Self-Administered Survey

NOTE: When you see (CIS store) written, please refer to the store listed at the top of this page.

1. Are you:
   1☐ Male
   2☐ Female

2. How old are you (in years)?
   ________

3. What race or ethnicity do you consider yourself to be? (Check all that apply.)
   1☐ American Indian or Alaskan Native
   1☐ Asian
   1☐ Black or African American
   1☐ Hispanic or Latino
   1☐ Native Hawaiian or Pacific Islander
   1☐ White
   1☐ Refuse to answer
   1☐ Other, specify: ________________________________

4. Is your background one of the following? (Check all that apply.)
   1☐ Cambodian
   1☐ Egyptian
   1☐ Ethiopian
   1☐ Hmong
   1☐ Indian (i.e., from India)
   1☐ Iranian
   1☐ Laotian
   1☐ Liberian
   1☐ Russian
   1☐ Somali
   1☐ Ukrainian
   1☐ Vietnamese
   1☐ None of the above
   1☐ Refuse to answer
   1☐ Other, specify: ________________________________
5. Were/are you…?

1. Born in the U.S. or U.S. territories
2. Foreign born (not of U.S. parent or parents)
3. Born abroad to U.S. citizen parent or parents
4. Refuse to answer

6. How many adults (age 18 or older) live in your household now (including yourself)?

1. 1
2. 2
3. 3
4. 4
5. 5 or more

7. How many children (under the age of 18) live in your household now?

1. 0
2. 1
3. 2
4. 3
5. 4
6. 5 or more

8. What is the highest grade or level of school you have completed?

1. Less than High School
2. Some High School
3. High School
4. Associate/Technical Degree
5. Some College
6. Bachelor's Degree
7. Graduate Degree
8. Refuse to answer

9. Are you currently employed full-time, part-time, not employed or retired?

1. Employed full-time
2. Employed part-time
3. Not employed
4. Retired
5. Refuse to answer
10. What is your current annual household income (from all sources)?

1 □ Less than $25,000
2 □ $25,000 to $50,000
3 □ $50,001 to $75,000
4 □ $75,000 +
5 □ Don’t know
6 □ Refuse to answer

11. How tall are you?

Feet |___| Inches |___|___|

- or -

Cm |___|___|___|

12. About how much do you weigh?

Pounds |___|___|___|

- or -

Kg |___|___|___|

13. In the past YEAR did you or anyone in your household receive any of the following? (Check Yes or No for EACH program.)

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. WIC</td>
<td>1 □</td>
<td>2 □</td>
</tr>
<tr>
<td>b. Food stamps (SNAP/EBT)</td>
<td>1 □</td>
<td>2 □</td>
</tr>
<tr>
<td>c. Free or reduced cost school breakfast</td>
<td>1 □</td>
<td>2 □</td>
</tr>
<tr>
<td>d. Free or reduced cost school lunch</td>
<td>1 □</td>
<td>2 □</td>
</tr>
<tr>
<td>e. Healthy Start or daycare assistance</td>
<td>1 □</td>
<td>2 □</td>
</tr>
<tr>
<td>f. Other, please specify: ___________________________</td>
<td>1 □</td>
<td>2 □</td>
</tr>
</tbody>
</table>
14. How much money did you spend in the last 30 days using food stamp benefits to purchase groceries for your household?

01  I do not receive food stamps or SNAP/EBT benefits
02  $1 – $25
03  $26 – $50
04  $51 – $75
05  $76 – $100
06  $101 – $150
07  $151 – $250
08  $251 – $500
09  $501 – $750
10  More than $750

15. Please indicate how often each statement below was true for your household in the last 12 months:

<table>
<thead>
<tr>
<th></th>
<th>Often True</th>
<th>Sometimes True</th>
<th>Never True</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. The food that we bought just didn’t last, and we didn’t have money to get more.</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>b. We couldn’t afford to eat balanced meals.</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

16. In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn’t enough money for food?

1  No
2  Yes, only 1 or 2 months
3  Yes, some months but not every month
4  Yes, almost every month

17. In the last 12 months, did you ever eat less than you felt you should because there wasn’t enough money for food?

1  No
2  Yes
3  Don’t know

18. In the last 12 months, were you ever hungry but didn’t eat because there wasn’t enough money for food?

1  No
2  Yes
3  Don’t know
The next questions ask about your neighborhood.

19. In GENERAL, to what extent do you agree or disagree with the following statements?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Neither Agree nor Disagree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. The fresh fruits and/or vegetables in my neighborhood are of high quality.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>b. A large selection of fresh fruit and/or vegetables is available in my neighborhood.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>c. Fruits and vegetables are affordable at the stores in my neighborhood.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>d. It is easy to find healthy foods in my neighborhood.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

20. How would you best describe your neighborhood?

1. The block or street you live on
2. Several blocks and streets in each direction
3. The area within a 15-minute walk from your house
4. An area larger than a 15-minute walk from your house

The next questions ask about your food shopping habits.

