

## News Release

### Schapekahn Serves with a Smile

By Cassandra Morthera on Wednesday, November 14, 2018

She is the lone graduating senior on the Golden Eagle Volleyball team, but health management major, Callie Schapekahn, Eagan, Minn., is well prepared to lead.

She has a long history on the court beginning when she was in early middle school. A two-time Amateur Athletic Union (AAU) National Champion with Northern Lights Junior Volleyball, Schapekahn helped lead the Eagan High School Volleyball team to the 2013 state championship and a runner-up finish in 2014.

There was no clear game plan, however, when it came to her choice of majors at the University of Minnesota Crookston. Instead, she explored both international business and management programs before setting her course in health management.

Along with the help of her advisor Susan Klassen, a lecturer in health management, Schapekahn is looking at possibilities for her future career and what working in her field will offer. "I am considering different directions," she says. "There are so many opportunities to work in the areas of wellness, aging, and community programs for example. I am not sure what I will do, but I know this field is the right one for me."



Because the major is available online only, Schapekahn has interactions with those employed in the healthcare industry. Her fellow students are often working professionals who provide a real-life look at all aspects of a health management career and offer the kind of insights only they can.

"I have the opportunity to learn from my professors but also from my classmates," she states. "This major gives me a lot of flexibility and the chance to have friends and connections on campus and online."



For Schapekahn the classes are interesting and enjoyable. She liked her business classes in high school, enjoys organizing and planning, but found management too broad. The narrower focus is one of the reasons she loves the healthcare major.

Schapekahn was recently accepted into an internship program in Australia for her final semester as an undergraduate to continue her desire to travel and to gain valuable experience.

Aside from Schapekahn's passion for her major, she is a dedicated volunteer. Much of her time is spent helping others in any way she can. During her time with Student United Way, Schapekahn and her fellow club members developed a mentorship program for underprivileged, at-risk students in local schools. The club organizes activities for the students and they check in with them once a month.

Furthermore, she went on a trip to Newark, New Jersey last year where she stayed at the Boys and Girls Club. During her time there she participated in volunteer activities such as supporting a food pantry in Harlem, helping in local elementary schools, and engaging the youth in sports, academic, and art projects.



Schapekahn's interests do not stop there. Playing club volleyball took Schapekahn across the country to compete and this fall will be quite busy for her as she travels with the Golden Eagle volleyball team.

She deeply appreciates the friendship of her teammates and the leadership provided by her coaches Sarah Rauen and Anna Morgan. "I have learned so much in the last year and half under their guidance," she says. "I respect them both and they show their players a lot of respect."

"This team is committed and I think we are going to play some exciting volleyball this year." Great volleyball is something Golden Eagle Volleyball fans look forward to and expect from this team.

Schapekahn keeps her eye on the ball on the court and on what she wants in the future. As she narrows her choices, she continues to seek what will set her up for the best play as a health management professional.

Top photo: Callie Schapekahn volunteering at the Boys and Girls Club in New Jersey.

Bottom photo: From left to right Brenda Bozyk, Sabrina Leuer, Callie Schapekahn, Nik Chartrand, and Ashlee Humble smile in a fun group photo while volunteering.

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