



UNIVERSITY OF MINNESOTA
Women's Intercollegiate Athletics

Hometown News

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(for use as desired)

November 14, 1990

Women's Swimming and Diving Hometown Review #1

GOPHERS UNDEFEATED IN DUAL MEETS - In a period of 15 days, from October 27 to November 10, the 19th-ranked Minnesota women's swimming and diving team defeated three Big Ten Conference teams and one non-conference opponent in dual meets. In their season opener on Oct. 27, Minnesota defeated 18th-ranked Iowa 151-148 and Indiana 153-146 in a tough double-dual meet at Iowa City. Wisconsin then fell to the Gophers at the Wisconsin Natatorium on Nov. 3, 167-133. In their home opener on Nov. 10, Minnesota defeated Mankato State 187-104.

After the Badger dual meet, Minnesota traveled to Evanston, Ill. for the Northwestern Relays on Nov. 4. With an abbreviated squad of 18 swimmers, the Gophers scored 56 points and came in fourth in a field of eight teams.

ZELLER WINS SIX - Freshman **KRIS ZELLER** (FARIBAULT, MN/FARIBAULT) has scored six victories this year and set four University Aquatic Center pool records. Three of Zeller's first places have been in the 100 breaststroke. At the intrasquad meet Zeller won and set UAC records in the 100 breaststroke with a time of 1:08.88, the 200 individual medley (2:14.89), the 200 breaststroke (2:31.75) and was on the winning 200 medley relay team (1:53.50). In Big Ten Conference competition, Zeller won the 100 breaststroke against Indiana with time of 1:07.64 and the versus the Badgers in 1:08.72.

NIEDENFUER ON WINNING TRACK - Junior **STACEY NIEDENFUER** (ALEXANDRIA, MN/JEFFERSON) has earned four first place finishes this season, splitting them evenly between individual and relay team events. At the intrasquad meet, Niedenfuer set pool records in the 50 freestyle with a time of :24.70, the 200 medley relay (1:53.50) and the 400 free relay (3:39.52). She also won the 100 freestyle against Iowa in time of :54.32.

NEWTON UNDEFEATED IN 1000 FREESYTLE - Junior **LYNN NEWTON** (INVER GROVE HEIGHTS, MN/SIMLEY) is undefeated this year in 1000 freestyle, earning four victories in the short mile. She set a UAC pool record in the 1000 freestyle with a time of 10:18.05 during the intrasquad meet. Newton scored a pair of firsts against Iowa and Indiana in the double-dual meet with a time of 10:23.62 and won the 1000 freestyle versus the Badgers with a time of 10:15.39. In the 500 freestyle, Newton set a UAC pool during the intrasquad with a time of 5:10.20 and was first in the event at Iowa with a time of 5:02.18.

RED RIVER'S HESS HELPS SET POOL RECORD - Freshman **TONYA HESS** (GRAND FORKS, ND/RED RIVER) helped set a University Aquatic Center pool record in the 200 medley relay with a time of 1:53.50 during the intrasquad meet.

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FARGO'S KABANUK WINS FIRST BIG TEN RACE - In the dual meet with Wisconsin, sophomore **KRINA KABANUK** (FARGO, ND/FARGO SOUTH) earned her first Big Ten Conference victory when she won the 500 freestyle with a time of 5:11.79. During the intrasquad meet Kabanuk helped set a University Aquatic Center pool record in the 400 free relay with a time of 3:39.52.

ANOTHER NORTH DAKOTAN - Freshman **ANDREA RUDSER** (MINOT, ND/MINOT) has had three victories this year in the 100 butterfly, with two coming against Big Ten Conference opponents. In the Iowa meet, Rudser won the 100 butterfly with a time of :59.09, was first at Wisconsin in a time of :58.80, and at the intrasquad meet she won with a clocking of :59.69.

CARLSON TRIPLES VICTORIES - Sophomore **JENNI CARLSON** (MOSINEE, WI/MOSINEE) has tripled her first place finishes from her first year as a Gopher. As a freshman, Carlson had one first place finish; this year she has had three victories since the season opened less than a month ago. In the meet with Mankato State, Carlson was first in the 50 freestyle with a time of :25.62 and was a member of the winning 200 medley relay team which clocked a time of 1:58.28. During the intrasquad meet Carlson won the 100 backstroke with a time of 1:04.31.

DAVIS MAKES NCAA ZONE DIVING CUTS - Senior diver **LISA DAVIS** (AUSTIN, MN/AUSTIN) has met the standard for the NCAA Zone Qualifying meet in both 1-meter and 3-meter diving. The zone meet will be held in March and a diver must be among the top divers at that meet to continue to the NCAA championships later in March. Davis has past the qualifying mark of 245 points twice at the 1-meter height, first at the Iowa/Indiana meet with 245.70 points and then at the Mankato State meet where she scored 249.80 points while diving exhibition. Also at the Mankato State meet, Davis scored 279.90 points in exhibition 3-meter diving, surpassing the NCAA standard of 255 points.

SUOMU 4-0 IN 200 FREESTYLE - Undefeated this year in the 200 freestyle, freshman **SUSAN SUOMU** (WAUKEGAN, IL) holds the University Aquatic Center pool record in the event with a time of 1:54.46. Suomu topped the field in the Iowa/Indiana double-dual meet in the 200 freestyle with a winning time of 1:52.95 and won the event against the Wisconsin Badgers with a time of 1:54.95. She also was victorious in the 200 backstroke at the Iowa/Indiana meet with a time of 2:11.63. Suomu also shares the UAC pool record in 400 free relay with a time of 3:39.52, set during the intrasquad meet.

