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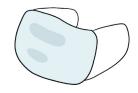
DID YOU KNOW

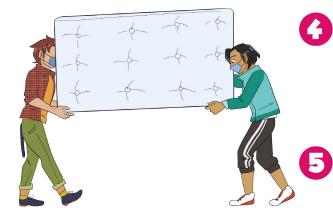
FACTS ABOUT COVID-19 FACE MASKS AND SOCIAL DISTANCING

COVID-19 is caused by a virus that settles in your lungs and can be passed from person to person.

COVID-19 easily spreads between people by traveling through the air on small water drops from our lungs when we cough or sneeze.

Wearing a face mask helps stop the spread of COVID-19 by keeping your germs from traveling to another person and keeping their germs from getting inside of you.





Social distancing helps us stop the spread of COVID-19 between one another. Social distancing means keeping at least 6 feet between you and another person, this is about the height of a refrigerator or length of a full-size bed.

Avoiding crowds or groups of people can help us keep social distance.

We can still do fun things with our friends and keep social distance. We can ride bikes, take walks, talk, laugh, and play games that allow six feet of space between us.





Scientists all over the world are working hard to develop a vaccine that will prevent COVID-19 from making us sick.

ALL OF US

can help stop the spread of COVID-19 by wearing a face mask, keeping social distance and by remembering to count to 20 while we wash our hands.

Wirta Kosobuski, A., Simmons, G., King-Siert, R., Melvin, R.G. 2020. University of Minnesota Medical School. Illustrations by Jordan Rodgers.