

# Family Medicine Connection

DEPARTMENT OF FAMILY MEDICINE AND COMMUNITY HEALTH • AUGUST 2008

## Department Update

Welcome to the summer 2008 edition of the *Family Medicine Connection*. This edition includes Department of Family Medicine and Community Health, Twin Cities, faculty and staff hired from January through May 2008 and grant funding in fiscal year 2007-08. In the future, we will publish this newsletter quarterly to stay connected to our paid and volunteer community faculty, residents, students, and staff in our multiple locations. Upcoming editions will include information about our Duluth campus faculty and staff. I'm happy to report that we've hired additional staff to assist in our communications efforts, allowing us the opportunity to provide more current information more often.

The Department of Family Medicine and Community Health now has 95 full- and part-time paid University of

Minnesota faculty who teach, provide patient care and conduct research within our programs. Our Twin Cities faculty administer seven affiliated family medicine residency programs and fellowships in sports medicine, palliative care, and behavioral medicine, teach in approximately 50% of the University of Minnesota Medical School, Twin Cities campus, early clinical experiences, and teach in interprofessional educational programs. In addition to our residency clinics, faculty provide patient care in UMPHYSICIANS clinics including the Center for Sexual Health, Primary Care Center, Women's Health Center, and Orthopedic Clinic. The Community University Health Care Center (CUHCC), Walker Methodist Transitional Care Unit, and TRIA are additional sites for patient care and educational activities.

The following innovations have been developed during the past year.

- In January we launched the Center of Excellence in Primary Care, designed to promote the advancement of primary care through practice-based research and innovations in care delivery.
- In our clinics, electronic health records have been implemented, and health care teams, registries, and care managers are being used to improve diabetes care and depression manage-



ment. We are including complexity assessment in patient care models and redesigning a new process of care which strives to eliminate waste and increase efficiency and effectiveness of care.

- Thirty-three faculty have externally funded research. We hope to sustain their efforts and increase funded research focused on diabetes, postpartum depression, smoking cessation, health disparities, HIV risk reduction, and sports injuries.

I am optimistic about our future and grateful for the support we receive from faculty, residents, students, and staff. Your commitments afford us the opportunity to make significant contributions in our communities and beyond. I invite your feedback and welcome your visits to the department.

Sincerely,

Macaran A. Baird, MD, MS  
Professor and Head

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## STFM 2008 Annual Meeting

The University of Minnesota Medical School, Duluth and Twin Cities campuses, has been recognized by the American Academy of Family Physicians (AAFP) for 15 of the past 16 years for its contribution to the recruitment of family medicine residents. Most recently, the school received the AAFP Top 10 Award for the 2004-07 academic years. The award honors the top 10 LCME-accredited medical schools which have the greatest number of students entering family medicine residencies.

This year's award was presented to department head **Macaran Baird, MD, MS**, and present department faculty at the 2008 Society of Teachers of Family Medicine (STFM) annual meeting by Dan Ostergaard, MD, AAFP vice president for professional activities. The 2008 STFM annual meeting, "Strengthen the core, stimulate progress: Assembling patient-centered homes" was held from April 30 to May 4 in Baltimore, Maryland.

The following department faculty made or participated in 2008 STFM annual meeting workshop/session presentations: **Macaran Baird, MD, MS**, "Revenue



AAFP Top 10 Award presentation at the 2008 STFM annual meeting. L-R: front—Jen Welsh, MD, Nancy Baker, MD, Nicole Chaisson, MD, Macaran Baird, MD, MS, Dan Ostergaard, MD, Sara Hartfeldt, MD, Sara Johnson, MD; back—Joe Brocato, PhD, Shailey Prasad, MD, MPH, David Satin, MD, Tim Ramer, MD, Kevin Raff, MD, Laura Pattison, MD.

enhancement in family medicine residencies and departments;" **Nancy Baker, MD, Jon Hallberg, MD, and Joe Brocato, PhD**, "The Harvard Street Forum: A successful community-campus collaboration;" **Gwen Halaas, MD, MBA**, "The impact of a community health assessment project on learner and community;" **Halaas and Therese Zink, MD, MPH**, "Nature vs. nurture: Factors that impact selection of family medicine as specialty and rural practice;" **David**

**Satin, MD, Baird, Jen Welsh, MD, Sara Johnson, MD** (Smiley's resident), and **Sara Hartfeldt, MD** (Smiley's resident), "Using pay-for-performance to strengthen medical homes while protecting patient-centered care;" and **Satin**, "Hospital ethics committee resources for family medicine faculty" and "Advanced medical ethics skills for residency faculty: Improving patient care for the present and future."

### CONGRATULATIONS

Congratulations to **Jamie Feldman, MD, PhD, Gwen Halaas, MD, MBA, and David Power, MD, MPH**, who were recently promoted to associate professor on the clinical scholar's track.