HERMAN WINS AT WISCONSIN - Wisconsin native and Minnesota swimmer **LAURA HERMAN** (HALES CORNERS, WI/WHITNALL) won the 50 freestyle with a time of :24.83 in the dual meet with the Badgers. Earlier this year Herman won the 100 freestyle during the intrasquad meet in a time of :55.25.

NELSON SWEEPS DIVING - Freshman diver **LAURIE NELSON** (ETOBICOKE, ONTARIO, CANADA/SILVERTHORN) swept the 1- and 3-meter diving events in the dual meet with Mankato State. On the low board scored Nelson 214.50 points while at the 3-meter height she earned 254.05 points. Nelson was victorious during the intrasquad meet in the high board, scoring 250.40 points.

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YASIS WINS IN BADGERLAND - Sophomore **JENNIFER YASIS** (LAKE ELMO, MN/JOHNSON) won the 1-meter diving against Wisconsin with 250.80 points and qualified to compete in 1-meter diving at the NCAA Zone Diving meet in March. A diver must earn a minimum of 245 points in low-board competition to qualify for the meet. The top divers from the zone diving meet compete at the national swimming and diving championship later in March.

ROCHESTER'S B & B - A pair of Rochester, Minn. freshmen from John Marshall High School, **KRISTINA BAKER** and **JENNY BIERBAUM**, scored their first collegiate victories in the dual meet with Mankato State. Baker earned first place marks in the 100 backstroke with a time of 1:05.48 and the 100 butterfly (1:03.09). Bierbaum topped the field in the 200 backstroke with a time of 2:25.34.

RIED POPS TWO AGAINST THE MAVERICKS - Freshman **MARSHA RIED** (NEW BERLIN, WI/NEW BERLIN WEST) won the 200 freestyle with a time of 1:59.22 and was a member of the winning 200 medley relay team with a time of 1:58.28. Other members of the relay were **ANNE PETERS** (SHERWOOD, OR/SHERWOOD), **ALISON LUCAS** (LACROSSE, WI/CENTRAL) and **Jenni Carlson**.

MORE MANKATO WINNERS - In the Mankato State dual meet, **KAREN ADAMS**, (WALNUT CREEK, CA/NORTHGATE) won the 1000 freestyle with a time of 10:59.00; **MICHELLE WHALE** (MINNEAPOLIS, MN/ROOSEVELT) clocked a 1:11.69 in the 100 breaststroke for the victory; **CHANDY BARR** (LINCOLN, NE/SOUTHEAST) was victorious in the 200 breaststroke after recording a time of 2:36.13; **GRETCHEN GORDON** (NORTH ST. PAUL, MN/NORTH) won the 500 freestyle with a time of 5:23.05; and **PENNY PERMUTH** (EDINA, MN/EDINA) won the 200 butterfly after clocking a time of 2:16.50.

EASTER SHARES RECORD - Freshman **JENNY EASTER** (SHOREVIEW, MN/MOUNDS VIEW) shares the University Aquatic Center pool record in the 400 free relay after she and teammates Susan Suomu, Stacey Niedenfuer and Krina Kabanuk won the event during the intrasquad meet with a time of 3:39.52.

Minnesota Swimming and Diving Statistics - 1990-91

Dual Record: 4-0 Big Ten: 3-0

DATE	MEET	W/L	SCORE	DATE	MEET	W/L	SCORE
10/27	Iowa	W	151-148	2/1-2	WISCONSIN		
10/27	Indiana	W	153-146	2/8	Northern Michigan		
11/3	Wisconsin	W	167-133	2/9	Harvard		
11/4	Northwestern Relays	4/8 teams	56 pts.	2/21-23	BIG TEN CHAMP.		
11/10	MANKATO STATE	W	187-104	2/24	LONG COURSE INV.		
11/18	USS SENIOR INVITE				(All Big Ten Schools)		
11/30-12/2	MINNESOTA INVITE			3/8-10	USS STATE CHAMP.		
11/30-12/2	USS Open (IUPUI)			3/15-16	NCAA Zone Diving		
12/22	Training Trip Meet				(Columbus, OH)		
12/5	GOLD COUNTRY			3/21-23	NCAA Championship		
12/11	KANSAS				(Indianapolis, IN)		
12/12	Ohio State			4/3-7	USS Senior Nationals		
12/18	NEBRASKA				(Seattle, WA)		
12/25	ST. OLAF-MN			4/5-6	US Diving Prequalifying		
	CHALLENGE			4/16-20	US DIVING SENIOR		
12/26	Northwestern				NATIONALS		
2/1-2	ILLINOIS						
2/1-2	PURDUE						

