

UNIVERSITY OF MINNESOTA  
1986-87 SWIMMING AND DIVING MEDIA GUIDE

**QUICK FACTS:**

LOCATION: Minneapolis, Minn.  
FOUNDED: 1851  
ENROLLMENT: 45,000  
NICKNAME: Golden Gophers  
COLORS: Maroon and Gold  
CONFERENCE: Big Ten  
PRESIDENT: Kenneth Keller  
ATHLETIC DIRECTOR: Merrily Dean Baker (612) 624-4044  
HEAD COACH: Jean Freeman (612) 624-9311  
ASSISTANT COACH: Terry Nieszner (612) 624-6835  
TECHNICAL CONSULTANT: Ann Anklam (612) 624-6835  
DIVING COACH: Chris Gentz (612) 624-5874  
ATHLETIC TRAINER: Leah Wollenburg (612) 624-9573  
SPORTS INFORMATION DIRECTOR: Karen Smith (612) 624-3335  
SWIMMING CONTACT: Gerry Vuchetich (612) 624-3335  
FACILITIES: Cooke Hall Exhibition Pool -- six lanes, 25 yards  
1 and 3 meter boards, seats 1000. Practice Pool,  
five lanes, 25 yards.  
SWIMMING ADDRESS: 221 Cooke Hall  
1900 University Avenue SE  
Minneapolis, Minn. 55455  
LETTERWINNERS LOST: Four (4)  
RETURNING LETTERWINNERS: Fourteen (14)  
CLASS BREAKDOWN: 2 seniors, 7 juniors, 15 sophomores, 9 freshmen

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**SWIMMING AND DIVING OUTLOOK**

"The other coaches and I are impressed by how the team looks after only a few weeks of practice," says Jean Freeman, Minnesota's head swimming coach. "The swimmers are starting off in better shape than ever this fall, they are stronger in the water, and confident about the coming season."

The Gophers' lost only four seniors from last year's team, but Freeman admits their absence will be felt. "Between them (Diane Wallner, Mana Raikkala, Jo Elsen and Nancy Touve) they hold a total of 20 Big Ten Championship wins and two All-American certificates," Freeman says.

This season's strength will come from swimmers who haven't been in the spotlight quite as much as the graduates. Senior tri-captain Sue Roell, the 1986 Big Ten Champ in the 100 breaststroke and the 200 medley and free relays, will be the Gophers dominant force in the breaststroke. At this point Roell is swimming much stronger than at any other time in her career. Senior tri-captain Cindy Hovet and junior Diane Almstrom give the Gophers needed depth in the breaststroke.

## Swimming and Diving Outlook

-2-2-2-2-

Junior backstroker Nancy Swanum is looking very trim and is strong in the water as she heads into the season. Swanum was red-shirted as a freshman due to a shoulder injury and competed in only a few meets last season before reinjuring the shoulder at the Nebraska meet. She then underwent her second shoulder surgery in as many years. Junior Kelly McClure and sophomores Ruth Gunard and Sanna Harkonen are also expected to be top backstrokers this season.

Sophomores Amy Volna and Ruth Gunard will be joined in the freestyles by Big Ten Champ Jodi Schirmers and Roell, with Volna vying for the top Gopher butterfly spot this season.

Freeman looks to this year's freshman class to add depth throughout the squad. Tami Grewenow comes in as one of the top high school breaststrokers in Minnesota and she is also strong in the butterfly. Darcy Reid will add needed balance to the butterfly and distance freestyles, with Tara Rehder contributing to the backstroke and freestyle. Another freestyler, DeAnne Twidwell, will supplement the distance events. Carol Thone will add extra depth in the breaststroke and butterfly. One of the top freshman this season is Shannon Heringer, a fast competitor in the 100 and 200 butterflies and in the sprint relays.

Two sophomore transfer students will help boost the quality of the Gophers' individual medley events. Amy Hathaway competes in the I.M. and the backstroke, and Jennifer Benkuskey swims the I.M. and the butterfly.

