Parent Emotion Regulation and Parenting: A Systematic Review

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Introduction

Following an increased interest in studying emotions and emotion regulation, there has been a recent proliferation of research on the role of emotion regulation in parenting. Emerging evidence from various fields suggests that emotion regulation is critical for developing and maintaining positive parenting practices as well as mitigating negative or maladaptive parenting behaviors. This positioning in historical research time presents an ideal moment to take stock in the current findings with the goal of orienting future empirical work. A systematic search, using PRISMA guidelines, was conducted to evaluate empirical research on the relationship between parent emotion regulation and parenting. This document represents the search strategies used across several databases.

PsycInfo Searches

1. (Exp parenting/ or exp parental characteristics/).tw
2. (Parenting or Parent* Characteristics or Limit Setting or Structure or Positive Parenting or Effective Discipline or Encouragement or Emotion* Coaching or Emotion* Socialization or Accommodating or Responsiveness or Support or Sensitivity or Sensitive or Mindful Parenting or Warmth or Authoritarian* or Monitor* or Scaffold*).tw
3. (Lax* or Poor Discipline or Corporal Punishment or Harsh Parenting or Emotion Dismissing or Behavioral Withdrawal or Abuse or Indulgent Parenting or Negative Parenting or Rejection or Authoritative* or Negativity or Dismissing or Maltreatment or Over Control or Neglect, or Restrictive* or Intrusive* or Overreactive Discipline or Physical Punishment).tw
4. 1 OR 2 OR 3
5. (Exp Parents/).tw
6. (Mother* or Father* or Parent*).tw
7. 5 OR 6
8. (Exp emotions/).tw
9. (Exp emotional control/ or exp emotional adjustment/ or exp emotional regulation/).tw
10. (Emotion* or Emotion* Regulation or Emotion* Dysregulation or Positive Affect or Positive Emotion* or Negative Affect OR Negative Emotion* or Anger or Emotion* Experience or Emotion* Suppression or Suppression or Amplification or Emotion* Amplification or Emotion* Flooding or Emotion* Reappraisal or Reappraisal or Disengagement or Emotion* control or emotion* adjustment).tw
11. 8 OR 9 OR 10
12. 7 ADJ4 11
13. 4 AND 12
14. Limit 13 to English
15. Limit 14 to 1800 quantitative study
16. 15 not (Book or Authored Book or Edited Book or Encyclopedia or Electronic Collection).pt.
17. Limit 16 to human
18. Limit 17 to adulthood <18+ years>

Ovid Medline
1. (Exp parenting/ or exp paternal behavior/ or exp Maternal Behavior/ or exp parent-child relations) ti, ab, kf
2. (Parenting or Parent* Characteristics or Limit Setting or Structure or Positive Parenting or Effective Discipline or Encouragement or Emotion* Coaching or Emotion* Socialization or Accommodating or Responsiveness or Support or Sensitivity or Sensitive or Mindful Parenting or Warmth or Authoritarian* or Monitor* or Scaffold*).ti, ab, kf
3. (Lax* or Poor Discipline or Corporal Punishment or Harsh Parenting or Emotion Dismissing or Behavioral Withdrawal or Abuse or Indulgent Parenting or Negative Parenting or Rejection or Authoritative* or Negativity or Dismissing or Maltreatment or Over Control or Neglect, or Restrictive* or Intrusive* or Overreactive Discipline or Physical Punishment).ti, ab, kf
4. 1 OR 2 OR 3
5. exp Parents/.ti, .ab, .kf
6. (Caregiver or Mother* or Father*).ti, ab, kf
7. 5 OR 6
8. Exp Emotions/.ti, ab, kf
9. (Emotion* or Emotion* Regulation or Emotion* Dysregulation or Positive Affect or Positive Emotion* or Negative Affect OR Negative Emotion* or Anger or Emotion* Experience or Emotion* Suppression or Suppression or Amplification or Emotion* Amplification or Emotion* Flooding or Emotion* Reappraisal or Reappraisal or Disengagement or Emotion* control or Emotion* adjustment).ti, ab, kf
10. 8 OR 9
11. 4 AND 7 AND 10
12. 11 NOT (address or autobiography or bibliography or biography or case reports or clinical trial protocol or comment or congress or "corrected and republished article" or dataset or dictionary or directory or editorial or "expression of concern" or festschrift or government document or guideline or historical article or interactive tutorial or interview or lecture or legal case or legislation or letter or meta analysis or news or newspaper article or observational study, veterinary or patient education handout or personal narrative or portrait or practice guideline or "research support, american recovery and reinvestment act" or research support, nih, extramural or research support, nih, intramural or research support, non us gov't or research support, us gov't, non phs or research support, us gov't, phs or retracted publication or "retraction of publication" or "review" or "scientific integrity review" or "systematic review" or systematic reviews as topic or technical report or video-audio media or webcasts)
13. Limit 12 to (humans and English)
**Sociological Abstract**