21. How frequently do you purchase the following when shopping anywhere for food?

<table>
<thead>
<tr>
<th>Food Item</th>
<th>Always or Usually</th>
<th>Sometimes or Occasionally</th>
<th>Rarely or Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Fresh fruit</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>b. Frozen fruit</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>c. Canned fruit</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>d. Fresh vegetables</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>e. Frozen vegetables</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>f. Canned vegetables</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>g. 100% juice</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>h. Whole grain bread or whole wheat bread</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>i. Brown rice</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>j. Corn tortillas</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>
21. (continued) How frequently do you purchase the following when shopping anywhere for food?

<table>
<thead>
<tr>
<th></th>
<th>Always or Usually</th>
<th>Sometimes or Occasionally</th>
<th>Rarely or Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>k. Whole grain cereal</td>
<td>1 q</td>
<td>2 q</td>
<td>3 q</td>
</tr>
<tr>
<td>l. Low fat milk (≤ 1%)</td>
<td>1 q</td>
<td>2 q</td>
<td>3 q</td>
</tr>
<tr>
<td>m. Eggs</td>
<td>1 q</td>
<td>2 q</td>
<td>3 q</td>
</tr>
<tr>
<td>n. Cheese</td>
<td>1 q</td>
<td>2 q</td>
<td>3 q</td>
</tr>
<tr>
<td>o. Beans (like canned beans)</td>
<td>1 q</td>
<td>2 q</td>
<td>3 q</td>
</tr>
</tbody>
</table>

22. During the past 30 days, about how often have you purchased FOOD or DRINKS from…?

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>1 Time Total</th>
<th>2-3 Times Total</th>
<th>1-2 Times per Week</th>
<th>3-4 Times per Week</th>
<th>5-6 Times per Week</th>
<th>1 Time per Day</th>
<th>2 Times per Day</th>
<th>3 or More Times per Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Small food stores, like corner stores, convenience stores, gas stations or small grocery stores (NOT supermarkets, dollar stores or pharmacies)</td>
<td>1 q</td>
<td>2 q</td>
<td>3 q</td>
<td>4 q</td>
<td>5 q</td>
<td>6 q</td>
<td>7 q</td>
<td>8 q</td>
<td>9 q</td>
</tr>
<tr>
<td>b. Dollar stores, like Dollar Tree or Family Dollar</td>
<td>1 q</td>
<td>2 q</td>
<td>3 q</td>
<td>4 q</td>
<td>5 q</td>
<td>6 q</td>
<td>7 q</td>
<td>8 q</td>
<td>9 q</td>
</tr>
<tr>
<td>c. Pharmacies, like CVS or Walgreen's</td>
<td>1 q</td>
<td>2 q</td>
<td>3 q</td>
<td>4 q</td>
<td>5 q</td>
<td>6 q</td>
<td>7 q</td>
<td>8 q</td>
<td>9 q</td>
</tr>
<tr>
<td>d. (CIS store) (the store where you first talked to one of our data collectors)</td>
<td>1 q</td>
<td>2 q</td>
<td>3 q</td>
<td>4 q</td>
<td>5 q</td>
<td>6 q</td>
<td>7 q</td>
<td>8 q</td>
<td>9 q</td>
</tr>
</tbody>
</table>

23. Have you purchased FOOD or DRINKS at a small store (including all convenience stores, gas stations, small grocery stores, dollar stores or pharmacies) in the past WEEK?

1 q Yes → If yes, list the names and general locations to the best of your ability on questions 23a – 23c
2 q No → Skip to question 24

23a. Name: ____________________________________________________________

Location: (cross streets, nearby landmark) _________________________________________

City: _______________________________________________________________
23b. Name: ____________________________________________________________

Location: (cross streets, nearby landmark) __________________________________

City: ___________________________________________________________________

23c. Name: ____________________________________________________________

Location: (cross streets, nearby landmark) __________________________________

City: ___________________________________________________________________

(Note: Include information on any additional stores on the back page and check here: 1 ☐)

24. During the past 30 days, about how often have you purchased **FOOD** or **DRINKS** from...?

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>1 Time Total</th>
<th>2-3 Times Total</th>
<th>1-2 Times per Week</th>
<th>3-4 Times per Week</th>
<th>5-6 Times per Week</th>
<th>1 Time per Day</th>
<th>2 Times per Day</th>
<th>3 or More Times per Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Supermarkets or other large food stores like Cub Foods, Aldi, Lunds/Byerly's, Seward Co-op or other cooperative markets (Do NOT include stores like Target, Walmart or Costco)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b. Stores like Target, Super Target or Walmart</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c. Stores like Costco or Sam's Club</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

24d. What is the name and location of the store where you buy MOST of the food for your household?