"Our diving will be alot stronger in dual meets this year," says second year diving coach Chris Gentz. "We are past the transition period of the team adjusting to a new coach - it should be a good year for Minnesota diving." The squad is led by junior Maureen Lewis and sophomores Julie Sullivan and Jennifer Carpenter. Lewis was 8th at the 1986 Big Ten's in one meter diving.

Freshman Sara Touve, an 11-time US Diving State Champion and sister of former Gopher swimmer Nancy Touve, joins the team this fall. Junior Joy Hollenback and sophomore Cathy Windham are also newcomers this year. Windham will practice with the team but will not be eligible to compete until next season.

Freeman plans to improve on last year's overall 6-3 dual meet record (3-2 Big Ten record). Minnesota will face Big Ten opponents Wisconsin and Ohio State early in the season, with another shot at the Badgers at the end of January. Purdue is making their first trip ever to Minnesota this season with the Gophers traveling to Northwestern.

In non-conference action, the maroon and gold will swim against Colorado State, Montana, Nebraska, the United States Air Force Academy, Hawaii, North Dakota, St. Olaf, Mankato, Iowa State and Northern Illinois.

A new scoring system will be implemented this season, "which is a plus for Minnesota" says Freeman. "Our depth in all of the events will be apparent with the new system, as the top five finishers in each individual event will score (instead of the top three in the past)." Also, meets won't necessarily be won on the strength of one's relay teams. Instead of the winner-take-all scoring of the past, the top three places in a relay will earn points. "We have the depth to add points under the new structure," predicts Freeman.

UNIVERSITY OF MINNESOTA  
1986-87 SWIMMING AND DIVING ROSTER

Head Coach: Jean Freeman  
Assistant Coach: Terry Nieszner

Diving Coach: Chris Gentz  
Technical Consultant: Ann Anklam

<u>NAME</u>	<u>CLASS</u>	<u>EVENT</u>	<u>HOMETOWN/HIGH SCHOOL</u>
Diane Almstrom	Jr.	Breaststroke	Minneapolis, MN/Henry
Jennifer Benkusky	So.	Butterfly/IM	Dunedin, FL/Dunedin
Mary Louise Brix	So.	Sprint Free	St. Cloud, MN/Cathedral
Lisa Camillo	Jr.	Free/Fly	Delavan, WI/Delavan-Darien
Jennifer Carpenter	So.	Diving	Grand Rapids, MN/Grand Rapids
Diane Erstad	So.	Free/IM	Bloomington, MN/Jefferson
Kelly Gallagher	So.	Free	Minnetonka, MN/Hopkins
Tami Grewenow	Fr.	Breaststroke/Fly	Burnsville, MN/Burnsville
Juli Gunard	Fr.	Backstroke	Roseville, MN/Alexander Ramsey
Ruth Gunard	So.	Free/Back	Roseville, MN/Alexander Ramsey
Sanna Harkonen	So.	Free/IM	Hyvinkaa, Finland/Sue Itsinrinne
Amy Hathaway	So.	Backstroke/IM	Portland, OR/Aloha
Shannon Heringer	Fr.	Freestyle/Fly	Beaverton, OR/Beaverton
Joy Hollenback	Jr.	Diving	Bloomington, MN/Jefferson
*Cindy Hovet	Sr.	Breaststroke/IM	Bellevue, WA/Interlake
Kelly Kluge	So.	Back/Free	Edina, MN/San Ramon Valley, CA
Maureen Lewis	Jr.	Diving	Green Bay, WI/St. Joseph Academy
Sara Lindner	So.	Free/Breaststroke	LaCrosse, WI/Logan
Kelly McClure	Jr.	Backstroke	Rapid City, SD/Stevens
Jane Newton	Fr.	Breaststroke/Free	Inver Grove Heights, MN/Simley
Lucia Ottem	So.	Free	Woodbury, MN/Woodbury
Tara Rehder	Fr.	Backstroke/Free	Hastings, MN/Hastings
Darcy Reid	Fr.	Fly/Distance Free	Minnetonka, MN/Hopkins
*Sue Roell	Sr.	Breaststroke	Burnsville, MN/Burnsville
*Jodi Schirmers	Jr.	Distance Free	St. Cloud, MN/Tech
Jeanne Simley	So.	Fly/Free	Plymouth, MN/Armstrong
Julie Sullivan	So.	Diving	West St. Paul, MN/Sibley
Nancy Swanum	Jr.	Backstroke/IM	Burnsville, MN/Burnsville
Carol Thone	Fr.	Breaststroke/Fly	Minneapolis, MN/Washburn
Sara Touve	Fr.	Diving	Golden Valley, MN/Armstrong
DeAnne Twidwell	Fr.	Distance Free/IM	Ranchos Palos Verde, CA/Palo Verdes
Amy Volna	So.	Free/Fly	St. Anthony, MN/St. Anthony
Cathy Windham	So.	Diving	Hopkins, MN/Lindberg