Meets in CAPS at the University Aquatic Center

1990-91 University of Minnesota Top Swimming Times

Event	Name	T/S	Meet
50 Freestyle	Stacey Niedenfuer	:24.70 #	Intrasquad
100 Freestyle	Stacey Niedenfuer	:54.32	Iowa/Indiana
200 Freestyle	Susan Suomu	1:52.75	Iowa/Indiana
500 Freestyle	Lynn Newton	5:02.18	Iowa/Indiana
1000 Freestyle	Lynn Newton	10:15.39	Wisconsin
1650 Freestyle			
100 Backstroke	Penny Permuth	1:03.70	Iowa/Indiana
200 Backstroke	Linda Oegema	2:10.62 #	Intrasquad
100 Breaststroke	Kris Zeller	1:07.68	Iowa/Indiana
200 Breaststroke	Linda Oegema	2:22.97	Iowa/Indiana
100 Butterfly	Andrea Rudser	:58.80	Wisconsin
200 Butterfly	Linda Oegema	2:06.33 #	Intrasquad
200 IM	Linda Oegema	2:08.70	Iowa/Indiana
400 IM	Linda Oegema	4:25.44 #	Intrasquad
200 Free Relay	Herman, Niedenfuer	1:40.25	NW Relays
	Hop, Easter		
400 Free Relay	Hop, Oegema	3:36.66	Iowa/Indiana
	Suomu, Niedenfuer		
800 Free Relay	Suomu, Kabanuk	7:45.46	NW Relays
	Newton, Oegema		
200 Medley Relay	T. Hess, Zeller	1:51.41	Iowa/Indiana
	Rudser, Niedenfuer		
400 Medley Relay	Gunard, Zeller	4:02.99	NW Relays
	Rudser, Easter		
1-M Diving (6 dives)	Lisa Davis	249.80 &#	Mankato State
3-M Diving (6 dives)	Lisa Davis	279.80 &#	Mankato State
1-M Diving (11 dives)			
3-M Diving (11 dives)			

*Varsity Record #Pool Record @Big Ten Record %Big Ten Meet Record
 \$\$Split Time &NCAA Zone Diving qualifying !NCAA Qualifying Standard



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January 23, 1991

Women's Swimming and Diving Hometown Review #2 (for meets from 11/30/90 to 1/18/91)

THE WINNERS LANE- In steamroller-like fashion, the Minnesota women's swimming and diving team has been rolling over their opponents, compiling a 9-1 overall and a 4-0 conference dual meet record this year. Since the end of November, the Gophers have defeated Hawaii, Utah, Ohio State, Notre Dame and Nebraska in dual meets, and have decisively won the Minnesota and Gold Country Invitationals. The only dual meet loss this year for Minnesota was to Kansas, and that was by one point.

DUAL MEETS- At the end of their winter training trip in Hawaii, the Gophers defeated Hawaii 153-82, and Utah 154.5-60.5 in a double-dual meet Dec. 22. Minnesota lost their only dual meet of the year to Kansas, 150.5-149.5, Jan. 11 at the University Aquatic Center (UAC). The next day Minnesota made a quick trip to Columbus, Ohio, where they defeated Ohio State 60-53 and Notre Dame 92-21 in a double-dual meet. Nebraska visited the UAC Jan. 18 and Minnesota handed the Cornhuskers their first loss of year, 172-128.

Even with the loss, the Kansas-Minnesota meet was one of the most exciting meets of the year, with the lead changing after nearly every event. The final outcome of the competition came down to the final event, the 200 free relay. To win the meet, the Gophers had to win or take second and third in the relay, but finished second and fourth, succumbing by one point. The second-place Minnesota relay team lost by only fifteen-hundredths of a second.

INVITATIONAL WINS- The Gophers hosted two invitationals this year, winning both. In the six-team Minnesota Invitational Nov. 30-Dec. 2, the Gophers scored 1,445 points over the three-day meet, setting 10 University Aquatic Center pool records as they won 14 of 21 events.

Minnesota won the six-team Gold Country Invitational Jan 5. after scoring 1,289.5 points. Overall, the Gophers won 16 of the 17 individual and relay team events. Minnesota placed swimmers in seven of the top eight slots in the 200 freestyle.

NEWTON CONTINUES WINNING STREAK- Junior LYNN NEWTON (INVER GROVE HEIGHTS, MN/SIMLEY) dominates Minnesota and the Big Ten Conference as the top distance freestyler. Newton has won 20 of 22 starts this season in the 500, 1000 and 1650 freestyle events, as well as a pair of firsts in the 400 individual medley. She has also garnered five victories as a member of four relay teams.

At the Minnesota Invitational, Newton set a UAC pool record in the 500 freestyle with a time of 4:56.44. During the same meet, she set another pool record in the 1650 freestyle with time of 16:48.29. Newton also won the 400 individual medley (4:31.61) and was on the winning 800 free relay team (7:39.76).

In the Hawaii/Utah double-dual meet, Newton won the 500 (4:59.82) and 1000 (10:05.50) freestyles, and was on the winning 400 free relay team (3:37.77) against both opponents. At the Gold Country Invitational, she competed in events other than her specialty and was won on the wining 200 free relay team (1:42.81).

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Newton added five first place marks to her record at the Ohio State/Notre Dame double-dual meet when she won the 500 (4:49.87) and 1650 (16:44.43) against both teams and she was on the winning 800 free relay (7:44.10) against Notre Dame. Head swimming and diving coach Jean Freeman said Newton "annihilated" Ohio State's Susan Gottlieb in the 1650 free as she defeated Gottlieb, the 1990 Big Ten 1650 free champion and Big Ten Swimmer of the Year, by over 18 seconds. Gottlieb took second with a time of 17:03.39.

Against the Kansas Jayhawks, Newton won the 500 (4:59.79) and the 1000 (10:18.93) freestyle. In the Nebraska meet, she topped the field in the 500 (4:58.55) and the 1650 (16:55.96) freestyles.

THAMES JOINS TEAM- Sophomore **TRINA THAMES** (EAU CLAIRE, WI/NORTH) joined the team after fall quarter and trained with the Gophers in Hawaii. Thames, a backstroke specialist, transferred to Minnesota from the University of Pittsburgh. Head swimming coach Jean Freeman says Thames is "two seconds faster in the backstroke than any one else on the team."