Name: ____________________________________________________________

Location: (cross streets, nearby landmark) __________________________________

City: ___________________________________________________________________
25. Who usually shops for MOST of the food for your household? *Choose more than one if the task is split evenly.*

1. Me
2. Spouse/Partner
3. Child/Children
4. Other Adult in the Home
5. Other (please describe): ____________________________

26a. In the last 30 days, how much money did you yourself spend on FOOD and DRINKS for your household at large food stores, like supermarkets, large grocery stores, co-ops, Target, Walmart, Costco or Sam’s Club? Do not include foods that might have been purchased using food stamps or vouchers.

1. $0
2. $1 – $50
3. $51 – $100
4. $101 – $250
5. $251 – $500
6. $501 – $750
7. More than $750

26b. In the last 30 days, how much money did you spend on FOOD or DRINK PURCHASES at small food stores, like convenience stores, gas stations, markets or small grocery stores (NOT supermarkets)?

1. $0
2. $1 – $25
3. $26 – $50
4. $51 – $75
5. $76 – $100
6. $101 – $150
7. $151 – $250
8. More than $250

26c. In the last 30 days, how much money did you spend on FOOD or DRINK PURCHASES at dollar stores, like Dollar Tree or Family Dollar?

1. $0
2. $1 – $25
3. $26 – $50
4. $51 – $75
5. $76 – $100
6. $101 – $150
7. $151 – $250
8. More than $250
26d. In the last 30 days, how much money did you spend on **FOOD or DRINK PURCHASES** at pharmacies, like CVS or Walgreen's?

1️⃣ $0  
2️⃣ $1 – $25  
3️⃣ $26 – $50  
4️⃣ $51 – $75  
5️⃣ $76 – $100  
6️⃣ $101 – $150  
7️⃣ $151 – $250  
8️⃣ More than $250

26e. In the last 30 days, how much money did you spend on **FOOD or DRINK PURCHASES** at *(CIS store)*?

1️⃣ $0  
2️⃣ $1 – $25  
3️⃣ $26 – $50  
4️⃣ $51 – $75  
5️⃣ $76 – $100  
6️⃣ $101 – $150  
7️⃣ $151 – $250  
8️⃣ More than $250

27. Have you noticed certain types of products being more or less available in *(CIS store)* over the **past YEAR**. This includes how much of these products are available overall in the store as well as the selection or variety that’s available in the store.

<table>
<thead>
<tr>
<th></th>
<th>Less Available Compared to 1 Year Ago</th>
<th>No Change in Availability</th>
<th>More Available Compared to 1 Year Ago</th>
<th>I Don’t Know</th>
<th>I don’t think this is sold in this store</th>
<th>I don’t shop in this store anymore</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Fresh fruit</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>b. Frozen fruit</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>c. Canned fruit</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>d. Fresh vegetables</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>e. Frozen vegetables</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>f. Canned vegetables</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>g. 100% juice</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>h. Whole grain bread or whole wheat bread</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>i. Brown rice</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>j. Corn tortillas</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>k. Whole grain cereal</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>l. Low fat milk (≤ 1%)</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>m. Eggs</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>n. Cheese</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
<tr>
<td>o. Beans (like canned beans)</td>
<td>1️⃣</td>
<td>2️⃣</td>
<td>3️⃣</td>
<td>4️⃣</td>
<td>5️⃣</td>
<td>6️⃣</td>
</tr>
</tbody>
</table>
28. This question is about your expectations of [(CIS store)](CIS store). To what extent do you agree or disagree with the following statements? *(Note: If this store does not carry an item, like fruits or vegetables, to what extent would you agree or disagree IF the store did carry the item?)*

When I shop at [(CIS store)](CIS store), I EXPECT that:

