

1987 MINNESOTA WOMEN'S CROSS COUNTRY
MEDIA GUIDE

QUICK FACTS:

LOCATION: Minneapolis, Minn.
FOUNDED: 1851
ENROLLMENT: 45,000
NICKNAME: Golden Gophers
COLORS: Maroon and Gold
CONFERENCE: Big Ten
PRESIDENT: Dr. Kenneth H. Keller
ATHLETIC DIRECTOR: Merrily Dean Baker (612) 624-4044
HEAD COACH: Gary Wilson (612) 624-2058
SPORTS INFORMATION DIRECTOR: Karen Smith (612) 624-3335
SI GRADUATE ASST/CC CONTACT: Ron Larson (612) 624-3335
HOME COURSE: Les Bolstad-University Golf Course

CROSS COUNTRY FACTS:

COACH: GARY WILSON, 3rd Year, SUNY-Cortland '68
1986 BIG TEN FINISH: 8th
RETURNING LETTERWINNERS: 7
LETTERWINNERS LOST: 0
CLASS BREAKDOWN: Eight seniors; four Juniors; nine sophomores;
nine freshmen.

TOP RETURNEES:

EILEEN DONAGHY: Junior -- Cross Country MVP and number one runner most of 1986...placed 13th at the Big Ten Championships...1985 Most Improved and Freshman of the Year.

PATTI WALSH: Senior -- captain...number two runner most of 1986...placed 22nd at the Big Ten Championships in 1986.

TOP NEWCOMERS:

HEATHER DOYLE: Freshman -- (Moorhead, Minn./Moorhead High School)...high school All-American...won Minnesota prep cross country championship as a sophomore.

LAURA DUFFY: Freshman -- (Kennebunk, Me./Kennebunk High School)...placed 14th at the 1986 Kinney National Cross Country Championships.

KRISTI KLINNERT: Freshman -- (Kodiak Island, Alaska/Kodiak High School)...one of only five women in the U.S. ever to win four state prep cross country championships.

NICOLE NUGENT: Freshman -- (Del Mar, Cal./Torrey Pines High School)...San Diego Section Runner of the Year in 1986.

1987 UNIVERSITY OF MINNESOTA
CROSS COUNTRY ROSTER

HEAD COACH: Gary Wilson

<u>NAME</u>	<u>CLASS</u>	<u>HOMETOWN/HIGH SCHOOL</u>
Christine Abbott	Freshman	Winona, MN/Winona
Kristine Acker	Sophomore	Middleton, WI/Middleton
Beth Alford	Senior	Minnetonka, MN/Hopkins
Wendy Babcock	Sophomore	Iron Mountain, MI/Iron Mountain
Patty Burns	Junior	Menomonie, WI/Menomonie
Tamara Callahan	Freshman	Wisconsin Rapids, WI/Lincoln
Rebecca Canner	Sophomore	Baltimore, MD/Catonsville
Tiffany Church	Sophomore	Appleton, WI/Appleton
Marcy Denman	Sophomore	Clinton, WI/Clinton
Eileen Donaghy	Junior	St. Paul, MN/Highland Park
Heather Doyle	Freshman	Moorhead, MN/Moorhead
Laura Duffy	Freshman	Kennebunk, ME/Kennebunk
Patti Eidman	Senior	Roseville, MN/Kellogg
Kathy Gebeke	Junior	White Bear Lake, MN/White Bear Lake
Gwen Gieneart	Junior	New Hope, MN/Cooper
Jackie Hubbard	Junior	Becker, MN/Becker
Cherste Johnson	Sophomore	Oshkosh, WI/Oshkosh West
Lisa Johnson	Senior	LaCrescent, MN/LaCrescent
Kristi Klinnert	Freshman	Kodiak, AK/Kodiak
Amy Mills	Senior	Minneapolis, MN/Southwest
Karen Nasstrom	Junior	Winona, MN/Winona
Lori Nesvold	Sophomore	Mapleplain, MN/Watertown
Nicole Nugent	Freshman	Del Mar, CA/Torrey Pines
Kathy Scharnhorst	Senior	Wausau, WI/East
Bobbi Van Amber	Freshman	Alexandria, MN/Jefferson
Patti Walsh	Senior	Shoreview, MN/Mounds View

1987 MINNESOTA WOMEN'S CROSS COUNTRY OUTLOOK

GOPHERS LOOK TO LEAP AHEAD IN THE BIG TEN

In Minneapolis this year, the question being asked is not will the Gopher women's cross country team be improved, but how much, and will it be enough to make a significant step up in the conference standings. The 1986 edition improved from ninth to eighth despite the fact that they lost All-American Jody Eder to graduation and they were the youngest team in the Big Ten, with no seniors and four freshmen competing at the Big Ten Championships.