# Center of Excellence in Primary Care

Built on the partnership of the family medicine, medicine, and pediatrics departments, the University of Minnesota Center of Excellence in Primary Care (COEPC) was launched to promote the advancement of primary care delivery in Minnesota through practice-based research and quality improvement.

The kick-off reception, held on January 29, 2008, provided community physicians and representatives from the Medical School, Academic Health Center (AHC), Minnesota Department of Health, local health plans, and the Indian Board of Health an opportunity to learn more about the center's vision and process.

## Vision

The COEPC will lead the nation in the following areas:

- Primary-care based prevention and management of cancer, diabetes, and depression, with potential expansion to other chronic conditions.

- Best practices for using regional and national primary care practice-based research networks and associated tools to engage large numbers of community-based providers in research, while speeding the integration of findings into the community.
- Innovative designs for primary care systems that improve clinical care and provide support for people with chronic disease.

## Process

The center is well-positioned to conduct breakthrough research by:

- Contributing to and building on department, Medical School, and AHC research strengths in cancer, diabetes, depression, and family medicine,

- Aligning with the National Institutes of Health emphasis on health disparities, multidisciplinary, and clinical translational research, and
- Facilitating community outreach and partnerships.

Recruitment for a center director and support staff began in spring 2008.

Watch for more COEPC news in the coming months.



L-R: Macaran Baird, MD, MS, Deborah Powell, MD, Dean, Medical School, Kevin Peterson, MD, MPH, COEPC and research interim director, at the COEPC kick-off reception on January 29.

## UPCOMING EVENTS

### August

- 30** DFMCH at the State Fair, 3-9 pm, University of Minnesota Building

### September

- 1** University closed in observance of Labor Day
- 3** Family Medicine Grand Rounds: Pre-term Labor with Mike Wootten, MD, 12:15 pm, Moos Tower 1-450

### October

- 1** Family Medicine Grand Rounds: Women Smoking Cessation Study Findings with Sharon Allen, MD, PhD, 12:15 pm, Moos Tower 1-450
- 10** DFMCH Duluth/Twin Cities faculty retreat, Duluth

## Residency and Fellow Commencement

On Wednesday, June 11, 2008, the department celebrated its 36th annual residency and fellow commencement at the McNamara Alumni Center. 43 residents graduated, along with one fellow in human sexuality, **Paul Pawlicki, PsyD**. (A complete list of residency program graduates can be found opposite this page.)

**Mike Wooten, MD**, North Memorial, received the 2008 Faculty of the Year Award; and **David Gubbrud, MD**, Smiley's, received the 2008 Adjunct Faculty of the Year Award.

The Leonard P. Burke, MD, Memorial Award was presented to **Shana Sniffen, MD**, North Memorial, in recognition of

her efforts to understand the underserved community members of North Minneapolis. Sniffen partnered with the Center for Victims of Torture to help educate Broadway faculty and staff about caring for victims of torture and was instrumental in Broadway's involvement in the Peaceball. She also spent time at The Broadway School clinic, an outreach site for the Minneapolis school district's pregnant and parenting teens, and designed a project to improve chlamydia screening in at-risk young people.

**Tamara Detert, DO**, Mankato, received the Excellence in Research Award. Detert's research project examined whether or not patient participation in a

medication assistance program prevented hospitalization or emergency department visits by providing chronic illness medication.

The STFM Resident Teacher Award was presented to residents who best demonstrated interest, ability, and commitment to family medicine. This year's recipients were **Michael Broton, MD** (North Memorial); **John Flores, MD** (St. Cloud); **Lucas Hintermeister, MD** (St. John's); **Samuel Inkumsah, MD** (St. Joseph's); **Susan Keasling, MD** (Smiley's); **Sara Mitlyng, MD** (Methodist); and **Jennifer Scott, DO** (Mankato).



Far left, top row: Mike Wooten, MD, recipient of the 2008 Faculty of the Year award; middle: Shana Sniffen, MD, receives the Leonard P. Burke, MD, Memorial Award from Joe Brocato, PhD; right: Tamara Detert, DO, receives the Excellence in Research Award from Brocato.

Left: L-R, John Flores, MD, Samuel Inkumsah, MD, Jennifer Scott, DO, Sara Mitlyng, MD, Lucas Hintermeister, MD, Susan Keasling, MD, Michael Broton, MD.

