

Agricultural Extension Service
U. S. DEPARTMENT OF AGRICULTURE

## If You're Going to Decorate...

Avoid drabness. Neutral, lifeless colors don't really hide dirt and they are hard on the spirits. Plan your entire home around a few colors, three or four at the most. Combine them in endless variety-bright and dull, dark and light. Use color according to the way your rooms face—warm tones for north rooms, cool colors for south rooms. \_\_ Consider your artificial lighting. Incandescent and fluorescent lighting affect color differently. Look for new developments in paints, papers, floor finishes, and floor coverings. Consider ease of upkeep in background finishes. Make your background choices work for good room proportion and for covering bad architecture if you have that problem. Take samples with you when you shop for paints, papers, and floor coverings that are to be used together. \_ Have an entirely different set of colors in each room. \_\_\_ Let pattern get the best of you. Keep some surfaces plain. Tolerate and emphasize ugly proportions and bad built-in features. They can be made less noticeable by wise choice of color and finishes. Hesitate to try new ideas. \_\_ Let fashions or the Joneses dictate to you. Plan for yourself.

# Backgrounds for Your Home

### Charlotte Kirchner

**F** LOORS, woodwork, walls, and ceilings form the background for the furnishings in your home. Their colors, textures, and designs should be related to one another, to the type of furnishings, and to the way the furnishings are used. The type of house, size and shape of rooms, exposure, lighting, personal taste, and activities of the family all affect the choice of background treatments.

Four ideas need to be explored to achieve effective backgrounds:

- COLORS-Which shall I select?
- PATTERN—How much dare I use?
- TEXTURE—What do my furnishings and activities demand?
- FINISHES—Which are the easiest to apply and care for?

LET'S LOOK AT COLOR. Using color is the simplest method of creating attractive rooms, for color is easy to add and costs little.

The direction a room faces and the amount of natural light are two of the first things to note. Light from the south is bright and warm, so rooms facing that direction need cool greens and blues and grays to tone down this light. Light from the north is even and cool, and rooms with this exposure need sunny warm colors from the yellow and red families to give them cheer. East and west exposures may take any color, the choice depending on the use made of the room and the amount of time spent in it.

Artificial lighting must also be considered when you choose background

colors, and this choice is more difficult for rooms where both incandescent and fluorescent lighting is used. Incandescent lights emphasize warm colors—reds and yellows. White and daylight fluorescent tubes emphasize the cool colors—blues and greens.

Two steps will help you decide on color: (1) know which of the colors absorb and which reflect light, and (2) decide how much light your activity in each room will need.

In kitchens and in rooms where much reading, studying, or sewing is done, light yellow, gray, green, and blue will reflect from 55 to 75 per cent of the light. Red, brown, dark green, dark blue, and natural wood colors absorb more light and are better for living rooms.

Rarely can you change background colors and furnishings like rugs, upholstery, and curtains all at the same time. So choose a background color that will live harmoniously with the colors already in the room. Often your present furnishings can supply a clue to the choice of background colors—the draperies, for example, or a picture, the upholstery of a davenport or chair, or a rug.

Color may often tone down or completely disguise poor details such as built-in buffets, bookcases, wainscoting, and too many windows and doors. Painted like the walls, woodwork fades in importance. On the other hand, many of the handsome built-in shelves and storage cabinets of modern architecture can be highlighted by colored finishes.

Color is also valuable for changing poorly proportioned rooms. Square rooms look longer when the ceiling and one wall are a different color from the other three walls. High ceilings seem lower when they are darker than the side walls. A dark end wall and one lighter side wall will shorten and widen a room that is too long and narrow.

Consider, too, the colors your family likes or dislikes. What activities does your family enjoy? Pale blues and dainty pinks are not for hobby-loving, football-playing Johnny; teen-age Susie will adore them. Guests may enjoy visiting in a living room quiet in tones of green but the family should be able to enjoy reading, radio, television, or games in that same room.

