=5$  per group. \*\*\*\* $P<0.0001$  compared to sham.

### MMG22 decreased mechanical hyperalgesia dose-dependently in neuropathic mice when delivered subcutaneously

We evaluated the ability of MMG22, morphine, and loperamide to decrease mechanical hyperalgesia early (10 days after surgery / during the initiation phase) and late (30 days after surgery / during the maintenance phase) after nerve injury. MMG22 did not alter percent withdrawal frequency of naïve animals or animals after sham surgery at any of the doses tested (data not shown). Subcutaneous administration of MMG22, morphine, and loperamide dose-dependently reduced mechanical hyperalgesia in nerve-injured mice (**Fig. 3.2A-C**). Data are shown separately in mg/kg and nmoles/mouse for ease of comparison, but all data were analyzed together. We compared the ED<sub>50</sub>s of MMG22, morphine, and loperamide early and late after nerve injury (two-way ANOVA; drug: [ $F_{(2,183)}= 4.8$ ;  $P=0.0095$ ], time: [ $F_{(1,183)} = 27.88$ ;  $P<0.0001$ ], time  $\times$  drug: [ $F_{(2,183)}=12.54$ ;  $P<0.0001$ ]  $n=8-14$ ). The potency of MMG22 was decreased late after nerve injury compared to early after nerve injury ( $P<0.0001$ ), causing a rightward shift in the dose response curve (**Fig. 3.2A, Table 3-1**). Morphine did not exhibit the same shift in potency and was equipotent at reducing mechanical hyperalgesia early and late after nerve injury based on ED<sub>50</sub> values (**Fig. 3.2B**).

As discussed earlier, MOR expression is known to decrease in the DRG following peripheral nerve injury [429,438,593,650,679,889,929] and this reduction has been linked to a concomitant loss of  $\mu$  opioid responsiveness of DRG neurons [390]. To determine if loss of peripheral MOR expression after nerve injury was involved in the decrease in potency for MMG22, we repeated this experiment with the peripherally restricted MOR agonist loperamide. Loperamide does not penetrate the blood brain barrier at the doses tested [32,174,588,725], but has been shown to decrease hyperalgesia after systemic administration [129,272,732]. Consistent with previous data [272], there was no decrease in potency late after nerve injury as compared with the earlier time point (**Fig. 3.2C**). It has been shown that the bulk of MOR downregulation in the DRG occurs within the first week after nerve injury [429,889] which suggests that

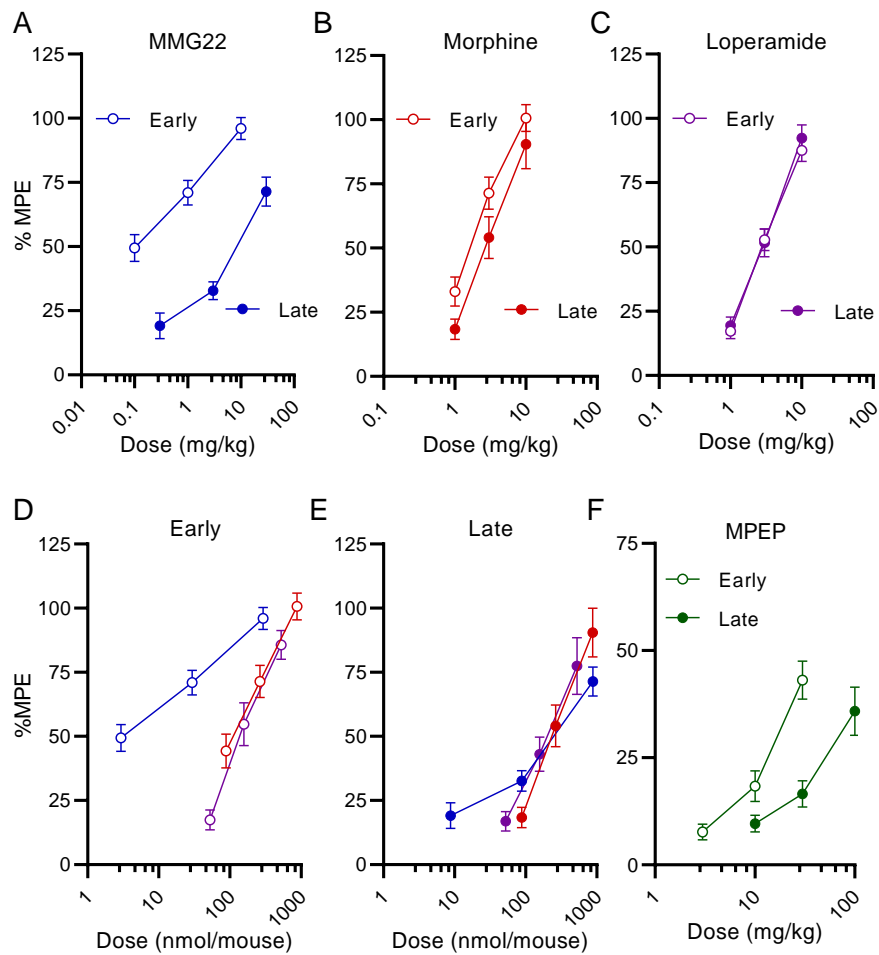
any effects of MOR down-regulation on peripheral opioid potency would already be completed 10 days after nerve injury.

We converted the mg/kg doses into nmoles per mouse for direct comparison between drugs. Early after nerve injury, MMG22 was 40 times as potent as morphine or loperamide at reducing mechanical hyperalgesia (**Fig. 3.2D, Table 3-1**). Late after nerve injury however, all agonists were equipotent (**Fig. 3.2E**).

As one of the pharmacophores of MMG22 is MPEP, an mGluR<sub>5</sub> antagonist, we evaluated the ability of MPEP to decrease mechanical hyperalgesia early and late after nerve injury. At the highest dose, MPEP was unable to decrease mechanical hyperalgesia more than 50% early after nerve injury (**Fig. 3.2F**). This is consistent with previous reports showing that mGluR<sub>5</sub> antagonists alone have little effect [234,830,930] or no effect [316,330,844] on mechanical hyperalgesia after nerve injury. The ED<sub>50</sub> for MPEP was increased late after nerve injury compared to the earlier time point (unpaired t-test;  $t=2.73$ ,  $P<0.01$ ,  $n=8-12$ ) (**Fig. 3.2F, Table 3.1**). The change in potency of MPEP over time after nerve injury suggests that this may contribute to the similar decrease in potency seen with MMG22.

In this study MMG22 also did not alter the responses in naïve or sham animals (data not shown). Results from previous studies with LPS mice used radiant tail flick assay to create their dose response curve, MMG22 did increase tail flick latency in naïve mice, but was much less potent than in LPS mice [9]. Using percent withdrawal frequency to mechanical stimuli, MMG22 did not decrease the percent withdrawal in naïve mice. We used a light filament that gives an average of 1-2 withdrawals per 10 applications in naïve mice, but 8-10 withdrawals in SNI mice in order to increase the dynamic range of the assay. Because of this, there may be a floor effect prohibiting us from seeing any MMG22 induced analgesia in naïve mice

Figure 3.2 Dose response curves for MMG22, morphine, loperamide and MPEP



**Figure 3.2 Cumulative dose response functions for reducing tactile hyperalgesia after spared nerve injury.** Mice were given subcutaneous injections of drug in increasing doses, early (10 days/open circles) or late (30 days/filled circles) after nerve injury. Paw withdrawal frequency to a 5.9 mN (0.6g) von Frey hair was measured 30 minutes after each injection and %MPE calculated based on pre-surgical baseline values. **(A)** MMG22 (blue) dose dependently reduced mechanical hyperalgesia in mice. The dose response curve is right shifted late after nerve injury compared to the earlier time point. **(B,C)** Morphine (red) and loperamide (purple) also dose dependently reduced mechanical hyperalgesia after nerve injury; however, no change in potency was observed over time. **(D)** Early (10 days) after nerve injury, MMG22 is more potent at reducing mechanical hyperalgesia than similar doses of morphine or loperamide. **(E)** Late (30 days) after nerve injury, the dose response curves for MMG22, morphine, and loperamide are overlapping. **(F)** MPEP (green) weakly reduced mechanical hyperalgesia early after nerve injury. There is a rightward shift in the dose response curve late after nerve injury. Data are presented on graphs as means  $\pm$  SEM, n = 8-14 per group.

Table 3-1 ED<sub>50</sub> values for MMG22, Morphine, Loperamide and MPEP early and late after nerve injury

Drug	ED <sub>50</sub> (95% CI)			
	nmol/mouse		mg/kg	
	Early	Late	Early	Late
MMG22	3.5 (1.4 – 6.6) <sup>a</sup>	219 (130 – 388)	0.12 (0.05 – 0.22) <sup>a</sup>	7.5 (4.5 – 13.3)
Morphine	139 (107 – 178)	232 (167 – 321)	1.6 (1.2 – 2.0)	2.6 (1.9 – 3.7)
Loperamide	146 (122 – 174)	141 (114 - 173)	2.7 (2.3 – 3.1)	2.7 (2.2 – 3.3)
MPEP	5144 (3933 – 8210) <sup>b</sup>	28028 (16857 - 97792)	39.7 (30.4 – 63.4) <sup>b</sup>	216 (130 – 755)

**Table 3-1** All drugs given subcutaneously in a volume of 250ul. <sup>a</sup> p<0.0001 compared to morphine and loperamide (early and late) and MMG22 late. Two-way ANOVA <sup>b</sup> p<0.01 compared to MPEP late. Unpaired t-test. Data presented as mean (95% C.I.), n = 8-14 per group.

## Discussion

Our results show that, in agreement with previous studies [644], MMG22 potently reduced mechanical hyperalgesia after nerve injury. For the first time, we show that MMG22 was able to reduce spontaneous pain, and importantly that systemic MMG22 lacked the rewarding properties and other centrally mediated side effects associated with traditional opioids. The bivalent design of MMG22 was intended to activate MOR and to inhibit mGluR<sub>5</sub> and to target a putative MOR-mGluR<sub>5</sub> heteromer. mGluR<sub>5</sub> has been characterized as a promising new target for chronic pain [575,576,844,845]. Activation of mGluR<sub>5</sub> produces pain [280,681,845] and mGluR<sub>5</sub> antagonists reduce pain behaviors in various pain models [203,233,362,539,830,844,930] without altering responses to acute noxious stimuli in naïve animals [722,844].

The exceptionally potent antinociception produced by MMG22 is due to the activation of MOR combined with antagonism of the mGluR<sub>5</sub> and its co-receptor, NMDAR. Allosteric interaction of mGluR<sub>5</sub> via a covalent linkage with the NR2 subunit of the NMDAR has been shown to modulate neuronal excitability [76,83,641]. Pre-treatment of inflamed mice with an irreversible MOR antagonist ( $\beta$ -FNA) or the NMDAR antagonist (MK801) reduces the antinociception of MMG22 [10] indicating a contribution of both pharmacophores of MMG22.

MMG22 was designed to target a putative MOR-mGluR<sub>5</sub> heteromer, which was supported by the relation between its linker length and optimal potency [9,748]. Both MOR and mGluR<sub>5</sub> can form heteromers with other GPCRs [94,225,787] and MOR-mGluR<sub>5</sub> heteromers have been reported in vitro [714]. Bivalent ligands have increased affinity and selectivity for their targets [485,662], and antagonizing one receptor can enhance agonist-induced signaling at its heteromeric protomer [283]. Research has also shown that heteromer formation can be modulated by pathological states [264], and the formation of heteromers can alter signal transduction [299].

Early after nerve injury, MMG22 was 40 times more potent than morphine, whereas late after nerve injury the two were equipotent. Contrastingly, in a bone cancer pain model the potency of MMG22 increased in parallel with tumor growth

and hyperalgesia [735,748]. The differences in potency of MMG22 may be explained by the timing and duration of the inflammatory response following nerve injury or tumor implantation. After nerve injury, there is an early pro-inflammatory response that is rapidly resolved after 2-3 weeks [17,523,812], whereas the inflammatory response after tumor implantation remains elevated over time [269,458,488,905]. The potency of MMG22 to decrease hyperalgesia mirrors the time course of inflammation in bone cancer pain [735,748] and after nerve injury (in this study). A study using i.t. MMG22 after nerve injury did not report any statistically significant differences in potency over time after nerve injury; however, the ED<sub>50</sub> was lowest at 7 and 17 days after injury and higher at a later time point, and also parallel to the time course of inflammation [644]. The combination of transient inflammation and persistent pain after nerve injury, allowed us to demonstrate that the potency of MMG22 induced analgesia is almost certainly dependent on ongoing inflammation, and not on ongoing pain. The decrease in potency of MPEP late after injury also agrees with previous studies that suggest MPEP is a more potent analgesic in inflammatory pain models vs neuropathic models [316,330,639,844].

The importance of inflammation in the development of neuropathic pain is supported by several studies showing that neonatal rats do not develop nerve injury induced pain phenotypes until the default neuroimmune response switches from anti-inflammatory to pro-inflammatory around P28 [156,236,505]. Prior to this, nerve injury promotes an anti-inflammatory response instead of the typical pro-inflammatory response seen in the adult [505]. Blockade of the anti-inflammatory cytokines or exogenous application of TNF $\alpha$  reveals neuropathic like pain behaviors after nerve injury in the neonatal rat [505].

A recent study showed a connection between the pro-inflammatory cytokine, tumor necrosis factor  $\alpha$  (TNF $\alpha$ ), and mGluR<sub>5</sub> upregulation after nerve injury [410]. TNF $\alpha$  contributes to pain hypersensitivity [705,756,757,841]. A decrease in TNF $\alpha$  levels reduced mGluR<sub>5</sub> expression and hyperalgesia, while intrathecal administration of TNF $\alpha$  had the opposite effect [410]. The importance of TNF $\alpha$  for the development of neuropathic pain is consistent with previous

studies showing a transient increase in TNF $\alpha$  in the lumbar DRG [430,519,601,695] and spinal cord [430] after nerve injury. Upregulation of mGluR<sub>5</sub> may follow a similar timeline; with peak expression around 1-2 weeks post injury [385,592]. The potential involvement of inflammation in the potency of MMG22 is consistent with previous data showing that blocking astrocytes reduced the potency of intrathecal MMG22 [10]. The involvement of central astrocytes in the intrathecal potency of MMG22 suggests that MMG22 has the ability to promote analgesia through central route, by modulating central neuroinflammation.

Although our results show reduced potency for MMG22 late after nerve injury, many neuropathic pain conditions are accompanied by more chronic inflammatory changes [657,754], suggesting that MMG22 may be a viable therapeutic for such conditions. For example, a recent study done by the Portuguese lab has shown that MMG22 reduced hyperalgesia produced by chemotherapy, which has a persistent inflammatory component [918], with no change in potency over time (manuscript in preparation). Future studies are needed to determine the types of neuropathic pain conditions that best respond to MMG22.

## Conclusion

Previous research has shown that MMG22 is potent at reducing hyperalgesia when given intrathecally in models of bone cancer pain, inflammatory pain, and nerve injury induced neuropathic pain. Systemic administration has also shown MMG22 to be effective in reducing bone cancer induced pain. However, whether systemic administration is capable of reducing neuropathic pain is not yet known. As neuropathic pain is thought to be less opioid sensitive than other forms of pain, we decided to investigate whether systemic administration of MMG22 would decrease pain caused by nerve injury. MMG22 was able to reduce hyperalgesia early but not late after nerve injury. The reduction in potency of MMG22 late as compared to early after nerve injury parallels the loss of potency for the mGluR<sub>5</sub> antagonist MPEP over the same time period, whereas neither morphine nor loperamide showed the same reduction in



potency. This pattern of potency is opposite from what has been shown for bone cancer pain, suggesting the differing pathophysiology involved in these two types of pain may play a part in the analgesia produced by MMG22.

## Chapter 4

### MMG22 Site of Action

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Speltz, Rebecca, Lunzer, Mary M., Shueb, Sarah S., Akgün, Eyup, Reed, Rachelle, Kalyuzhny, Alex, Portoghese, Philip S., Simone, Donald A. 2020. The bivalent ligand, MMG22, reduces neuropathic pain after nerve injury without the side effects of traditional opioids. PAIN. (in press)

## Introduction: Potential site of action for MMG22 within the pain neuroaxis

### Heteromer formation

Opioid receptors have been shown to form heteromers with a number of different GPCR receptor sub-types [146,244]. The ability for GPCRs to form heteromers has been well established over the last 30 years [278]. Although controversial, evidence for the existence and physiological significance of such heteromers *in vivo* is mounting [224]. Receptor dimerization can affect receptor function, ligand pharmacology, signal transduction, and cellular trafficking [299]. Targeting GPCR dimers with bivalent ligands may result in more potent and selective compounds that act selectively on cells that express both receptors [315] minimizing potential off-target effects [553]. It has also been suggested that the propensity for different GPCRs to form heteromers may be modulated in pathological states [264], making the targeting of GPCR heteromers not only cell specific, but potentially disease state specific as well.

In order for a bivalent ligand to target a receptor heteromer, both receptors must be expressed on individual neurons. Previous research has shown that both receptors are expressed by primary afferent neurons as well as neurons in the dorsal horn (as previously outlined), but it has never been shown that both receptors are expressed by individual cells. Therefore, we set out to investigate this possibility.

## Methods

### Animals

Adult (5-8 months) male and female C57/B6 mice (Charles River) were housed 4 (males) or 5 (females) to a cage and maintained on a 12-hour light/dark cycle with *ad libitum* access to food and water, except as otherwise noted for constipation studies. All procedures were carried out during the light cycle. All procedures were approved by the Institutional Animal Care and Use Committee of the University of Minnesota.