## Congratulations 2008 Graduating Residents

### Mankato

Tamara Detert, DO; Heidi Olson, MD; Scott Rassbach, DO; Jennifer Scott, DO

### Methodist

Samuel Bugbee, MD; Sujata Costello, MD; Sara Mitlyng, MD; K. Michelle Ragen, MD; Julia Stobbe, MD; David Tapper, MD

### North Memorial

Christopher Antolak, MD; Michael Broton, MD; Jason Como, MD; Janice Frueh, PharmD; Aaron McCabe, DO; Rachel Nelson, MD; Thomas Pulling, MD; Shana Sniffen, MD; James Sotis, MD; Peter Yawn, MD

### Smiley's

Shazia Aslam, MD; Sara Johnson, MD; Susan Keasling, MD; Maya Miley, MD; Behnaz Movahedi, MD

### St. Cloud

John Flores, MD; Jennifer Holmes, DO; Alyas Masih, MD; Ahmed Mohamed, MD

### St. John's

Lucas Hintermeister, MD; Matthew Logan, MD; Theresa Person, MD; Daniel Soular, MD; Amanda Tembreull, MD; Yer Moua Xiong, MD

### St. Joseph's

Sally Bodensteiner, MD; Michael Hervey II, MD; Adam Hoverman, DO; Samuel Inkumsah, MD; Michael Joyce, MD; Keiichiro Narumoto, MD; Jane Peterson, MD; Sunn Sunn Htet Thaw, MD; Venkata Surya Ramani Vundamati, MD

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## Welcome 2008 PGY-1 Residents

### Mankato

Jamie Johannes, DO; Kara Nelson, MD; Tammy Olson, DO; Alex Stricker, MD; Katie Thompson, DO

### Methodist

Robyn Knutson Bueling, MD; Dan Dahl, MD; David Elsner, DO; Julie Farias, MD; Natalie Roeser, MD; Ryan Williams, DO

### North Memorial

Scott Bender, MD; Subhadra Chereddy, MD; Matthew Hall, MD; Erik Haugland, MD; Shanda Lawson, MD; Joseph Kalugdan, MD (second-year); Smriti Shrestha, MD; Holly Stenzel Taynton, DO; Khannia Thomas, MD; Sara Whitehouse, MD; Lindsay Ziechner, MD

### Smiley's

Juan Galvez-Vargas, MD; Sandeep Kalola, MD; Sankari Kasi, MD; Nadia Malik, MD; Frank Melo, MD; Parvathi Theerthakarai, MD

### St. Cloud

Priscilla George, MD; Stephanie Hemmer, DO; Melissa Keller, MD; Camille Lang, MD

### St. John's

Nathan Brever, MD; Preston Hatlestad, MD; Abigail Miller, MD; Amaris Moore, MD; Brett Salek, MD; Libby Wagner, MD

### St. Joseph's

Kashiff Kahn, MD; Patrick Knoedler, MD; Sarah Masrud, MD; Mai See Moua, MD; Ganesh Pawar, MD; Stefan Pomrenke, MD; Dawn Schreifels, MD; Tajinderpal Singh, MD



New Mankato residents at June orientation.

## World Premier Performance: Anton Chekhov

The Department of Family Medicine and Community Health and the Medical School Center for Arts and Medicine sponsored a world premier performance by Mark Nelson exploring the life and work of Anton Chekhov, author, playwright, and physician.

The event was held on May 12, 2008, at Northrop Memorial Auditorium, in conjunction with the University of Minnesota Continuing Medical

Education course, Family Medicine Update 2008. Attendees included community members, family physicians, and representatives of the Academic Health Center, Medical School, department, and Guthrie Theater.

Right: Mark Nelson performed *Anton Chekhov* at the Harvard Street Forum on May 16.



## Peru Adventures

*In April, Mark Bixby, MD, and his wife, Keelin Kane headed to the Ancash region of Peru to provide medical outreach to villagers and spend time with family. His reflections follow.*

Upon arrival in Lima, we headed directly into the Ancash region, a mountainous district north of the capitol in which my daughter and her husband are serving in the Peace Corps. We spent our first day in the village of Musho at a fiesta celebrating the completion of their major project—putting new stoves into local homes. It was quite a gathering—well over 100 people—with food for all.

Our first week was spent in medical outreach to several communities surrounding my daughter's Peace Corps site. I was "seeing" patients in houses with packed dirt floors or at a school or other building—with only my stethoscope and ability to listen (through an interpreter, of course). My daughter served as a Spanish translator, and a local



nurse helped with medical protocol. Surprisingly, they have most of the medications we prescribe in the United States. It was like 1930s diagnostics with 1990s medications—an odd combo.

While I was seeing patients, my wife and son-in-law began a campaign to treat everyone in the town and surrounding area with a drug for parasites. The goal was to treat 1000 people. I think they got close with the first dose. It will be interesting to find out how many people return for subsequent doses.

Week two was spent teaching a first-

aid course for local first responders, including junior first responders—kids ages 13-16. We used a wilderness medicine curriculum and tried to teach a system of patient evaluation based on wilderness medicine protocols. Much of the teaching was experiential.