### Pattern Problems

Patterns created in a room by door and window casings, moldings, dormers, or built-in furniture may cause problems. This sort of pattern problem is most often solved by wise choice of color, although small all-over patterns in wallpaper do help to cover up broken ceiling lines and dormer windows.

Wallpaper, upholstery fabrics, rugs, and drapery fabrics create another sort of problem when they are of different patterns in the same room.

If there is much pattern in the furnishings, the backgrounds should be plain. Too much pattern will produce a restless feeling in the room. If a room is large and furniture scant, patterned backgrounds will make the room seem smaller and more fully furnished.

### **Choosing Textures**

We are considering texture when we decide whether to put a dull or a shiny finish on walls or woodwork; whether to leave plaster rough or put on a smooth finish; whether to select linoleum or a pile rug for a dining room.

Consider these points in deciding on texture:

Wall and woodwork finishes such as high-gloss enamel reflect so much light that it amounts to a glare and may cause eyestrain in rooms where we spend much time. Smooth wall finishes are more easily cleaned than rough plaster walls, and smooth floors are more easily cleaned than embossed linoleums. Rough plaster wall finishes do not go well with fine mahogany furniture, and formal papers are not at home with homespun draperies.

The choice of texture should be based on (1) use made of rooms; (2) type of furniture and furnishings that must live with the background; (3) time available for care; and (4) personal preference.

## LET'S LOOK AT FINISHES

There are a variety of finishes from which to select for walls, woodwork, or floors. Each type requires its own preparation of surface, its own method of application. Ask these questions: Will it wear?
Is it easy to apply?
Can I repair it if necessary?
How easy is it to care for?

### Wall Finishes

Wallpaper and paint are the two wall finishes used most often, although wood paneling, linoleum, or plastic tile may be applied. Neither paint nor paper should be applied to new plaster. New plaster must be completely dry before decorating starts and time may vary (according to drying conditions) from at least three months up to a year. The problems in finishing walls are the same for paint and paper:

- 1. Choice of color and/or pattern
- 2. Preparation of walls for finish
- 3. Application of finish.

### What About Wallpaper?

The right paper used in the right place can solve many decorating problems.

- Pattern paper can cover patched and rough plaster.
- Small patterns used on both ceilings and walls can make broken, sloping ceiling lines or poor construction less noticeable.
- Small rooms where little time is spent (halls, dinettes, alcoves, closets) can be made dramatic, decorative spots in an otherwise plain background.
- Vertically striped paper adds height to a room.
- Bold plaids and horizontal stripes will seem to lower a ceiling.
- Figured wallpaper on one wall and plain paper on the other three seems to change room proportions.
- Large-patterned wallpaper can help to "furnish" a room where the furniture supply is scant.

## But there are things to be careful about—

- Large-patterned paper will make a small room seem smaller.
- Dark papers will make a room seem smaller.
- Papers with too fine, too scrawly a pattern have no character on the wall.

- Shiny patterns in paper call attention to themselves and are often not in harmony with furnishings.
- Patterned paper makes a poor background for pictures.
- Light-colored paper makes a poor background for very dark furniture or for shabby furniture.

## When you shop for paper, remember that---

- Patterns look smaller on the wall than they do in a sample book.
- Colors look different at night. Take a piece of the paper home and try it on the wall to get the effect both in daylight and artificial light.
- Washable papers are the best buy.
   There are some stainproof papers on the market also.
- Cloth-backed wall coverings are good for kitchens and bathrooms. They wear long, are easily cleaned, and can be hung as easily as ordinary paper.
- The things that make for price differences in wallpaper are number of colors, grade of paper, finish of paper, amount of detail in the design, and the size of roll.
- It's wise to have an extra roll or two for patching when necessary.

## If you are going to hang the wallpaper yourself—

- Get as much of the old paper off the wall as possible by soaking with hot water.
- Wash painted walls with a strong solution of washing soda before applying the paper.
- Fill in cracks and broken places with patching plaster.
- Sandpaper the patches.
- Size walls and allow this to completely dry before applying new paper.
- Remember—especially if you're an amateur—that papers with all-over design are easier to handle than those that need careful spacing and matching.

