

UNIVERSITY OF MINNESOTA

# Hometown News

(Special to the Argus Leader)

May 28, 1985

## ROST AGAIN NAMED TO ALL-BIG TEN TENNIS TEAM

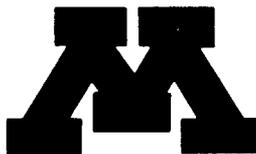
Minneapolis, Minn. -- University of Minnesota junior Nancy Rost, the 1979 South Dakota prep athlete of the year while at Sioux Falls O' Gorman High School, has been named to the all-Big Ten first-team singles squad for the second straight season. Rost recently led Minnesota to a fourth-place finish at the 1985 Big Ten Championships.

Rost, who had a 16-15 record at number one singles for the Gophers this season, also earned a spot on the all-Big Ten second-team doubles squad along with her doubles partner, Maura Bjerken. Rost and Bjerken were 14-15 at the Gophers # 1 doubles spot this season.

"It's a great honor for Nancy," Minnesota coach Jack Roach said of Rost's all-Big Ten selections. "She's been a good leader as our captain this season and she plays well in the big matches."

Rost won five state prep tennis titles while at O'Gorman High School, where she started playing tennis in the seventh grade. A Carnation Instant Breakfast All-American in high school, Rost played at the 1980 National Sports Festival, where she finished fourth individually and played on the winning team.

Rost, a broadcast communications major, is the daughter of Michael and Judy Rost of Sioux Falls.



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# Hometown News

(FOR GENERAL RELEASE)

May 28, 1985

## MARTIN LEADS GOPHER TENNIS TEAM IN VICTORIES; HELPS TEAM PLACE 4TH AT BIG TEN'S

Minneapolis, Minn. -- Former St. Paul Academy tennis star Lisa Martin led the University of Minnesota women's tennis team in singles victories for the second straight season, and helped the Gophers place fourth at the 1985 Big Ten Tennis Championships earlier this month.

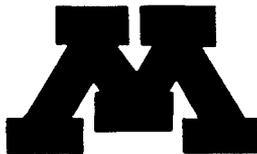
Martin, a junior, compiled a 20-10 record at number five and six singles for Minnesota this season. She had the most wins and the highest winning percentage (.667) on the squad. In her three years at Minnesota, Martin has a singles record of 63-36 (.636) and has already climbed to # 11 on the Minnesota all-time career singles list.

Martin also had the best doubles record of anyone on the team -- 10-7 (.588). That's quite a feat, considering that Martin played in only four doubles matches last season.

"Lisa finished the year strong," said Minnesota coach Jack Roach. "She made some basic changes in her game -- in her serving, and by going to the net more often -- and hopefully those changes will carry over successfully into next season."

Martin won two class A prep singles titles before graduating from St. Paul Academy in 1982. She competed at the 1982 National Sports Festival, and was the third-ranked player in the 18-and-under bracket by the Northwest Tennis Association. She also played varsity soccer at St. Paul Academy.

Martin, a political science major, is the daughter of Phillip and Sandra Martin of 3466 Chandler Road in St. Paul.



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# Hometown News

(FOR GENERAL RELEASE)

May 28, 1985

## DESPITE SETBACKS, JONES HELPS GOPHER TENNIS TEAM TO 4TH AT BIG TEN MEET

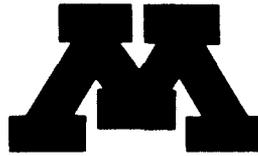
Minneapolis, Minn. -- The sophomore jinx -- disguised as a series of ailments and injuries -- played havoc with University of Minnesota tennis player Darcy Jones. But the former Masconomet High School star recovered in time to help the Gophers take fourth at the 1985 Big Ten Tennis Championships earlier this month.

Jones, a sophomore, was bothered by nagging injuries and ailments all year, finishing with a 9-16 singles record after compiling an 8-5 mark as a freshman. But she was a vital member of Minnesota's doubles teams (12-13) after playing in only 11 doubles matches as a freshman.

"Darcy made good strides in her doubles play," said Minnesota coach Jack Roach. "But she was hampered by injuries and never progressed this season as we were hoping she would."

Jones had a 62-2 singles record in four years of varsity play with the Chieftains before graduating from Masconomet in 1983. She was ranked 17th among New England juniors (18 and under) and was a member of the Salem Evening News all-star team from 1980-1983.