Near the end of our second week we were joined by our other two children and headed off on several hikes to high mountain lakes. Hiking at 3000 to 4000 meters was work, even when not carrying a pack. We had a remarkable time together, meeting the second goal of our trip—having our family all together for the first time in several years.

Peru is an incredibly beautiful country—high mountains, beautiful lakes, and warm people. We feel fortunate to have been able to visit this country and participate in our daughter's Peace Corps experience. I am grateful to the department and Broadway partners for this rewarding opportunity.

Mark Bixby, MD

## New Faculty/Staff

**Dina Andreotti, MD**, attended medical school at the University of Minnesota and residency at David Grant Medical Center on Travis Air Force Base in California. Prior to joining St. John's residency program in January, Andreotti worked as assistant program director/element leader for the US Air Force, where she trained residents and managed a clinic. She is interested in asthma and clinic-based research and belongs to the American Academy of Family Physicians, Uniformed Services Academy of Family Physicians, and Minnesota Medical Association.



After living around the world for the last 12 years, Andreotti is glad to be around family again. She enjoys golfing, cooking, and wine tasting.

**Jenae Batt** joined the Program in Human Sexuality (PHS) in March to develop and implement communication strategies and outreach for PHS and the Chair in Sexual Health. Previously, Batt taught freshman composition and argument at Stephen F. Austin State University in Texas and worked as an event coordinator for Salt Lake County Center for the Arts in Utah. She began her professional career at the Columbus AIDS Task Force and later volunteered with the Madison AIDS Network. Batt earned a master of arts in English literature from Boston College.

She and her husband, Matthew, moved to St. Paul in June 2007 and have an 11-month-old son.



**Raymond Boyle, PhD, MPH**, was born and raised in Glasgow, Scotland, but moved to Minnesota in 1993. He earned a PhD in health education and an MPH in epidemiology. Boyle has worked as an independent researcher for HealthPartners Research Foundation and a heart failure clinical trial leader for Medtronic. He joined the department in April to provide clinical research support.



Boyle is married to Susan, an elementary school art teacher, and has a son, Alasdair (13), and daughter, Fallon (17). In his free time, he enjoys biking, skiing, gardening, and traveling.

**Emie Buege** rejoined the department in April to assist in the production of various communications and events and facilitate intranet development. From 2003 to 2006, she earned a bachelor of arts degree from the University of Minnesota in communication studies and leadership and worked both as an assistant to Dr. Baird and a member of the



department's communications team. Most recently, Buege held a position at UCare in public affairs and marketing.

She and her husband,

Nathan, are actively involved in their church, where he works as a member of the worship ministries team. Buege enjoys running, rollerblading, and spending time with family, friends, and her dog, Faith.

**Angela (Angie) Buffington, PhD, MA**, began working as a behavioral health clinician in the Mankato residency program in February.

Her primary research interests are differential diagnosis and primary care screening of dementia.

Buffington has published numerous articles on traumatic brain injury and geriatric neuropsychological assessment and is a member of the International Neuropsychological Association, American Psychological Association, Division 40 (Clinical Neuropsychology), and Brain Injury Association of Minnesota. Buffington earned her PhD in clinical and health psychology from Duke University and MA in rehabilitation counseling from the University of Iowa.

She is wife to Bryan and mom to Chloe (6), Samuel (3), and Evan (15 months). Her family enjoys the outdoors, bike rides, gardening, and baking/tasting.

**Kendall Choate** was born in Boston, Massachusetts, but relocated to the Midwest 12 years ago. Prior to joining the department, she worked as a pre- and



post-grant award coordinator for the Human and Molecular Genetics Center at the Medical College of Wisconsin. In May, Choate

joined the research program to assist with pre-award grant proposals and budgets.

She recently moved to Prospect Park and has one daughter, Brienna Rogers, who attends South Dakota State University.

**Christopher Fallert, MD**, was hired by the St. Joseph's residency program in April. He is a University of Minnesota Medical School and North Memorial residency program graduate.

Before joining Bethesda, Fallert performed full scope family medicine for Health-East. He's interested in serving patients, residents, and students by practicing and teaching comprehensive, evidence-based family medicine.

Fallert was born and raised in St. Paul. He lives with his wife, Pam, and three daughters—Megan, Erin, and Kira—and enjoys music and sports, especially golf, basketball, and softball.

**Bernadette Gloeb** was a distance education coordinator in the School of Public Health prior to joining the department's graduate medical education team in January.

Currently, she works with residency rotation modules, program courses, alumni surveys, and grand rounds. Gloeb earned a master of liberal studies in urban landscape from the University of Minnesota.

She enjoys gardening, reading, and volunteering at the Raptor Center.