### If You Plan to Use Paint

You have a choice of several kinds of paint but the preparation is the same regardless of the kind you choose.

- Be sure to have all surfaces clean, dry, and smooth.
- Scrape away any old loose paint.
- Wash walls which have any greasy or waxed surfaces and allow to dry thoroughly. Paint will not stick to these surfaces.
- Be sure all breaks and cracks are filled and smooth, since no paint can hide them.
- Apply the first coat of paint or the primer coat before you fill cracks, scars, or nailheads.
- If you are painting over a gloss surface, kill the gloss by washing with a solution of sal soda.

Paints for wall finishes may include flat paints, gloss paints, enamels, and water-based paints. Newer on the market are plastic paints and rubber-based paints. Quality should be a first consideration in the buying of any paint. Cheap paint is always poor economy. It does not dry well, and it is apt to chip, crack, peel, or rub off. Good quality paint brushes or rolls on easily and smoothly. Since it covers more space, it costs less in the long run. Select your paint according to use. The table below gives some idea of type and place for assuring best wear.

<del>-</del>
Semigloss paint (Egg Shell) Gloss interior
Semigloss enamel Gloss enamel
Casein paint
Calcimine
Latex-based paint

Kind

Flat wall paint

### Characteristics

Dull finish, does not bear hard or repeated washing. Semigloss finish, washable.

High gloss finish, washable.

Low gloss finish, washable. High gloss finish, washable.

washable.

Water-based paint, dull finish, more washable than calcimine. Water-based paint, dull finish, not washable, will absorb grease. Rubber-based, semidull surface,

### Finishes for Woodwork

Two kinds of finish are most commonly used on woodwork, paint, or varnish. If you use paint on your woodwork you need a clean, dry, smooth surface just as you do when painting walls. If you use varnish you usually treat the wood to deepen or change the natural wood color before applying the varnish. This treatment may be any one of the following:

- 1. Penetrating or oil stains to produce a deep wood color.
- 2. Thinned paint used as a stain (applied, allowed to set briefly, and wiped off).
- 3. Bleached to produce a lighter than ordinary wood color.
- 4. New light wood stains to produce lighter than ordinary wood color.

There are on the market varnish stains which produce muddy, heavy, not too desirable finishes. And there are some new colors in varnish finishes that give a surface with a clear color effect that is very pleasing.

In selecting varnish for woodwork finish:

- 1. Flat varnish will give a low-gloss, pleasing finish.
- Regular interior varnish will look nicer if its high gloss is reduced with pumice and oil.
- 3. Spar varnish gives a hard-wearing surface that water will not harm.

#### Where used

Living rooms, dining rooms, bedrooms.

Use anywhere on the inside of the house.

Kitchens, bathrooms (less desirable than dull finish).

Kitchens, bathrooms.

Kitchens, bathrooms (less desirable than dull finish).

Any room.

Any room.

Any room.

Reduce the gloss with pumice and oil.

## There are other finishes that can be used:

- Shellac used as a filler, rubbed down with steel wool, and waxed keeps the natural color of the wood.
- Linseed oil (mixed with an equal amount of turpentine for the first coat) applied in several coats three or four days apart makes an excellent finish which does not mar easily. Each coat should be rubbed with fine steel wool before the application of the next coat, and each coat should be well rubbed into the wood and the excess wiped off. The final coat may be waxed. This finish deepens the natural color of the wood.
- Penetrating floor sealers can be used on woodwork as well as floors.

## Consider these points when you choose a finish for woodwork:

- Dark woodwork makes door and window casings stand out against light walls. This is not good if you have a small room with many openings.
- Middle-value colors and naturalwood colors show fingerprints less easily than very light colors—a good point to remember in the kitchen.
- Dark colors and most varnish finishes show scratches easily.
- Attractive color schemes result when the woodwork is toned to the color of the walls.
- Where there are many openings in a room, woodwork painted the same color as the walls will keep the room from seeming cut up.
- Plywood paneling or knotty-pine walls in a room may be treated like any other woodwork.