### Spared nerve injury

Mice were anesthetized with 2.5 % isoflurane. Spared nerve injury (SNI) to the sciatic nerve was performed as described previously [82,172,644]. Briefly, after exposing the three branches of the sciatic nerve, the tibial and common peroneal branches were tightly ligated with 5.0 silk suture and cut 2 mm distal to the suture. Care was taken not to disturb the sural nerve. Sham surgeries followed the same procedure without manipulation of the sciatic nerve or distal branches.

### RNAScope

RNAScope® *in situ* hybridization (ISH) (a probe based non-radioisotopic RNA ISH approach for detecting target RNAs in tissue) was used to determine whether MOR and mGluR<sub>5</sub> transcripts co-localized in dorsal root ganglia (DRG) or spinal neurons. Ten days after SNI surgery, mice were given an intraperitoneal injection of Euthasol (sodium pentobarbital, 390 mg/mL and phenytoin sodium, 90 mg/mL) and transcardially perfused with saline followed by 4% paraformaldehyde. L3-L5 DRGs and L3-L5 spinal cord segments were collected, post fixed in 4% paraformaldehyde for 3 hours and then placed in 30% sucrose in phosphate-buffered saline overnight at 4°C. Isolated and fixed DRGs and spinal cord segments were embedded into a tissue microarray using OTC media, frozen in dry ice and methanol, sectioned (7-10um thickness) with a cryostat, and thaw mounted onto slides. Sections were stored at -80°C.

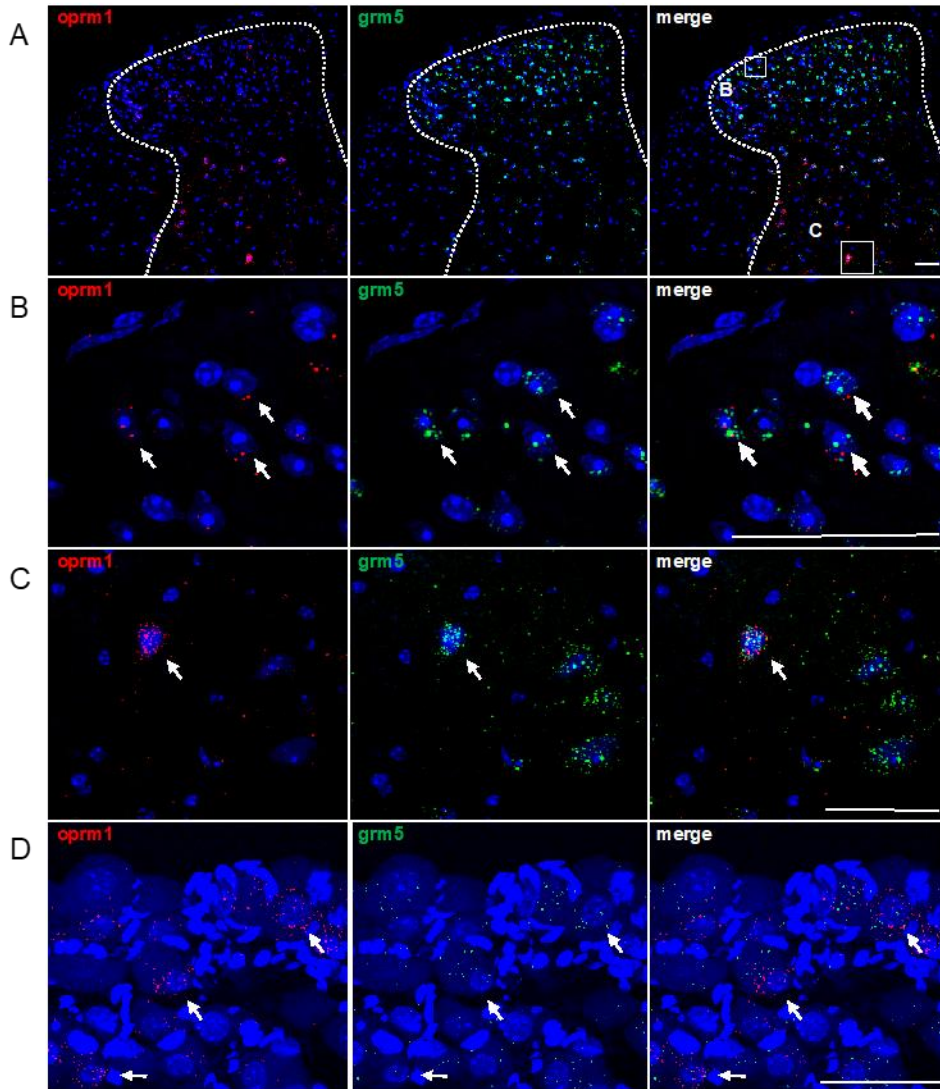
RNAScope® ISH was performed on fixed, frozen sections of DRGs and lumbar spinal cord with probes for mouse Oprm1 (Cat No. 315848) and Grm5

(Cat No. 423631) purchased from ACD Bio. RNAscope®. ISH for sections was performed following manufacturer's written protocol with only one modification to the protease digestion (ACD, RNAscope® Multiplex Fluorescent Detection Reagents v2, Cat No. 323110). Tissue digestion with Protease IV was done for 15 min at room temperature. Probes were hybridized for 2 h at 40 °C and washed twice in wash buffer (RNAscope® Wash Buffer Reagents, 310091). Amplification steps were performed by incubating with v2Amp1 (30 min), v2Amp2 (30 min) and v2Amp3 (15 min) at 40 °C with washes of 2 × 2 min in between steps. Sections were incubated with v2-HRP-C1 for 15 min at 40 °C and washed twice in wash buffer for 2 min. Tyramide signal amplification (TSA)-conjugated fluorophores were diluted 1:1,500 in TSA buffer (RNAscope® Multiplex TSA Buffer, 322809) and incubated for 30 min at 40 °C followed by 2 washes of 2 min and HRP blocker incubation for 30 min at 40 °C. The last steps were performed subsequently for v2-HRP-C2. Images were collected on Olympus FluoView FV1000 confocal microscope.

## Results

Previous studies have shown the MOR and mGluR<sub>5</sub> are expressed in primary afferent neurons [67,134,362], as well as in superficial dorsal horn neurons in the spinal cord [16,344,546,771,826,834]. To examine if both receptors are expressed together in the same neurons, we performed an RNAScope assay on lumbar spinal cord and DRG sections. Ten days after SNI surgery there was good expression of both MOR (*OPMR1*) and mGluR<sub>5</sub> (*GRM5*) mRNAs in the lumbar dorsal horn (**Fig. 4.1A**). Higher magnification images show that individual cells in the superficial (**Fig. 4.1B**) and deep (**Fig. 4.1C**) dorsal horn express both receptors. Individual cells in the DRG (**Fig. 4.1D**) also expressed the mRNAs for both receptors. High-resolution examination of the nuclear morphology (dapi stained) suggested the cells in question were neuronal (large nuclei, prominent nucleolar fading and folded nuclear membranes [248]; however, co-staining with cell type specific markers is needed for confirmation.

Figure 4.1 Colocalization of *grm5* and *opmr1* in the dorsal horn and DRG



**Figure 4.1 MOR (Oprm1) and mGluR<sub>5</sub> (Grm5) mRNAs co-expressed in dorsal horn and DRG 10 days after SNI. (A-C)** Examples of staining in the dorsal horn of SNI mice. Nuclei are stained using dapi (blue). **(A)** Low magnification image of the lumbar dorsal horn stained for MOR (OPRM1, right/red) and mGluR<sub>5</sub> (GRM5, middle/green), and overlay (right). Dashed line shows the grey-white matter boundary of the dorsal horn. **(B)** Higher magnification image of the superficial dorsal horn; OPRM1 (left/red), GRM5 (middle/green), overlay (right). Arrows indicate individual cells that co-express MOR and mGluR<sub>5</sub>. **(C)** Higher magnification image of the deep dorsal horn; OPRM1 (left/red), GRM5 (middle/green), and overlay (right). Arrow indicates a cell that highly expresses both receptors. **(D)** High magnification image of a lumbar DRG; OPRM1 (left/red), GRM5 (middle/green) and overlay (right). Nuclei are stained using dapi (blue). Arrows indicate individual cells that express both receptors. Scale bar: 50  $\mu$ m for all images.

## Discussion

MMG22 was designed to target a putative MOR-mGluR<sub>5</sub> heteromer. Heteromer binding is supported by the relationship between linker length and optimal anti-hyperalgesic potency [9,748]. Both MOR and mGluR<sub>5</sub> can form heteromers with other GPCRs [94,225,787] and MOR-mGluR<sub>5</sub> heteromers have been reported *in vitro* [714]. Bivalent ligands are hypothesized to have increased affinity and selectivity for their targets [315,662], and it has been shown that antagonizing one receptor can enhance agonist-induced signaling at its heteromeric protomer [283]. Heteromer formation can be modulated by pathological states [264], and can alter signal transduction [299].

For the first time, we have shown that mRNAs for both MOR and mGluR<sub>5</sub> are co-expressed in neurons in the lumbar spinal cord and DRG early after nerve injury; suggesting potential targets for i.t. and systemic administration of MMG22 respectively. The co-expression of both receptors supports the potential for MOR-mGluR<sub>5</sub> heteromer formation *in vivo*. Previously, a non-overlapping pattern of MOR and mGluR<sub>5</sub> expression in the dorsal horn was found 8 weeks after nerve injury [644]. Once translated, the receptors may be trafficked to different cellular compartments. However, the pre and postsynaptic location of the individual receptors would argue against this [25,60,344,788,834]. Alternatively, consistent with the 60-fold decrease in potency of MMG22 from early to late after injury (**Table 3.1**), the co-localization of its target receptors, and their heteromerization, may be transient and not present late after nerve injury. These possibilities may not be mutually exclusive, as studies have demonstrated that axonal targeting of mGluR<sub>5</sub> is dependent on the expression of Homer1a (an immediate early gene) [20], which is only transiently upregulated early after nerve injury [531]. More research is needed to quantify the degree of colocalization over time after nerve injury.

This is the first study to demonstrate the colocalization of mRNAs for both target receptors *in vivo*. Co-localization by itself does not prove that the receptors form heteromers, but previous research has shown that the two receptors physically associate in HEK cells [714]. Further support for the existence of



heteromers comes from pharmacological studies showing that MMG ligands with shorter (10) or longer (24) linker lengths are less potent than MMG22 [9,748].

### Conclusion

In order for MMG22 to target and bind heteromers, the two receptors must be expressed in the same cells. Previous research has shown the receptors are both expressed in the spinal dorsal horn and dorsal root ganglia, but little research has been done to look at both receptors simultaneously. Here we show that mRNAs for both receptors are expressed together in cells of the dorsal horn and dorsal root ganglia early after nerve injury.

## Chapter 5

### Rewarding properties of MMG22: abuse liability vs relief from spontaneous pain

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Speltz, Rebecca, Lunzer, Mary M., Shueb, Sarah S., Akgün, Eyup, Reed, Rachelle, Kalyuzhny, Alex, Portoghese, Philip S., Simone, Donald A. 2020. The bivalent ligand, MMG22, reduces neuropathic pain after nerve injury without the side effects of traditional opioids. PAIN. (in press)

## Introduction: A brief overview of reward and addiction

### Addiction and the brain

Addiction is a chronic, relapsing brain disease characterized by loss of control regarding the use of a substance, compulsive use despite negative consequences, and the emergence of a negative emotional state upon withdrawal [397,823]. Drugs that are associated with addiction in humans include cocaine (and other psychostimulants), alcohol, nicotine, and opioids. All of these drugs directly or indirectly cause dopamine release in the nucleus accumbens (NAc) [836].

Generally, addiction is thought to consist of three stages: binge/intoxication, withdrawal/negative affect, and preoccupation/anticipation. The brain regions believed to be involved in these stages include the basal ganglia, amygdala, and prefrontal cortex (respectively) [397]. During the binge/intoxication stage, positively reinforcing stimuli work by activating dopaminergic neurons in the ventral tegmental area (VTA) [572] and the subsequent release of dopamine into the NAc [397]. The withdrawal/negative affect stage involves a cessation of the positive reinforcement which results in a decrease in the activity in the mesolimbic dopamine projection, which causes a decrease in dopamine release, an elevation of reward thresholds, and increased anxiety. Removal of the withdrawal associated negative affect becomes the basis for negative reinforcement and drug seeking behavior [397]. The preoccupation/anticipation stage of addiction involves glutamatergic projections from the prefrontal cortex (PFC) to the ventral striatum. The PFC is an area of the brain that mediates executive function and decreased activity in this area interferes with decision making and inhibitory control. Animal models of the positive reinforcing effects of drugs include self-administration and conditioned place preference [397].

## Opioid addiction

One of the most prominent disadvantages regarding the use of opioids to treat chronic pain is the abuse and addiction liability associated with these drugs. Over the last few decades the incidence of opioid abuse and addiction has skyrocketed leading to what many are calling an “opioid epidemic” [746]. In 2017, the US department of Health and Human Services declared the opioid crisis a public health emergency [178]. Prescriptions for opioids have increased dramatically since 1999, peaking in 2012 with more than 255 million opioid prescriptions written [112]. Over the same time period, the number of opioid related overdose deaths has increased 200% [616], and opioids now kill more people than motor vehicle accidents in the US [570]. The number of patients prescribed opioids for non-cancer pain who misuse them is estimated to be as high as 30%, with around 10% developing opioid use disorders [723]. Withdrawal from opioids causes feelings of dysphoria, anxiety, and irritability, a combination of symptoms collectively termed “kyperkatifeia” [736]. Opioid withdrawal can also cause hyperalgesia and physical malaise [397].

There is evidence suggesting that chronic pain patients develop addiction at a lower rate than the general population [232] and animal studies indicate that chronic pain is accompanied by reduction in opioid induced reward [64,220,221,499,617,618,839]. However, the use of prescription opioids for chronic non-cancer pain is a strong risk factor for the development of opioid use disorders [214,837,871]. Nearly half of pain patients with a diagnosed substance use disorder involving opioids were first prescribed opioids for pain control [332] and 1 in 10 patients receiving opioids for chronic pain will develop an opioid addiction [837].

## Effects of mGluR<sub>5</sub> antagonists on addiction

mGluR<sub>5</sub> has been shown to be involved in the reward pathway for many drugs of abuse, and antagonizing mGluR<sub>5</sub> reduces reward seeking behavior for alcohol [70,151,301,717], nicotine [370,445,628], ketamine [359] and cocaine [369,370]. mGluR<sub>5</sub> KO mice show decreased reward to cocaine [125], and do not

exhibit cocaine mediated LTP in the VTA (known to be important for the acquisition of reward seeking behavior) [71].

Regarding opioids, mGluR<sub>5</sub> antagonists have been shown in previous studies to inhibit morphine induced conditioned place preference [658,691,831] and decreased self-administration of morphine [89] and heroin [359], although there are conflicting reports [298,358].

### Animal models of addiction

The conditioned place preference (CPP) assay is used to evaluate the rewarding properties of drugs in animals [39,821]. A typical CPP assay involves differentially pairing contextual cues with stimuli of interest. Conditioning involves repeated administration of a stimulus of interest (unconditioned stimulus / US) in a particular environment (conditioned stimulus / CS), intermixed with exposure to a different environment without the US. Following conditioning is a choice test where the animal has access to both environments without the US. An increase in time spent in the environment previously paired with the US vs the unpaired environment is taken as evidence that the US is rewarding (for review see [39]) Research has shown that using drugs known to be addictive in people as the US reliably produces CPP in mice and rats including morphine [40,607], cocaine [585], nicotine [733], and alcohol [680].

Another tool used to assess the rewarding properties of drugs is self-administration. In this assay, animals are given access to a drug of abuse (generally administered when the animal pushes a lever) and their intake is monitored. There are two main variations of this assay, continuous and intermittent reinforcement. In the continuous administration paradigm drug is given every time the animal pushes a lever. For intermittent reinforcement, the animal must push the lever a certain number of times before drug is given. For a more in depth look at various parameters used in self-administration see [621]. Most drugs that promote self-administration, also promote conditioned place preference [39].

## Interactions between pain and Reward

Negative reinforcement from pain relief also involves the activation of dopaminergic neurons in the VTA and dopamine release in the NAc [573]. Pain relief has been shown to be rewarding in animal models [571,572,660]. A variation on the traditional CPP assay has been developed to take advantage of this analgesic CPP (aCPP). This assay can be used to measure the relief from ongoing spontaneous pain that is otherwise difficult to measure. Previous studies have shown that in the context of pain animals will show place preference when paired with normally non-rewarding analgesics like MPEP [428,835], lidocaine [292,380], bupivacaine [165], clonidine [171,292,380], and loperamide [797]. Analgesics including clonidine [498] and suprofen [142] have also been shown to promote self-administration in animal models of pain.

The incredible potency of MMG22 is concerning when it comes to the potential for abuse and addiction. In the following studies we used a conditioned place preference assay in naïve and nerve injured animals to determine if MMG22 was rewarding in naïve animals and if MMG22 could decrease spontaneous pain in nerve injured animals.

## Methods:

### Animals

Adult (5-8 months) male and female C57/B6 mice (Charles River) were housed 4 (males) or 5 (females) to a cage and maintained on a 12-hour light/dark cycle with *ad libitum* access to food and water. An equal number of male and female mice were used for each experiment and no sex differences were seen for any of the parameters measured. All procedures were carried out during the light cycle. All procedures were approved by the Institutional Animal Care and Use Committee of the University of Minnesota.

### Spared nerve injury

Mice were anesthetized with 2.5 % isoflurane. Spared nerve injury (SNI) to the sciatic nerve was performed as described previously [82,172,644]. Briefly, after exposing the three branches of the sciatic nerve, the tibial and common peroneal branches were tightly ligated with 5.0 silk suture and cut 2 mm distal to the suture. Care was taken not to disturb the sural nerve. Sham surgeries followed the same procedure without manipulation of the sciatic nerve or distal branches.