\*Tri-Captains

UNIVERSITY OF MINNESOTA SWIMMING/DIVING  
1986-87 SCHEDULE

OCTOBER

11 SAT. ALUMNI MEET (CO-ED) 2:00 P.M.

NOVEMBER

1 SAT. INTRA-SQUAD (CO-ED) 2:00 P.M.  
 14 Fri. Wisconsin/Ohio State (Madison, WI) 7:00 P.M.  
 15 Sat. Midwest Relays (Madison, WI) 1:00 P.M.  
 16 SUN. USS INVITATIONAL 9:00 A.M.  
 21-22 Fri-Sat. Gillette Invitational (Air Force Academy, Colorado State, Montana) (Gillette)

DECEMBER

20 Sat. Hawaii (Honolulu, HI)  
 27 Sat. Invitational Meet (Honolulu, HI)

JANUARY

3 SAT. INTRA-SQUAD (CO-ED)  
 9-10 FRI-SAT. GOLD COUNTRY INVITATIONAL (CO-ED) 10:00 A.M.  
 (NORTH DAKOTA, ST. OLAF, MANKATO STATE, NORTHERN ILLINOIS)  
 9-10 Fri-Sat. Midwest Diving International (Co-Ed) (Brown Deer, WI)  
 17 Sat. Northwestern  
 23 FRI. NEBRASKA 7:00 P.M.  
 30-31 FRI-SAT. PURDUE/WISCONSIN (RICHFIELD POOL) 7:00 P.M.

FEBRUARY

7 SAT. IOWA 2:00 P.M.  
 14 SAT. IOWA STATE (CO-ED) 2:00 P.M.  
 26-28 Thurs-Sat. Big Ten Championship

MARCH

13 Fri. NCAA Zone Diving  
 15 SUN. USS INVITATIONAL 9:00 A.M.  
 19-21 Thurs-Sat. NCAA Championship (Indianapolis, IN)

ALL HOME MEETS IN CAPITAL/BOLD ARE AT COOKE POOL

**CINDY HOVET**

Senior Tri-captain  
Breaststroke/Individual Medley  
Bellevue, Washington

**College:** Tri-captain of the 1986-87 squad ... as a junior, earned the swimming sponsored Outstanding Student-Athlete Award for the second time ... 14th at the Big Ten's in both the 100 and 200 yard breaststrokes ... earned six points at the championships ... 24 points for the year ... as a sophomore, competed on a limited basis due to illness most of season ... as freshman was voted Outstanding Student-Athlete ... one of the most dedicated swimmers ... never misses practice according to Freeman ... one of the Gophers top breaststrokers Big Ten's in 100 and 200 breaststroke.

