

Title: Minoxidil is efficacious and safe when used for the treatment of androgenetic alopecia.

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Abstract:

Alopecia is the medical term for hairloss or baldness. Androgenetic alopecia is hair loss due to changes in hormones, thinning of hair follicles, and decreased time for hair growth. Topical minoxidil (Rogaine) is a safe and effective treatment for patients with androgenetic alopecia.

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Coping with Alopecia

What other treatments are available?

Finasteride (Propecia): This is a daily pill that stops the changing of hormones that play a role in hair loss. This medication is not for women.

Surgery: Hair transplants are performed by a dermatologist or transplant surgeon. During the procedure, hairs from the back or side of the scalp are moved to the front of the scalp.

Additional Resources

You may find yourself frustrated or upset by your alopecia. Teaching your family and friends about the cause of your alopecia and how you feel can be helpful. If you are having difficulty coping with your hair loss, speak with your healthcare provider. Support groups, psychologists, and therapists are available.



Additional information:

1.) <http://www.mayoclinic.com/health/hair-loss>

2.) www.uptodate.com/patients,
Hair Loss in Men and Women

Androgenetic Alopecia

An Overview of Androgenetic Alopecia and Available Treatment



University of Minnesota
Patient Educational Tool
Developed by Ronda Farah

Androgenetic Alopecia

What is alopecia?

Alopecia is the medical term for hair loss. It may also be called baldness.

What is androgenetic alopecia?

Androgenetic alopecia is also known as pattern baldness. In men it is called male-pattern baldness. It often begins in the teens or 20s. Thinning of hair near the temples and the top of the head is common in men.

Androgenetic alopecia in women is called female-pattern baldness. It typically begins later in life. Hair at the front of the scalp is usually not lost.



www.hairgrowthforall.com

An example of how male pattern hair loss (top row) and female pattern hair loss (bottom row) change over time.

What causes androgenetic alopecia?

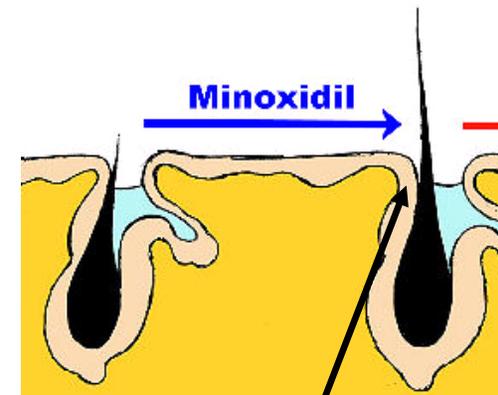
Androgenetic alopecia occurs when the time for hair growth is shortened. Hormones also play a role by shrinking hair follicles.

How is androgenetic alopecia treated?

Androgenetic alopecia does not require treatment. Some choose to let the process run its course. Others pursue new hair styles, pieces, scarves, hats, medications or surgical procedures to help with hair loss.

What is Rogaine?

Rogaine (Minoxidil) : Rogaine is a nonprescription medication that is applied to the scalp. It works by thickening hair follicles and lengthening the time hair has to grow. It is available as a solution or foam. Rogaine may take several weeks to improve hair loss. About 70% of people using Rogaine will notice hair growth.



Rogaine makes the **hair follicle** thicker.

(www.folligen.com)

Can men and women use Rogaine?

Rogaine solution is available for use in women and men. Women should consult their physician before using the foam.