### Drugs

The bivalent ligand MMG22 was synthesized as described previously [9]. MMG22, morphine, 2-methyl-6-(phenylethynyl)pyridine (MPEP), (Mallinckrodt Inc, Hazelwood, MO) and loperamide (Sigma, St. Louis, MO) were diluted in 1% DMSO (vehicle). Loperamide was diluted in near boiling 1% DMSO daily. All drugs were administered subcutaneously in a volume of 250  $\mu$ l.

### Conditioned place preference

The CPP apparatus consisted of a two chambered box (28 x 28 x 20 cm) made from Plexiglas lined with 16 infrared photobeam emitters and detectors (Med Associates, St. Albans, VT). Alternate sides of the box were lined with vertical or horizontal black and white stripes (1.2 cm thick) but were otherwise identical. The two sides of the box were separated by one of two plexiglass partitions; a closed partition, or an open partition with a centrally located opening to allow access to both chambers. Both partitions had the same black and white

striped patterns. On day 1, mice were placed into the middle of the box (with the open partition) and allowed to move freely between the two chambers for 30 minutes. Movement was tracked by software (Med Associates, activity monitor) that recorded infrared beam interruptions to locate the mouse position in the box. The program recorded the time spent in each chamber on days 1 and 5 of testing.

Day 1 established if mice exhibited a preferred side of the chamber at baseline. Mice that spent more than 70% of the 30 minutes in one chamber were excluded to avoid preconditioning bias (1 mouse). On days 2-4 the remaining mice were subjected to two separate 30 minute chamber/treatment pairings per day. In the morning, mice were given a s.c. injection of vehicle and then placed in one side of the chamber 30 minutes later. In the afternoon, the same mice were given a s.c. injection of drug (at the same volume) and placed in the alternate (drug-paired) side of the chamber 30 minutes later. The drug paired chamber was pseudo-randomly assigned to each mouse such that some mice received drug in the chamber with vertical stripes, and some in the chamber with horizontal stripes, while maintaining a baseline average of ~40% of time spent in -in the drug paired chamber (biased design). During these sessions, the closed partition was used to separate the two chambers so that mice only had access to one side of the box. On day 5 (post-conditioning) the open partition replaced the closed partition and the mice were allowed to move freely between to two chambers for 30 minutes. The time spent on each side was again recorded. Preference scores were generated by subtracting the amount of time (sec) mice spent in drug paired chamber during pre-conditioning from the time mice spent in the drug paired chamber post-conditioning. Each mouse was only used for one conditioning experiment. Data collectors were blinded to drug by a third party.

### Data analysis

Data are expressed as mean  $\pm$  SEM, except where otherwise noted. GraphPad Prism 8.0 (Graphpad software Inc. La Jolla, CA, USA) was used for statistical analyses and calculation of ED<sub>50</sub> values. All behavioral data were analyzed via one- or two-way ANOVA with repeated measures. Post-hoc



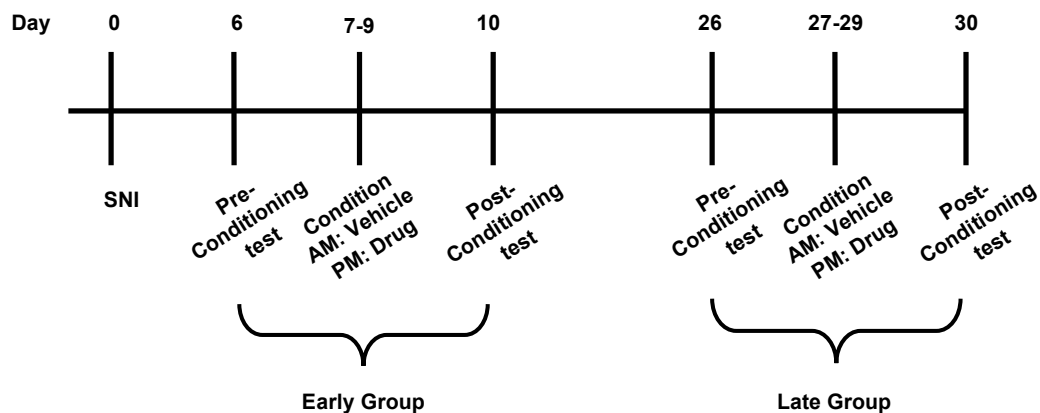
comparisons were done with Bonferroni tests. A p value of  $<0.05$  was considered significant.

## Results

### CPP in naïve and nerve injured animals

To determine the potential rewarding properties of MMG22 we used the traditional CPP assay in naïve mice [39,821]. To examine the ability of MMG22 to promote reward by decreasing spontaneous ongoing pain, we used the variant aCPP assay in nerve-injured mice (both early and late after nerve injury) [171,292,380,775]. As a known drug of abuse, morphine was used as a positive control for naïve and nerve-injured mice. Loperamide and MPEP were used as positive controls for aCPP as they have both been shown to produce preference in nerve-injured animals but not in naïve or sham control animals [428,797,835]. Although SNI has been shown to decrease motor coordination in mice, it does not decrease overall motility [726] and therefore would not affect the ability of mice to develop a preference for one chamber or another.

Figure 5.1 Conditioned place preference experimental timeline



We tested the ability of 10 mg/kg s.c. MMG22 to induce CPP in naïve mice and aCPP in mice early and late after nerve injury. We compared the time mice spent in the drug paired chamber before and after conditioning (two-way ANOVA with repeated measures: injury: [ $F_{(2,21)}=5.39$ ;  $P<0.05$ ], conditioning: [ $F_{(1,21)}=5.77$ ;  $P<0.05$ ], injury X conditioning: [ $F_{(2,21)}=11.94$ ;  $P<0.001$ ],  $n=8-12$ ). After 3 days of pairing with MMG22, naïve mice showed no preference for either chamber ( $P=0.73$ ). The inability for MMG22 to induce place preference in naïve mice suggests that MMG22 may lack the addictive properties of traditional

opioids. Early after nerve injury, mice spent more time in the drug paired chamber after conditioning with MMG22 (10 mg/kg) ( $P < 0.0001$ ). The ability for MMG22 to produce aCPP was limited to early after nerve injury as mice conditioned with MMG22 late after injury showed no increase in time spent in the drug paired chamber ( $P > 0.99$ ) (**Fig. 5.2A**). The ability of MMG22 to induce aCPP early after nerve injury, but not late, mirrors its decrease in anti-hyperalgesic potency over the same time period. A dose of 10 mg/kg MMG22 was also unable to induce place preference in sham operated animals early (10 days) after surgery (data not shown). Comparing the preference scores (one-way ANOVA; [ $F_{(2,25)}=12.41$ ;  $P < 0.001$ ]) indicated that mice conditioned with 10 mg/kg MMG22 early after nerve injury had higher preference scores than naïve mice ( $P < 0.001$ ) as well as mice late after nerve injury ( $P = 0.01$ ) (**Fig. 5.2B**). There was no difference between the preference scores of naïve mice and mice tested late after nerve injury ( $P = 0.24$ ). The ability of MMG22 to induce aCPP only early after nerve injury suggests it is able to reduce spontaneous/ongoing pain early, but not late after nerve injury. The results parallel the decrease in potency of MMG22 for reducing mechanical hyperalgesia late after nerve injury.

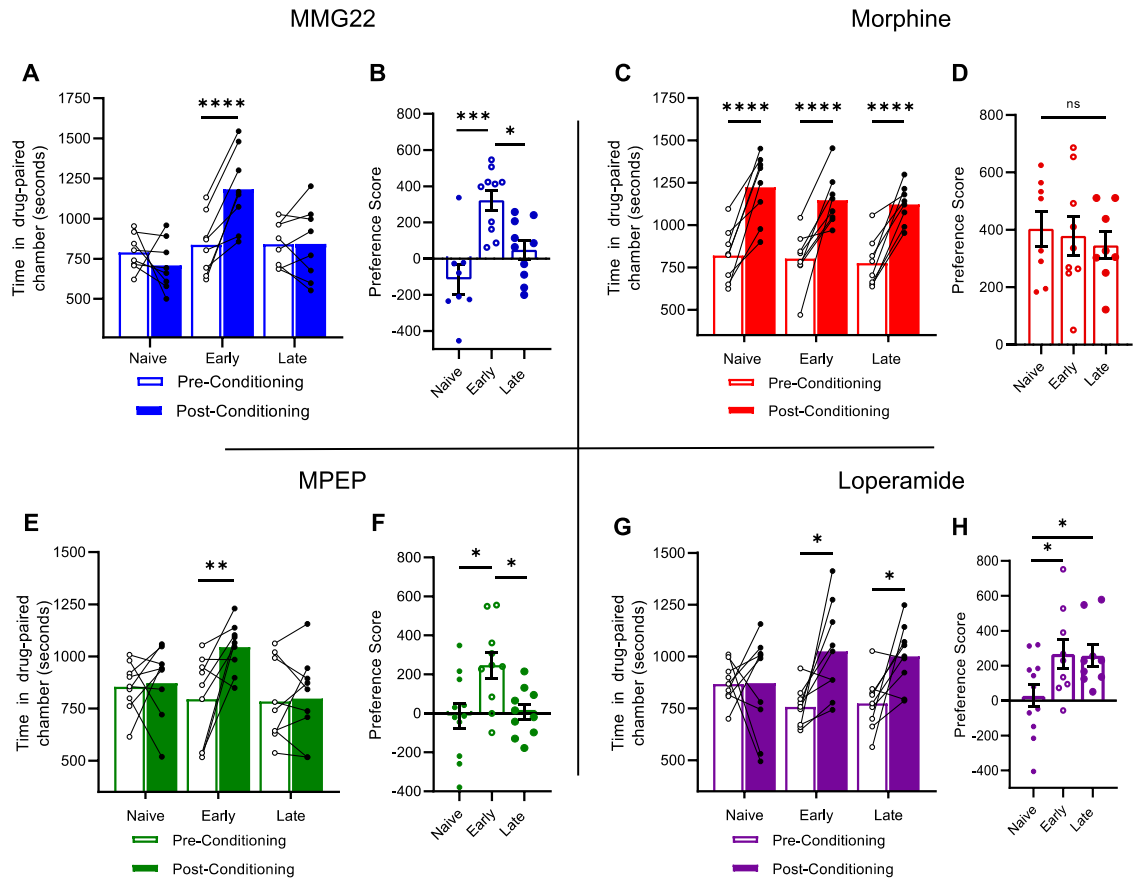
Unlike MMG22, morphine at 10 mg/kg induced CPP in naïve mice ( $P < 0.0001$ ), as well as early ( $P < 0.0001$ ), and late ( $P < 0.0001$ ) after nerve injury (**Fig. 5.2C**) (two-way ANOVA with repeated measures; conditioning: [ $F_{(1,21)} = 0.11$ ;  $P < 0.0001$ ], injury: [ $F_{(2,21)}=0.62$ ;  $P = 0.55$ ], injury  $\times$  conditioning: [ $F_{(2,21)}=0.32$ ;  $P = 0.73$ ]). Comparison of the preference scores also showed no difference between morphine's ability to produce place preference in naïve or nerve-injured mice (one-way ANOVA; [ $F_{(2,22)}=0.22$ ;  $P = 0.81$ ]) (**Fig. 5.2D**). That morphine produced place preference equally well in naïve and nerve-injured mice (both early and late), suggests that at 10 mg/kg, the rewarding properties of morphine overshadow any increased reward the mice might get from the reduction of spontaneous ongoing pain.

We also compared the ability of MPEP and loperamide to induce CPP in naïve mice and aCPP in nerve-injured mice. The ability of MPEP to induce place preference differed between naïve and nerve-injured mice conditioned early and

late after injury (two-way ANOVA with repeated measures; conditioning: [ $F_{(1,24)}=6.77$ ;  $P<0.05$ ], conditioning  $\times$  injury [ $F_{(2,24)}=3.84$ ;  $P<0.05$ ], injury: [ $F_{(2,24)}=1.86$ ;  $P=0.188$ ]). Similar to previous studies [428, 835], 30 mg/kg MPEP produced aCPP in mice conditioned early after nerve injury ( $P<0.01$ ), but not CPP in naïve mice ( $P>0.99$ ). Interestingly, 30mg/kg MPEP was also unable to produce aCPP in mice tested late after nerve injury ( $P>0.99$ ) (**Fig. 5.2E**). Preference scores (one-way ANOVA; [ $F_{(2,28)}=5.9$ ;  $P<0.01$ ]) were higher for mice early after nerve injury than for naïve mice ( $P<0.05$ ), or for mice late after nerve injury ( $P<0.05$ ) (**Fig. 5.2F**). There was no difference between the preference scores of naïve mice and mice late after nerve injury ( $P>0.99$ ). The temporary ability of MPEP to induce analgesic place preference after injury is consistent with the dose response data showing a significant decrease in potency of MPEP late after injury compared to the earlier time point.

The ability of loperamide (10 mg/kg) to induce place preference also differed among the groups (two-way ANOVA with repeated measures; conditioning: [ $F_{(1,24)}=10.47$ ;  $P<0.01$ ], injury: [ $F_{(2,24)}=0.13$ ;  $P=0.88$ ], conditioning  $\times$  injury: [ $F_{(2,24)}=3.04$ ;  $P=0.07$ ]). Loperamide produced aCPP in mice tested early after nerve injury ( $P<0.05$ ) as well as mice tested late after nerve injury ( $P<0.05$ ). The same dose of loperamide was unable to produce CPP in naïve mice ( $P>0.99$ ) (**Fig. 5.2G**). Comparing the preference scores (one-way ANOVA; [ $F_{(2,29)}=4.82$ ;  $P<0.05$ ]) revealed a difference between naïve mice and both groups of injured mice ( $P<0.05$ ) but no difference between groups of mice after nerve injury ( $P>0.99$ ) (**Fig. 5.2H**). The inability for loperamide to induce CPP in naïve mice is consistent with previous results [8]. Loperamide has also been shown to induce aCPP two weeks after nerve injury in rats [797]. That loperamide retained its ability to produce aCPP late after nerve injury also mirrors behavioral data showing no change in analgesic potency early vs late after nerve injury.

Figure 5.2 CPP and aCPP in naïve and nerve injured animals



**Figure 5.2 Traditional and analgesic conditioned place preference in naïve and nerve-injured mice.** (A) Naïve mice show no difference in the time spent in the chamber paired with 10 mg/kg MMG22 before and after conditioning (pre:  $837 \pm 66$ s vs post:  $1183 \pm 89$ s;  $P=0.73$ ). When paired with the same dose, nerve-injured mice spent significantly more time in the drug-paired chamber when conditioned early after nerve injury (pre:  $788 \pm 40$ s vs post:  $709 \pm 56$ s;  $P<0.0001$ ) but not late after nerve injury (pre:  $840 \pm 48$ s vs post:  $1843 \pm 81$ s;  $P>0.99$ ). (B) Mice had higher preference scores when paired with MMG22 early after nerve injury ( $322 \pm 56$ s) than naïve mice ( $-115 \pm 82$ ;  $P<0.001$ ), and mice late after nerve injury ( $49 \pm 52$ ;  $P=0.01$ ). Preference scores for naïve mice and mice conditioned late after nerve injury were not different ( $P=0.24$ ). (C) Naïve mice spent more time in the drug paired chamber after conditioning with 10 mg/kg morphine (pre:  $821 \pm 57$ s vs post:  $1224 \pm 71$ s;  $P<0.0001$ ). Nerve-injured mice also spent more time in the drug paired chamber after conditioning with 10 mg/kg morphine both early (pre:  $802 \pm 58$ s vs post:  $1147 \pm 54$ s;  $P<0.0001$ ) and late (pre:  $776 \pm 52$ s vs post:  $1122 \pm 40$ s;  $P<0.0001$ ) after nerve injury. (D) There is no difference between the preference scores of mice paired with morphine regardless of injury or timing (naïve:  $403 \pm 62$ , early:  $379 \pm 68$ , late:  $346 \pm 48$ ;  $P<0.99$  for all comparisons). (E) Early after nerve injury, mice paired with 30 mg/kg MPEP mice spent more time in the drug paired chamber (pre:  $795 \pm 71$ s vs post:  $1045 \pm 40$ s,  $P<0.01$ ). Naïve mice (pre:  $854 \pm 40$ s vs post:  $888 \pm 57$ s), and mice conditioned late after nerve injury (pre:  $784 \pm 65$ s vs post:  $799 \pm 68$ s) spent equal time in both chambers when conditioned with 30 mg/kg MPEP ( $P>0.99$  for both). (F)

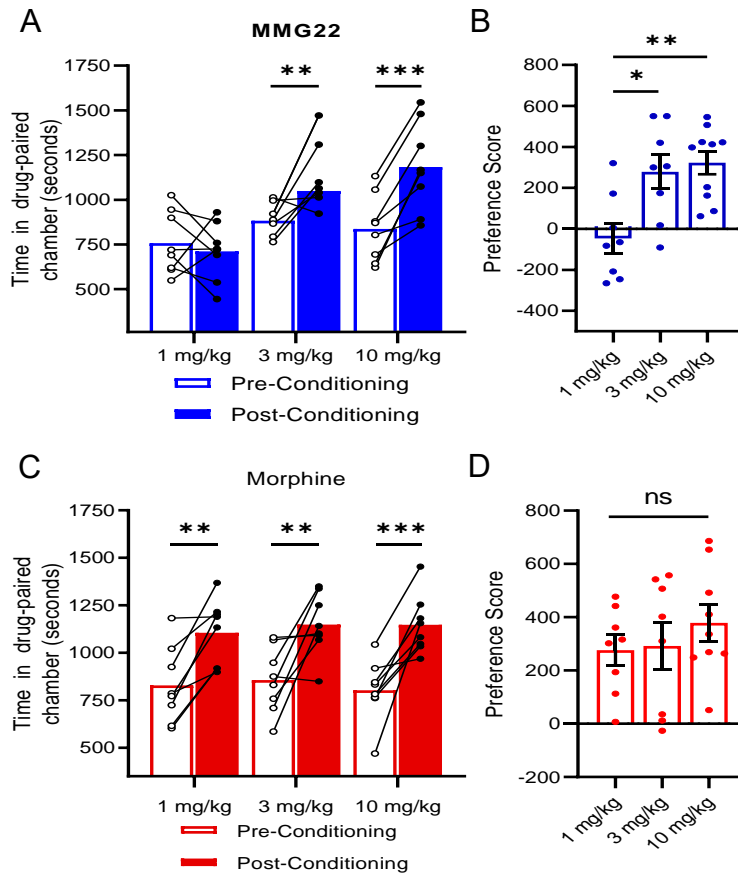
Mice conditioned early after nerve injury ( $247 \pm 68$ ) show higher preference scores for the drug paired chamber than naïve mice ( $-12 \pm 65$ ;  $P < 0.05$ ) or mice conditioned late after nerve injury ( $5 \pm 39$ ;  $P < 0.05$ ). There was no difference in preference scores between naïve mice and mice conditioned late after nerve injury ( $P > 0.99$ ). **(G)** Mice spent more time in the chamber paired with 10 mg/kg loperamide when conditioned early (pre:  $757 \pm 31$ s vs post:  $1025 \pm 76$ s;  $P < 0.05$ ) and late (pre:  $774 \pm 43$  vs post:  $1001 \pm 51$ s;  $P < 0.05$ ) after nerve injury. Naïve mice showed no preference for the loperamide paired chamber (pre:  $873 \pm 33$ s, vs post:  $862 \pm 79$ s;  $P > 0.99$ ). **(H)** Mice conditioned early ( $268 \pm 84$ ) and late ( $257 \pm 55$ ) after nerve injury had larger preference scores for loperamide paired chamber than naïve mice ( $4 \pm 66$ ;  $P < 0.05$  for both). Preference scores were not different for mice paired early or late after nerve injury ( $P > 0.99$ ). Data are presented as means  $\pm$  SEM,  $n=8-12$  per group.