In her first meet as a Golden Gopher, Thames was a member of the winning 400 medley relay team (4:00.23) against both Hawaii and Utah. At the Gold Country Invitational, Thames was the Gophers' only triple-event winner, taking the honors in the 100 backstroke (:59.27), the 50 free (:25.23) and the 100 free (:53.76).

Thames won the 100 backstroke against Kansas after recording a time of :58.56. She added three more first place marks to her record against Nebraska. Thames led the way in 100 back (:57.72), the 200 back (2:08.95) and was on the winning 400 free relay team (3:31.89).

SUOMU TOP 200-YARD BACKSTROKER- Freshman **SUSAN SUOMU** (WAUKEGAN, IL/WAUKEGAN WEST) is the Gophers top 200-yard backstroker this year, holding the two fastest times of the season with the best being 2:08.24. Suomu recorded that time and set a UAC pool record as she won the 200 backstroke at the Minnesota Invitational. She also won the 200 free (1:53.48) and was on two winning relay teams - the 200 medley relay (1:51.22) and the 400 medley relay (4:04.28) at the Minnesota Invitational.

Against Hawaii and Utah, Suomu won the 200 backstroke (2:09.81) and was a double-event winner at the Gold Country Invitation in the 500 (5:02.00) and 1,650 (17:26.41) freestyle events. Against the Fighting Irish of Notre Dame, Suomu won the 200 free (1:54.52) and was a member of the winning 800 free team (7:44.10). In the Nebraska meet, Suomu won the 200 free (1:53.32) and was on the winning 400 free relay team (3:31.89) which set a UAC pool record with their time.

NIEDENFUER VICTORIOUS- Since the end of December, junior **STACEY NIEDENFUER** (ALEXANDRIA, MN/JEFFERSON) has had 15 first-place finishes in six different events. Her biggest wins of the year came against Nebraska when she won the 50 free with a time of :24.13, defeating her opponent by eleven-one-hundredths of a second. Niedenfuer also won the 100 free with a time of :53.01, outdistancing the nearest Cornhusker swimmer by thirty-one-hundredths of a second.

At the Minnesota Invitational, Niedenfuer was on the winning 400 free relay (3:34.87) team. In the Hawaii/Utah double-dual meet, Niedenfuer won the 50 free (:24.23) and was on the winning 400 free relay (3:37.77) and the 400 medley (4:00.23) relay teams. Niedenfuer earned a pair of first places at the Ohio State/Notre Dame dual meet in the 100 free (:53.63). She also garnered first places in the 50 free (:24.52) and as a member of the 800 free relay (7:44.10) in the Notre Dame contest.

NORTH DAKOTA SWIMMER #1- Freshman **ANDREA RUDSER** (MINOT, ND/MINOT) has had 10 first place finishes since the end of November. At the Minnesota Invitational, Rudser won the 200 butterfly in both the time trials and the finals, cutting over three seconds off her trials time of 2:12.35 with her winning time of 2:09.26. Rudser set a UAC pool record at the Minnesota Invitational when she won the 100 butterfly (:58.76); and she was a member of the winning 200 medley relay team (1:51.22).

In the Hawaii/Utah dual meet, Rudser was on the victorious 400 medley relay team (4:00.23) against both opponents and won the 200 butterfly (2:09.58) against Hawaii. More relay team wins came her way at the Gold Country Invitational when she helped win the 200 medley relay (1:50.90), and at Ohio State/Notre Dame meet when she was on the victorious 400 medley relay (4:01.05) team against both schools.

NORTH DAKOTA SWIMMER #2- Sophomore **KRINA KABANUK** (FARGO, ND/SOUTH) has had five first place victories in three events against five opponents since November. She was a member of two winning 800 free relay teams, taking the honors against Notre Dame (7:44.10) and at the Minnesota Invitational (7:39.76). Kabanuk also won the 200 free (1:54.05) in the Hawaii/Utah dual meet. Her third event victory came in the 200 individual medley (2:12.23) at the Gold Country Invitational.

ZELLER ADDS RELAY TEAM POINTS- Freshman **KRIS ZELLER** (FARIBAULT, MN) has become a valued member of the both the medley and free relays teams at Minnesota. Swimming the breaststroke portion of the medley relay, Zeller has been on winning 400 medley relay teams in double-dual meets against Hawaii and Utah (4:00.23), and Ohio State and Notre Dame (4:01.05). At the Minnesota Invitational, Zeller helped her team win the 200 medley relay (1:51.22). She clocked Minnesota's fastest time of the season in the 100 breaststroke against Nebraska with a time of 1:07.27, which earned her second place.

HERMAN TOP GOPHER IN 50 FREE- Sophomore **LAURA HERMAN** (HALES CORNERS, WI/WHITNALL) leads the team this season in the 50 freestyle with a time of :24.12, which she recorded in a victory over Kansas. Also in the Kansas meet, Herman grabbed first place in the 100 free with a time of :52.72, which is Minnesota's second fastest time in that event this year.

In the Hawaii/Utah dual meet, Herman won the 100 free (:53.96) and was on the winning 400 free relay (3:37.77) against both opponents. Herman shares the UAC pool record in the 400 free with a time of 3:31.89 which was recorded against Nebraska. She was also on the winning 400 free relay team (3:34.87) in the Minnesota Invitational. Herman was on the winning 200 medley relay (1:51.22) at the Minnesota Invitational and the 400 medley relay (4:01.05) at the Ohio State/Notre Dame double dual meet.

