



Hometown News

TRACK HOMETOWN #1

March 4, 1992

GOPHERS FINISH NINTH BIG TEN MEET--The Minnesota women's track team finished ninth for the second consecutive season at the Big Ten Indoor Track and Field Championships. Minnesota improved its point total from a year ago despite an additional team in the meet and not returning a single point from last year's meet. The Gophers got scoring performances from four athletes to reach 22 points.

1992 BIG TEN INDOOR TRACK AND FIELD MEET--Columbus, Ohio

Team Scores

1. Illinois	81	Athlete of the Meet
2. Wisconsin	76	Tonja Buford, Illinois
3. Michigan State	70	Athlete of the Year
4. Ohio State	59	Tonja Buford, Illinois
5. Iowa	53	Freshman of the Year
6. Michigan	52	Julie Cote', Wisconsin
7. Indiana	48	Coach of the Year
8. Penn State	30	Gary Winckler, Illinois
9. Minnesota	22	
10. Purdue	5	

OWEN CLAIMS SECOND IN BIG TEN LONG JUMP--Junior **VAL OWEN** (McCOOK, NE) entered the Big Ten indoor meet with the conference's best mark in the long jump at 19-3 1/4. She nearly duplicated that mark Friday, jumping 19-2 1/2 in the final. That was good enough for second place at the Big Ten meet, behind a fieldhouse record of 20-7 by Regina Frye of Indiana. Owen became the first Gopher to ever jump 19 feet indoors this season, accomplishing the feat three times. She jumped 19-3 1/4 at the Northwest Open Jan. 20 to establish a new Minnesota indoor varsity record and followed that up with 19-2 1/2 performances at the Minnesota Invitational on Feb. 1 and at the Big Ten meet.

ROWE PLACES THIRD IN CONFERENCE MILE, COULD CONTINUE AT NCAA MEET--Senior **CHRIS ROWE** (SIOUX FALLS, SD/O'GORMAN) scored her highest finish ever at a Big Ten meet when she finished third in the mile with a time of 4:52.85. Rowe's top time of the season is 4:43.67, which was set at the Iowa State Invitational on Feb. 15. That mark is second all-time on the Minnesota list and an NCAA provisional qualifying mark. She will have to wait until Monday to find out if that time is good enough to send her to Indianapolis for the 1992 NCAA indoor meet. Rowe also ran Minnesota's top times in 1992 at 1000 meters, 1500 meters and 3000 meters. As she comes close to the end of her Minnesota indoor career, here is where Rowe stands on the Gopher indoor lists:

Event	Time	Date	Place (All-Time)
1000 meters	2:56.45	2/22/92	3rd
1500 meters	4:33.35	1/18/92	4th
Mile	4:43.67	2/15/92	2nd
3000 meters	9:39.14	2/9/91	3rd

BLISS DEBUTS AT MINNESOTA WITH 5000-METER RECORD--Junior **SUSAN BLISS** (ST. CHARLES, MO/FRANCIS HOWELL) broke Minnesota's oldest varsity record on the board Saturday at the Big Ten meet, considering the events that are competed on a regular basis. In an exciting finish to the 5000 meters, **Bliss** finished third in 16:37.10, which was only .97 seconds slower than winner Tracy Dahl of Iowa. That time is a new Minnesota varsity record, breaking the old standard of the late Rocky Racette, who ran a time of 16:39.65 back in 1980. The time is also an NCAA provisional qualifying mark, so **Bliss** will have to wait with **Rowe** to see if she can also go to Indianapolis next weekend. Earlier in the Big Ten meet, **Bliss** placed seventh in the 3000 meters in a season-best time of 9:49.59, good for fifth on the Minnesota all-time list. She also won the 1500 meters at the Minnesota Open on Feb. 22 in 4:35.98, placing her sixth on the Gopher all-time list.

SCHOLTES SCORES FIRST BIG TEN POINTS--Senior **STEPH SCHOLTES** (APPLE VALLEY, MN/ROSEMOUNT) continued to improve her personal best in the shot put at the Big Ten meet and it paid off with her first-ever Big Ten points for Minnesota. **Scholtes** heaved the shot 46-10 1/4, good for fifth place and a new personal best by three inches. **Scholtes** ends her Minnesota indoor career seventh on Minnesota's indoor shot put list. **Scholtes** had Minnesota's top five marks in the shot put this season, all registering over 45 feet.