TALENTED NEWCOMERS TO PUSH EXPERIENCED SOPHS

Last year's freshmen will benefit from a year of experience at the collegiate level, but they will be pushed hard by another strong incoming group. The newcomers are led by Laura Duffy of Kennebunk, Me., who turned in a strong showing at the Kinney National High School Cross Country Championships last fall, and Kristi Klinnert, of Kodiak, Alaska, who became only the fifth high school girl ever to win four state cross country championships.

WALSH, DONAGHY EXPECTED TO BE THE LEADERS

Nevertheless, the 1987 team will rely heavily on a pair of upperclassmen with proven credentials, senior captain Patti Walsh and junior Eileen Donaghy. Donaghy started slow, as has been her custom, but she ran in the number one position most of the year and was the leading Gopher at the Big Ten Championships last fall, placing 13th in a personal-best 17:21. Walsh, who ran number one in the early part of the season and number two the rest of the year, was the second Gopher to finish, placing 22nd, also in a personal-best time (17:42).

DANIELS, BABCOCK LEAD IMPRESSIVE SOPHOMORE CLASS

Other top returnees, with their times at last year's Big Ten Championships (all personal bests) in parentheses, are: sophomores Cara Daniels (18:00), who placed sixth among conference freshmen, Wendy Babcock (18:27), whose older sister Traci runs for Michigan, Cherste Johnson (18:36), who came on strong at the end of the season a year ago, Tiffany Church (18:40), who had a fine outdoor track season, and junior Patty Burns (18:44), who has improved her personal-best time two minutes during her career. Coach Gary Wilson is concerned about the availability of Daniels, the top sophomore going into the season, who has suffered from a recurring foot problem that kept her out of the early part of the cross country season last fall and all of the outdoor track season last spring. The depth that Wilson has been developing will come in handy if Daniels is unable to compete.

OTHER FRESHMEN COULD HELP AS WELL

In addition to Duffy and Klinnert, Wilson will look to freshmen Heather Doyle, of Moorhead, Minn., a prep cross country All-American, and Nicole Nugent, of Del Mar, Cal., one of the top prep distance runners in California, either of whom could also push for a spot in the top seven. A large group of walk-ons will add depth, and who knows, one of them may turn out to be the next Donaghy, who walked on two years ago.

GARY WILSON
Head Coach

WILSON BUILDS DEPTH, INTEREST, LOOKS TO PUT GOPHER CROSS COUNTRY ON MAP

Gary Wilson enters his third year as head coach of the Gopher women's cross country and track and field teams with one overriding goal in mind: to make Minnesota a consistent national contender. In just two years, Wilson's tireless efforts and enthusiasm have begun to show, as his rosters keep getting larger, and interest in the program has never been greater.

In Wilson's second year, the cross country team, despite graduating an All-American and running four freshmen, two sophomores and a junior, improved to eighth in the Big Ten from a ninth-place finish in 1985. However, with everyone coming back and another group of outstanding newcomers, 1987 could be the year the Gophers establish themselves as a Big Ten contender.

BUILT NATIONAL POWER AT WISCONSIN-LACROSSE

Wilson was lured to Minnesota after building a Division III powerhouse at the University of Wisconsin-LaCrosse, where he coached the women's teams to three consecutive national track and field championships and one national cross country championship. UW-LaCrosse finished in the top five at cross country nationals in six of Wilson's eight years with the program.

The women's track and field team won three national titles in the four years Wilson served as coach. Wilson also coached the men's track and field team at LaCrosse for seven years, and he coached both teams in 1982 and 1983.

A native of Lyndonville, N.Y., Wilson competed in cross country, and indoor and outdoor track while an undergraduate at the State University of New York-Cortland, captaining all three teams as a senior. Gary and his wife, Suzy, have three children: Ben, 7; Laura, 5; and Adam, 2.

