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consumer radio briefs

August 3, 1973

Dry Beans

Dry beans have been on the U. S. Department of Agriculture's "plentiful foods" list every month of this year.

This means that consumers should find good supplies of dry beans at reasonable prices.

Dry beans are one of the less expensive sources of protein. University of Minnesota nutritionist Muriel Brink says beans have a good supply of iron for building block and "B" vitamins to help keep nerves, skin and eyes healthy. They are low in fat and are an energy food.

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Technique For Food Packagers

(0:35)

University of Minnesota food scientist Ted Labuza has developed a technique to determine the least expensive and best protective film to use in food packaging.

Labuza predicts that firms will be adopting this method as consumer demands increase for open dating on food products in grocery stores.

Labuza's mathematical model helps determine how fast rancidity and browning will occur in a specific food item. A food packager could use Labuza's formulation to determine what type of packaging would be needed to insure the shelf life for an item.

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