DAVIS #1 MINNESOTA DIVER- Senior co-captain **LISA DAVIS** (AUSTIN, MN) is Minnesota's top diver this year, amassing nine first place wins since the end of November. Davis has surpassed the NCAA zone qualifying standards of 245 points in 1-meter diving and 255 points in 3-meter diving numerous times this season. Twice this year Davis has won both of the diving events in a meet. Against Kansas she scored 246.150 points on the low board and 277.950 points at the 3-meter height for a pair of wins, and in an unscored diving dual meet with Pittsburgh Dec. 22 at Boca Raton, FL., Davis won the 1-meter diving with 230.25 points, and the 3-meter event with 253.50 points.

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Davis topped the field in 3-meter diving at the Ohio State-Notre Dame double-dual meet, winning with 272.40 points. "Lisa dove steady and consistent against the Buckeyes," said head diving coach Doug Shaffer. "She's doing a great job for where we are at this time of the year." Davis' win is significant as Ohio State has been a diving power in the Big Ten for many years. At the Gold Country Invitational, Davis won the 3-meter diving with 267.70 points.

YASIS SCORES PAIR OF WINS- Sophomore **JENNIFER YASIS** (LAKE ELMO, MN) has earned two victories this season while competing in 1-meter diving. At the Gold Country Invitational, Yasis won with 248.10 points, and in the dual meet with Notre Dame, Yasis topped the field with 265.60 points. She qualified for the NCAA zone diving competition in 1-meter diving with both of those scores and has surpassed the mark of 255 points in 3-meter diving as well. In the Kansas dual meet, Yasis scored 258.60 points in a second-place finish on the high board.

NELSON SETS UAC RECORD- Freshman **LAURIE NELSON** (ETOBICOKE, ONTARIO/SILVERTHORN) set the UAC 3-meter, 11-dive record and qualified for the NCAA zone diving competition after scoring 457.20 points the Minnesota Invitational. Nelson also won the 10-meter platform diving with 348.60 points. She has also made the zone diving standard in 1-meter, 10-dive competition after scoring 405.65 points at the Minnesota Invitational. The zone diving qualifying marks are 375 points for the 1-meter, 10-dive program and 425 points for the 11-dive program on the high board.

EASTER ON WINNING RELAY TEAMS- Freshman **JENNY EASTER** (SHOREVIEW, MN/MOUNDS VIEW) has been earning her way this year as a member of three winning free relay teams. Easter was on the winning 400 free relay (3:37.77) in the Hawaii/Utah double-dual meet and again at the Minnesota Invitational (3:34.87). At the Gold Country Invitational Easter helped the 200 free relay team clock the winning time of 1:42.81.

WHALE WINS - Junior **MICHELLE WHALE** (MINNEAPOLIS, MN/ROOSEVELT) earned her first 200 butterfly triumph of the season when she won the event at the Gold Country Invitational with a time of 2:13.66.

Minnesota Swimming and Diving Statistics - 1990-91

Dual Record: 9-1 Big Ten: 4-0

DATE	MEET	W/L	SCORE	DATE	MEET	W/L	SCORE
10/27	Iowa	W	151-148	2/1-2	PURDUE		
10/27	Indiana	W	153-146	2/1-2	WISCONSIN		
11/3	Wisconsin	W	167-133	2/8	Northern Michigan		
11/4	Northwestern Relays	4/8 teams	56 pts.	2/9	Harvard		
11/10	MANKATO STATE	W	187-104	2/21-23	BIG TEN CHAMP.		
11/18	USS SENIOR INVITE	No team scoring		2/24	LONG COURSE INV.		
11/30-12/2	MINNESOTA INVITE	1/6 teams	1,445 pts.		(All Big Ten Schools)		
12/22	Hawaii	W	153-82	3/8-10	USS STATE CHAMP.		
12/22	Utah (at Hawaii)	W	154.5-60.5	3/15-16	NCAA Zone Diving		
1/5	GOLD COUNTRY	1/6 teams	1,289.5 pts.		(Columbus, OH)		
1/11	KANSAS	L	150.5-149.5	3/21-23	NCAA Championship		
1/12	Ohio State	W	60-53		(Indianapolis, IN)		
1/12	Notre Dame (@ OSU)	W	92-21	4/3-7	USS Senior Nationals		
1/18	NEBRASKA	W	172-128		(Seattle, WA)		
1/25	ST. OLAF			4/5-6	US Diving Prequalifying		
	MINN. CHALLENGE			4/16-20	US DIVING SENIOR		
1/26	Northwestern				NATIONALS		
2/1-2	ILLINOIS						