### Dose dependency of analgesic place preference

We also examined the ability of different doses of MMG22 and morphine (1, 3 and 10 mg/kg) to induce analgesic place preference early after nerve injury. We first compared the time spent in the drug paired chamber before and after conditioning with MMG22 (two-way ANOVA with repeated measures; dose: [ $F_{(2,21)}=9.25$ ;  $P=0.001$ ], conditioning: [ $F_{(1,21)}=21.03$ ;  $P<0.001$ ], dose  $\times$  conditioning: [ $F_{(2,21)}=8.29$ ;  $P<0.01$ ]). Early after nerve injury, mice paired with 3 mg/kg or 10 mg/kg MMG22 spent more time in the drug paired chamber ( $P=0.01$ ,  $P<0.001$  respectively). Mice paired with 1mg/kg MMG22 showed no preference for either chamber ( $P>0.99$ ) (**Fig. 5.3A**). Similarly, preference scores also differed with dose (one-way ANOVA; [ $F_{(2,23)}=8.13$ ;  $P<0.01$ ]. Preference scores of mice given 3 mg/kg MMG22 and 10 mg/kg MMG22 - were greater than those produced by 1 mg/kg MMG22 ( $P<0.05$  and  $P<0.01$  respectively). There was no significant difference between preference scores of mice given 3 and 10mg/kg MMG22 ( $P>0.99$ ) (**Fig. 5.3B**).

Morphine at doses of 1, 3, and 10 mg/kg also produced place preference early after nerve injury (two-way ANOVA with repeated measures; dose: [ $F_{(2,21)}=0.15$ ;  $P=0.87$ ], conditioning: [ $F_{(1,21)}=53.7$ ;  $P<0.0001$ ], dose  $\times$  conditioning: [ $F_{(2,21)}=0.25$ ;  $P=0.79$ ]). (**Fig. 5.3C**). Morphine increased the time mice spent on the drug paired chamber at 10 mg/kg ( $P<0.001$ ) as well as at 3mg/kg ( $P<0.01$ ). At 1mg/kg ( $\sim 1/2$  the  $ED_{50}$ ) morphine was also equally effective ( $P=<0.01$ ) at producing place preference in mice early after nerve injury. Examining the preference scores (one-way ANOVA: [ $F_{(2,22)}=0.61$ ;  $P=0.55$ ]) revealed no differences in preference scores between mice paired with any of the doses of morphine tested ( $P>0.99$  for all comparisons) (**Fig. 5.3D**).

Figure 5.3 Dose dependent aCPP in nerve injured animals



**Figure 5.3 Analgesic place preference is dose dependent for MMG22, but not for morphine early after nerve injury.** (A) Early after nerve injury, mice spent more time in the drug paired chamber after conditioning with 3 mg/kg (pre: 895±31s vs post: 1173±75s;  $P<0.01$ ) or 10 mg/kg (pre: 837±66s vs post: 1182±89s;  $P<0.001$ ) or MMG22. Mice paired with 1 mg/kg MMG22 showed no preference for either chamber (pre: 757±72s vs post: 711±57s;  $P>0.99$ ). (B) Mice paired with 3 mg/kg (278±82) and 10 mg/kg (322±56) MMG22 showed higher preference scores than mice paired with 1 mg/kg MMG22 (-46±73;  $P<0.05$  and  $P<0.01$  respectively). Preference scores for mice paired with 3 and 10 mg/kg MMG22 were not different from each other ( $P>0.99$ ). (C) Early after nerve injury, mice spent more time in the drug paired chamber after conditioning with 1 mg/kg (pre: 829±7s vs post: 1106±6s;  $P<0.01$ ), 3 mg/kg (pre: 857±61s vs post: 1149±58s;  $p<0.01$ ), or 10 mg/kg morphine (pre: 802±58s vs post: 1147±54;  $p<0.001$ ) (D) There were no differences in preference scores of mice paired with 1, 3, or 10 mg/kg of morphine (276±57, 292±88, 379±68 respectively;  $P>0.99$  for all comparisons). Data presented as means ± SEM,  $n = 8-12$  for all groups.



## Discussion

The conditioned place preference assay, which assesses the rewarding attributes of a drug, is used as an initial screening tool for the addictive potential of drugs [10,145,146]. Morphine, but not MMG22, MPEP or loperamide, produced place preference in naïve animals. This strongly suggests that MMG22 may not have the abuse potential associated with traditional opioids. This is the first study to show that MMG22 is not rewarding in naïve mice. Recent data from the Graves lab (department of neuroscience) indicates that MMG22 also does not induce self-administration in naïve mice (unpublished data).

MMG22 did produce analgesic place preference in animals conditioned early after nerve injury. The ability for an analgesic to produce place preference in injured animals is thought to indicate its ability to decrease ongoing, spontaneous pain [171,292,380,775], which may be caused by spontaneous activity in the injured nerves [671]. The minimum dose of MMG22 required to produce aCPP was 3 mg/kg, a much higher dose than its ED<sub>50</sub> for reducing mechanical hyperalgesia (0.12 mg/kg), indicating that a higher dose of MMG22 is needed to decrease spontaneous pain as compared to evoked pain. MMG22 was also unable to produce aCPP late after nerve injury, when MMG22 showed a marked decrease in anti-hyperalgesic potency. The ability of MMG22 to produce place preference only early after nerve injury, when it is most potent at reducing hyperalgesia, supports MMG22 being an effective pain reliever that lacks abuse potential. That MMG22 only induced aCPP when its anti-hyperalgesic potency was high, strongly suggests that the development of place preference for analgesics is related to the negative reinforcement of pain relief [380,775].

Unlike MMG22, morphine (at the doses tested) produced place preference in nerve-injured and naïve mice equally well. Some studies have shown that low doses of morphine can induce aCPP in nerve injured animals but are unable to produce CPP in naïve animals [95,775]. Other studies suggest that chronic pain decreases the rewarding properties of opioid analgesics in animal models [64,500,839]. These studies propose that chronic pain suppresses the ability of

the endogenous reward system to respond to opioids [41]. In support of this, chronic pain has been shown to decrease opioid induced dopamine release in the VTA [581]. However, the use of prescription opioids by patients with chronic non-cancer pain is a strong risk factor for the development of opioid use disorders [214,837,871]. Whether chronic pain patients have an increased or decreased risk of opioid abuse and addiction than the general population is still debated; however, between 35 and 75% of chronic non-cancer pain patients receive opioid prescriptions [138,668] and one factor that is an absolute prerequisite for opioid addiction is opioid exposure.

Studies in mice have shown conflicting results regarding the role of pain in opioid addiction. Several studies have shown that pain reduces the rewarding properties of opioids in ICR mice [566,618,839], whereas other studies have shown no changes or even enhancement of opioid reward in C57/BL6 mice [353,574,590]. The possibility that there are inherent strain differences in the processing of reward signals under conditions of pain warrants further exploration.

MMG22 induced dose dependent aCPP early after nerve injury but did not promote place preference in naïve mice. Given the current opioid crisis, novel non-addictive treatments for chronic pain are more urgent than ever. Previous studies have also shown that MMG22 does not induce development of acute [748] or chronic [735] analgesic tolerance, which is paramount for treatment of chronic pain.

## Conclusion

The rewarding properties of opioids causes these drugs to be abused and detracts from their powerful analgesic effects. Previous studies have shown the MMG22 is incredibly potent at reducing hyperalgesia but have not characterized its properties with regards to abuse and addiction. Here we show that MMG22 is not rewarding in naïve animals but does produce negative reinforcement as shown by the acquisition of place preference in the setting of pathological pain, suggesting its ability to reduce spontaneous pain. MMG22's ability to produce negative reinforcement from pain relief parallels its ability to reduce tactile

hyperalgesia, in that it no longer induces place preference when given to animals later after nerve injury.

## Chapter 6

### Potential side effects of MMG22

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Speltz, Rebecca, Lunzer, Mary M., Shueb, Sarah S., Akgün, Eyup, Reed, Rachelle, Kalyuzhny, Alex, Portoghese, Philip S., Simone, Donald A. 2020. The bivalent ligand, MMG22, reduces neuropathic pain after nerve injury without the side effects of traditional opioids. PAIN. (in press)

## Introduction: Side effects associated with MOR agonists and mGluR<sub>5</sub> antagonists

### Off-target effects of MOR agonists

Abuse and addiction are not the only deterrents to the use of opioids to manage chronic pain, and other off-target effects include the development of analgesic tolerance, constipation, sedation, respiratory depression, as well as nausea and vomiting [57]. Results from a meta-analysis of 11 different double-blinded, placebo controlled, randomized trials looking at the use of opioids in chronic non-cancer pain patients reported that over 80% of patients treated with opioids experienced at least one adverse event including constipation (41%), nausea (32%), somnolence (29%), dizziness (20%), vomiting (15%) and itching (15%), significantly more than patients treated with placebo [355]. While side effects were prevalent, the average reduction in pain scores was only 30% [355].

Respiratory depression (RD) is the main cause of opioid related overdose death [863]. Opioids induce changes in breathing patterns such that respiration becomes slow and irregular. A decrease in minute and tidal volume results in hypercapnia and hypoxia (for review see [630]). RD is mediated by inhibition of rhythm generating respiratory centers in the CNS including the pre-Bötzinger complex in the ventrolateral medulla [490,675,718]. Unfortunately, tolerance to the respiratory effects of opioids develops more slowly than tolerance to the analgesic effects [534], leaving those for whom analgesic tolerance has developed in a dangerous situation: as increasing the dose of opioid in order to gain pain relief comes with the risk dying from respiratory depression.

It is well known that high doses of MOR agonists induce hyperlocomotion [51,126,564,629] and thigmotaxis or “wall hugging” [19] in mice, while they produce sedation and somnolence in patients [914]. While hyperlocomotion is not a clinically relevant behavior, it is a centrally mediated effect that is often used as a behavioral marker in addiction studies [765]. Opioid induced sedation in patients is also a centrally mediated effect [914] and not seen with peripherally restricted opioids [404].

Opioid receptors expressed by enteric neurons in the gastrointestinal tract are responsible for most of the constipatory effects of systemic opioids [545].

MOR agonists delay transit through the small and large intestine by stimulating tonic contraction of smooth muscle and inhibiting peristaltic contractions [874] causing constipation. Tolerance to these effects develops in the small intestine, but not the colon [692]. A similar but more severe effect of opioids can lead to opioid bowel dysfunction (OBD). The symptoms of OBD can be severe and can cause patients to discontinue opioid therapy despite the recurrence of pain [57,622].

#### Off-target effects of mGluR<sub>5</sub> antagonists

The mGluR<sub>5</sub> antagonists, including MPEP and fenobam, readily pass the blood brain barrier and produce centrally mediated effects on rodent behavior [34,251,330]. While there are conflicting data regarding the ability of mGluR<sub>5</sub> antagonists to alter locomotor behavior [501,538,930], they are generally considered to be anxiolytic [330,538,761,762,790,830] in rodents, with mixed results in clinical trials [242,633,634]. Other central effects of mGluR<sub>5</sub> antagonists include deficits in hippocampal dependent spatial learning [330]; however, there are conflicting reports (for review see [742]).

In the following studies we investigated the potential locomotor effects of MMG22 and compare them to the effects of morphine, loperamide and MPEP. We also compare the effects MMG22 and morphine on respiratory function and constipation.

## Methods

### Animals

Adult (5-8 months) male and female C57/B6 mice (Charles River) were housed 4 (males) or 5 (females) to a cage and maintained on a 12-hour light/dark cycle with *ad libitum* access to food and water, except as otherwise noted for constipation studies. An equal number of male and female mice were used for each experiment and no sex differences were seen for any of the parameters measured. All procedures were carried out during the light cycle. All procedures were approved by the Institutional Animal Care and Use Committee of the University of Minnesota.

### Drugs

The bivalent ligand MMG22 was synthesized as described previously [9]. MMG22, morphine, 2-methyl-6-(phenylethynyl)pyridine (MPEP), (Mallinckrodt Inc, Hazelwood, MO) and loperamide (Sigma, St. Louis, MO) were diluted in 1% DMSO (vehicle). Loperamide was diluted in near boiling 1% DMSO daily. All drugs were administered subcutaneously in a volume of 250  $\mu$ l.

### Locomotor activity, sedation and anxiety

To determine if treatment with MMG22 shared any of the motor side effects common to centrally acting opioids we measured the effects of MMG22 on motor behavior. Mice were placed in an activity chamber box 30 minutes after drug administration and motor activity was recorded for the subsequent 30 minutes. Total distance traveled, average velocity, and total ambulatory time were recorded and analyzed.

Antagonists to mGluR<sub>5</sub> are known to decrease basal measures of anxiety in mice [330,762,830]. To determine if MMG22 shared any of these effects we used an open-field assay to look for center avoidance. Center avoidance is considered anxiety-like behavior in rodents [669]. Pharmacological studies have supported this interpretation as anxiolytics have been shown to increase both the total time mice spend in the center area as well as the number of entries mice will make into the center area during a given time [669,737,818]. Data sets were analyzed by defining a central area to be one-half the size of the full chamber, with

identical central coordinates. Total time spent in the center, time spent ambulatory in the center, distance traveled in the center, and the number of entries into the center zone were recorded and analyzed. Data collectors were blinded to drug by a third party.

### Drug-induced constipation

The colonic bead expulsion test [692] was used to compare the effects of chronic MMG22 and morphine on constipation, a common side effect of opioids. Mice were given twice daily s.c. injections of vehicle or drug (MMG22 or morphine at 1 or 10 mg/kg) for 8 days. At 24 hours before testing, mice were placed in cages with raised mesh wire to suspend them above their bedding and prevent ingestion of feces or bedding. Mice were then fasted for 24 hours with free access to water; to maintain caloric intake and to avoid hypoglycemia, mice had access to a sugar water solution of 5% dextrose for the first 8 h of the fasting period. 30 minutes prior to testing, mice were given a final s.c. injection of vehicle or drug (MMG22 or morphine at 1 or 10 mg/kg). 30 min after injection, mice were anesthetized with 2.5% isoflurane (1–2 min) and a single 2 mm glass bead was inserted 3 cm into the distal colon. Bead insertion was accomplished by pushing the bead into the end of a 10 cm long piece of 2 mm plastic tubing. The tubing was inserted into the rectum 3 cm and then an internal plunger was advanced just past the tip of the tube to ensure bead ejection. After bead insertion, mice were placed in large glass beakers and the time to bead expulsion was recorded. Mice were monitored for a maximum of 5 hours. Data collectors were blinded to drug by a third party.

### Respiratory depression

Whole body plethysmography experimental setup was adapted from Young *et al.* to determine the effects of morphine (3, 10 and 30 mg/kg) and MMG22 (3, 10, 30 mg/kg) on respiratory function [915]. Mice were allowed to acclimate for two days in the same room as the plethysmography before testing. Mice were habituated to the testing environment by placing them in the chambers for 30 minutes for two consecutive days before testing. The mice were observed by the experimenter outside the room via camera for any adverse effects. On



testing day, baseline respiratory data was collected for 30 minutes. Mice were given drug or vehicle and placed back in the chamber. Measurements of respiratory function were taken every 10 minutes for 60 minutes. Each mouse was utilized for three measurements on three separate days: Day 1: mice were injected with vehicle, Day 2: mice were given the lowest dose of either MMG22 or morphine, Day 3: mice received a higher dose of either MMG22 or morphine. Data collectors were blinded to drug by a third party.

### Data analysis

Data are expressed as mean  $\pm$  SEM, except where otherwise noted. GraphPad Prism 8.0 (Graphpad software Inc. La Jolla, CA, USA) was used for statistical analyses and calculation of ED<sub>50</sub> values. All behavioral data were analyzed via one- or two-way ANOVA with repeated measures. Post-hoc comparisons were done with Bonferroni tests. A p value of <0.05 was considered significant.