(\text{ab(Parent* or mother* or father*) OR ti(Parent* or mother* or father*)}) \text{ AND (ab(Emotion* or Emotion* Regulation or Emotion* Dysregulation or Positive Affect or Positive Emotion* or Negative Affect or Negative Emotion* or Anger or Emotion* Experience or Emotion* Suppression or Suppression or Amplification or Emotion* Amplification or Emotion* Flooding or Emotion* Reappraisal or Reappraisal or Disengagement or Emotion* control or Emotion* adjustment)} \text{ OR ti(Emotion* or Emotion* Regulation or Emotion* Dysregulation or Positive Affect or Positive Emotion* or Negative Affect OR Negative Emotion* or Anger or Emotion* Experience or Emotion* Suppression or Suppression or Amplification or Emotion* Amplification or Emotion* Flooding or Emotion* Reappraisal or Reappraisal or Disengagement or Emotion* control or Emotion* adjustment)) \text{ AND (ab(Parenting or Parent* Characteristics or Limit Setting or Structure or Positive Parenting or Effective Discipline or Encouragement or Emotion* Coaching or Emotion* Socialization or Accommodating or Responsiveness or Support or Sensitivity or Sensitive or Mindful Parenting or Warmth or Authoritarian* or Monitor* or Scaffold* or Lax* or Poor Discipline or Corporal Punishment or Harsh Parenting or Emotion Dismissing or Behavioral Withdrawal or Abuse or Indulgent Parenting or Negative Parenting or Rejection or Authoritative* or Negativity or Dismissing or Maltreatment or Over Control or Neglect, or Restrictive* or Intrusive* or Overreactive Discipline or Physical Punishment) OR ti(Parenting or Parent* Characteristics or Limit Setting or Structure or Positive Parenting or Effective Discipline or Encouragement or Emotion* Coaching or Emotion* Socialization or Accommodating or Responsiveness or Support or Sensitivity or Sensitive or Mindful Parenting or Warmth or Authoritarian* or Monitor* or Scaffold* or Lax* or Poor Discipline or Corporal Punishment or Harsh Parenting or Emotion Dismissing or Behavioral Withdrawal or Abuse or Indulgent Parenting or Negative Parenting or Rejection or Authoritative* or Negativity or Dismissing or Maltreatment or Over Control or Neglect, or Restrictive* or Intrusive* or Overreactive Discipline or Physical Punishment))

Additional Limits: NOT (Books and Magazines and Working papers) Limit to English
Not Review commentary editorial case study general information literature review correction/retraction credit/acknowledgement Interview or statistics/Data Report

**Web of Science**

(TI = (Parenting or “Parent* Characteristics” or “Limit Setting” or Structure or “Positive Parenting” or “Effective Discipline” or Encouragement or Emotion* Coaching or “Emotion* Socialization” or Accommodating or Responsiveness or Support or Sensitivity or Sensitive or “Mindful Parenting” or Warmth or Authoritarian* or Monitor* or Scaffold* or Lax* or “Poor Discipline” or “Corporal Punishment” or “Harsh Parenting” or “Emotion Dismissing” or “Behavioral Withdrawal” or Abuse or “Indulgent Parenting” or “Negative Parenting” or Rejection or Authoritative* or Negativity or Dismissing or Maltreatment or “Over Control” or Neglect, or Restrictive* or Intrusive* or “Overreactive Discipline” or “Physical Punishment”) OR AB = (Parenting or “Parent* Characteristics” or “Limit Setting” or Structure or “Positive Parenting” or “Effective Discipline” or Encouragement or Emotion* Coaching or “Emotion* Socialization” or Accommodating or Responsiveness or Support or Sensitivity or Sensitive or “Mindful Parenting” or Warmth or Authoritarian* or Monitor* or Scaffold* or Lax* or “Poor
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Refined by: DOCUMENT TYPES: (ARTICLE OR MEETING ABSTRACT OR PROCEEDINGS PAPER OR Abstract of Published Item)

Timespan: All years. Indexes: SCI-EXPANDED, SSCI, CPCI-S, CPCI-SSH, ESCI, CCR-EXPANDED, IC.