**Bonnie Houg, PhD**, joined the Medical School's Program in Health Disparities Research staff in January. Currently, Houg is lead counselor and project coordinator of the homeless study. She earned her PhD in counseling psychology and



previously worked as a smoking cessation counselor.

Houg is married and has two grown children, a daughter and a son. She enjoys reading and writing fiction, watching sci fi, and playing cards.

**Grant Morrison, MD**, joined department faculty in January, providing care at Broadway Family Medicine and the Fairview Maple Grove Medical Center. Previously, he worked in private practices for Edina Sports Health and Wellness and Stillwater Medical Group and as a staff physician for the US Air Force in Grand Forks, North Dakota. Morrison completed medical school at the University of Washington School of Medicine and a family medicine residency and sports medicine fellowship at Hennepin

County Medical Center. He belongs to several professional associations, including the American College of Sports Medicine and American Academy of Family Physicians. Morrison's clinical interests include closed fractures, athletic injuries, joint injections, and sports physicals.

He is married to Kelly and has two children, Benjamin and Samantha. His personal interests include marathons, triathlons, cross-country skiing, computers, and novels.

**CJ Peek, PhD**, associate professor and consulting psychologist, worked as a clinician for HealthPartners Medical Group and Clinics and as an independent consultant for the department, prior to join-



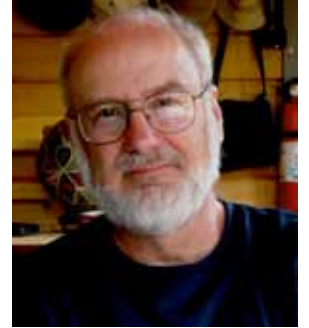
ing department faculty in January. Peek earned his PhD in clinical psychology from the University of Colorado. He has co-authored a book and several chapters and articles on the integration of mental health and medical care and on medical leadership development. Peek belongs to the Society for Descriptive Psychology, Collaborative Family Healthcare Association, and American Psychological Association and is a manuscript reviewer for *Families, Systems, and Health*.

His academic interests include care system development, organizational change and effectiveness, leadership development and interprofessional communication, behavioral medicine, and patient complexity.

Peek is married with three grown children. He enjoys playing the piano, kayaking, snorkeling, and photography.

**Krista Skorupa, MD**, attended medical school at the University of North Carolina at Chapel Hill and completed her residency at St. John's, where she returned in January to begin a faculty appointment. Most recently, she worked as a physician in the family medicine department of the Stillwater Medical Group. Skorupa is especially interested in women's health and is a member of the Association of Reproductive Health and American Academy of Family Physicians.

She is married to Scott, a biomedical engineer at Medtronic. Skorupa enjoys running, golfing, and cooking.





# Here's What's Happening

## Awards/Honors

On March 25, the American Education Research Association named **Carole Bland, PhD**, a recipient of their Distinguished Career Award. The award honors extraordinary scholarly achievement.



**Kathleen Brooks, MD, MBA, MPA**, was recently appointed associate dean for primary care at the Medical School, which includes

providing direction and leadership for the Rural Physician Associate Program (RPAP).

Department faculty with positions on the Minnesota Academy of Family Physicians (MAFP) 2008-09 board include **Pat Fontaine, MD, MS**, president-elect; **Ray Christensen, MD**, treasurer; and **Keith Stelter, MD, MMM**, alternate delegate. MAFP president, David Hutchinson, MD, appointed **David Hunter, MD**, to chair of the research and quality improvement committee.

MAFP Spring Refresher 2008 award winners included **Gwen Halaas, MD, MBA**, Teacher of the Year; **Therese Zink, MD, MPH**, Researcher of the Year; **Joanna Burns** (former RPAP student), Medical Student Award for Contributions

to Family Medicine; **Michael Hervey, MD** (St. Joseph's graduate), Resident of the Year; **Jim Boulger, PhD**, President's Award; and **Erik Kanten, MD** (former RPAP student), Physician of the Year.

On April 11, **Mike Miner, PhD**, was presented the Minnesota Association for Treatment of Sexual Abusers Professional Service Award.

**Carolyn Torkelson, MD, MS**, was named medical director of the Women's Health Center

at the University of Minnesota Medical Center, Fairview in October 2007.



## In the Media

**Macaran Baird, MD, MS**, was quoted in the January edition of *Mpls. St. Paul* magazine on the shortage of primary care doctors and in an April 27 *Star Tribune* article on the advent of doctor nurses.

In January, HealthPartners released a series of podcasts on poetry and medicine for the working professional, featuring **Nancy Baker, MD**.

**Walter Bockting, PhD**, was cited in a May 3 *Philadelphia Inquirer* story about a 9-year-old transgender student and a May 24 *Star Tribune* article on patient satisfaction with sex reassignment surgery.

