

(for immediate release)

May 31, 1994

McCUNE EARNS GTE DISTRICT V ALL-ACADEMIC RECOGNITION--

Minnesota Golden Gopher cross country/track and field runner Lisa McCune has been named to the GTE Academic All-America District V team.

McCune, a junior from Hartford, W.I., has a 3.96 GPA and is a pre-physical therapy and Spanish major. McCune is a 1994 Big Ten All-Academic selection and was a Women's Athletics Top 5 Scholar-Athlete Award winner this spring.

On the course, McCune was one of Minnesota's top seven runners during the cross country season. On the track, McCune ran for Minnesota in front of a hometown crowd at the Big Ten Championship, which was held in Madison, W.I., near her home.





UNIVERSITY OF MINNESOTA

women's Intercollegiate Athletics

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FOR IMMEDIATE RELEASE

May 4 ,1994

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TOWNSEND RUNS NCAA AUTOMATIC QUALIFYING TIME AT PENN RELAYS--
Minnesota sophomore **LORI TOWNSEND** (CLARKSBORO, NJ/KINGSWAY) ran the second best time ever for a Gopher in the 5,000-meter run at the Penn Relays in Philadelphia on Thursday, April 28, 1994. Townsend's 16:21.96 is an automatic qualifier for the NCAA Division I Outdoor Track and Field Championships, held the first week of June at Boise State in Boise, ID. Townsend's time is also the second best run by any athlete in the Big Ten this season.



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March 23, 1994

KARNES NAMED BIG TEN SHOT PUT CHAMPION--Minnesota junior track and field athlete JOAN KARNES (LONG PRAIRIE, MN/LONG PRAIRIE), produced Minnesota's best finish at the 1994 Women's Big Ten Indoor Track and Field Championships. She won the shot put competition with a throw of 47-11 3/4. This throw earned Minnesota ten of their 41 points and was Karnes' second NCAA provisional qualifier of the season. Karnes was chosen by the women's sports information office as February's Athlete of the Month. Karnes helped Minnesota to their best-ever, fourth place, finish at the Big Ten Indoor Track and Field Championships. At the end of the regular indoor season, Karnes had the 19th best mark in the nation, however only the top 14 competed at the NCAA meet in March. Karnes' other marks of the indoor season included the third best throw in Minnesota history. Her 49-2 1/2-foot throw at the Nike Invitational was her first NCAA provisional qualifying distance and a personal record for her.

Karnes is coached by two Olympic coaches, Lynne and Colin Anderson and has high hopes for the upcoming outdoor season and the years to come.

(Photo caption): (l-r) The 1994 Big Ten Indoor shot put leaders; Minnesota's Joan Karnes (1st.) Iowa's Denise Taylor (2nd.), and Minnesota's Dani Parkos (3rd.)



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MARCH 17, 1994

University of Minnesota sophomore LORI TOWNSEND (CLARKSBORO, NJ/KINGSWAY) earned NCAA Division I All-American honors after her 10th place finish in the 5,000 meter run at the 1994 NCAA Division I Indoor Track and Field Championships held at the Hoosier Dome in Indianapolis, Ind. on March 11. Townsend's time in the race was 17:16.90. The top eight finishers in each event who are U.S. citizens are named All-Americans. Townsend also set a new school record with her performance in the 5,000 meters at the Big Ten Indoor Championships with a time of 16:34.60