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**SUE ROELL**

Senior Tri-captain  
Breaststroke  
Burnsville, Minnesota

**College:** Voted a tri-captain this year ... three time Big Ten champ as junior 100 breaststroke prelims ... also on the winning 200 free and medley relay teams medley relay, and 13th in the 100 free at Big Ten's ... earned four All-American Honorable Mention Honors at the NCAA finals ... 10th in the 100 breaststroke ... 11th in the 200 free relay ... 13th in 400 free and 200 medley relays ... set varsity record in the 100 breaststroke (1:04.18) in prelims at USS Nationals ... set Cooke Hall Pool and varsity record in 200 breaststroke (2:23.31) in third meet of the season ... also holds varsity records in the 50 and 100 breaststrokes and 200 medley and free relays ... highest scoring junior at the Big Ten's for Minnesota (73 points) and scored 190 points for the year ... as a sophomore, Roell was Big Ten Champion in 200 free relay which also was Big Ten record and varsity record ... in 1984-85 was highest scoring Gopher sophomore at Big Ten's (51 points) and in regular season (119 points) ... placed 13th at NCAA Nationals in 200 yard free relay (1:35.36)... as freshman was highest scoring and fourth overall in varsity meets (93 1/2 pts.)...All-Big Ten selection as member of champion 200 freestyle and 200 medley relay teams...fifth and seventh in 100 and 200 breaststrokes at Big Ten's...competed at NCAA Nationals...finished in top three in 100 breaststroke in all collegiate meets.

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**JODI SCHIRMERS**

Junior Freestyle  
St. Cloud, Minnesota

**College:** Tri-captain of the 1986-87 team ... at the 1986 Big Ten's finished sixth in the 1650 free, third in the 500 free and 10th in the 200 free ... on second place 400 and 800 free relay teams ... scored 53 points at the Big Ten's and 112 points on the season ... qualified for nationals in the 400 and 800 free relays ... won the 500 and 1000 freestyles against Wisconsin ... also first in 1000 free against Nebraska ... member of three winning relay teams ... in 1984-85 was a NCAA All-American as a freshman ... Big Ten champion in 1650 freestyle team (237.5 points) ... highest scoring Gopher ever at Big Ten's (91.5 points) individual varsity records (four) as freshman ... helped set three relay team varsity records ... 27 first places in 14 meets ... voted Most Improved and Most Valuable by coaches and teammates.

**DIANE ALMSTROM**

Junior Breaststroke  
Minneapolis, Minnesota

**College:** As a sophomore cut nearly 10 seconds off her previous lifetime best in the 200 yard breaststroke (2:27.50) during the Big Ten prelims ... was 11th in the 200 breast and 12th in the 100 breast at the Big Ten's ... was first in the 100 breast against Hamline ... also first in the 400 yard medley relay against Northwestern and at the Midwest Relays ... scored 11 points at Big Ten's and 33.5 points for the season ... lettered second year in a row ... capped her freshman year with 11th in the 100 breaststroke at Big Ten Championships ... lifetime bests in 100 freestyle (:55.24) and 100 breaststroke (1:08.14) ... placed first in 100 breaststroke against Hamline and Iowa State...scored 28.5 points.

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**LISA CAMILLO**

Junior Butterfly/Free  
Delavan, Wisconsin

**College:** As sophomore, scored 38 points for the year ... won the 100 butterfly against Iowa State ... first in the 200 fly against Hamline ... member of five winning free and medley relay teams ... earned her second 'M' letter ... set lifetime best in 100 fly (:59.63) ... was hardest working swimmer as a freshman winning relay teams.

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**MAUREEN LEWIS**

Junior Diver  
Green Bay, Wisconsin

**College:** In spring 1986 tore ligaments in right elbow in non-diving accident Big Ten's in one meter diving ... was first against Northwestern in one meter diving ... first in three meter diving against Hamline, Northern Michigan and Northwestern ... earned 58 points for the year ... received her second 'M' letter ... as a freshman at the Big Ten's had a 9th place finish in one meter diving ... highest scoring diver (9 points) for Gophers at Big Ten's ... finished the season with 26 points.

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**KELLY MCCLURE**

Junior Backstroke  
Rapid City, South Dakota

**College:** As a sophomore, swam in the finals in three events at the Big Ten's (1:03.25) ... third on 400 medley relay team (3:54.45) ... scored 34 points at Big Ten's ... 70 points for the year ... first against Iowa in both the 100 back (1:01.83) and 200 backstroke (2:12.07) ... on winning 200 medley relay team against Iowa State (1:47.05) ... 'M' letter winner ... red-shirted freshman year due to illness most of the season.

**NANCY SWANUM**

Junior Backstroke/Individual Medley  
Burnsville, Minnesota

College: A junior, she re-injured her shoulder in the 1985-86 Nebraska meet before injury ... took first in 200 backstroke (2:14.65) and 400 medley relay (3:59.40) against Wisconsin ... also first in 400 medley relay (3:57.59) against Nebraska ... red-shirted as freshman due to shoulder surgery.