Meets in CAPS at the University Aquatic Center

1990-91 University of Minnesota Top Swimming Times

Event	Name	T/S	Meet
50 Freestyle	Laura Herman	:24.12	Kansas
100 Freestyle	Stacey Niedenfuer	:52.70	Nebraska
200 Freestyle	Susan Suomu	1:52.75	Iowa/Indiana
500 Freestyle	Lynn Newton	4:56.44 #	Minnesota Invitational
1000 Freestyle	Lynn Newton	10:05.50	Hawaii/Utah
1650 Freestyle	Lynn Newton	16.44.43	Ohio State/Notre Dame
100 Backstroke	Trina Thames	:57.72 #	Nebraska
200 Backstroke	Susan Suomu	2:08.24 #	Minnesota Invitational
100 Breaststroke	Kris Zeller	1:07.27	Nebraska
200 Breaststroke	Linda Oegema	2:22.97	Iowa/Indiana & Nebraska
100 Butterfly	Andrea Rudser	:58.68	Kansas
200 Butterfly	Linda Oegema	2:06.33 #	Intrasquad
200 IM	Linda Oegema	2:07.42	Kansas
400 IM	Linda Oegema	4:25.44 #	Intrasquad
200 Free Relay	Niedenfuer, Hop Thames, Herman	1:35.99	Kansas
400 Free Relay	Niedenfuer, Herman Suomu, Thames	3:31.89 #	Nebraska
800 Free Relay	Newton, Kabanuk Suomu, Oegema	7:39.76 #	Minnesota Invitational
200 Medley Relay	Thames, Zeller Rudser, Niedenfuer	1:48.10	Kansas
400 Medley Relay	Thames, Zeller Rudser, Niedenfuer	4:00.23	Hawaii/Utah
1-M Diving (6 dives)	Jenny Yasis	265.60 &	Ohio State/ Notre Dame
3-M Diving (6 dives)	Lisa Davis	279.80 &#	Mankato State
1-M Diving (10 dives)	Lisa Davis	420.40 &#	Minnesota Invitational
3-M Diving (11 dives)	Laurie Nelson	457.20 &#	Minnesota Invitational
10-M Platform	Laurie Nelson	348.60	Minnesota Invitational

*Varsity Record #Pool Record @Big Ten Record %Big Ten Meet Record
 \$\$Split Time &NCAA Zone Diving qualifying !NCAA Qualifying Standard



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Minneapolis, Minnesota 55455

(for immediate release)

February 27, 1991

Swimming and Diving Hometown Review No. 3

SWIMMERS AND DIVERS QUALIFY FOR NCAA CHAMPIONSHIPS—Nineteenth-ranked Minnesota has qualified to compete in 12 events at the NCAA Division I Women's Swimming and Diving Championships March 21-23 in Indianapolis, Ind. All of the qualifications came at the Big Ten championships at the University Aquatic Center Feb. 21-23. The Gophers made the entry standards in the 200 and 400 free relay events, the 200 and 400 medley relays, the 50 free, the 400 individual medley and 3-meter diving. Minnesota also made the optional entry standards in the 200 individual medley, the 200 backstroke and the 100 and 200 freestyle events.

THE RELAYS — Minnesota's 200 free relay team of sophomore **LAURA HERMAN** (HALES CORNERS, WI/WHITNALL), junior **STACEY NIEDENFUER** (ALEXANDRIA, MN/JEFFERSON), freshman **JENNY EASTER** (SHOREVIEW, MN/MOUNDS VIEW) and sophomore **TRINA THAMES** (EAU CLAIRE, WI/NORTH) made the NCAA standard with a time of 1:32.77. **Thames**, freshman **KRIS ZELLER** (FARIBAULT, MN), freshman **ANDREA RUDSER** (MINOT, ND) and Herman combined their individual specialties to make the cuts in the 200 medley relay after they clocked a combined time of 1:44.77. **Rudser**, **Thames**, and **Zeller** were joined by **Niedenfuier** in the 400 medley relay as they qualified for the NCAA championships with a time of 3:47.37. The Gophers also made the 400 free relay time standard after recording a time of 3:24.59 with the relay team of **Niedenfuier**, **Herman**, junior **DEANNE HOP** (ST. LOUIS PARK, MN) and **Thames**.

INDIVIDUAL EVENTS – The Gophers also qualified to compete in eight individual events, four by meeting the qualifying time standard and four by the optional entry standard. The optional entry standard allows swimmers to compete in an event if they have made the qualifying time standard in another event.

Trina Thames made the cut in the 100 backstroke with a time of :56.00 and the optional standard in the 200 backstroke after recording a time of 2:04.51. **Stacey Niedenfuier** made the standard in the 50 free with a time of :23.18 and the optional standard in the 100 free with a time of :50.55 and the 200 free after clocking a time of 1:49.71. Junior **LINDA OEGEMA** (DEDEMVAART, THE NETHERLANDS) qualified for the 400 individual medley with a time of 4:22.00 and made the optional entry standard in the 200 individual medley with a time of 2:04.06.

Senior **LISA DAVIS** (AUSTIN, MN) became an automatic qualifier for the NCAA championships in 3-meter diving after taking second in the event at the Big Ten championships with 490.29 points. The top two conference divers in three-meter diving automatically qualify for NCAA championships.

COACHES COMMENTS - "We qualified more relay teams and individuals for the NCAA championships than we did last year," said head coach Jean Freeman. "My pre-season goal for the team of finishing no lower than 18th at the championships has not changed." Last year, the Gophers qualified one relay team (400 medley relay) and three individuals in seven events.

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GOPHERS SECOND AT CONFERENCE CHAMPIONSHIPS- As a team, 19th-ranked Minnesota finished in second place with 556 points at the Big Ten swimming and diving championships. Seventh-ranked Michigan won its fifth consecutive and overall conference title after scoring 815 points. Northwestern, ranked 22nd, was third with 512.5 points and was followed by Purdue (431.5), Ohio State (403), 18th-ranked Iowa (305), Wisconsin (240.5), Michigan State (204), Illinois (190.5) and Indiana (161).

THREE TITLES TO MINNESOTA - The Gophers won two individual events and one relay team race at the championships. **Stacey Niedenfuer** won the 50 free with a time of 23.18, qualifying for the NCAA championships and setting a University Aquatic Center pool record. **Trina Thames** set four records in the 100 backstroke after winning the event with a time of :56.00. Thames set the Big Ten meet and all-time records as well as the UAC pool record and the Minnesota varsity record. She also qualified for the NCAA championships in the event.