In the March *Minnesota Monthly*, **Wasira Bokore, MD**, North Memorial resident, was featured in the article, "The Future of Medicine."

Duluth faculty hosts or panelists for the winter 2008 season of "Doctors on Call," a live television call-in program on Duluth's WDSE-TV PBS, included **Ray Christensen, MD, Alan Johns, MD, Jeff Adams, MD, and Ruth Westra, DO, MPH**.

**Greg Gepner, MD, and Pat Fontaine, MD, MS**, co-authored an article in January's *Minnesota Health Care News* about the various arguments for and against circumcising newborn males.

**Jon Hallberg, MD**, was featured in the March 9 *Star Tribune* for his role as an on-call physician for the local arts community and on March 11 spoke on "Midmorning" with MPR's Kerri Miller about doctors and doubt. Hallberg also serves as the medical analyst for MPR's "All Things Considered;" recent topics have included electronic medical record keeping, new guidelines for treating tobacco dependence, and the benefits of home blood pressure testing.

In January, *Mpls. St. Paul* magazine named **Jon Hallberg, MD, and Grant Morrison, MD**, among the "Top Doctors" in its 12th annual poll.

In February's *Minnesota Medicine*, **Pete Harper, MD, MPH, and David Satin, MD**, were quoted about the role of data collection in pay-for-performance programs.



L-R: Therese Zink, MD, MPH, Gwen Halaas, MD, MBA, and Joanna Burns.

**Tai Mendenhall, PhD**, was quoted in a June 2 *Pioneer Press* article about the aftermath of the Hugo tornado and featured in the January issue of *Accelerate* for his work with the Family Education and Diabetes Program.

WCCO-TV News aired an interview with **Jim Pacala, MD**, on May 11 about how muscle mass changes as the body ages.



**Bean Robinson, PhD**, was interviewed about women's sexual health issues on the May 12 KMOJ – 89.9 FM “It’s Your Health” segment.

*The New York Times* quoted **Bill Roberts, MD, MS**, in a January 3 article about athletes seeking fit doctors.

On February 27, the *MN Sun* community newsletter featured **Steven Shu, MD**, and his One Stop Medical Center, which provides services and features beyond that of a typical family medicine clinic.

The March edition of the *Association of American Medical Colleges Reporter* contained a quote from **Jen Welsh, MD**, about incorporating chronic care into the residency curriculum.

**Brian Zamboni, PhD**, appeared on Metro Cable Network Channel 6 on April 21 and was quoted in the *Colorado Daily* on May 30 regarding male patients with low sexual desire.

**Therese Zink, MD, MPH**, wrote an article about forging a relationship with a dying patient's family in the April 23/30 *Journal of the American Medical Association* and an essay illustrating one family's distrust of the medical system in February's *Minnesota Medicine*. She was also featured in Rochester's *Post Bulletin*

on June 2 about initiating conversations with patients regarding domestic violence. In the February issue of *Family Medicine*, Zink and **Emily Kroening, MD**, RPAP graduate, co-wrote an article on participating in an Amish birth.

## New Arrivals

**Macaran Baird, MD, MS**, and his wife, Kris, welcomed their first grandchild, Paxton Makai, born on February 20 to their son and daughter-in-law.



**Jim Van Vooren, MD**, and his wife, Marie, became proud grandparents to Madison Belle, born June 8.



## Scholar's Corner

### Grants

**Michele Allen, MD, MS**, received a three-year \$195,000 career development award from the American Cancer Society in July 2007 to research the feasibility of using parental education and social networking to prevent tobacco and other substance use in Latino adolescents.

In January/February 2008, ClearWay Minnesota awarded **Michele Allen, MD, MS**, an 18-month \$89,774 grant to continue researching parental intervention in substance use by Latino youth; **Kola Okuyemi, MD, MPH**, a three-year \$493,922 grant to study motivating smokers in primary care settings to utilize Minnesota Helpline; and **Jennifer Warren, PhD**, an 18-month grant \$126,863 to study mobilizing African American parents to address the dangers of secondhand smoke. **Dana Brandenburg, PsyD**, also received a \$90,000 award from ClearWay in September 2007 to administer the QUITPLAN program at Smiley's clinic.

The University of Minnesota Transdisciplinary Tobacco Research Center awarded **Sharon Allen, MD, PhD**, a one-year \$25,000 grant in September 2007 to study physical activity as an intervention for older women that smoke and **Kola Okuyemi, MD, MPH**, a one-year \$25,000 grant to develop and test a cancer-related biomarker risk assessment for African American light smokers.

