

[In these minutes: AHC Student Well-being Survey, AHC Code of Professional Conduct]

## **ACADEMIC HEALTH CENTER STUDENT CONSULTATIVE COMMITTEE (AHC SCC) MINUTES**

**WEDNESDAY, FEBRUARY 7, 2007**

**5:00 - 6:00 p.m.**

**488 CHILD REHAB CENTER**

[These minutes reflect discussion and debate at a meeting of a committee of the University of Minnesota Senate; none of the comments, conclusions, or actions reported in these minutes represent the view of, nor are they binding on the Senate, the Administration, or the Board of Regents.]

### **PRESENT:**

David Nelsen, Vice Chair (Medical School-2nd Year), Heidi Gluth (Medical Technology), Michael Lueneburg (Physical Therapy), Karen Myren (Medical School-Duluth), Dana Simonson (Pharmacy-Twin Cities), Sara Tomczyk (Nursing-Twin Cities).

**REGRETS:** Jeff Pinnow, Chair (Medical School-4<sup>th</sup> Year), Amenah Babar (Public Health), Maria Huh (Veterinary Medicine), Linnea Jorgensen (Nursing-Rochester), Elizabeth Welle (Occupational Therapy).

**GUESTS:** Marilyn Becker, Karen Lawson.

### **1. DISCUSSION OF AHC STUDENT WELL-BEING SURVEY**

Karen Lawson stated that in spring 2004, as a collaboration with Mayo, a survey was done of all four years of Medical students. From the results, 40-50 percent described feeling emotional burnout and depression, and issues with stress management.

This led to a discussion about what needs to be done differently for all students in the AHC, since she feels that they are sharing similar experiences. A decision was then made to offer a survey to each school or program. Most questions would be the same, but with some differences due to program. She referenced the two examples that have been developed for the Medical School and Dentistry. The purpose is to know the students' perception on getting support and using campus resources.

Each school must now decide if they want to offer this survey. The survey takes 10-15 minutes to complete on-line.

Marilyn Becker said that well-being is tied to professionalism, patient care, and personal happiness. There is literature that supports the findings from the initial survey. Based on the results, they would like to find a way to make this material a core piece of curriculum, instead of waiting for students to seek out resources.

Members then made the following comments:

- AHC students are supposed to be healthy role models for the patients they will be working with, but bad habits can develop at this time
- Most AHC students seem to be Type A personalities, so it is best to be more proactive rather than reactive
- Colleges should consider mandating all students meet with a counselor on a regular basis since most students who need services will not look for them
- Announcements could be made in each class to remind students to take the survey
- An incentive would be helpful
- Alcohol abuse should be included in the survey
- Allied Health students also struggle with this balance

It was requested that members be asked to vote via email in support of this proposal. The committee decided to take this vote and forward the results to the guests.

### **2. REVIEW OF DRAFT OF THE AHC CODE OF PROFESSIONAL CONDUCT**

David Nelsen said that Barbara Brandt had asked that members share this draft with their respective student boards and then send comments back to her or bring them to the March meeting. It was noted that shortening the document is desired, so feedback on this issue is especially requested.

### **3. OTHER BUSINESS**

David Nelsen noted that the speaker for the final agenda item, discussion of a dental insurance survey, was not present, so he suggested postponing this item until March, or circulating the information via email. With no other business, David Nelsen thanked the members for attending and adjourned the meeting.

Becky Hippert  
University Senate