Minnesota's 200 free relay team of **Laura Herman, Niedenfuer, Jenny Easter and Thames** set the Big Ten meet, Big Ten all-time, UAC pool and Minnesota varsity records when they clocked a winning time of 1:32.77. The relay also qualified for the NCAA championships.

HERMAN PLACES IN FIVE EVENTS - LAURA HERMAN (HALES CORNERS, WI/WHITNALL) scored 51.5 points after placing in five events at the conference championships. Besides being a member of the victorious 200 free relay team (1:32.77), Herman was on the second-place 400 free relay (3:24.59) team and the third-place 200 medley relay (1:44.77) team. In individual competition, she was seventh in the 50 free (:23.69) and sixth in the 100 free (:52.09). The 200 free relay team set the Big Ten meet and all-time records, the UAC pool record and the Minnesota varsity record.

NIEDENFUER SCORES 87 POINTS - STACEY NIEDENFUER (ALEXANDRIA, MN/JEFFERSON) was the top Gopher scorer at the Big Ten championships with 87 points. She was a member of the winning the 200 free relay (1:32.77), was the Big Ten champion in the 50 free (:23.18), second in the 400 medley (3:47.37) and the 400 free (3:24.59) relays, second in the 100 free (:50.62), third in the 200 free (1:49.71) and fifth in the 800 free relay (7:29.17). Niedenfuer set the Minnesota varsity and UAC pool records in the 50 free (:50.55 in preliminaries) and as a member of the 400 medley relay team. The 200 free relay team also set the Big Ten meet and all-time records, the UAC pool record and the Minnesota varsity record.

EASTER HELPS SET RELAY RECORDS - Competing in her first conference championship, freshman **JENNY EASTER (SHOREVIEW, MN/MOUNDS VIEW)** became a Big Ten champion in the 200 free relay (1:32.77) and with that win, helped set four records. The relay team broke the existing Big Ten meet and all-time records, the UAC pool record and the Minnesota varsity record.

THAMES PLACES IN SEVEN EVENTS - Sophomore transfer **TRINA THAMES (EAU CLAIRE, WI/NORTH)** placed in all seven of her events at the Big Ten championships, scoring 82 points for the Gophers. Thames set, or helped set four varsity records, two Big Ten meet and all-time records and two UAC pool records.

She set the meet and all-time conference records, the pool and varsity record in the 200 free relay (1:32.77) and the 100 backstroke (:56.00). Thames also set a varsity record in the 200 backstroke (2:02.76) preliminaries, and finished fifth in the event with a time of 2:04.51. Thames set her final record as a member of the 400 medley relay (3:47.37) team. She was also fifth in the 50 free (:23.67), second in the 400 free relay (3:24.59) and third in the 200 medley relay (1:44.77).

NEWTON PLACES IN THREE EVENTS - Junior **LYNN NEWTON** (INVER GROVE HEIGHTS, MN/SIMLEY) placed in the top eight in all of three of her individual events at the Big Ten championships. She was fourth in the 1650 free (16:35.32), fifth in the 500 free and eighth in 400 individual medley (4:32.05). Newton contributed 40 points to the Gophers final score.

SUOMU PERFORMS WELL - Freshman **SUSAN SUOMU** (WAUKEGAN, IL/WAUKEGAN WEST) scored 46 points in her first Big Ten championships after placing in one relay and three individual events. Her best showing of the meet came in the 200 backstroke (2:04.20) with a fourth-place finish. Suomu was sixth in the 200 free (1:51.16), eighth in the 500 free (4:53.74) and was on the fifth-place 800 free relay (7:29.17) team.

ZELLER SCORES IN FOUR EVENTS - Freshman **KRIS ZELLER** (FARIBAULT, MN) earned 33.5 points at the Big Ten championships after scoring in two relay and two individual events. She assisted in setting the varsity record in the 400 medley relay (3:47.37) with the relay's second-place finish, and she was also on the third-place 200 medley relay team (1:44.77). Zeller swam the breaststroke portion of both relays. She placed eighth in the 100 breaststroke (1:06.19) and was 11th in the 200 individual medley (2:07.19).

DAVIS IS TOP GOPHER DIVER - Senior co-captain **LISA DAVIS** (AUSTIN, MN) was the top-scoring Minnesota diver at the conference championships, finishing second in 3-meter diving (490.29), third in 1-meter diving (406.70) with a varsity record and 13th in platform diving (253.05). Davis' second place on the low board automatically qualified her for the NCAA championships. Overall, she scored 37 points between the three diving events.

YASIS PLACES IN THREE EVENTS - Sophomore diver **JENNY YASIS** (LAKE ELMO, MN/JOHNSON) placed in all three diving events at the conference championships, scoring 29 points for the Gophers. She was seventh in 1-meter diving (372.00), 11th in 3-meter diving (393.06) and eighth in platform diving (391.48).

NELSON SECOND IN PLATFORM DIVING - Freshman **LURIE NELSON** (ETOBICOKE, ONTARIO, CANADA) finished second in platform diving (475.46) at the Big Ten championships, setting a varsity record in the process. Nelson was also 10th in 1-meter diving (358.98).

SPIELMANN PLACES IN 3-METER DIVING - Senior **DARCYSPIELMANN** (MINNETONKA, MN/HOPKINS) placed 14th in 3-meter diving (385.20) at the conference championships. This marks the first time Spielmann has placed in the Big Ten championship.