Academic Search Premier
((DE "CHILD rearing" OR DE "DISCIPLINE of children" OR DE "PARENTING" OR DE "PARENT-child relationship" OR DE "CHILD abuse" OR DE "FATHER & child" OR DE "MOTHER & child" OR DE "PARENT & infant" OR DE "PARENT & teenager" OR DE "PARENTING") OR TI (Parenting or “Parent* Characteristics” or “Limit Setting” or Structure or “Positive Parenting” or “Effective Discipline” or Encouragement or Emotion* Coaching or “Emotion* Socialization” or Accommodating or Responsiveness or Support or Sensitivity or Sensitive or “Mindful Parenting” or Warmth or Authoritarian* or Monitor* or Scaffold* or Lax* or “Poor Discipline” or “Corporal Punishment” or “Harsh Parenting” or “Emotion Dismissing” or “Behavioral Withdrawal” or Abuse or “Indulgent Parenting” or “Negative Parenting” or Rejection or Authoritative* or Negativity or Dismissing or Maltreatment or “Over Control” or Neglect, or Restrictive* or Intrusive* or “Overreactive Discipline” or “Physical Punishment”) OR AB (Parenting or “Parent* Characteristics” or “Limit Setting” or Structure or “Positive Parenting” or “Effective Discipline” or Encouragement or Emotion* Coaching or “Emotion* Socialization” or Accommodating or Responsiveness or Support or Sensitivity or Sensitive or “Mindful Parenting” or Warmth or Authoritarian* or Monitor* or Scaffold* or Lax* or “Poor Discipline” or “Corporal Punishment” or “Harsh Parenting” or “Emotion Dismissing” or “Behavioral Withdrawal” or Abuse or “Indulgent Parenting” or “Negative Parenting” or Rejection or Authoritative* or Negativity or Dismissing or Maltreatment or “Over Control” or Neglect, or Restrictive* or Intrusive* or “Overreactive Discipline” or “Physical Punishment”)) AND (TI (“Parent*” or “Mother*” or “Father*”)) OR AB (“Parent*” or “Mother*” or “Father*”) OR DE "PARENTHOOD") AND

Last Updated: 1/05/2020
((DE "EMOTIONS (Psychology)" OR DE "ANGER" OR DE "CHEERFULNESS" OR DE "CRYING" OR DE "DISTRESS (Psychology)" OR DE "ELATION" OR DE "EMBARRASSMENT" OR DE "EMOTIONAL maturity" OR DE "EMOTIONAL shutdown (Psychology)" OR DE "EMOTIONAL state" OR DE "EMOTIONS (Psychology) & cognition" OR DE "EMPATHY" OR DE "ENTHUSIASM" OR DE "ENVY" OR DE "FACIAL expression & emotions (Psychology)" OR DE "FEAR" OR DE "FRUSTRATION" OR DE "HAPPINESS" OR DE "JOY" OR DE "LANGUAGE & emotions" OR DE "LAUGHTER" OR DE "LOVE" OR DE "MOOD (Psychology)" OR DE "SADNESS" OR DE "SMILING" OR DE "STRESS (Psychology)" OR DE "SURPRISE" OR DE "TEMPER" OR DE "WORRY") OR (TI(Emotion* or "Emotion* Regulation" or “Emotion* Dysregulation” or “Positive Affect” or “Positive Emotion*” or “Negative Affect” or “Negative Emotion*” or Anger or “Emotion* Experience” or “Emotion* Suppression” or Suppression or Amplification or “Emotion* Amplification” or “Emotion* Flooding” or “Emotion* Reappraisal” or Reappraisal or Disengagement or “Emotion* control” or “Emotion* adjustment”) OR AB(Emotion* or “Emotion* Regulation” or “Emotion* Dysregulation” or “Positive Affect” or “Positive Emotion*” or “Negative Affect” or “Negative Emotion*” or Anger or “Emotion* Experience” or “Emotion* Suppression” or Suppression or Amplification or “Emotion* Amplification” or “Emotion* Flooding” or “Emotion* Reappraisal” or Reappraisal or Disengagement or “Emotion* control” or “Emotion* adjustment”)))

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