In May/June 2008, NIH K12 Career Development recipients included **Jerica Berge, PhD**, and **Steve Stovitz, MD**. Berge received a Building Interdisciplinary Research Careers in Women's Health (BIRCWH) award to study home and family predictors of adolescent obesity. Stovitz will assess the inter-relationships between childhood height and obesity in prediction of young adult obesity and cardiovascular risk factors.

**Walter Bockting, PhD**, was awarded a five-year \$2,802,849 grant in June 2007 from the NIH National Institute of Child Health and Human Development (NICHD) to research gender identity and HIV risk.

In August 2007, The UCare Fund awarded **Pat Fontaine, MD, MS**, \$49,675 to create clinically useful “Healthy Weight in Pregnancy” graphs; **Pete Harper, MD, MPH**, \$50,000 to work with the Phillips neighborhood on assessment and care of arsenic-related issues; **Tai Mendenhall, PhD**, \$29,732 to evaluate a diabetes education program, engaging low-income American Indian families; **David Power, MD, MPH**, \$13,000 to explore the unique health care needs of the Karen refugee population; and **Michelle van Ryn, PhD**, \$100,000 to develop and pilot a web-based intervention intended to reduce unconscious stereotyping by medical providers.

**Pat Fontaine, MD, MS**, received a five-year \$1,304,969 award as co-investigator of a grant from the NIH NICHD in October 2007 to establish a center for Ramsey County for the National Children’s Study. The study examines environmental influences on pregnancy health and infant, child, and youth health and development.

In July 2007, **Pat Keenan, MD**, was awarded a three-year \$205,088 Minnesota Department of Health grant to perform HIV counseling, testing, and referral for high-risk persons in the North Minneapolis African American community.

The Health Resource and Services Administration awarded **Terri McCarthy, MD, MS**, a 10-month \$36,841 grant in September 2007 to continue developing an interdisciplinary geriatrics education program.

**Mike Miner, PhD**, received a three-year \$899,763 grant in September 2007 from the Centers for Disease Control and Prevention to explore models for perpetration of child sexual abuse.

In September 2007, NIH awarded **Susie Nanney, PhD**, a three-year \$543,606 grant to study the factors that influence nutritional standards in Utah schools and how those standards impact healthy eating behaviors.

The NIH National Heart, Lung, and Blood Institute presented **Kola Okuyemi, MD, MPH**, with a four-year \$3,177,164 award in September 2007 to assess the effects of motivational interviewing as a smoking intervention for homeless persons. In January 2008, Okuyemi, co-investigator, received a one-year \$132,000 grant from the American Heart Association to develop and test an educational intervention, which encourages smoking restrictions in African American households.

**Kevin Peterson, MD, MPH**, was awarded a three-year \$1,227,507 grant from the Agency for Healthcare Research and Quality (AHRQ) to support the Resource Center for Primary Care-based Research Networks in September 2007. The center will serve as the major federal source of infrastructure support to primary care practice-based research networks. Peterson also received a 15-month \$276,966 award from the AHRQ in September 2007 to develop a distributed research network and cooperative to conduct population-based studies and safety surveillance.

The NIH National Cancer Institute Transdisciplinary Research on Energetics and Cancer cross-site developmental project gave **Steve Stovitz, MD**, the following awards in September 2007: 1) a one-year \$48,810 grant to study the interaction of childhood height and BMI on the prediction of adiposity and insulin resistance and 2) a one-year \$50,000 grant, as co-investigator, to examine the effects of increasing breakfast frequency and quality on metabolic risk factors for obesity and chronic disease in adolescent Mexican American boys.

In August 2007, NIH awarded **Carolyn Torkelson, MD, MS**, co-investigator, a 22-month \$342,772 grant to examine human brain antioxidant levels as a function of age and diet using magnetic resonance spectroscopy.

**Jennifer Warren, PhD**, received two awards—a two-year \$80,000 grant from Cancer Research and Prevention in July 2007 and a three-year \$138,000 grant from the American Cancer Society in January 2008—to research a web-based intervention for African American light smokers.

## Presentations

The 2008 Family Medicine Update, a continuing medical education conference sponsored by the department, was held May 12-16 at the Radisson-University Hotel in Minneapolis. The planning committee included **Jamie Santilli, MD**, course director, **Joe Brocato, PhD**, **Kathleen Brooks, MD, MBA, MPA**, **Greg Gepner, MD**, and **Suzanne Hecht, MD**, and faculty presenters were **Pita Adam, MD, MSPH**, **Macaran Baird, MD, MS**, **Sharon Allen, MD, PhD**, **Lisa Capell, MD**, **Pat Fontaine, MD, MS**, **Jon Hallberg, MD**, **Ila Harris, PharmD**, **Suzanne Hecht, MD**, **Manuel Idrogo, MD**, **Tai Mendenhall, PhD**, **Shailey Prasad, MD, MPH**, **David Satin, MD**, **Keith Stelter, MD, MMM**, **Jen Welsh, MD**, and **Therese Zink, MD, MPH**.

