

April 6, 1973

Computer Shopping Aid

(0:25)

A computer will help Fargo-Moorhead homemakers provide better health through nutrition for their families this month.

Home economists will be stationed at four supermarkets in the area to help shoppers select nutritious food within their budget.

Among the organizations sponsoring this program, is the University of Minnesota's Agricultural Extension Service.

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UM Interior Design Specialist Says:

Don't buy a chair or sofa before you give it a "sit" test. Otherwise it may become an ornament in your home.

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Buying Nutrition

(0:10)

Save money on your food bill and serve nutrition by offering eggs at breakfast, lunch and dinner. Two eggs about equal a serving of meat in food value.

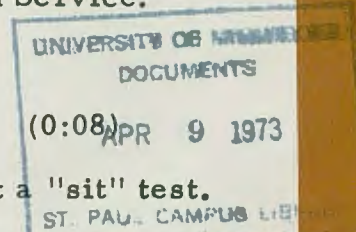
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Buying Drape Material

(0:15)

University interior design specialist Linda Reece says consumers should look for a fabric that has good draping quality when buying material for curtains and draperies. Also, make sure it won't shrink, stretch or sag and is wrinkle resistant.

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