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**JENNIFER BENKUSKY**

Sophomore Butterfly/Individual Medley  
Dunedin, Florida

College: Attended Daytona Beach (Fla.) Community College ... transferred to Minnesota fall of 1986 after DBCC dropped swimming program ... junior college 200 butterfly champion ... five-time junior college All-American ... voted Most Valuable by team ... letter winner ... Minnesota head coach Freeman says Benkusky's times in the 100 and 200 fly and 400 I.M. should score in the Big Ten Championships.

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**JENNIFER CARPENTER**

Sophomore Diver  
Grand Rapids, Minnesota

College: Placed in both the one and three meter boards at Big Ten's ... 15th in one meter diving (356.43 points) ... 16th in three meter diving (370.89 points) letter ... Coach Gentz expects her to move up in scoring during the coming year and at Big Ten's ... adding more difficult optionals to her three meter dive list.

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**DIANE ERSTAD**

Sophomore  
Freestyle/Breaststroke/IM  
Bloomington, Minnesota

College: Scored in three events at the Big Ten Championships as a freshman ... 16th in the 1650 free, 500 free and 200 individual medley ... scored three points at the championships and 19 points for the year ... 'M' letter winner Hardest Worker by her teammates and coaches.

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**KELLY GALLAGHER**

Sophomore Freestyle  
Minnetonka, Minnesota

College: Member of four winning free relay teams against Iowa State, Hamline, Nebraska and at the Midwest Relays ... also on two winning medley relay teams against Iowa State and at Midwest relays ... earned 24.5 points for the year

**RUTH GUNARD**  
Sophomore Freestyle  
Roseville, Minnesota

**College:** Capped her freshman year by earning three All-American Honorable Mention Honors at the NCAA finals ... honors came from 11th place in 200 free relay, 13th place in both the 400 free and 200 medley relays ... Big Ten record holder in the 200 free relay (1:34.06) ... Big Ten champ in the 200 medley relay (1:45.91) ... seventh at the championships in the 100 backstroke ... 10th in the 100 free, ninth in the 50 free ... on second place 400 free relay team at Big Ten's ... earned 56.5 points at the Big Ten's and 117 points for the season season ... voted Most Improved by her teammates.

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**SANNA HARKONEN**  
Sophomore Freestyle  
Hyvinkaa, Finland

**College:** At the 1986 Big Ten's was 13th in 100 back ... 10th in the 200 back the championships ... 82 points for the season ... was first six times in individual events throughout the year ... also on four winning relay teams ... earned 'M' letter award.

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**AMY HATHAWAY**  
Sophomore Backstroke/Individual Medley  
Portland, Oregon

**College:** Transferred to Minnesota fall of 1986 from Oregon State after the dropping of the swimming program ... NorPac finalist in the 100 and 200 backstroke and 200 and 400 I.M. ... 13th highest point total in conference as freshman ... Coach Freeman says her times are Big Ten caliber ... would place in finals of 200 I.M. and consolations in 100 backstroke and 400 I.M.

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**KELLY KLUGE**  
Sophomore Backstroke/Freestyle  
Edina, Minnesota

**College:** Victorious in the 500 free (5:26.25) against Hamline and Northern Michigan ... also on winning 400 medley relay team (4:16.50) against Hamline ... scored 17 points for the year.

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**AMY LOUISE VOLNA**  
Sophomore Freestyle/Butterfly/IM  
St. Anthony, Minnesota

**College:** NCAA All-American Honorable Mention in the 200 and 400 free relays 50 and 100 freestyles ... seventh in the 100 butterfly and 200 freestyle ... second highest Gopher point earner at the Big Ten's (75) and scored 184 points on the year ... 'M' letter winner.