OTHER MARKS OF NOTE--If the Big Ten indoor final in the 55-meter hurdles was eight runners deep, junior **SARAH REDMAN** (WAVERLY, IA/OCONOMOWAC) would have been a two-time finalist in the event. Unfortunately, the final is only six runners deep, so **Redman** barely missed the final for the second consecutive year. Her semifinal time of 8.27 this season would have made the 1991 final, but was .13 seconds off the sixth qualifying time this year. She improved her personal best in the event to 8.19, moving her up to fourth on the Gopher all-time list.

Freshman jumper **CINDY BETHANY** (ROSEVILLE, MN/MOUNDS VIEW) made an immediate impact into the Gopher program, placing in the top five all-time on both the long jump and triple jump lists. Only teammate **Val Owen** can make that same claim. **Bethany** placed second in the long jump at the Northwest Open on Jan. 19 with a leap of 18-2 1/4. That places her fifth all-time on the Minnesota list. At the Cyclone Invitational on Feb. 15, **Bethany** jumped 37-10 in the triple jump to claim second place on Minnesota's all-time list. **Bethany** had three 37-foot triple jumps in 1992. Only **Leslie Revier** (1987-90) has gone farther in a Gopher uniform.

NCAA MEET IS NEXT WEEKEND--The 1992 NCAA Indoor Track and Field Championship is March 13-14 in Indianapolis. **Susan Bliss** and **Chris Rowe** have provisional qualifying marks and will find out Monday if they are fast enough to qualify for the championship.

1992 University of Minnesota Women's Indoor Track and Field Bests

55 meters (:06.86, :06.98) **:07.20**
 Val Owen (b) :07.25

55-meter hurdles (:07.74, :07.96) **:08.01**
 Sarah Redman (d) :08.18
 Sue Peterson (a) :09.75

200 meters (:24.00, :24.50) **:25.05**
 Sascha Ramsay (d) :27.04
 Angie Mauldin (d) :27.58

High Jump (1.85m, 1.79m) **1.77m/5- 9 3/4**
 Coralea Brown (d) 1.63m/5- 4 1/4
 Kris Schmitz (a/e) 1.58m/5- 2 1/4
 Niki Kucera (d/e) 1.58m/5- 2 1/4
 *Susie Peterson (b) 1.58m/5- 2 1/4

400 meters (:53.25, :55.00) **:56.87**
 Julie Paynter (d) :59.97
 Sascha Ramsay (e) 1:00.52
 Angie Mauldin (b) 1:01.99
 Kammie Tollefson (d) 1:02.99

Long Jump (6.40m, 6.15m) **5.87m/19- 3 1/4**
 Val Owen (a) 5.87m/19- 3 1/4
 Cindy Bethany (a) 5.54m/18- 2 1/4
 *Susie Peterson (b) 4.99m/16- 4 1/2

600 meters **1:30.41**
 Andrea Grove (e) 1:36.72
 Julie Paynter (b) 1:38.03
 Jacinda Raiche (a) 1:40.18
 Jenny Hanson (b) 1:41.55

Triple Jump (12.90m, 12.50m) **12.26m/40-2 3/4**
 Cindy Bethany (d) 11.53m/37-10
 Stacy Klos (d) 10.97m/35-11 1/2
 Val Owen (b) 10.96m/35-11 1/2

800 meters (2:07.10, 2:10.10) **2:08.56**
 Andrea Grove (d) 2:14.77
 Heather Amundson (d) 2:20.76
 Moebe Miron (c) 2:20.88
 Kari Middaugh (e) 2:22.82

Shot Put (16.00m, 14.65m) **16.10m/52-10**
 Steph Scholtes (f) 14.28m/46-10 1/4
 Joyce Schultz (e) 13.00m/42-8
 Sue Peterson (a) 10.09m/33-1 1/4

1500 meters **4:24.03**
 Chris Rowe (a) 4:33.35
 Susan Bliss (e) 4:35.98
 Julia McGough (a) 4:48.66
 Wendi Zak (e) 4:49.04