<table>
<thead>
<tr>
<th></th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Neither Agree nor Disagree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>I don't shop in this store anymore</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. The selection of fruits and vegetables will be good. <em>(Selection includes the quantity and variety available.)</em></td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>b. The quality of the fruits and vegetables will be good.</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>c. Fruits and vegetables will cost about the same as they would at a larger store.</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>d. The fruits and vegetables will be visible and easy to find in the store.</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>e. The price of fruits and vegetables will be visible and clearly displayed.</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>f. The fruits and vegetables will be organic and/or locally grown.</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>g. There will be a good selection of foods that I can use to prepare a meal at home.</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>h. There will be a good selection of foods that I can eat on the go (right away after leaving the store).</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>i. The store will be clean.</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>j. I will be treated with respect in the store.</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>k. My interactions with store employees will be friendly.</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
<tr>
<td>l. I will receive good service at this store.</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
<td>5[q]</td>
<td>6[q]</td>
</tr>
</tbody>
</table>

29. In the last 30 days, have you purchased any of the items below at [(CIS store)](CIS store)?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>I don't know or I don't remember</th>
<th>I don't shop in this store anymore</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Fresh fruit</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
</tr>
<tr>
<td>b. Frozen fruit</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
</tr>
<tr>
<td>c. Canned fruit</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
</tr>
<tr>
<td>d. Fresh vegetables</td>
<td>1[q]</td>
<td>2[q]</td>
<td>3[q]</td>
<td>4[q]</td>
</tr>
</tbody>
</table>
29. (continued) In the last 30 days, have you purchased any of the items below at (CIS store)?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>I don't know or I don't remember</th>
<th>I don't shop in this store anymore</th>
</tr>
</thead>
<tbody>
<tr>
<td>e. Frozen vegetables</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>f. Canned vegetables</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>g. 100% juice</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>h. Whole grain bread or whole wheat bread</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>i. Brown rice</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>j. Corn tortillas</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>k. Whole grain cereal</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>l. Low fat milk (≤ 1%)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>m. Eggs</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>n. Cheese</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>o. Beans (like canned beans)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>p. Candy, bakery items or dessert items (like snack cakes or cookies)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>q. Chips, pretzels or salty snacks</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>r. Sugary beverages (like soft drinks, slushies, bottled coffee drinks, energy drinks or sports drinks)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>s. Store-brewed coffee</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>t. Ice cream or frozen desserts</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>u. Hot, ready-to-eat items (like a hot dog or slice of pizza)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>
30. How likely would you be to buy more fresh fruits and vegetables from \(\text{(CIS store)}\) if...?

<table>
<thead>
<tr>
<th>Reason</th>
<th>Very Likely to Buy More</th>
<th>Somewhat Likely to Buy More</th>
<th>Not Very Likely to Buy More</th>
<th>Not Likely at All to Buy More</th>
<th>N/A: Fruits &amp; Vegetables Not Available</th>
<th>I don’t shop in this store anymore</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. There were a better selection (meaning more in stock and/or greater variety)</td>
<td>1דור</td>
<td>2דור</td>
<td>3דור</td>
<td>4דור</td>
<td>5דור</td>
<td>6דור</td>
</tr>
<tr>
<td>b. The quality were better</td>
<td>1דור</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
<td>5دور</td>
<td>6دور</td>
</tr>
<tr>
<td>c. The prices were lower</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
<td>5دور</td>
<td>6دور</td>
</tr>
<tr>
<td>d. Fruits and vegetables were more visible or better displayed</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
<td>5دور</td>
<td>6دور</td>
</tr>
<tr>
<td>e. The prices were more clearly displayed</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
<td>5دور</td>
<td>6دور</td>
</tr>
<tr>
<td>f. The store were cleaner</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
<td>5دور</td>
<td>6دور</td>
</tr>
<tr>
<td>g. The fruits and vegetables were organic and/or locally grown</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
<td>5دور</td>
<td>6دور</td>
</tr>
</tbody>
</table>

31. How likely would you be to buy more of each of the following if there were a better selection of...in \(\text{(CIS store)}\) ?

