

CAREER PROGRAM FOR 4-H AND OTHER YOUTH

A GUIDE FOR AGENTS

AGRICULTURAL EXTENSION SERVICE--UNIVERSITY OF MINNESOTA

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DOCUMENTS

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One important aspect of the county extension program can be a careers program. Such a program includes career exploration, job hunting, job interviewing, and the adjustments of moving away from home.

You can give overall leadership by working with leaders, parents, school counselors, counselors from the State Department of Manpower Services, and 4-H'ers. You will need to become familiar with available materials:

1. A guide for youth, "Find The Right Directions For Your Future" (4-H M-213).
2. A guide for youth leaders, "Helping Youth Find The Right Directions" (4-H M-214).
3. "Bibliography of Career Source Material" (4-H M-216). You might develop a file of career materials for use by youth and leaders. Many publications are free or inexpensive. Youth should be encouraged to find resource material in their schools or public libraries.
4. "Your Future--Only You Can Decide," slide set 731.

This set was developed by Mrs. Phyllis Worden and narrated by Dan Olson and Karen Annexstad, student assistants, Department of Information and Agricultural Journalism, University of Minnesota. The set includes 186 slides (stored in three carousel trays) and a taped narration with rock music background (five sets are available through the Visual Aids Library). The slide set can be used as the basis for a discussion on:

- * Decisions high school students must face when they leave home.
- * Preparation of a job resume sheet.
- * Preparation for a job interview.
- * Adjustments of living away from home.
- * Adjustments of city living.

A pocket-sized leaflet, "Your Big Move Away From Home" (4-H M-191), can be distributed as a followup to the slide set and discussion.

You might stop the slide set in the middle and conduct some mock job interviews. Perhaps you could involve a counselor from a local office of the State Department of Manpower Services or a local businessman who does hiring. It seems to work best if these mock interviews are not rehearsed ahead of time.

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Current information available from University of Minnesota Extension: <http://www.extension.umn.edu>

Several agents have found this slide set useful in the school setting, with the high school counselors conducting the program and leading a discussion after the slide set has been shown.

5. "Helps for Starting Your First Home Away From Home" (4-H B-76), by Myra Zabel and Wanda Olson; and "Suggested Activities and Projects for Your First Home Away From Home" (4-H M-198).
6. "Low Cost Furnishings and Ideas for a First Apartment," slide set 751. By Wanda Olson. This set of 32 slides shows attractive, movable, low-cost furnishings. It is designed to be used with 4-H B-76.
7. "It Takes More Than Money," slide set 732. By Mary Fran Lamison.

This set of 80 slides and taped narration is designed to make high school students aware of the problems they may encounter when they leave home for college or a job in the city. The set covers the various services available to youth.