## Results

### MMG22 did not alter locomotor activity in mice

It is well known that MOR agonists induce hyper-locomotion [51,126,564,629] and thigmotaxis or “wall hugging” [19] in mice. However, there are conflicting data regarding the ability of mGluR<sub>5</sub> antagonists to alter locomotor behavior [501,538,930] and anxiolytic behavior [330,538,762,830] in rodents. We investigated whether s.c. MMG22 (10 mg/kg) altered either locomotor behavior or anxiety-like behavior in naïve mice and compared its effects to vehicle, morphine (10 mg/kg), MPEP (30 mg/kg) and loperamide (10 mg/kg). General locomotor activity indicated by the distance mice traveled during a 30 minute period in an activity chamber differed between groups (one-way ANOVA; [ $F_{(4,35)}=100.2$ ;  $P<0.0001$ ], Bonferroni post hoc pairwise against vehicle). Morphine caused an increase in distance traveled ( $P<0.0001$ ) while loperamide had the opposite effect ( $P<0.05$ ). Neither MMG22 nor MPEP had a significant effect on distance traveled ( $P>0.99$ ,  $P=0.11$  respectively) (**Fig. 6.1A**). The reverse pattern was observed for velocity (one-way ANOVA; [ $F_{(4,40)}=28.32$ ;  $P<0.0001$ ]) where morphine caused a decrease in velocity ( $P<0.0001$ ) and loperamide increased velocity ( $P<0.05$ ). Average velocities for mice after MMG22 and MPEP were not different from vehicle ( $P>0.99$  for both) (**Fig. 6.1B**). We also examined the total time mice spent ambulatory during the same 30-minute sessions. Comparing treatments (one-way ANOVA; [ $F_{(4,40)}=116.3$ ;  $P<0.0001$ ]), morphine increased the total time mice spent ambulatory ( $P<0.0001$ ) whereas loperamide had the opposite effect ( $P<0.05$ ) (**Fig. 6.1C**). Total time spent ambulatory after MMG22 or MPEP were not different from vehicle ( $P>0.99$ ,  $P=0.22$  respectively).

We next examined the effect of each treatment on normal (non-pathological) anxiety-like behavior. Anxiolysis produced by drug treatment can be evaluated via the open-field test; anxiolytics will increase the amount of time rodents spend in the center region of an open field [669,739], as well as the number of entries made into the center region [669,737]. Because mGluR<sub>5</sub> antagonists have been shown to reduce anxiety like behavior in rodents [93,330,366,384,538,762,830], we determined if MMG22 produced anxiolytic

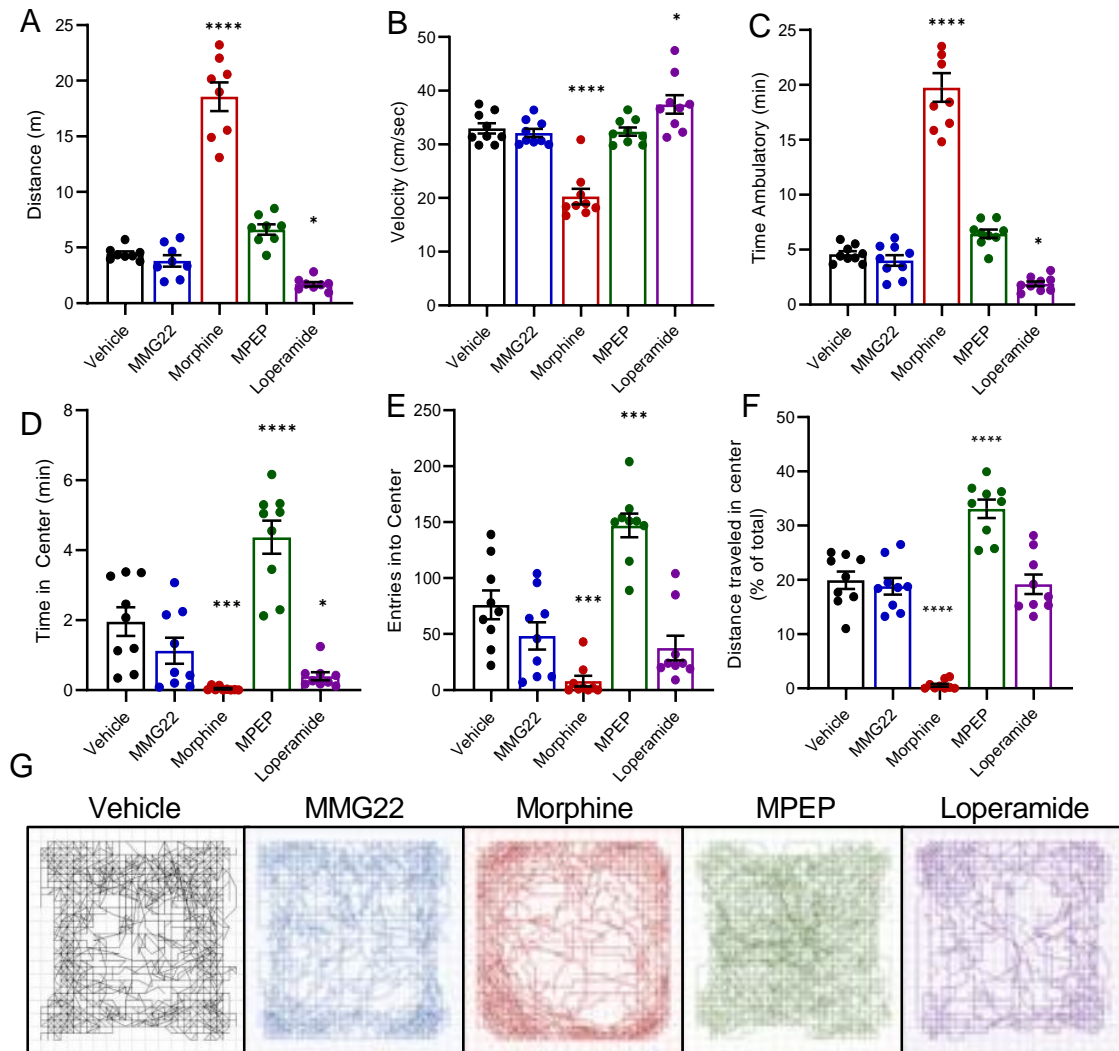
activity. The amount of time mice spent in the central zone of the activity chamber differed among the treatment groups (one-way ANOVA; [ $F_{(4,40)}=27.30$ ;  $P<0.0001$ ]). Morphine reduced the time mice spent in the center of the chamber ( $P<0.001$ ) as did loperamide ( $P<0.01$ ). In agreement with previous studies, MPEP increased the amount of time mice spent in the center of the chamber ( $P<0.0001$ ). Treatment with MMG22 did not differ from vehicle ( $P=0.32$ ) (**Fig. 6.1D**). The number of times mice entered into the center zone of the chamber (one-way ANOVA; [ $F_{(4,40)}=24.25$ ;  $P<0.0001$ ]) was also decreased by morphine ( $P<0.001$ ) and increased by MPEP ( $P=0.0001$ ). Center zone entries after treatment with MMG22 or loperamide were not different from vehicle treated mice ( $P=0.3$ ,  $P=0.06$  respectively) (**Fig. 6.1E**).

Finally, to control for effects of hyper- or hypo-locomotion on the time spent in the center zone we compared the distance mice traveled in the center zone as a percent of total distance traveled after drug treatment (one-way ANOVA; [ $F_{(4,40)}=60.40$ ,  $P<0.0001$ ]). Compared to vehicle, morphine decreased the percentage of total distance traveled in the center of the chamber ( $P<0.0001$ ). MPEP has the opposite effect and increased the percentage of total distance mice traveled in the center ( $P<0.0001$ ). Treatment with MMG22 and loperamide were not different from control ( $P>0.99$  for both) (**Fig. 6.1F**). The time mice spent ambulatory in the center zone (as a percent of total ambulatory time) followed the same pattern (data not shown).

Previous studies evaluating the effects of opioids on open field activity have shown that morphine does induce thigmotaxis “wall hugging” [19]; however, the confounding hyper-locomotion induced by this dose of morphine makes interpreting this behavior difficult. The decrease in time spent in the central zone after loperamide was also unexpected. However, loperamide did not affect the distance mice traveled in the center area (as a percent of total distance traveled), suggesting that the decreased time spent in the center zone after loperamide may reflect the reduction in total time spent ambulatory and total distance traveled as opposed to anxiety related behavior. A representative trace of ambulatory data is shown in **Fig. 6.1G**. Over the course of the experiments it was

also noted that MMG22, unlike morphine, did not induce Straub tail at any dose tested (data not shown). Cumulatively, the data suggests that MMG22 (at 10 mg/kg s.c.) does not affect locomotor behavior like traditional opioids, nor does it have the anxiolytic activity of mGluR<sub>5</sub> antagonists.

Figure 6.1 Locomotor effects of MMG22



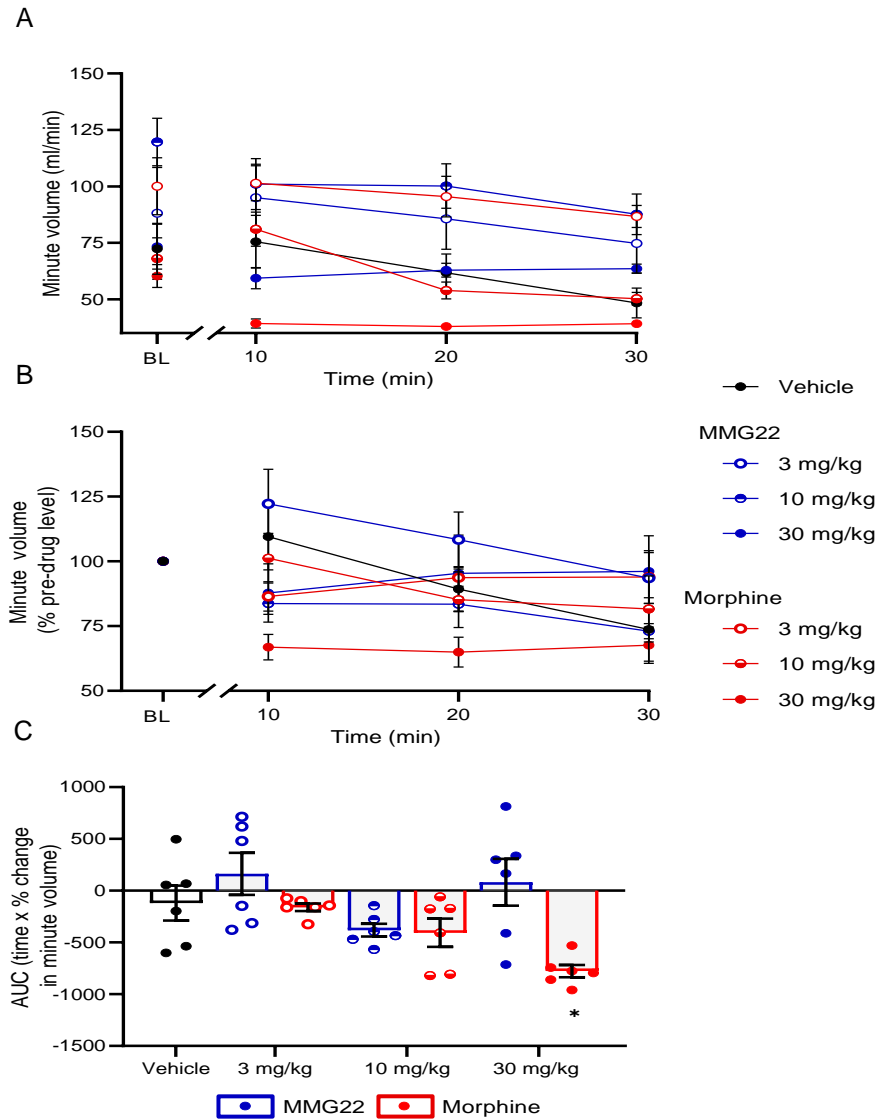
**Figure 6.1 Drug effects on locomotor activity and anxiety related behavior. (A)** Morphine increased the total distance traveled by mice over 30 minutes when compared to vehicle ( $P < 0.0001$ ). Loperamide had the opposite effect, decreasing the distance traveled by mice when compared to vehicle ( $P < 0.001$ ). Administration of MMG22 or MPEP had no effect on distance mice traveled compared to vehicle ( $P > 0.99$ ,  $P = 0.11$ ). **(B)** Morphine decreased the average velocity of mice compared to mice treated with vehicle ( $P < 0.0001$ ), whereas loperamide increased the average velocity slightly ( $P < 0.05$ ). The average velocity of mice treated with MMG22 and MPEP was not different than control mice ( $P > 0.99$  for both). **(C)** Morphine increased the amount of time mice spent ambulatory over a 30 minute period when compared to vehicle treated mice ( $P < 0.0001$ ). Treatment with loperamide had the opposite effect, showing a reduction in time mice spent ambulatory ( $P < 0.05$ ). MMG22 and MPEP had no effect of the time mice spent ambulatory ( $P > 0.99$ ,  $P = 0.22$  respectively). **(D)** Both morphine and loperamide decreased the time mice spent in the center zone of the chamber compared to vehicle treated animals ( $P < 0.001$  and  $P < 0.05$  respectively). MPEP increased the time mice spent in the center zone ( $P < 0.0001$ ). Treatment with MMG22 was not different

from vehicle with respect to the amount of time mice spent in the center zone of the chamber ( $P=0.32$ ). **(E)** When compared to vehicle, morphine caused a significant decrease in the number of entries mice made into the center zone ( $P<0.01$ ). MPEP increased the number of times mice entered the center zone ( $P<0.001$ ). Mice treated with MMG22 or loperamide entered the center zone the same number of times as vehicle treated mice ( $P=0.3$ ,  $P=0.06$  respectively). **(F)** Compared to vehicle, morphine decreased the distance traveled in the center zone (as a percentage of total distance traveled) ( $P<0.0001$ ) while MPEP increased it ( $P<0.0001$ ). Neither MMG22 nor loperamide had any effect on the distance mice traveled in the center zone ( $P>0.99$  for both). **(G)** Representative traces of the locomotor behavior of mice over a 30 minute period after s.c. injection of vehicle, 10mg/kg MMG22, 10mg/kg morphine, 30mg/kg MPEP, or 10mg/kg Loperamide. Data presented as mean  $\pm$  SEM,  $n = 9$  per group.

### MMG22 does not cause respiratory depression

Whole body plethysmography was used to examine the effects of 3, 10 and 30 mg/kg of s.c. MMG22 and morphine on minute volume, respiratory frequency, and tidal volume in naïve mice (**Fig. 6.2A-C, Table 6-1**). Analysis of the AUC for minute volume normalized to baseline showed a significant effect of drug treatment (one-way ANOVA; [ $F_{(6,35)}=4.77$ ;  $P=0.001$ ]). Post hoc comparison (pairwise against vehicle) showed a decrease in minute volume after systemic administration of 30 mg/kg morphine ( $P<0.05$ ) (**Fig. 6.2C**). No other doses or treatments were different from vehicle. We also compared the effects of each drug on respiratory frequency (two-way ANOVA with repeated measures; drug: [ $F_{(6,35)}=10.53$ ;  $P<0.0001$ ], time: [ $F_{(1,35)}=29.03$ ;  $P<0.0001$ ], drug  $\times$  time: [ $F_{(6,35)}=4.12$ ;  $P=0.003$ ]). Morphine decreased respiratory frequency at 3 mg/kg ( $P<0.05$ ), 10 mg/kg ( $P<0.001$ ) and at 30 mg/kg ( $P<0.001$ ). Neither vehicle nor MMG22 had any effect on respiratory frequency ( $P>0.99$  for vehicle and all doses of MMG22) (**Table 6-1**). Along with a decrease in respiratory frequency, morphine also caused a compensatory increase in tidal volume at 10mg/kg ( $P<0.001$ ) and 30 mg/kg ( $P<0.001$ ), but not at 3 mg/kg ( $P=0.24$ ). MMG22 and vehicle had no effect on tidal volume ( $P>0.5$ ) (two-way ANOVA with repeated measures; drug: [ $F_{(6,35)}=1.77$ ;  $P=0.15$ ], time: [ $F_{(1,35)}=0.39$ ;  $P=0.54$ ], drug  $\times$  time: [ $F_{(6,35)}=9.05$ ;  $P<0.0001$ ]) (**Table 6-1**).

Figure 6.2 Effects of MMG22 on respiratory minute volume



**Figure 6.1 MMG22 did not decrease respiratory minute volume.** (A) Minute volume (frequency x tidal volume) before and after s.c. administration of 3, 10 and 30 mg/kg morphine or MMG22. (B) Minute volume normalized to pre-drug baseline. Morphine dose dependently decreases minute volume in naïve mice. (C) AUC for minute volume is reduced after 30 mg/kg morphine (\* $p < 0.05$ ), but not MMG22. (n = 6 per group, data presented as mean  $\pm$  SEM.) BL, baseline; AUC, area under the curve; s.c., subcutaneous.