### Finishes for Floors

Wood floors are finished so that rugs may be laid in certain areas, or they may be covered wall to wall with either hard-surface covering or carpeting. If you plan to finish the wood, consider two things:

- A finish color that will supply a good foundation feeling in the room.
- 2. A finish that will withstand wear from traffic.
- Old floors that are to be refinished should be made as tight, level, and smooth as possible. It is well to sand them, but if that is not possible, a good grade of paint and varnish remover should be applied to take the old finish off. Remove stains, either with sandpaper or a bleach.

Small cracks in old floors can be filled with commercial crack filler in a color to match the wood, or you can make a satisfactory filler at home. Melt flake glue in a small amount of water in the top of a double boiler. Then mix fine sawdust with the glue until the resulting mixture has a putty-like consistency. Fill cracks with this mixture before it has cooled, rounding slightly above the floor surface. Let it dry and sand it smooth. Clean the floor thoroughly and let it dry before applying the new finish.

• New floors should be given three sandings: first with No. 2 to 2½ sandpaper, next with No. 1 to 1½, and finally with No. 0 to 00. Sweep the newly sanded floor and wipe it with a cloth dipped in turpentine. If the first coat of finish cannot be applied immediately, protect the clean floor with building paper or some similar material until finishing is possible. If the color of the floor is to be deepened, apply the stain before building up a finish.

Varieties of finishes for floors may include the following:

• Sealers. There are a number of these sealers on the market. If you are sure to follow directions they will provide an excellent finish because—

- 1. Sealers withstand wear.
- 2. Worn places can be repaired without redoing the entire floor.
- 3. Seal-finished floors have a soft luster instead of a shine.
- 4. Seal-finished floors do not darken with age.
- 5. Sealers are easily applied.
- 6. Floors finished with sealers can be kept up by periodic waxing.
- Varnishes. A good grade of varnish gives a durable finish which is hard, smooth, and glossy. At least two coats of varnish should be applied, for several thin coats of varnish make a better finish than one heavy coat. Periodic waxing is necessary to protect this finish, for it is difficult to repair when worn.
- Shellac. This finish, which forms an inelastic coating on the floor, scratches easily and wears off quickly. It should always be protected with wax.
- Paints and enamels. These should be of a kind designed especially for floor use. Paints will give longer wear if protected by a coat of spar varnish and kept waxed. Paints and enamels conceal worn floor surfaces, give a smooth finish, and add color to the room. Don't select a color so dark that dust and footprints will show. If you want a neutral floor color that will not show dust and footprints, one of the so-called dust colors makes an excellent choice for the purpose.

### FLOOR COVERINGS AS BACKGROUNDS

When hard-surface floor coverings (like linoleum) or woven coverings (like carpeting) are laid wall to wall or even used as room-sized rugs, they become part of the background for other furnishings. Then the color, texture, installation, care, and wearing qualities of these coverings become important to background planning.

### Hard-Surface Floor Coverings

Suppose we choose a hard-surface floor covering. We can select linoleum, felt-base coverings, or resilient tiles made of linoleum, asphalt, rubber, cork, or plastic.

#### LINOLEUM

Linoleum is a mixture mainly of ground cork and oxidized linseed oil to which color, gums, and resins are usually added. This mixture is pressed into a burlap backing, which in good grades of linoleum becomes deeply embedded.

Where color is added to the cork and oil mixture before pressing, the result is known as Inlaid Linoleum. Pattern never wears off in this kind of linoleum. Where the mixture is pressed into the backing as is and color is applied to the surface afterward we have Printed Linoleum. When this coating of oil paint wears off the linoleum loses attractiveness but it may be far from worn out.

If you have chosen linoleum as a floor covering, check:

THE GAUGE. There are five gauges.

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1/4 inch
3/16 inch
1/6 inch—heavy
3/32 inch—medium
5/64 inch—standard
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Standard-guage linoleum is commonly used in homes, although in some cases medium may be selected. The extra money that the heavier gauges cost might be better used to have the linoleum laid by a skilled person.