<table>
<thead>
<tr>
<th>Product</th>
<th>Very Likely to Buy More</th>
<th>Somewhat Likely to Buy More</th>
<th>Not Very Likely to Buy More</th>
<th>Not Likely at All to Buy More</th>
<th>I don’t shop in this store anymore</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Whole grain bread or whole wheat bread</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
<td>5دور</td>
</tr>
<tr>
<td>b. Brown rice</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
<td>5دور</td>
</tr>
<tr>
<td>c. Corn tortillas</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
<td>5دور</td>
</tr>
<tr>
<td>d. Whole grain cereal</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
<td>5دور</td>
</tr>
</tbody>
</table>

32. This question is about possible reasons to shop for food or drinks at a certain store. For each possible reason to shop for food at \(\text{(CIS store)}\), how important is each of these reasons TO YOU? (Check ONE response for each reason. Note that more than one reason can be rated as “most important”)

<table>
<thead>
<tr>
<th>Reason</th>
<th>Most Important</th>
<th>Somewhat Important</th>
<th>Not Important</th>
<th>I don’t shop in this store anymore</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Quality of foods</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
</tr>
<tr>
<td>b. Variety of foods</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
</tr>
<tr>
<td>c. Cost of foods</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
</tr>
<tr>
<td>d. Convenience of shopping</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
</tr>
<tr>
<td>e. Cleanliness of store</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
</tr>
<tr>
<td>f. Quality of service</td>
<td>1دور</td>
<td>2دور</td>
<td>3دور</td>
<td>4دور</td>
</tr>
</tbody>
</table>
33. At what time do you most often visit (CIS store)? (Check only ONE response.)

1. Mornings (5:00am – 10:59am)
2. Midday (11:00am – 1:59pm)
3. Late afternoon (2:00pm – 4:59pm)
4. Early evening (5:00pm – 7:59pm)
5. Night (8:00pm – 4:59am)
6. I don’t shop in this store anymore

34. When do you most often visit (CIS store)? (Check only ONE response.)

1. Weekdays (Monday – Friday)
2. Weekends (Saturday & Sunday)
3. I don’t shop in this store anymore

35. When visiting (CIS store), what type of transportation do you most often use to get there?

1. My own car or vehicle
2. I ride in a car or vehicle of my family/friends
3. Public bus
4. Light rail
5. Taxi
6. Walk
7. Bike
8. Other
9. I don’t shop in this store anymore

36. Where are you most often coming from when you visit (CIS store)?

1. Home
2. Work
3. Other
4. I don’t shop in this store anymore

37. Where do you most often go immediately after visiting (CIS store)?

1. Home
2. Work
3. Other
4. I don’t shop in this store anymore

The next questions ask about your eating habits and meal preparation.

38. In a typical week, how many days do you eat breakfast?

1. 0 days
2. 1 day
3. 2 days
4. 3 days
5. 4 days
6. 5 days
7. 6 days
8. 7 days
39. In a typical week, how many days do you eat an evening meal (dinner)?

0 days  
1 day  
2 days  
3 days  
4 days  
5 days  
6 days  
7 days  
8 days  
9 days  
10 days  
11 days  
12 days  
13 days  
14 days  
15 days  
16 days  
17 days  
18 days  
19 days  
20 days  
21 days  
22 days  
23 days  
24 days  
25 days  
26 days  
27 days  
28 days  
29 days  
30 days  
31 days  

40. How much do you agree or disagree with the following statement?

<table>
<thead>
<tr>
<th></th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Neither Agree nor Disagree</th>
<th>Somewhat Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>I tend to “eat on the run.”</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
</tbody>
</table>

41. During the past 7 days, how many times did you do any of the following?

<table>
<thead>
<tr>
<th>Activity</th>
<th>Never</th>
<th>1-2 Times</th>
<th>3-4 Times</th>
<th>5-6 Times</th>
<th>7 Times (or more)</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Prepare a meal at home</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>b. Prepare a meal that included vegetables</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>c. Eat a meal at a fast food restaurant (like McDonald’s, Burger King, Hardees, etc.)</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>d. Eat a meal at a sit-down restaurant</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
</tbody>
</table>

42. During the past 7 days, how many times did you…?

<table>
<thead>
<tr>
<th>Activity</th>
<th>Never</th>
<th>1-2 Times</th>
<th>3-4 Times</th>
<th>5-6 Times</th>
<th>7 Times (or more)</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Watch TV while eating a meal or snack</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>b. Play video/computer games while eating a meal or snack</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>c. Buy food from a vending machine</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
</tbody>
</table>

43. During the past week, how many times did all, or most, of your family living in your household eat a meal together?

1☐ I live alone  
2☐ Never  
3☐ 1-2 times  
4☐ 3-4 times  
5☐ 5-6 times  
6☐ 7 times  
7☐ More than 7 times
44. During the past week, how many times was a family meal purchased from a fast food restaurant and eaten together either at the restaurant or at home? *(Note: Pizza counts, if applicable)*

1☐ I live alone  
2☐ Never  
3☐ 1 time  
4☐ 2 times  
5☐ 3 or more times

45. To what extent do you agree or disagree with the following statements?

<table>
<thead>
<tr>
<th></th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Neither Agree nor Disagree</th>
<th>Somewhat Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. I am a healthy eater.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>b. I am someone who eats in a nutritious manner.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>c. I am someone who is careful about what I eat.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>d. I am a meat eater.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>e. I am someone who likes meat with every meal.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>f. I am a picky eater.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>g. I am someone who likes to try new foods.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>h. I am someone who likes to eat a lot of different things.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
</tbody>
</table>

The next questions ask about policies around food.

