

# Grandma's Words of Wisdom

KEEPING OUR COMMUNITY HEALTHY

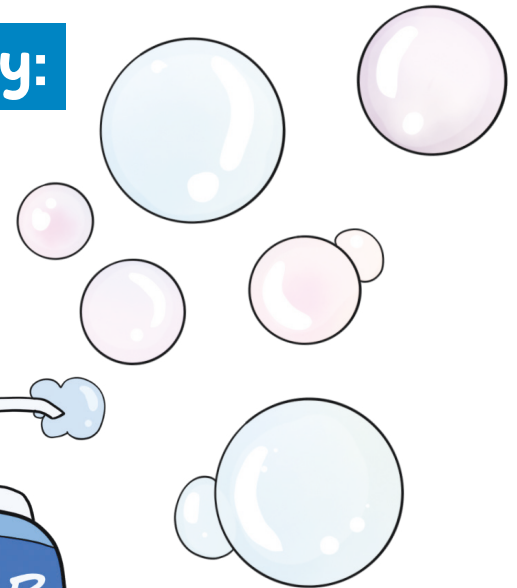


Thought of the Day:

## LUNCHROOM SAFETY

To keep everyone safe and healthy:

- Wash your hands-- before and after you eat.
- Practice social distancing.
- Touch only your own food.
- Stay in your seat until it is time to go.



Sharing is nice. But to stay healthy it is important not to:

- Trade or share foods, no matter how yummy!
- Share forks, spoons, or straws.