#### COLOR AND PATTERN

- PLAIN linoleum in solid colors is often least expensive. Colors may be attractive but plain linoleum shows soil more than patterned types.
- JASPE linoleum blends two or more colors to give a striped effect. It shows soil less than the plain type and is very attractive.
- 3. MARBLEIZED linoleum has two or more colors swirled together to look like marble. It is the easiest color arrangement to lay so that seams do not show, and it shows soil less than other types.
- 4. PATTERNED linoleum is a combination of a solid color with another solid color—or with jaspe or marbleized sections. When patterned linoleum is used the floor becomes part of the decorative scheme as well as a background.
- 5. EMBOSSED linoleum is patterned linoleum in which parts of the design have been pressed deeper than the rest. It has a pleasing appearance but is not so easily cleaned as the smooth surface.
- THE INSTALLATION. Linoleum properly laid becomes a permanent flooring and can be used in any room in the house. A cove installation (linoleum is extended about six inches up the wall) eliminates the dust and dirt-catching angle between the wall and the floor. Linoleum is best laid by a skilled person but if homemakers are to do the job there are points to remember:
  - The floor should be smooth and dry. If there is unevenness or roughness sand or plane it or lay some type of new rigid material over the old floor. Plywood % to ¼ inch thick is excellent material for this purpose. Low-grade plywood known as "sound one side" is adequate.

- 2. Linoleum should be laid crosswise on the floor boards.
- 3. Felt should first be cemented to the floor and the linoleum cemented to the felt. Felt is not meant to smooth the floor surface but to reduce the effect of spreading and tightening of the floor boards. Rough floors will show through felt, and the linoleum will crack if the floor is not smooth and even.

### • THE CARE

- Wipe up spilled things and dry mop daily with a clean, unoiled mop.
- 2. Wash only as necessary. Use mild soap and water and wring the mop or cloth fairly dry.
- Keep the linoleum waxed. Use one or two thin coats of self-polishing, water-based wax.
- Use furniture rests under bed posts, chests of drawers, and heavy chairs.
- 5. DON'T use these on your linoleum: gasoline, turpentine, oil-based waxes, varnish, shellac, lacquer, harsh soaps, and gritty cleaners.
- Felt-base linoleum is made by applying colored linoleum mix to a felt base instead of to burlap. It is cheaper than regular linoleum. The color goes through to the back so it remains attractive longer than regular felt-base floor covering.

#### FELT-BASE COVERINGS

Felt-base floor coverings are made by applying a paint design to a felt back. Points to remember about felt back are these:

- The life of this covering depends on the thickness of the paint coat. When this is worn through the dark felt back shows.
- 2. Felt-base patterns are more varied than those of linoleum because the design is merely painted on.
- 3. Felt base can be cemented directly to the floor.

- A coat of spar varnish and regular waxings will increase the life of felt back.
- 5. Felt back can be refinished with paint the same way as a wood floor. A good choice is a foundation of dust-colored paint which may be spatter painted or given a marbleized appearance with a color overcoat.
- 6. Felt back is one of the least expensive of floor coverings.

#### RESILIENT TILES

- ASPHALT TILE is considered the only one that is satisfactory over concrete flooring.
- RUBBER TILE is one of the most resilient of floor coverings, but it should not be installed where much oil or grease is present.
- 3. CORK TILE is a type of linoleum and requires the same care. It is suitable in rooms where heavy cleaning is not often necessary.
- PLASTIC TILE has a wide color range. It needs no surface finishing, is easy to care for, and is resistant to acids and greases.
- LINOLEUM TILE is made the same way as sheet linoleum and is cared for in the same manner.

Instructions for laying any type of tile can be obtained from the dealer, and if you are to lay the tile you should follow these instructions carefully.

### Soft-Surface Floor Coverings

If we choose a soft-surface floor covering we can select from a variety of sizes and weaves. When soft-surface floor covering is used in small, scatter-sized rugs, we can class them as decorative room furnishings. When such floor coverings are used wall to wall or in room-sized rugs (6 to 12 inches from wall) they can properly be called backgrounds for other furnishings. Wall to

wall or room-size soft floor coverings may be purchased as carpet stripping sewed together or in sizes woven from 6 to 18 feet wide (broadloom). Four weaves are most common: Flat Weave, Axminster, Velvet, and Wilton.