In May 2008, the American College of Sports Medicine Annual Meeting was held in Indianapolis, Indiana. **Suzanne Hecht, MD**, **Rob Johnson, MD**, **Bill Knopp, MD**, **Bill Roberts, MD, MS**, **Steve Stovitz, MD**, and all four sports medicine fellows—**Heather Edwards, MD**, **Michelle Gorman, MD**, **Saul McBroom, MD**, and **Ben Olson, MD**—were among presenters; topics included marathons, body composition, professionalism in sports medicine, sport medicine emergencies, sports-related concussions and injuries, and more.

## Publications

In the 2008 edition of *Family Medicine Obstetrics*, **Pita Adam, MD, MSPH**, and **Pat Fontaine, MD, MS**, authored a chapter on neonatal resuscitation.

**Michele Allen, MD, MS**, was one of four authors of *What Research Tells Us about Latino Parenting Practices and their Relationship to Youth Sexual Behavior*, a monograph published in February by the National Campaign to Prevent Teen Pregnancy.

In the May issue of *Addiction*, **Sharon Allen, MD, PhD**, **Bruce Center, PhD**, **Deborah Finstad**, et al., authored an article on menstrual phase effects on smoking relapse. Allen and Center also wrote about craving, withdrawal, and urges prior to smoking relapse for the January issue of *Nicotine and Tobacco Research*; and, Allen contributed to an article, examining cigarette reduction as a form of intervention in adolescent smokers, published in the May issue of *Drug and Alcohol Dependence*.

**Macaran Baird, MD, MS**, wrote about redefining and implementing new models of patient care at the University of Minnesota in the May/June issue of *MetroDoctors*.

In the March issue of *Academic Medicine*, **Carole Bland, PhD**, **Anne Marie Weber-Main, PhD**, et al., authored an article on effective mentoring relationships for faculty.



In the spring issue of *FOCUS: A Guide to AIDS Research and Counseling*, **Walter Bockting, PhD**, authored an article on HIV and transgender identity.

**Kathleen Brooks, MD, MBA, MPA**, was one of several authors of an article about the state of primary care medicine in May's *Minnesota Medicine* and an article on electronic medical record implementation in the January/February edition of *MetroDoctors*.

In the March edition of *Aging, Neuropsychology, and Cognition*, **Angela Buffington, PhD**, et al. authored an article exploring the impact of time of day on episodic memory in older adults.

The World Association for Sexual Health (WAS) published *Sexual Health for the Millennium: A Declaration and Technical Document* (2008). **Eli Coleman, PhD**, was a contributing editor.

**Jamie Feldman, MD, PhD**, contributed to a chapter on primary care of transsexual men in the 2008 edition of *Clinical Men's Health: Evidence in Practice* and a chapter on medical management of transgender patients in the 2008 edition of *The Fenway Guide to Enhancing Healthcare in Lesbian, Gay, Bisexual, and Transgendered Communities*.

**Ila Harris, PharmD**, was lead author of an American College of Clinical Therapy white paper, posted to *Pharmacotherapy's* Web site in February, on developing a business-practice model for pharmacy services in ambulatory care settings.



In March's *Minnesota Physician*, **Tai Mendenhall, PhD**, **Macaran Baird, MD, MS**, **Jerica Berge, PhD**, and **Bill Doherty, PhD**, professor in family social science, presented the citizen health care model for the first time in a medical publication.

**Mike Miner, PhD**, and **Bruce Center, PhD**, authored an article on improving the measurement of criminal sexual behavior in the March issue of *Sexual Abuse: Archives of Sexual Behavior*.

In the June edition of the *International Sports Medicine Journal*, **Bill Roberts, MD, MS**, wrote about heat stress and athletic participation.

**Steve Stovitz, MD**, was one of four authors of a February *American Journal of Preventive Medicine* article examining obesity in Latino-American male youth.

Results of a Duluth-based study of a new obstetrics curriculum for medical students were published in the January edition of the *Journal of Family Medicine*. The study team included **Ruth Westra, DO, MPH**, **Jeff Adams, MD**, **Bonnie Peterson**, and **Jennifer Pearson, MD**.

In the April edition of *Cancer Epidemiol, Biomarkers, and Prevention*, **Mark Yeazel, MD, MPH**, contributed to an article on the validity of self-reported colorectal cancer screening.

**Therese Zink, MD, MPH**, was lead author of a May *Journal of Interpersonal Violence* article on characteristics of childhood sexual abuse associated with trauma symptomatology, somatization, and alcohol abuse.

Submit notice of grant awards, publications, media attention, or other news to the department's communications team. This information may be included in newsletters, annual reports, Web pages, etc. See contact information below.

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