Table 6-1 Effects of MMG22 on respiratory function

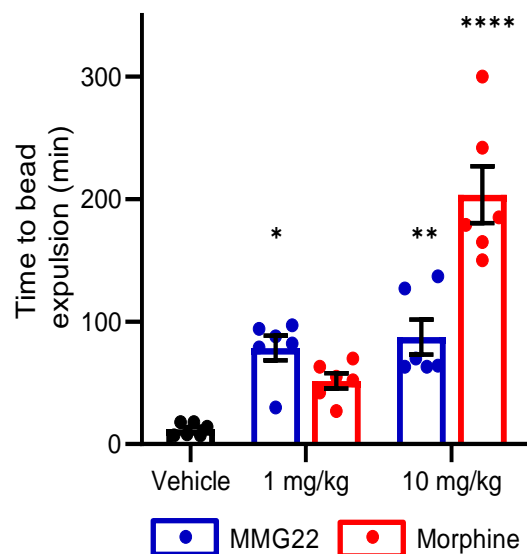
Drug / Dose	Pre-drug baseline		20-30 min post-injection		n
	Frequency (bpm)	Tidal Volume (ml/breath)	Frequency (bpm)	Tidal Volume (ml/breath)	
Vehicle	318.05 ± 31.2	0.25 ± 0.02	294.91 ± 20.7	0.22 ± 0.02	6
MMG22 3 mg/kg	295.20 ± 31.1	0.28 ± 0.04	331.64 ± 19.4	0.25 ± 0.02	6
MMG22 10 mg/kg	350.19 ± 13.1	0.31 ± 0.02	356.16 ± 15.3	0.28 ± 0.02	6
MMG22 30 mg/kg	308.92 ± 32.8	0.23 ± 0.01	284.60 ± 14.6	0.23 ± 0.01	6
Morphine 3 mg/kg	345.13 ± 9.0	0.29 ± 0.03	<b>326.69 ± 21.1*</b>	0.30 ± 0.01	6
Morphine 10 mg/kg	288.51 ± 27.4	0.23 ± 0.01	<b>200.92 ± 13.0***</b>	<b>0.28 ± 0.01***</b>	6
Morphine 30 mg/kg	267.66 ± 16.8	0.22 ± 0.01	<b>152.59 ± 4.3***</b>	<b>0.26 ± 0.01***</b>	6

\*p<0.05, \*\*\*p<0.001 compared to pre-drug baseline values (two-way ANOVA with repeated measures). BPM, breaths per minute. Data presented as mean ± SEM, n = 6 per group.

### Constipation produced by MMG22 and morphine

After 8 days of twice daily s.c. injection with either MMG22 (1 or 10 mg/kg), morphine (1 or 10 mg/kg) or vehicle we examined the effects of drug treatment on colonic motility. There was a significant difference between treatment groups in the time to bead expulsion (one-way ANOVA; [ $F_{(4,25)}=29.05$ ;  $P<0.0001$ ]). Both 1 and 10 mg/kg of MMG22 increased the time to bead expulsion compared to vehicle injection ( $P<0.05$  and  $P<0.01$  respectively) (**Fig. 6.3**). 10 mg/kg morphine greatly increased time to bead expulsion ( $P<0.0001$  compared to all other treatments).

Figure 6.3 Effects of MMG22 on colonic motility



**Figure 6.3 MMG22 and morphine decrease colonic motility.** MMG22 at 1 mg/kg and 10 mg/kg caused an increase in time to bead expulsion compared to vehicle ( $p<0.05$ ,  $p<0.01$  respectively). These effects were not different from 1 mg/kg of morphine. 10 mg/kg morphine decreased colonic motility significantly more than any other drug/dose combination ( $p<0.0001$  vs vehicle, 1 mg/kg MMG22, 1 mg/kg morphine and 10 mg/kg MMG22). Data presented as mean  $\pm$  SEM,  $n = 6$  per group.

## Discussion

Systemic administration of MMG22 produced robust analgesia without the centrally mediated side effects of traditional opioids, including hyper-locomotion [51,629] and respiratory depression [79,631]. Earlier studies demonstrated that MMG22 had no effect on locomotor coordination, and mice treated with MMG22 did not display naloxone precipitated withdrawal symptoms frequently seen with centrally acting opioids [735]. MMG22 also did not produce anxiolytic behavior seen with the mGluR<sub>5</sub> antagonist MPEP. That MMG22 does not affect hippocampal dependent spatial learning can be inferred from its ability to induce aCPP in nerve injured mice (chapter 5). However, more studies need to be done regarding MMG22 and spatial learning as MPEP was equally able to induce aCPP early after nerve injury.

Like traditional opioids, MMG22 caused constipation, a peripherally mediated side effect [874]. That MMG22 induced constipation, but none of the centrally mediated side effects associated with monovalent MOR agonists or mGluR<sub>5</sub> antagonists suggests that MMG22 may not pass the blood brain barrier when given systemically, and hence may be working peripherally to decrease mechanical hyperalgesia. A similar efficacy vs. side effect profile was also seen for the combination of the peripherally restricted MOR agonist loperamide and the  $\delta$  opioid agonist oxymorphone [90], also supporting the possibility that MMG22 targets peripheral over central receptors. A simple reason for s.c. administration of MMG22 targeting peripheral rather than spinal or supraspinal receptors is its relatively high molecular weight (852 Daltons [9]) and a high hydrogen bond capacity (>20). Lipid-mediated diffusion across the BBB is limited by size (<400daltons) and low hydrogen bond capacity (<7) [624]. Recent studies done by Henry Wong at the University of Minnesota have demonstrated that levels of MMG22 in the brain and spinal cord after systemic delivery are around 8% of plasma levels, supporting the behavioral evidence that MMG22 is minimally centrally available (unpublished data). For comparison, levels of morphine in the brain after systemic administration are around 50% of plasma levels [893].

Another potential mechanism by which MMG22 might confer the anti-hyperalgesic effects of traditional opioids while lacking the less desirable off-target effects could involve heteromer based biased agonism [247]. It is known that heteromer formation can alter the signaling pathways engaged by particular ligands [299]. It is believed that the analgesic effects of MOR agonists are due to the engagement of trimeric G protein signaling pathway, while the development of constipation, and respiratory depression may primarily be mediated by recruitment of the  $\beta$ -arrestin dependent pathways [166,367]. This is supported by the decrease in opioid mediated respiratory depression and constipation in  $\beta$ -arrestin KO mice [672]. The high potency of MMG22 suggests that even at 8% or plasma levels, the amount of MMG22 getting to the CNS may be enough to produce analgesia. In which case, the lack of centrally mediated side effects may instead be due to biased agonism. Cell signaling assays will be required to explore this possibility.

### Conclusion

The use of opioids is plagued with off-target effects including respiratory depression, constipation, nausea and vomiting, sedation (in patients), and hyperlocomotion (in rodents). mGluR<sub>5</sub> antagonists have also been shown to reduce anxiety like behavior in rodents. The side effects from systemic MMG22 have not been fully characterized. Here we have shown that MMG22 does not induce respiratory depression or hyperlocomotion in rodents (both centrally mediated side effects of opioids). MMG22 does induce a degree of constipation in rodents, although less than morphine at the same concentration (a largely peripherally mediated side effect). MMG22 also does not produce anxiolysis (a central action of mGluR<sub>5</sub> antagonists). The absence of centrally mediated side effects combined with the presence of a peripherally mediated side effect, suggests a predominantly peripheral mechanism of action for systemically administered MMG22.

## Chapter 7

### Effects of MMG22 on the response properties of primary afferents nociceptors

## Introduction: Electrophysiology of primary afferent nociceptors

### Response properties of A fiber nociceptors

A $\delta$  fibers are thinly myelinated and conduct action potentials at a speed ranging from 1.4 – 35 m/s in man [61] and from 1.4 – 13.6 in mice [97]. A $\delta$  fibers can respond to either high threshold or low threshold mechanical stimulation (HTM and LTM respectively). In the mouse, about 35% of cutaneous A $\delta$  fibers are LTM and 65% are HTM [97,394]. In human the numbers are similar with 47% being LTM, and 53% being HTM [6]. A $\delta$  fibers terminate as free nerve endings in glabrous skin with receptive field sizes ranging from pinpoint to 255 mm<sup>2</sup> in the primate [256] and pinpoint in mice [97].

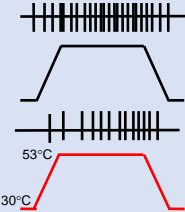
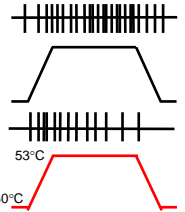
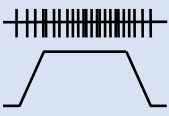
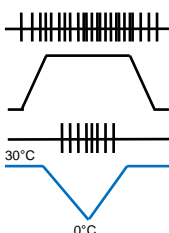
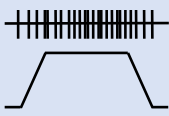
There are two main types of nociceptive A $\delta$  mechanoheat receptors (AMH) which respond to both mechanical and heat stimuli applied to their receptive fields [349,515,687,817]. Type I AMH receptors exhibit an delayed but sustained response to noxious heat, where type II AMH receptors respond to noxious heat with an initial burst of activity that is noticed in hairy skin as a fast “pricking” sensation [817]. In addition to heat and mechanical stimuli, type I and II AMHs also sometimes respond to cold stimuli [97,256] and are considered polymodal (see **Table 7-1**).

Heat sensitivity in type I AMHs is probably mediated by TRPV2 since this channel has a similar high heat activation threshold of ~52°C and 80% of cells expressing this channel also stain positive for neurofilament, a marker of myelinated neurons [106]. Type I AMH fibers also sensitize when repeatedly activated by a heat stimulus and after burn injury [515,814].

Type II AMH have lower thermal thresholds, similar to the activation threshold of TRPV1 channels and may contribute to pain caused by cutaneous application of capsaicin to the skin [687]. Lack of type II receptors in glabrous skin correlates with the lack of first heat pain sensation in the human hand [98,814]. Other populations of A $\delta$  nociceptors include fibers only responsive to mechanical stimulation (A $\delta$ -M) and those responsive to mechanical and cold stimuli (A $\delta$ -MC). Most A $\delta$  fibers also respond to extreme cold [740].

The average size of an A $\beta$  HTMR receptive field is ~25 mm<sup>2</sup> in human skin [554]. These fibers make up about 12% of A fibers and may be involved in the perception of noxious stimulation [554].

Table 7-1 Characteristics and response properties of A fiber nociceptors

	Sensory modality (approximate thresholds)	Response properties
<b>A<math>\delta</math> MH(C)- I</b>	Noxious mechanical, heat (and cold) Primate: 51 mN (2.4-51 mN), >53°C [816] Mouse: 10 mN (0.1-100 mN), >53°C [97,425]	
<b>A<math>\delta</math> MH(C)- II (hairy skin only)</b>	Noxious mechanical, heat (and cold) Primate: 510 mN, 47°C [687,816] Mouse: 10 mN (0.1-100 mN), 42°C (39 - 45°C) [97,425]	
<b>A<math>\delta</math> M</b>	Noxious mechanical Primate: >720 mN [816] Mouse: 30mN (14-100 mN) [97,425]	
<b>A<math>\delta</math> MC</b>	Noxious mechanical and cold Primate: 10°C (0 - 31°C) [256] Mouse: 5°C (-8 - 20°C) [97]	
<b>A<math>\beta</math>-HTM</b>	Noxious mechanical Primate: 4-60 mN [554]	

Primate (human or non-human primate)



## Response properties of unmyelinated C fiber nociceptors

Unmyelinated fibers (including autonomic and C fibers) outnumber myelinated fibers by about 4:1 [599]. C fibers have conduction velocities between 0.5 and 1.4 in man [294] and <1.4 in mouse [97]. C fiber nociceptors respond either to one, or a combination of noxious mechanical, thermal, and chemical stimuli, the majority being polymodal [63,361]. Several groups have electrophysiologically recorded from primary afferent C fibers and categorized them based on their response profiles to different stimuli delivered to their receptive fields. C fibers terminate in the skin as free nerve ending with receptive fields between 1 mm<sup>2</sup> – 500 mm<sup>2</sup> in human skin (smallest in the finger tips, and larger on the trunk) [4,294,708,807] while those in mice are typically pinpoint in the paws [97].

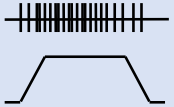
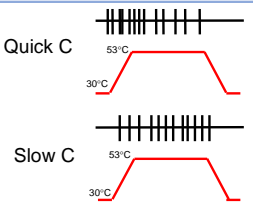
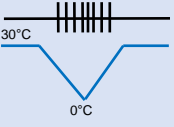
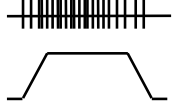
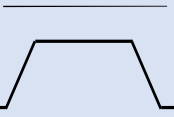
Psychophysical studies on human subjects puts the thermal pain threshold between 41 and 49°C [416]. This corresponds well to the heat activation threshold for cutaneous C fibers which is between 37 and 49°C [416,708,856], in this range the response intensity increases monotonically with temperature. C fibers respond to non-noxious heat with low frequency discharge, suggesting that temporal summation of C fiber responses are involved in the conscious perception of heat pain [294]. CMH fibers can be separated into groups based on their responses to heat, quick C (QC) fibers respond maximally early during the heat ramp, whereas slow C (SC) fibers have a peak discharge during the plateau phase [346,515]. QC fibers also have lower mechanical and heat thresholds than SC fibers [515] (see **Table 7-2**).

The pain threshold for cold is between 15 and 20°C in humans [102,478] and cold sensation is relayed via a combination of A $\delta$  and C fiber activity [908]. Some polymodal C fibers respond both to heat and cold stimuli [97,101,102,822] and are responsible for the burning sensation caused by cold stimuli during A fiber compression block [243,481,843].

25% of C fiber nociceptors are mechanically insensitive [170,518,707] under physiological conditions. These fibers develop responsiveness to stimuli upon sensitization with algogens or under conditions of inflammation, and are

believed to be involved in hyperalgesia [150,399,518,707]. In general, fibers for a given stimulus, the discharge rates are lower for C-fibers than for A- $\delta$  [6]. The discharge rate of C-fibers is also subject to saturation and fatigue with high intensity and long-lasting stimulation [807].

Table 7-2 Characteristics and response properties of C fiber nociceptors

Sensory modality (approximate threshold)		Response properties
<b>CMHC (polymodal)</b>	Noxious mechanical, heat and cold Primate: 30 mN (3-750 mN) [61,209,294] Mouse: 20 mN (1-175 mN) [97,209,425]	
<b>CMH/CM<sub>i</sub>H</b>	Noxious heat (± mechanical) Primate: 41°C (37-49°C) [708,855] Mouse: 42°C (37-49)°C [97,424]	
<b>CMC/CC</b>	Noxious Cold (± mechanical) Primate: 19°C (10-26°C) [415] Mouse: 10°C (-12-16°C) [97]	
<b>CM</b>	Noxious mechanical only Primate: 30 mN [209] Mouse: 20 mN (1-175 mN) [97,209,425]	
<b>C-M<sub>i</sub>H<sub>i</sub></b>	“Silent” [856] Very high mechanical threshold, chemical	

Primate (human or non-human primate)

### Effects of MOR agonists on primary afferent nociceptors

MOR expression is observed in approximately 20-30% of primary afferent neurons [133,343,854]. Peripherally, MOR agonists decrease the excitability of primary afferents in response to noxious stimuli [18,400,688,710,796,858]. Opioids have been shown to inhibit the calcium dependent release of proinflammatory compounds from peripheral nerve endings [909,910] and decrease TRPV1 currents in primary afferent neurons [217] (for review see [768]).

### Effects of mGluR<sub>5</sub> agonists and antagonists on pain signaling

The effects of mGluR<sub>5</sub> agonists/antagonists on primary afferent responses have not been studied directly, however it has been shown that intraplantar administration of mGluR<sub>5</sub> agonists increases the firing of WDR neurons in the dorsal horn [844] suggesting that activation of mGluR<sub>5</sub> excites the peripheral terminals of primary afferents. When applied to the cord, mGluR<sub>5</sub> agonists mimic the response pattern of high frequency stimulation induced LTP at C fiber synapses [444]. Contrastingly, mGluR<sub>5</sub> antagonists like MPEP prevent the induction of LTP at C fiber synapses [444].

DHPG (a group I mglur agonist) increases the frequency of miniature excitatory post synaptic currents (EPSCs) and reduces the paired pulse ratio of evoked EPSCs in lamina II neurons in rats, suggesting enhanced excitability of primary afferents. These effects were blocked by MPEP, demonstrating the involvement of mGluR<sub>5</sub> [891]. MPEP also normalizes the frequency of mEPSCs, and the amplitude of monosynaptically evoked EPSCs in the dorsal horn of rats with paclitaxel-induced neuropathy [891], and diabetic neuropathy [439]. These results suggest that glutamatergic input from primary afferents is modulated by mGluR<sub>5</sub> signaling in these conditions.

### Effects of nerve injury on the electrophysiological properties of primary afferent nociceptors

Nerve injury causes sensitization of neighboring primary afferent nociceptors. Previous studies of nerve injury induced neuropathic pain have

shown that uninjured fibers develop spontaneous activity, have reduced thresholds, and increased firing to suprathreshold stimuli [80,117,199,731,887].

If MMG22 works peripherally to reduce hyperalgesia, it should decrease the responsiveness of primary afferent fibers. To test this, we decided to record from sural nerve axons in nerve injured animals before and after systemic administration of MMG22.

## Methods

### Animals

Adult (5-8 months) male and female C57/B6 mice (Charles River) were housed 4 (males) or 5 (females) to a cage and maintained on a 12-hour light/dark cycle with *ad libitum* access to food and water, except as otherwise noted for constipation studies. All procedures were carried out during the light cycle. All procedures were approved by the Institutional Animal Care and Use Committee of the University of Minnesota.

### Spared nerve injury

Mice were anesthetized with 2.5 % isoflurane. Spared nerve injury (SNI) to the sciatic nerve was performed as described previously [82,172,644]. Briefly, after exposing the three branches of the sciatic nerve, the tibial and common peroneal branches were tightly ligated with 5.0 silk suture and cut 2 mm distal to the suture. Care was taken not to disturb the sural nerve. Sham surgeries followed the same procedure without manipulation of the sciatic nerve or distal branches.

