

A full credit load at UMD, a full-time job, the sizeable maintenance and renovation work of an apartment building and an average of 4 hours' sleep out of every 24 would put most people into a full-fledged case of nerves after a few weeks--or even a few days.

Clark Paradise, 30, a senior majoring in speech and minoring in business, has the smile, the rugged fitness and the ruddy complexion that at once testify that he is anything but a nervous case and explain why he has been able to stand off fatigue.

An ex-Navy man who served in the closing months of World War II following his June, 1944, graduation from Proctor high school, Paradise attended Duluth Junior college spasmodically. In 1955 he attended a UMD summer session. Last fall he began full-time study aiming at completing his UMD studies next March.

The full-speed ahead decision came after many hours of debating with himself over what his purpose and goal in life should be. He felt that he had been frittering his time away on fruitless jobs and futile, half-hearted study.

"When I returned to college, I first thought of teaching, but now I have decided to enter social work. I am convinced that good preparation is essential for whatever work lies ahead," he says.

Now on an eight-credit schedule at UMD, Paradise works from 8 p.m. to 4:30 p.m. daily at the Arrowhead Creamery as a "cooler man." His duties include moving the bulk and processed creamery goods in the plant, making

up the driver loads for the following day, and keeping the place in order. He is in and out of the pasteurizing room, where temperatures soar to 100 degrees or better, the coolers, temp. 35 degrees, and the ice cream hardener, temp. 35 degrees below.

He has cut his work time down to about 45 hours per week from the 70 or so he worked last fall when he also handled a newspaper distribution agency. Among other activities, Paradise is on the executive council of the Duluth Muscular Dystrophy association, in a religious discussion group and in an alumni organization.

His wife attended UMD with him last year. She is working toward the B. S. degree in kindergarten-primary teaching. "She helps in many ways, including my long-hand term papers."

In his spare time Paradise works on improvement projects on his four-apartment building in the West End. Yet there is time for his family, Billy, 6, and Dennis, 4. "I think," concludes Clark Paradise, "that it's all in how you want to spend your allotted hours on this earth."