Pentathlon **3,675**
 Susie Peterson (b) 3,346

Mile (4:43.00, 4:50.50) **4:41.12**
 Chris Rowe (d) 4:43.67
 Kristen Bubolz (b) 5:18.32
 Shan Rooney (c) 5:21.01
 Heather Amundson (b) 5:22.59

4x400-meter relay (3:39.25, 3:45.00) **3:49.98**
 Ramsay, Miron, Grove, Paynter (e) 3:59.49

3000 meters (9:23.00, 9:34.00) **9:32.0**
 Chris Rowe (b) 9:48.10
 Susan Bliss (f) 9:49.59
 Angie Abbott (d) 10:06.79
 Julia McGough (b) 10:15.98

4x800-meter relay (8:47.00, 8:58.00) **9:08.10**
 Grove, Rowe, Bliss, Raiche (b) 9:09.20

5000 meters (16:18.00, 16:45.00) **16:37.10**
 Susan Bliss (f) 16:37.10
 Wendi Zak (c) 17:41.47
 Kara Parker (b) 17:51.82
 Kristin Bubolz (d) 18:22.4

(a) NORTHWEST OPEN (1/18)
 (b) MINNESOTA INVITATIONAL (2/1)
 (c) Iowa State Classic, Ames, IA (2/8)
 (d) Cyclone Invitational, Ames, IA (2/15)
 (e) MINNESOTA OPEN (2/22)
 (f) Big Ten Indoor Meet, Columbus, OH (2/28-29)
 (g) NCAA Indoor Meet, Indianapolis, IN (3/13-14)

HOME MEETS at University Fieldhouse
(NCAA Automatic, NCAA Provisional Marks)
followed by school indoor records in bold

*mark achieved during pentathlon competition



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TRACK & FIELD HOMETOWN #5

June 23, 1992

FIRST HALF OF OUTDOOR SEASON ON THE ROAD-- Minnesota opened its 1992 outdoor schedule March 27-28 in a monsoon at the Rice Owls/ Bayou Classic in Houston, Texas. Before the rains came, **SUSAN BLISS** (ST. CHARLES, MO/FRANCIS HOWELL) won the 5000 meters and **CINDY BETHANY** (ROSEVILLE, MN/MOUNDS VIEW) set a new Minnesota freshman record in the long jump. Two weeks later, the Gophers traveled to Eugene, Ore. for a double-dual meet with Oregon and Washington State. The Ducks quacked their way to a 99-36 victory, while the Cougars roared past the Gophers 96-39. **SARAH REDMAN** (WAVERLY, IA/OCONOMOWAC) broke Minnesota's seven-year-old record in the 100-meter hurdles and **Bethany** set a new Gopher freshman record in the triple jump. For the weekend of April 17-18, Minnesota sent four athletes to the Mt. Sac Relays in Walnut, Calif., while the rest of the team hosted the Minnesota Invitational I at the Bierman Track and Field Stadium. **Redman** ran the fastest 100-meter hurdle time of her career at Mt. Sac, but the mark of 14.12 was wind-aided and was not allowed to count for a school record. Minnesota finished April at the Drake Relays, where **Redman** was able to lower her school record to 14.15 in the 100 meter-hurdles and **WENDI ZAK** (BAILEY'S HARBOR, WI/GIBRALTAR) was able to establish a new freshman record in the 10,000 meters.

GOPHERS END SEASON WITH LONG HOMESTAND--Minnesota's month of May was spent entirely at the Bierman Track and Field Stadium, as far as competition was concerned. After hosting the Minnesota Open I on May 2, the Gophers hosted the five-team Minnesota Invitational II on May 9. Minnesota's strength in the distances and the field propelled them to a second-place finish, just 18 points behind Rice. **VAL OWEN** (McCOOK, NE) won the long jump for Minnesota's only event win of the day, while **Bethany** extended her freshman record in the triple jump. The Gophers hosted the Minnesota Open II on May 16, and then hosted their first-ever Big Ten outdoor meet May 22-23. Minnesota was hoping to achieve its first top five finish in history, but was only able to score 36 points and finish ninth. **Bliss** finished second in the 5000 meters and was Minnesota's first NCAA provisional qualifier of the season. **Redman** lowered her school record in the 100-meter hurdles in the preliminaries and finished fourth for her first-ever Big Ten points. The Gophers ran their fifth home meet of the month May 27 with the Minnesota Twilight. **CHRIS ROWE** (SIOUX FALLS, SD/O'GORMAN) became Minnesota's second NCAA provisional qualifier with her time of 9:28.51 in the 3000 meters, but neither **Rowe** nor **Bliss** qualified for the NCAA meet.