- FLAT WEAVE is found most often in cotton and linen fibers. These rugs are sturdy, come in lovely colors, and adapt very well to room color planning.
- AXMINSTER is available in a wide color range and unlimited combinations. Most are figured and multicolored although a few are plain. This weave has a deep-cut pile and an 'all-wool surface. It is woven so that each tuft shows on the surface and forms part of the pattern. Goodquality Axminsters will have as many as 11 rows of tufts to the inch—poor-quality as few as four. This weave cannot be rolled crosswise because of the construction of the jute backing.

It is long wearing and is good for rooms that get hard usage because spots do not show up on the pattern.

- VELVET is most often found in solid colors. It is woven from dyed yarns and if figured, has the design printed on after weaving. This weave has a cut, low pile which may be either twisted or straight, and it can be rolled both ways. There are no wool yarns buried in the back of the fabric. Judge its quality by the closeness of the weave on the back and by the depth of pile.
- WILTON has low cut, stubby pile with several layers of yarn imbedded in the back. This is part of the weaving process which carried the pattern colors on the underside.

This weave is more limited in color combination than the Axminster. It can be rolled both ways and provides the longest-wearing qualities in its better grades of any weave. Judge this weave, too, by closeness of weave on the back.

 BROADFELT is not a woven floor covering but is made by pressing hair or wool with a binding compound. This floor covering comes in a wide range of colors and while it is not as luxurious in appearance or feel as wool rugs it can serve well for a short period of time.

### Points to Remember

- Plain-colored floor coverings laid wall to wall make a room look larger.
- 2. Dark carpeting shows footprints.
- Very light carpeting is likely to show soil when given heavy family use.
- 4. Cotton rugs show soil more quickly than wool.
- Tone-on-tone designs in middlecolor values do not show soil quickly.
- Select your floor covering and your wall and woodwork colors as a background unit. Take samples of each with you when you shop.
- Buy a rug cushion (hair or rubber) when you buy your carpeting or rug.
- Investigate the possibilities of wool with rayon, wool with nylon, allrayon, all-linen, and all-cotton carpets in your market.
- 9. Broadloom is a width, not a weave. Broadloom comes 6, 9, 12, 15, and 18 feet wide.

- Cotton floor covering is being made with the same pile weave as wool or synthetic fiber rugs.
- 11. Manufacturers are constantly working on new rug fibers. More all-rayon, all-nylon, rayon-wool, and nylon-wool blends in rugs will probably be appearing on the markets.
- 12. Dyes are better than ever. Slight changes in the color of soft floor coverings may be expected, not because of dye fading but because of atmospheric dust or soil which cannot be swept away. Frequent cleaning will mean less discoloration.
- 13. Dirt is the worst enemy of carpets and rugs. Large areas of soft floor coverings make a vacuum cleaner and carpet sweeper necessary. You should plan to have the carpet professionally cleaned every few years.
- 14. Carpets and rugs are a long-time investment. Consider them carefully in your background planning.

# **Your County Extension Agents** =

A familiar expression heard on Minnesota farms is "see your county agent." Every county in Minnesota has a county agricultural agent, and many counties also have home and 4-H Club agents.

Actually these county agents are part of a four-way partnership among the United States Department of Agriculture, the University of Minnesota, the county government, and farm people.

It is the job of the county Extension staff to bring to farmers and homemakers the latest information on farming and homemaking methods and to conduct 4-H Club work in the county.

Local committees, cooperating with the Director of the Minnesota Agricultural Extension Service, hire these agents and map out their programs.

Most county agents have their headquarters in the county courthouse. They are available to answer your questions and help solve your farming and homemaking problems.

This bulletin is one of many published by the University of Minnesota Agricultural Extension Service as an additional service to bring up-to-date information to your attention. These Extension Service bulletins are distributed through your local county agents or through the Bulletin Room, University Farm, St. Paul 1, Minnesota.

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