COACHES' PROFILE

Gary Wilson

Education: B.S. Physical Education, SUNY-Cortland, 1968
M.S. Physical Education, SUNY-Cortland, 1974

Coaching

Accomplishments: * 1985 NCAA Division III Women's Outdoor Track Third Place
* 1984 NCAA Division III Women's Outdoor Track Champions
* 1984 NCAA Division III Women's Cross Country Runners-up
* 1983 NCAA Division III Women's Outdoor Track Champions
* 1983 NCAA Division III Women's Cross Country Champions
* 1982 AIAW Division III Women's Outdoor Track Champions
* 1982 NCAA Division III Women's Cross Country Runners-up
* Has coached 33 women's track and field All-Americans
* Has coached 11 women's cross country All-Americans
* Has coached 25 men's track and field All-Americans

Coaching Honors:

* Coach of the Year, NCAA Division III, 1984
* Coach of the Year, NCAA Division III, 1983
* Runner's World All-Star Coach, 1984
* NCAA District IV Representative to the national cross country committee, 1987-88

GOPHER PROFILES

PATTI WALSH

Senior

Shoreview, Minnesota

College: Co-captain...number one runner in two meets last season and number two in other five...placed third (17:58.56) at the Minnesota Quad and fourth (18:48) at the Iowa State Invitational...placed 22nd (17:42) at the 1986 Big Ten Championships and 38th (18:14) at the NCAA District IV Championships ... named to Big Ten All-Academic teams in both cross country and track last year...number five runner for most of sophomore season, but the second Gopher at the Kentucky and Michigan invitationals...came on strong at end of 1985 season...was the third Gopher finisher at the Big Ten Cross Country Championships that year...10th among freshmen runners at 1984 Big Ten meet, 41st overall...runs at 1,500 and 3,000 meters during track seasons...two-time Patty Berg Academic Award winner.

High School: Mounds View High School...finished second at state cross country meet as a senior, fourth as a junior...three-year all-conference selection in cross country...second at 1,600 meters in state meet as a senior in 1984...conference champ at 1,600 meters as a junior in 1983.

Personal: Born 10/9/65...physical education major...maintains a 3.38 GPA at Minnesota...daughter of Martin and Audrey Walsh.

Cross Country PR: 17:42 (1986 Big Ten Championships)

EILEEN DONAGHY

Junior

St. Paul, Minnesota

College: 1986 Gopher Most Valuable Runner...top Gopher finisher in five meets during 1986...best finish was 2nd (17:50.03) at the Minnesota Quad...also placed 7th (19:01) at the Iowa State Invitational...placed 13th (17:21) at the 1986 Big Ten Championships and 27th (18:00) at the NCAA District IV Championships...walked-on to the team following her first year in school...a senior academically, she has two years of eligibility remaining...1985 Gopher Freshman of the Year and Most Improved Runner...number two Gopher at Big Tens and NCAA District IV meet as a freshman...holds the school record in the 10,000 meters for the Gopher track team.

High School: Highland Park High School...two-time conference cross country champion...region champion and all-state as senior...MVP as junior and senior...holds three conference track records...region champion in 3,200 meters as senior... track MVP as junior and senior.

Personal: Born 7/1/66...majoring in geologic engineering...daughter of Laurence and Elizabeth Donaghy...has dual Irish-American citizenship...recipient of the 1987-88 St. Paul Minutemen Scholarship award.

Cross Country PR: 17:21 (1986 Big Ten Championships)

PATTY BURNS

Junior

Menomonie, Wisconsin

College: Competed in every meet last two years...best time was 18:44 at 1986 Big Ten Championships...best finish was 13th (19:46) at Iowa State Invitational...named to the Big Ten All-Academic team...has improved her personal-best time by nearly two minutes during her career.

High School: Menomonie High School...all-conference two years...earned two letters...captained team as senior...also lettered in swimming and gymnastics.

Personal: Born 6/6/67...majoring in nursing...carries a 3.53 GPA at Minnesota...received a Patty Berg Award for academic and athletic excellence...daughter of William Burns.

Cross Country PR: 18:44 (1986 Big Ten Championships)

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WENDY BABCOCK

Sophomore

Iron Mountain, Michigan

College: Number three and four runner her first season...best finish was 10th (18:47) at the Minnesota Quad...also placed 11th (19:30.7) at Iowa State Invitational...placed 48th (18:27) at the Big Ten Championships and 80th (18:43) at the NCAA District IV Championships.

