

Title: What do I need to know about Testicular Cancer?

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Abstract:

Screening for testicular cancer screening in men is not necessary because it is a fairly rare disease with an impressively high cure rate. It is also usually found by the patient or his sexual partner without any screening exam. However, patients must be educated on how it may present so that they do go see their physician as early as possible. Some additional information on risk factors is also included.

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What do I need to know about Testicular Cancer?



What is Testicular Cancer?

Testicular Cancer is an overgrowth of cells in the testicles, which are located inside a bag of skin beneath the penis called the scrotum. Like all cancers, the abnormal cells have the potential to spread to other parts of body, causing tumors to grow in those areas as well.

Who needs to worry?

Most of these cancers are found in men ages 15-50. Very few men will develop testicular cancer, but there are some known risk factors:

- Males, ages 15-50
- Caucasian
- Undescended testicles
- Testicular atrophy (decrease in size)
- Possibly increased risk in those who have a family history of testicular cancer

What should I look for?

Most cases of testicular cancer are found by patients or their sexual partners simply by chance. The following is a list of the most common presenting symptoms — you should be evaluated by a doctor if you notice any of these, as well as if you have any other concerns about your testicles.

- Lump or swelling
- Dull or heavy ache in the abdomen, back, or groin
- Discomfort or pain in the testes or scrotum
- Sudden collection of fluid in the scrotum
- Swelling or tenderness of breast tissue

The Good News

There are very effective treatments available for this disease, including chemotherapy, radiation, and surgery. Seeking medical care as soon as you notice symptoms ensures the highest chance of successful treatment. Currently, about 95% of testicular cancers are cured.



For more info, go to:

www.cancer.gov/cancertopics/factsheet/sites-types/testicular