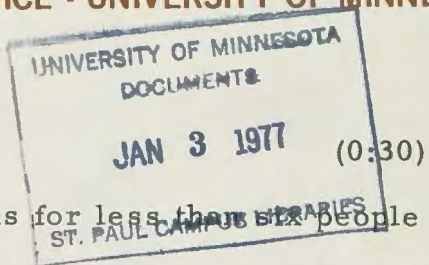


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AGRICULTURAL EXTENSION SERVICE - UNIVERSITY OF MINNESOTA •

December 30, 1976

Holidays... For The Birds



(612) 373-0710

consumer radio briefs

If you're preparing meals for less than six people consider chicken. You will probably save time, money and be free of all leftovers.

U-S Department of Agriculture marketing specialists report that broiler-fryers are plentiful right now. In fact, the supply is so large that many retail stores are putting on specials. There are about six percent more broiler-fryers this year than last.

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Grapefruit Gets Scooped

(1:00)

There should be plenty of opportunity to serve grapefruit this winter. Marketing specialists with the U-S Department of Agriculture say the crop is setting a new production record.

To give grapefruit that extra touch, scoop out the halved fruits and fill the shells with grapefruit or orange sections and other fresh fruits. Top it off with whipped cream and chopped nuts.

To scoop out a grapefruit, cut it in half and cut out each section then scrape the shells clean with a spoon. For a special effect, notch or scallop the edge with a sharp knife or kitchen shears.

Grapefruits range from white to blushing pink to ruby red. Pink and red varieties are a little sweeter than the white grapefruit.

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