**TAMI GREWENOW**

Freshman Breaststroke/butterfly  
Burnsville, Minnesota

**High School:** Burnsville High School ... coached by Gopher men's coach Dennis Dale for three years ... four-time letter winner ... member of 1982, 1983 and 1985 state championship swimming team ... member of 1983 record setting medley relay team ... as a sophomore, junior and senior was All-Conference, All-State, NISCA Top 10 ... in 1984 set region record in the 100 breaststroke ... All-American Honorable Mention, team captain ... as senior reset region 100 breaststroke record ... All-American Consideration, team captain ... voted Most Valuable ... member of the Burnsville Swim Club 1978-86 ... enjoys karate.

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**SHANNON HERINGER**

Freshman Freestyle/butterfly  
Beaverton, Oregon

**High School:** Beaverton High School (Beaverton, Ore.) ... swam four years and played water polo as freshman ... as freshman was a state champ ... in 1984 voted Most Spirit ... named Most Valuable four years in a row ... two-time state champ in medley relay ... state champ in 100 fly, 50 free in 1986 ... 1983 placed in top eight in 100 fly at junior nationals.

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**JANE NEWTON**

Freshman Freestyle/breaststroke  
Inver Grove Heights, Minnesota

**College:** Attending Minnesota with a Presidential Scholarship which is awarded to top high school academicians.

**High School:** Simley High School ... number four in her class ... team captain '84 and '85, ... four-time swimming letter winner ... placed at state meet four times ... track captain and Most Valuable Player in 1985.

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**TARA REHDER**

Freshman Backstroke/Free  
Hastings, Minnesota

**High School:** Graduated Hastings High School in 1986 ... competed on swim team 1982-86 ... 1985 High School All-American .. All-Conference four years in a row two years ... Most Valuable 1985 and 1986 ... NISCA Top Ten 1983-86 ... letter winner all four years ... was a member of cross-country ski team 1982-86, earning four letters ... All-Conference in skiing four times ... 1982 Most Improved, 1986 Most Valuable ... two years as captain ... also competed on golf team 1982 and 1986 earning two letters ... team was Region 3AA champions.

**SARA TOUVE**

Freshman Diver  
Golden Valley, Minnesota

**High School:** Robbinsdale Armstrong High School ... four-time diving letter winner ... named Most Improved 1983 ... All-Conference 1984, 1985, 1986 ... state meet qualifier in 1984, finalist in 1985 and 1986 ... took second in state in 1985 ... team captain as a senior ... 11-time USA Diving State Champion, 1983-86 ... Junior Olympic participant in 1985 and 1986 ... West Suburban team's Most Valuable in 1984 ... West Suburban team captain in 1985 ... sister of former Gopher swimmer Nancy Touve.

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**DeANNE TWIDWELL**

Freshman Distance Free  
Rancho Palos Verde, California

**High School:** Palos Verdes High School (Calif.) class of '86 ... captain of swim team ... named Athlete of the Year for Swimming 1986 ... Bay League winner of the 500 free 1983-86 ... 200 free winner 1984-86 ... member of the San Pedro Peninsula YMCA Swim Team since age seven ... YMCA national qualifier every year since 1980 ... Junior National's qualifier 1985 and 1986 ... named Most Valuable 1984 and 1985.

**MINNESOTA SWIMMING STATISTICS - 1985-86 FINAL RESULTS**

Dual Record: 6-3 Big Ten: 3-2

<u>DATE</u>	<u>W/L</u>	<u>SCORE</u>	<u>OPPONENT</u>
11/16	W	116-13	HAMLIN, w/Northern Michigan
11/16	W	70-61	NORTHERN MICHIGAN
11/22	W	71-42	WISCONSIN (COED)
11/23	1st	68 pts.	MIDWEST RELAYS (COED)
12/23	W	69-35	Northwestern (at Orlando, FL)
1/11	L	72.5-67.5	at Nebraska
1/18	W	74-38	NORTHWESTERN (COED)
1/24	L	84-56	at Ohio State
2/8	L	75-65	at Iowa
2/15	W	74-64	at Iowa State
2/27-3/1	2nd (T)	509.5 pts.	Big Ten Championships (Milwaukee, WI)
3/20-22	21st	46 pts.	NCAA Championship (Arkansas)