High School: Iron Mountain High School...Upper Peninsula cross country champion as senior...second as junior and sophomore...cross country and track MVP...Upper Peninsula champion in 1,600 and 3,200 meter runs during senior season.

Personal: Born 8/16/68...undecided on college major...enjoys playing racquetball, fishing, reading and playing the flute...3.6 GPA in high school...her sister Traci runs for Michigan...daughter of Lynn and Lorraine Babcock.

Cross Country PR: 18:27 (1986 Big Ten Championships)

CHERSTE JOHNSON

Sophomore

Oshkosh, Wisconsin

College: Ran in every meet as a freshman...best finish was 12th (18:59) at the Minnesota Quad...placed 51st (18:36) at the Big Ten Championships.

High School: Oshkosh West High School...fifth in Class A cross country meet in 1985...team MVP as senior...all-conference, all-region and all-state selection...competed at the National High School Athletic Coaches Association All-American Prep Cross Country Championships..

Personal: Born 3/6/68...undecided on college major...member of student council four years in high school...homecoming queen as a senior.

Cross Country PR: 18:36 (1986 Big Ten Championships)

TIFFANY CHURCH

Sophomore

Appleton, Wisconsin

College: Ran in every meet as a freshman in either fourth or fifth position...best finish was 13th (19:09) at the Minnesota Quad...placed 15th (19:48) at the Iowa State Invitational...finished 55th (18:40) at the Big Ten Championships.

High School: Appleton West High School...cross country all-conference three years...team captain two years...team MVP three years...placed 6th in two-mile run at state track meet as a senior.

Personal: Born 1/28/68...biology major...received the first Tracy L. Chestnut Scholarship award...maintains a 3.35 GPA at Minnesota...enjoys swimming and boating...daughter of Frank and Chris Church.

Cross Country PR: 18:40 (1986 Big Ten Championships)

LAURA DUFFY

Freshman

Kennebunk, Maine

High School: Placed 14th at the Kinney National Cross Country Championships...state cross country champion as a senior, second as a junior...won four state championships in indoor track...won two state titles in outdoor track prior to her senior year...set state record at 3200 meters outdoors as a junior...coached by Ron Hankel and Jon Wilson.

Personal: Born 10/16/68...vice president of National Honor Society in high school...undecided on college major...daughter of Martin and Barbara Duffy.

KRISTI KLINNERT

Freshman
Kodiak, Alaska

High School: Kodiak Island High School...One of only five women in U.S. history to win four state high school cross country championships...also four-time state champion in track at one and two miles...named Alaska's Sportsperson of the Year in 1986...also lettered in basketball in high school...coached by Charlotte Mickelson and Larry Olsen.

Personal: Born 12/3/68...active in student government and National Honor Society...participated in a foreign exchange program with high school students from New Zealand...undecided on college major...daughter of Richard and Carol Klinnert.

HEATHER DOYLE

Freshman
Moorhead, Minnesota

High School: Moorhead High School...won eight letters in track and cross country...member of national high school All-America cross country team as a senior...won state AA cross country title as a sophomore, third as a senior...three-time regional 1600-meter champion in track...finished fourth twice and third once at 1600 meters at state meet...holds region record at 1600 meters (4:59)...coached by Shocky Strand and Kay Peterson.

Personal: Born 6/28/69...undecided on college major...daughter of Kathy Doyle of Moorhead.

NICOLE NUGENT

Freshman
Del Mar, California

High School: Torrey Pines High School...placed eighth at 3200 meters at California state track meet as a junior and senior...third-team all-Western Region at the 1986 Kinney National Cross Country Championships...three-time all-state in cross country...San Diego Section Runner of the Year in 1986...coached by Robert Lusitana.

Personal: Born 9/10/69...participated in a foreign exchange program with high school students from New Zealand...undecided on college major...daughter of Robert and Patricia Nugent.