### Drugs

The bivalent ligand MMG22 was synthesized as described previously [9]. MMG22, oxymorphanine, and 2-methyl-6-(phenylethynyl)pyridine (MPEP), (Mallinckrodt Inc, Hazelwood, MO) were diluted in 1% DMSO (vehicle). All drugs were administered subcutaneously in a volume of 250  $\mu$ l.

### Teased fiber electrophysiology

The surgical procedure to isolate and record for teased nerve fibers of the sural nerve *in vivo* has been described in rat [117]. 7-15 days after SNI, mice were anesthetized using inhaled isoflurane (2.5% induction, 1-2% maintenance) and placed on a feedback controlled heated stage to maintain core temperature at 37°C. The level of anesthesia was monitored by toe pinch on the contralateral side. A cutaneous incision was made at the level of the mid thigh, and the quadriceps femoris and biceps femoris were separated using blunt dissection to expose the previously ligated tibial and common peroneal nerves as well as the spared sural nerve. Part of the biceps femoris muscle was carefully removed

down to the where the sural nerve enters the gastrocnemius muscle. The skin around the incision was loosened from the muscle below by blunt dissection and sutured to a ring platform to create a small basin. To prevent leakage of oil from the recording basin, and fix the hind limb in position, a rubber-based polysulfide impression material (COE-FLEX, GC America) was applied around the ring to the skin of the hind limb and allowed to set. The sural nerve was then dissected from connective tissue, delicately separated from its vascular bundle, and placed on a small, mirrored platform for separation of nerve fibers. The epineurium of the sural nerve was opened using a miniature scalpel, and small fascicles were cut to allow the proximal ends to be spread out on the platform for separation with fine jewelers forceps. Nerve fascicles were teased apart, and fine filaments were placed on a silver-wire recording electrode maneuvered by a micromanipulator. Extracellular recordings were obtained only from single fibers that could be easily discriminated according to amplitude and shape. Action potentials from individual fibers were amplified, audiomonitored, and visualized on an oscilloscope and personal computer using Spike 2.0 software (CED, Cambridge, UK). Evoked responses were analyzed off-line using a data analysis program (Spike 2). An amplitude window discriminator was used to separate action potentials of the fiber under study from those of other fibers and/or from background noise. However, recordings usually consisted of one afferent fiber.

#### Identification of primary afferent fibers

The receptive fields (RFs) of cutaneous afferent fibers were identified using mechanical stimuli. Mechanical stimulation proceeded by a graduated approach beginning with large and soft stimulation with a cotton swab or the experimenter's fingers, followed by mild pinching with forceps. Once a fiber was isolated, the location of its RF was identified using a suprathreshold von Frey monofilament. The RF location was then marked on the skin with a felt-tip pen and reconstructed on a drawing of the mouse hind paw.

#### Conduction velocity

The conduction velocity of each fiber was determined by electrically stimulating the RF, before recording the conduction latency between the RF and

the recording electrode. Two fine needle electrodes (32 gauge acupuncture needles) were inserted into the skin on opposite sides adjacent to the RF. Square-wave pulses (duration, 0.2 ms, 0.5 Hz) were delivered at a stimulating voltage 1.5 times the voltage required to evoke a threshold response. Fibers with CV of 1.2 m/s or less were classified as C-fibers, whereas those with CV between 1.2 and 13.6 m/s were classified as A $\delta$ -fibers and those with CV >13.6 were classified as A $\beta$ -fibers. C- and A $\delta$ -fiber nociceptors were preferentially studied.

### Electrophysiological responses of nociceptors

For each nociceptor, the rate of spontaneous activity was determined for a period of 2 min before any testing. Mechanical response threshold (mN) was obtained using von Frey monofilaments. The RF was stimulated multiple times with von Frey filaments of increasing force. Response threshold was defined as the lowest force eliciting a response on at least  $\frac{1}{2}$  of the trials. Responses evoked by suprathreshold mechanical stimuli were determined using a single suprathreshold von Frey monofilament that delivered a force of 147 mN. This monofilament was applied three times, each for 5 seconds with an inter-stimulus interval of 60 seconds, and the evoked response was defined as the mean number of impulses from the three trials.

A Peltier device (contact area 25 mm<sup>2</sup>) was used to deliver cold and heat stimuli to the skin. The probe was maintained at a base temperature of 32°C, and cold stimuli from 28°C to 0°C was applied for 10 seconds, with a 60 second interstimulus interval. Heat stimuli from 34°C to 50°C was applied for 5 seconds with at least 5 minutes between applications. Each fiber was tested before and at 30 and 60 minutes after subcutaneous delivery of vehicle or 10mg/kg MMG22.

### Data analysis

Data are expressed as mean  $\pm$  SEM, except where otherwise noted. GraphPad Prism 8.0 (Graphpad software Inc. La Jolla, CA, USA) was used for statistical analyses. Mean CVs, mean baseline mechanical thresholds, and the average number of days post surgery were compared using independent t-tests, The mean number of impulses evoked by the 147-mN von Frey stimulus before



and after drug treatment were compared using repeated-measures ANOVA. The number of recordings from nociceptors that responded to thermal stimuli was not large enough for statistical analysis. Post-hoc comparisons were done with Bonferroni tests. A P value of  $<0.05$  was considered significant. All evoked responses were determined by subtracting spontaneous activity that occurred 5–10 s before the onset of the stimulus.

## Results

### MMG22 reduces the firing of C fiber nociceptors to suprathreshold stimuli

Previous work has shown that peripherally restricted opioids can reduce pain [595,688] and opioids can directly decrease the excitability of primary afferent nociceptors [18,688,710,796,858] (for review see [400]). To see if MMG22 works similarly, we used the teased nerve fiber primary afferent electrophysiology set-up to record from nociceptors in the sural nerve after SNI. Baseline thresholds ( $F_{(19,19)}=1.42$ ,  $P=0.26$ ), conduction velocities ( $F_{(19,19)}=2.59$ ,  $P=0.43$ ), and the number of days post surgery ( $F_{(19,19)}=1.31$ ,  $P=0.44$ ) were not different between groups (**Table 7-3**). We compared the response of single C fibers to suprathreshold mechanical stimuli before and after s.c. MMG22 (10 mg/kg) or vehicle (two-way ANOVA with repeated measures: Time: [ $F_{(2,38)}=21.54$ ;  $P<0.0001$ ], Drug: [ $F_{(1,19)}=1.74$ ;  $P=0.203$ ], time X drug: [ $F_{(2,38)}=19.18$ ;  $P<0.0001$ ],  $n=20$  per group). C fiber responses were significantly reduced 30 (BL:  $75\pm 10$  impulses, vs 30min:  $57\pm 10$  impulses,  $P=0.0071$ ) and 60 minutes (BL vs  $47\pm 8$  impulses,  $P<0.0001$ ) after MMG22 (**Fig 7.1**). That corresponds to a reduction of 24% and 36% from baseline respectively.

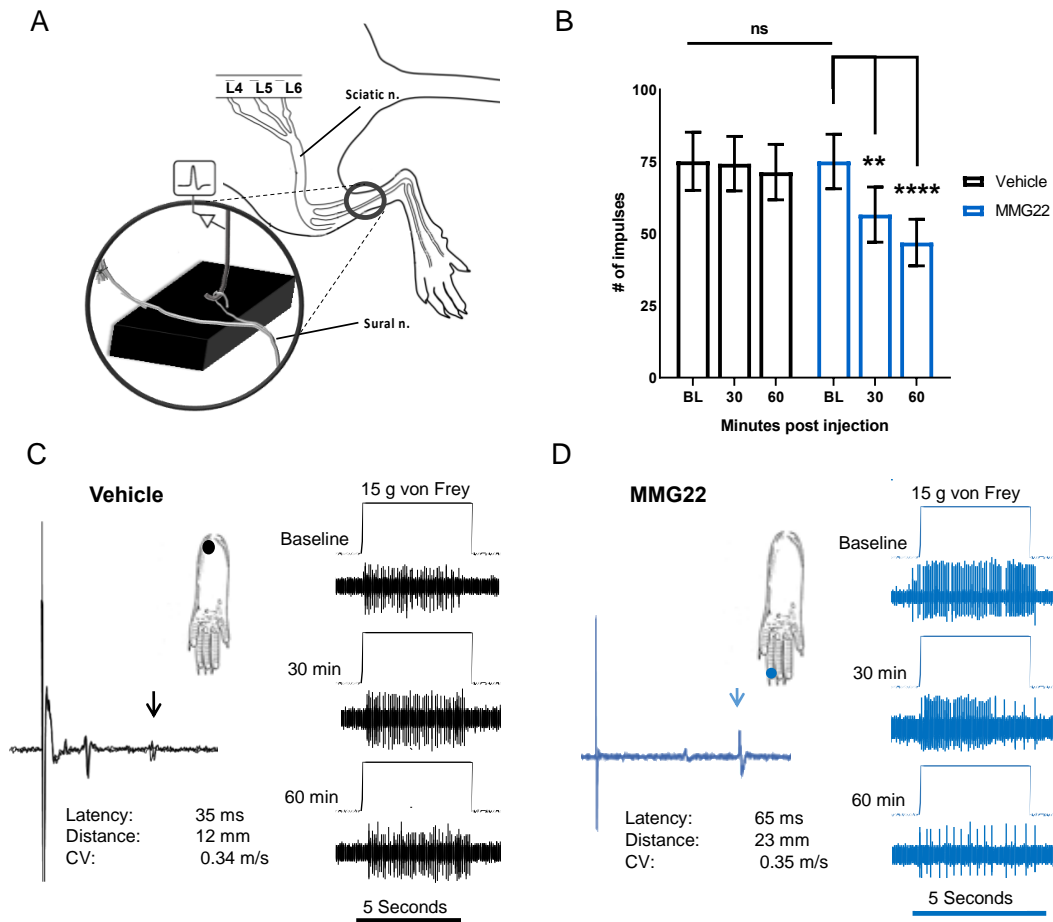
Vehicle had no effect at any time point (BL:  $75 \pm 10$  impulses, vs 30min:  $74\pm 9$  impulses,  $P<0.999$ ; BL vs 60min:  $71\pm 10$  impulses,  $P=0.31$ ). Mechanical thresholds were not altered by MMG22 or vehicle (data not shown). Before drug application, the response properties were not different between groups ( $P>0.999$ ). Similar to previous studies, we did not see an abundance of C fibers with spontaneous activity [710,749].

Table 7-3 Properties of C fibers used in recordings

Drug	Conduction velocity (m/s) (mean $\pm$ SEM)	Baseline threshold (g) (mean $\pm$ SEM)	Baseline threshold (mN) (mean $\pm$ SEM)	Baseline threshold (mN) (median [range])	Days post surgery (mean $\pm$ SEM)	n
Vehicle	$0.75 \pm 0.05$	$1.2 \pm 0.2$	$10.7 \pm 1.4$	9.8 [3.9,19.6]	$7.9 \pm 0.6$	20
MMG22	$0.82 \pm 0.08$	$1.4 \pm 0.1$	$13.4 \pm 1.34$	13.7 [5.9,19.6]	$8.7 \pm 0.7$	20

Table 7-3 No significant differences between fibers used for vehicle or MMG22 recordings. Unpaired T-test,  $P>0.05$  for all comparisons.

Figure 7.1 Effects of MMG22 on C fiber nociceptor responses



**Figure 7.1 Effects of MMG22 on C fiber responses to suprathreshold mechanical stimuli.** (A) Primary afferent teased nerve fiber electrophysiology set up. (B) 30 and 60 minutes after injection, MMG22 (10mg/kg s.c.) but not vehicle caused a decrease in the number of impulses evoked from C fibers by a 15g (147mN) von Frey hair applied to their receptive fields for 5 seconds. (C) Representative example of C fiber firing before and after application of vehicle. Trace on left shows the latency to electrical stimulation, foot inset shows receptive field. (D) Representative example of C fiber firing before and after application of MMG22 (10mg/kg) \*\*P<0.01, \*\*\*\*P<0.0001, data presented as mean ± SEM, n = 20. CV, conduction velocity. BL, baseline.

### MMG22 reduces the firing of A $\delta$ fiber nociceptors to suprathreshold stimuli

We repeated these experiments with A $\delta$  fiber nociceptors. Conduction velocities ( $F_{(9,9)}=2.5$ ,  $P=0.6$ ), baseline mechanical thresholds ( $F_{(9,9)}=1.9$ ,  $P=0.4$ ) and number of days post surgery ( $F_{(9,9)}=1.6$ ,  $P=0.6$ ) also did not differ between groups (unpaired T-test) (**Table 7-4**). We tested the ability of MMG22 (10 mg/kg) to decrease A $\delta$  responses to suprathreshold mechanical stimuli compared to vehicle (two-way ANOVA, Time: [ $F_{(2,18)}=2.32$ ;  $P=0.13$ ], Drug: [ $F_{(1,9)}=0.41$ ;  $P=0.54$ ], time X drug: [ $F_{(2,18)}=4.1$ ;  $P<0.034$ ],  $n=10$  per group). MMG22 decreased the suprathreshold responses of A $\delta$  nociceptors at 30 (BL:  $84.2\pm 18.8$  impulses vs 30 min:  $66.5\pm 15.5$  impulses,  $P=0.016$ ) and 60 minutes after treatment (BL vs 60 min:  $66.8\pm 18.2$  impulses,  $P=0.018$ ) (**Figure 7.2**). That corresponds to a 20% reduction in firing at both time points.

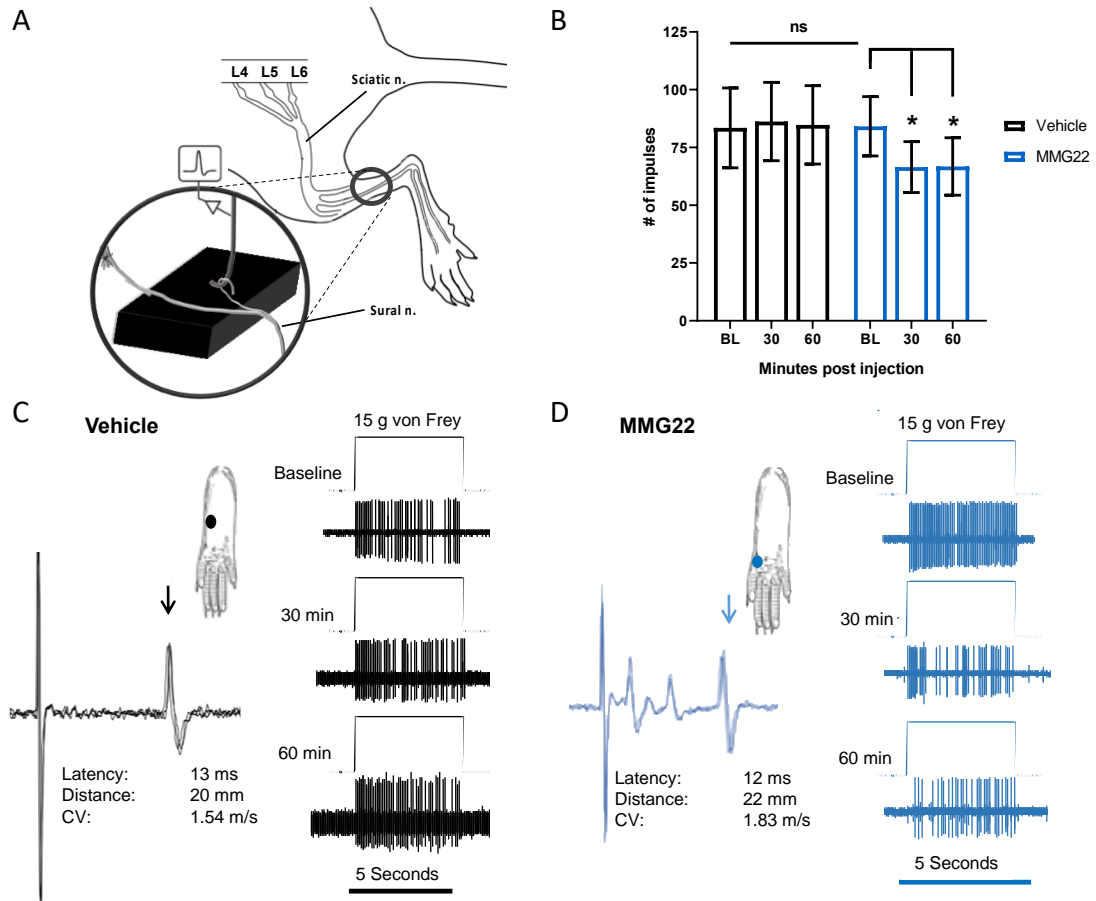
Vehicle had no effect at any time point (BL:  $83.5 \pm 17.3$  impulses, vs 30 min:  $86.2\pm 16.9$  impulses; BL vs 60 min:  $87.7\pm 18.6$  impulses,  $P>0.99$  for all). Thresholds were not changed after vehicle or MMG22 (data not shown). Baseline responses were not different between groups ( $P>0.99$ ).

**Table 7-4 Properties of A $\delta$  fibers used in recordings**

Drug	Conduction velocity (m/s) (mean $\pm$ SEM)	Baseline threshold (g) (mean $\pm$ SEM)	Baseline threshold (mN) (mean $\pm$ SEM)	Baseline threshold (mN) (median [range])	Days post surgery (mean $\pm$ SEM)	n
Vehicle	$3.25 \pm 0.77$	$2.0 \pm 0.5$	$19.8 \pm 5.5$	19.6 [1.6,39.2]	$7.3 \pm 0.9$	10
MMG22	$4.02 \pm 1.21$	$1.5 \pm 0.4$	$16.8 \pm 4.5$	19.6 [3.9,39.2]	$8.1 \pm 1.1$	10

Table 7.4 No significant differences between the A $\delta$  fibers used for vehicle or MMG22 recording. Unpaired T-test,  $P>0.05$  for all comparisons.

