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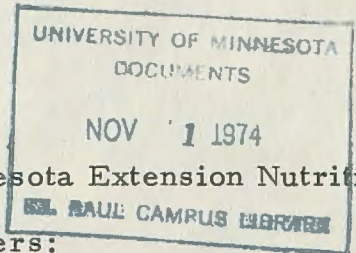
2. Extension Service

November 1, 1974

Sweet Tip

(0:30)

University of Minnesota Extension Nutritionist Muriel Brink offers this tip to consumers:



Try to find some new ways to save on the sugar your family uses.

According to the U. S. Department of Agriculture, the price of sugar will remain high for the next 12 months. But in a year more imported sugar will be available and at that time prices may ease some.

Start on your way to using less sugar by serving fresh apples for dessert occasionally rather than apple pie. Avoid adding that pinch of sugar to tomatoes, corn, and peas. If you use canned fruits, serve those that are packed in water or light syrup.

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Plentiful Turkey

(0:30)

Here's a shopping reminder from the U. S. Department of Agriculture: Turkey will be plentiful through the Christmas and New Year's holidays, thanks to record supplies.

Cold storage holdings are at record levels--about one-third higher than last year and one-half more than the average for the past three years. An expected reduction of new-crop turkeys, estimated at 10 percent below last year, is more than offset by the record cold storage holdings.

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CONSUMER RADIO BRIEFS

3