Jones, a business major, is the daughter of Richard and Nancy Jones of 158 River Road in Topsfield.



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# Hometown News

(Special to the Edina Sun)

May 28, 1985

## BJERKEN NAMED TO ALL-BIG TEN TENNIS TEAM

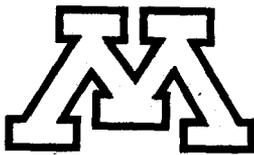
Minneapolis, Minn. -- University of Minnesota junior Maura Bjerken, a star on three Edina East High School state champion tennis teams from 1979-1981, was named to the second squad of the all-Big Ten tennis team in doubles. She recently helped the Gophers to a fourth-place finish at the 1985 Big Ten Tennis Championships for the second straight year.

Bjerken and her doubles partner, Nancy Rost, compiled a 14-15 record at the number one doubles spot for the Gophers this season. Bjerken tied for the team lead in singles victories (20) while playing most of the season at the number four, five and six positions. She finished with a 20-11 record for a winning percentage of .645.

"Maura improved tremendously over last season," said Minnesota coach Jack Roach. "Last year she was only our number eight singles player. Maura is just starting to play well. She has a lot of improvement left if continues to work hard like she has been doing."

Before graduating from Edina East in 1981, Bjerken lettered in tennis four times and in basketball three times. She was a three-time all-conference pick in tennis and she captained the basketball team twice.

Bjerken, a nursing major, is the daughter of Maurice and Shirley Bjerken of 4405 Ellsworth in Edina.



UNIVERSITY OF MINNESOTA

# Hometown News

(SPECIAL TO THE WASHINGTON COUNTY BULLETIN)

January 28, 1985

## MARTIN IS NO STRANGER TO ARDEN HILLS

Minneapolis, Minn. -- At the age of 20, University of Minnesota junior Lisa Martin is already a veteran of six annual Arden Hills Tennis Classics. That should come as no surprise, considering that Martin grew up about one mile from the club and had her first tennis lessons there. She'll be back again at the Arden Hills Tennis Classic this year -- as the top Gopher singles winner over the last two years -- from February 1-3.

Martin, a former Minnesota Class A two-time singles champion who led St. Paul Academy to three consecutive state titles from 1980-82, leads the Gophers with a .714 winning percentage (10-4) in singles matches so far this school year. Combined with her 25-13 record last year as a sophomore, Martin has 35 wins over the last two years -- more than anyone else on the team.

In fact, it was after the 1982 Arden Hills Tennis Classic that Martin, then a senior at St. Paul Academy, decided to come to the University of Minnesota. Martin was offered a scholarship after she beat one of the Gophers and took Nancy Rost (Minnesota's team captain who was then a freshman with the Gophers) to three sets before losing.

Despite her successes in that tournament and in the prep state tournaments (Martin would have become the only girl to win three straight Class A singles titles but she lost a tie-breaker in the third set of the championship match as a senior), Martin did not make a smooth transition into college play. She struggled as a freshman and played most of last year with a sore knee, but has learned to accept her role as the Gophers #5 singles player.

"It was a hard thing to adjust, going from the #1 player in high school to the #5 player in college as a freshman," Martin says. "But our team is so much tougher now than it was then. (The Gophers jumped from tenth to fourth at the Big Ten Championships from Martin's freshman to sophomore years.) The way I help our team is by being steady and consistent."

The other major adjustment Martin has had to make in college is learning to play doubles. In high school she played only singles, but this season Gopher coach Jack Roach is pairing Martin with a variety of teammates to give her a feel of doubles play.

"Lisa is basically a baseline player, without a lot of the serve and volley experience needed for doubles," Roach said. "But she is learning very steadily."

So far this year, Martin has a 3-3 record with various doubles partners. At the Arden Hills Tennis Classic, she will play singles and will be paired with teammate Darcy Jones in doubles.

A political science major, Martin competed at the 1982 National Sports Festival shortly after graduating from St. Paul Academy, and was third-ranked player in the 18-and-under bracket by the Northwest Tennis Association. She also played varsity soccer at St. Paul Academy.

Martin is the daughter of Phillip and Sandra Martin of St. Paul.