INDIVIDUAL HIGHLIGHTS -- Junior **CHRIS ROWE** (SIOUX FALLS, SD/O'GORMAN) scored in two events at the Big Ten outdoor meet for the second consecutive year. Rowe finished fifth in the 1500 meters and seventh in the 3000 meters. She had Minnesota's seasonal bests in the 1500 meters (4:28.2) and 3000 meters (9:28.51). Rowe remains fourth on Minnesota's all-time 1500-meter list with her 1991 time of 4:26.12, but moved up to second on the Gophers' all-time 3000-meter list with her mark of 9:28.51.

Junior **SUSAN BLISS** (ST. CHARLES, MO/FRANCIS HOWELL) was one of Minnesota's top three performers in three different events during the 1992 outdoor season. Bliss won the 1500 meters at the Minnesota Open II in a time of 4:39.4. She placed second in the 3000 meters at the Oregon Double Dual in a time of 9:32.09, which moves her to fourth on the Minnesota all-time list. Bliss ran Minnesota's top 5000-meter time of the season at the Big Ten meet, placing second in 16:38.12. That time is Minnesota's fastest since 1988 and places her sixth all-time at Minnesota.

Freshman **CINDY BETHANY** (ROSEVILLE, MN/MOUNDS VIEW) was named Minnesota's most valuable performer in the field for setting new freshman records in both the long jump and triple jump. Bethany set her freshman long jump record at the Rice Owls/Bayou Classic with a leap of 18-8, a mark that places her third on the Minnesota all-time list. She set her freshman triple mark record for the final time at the Minnesota Invitational II, leaping 39-10 1/4. Bethany matched that jump at the Minnesota Open II and is now second on the Gopher all-time triple jump list.

Junior **SARAH REDMAN** (WAVERLY, IA/OCONOMOWAC) lowered Minnesota's school record in the 100-meter hurdles three times during the 1992 outdoor season. Redman captured the record with her mark of 14.32 at the Oregon Double Dual. She improved her record with a time of 14.15 at the Drake Relays and lowered it for the third time in the preliminary round of the Big Ten meet with a time of 14.08. Redman scored her first-ever Big Ten points with her fourth-place finish in a wind-aided time of 14.03.

Junior **VAL OWEN** (McCOOK, NE) was Minnesota's top performer in the long jump for the third consecutive year. Owen won the long jump at the Minnesota Invitational II with a mark of 19-2 3/4, just two inches short of her personal best that ranks her second on the Minnesota all-time list. Owen pulled a hamstring just prior to the Big Ten meet and was unable to compete.

Freshman **CORALEA BROWN** (ARDROSSAN, ALBERTA, CANADA) came back in the latter part of the season from an injury and placed fifth in the Big Ten high jump with a leap of 5-5 3/4. The height of 5-5 3/4 was matched twice by Brown during the 1992 season and was Minnesota's best effort in the event.

Freshman **WENDI ZAK** (BAILEY'S HARBOR, WI/GIBRALTAR) set a new Minnesota freshman standard in the 10,000 meters at the Drake Relays. Zak finished sixth in a time of 35:38.6, breaking the 1986 mark of Eileen Donaghy by nearly a minute. Zak lowered her record again at the Big Ten meet, finishing ninth in a time of 35:28.35.