46. For you, personally, how likely would you be to support changes to LOCAL or STATE POLICIES that would do each of the following…?:

<table>
<thead>
<tr>
<th></th>
<th>Very Likely</th>
<th>Likely</th>
<th>Neutral</th>
<th>Unlikely</th>
<th>Very Unlikely</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Create local community markets or farmer’s markets.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>b. Create a program that helps small food stores have fresh produce.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>c. Create community gardens or plots for raising fruits and vegetables.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>d. Requiring restaurants to post nutrition information, like calories, on their menus.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
<tr>
<td>e. Requiring food stores to stock certain kinds of healthy products, like fruits and vegetables.</td>
<td>1☐</td>
<td>2☐</td>
<td>3☐</td>
<td>4☐</td>
<td>5☐</td>
</tr>
</tbody>
</table>
47. To what extent do you agree with the following statements?

<table>
<thead>
<tr>
<th></th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Neither Agree nor Disagree</th>
<th>Somewhat Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. In general, government</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>regulation of business is</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>necessary to protect the</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>public interest.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. In general, government</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>regulation of business</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>usually does more harm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>than good.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The final two questions ask about possible experiences you have had.

48. In your day-to-day life, how often do any of the following things happen to you?

<table>
<thead>
<tr>
<th></th>
<th>Almost Every Day</th>
<th>At Least Once a Week</th>
<th>A Few Times a Month</th>
<th>A Few Times a Year</th>
<th>Less Than Once a Year</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. You are treated with</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
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<td>b. You are treated with</td>
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<td>c. You receive poorer</td>
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<td>at restaurants or stores.</td>
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<td>d. People act as if they</td>
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<td>think you are not smart.</td>
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<td>e. People act as if they</td>
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<td>are afraid of you.</td>
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<td>f. People act as if they</td>
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<td>g. People act as if they’re</td>
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<td>h. You are called names or</td>
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<td>i. You are threatened or</td>
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<td>j. You are followed around</td>
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<td>in stores.</td>
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49. During the past 12 months, do you feel you have received poorer treatment than other people in food stores in particular (this includes supermarkets, grocery stores, convenience stores or any other stores in which you buy food or drinks)?

1  Yes
2  No
3  I don’t know
Dietary Screener Questionnaire

These questions are about foods you ate or drank during the past month, that is, the past 30 days. When answering, please include meals and snacks at home, at work or school, in restaurants and anyplace else.

1. During the past month, how often did you eat hot or cold cereals? (Check one)
   - 1[ ] Never → Go to question 2
   - 2[ ] 1 time last month
   - 3[ ] 2-3 times last month
   - 4[ ] 1 time per week
   - 5[ ] 2 times per week
   - 6[ ] 3-4 times per week
   - 7[ ] 5-6 times per week
   - 8[ ] 1 time per day
   - 9[ ] 2 or more times per day

1a. During the past month, what kind of cereal did you usually eat? (Print cereal)
   ____________________________________________________________

1b. If there was another kind of cereal that you usually ate during the past month, what kind was it? (Print cereal. If none, leave blank)
   ____________________________________________________________

2. During the past month, how often did you have any milk (either to drink or on cereal)? Include regular milks, chocolate or other flavored milks, lactose-free milk, buttermilk. Please do not include soy milk or small amounts of milk in coffee or tea. (Check one)
   - 01[ ] Never → Go to question 3
   - 02[ ] 1 time last month
   - 03[ ] 2-3 times last month
   - 04[ ] 1 time per week
   - 05[ ] 2 times per week
   - 06[ ] 3-4 times per week
   - 07[ ] 5-6 times per week
   - 08[ ] 1 time per day
   - 09[ ] 2-3 times per day
   - 10[ ] 4-5 times per day
   - 11[ ] 6 or more times per day
2a. During the past month, what kind of milk did you usually drink?  *(Check one)*  

1. Whole or regular milk  
2. 2% fat or reduced-fat milk  
3. 1%, ½% or low-fat milk  
4. Fat-free, skim or nonfat milk  
5. Soy milk  
6. Other kind of milk *(Print milk):* ____________________________  

