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Campus Updates

From the Student Success Center

Advice from the Student Success Interns

Preparing for Finals

The second half of this semester has been a challenging one for everyone with figuring out how to adjust to online classes and staying connected with our friends that we made throughout the year. As we are now at the end and beginning to turn in our final projects, we need to make sure that we stay on track. Having a plan to successfully finish strong includes having a study schedule and setting times aside to work on certain projects, as this is a good idea to help us succeed. Working ahead of schedule is also a good idea and can help avoid procrastination, which can lead to last-minute and unfinished projects. If you find that you need some assistance to finish strong, you can request an Academic Coaching session by filling out this form [here](#).

As a reminder, the deadline to switch your grading from A-F (standard grading) to S/N (satisfactory/not satisfactory) is April 30 and the deadline to withdraw from a class is May 1. To learn more about both of these options you can go to the website [here](#). Remember to contact your advisor and Financial Aid to talk about how this might impact you, if you think this is the best option for you.

We also ask that you please fill out our survey linked [here](#) so we know what programs you

Wellness Center Challenge and Prize Giveaway

When: Monday, April 27 - Friday, May 8

How: An exercise challenge will be posted Monday through Friday for the next two weeks via campus email and Wellness Center social media platforms.



Prizes to win: Keurig Mini, Air Fryers, Nintendo Switch, Headphones, and Smart Watches

What do you have to do?

Complete each days challenge by recording it in a 30 second or less video and posting to one of the Willness Center;s social media sites or email Kamille Meyer by end of day.

If you complete each challenge per week you will be entered to win one of the prizes.

Drawings will take place on Friday, May 1 and May 8. Winners will be announces via social media and campus email.

Email videos to kmwahlin@crk.umn.edu or post to Instagram: [umc_wellness](#), Facebook: [@umcwellnesscenter](#), Twitter: [UMC Wellness](#)

Highlights

Last week's Tuesday

Trivia Question: The Mississippi River has its headwaters in which Midwestern Lake?

Answer: Itasca

Winner: Corey Mathies



Staff Feature: *Megan Bell*, Assistant Professor in the Liberal Arts and Education Department

Tips for Students: Don't be afraid to ask questions - whether it's asking for help, clarification, advice, recommendations, or something else that you need. Faculty and staff are here to help and support you, and we are happy to answer your questions and help you succeed. Sometimes the answer is no; more often than not, the answer is yes, even when it is not expected.



Favorite Activity: My favorite quote is one my grandma used to say, "This too shall pass." I like it because it is true in good times as a reminder to be present and enjoy the moment, and it is true in difficult times as a reminder that they will not last forever.

Nifty Narrative: My husband and I love a good road trip! So much so that after traveling for about ten days from North Dakota. . .to Michigan. . .to Ohio. . .to Texas to. . .Colorado. . .to South Dakota, we drove around town when we got home so we could finish our audiobook and continue to enjoy our trip just a little bit longer.



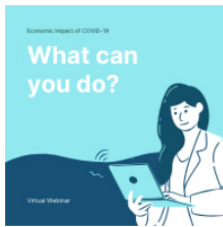
UROP - Additional Opportunity to Apply for Fall...

Recurring event - click to view more dates.

Application Deadline: Monday, July 6, 2020 To be eligible for undergraduate research project funding, UMN Crookston students apply through the UROP...

🕒 4/27

[I'm Interested](#)



What Can You Do? The Personal Economic Impact...

The economic effects of the COVID-19 health crisis are widespread, touching almost every sector in the United States. Over the past 3 weeks roughly 17...

🕒 12pm

📍 Virtual,

https://umn.zoom.us/webinar/register/WN_pPb97r7kQfOwPBPkhFk8fA

[Register](#)

[I'm Interested](#)



Housing Sign-Up for Current/Returning Students

Recurring event - click to view more dates.

Please find the 2020-2021 room sign-up for current/returning students...

[I'm Interested](#)

All Events