**UNIVERSITY OF MINNESOTA TOP SWIMMING TIMES**

<u>EVENTS</u>	<u>NAME</u>	<u>TIME/SCORE</u>	<u>MEET</u>
50 Freestyle	Diane Wallner	:22.97*!&	Big Tens (prelims)
100 Freestyle	Diane Wallner	:50.69*!&	Big Tens (prelims)
200 Freestyle	Amy Volna	1:52.23	Big Tens
500 Freestyle	Jodi Schirmers	4:56.30	Big Tens
1000 Freestyle	Jodi Schirmers	10:27.23	Wisconsin
1650 Freestyle	Jodi Schirmers	17:09.44	Big Tens
50 Backstroke	Diane Wallner	:27.04*	NCAA (200 MR split)
100 Backstroke	Diane Wallner	1:00.69	Big Ten's
200 Backstroke	Kelly McClure	2:09.19	Big Ten's
50 Breaststroke	Sue Roell	:29.88*	Big Ten's (100 breast split)
100 Breaststroke	Sue Roell	1:04.18*	USS Nationals (prelims)
200 Breaststroke	Sue Roell	2:23.31*#	Wisconsin
50 Butterfly	Jo Elsen	:27.0	Big Ten's (100 fly split)
100 Butterfly	Jo Elsen	:57.66	Big Ten's
200 Butterfly	Mana Raikkala	2:06.52	Big Ten's
100 IM	Sue Roell	1:01.54	Iowa State
200 IM	Diane Erstad	2:12.21	Big Ten's (prelims)
400 IM	Mana Raikkala	4:32.56	Big Ten's
200 Free Relay	Wallner, Roell Elsen, Gunard	1:34.06*!&	Big Ten's
400 Free Relay	Volna, Wallner Schirmers, Gunard	3:25.90&	Big Ten's
800 Free Relay	Schirmers, Wallner Harkonen, Volna	7:32.65&	Big Ten's
200 Medley Relay	Wallner, Roell Elsen, Gunard	1:45.51*!&	Big Ten's
400 Medley Relay	McClure, Roell Elsen, Volna	3:54.45	Big Ten's
1-M Diving (6 dives)	Maureen Lewis	278.775 @	Northwestern
3-M Diving (6 dives)	Maureen Lewis	274.40 @	Northwestern
1-M Diving (11 dives)	Maureen Lewis	405.95 @	Wisconsin
3-M Diving (11 Dives)	Maureen Lewis	432.825 @	Wisconsin

\*Varsity Record #Pool Record !Big Ten Record &NCAA National Qualifying Standard  
@Qualifies for NCAA Zone Diving Competition

## MINNESOTA VARSITY RECORDS

50 Freestyle	Diane Wallner	:22.97	1986
100 Freestyle	Diane Wallner	:50.69	1986
200 Freestyle	Jodi Schirmers	1:51.70	1985
500 Freestyle	Jodi Schirmers	4:50.82	1985
1000 Freestyle	Jodi Schirmers	10:11.98	1985
1650 Freestyle	Jodi Schirmers	16:53.16	1985
50 Backstroke	Diane Wallner	:27.04	1986
100 Backstroke	Elyce Iwerks	:58.51	1985
200 Backstroke	Elyce Iwerks	2:03.97	1985
50 Breaststroke	Sue Roell	:29.88	1986
100 Breaststroke	Sue Roell	1:04.18	1986
200 Breaststroke	Sue Roell	2:23.31	1985
50 Butterfly	Britta Wilk	:25.89	1982
100 Butterfly	Britta Wilk	:56.58	1982
200 Butterfly	Mana Raikkala	2:05.11	1984
100 I.M.	Sue Roell	1:00.08	1986
200 I.M.	Denise Johnson	2:06.15	1983
400 I.M.	Mana Raikkala	4:26.67	1983
200 Free relay	Wallner, Elsen Roell, Gunard	1:34.06	1986
400 Free relay	Iwerks, Wallner Schirmers, Olson	3:25.71	1985
800 Free relay	Schirmers, Wallner Johnson, Olson	7:31.68	1985
200 Medley relay	Wallner, Elsen Roell, R. Gunard	1:45.51	1986
400 Medley relay	Iwerks, Roell, Elsen, Schirmers	3:53.31	1985