3. During the past month, how often did you drink *regular soda or pop* that contains sugar?  Do not include diet soda.  *(Check one)*  

01. Never  
02. 1 time last month  
03. 2-3 times last month  
04. 1 time per week  
05. 2 times per week  
06. 3-4 times per week  
07. 5-6 times per week  
08. 1 time per day  
09. 2-3 times per day  
10. 4-5 times per day  
11. 6 or more times per day  

4. During the past month, how often did you drink *100% pure fruit juices* such as orange, mango, apple, grape and pineapple juices?  Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to.  *(Check one)*  

01. Never  
02. 1 time last month  
03. 2-3 times last month  
04. 1 time per week  
05. 2 times per week  
06. 3-4 times per week  
07. 5-6 times per week  
08. 1 time per day  
09. 2-3 times per day  
10. 4-5 times per day  
11. 6 or more times per day
5. During the past month, how often did you drink coffee or tea that had **sugar or honey** added to it? Include coffee and tea you sweetened yourself and presweetened tea and coffee drinks such as Arizona Iced Tea and Frappuccino. Do **not** include artificially sweetened coffee or diet tea.

01 □ Never
02 □ 1 time last month
03 □ 2-3 times last month
04 □ 1 time per week
05 □ 2 times per week
06 □ 3-4 times per week
07 □ 5-6 times per week
08 □ 1 time per day
09 □ 2-3 times per day
10 □ 4-5 times per day
11 □ 6 or more times per day

6. During the past month, how often did you drink **sweetened** fruit drinks, sports or energy drinks, such as Kool-Aid, lemonade, Hi-C, cranberry drink, Gatorade, Red Bull or Vitamin Water? Include fruit juices you made at home and added sugar to. Do **not** include diet drinks or artificially sweetened drinks.

01 □ Never
02 □ 1 time last month
03 □ 2-3 times last month
04 □ 1 time per week
05 □ 2 times per week
06 □ 3-4 times per week
07 □ 5-6 times per week
08 □ 1 time per day
09 □ 2-3 times per day
10 □ 4-5 times per day
11 □ 6 or more times per day

7. During the past month, how often did you eat **fruit**? Include fresh, frozen, or canned fruit. Do **not** include juices.

1 □ Never
2 □ 1 time last month
3 □ 2-3 times last month
4 □ 1 time per week
5 □ 2 times per week
6 □ 3-4 times per week
7 □ 5-6 times per week
8 □ 1 time per day
9 □ 2 or more times per day
8. During the past month, how often did you eat a green leafy or lettuce salad, with or without other vegetables?

   1. Never
   2. 1 time last month
   3. 2-3 times last month
   4. 1 time per week
   5. 2 times per week
   6. 3-4 times per week
   7. 5-6 times per week
   8. 1 time per day
   9. 2 or more times per day

9. During the past month, how often did you eat any kind of fried potatoes, including french fries, home fries, or hash brown potatoes?

   1. Never
   2. 1 time last month
   3. 2-3 times last month
   4. 1 time per week
   5. 2 times per week
   6. 3-4 times per week
   7. 5-6 times per week
   8. 1 time per day
   9. 2 or more times per day

10. During the past month, how often did you eat any other kind of potatoes, such as baked, boiled, mashed potatoes, sweet potatoes, or potato salad?

    1. Never
    2. 1 time last month
    3. 2-3 times last month
    4. 1 time per week
    5. 2 times per week
    6. 3-4 times per week
    7. 5-6 times per week
    8. 1 time per day
    9. 2 or more times per day
11. During the past month, how often did you eat refried beans, baked beans, beans in soup, pork and beans or any other type of cooked dried beans? Do not include green beans.

1 □ Never
2 □ 1 time last month
3 □ 2-3 times last month
4 □ 1 time per week
5 □ 2 times per week
6 □ 3-4 times per week
7 □ 5-6 times per week
8 □ 1 time per day
9 □ 2 or more times per day

12. During the past month, how often did you eat brown rice or other cooked whole grains, such as bulgur, cracked wheat, or millet? Do not include white rice.

1 □ Never
2 □ 1 time last month
3 □ 2-3 times last month
4 □ 1 time per week
5 □ 2 times per week
6 □ 3-4 times per week
7 □ 5-6 times per week
8 □ 1 time per day
9 □ 2 or more times per day

13. During the past month, not including the foods you just reported on (i.e., green salads, potatoes, cooked dried beans), how often did you eat other vegetables?