Final 1992 University of Minnesota Women's Outdoor Track and Field Bests

100 meters (:11.43, :11.80)	:11.79
Angie Mauldin (h)	:13.28
200 meters (:23.28, :23.90)	:23.44
Sascha Ramsay (j)	:26.01
Sarah Redman (c)	:26.04
Angie Mauldin (h)	:27.25
400 meters (:52.80, :54.50)	:54.4
Sascha Ramsay (a)	:58.93
Sonia Scown (c)	:59.55
Angie Mauldin (i)	1:00.23
800 meters (2:05.50, 2:08.50)	2:07.71
Jenny Alby (j)	2:15.28
Andrea Grove (k)	2:15.33
Chris Rowe (j)	2:17.03
1500 meters (4:17.50, 4:23.20)	4:15.59
Chris Rowe (k)	4:28.2
Jenny Alby (k)	4:35.99
Susan Bliss (j)	4:39.4
3000 meters (9:19.00, 9:31.00)	9:07.46
Chris Rowe (l)	9:28.51
Susan Bliss (c)	9:32.09
Lori Townsend (k)	10:02.24
5000 meters (16:16.00, 16:45.00)	16:10.50
Susan Bliss (k)	16:38.12
Wendi Zak (i)	17:47.80
Angie Abbott (d)	17:50.06
10,000 meters (34:00.00, 35:15.00)	33:31.96
Wendi Zak (k)	35:28.35
Kara Parker (g)	36:22.5
Sara Zimmermann (i)	39:44.41
100-meter hurdles (:13.35, :13.72)	:14.08
Sarah Redman (k/k)	:14.03w/:14.08
*Sue Peterson (k)	:16.21
400-meter hurdles (:57.60, :59.80)	:57.99
Julie Paynter (k)	1:03.53
Sonia Scown (a)	1:05.61
Kammie Tollefson (j)	1:07.80
4x100 meter relay (:44.75, :45.90)	:46.72
Owen, Redman, Bethany, Ramsay (a)	:48.35
4x400 meter relay (3:34.00, 3:39.80)	3:46.29
Paynter, Ramsay, Redman, Miron (k)	3:53.1

High Jump (1.87m, 1.79m)	1.78m/5-10
Coralea Brown (i/k)	1.67m/5-5 3/4
*Sue Peterson (k)	1.61m/5-3 1/4
Kris Schmitz (h)	1.60m/5-3
Long Jump (6.50m, 6.28m)	6.16m/20-2 1/2
Val Owen (i)	5.86m/19-2 3/4
Cindy Bethany (a)	5.69m/18-8
Kris Schmitz (d)	5.10m/16-8 3/4
Triple Jump (13.10m, 12.60m)	12.38m/40-7 3/4
Cindy Bethany (i/j)	12.16m/39-10 3/4
Stacy Klos (a)	10.58m/34-8 1/2
Shot Put (16.05m, 14.80m)	16.21m/53-2 1/4
Steph Scholtes (c)	14.09m/46-2 3/4
Joyce Schultz (c)	13.21m/43-4 1/4
*Sue Peterson (k)	10.53m/34-6 3/4
Discus (53.00m, 48.50m)	55.32m/181-6
Joyce Schultz (e)	47.74m/156-8
Javelin (53.00m, 46.80m)	53.14m/174-4
Lisa Larson (d)	37.84m/124-2
Stacy Klos (h)	29.26m/96-0
*Sue Peterson (k)	27.90m/91-6
Heptathlon (5,550, 5,150)	4,990
Sue Peterson (k)	4,351

- (a) Rice Univ. Bayou Classic, Houston, TX (3/27-28)
- (b) Hamline Invitational, St. Paul, MN (4/4)
- (c) Oregon 99, MN 36, Wash. State 96, MN 39 (4/11)
- (d) MINNESOTA INVITATIONAL I (4/18)
- (e) Mt. SAC Relays, Walnut, CA (4/17-18)
- (f) Drake Relays, Des Moines, IA (4/24-25)
- (g) Macalester Invitational, St. Paul, MN (4/25)
- (h) MINNESOTA OPEN I (5/2)
- (i) MINNESOTA INVITATIONAL II (5/9)
- (j) MINNESOTA OPEN II (5/16)
- (k) BIG TEN OUTDOOR MEET (5/22-23)
- (l) MINNESOTA TWILIGHT (5/27)

HOME MEETS at Bierman Track and Field Stadium
(NCAA Automatic, NCAA Provisional Marks)
followed by school outdoor records in bold

*mark achieved during heptathlon competition