Figure 7.2 Effects of MMG22 on A $\delta$  nociceptor responses



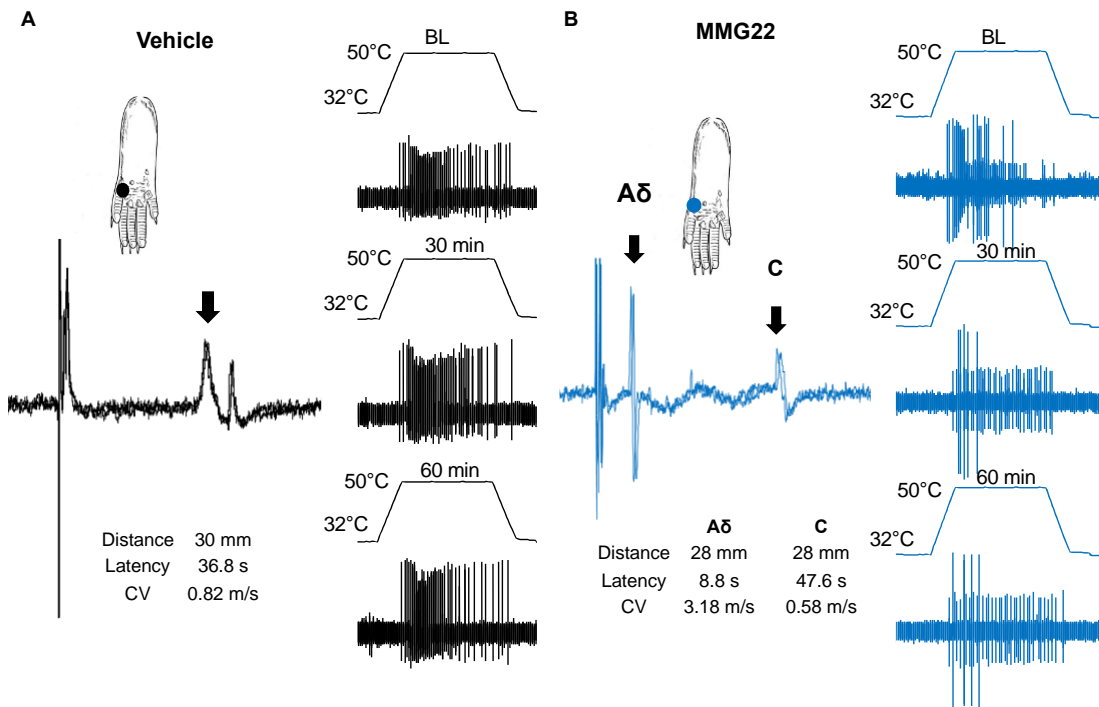
**Figure 7.2. Effects of MMG22 on A $\delta$  fiber responses to suprathreshold mechanical stimuli.** (A) Primary afferent teased nerve fiber electrophysiology set up. (B) 30 and 60 minutes after injection, MMG22 (10mg/kg s.c.) but not vehicle caused a decrease in the number of impulses evoked from A $\delta$  fibers by a 15g (147nM) von Frey hair applied to the receptive field for 5 seconds. (C) Representative example of an A $\delta$  fiber firing before and after application of vehicle. Trace on left shows the latency to electrical stimulation, foot inset shows location of the receptive field. (D) Representative example of A $\delta$  fiber firing before and after application of MMG22 (10mg/kg). \*P<0.05, data presented as mean  $\pm$  SEM, n = 10. CV, conduction velocity. BL, baseline.

## MMG22 may also reduce the firing of nociceptors to noxious heat and cold stimuli

Nerve injury has also been shown to sensitize nociceptors to thermal stimuli [731], and opioids can also reduce the responses of sensitized nociceptors to noxious heat and cold stimuli [858]. In an attempt to determine if MMG22 would do the same we also tested the heat and cold evoked responses from several isolated fibers. Not all fibers responded reliably to heat or cold stimuli but we were able to record from a few thermally responsive fibers **(Figures 7.3 and 7.4)**. Vehicle did not decrease the response of a C fiber evoked by a 5 second heat ramp from 32°C to 50°C, but MMG22 (10 mg/kg) reduced the firing of one C fiber by 30% and one A $\delta$  fiber by 65% to the same heat stimulus **(Figure 7.3)**.

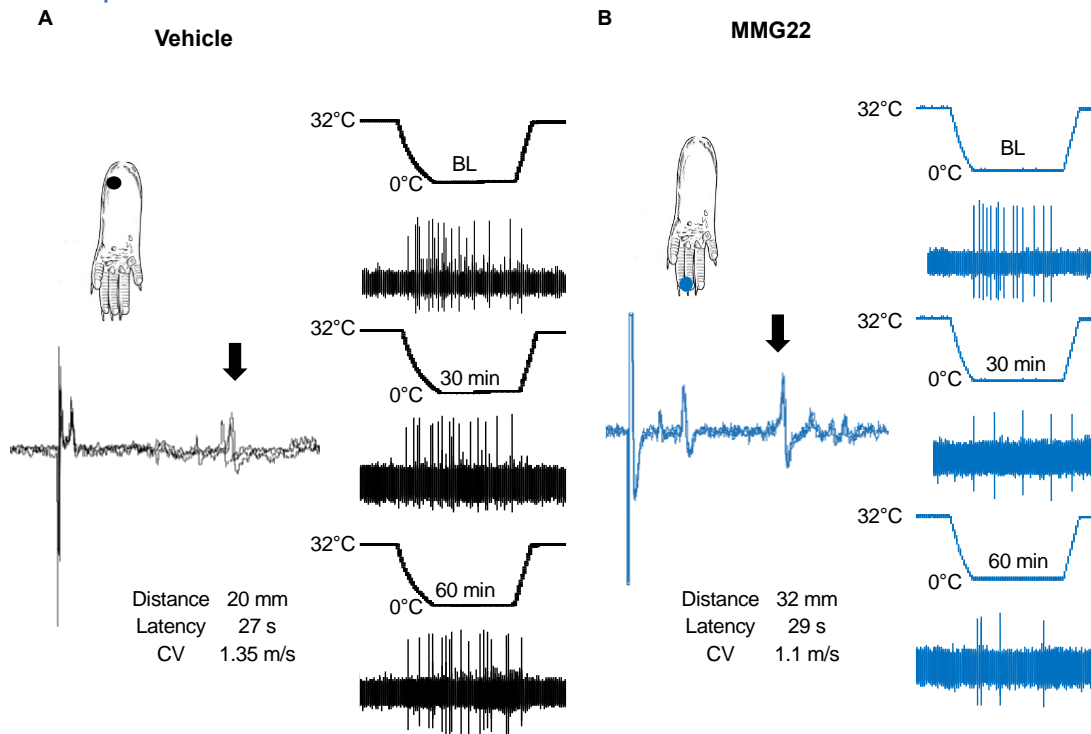
We also tested a few cold responsive C fibers **(Figure 7.4)**. Vehicle did not decrease the number of action potentials evoked by a 10 second cold ramp from 32°C to 0°C, while MMG22 (10 mg/kg) reduced the firing of one C fiber 70% compared to baseline **(Figure 7.4)**. As we were only able to reliably record from 1 fiber in each condition no statistical evaluation was possible.

Figure 7.3 MMG22 may reduce heat responsiveness of primary afferent nociceptors



**Figure 7.3 MMG22 may also reduce the heat and cold responsiveness of primary afferent nociceptors after SNI. (A)** Heat responsive C fiber at baseline (top trace) fired  $51.7 \pm 3.8$  action potentials during a 5 second heat from  $32^\circ\text{C}$  to  $50^\circ\text{C}$ , 30 and 60 minutes after vehicle treatment, the cell fired  $54 \pm 4$  and  $28 \pm 3$  impulses in response to the same stimulus. **(B)** A heat responsive  $\text{A}\delta$  fiber as well as a heat responsive C fiber with overlapping receptive fields fired  $23 \pm 4$  and  $45 \pm 4$  action potentials at baseline respectively. 30 minutes after MMG22 the  $\text{A}\delta$  fiber fired  $8.5 \pm 2$  action potentials while the C fiber fired  $36.3 \pm 2$ . 60 minutes after MMG22 the  $\text{A}\delta$  continues to respond to the heat ramp with  $10 \pm 3$  action potentials while the C fiber fired  $36 \pm 2$ . Data presented as mean  $\pm$  SEM,  $n=1$  for each fiber. BL, baseline, CV, conduction velocity.

Figure 7.4 MMG22 may reduce cold responsiveness of primary afferent nociceptor



**Figure 7.4 MMG22 reduced the cold responsiveness of a C fiber nociceptor.** At baseline a cold sensitive C fiber fired  $14.5 \pm 2$  action potentials in response to a 10 second cold ramp. 30 and 60 minutes after vehicle this fiber responded with  $17 \pm 1$  and  $16 \pm 1$  action potentials respectively. **(B)** A cold sensitive C fiber responded to the cold ramp with  $14 \pm 1$  action potentials at baseline. 30 and 60 minutes after MMG22 this C fiber responded to the same heat from with  $7 \pm 2$  and  $3 \pm 1$  action potentials respectively. Data presented as mean  $\pm$  SEM,  $n=1$  for each fiber. BL, baseline, CV, conduction velocity.



## Discussion

Similar to the results obtained with other nerve injury models [122,197,731], uninjured primary afferents show enhanced responsiveness to suprathreshold stimuli after SNI [749]. In a study done by Smith *et al.*, C and A $\delta$  fibers in SNI animals fired an average of 28% and 22% more action potentials per second to mechanical stimuli compared to sham operated animals [749]. In the experiments just reviewed, MMG22 decreased suprathreshold firing of C and A $\delta$  fibers by 30% and 20% respectively, very similar to the increase in firing shown by Smith *et al.* Previous research has shown that MMG22 is incredibly less potent in naïve animals [9,748], and in our studies MMG22 did not alter baseline thresholds in naïve mice (unpublished observations). The ability of MMG22 to decrease the suprathreshold mechanical responses of C and A $\delta$  nociceptors after injury to the same extent that they were seen previously to be elevated confirms MMG22 possess anti-hyperalgesic activity without causing frank analgesia. Preliminary studies suggest that MMG22 may decrease the heat and cold responses of C and A $\delta$  nociceptors but more studies are needed to confirm this finding.

As mentioned earlier, the behavioral methods employed by this study were not suited to study analgesia beyond anti-hyperalgesia (the dynamic range of our assay was maximally sensitive to detect a return to baseline, and unlikely to detect any further reduction in responsivity). More studies looking at the effects of MMG22 on acute nociceptive responses (both behaviorally and via electrophysiology) would be worth pursuing. Mechanistically, the low basal expression of mGluR<sub>5</sub> in the spinal cord and DRG [206,308,410,681] compared to expression levels in animal with chronic pain, may be involved.

Similar to previous studies, we did not observe a large amount of spontaneous firing in uninjured primary afferent nociceptors after SNI [117,749]. In contrast, most studies using other models of nerve injury suggest that injured and uninjured afferents do develop spontaneous activity and uninjured afferents show reduced thresholds compared to control animals [122,197,516,731,887]. Spontaneous activity in nociceptors is thought to cause spontaneous pain

sensations and microneurography studies have shown that nociceptors from patients with neuropathic pain have an increased amount of ectopic activity [382]. Most models of nerve injury induced pain have shown that *injured* fibers develop ectopic activity [179,282,455,459,778]. So, although the *uninjured* axons of the spared sural nerve do not develop spontaneous activity after SNI [117,749], it is probable that the *injured* fibers in the tibial and common peroneal nerves do. Studies have shown that ectopic activity in injured fibers is highest early after nerve injury and decreases steadily over time [179,282,455,459,778]. The development of spontaneous activity after nerve injury has been ascribed to the inflammatory milieu produced by Wallerian degeneration [888]. Like spontaneous activity, the inflammatory response after nerve injury is transient and resolves rapidly after 2-3 weeks [17,523,812]. Early after nerve injury (when both inflammation and spontaneous activity are high), MMG22 was able to reduce both evoked and spontaneous pain. The decreased potency of MMG22 4 weeks after nerve injury parallels the decrease in the inflammatory response [254,255,430](for review see [241]).

Lack of spontaneous firing in uninjured fibers after SNI has been ascribed to the minimal co-mingling of injured and non-injured fibers compared to other nerve injury models [117,749]. The portion of the injured tibial and common peroneal nerves that undergo Wallerian degeneration in the SNI model are distal to the trifurcation where the sural nerve exits the sciatic. This means that a large portion of the inflammatory response to axon degeneration is physically separated from the spared axons in the sural nerve. However, other studies have found that spontaneous activity originates in the DRG [354], where there is considerable comingling of injured and uninjured fibers in the SNI model [408]. In our studies, the portion of the axon connecting the peripheral terminals to the DRG was acutely cut prior to recording. Thus, any spontaneous activity coming from the proximal axon or DRG would not have been detected.

## Conclusion

Systemic delivery of MMG22 reduces evoked responses of C and A $\delta$  nociceptors to suprathreshold mechanical stimuli after nerve injury. The degree to which MMG22 reduced these responses was similar to increased responsiveness of C and A $\delta$  fibers in SNI animals found in a previous study [749]. The ability of MMG22 to reduce the excitability of primary afferent nociceptors in the periphery, supports the peripheral action of systemically delivered MMG22. MMG22 given intrathecally may also decrease the responsiveness of dorsal horn neurons. Although the central availability of systemically delivered MMG22 has been shown to be quite low (~8%), the incredibly potency of MMG22 may enable it to accumulate in sufficient amounts to have an effect on dorsal horn neurons as well. Studies looking at this possibility are currently underway.

## General discussion: summary and conclusions

Chronic pain is a prevalent and disabling condition which has far reaching consequences for those who suffer with it [212,276]. Current pharmacological therapies offer suboptimal pain relief [497] and neuropathic pain is particularly difficult to manage [231]. Opioids are the most potent and effective analgesics available today; however, neuropathic pain is considered less sensitive to opioid management [22,53,123,403,500]. In addition, many chronic pain patients will discontinue opioid use due to inadequate pain control or an inability to tolerate the side effects [583]. The decreased efficacy in reducing neuropathic pain combined with the need for long term management for these patients increases the risk of addiction to opioids as higher doses are needed to manage neuropathic pain and long term use is associated with the development of analgesic tolerance, which also leads to dose escalation [33,140].

Pre-clinical research has shown that mGluR<sub>5</sub> antagonists enhance the analgesic effects of opioids [609,644,928], reduce the development of opioid induced analgesic tolerance [246,398,567,750,897,898,928], and decrease opioid reward seeking [89,359,658,691,831]. *In vitro* studies have shown mGluR<sub>5</sub> antagonists reduce opioid induced MOR desensitization, phosphorylation and internalization, and suggest that the receptors may physically associate in the form of a heteromer [714].

A novel bivalent ligand, MMG22, was synthesized in an attempt to take advantage of the unique pharmacological and signaling interactions demonstrated between MOR and mGluR<sub>5</sub> [9]. Previous studies have shown that MMG22 is orders of magnitude more potent at reducing hyperalgesia in mice with inflammatory pain and bone cancer pain than compounds with shorter or longer linker lengths [9,748] or a mixture of the monovalents [9]. The importance of linker length for anti-hyperalgesic potency supports the idea that MMG22 binds to a MOR-mGluR<sub>5</sub> heteromer; however, another study using the same nerve injury model employed here was unable to replicate this [644]. The studies

described here were aimed at characterizing both the potency and potential side effects of systemically administered MMG22.

We have shown that MMG22 reduces pain (evoked and spontaneous) early after nerve injury. The transient inflammatory response after nerve injury may be responsible for loss of potency late after nerve injury. In support of this, previous studies have shown that the potency of MMG22 increases over time after tumor implantation [9,735] in parallel with the development of inflammation [269,458,488,905]. A recent study in the Portuguese lab, using chemotherapy induced peripheral neuropathy has shown that the potency of MMG22 does not change over time (manuscript in preparation), again reflecting the long lasting inflammatory response in this condition [657,754,918]. So, while MMG22 may not be the best therapeutic option for the treatment of traumatic neuropathies, it may provide significant pain relief to patients with pain conditions that promote long lasting inflammation.

Using RNAScope, we were able to show that early after nerve injury, the target receptors for MMG22 were co-expressed in dorsal horn neurons as well as primary afferent DRG neurons. That the receptors are found together supports their ability to form heteromers *in vivo*. Further research looking at the temporal dynamics of inflammation and mGluR<sub>5</sub> expression in various pain conditions in relation to the potency of MMG22 would further support the importance of inflammation for MMG22 mediated analgesia.

We have also shown that MMG22 does not induce place preference in naïve mice, suggesting a reduced risk for abuse and addiction compared to traditional opioids. MMG22 also lacks the respiratory depressant effects of traditional opioids, reducing the risk of overdose death. Other centrally mediated side effects of either monovalent (mGluR<sub>5</sub> antagonist or MOR agonist) including hyperlocomotion and anxiolysis were also not exhibited by MMG22 treated animals. Peripherally, MMG22 did cause constipation, although to a lesser extent than morphine. That MMG22 was able to slow colonic transit supports that systemically delivered MMG22 is pharmacologically active.

Finally, we show that systemic MMG22 decrease the responses of primary afferent nociceptors to suprathreshold stimuli. That MMG22 can act directly on nociceptors, proves that at least part of the anti-hyperalgesic effects of MMG22 are peripherally mediated.

MMG22 potently reduces hyperalgesia with none of the centrally mediated effects of monovalent MOR agonists or mGluR<sub>5</sub> antagonists. A potent, non-addictive pain medication that does not promote the development of analgesic tolerance has the potential to be a game changer for pain management. Future clinical trials will show if MMG22 can fill that role.

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