1 □ Never
2 □ 1 time last month
3 □ 2-3 times last month
4 □ 1 time per week
5 □ 2 times per week
6 □ 3-4 times per week
7 □ 5-6 times per week
8 □ 1 time per day
9 □ 2 or more times per day
14. During the past month, how often did you have Mexican-type salsa made with tomato?

1 □ Never
2 □ 1 time last month
3 □ 2-3 times last month
4 □ 1 time per week
5 □ 2 times per week
6 □ 3-4 times per week
7 □ 5-6 times per week
8 □ 1 time per day
9 □ 2 or more times per day

15. During the past month, how often did you eat pizza? Include frozen pizza, fast food pizza, and homemade pizza.

1 □ Never
2 □ 1 time last month
3 □ 2-3 times last month
4 □ 1 time per week
5 □ 2 times per week
6 □ 3-4 times per week
7 □ 5-6 times per week
8 □ 1 time per day
9 □ 2 or more times per day

16. During the past month, how often did you have tomato sauces such as with spaghetti or noodles or mixed into foods such as lasagna? Do not include tomato sauce on pizza.

1 □ Never
2 □ 1 time last month
3 □ 2-3 times last month
4 □ 1 time per week
5 □ 2 times per week
6 □ 3-4 times per week
7 □ 5-6 times per week
8 □ 1 time per day
9 □ 2 or more times per day
### 17. Cheese Consumption

During the past month, how often did you eat any kind of **cheese**? Include cheese as a snack, cheese on burgers, sandwiches, and cheese in foods such as lasagna, quesadillas, or casseroles. **Do not** include cheese on pizza.

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### 18. Red Meat Consumption

During the past month, how often did you eat **red meat**, such as beef, pork, ham, or sausages? **Do not** include chicken, turkey or seafood. Include red meat you had in sandwiches, lasagna, stew, and other mixtures. Red meats may also include veal, lamb, and any lunchmeats made with these meats.

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### 19. Processed Meat Consumption

During the past month, how often did you eat any **processed meat**, such as bacon, lunchmeats, or hot dogs? Include processed meats you had in sandwiches, soups, pizza, casseroles, and other mixtures. 

**Processed meats are those preserved by smoking, curing or salting, or by the addition of preservatives. Examples are: ham, bacon, pastrami, salami, sausages, bratwursts, frankfurters, hot dogs, and Spam.**

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20. During the past month, how often did you eat whole grain bread including toast, rolls and in sandwiches? Whole grain breads include whole wheat, rye, oatmeal and pumpernickel. Do not include white bread.

1  □  Never
2  □  1 time last month
3  □  2-3 times last month
4  □  1 time per week
5  □  2 times per week
6  □  3-4 times per week
7  □  5-6 times per week
8  □  1 time per day
9  □  2 or more times per day

21. During the past month, how often did you eat chocolate or any other types of candy? Do not include sugar-free candy.

1  □  Never
2  □  1 time last month
3  □  2-3 times last month
4  □  1 time per week
5  □  2 times per week
6  □  3-4 times per week
7  □  5-6 times per week
8  □  1 time per day
9  □  2 or more times per day

22. During the past month, how often did you eat doughnuts, sweet rolls, Danish, muffins, pan dulce, or pop-tarts? Do not include sugar-free items.

1  □  Never
2  □  1 time last month
3  □  2-3 times last month
4  □  1 time per week
5  □  2 times per week
6  □  3-4 times per week
7  □  5-6 times per week
8  □  1 time per day
9  □  2 or more times per day
23. During the past month, how often did you eat **cookies, cake, pie, or brownies**? Do **not** include sugar-free kinds.

1 □ Never  
2 □ 1 time last month  
3 □ 2-3 times last month  
4 □ 1 time per week  
5 □ 2 times per week  
6 □ 3-4 times per week  
7 □ 5-6 times per week  
8 □ 1 time per day  
9 □ 2 or more times per day

24. During the past month, how often did you eat **ice cream or other frozen desserts**? Do **not** include sugar-free kinds.

1 □ Never  
2 □ 1 time last month  
3 □ 2-3 times last month  
4 □ 1 time per week  
5 □ 2 times per week  
6 □ 3-4 times per week  
7 □ 5-6 times per week  
8 □ 1 time per day  
9 □ 2 or more times per day

25. During the past month, how often did you eat **popcorn**?

1 □ Never  
2 □ 1 time last month  
3 □ 2-3 times last month  
4 □ 1 time per week  
5 □ 2 times per week  
6 □ 3-4 times per week  
7 □ 5-6 times per week  
8 □ 1 time per day  
9 □ 2 or more times per day