UNIVERSITY OF MINNESOTA CROSS COUNTRY
1987-88 SCHEDULE

SEPTEMBER

12	SAT.	ALUMNI-INTRASQUAD	11:30 A.M.
19	Sat.	at Penn State Invitational (University Park, PA)	
26	Sat.	at Iowa State Invitational (Ames, IA)	

OCTOBER

3	SAT.	MINNESOTA-GBS SPORTS INVITATIONAL	11:45 A.M.
10	Sat.	Indiana Invitational (Bloomington, IN)	
17	Sat.	at Wisconsin-LaCrosse Invitational (LaCrosse, WI)	
24	SAT.	MINNESOTA QUAD	11:30 A.M.
31	Sat.	Big Ten Championships (Bloomington, IN)	

NOVEMBER

14	Sat.	District IV Meet (Bowling Green, OH)
23	Mon.	NCAA Nationals (Charlottesville, VA)

ALL HOME MEETS IN CAPITAL/BOLD ARE AT U OF M GOLF COURSE

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MINNESOTA AT NATIONAL CHAMPIONSHIPS

<u>YEAR</u>	<u>LEAGUE</u>	<u>PLACE</u>	<u>TOP GOPHER FINISHER</u>	<u>LOCATION</u>
1986	NCAA	----	No Minnesota Competitors	U. of Arizona
1985	NCAA	----	Jody Eder, 21st (16:57)	Marquette U.
1984	NCAA	----	Jody Eder, 14th (16:50.9)	Penn State U.
1983	NCAA	10th of 16	Jody Eder, 35th (17:30.4)	Lehigh U.
1982	NCAA	----	No Minnesota Competitors	Indiana U.
1981	AIAW	10th of 22	Sue Alm, 39th (18:50)	Idaho State U.
1980	AIAW	----	No Minnesota Competitors	U. of Washington
1979	AIAW	----	Rocky Racette, 59th (17:50.6)	Florida State U.
1978	AIAW	----	Terrie Wegner, 38th (18:16.1)	U. of Denver
1977	AIAW	14th of 23	Cathie Twomey, 12th (18:04.3)	U. of Texas
1976	AIAW	----	Cathie Twomey, 6th (16:46.4)	U. of Wisconsin
1975	AIAW	12th of 19	Cathie Twomey, 10th (17:33)	Iowa State U.
1974	AIAW	4th of 15	Cathie Twomey, 11th (15:21)	Iowa State U.

MINNESOTA CROSS COUNTRY RECORD TIME (5000 METERS):

Jody Eder 16:32.6 (1984, NCAA District IV Championships @ Illinois)

BIG TEN CHAMPION: Cathie Twomey, 1976

ALL-AMERICANS: Cathie Twomey, 1976 & 1977 (AIAW)
Jody Eder, 1984 & 1985 (NCAA)

MINNESOTA FINISHES @ BIG TEN CHAMPIONSHIPS

<u>YEAR</u>	<u>PLACE</u>	<u>TOP GOPHER FINISHER</u>	<u>LOCATION</u>
1986	8th	Eileen Donaghy, 13th (17:21)	Ohio State
1985	9th	Jody Eder, 4th (18:01)	Michigan
1984	6th	Jody Eder, 4th (17:34)	Purdue
1983	3rd	Jody Eder, 8th (16:56)	Illinois
1982	7th	Jody Eder, 20th (18:45)	Iowa
1981	4th	Mary Yetzer, 9th (18:07.4)	Michigan State
1980	8th	Kathy Rosow, 26th (18:02)	Ohio State
1979	6th	Rocky Racette, 10th (18:42)	Iowa
1978	3rd of 9	Terri Wegner, 13th (18:26)	Wisconsin
1977		NO MEET HELD	
1976	3rd of 5	Cathie Twomey, 1st (17:19)	Michigan State

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1986	NCAA	----	No Minnesota Competitors	U. of Arizona
1985	NCAA	----	Jody Eder, 21st (16:57)	Marquette U.
1984	NCAA	----	Jody Eder, 14th (16:50.9)	Penn State U.
1983	NCAA	10th of 16	Jody Eder, 35th (17:30.4)	Lehigh U.
1982	NCAA	----	No Minnesota Competitors	Indiana U.
1981	AIAW	10th of 22	Sue Alm, 39th (18:50)	Idaho State U.
1980	AIAW	----	No Minnesota Competitors	U. of Washington
1979	AIAW	----	Rocky Racette, 59th (17:50.6)	Florida State U.
1978	AIAW	----	Terri Wegner, 38th (18:16.1)	U. of Denver
1977	AIAW	14th of 23	Cathie Twomey, 12th (18:04.3)	U. of Texas
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