RUDSER AIDS IN RELAY FINISHES - Freshman **ANDREA RUDSER** (MINOT, ND) helped the Gophers qualify two medley relay teams for the NCAA championships, setting a varsity record in the process. Rudser swam the butterfly portion of the 200 (1:44.77) and the 400 medley (3:47.37), with the longer relay team setting a varsity record. She also earned a 12th-place finish in the 100 butterfly (:57.86), and contributed 21.5 points towards the Gophers' overall total.

ADAMS PLACES IN TWO EVENTS - Freshman **KAREN ADAMS** (WALNUT CREEK, CA/NORTHGATE) scored twice at the Big Ten championships. Adams scored ninth in the 200 butterfly (2:04.82) and 16th in the 400 individual medley (4:35.10), contributing 10 points to Minnesota's team tally.

KABANUK SCORES AT CONFERENCE MEET - Sophomore **KRINA KABANUK** (FARGO, ND/FARGO SOUTH) scored 10 points at the Big Ten championships after placing in two events. She was on the fifth-place 800 free relay (7:29.17) team and placed 14th individually in the 200 free (1:53.27).

FREESTYLING HOP - Junior **DEANNE HOP** (ST. LOUIS PARK, MN) put her freestyle skills to use at the Big Ten swimming and diving championships, placing in two free relay events and one individual freestyle event. Hop helped the second-place 400 free relay team (3:24.59) qualify for the NCAA championships and was also on the 800 free relay team (7:29.17). Individually, Hop was 15th in the 200 free (1:53.32), and overall, earned 17.5 points for the Gophers.

LUCAS EARNS POINTS- Sophomore **ALISON LUCAS** (LaCROSSE, WI/CENTRAL) earned her first two Big Ten Conference meet points meet with a 15th-place finish in the 200 breaststroke (2:23.36).

ELDEGARD PLACES THREE TIMES - Senior **ANNE ELDEGARD** (ROVIK, NORWAY) placed in three individual events at the conference championships, placing once in the championship finals and twice in the consolation round, scoring 21 points. She placed seventh in the 400 individual medley (4:32.06), 12th in the 200 breaststroke (2:20.47) and 13th in the 100 breaststroke (1:06.34).

OEGEMA SCORES IN IM'S - Junior **LINDA OEGEMA** (DEDEMSVAART, THE NETHERLANDS) posted a pair of top eight placings in the individual medley events. She was third in the 200 I.M. (2:04.06) and fourth in the 400 I.M. (4:22.71). Oegema made the NCAA qualifying standard in the 400 I.M. after clocking a time of 4:22.00 during the preliminaries of the event.

Minnesota Swimming and Diving Statistics - 1990-91

Dual Record: 14-3 Big Ten: 6-1

Big Ten Finish: 2nd

DATE	MEET	W/L	SCORE	DATE	MEET	W/L	SCORE
10/27	Iowa	W	151-148	2/1-2	PURDUE	W	183-96
10/27	Indiana	W	153-146	2/8	Northern Michigan	W	182-114
11/3	Wisconsin	W	167-133	2/9	Harvard	L	158.5-141.5
11/4	Northwestern Relays	4/8 teams	56 pts.	2/21-23	BIG TEN CHAMP.	2nd/10 teams	556 pts.
11/10	MANKATO STATE	W	187-104	2/24	LONG COURSE INV. (All Big Ten Schools)		
11/18	USS SENIOR INVITE	No team scoring		3/8-10	USS STATE CHAMP.		
11/30-12/2	MINNESOTA INVITE	1/6 teams	1,445 pts.	3/15-16	NCAA Zone Diving (Columbus, OH)		
12/22	Hawaii	W	153-82	3/21-23	NCAA Championship (Indianapolis, IN)		
12/22	Utah (at Hawaii)	W	154.5-60.5	4/3-7	USS Senior Nationals (Seattle, WA)		
1/5	GOLD COUNTRY	1/6 teams	1,289.5 pts.	4/5-6	US Diving Prequalifying		
1/11	KANSAS	L	150.5-149.5	4/16-20	US DIVING SENIOR NATIONALS		
1/12	Ohio State	W	60-53	Meets in CAPS at the University Aquatic Center			
1/12	Notre Dame (@ OSU)	W	92-21				
1/18	NEBRASKA	W	172-128				
1/25	ST. OLAF	W	172-114				
	MINN. CHALLENGE	W	155-136				
1/26	Northwestern	L	135-108				
2/1-2	ILLINOIS	W	191-81				

1990-91 University of Minnesota Top Swimming Times

Event	Name	T/S	Meet
50 Freestyle	Stacey Niedenfuer	:23.18 \$#	Big Ten Championships
100 Freestyle	Stacey Niedenfuer	:50.55 *#+	Big Ten Championships
200 Freestyle	Susan Suomu	1:49.64	Big Ten Championships
500 Freestyle	Lynn Newton	4:51.55	Big Ten Championships
1000 Freestyle	Lynn Newton	10:03.57	Northwestern
1650 Freestyle	Lynn Newton	16:35.22	Big Ten Championships
100 Backstroke	Trina Thames	:56.00 *!#@%	Big Ten Championships
200 Backstroke	Trina Thames	2:02.76 *+	Big Ten Championships
100 Breaststroke	Kris Zeller	1:05.51	Big Ten Championships
200 Breaststroke	Alison Lucas	2:23.36	Big Ten Championships
100 Butterfly	Andrea Rudser	:57.79	Big Ten Championships
200 Butterfly	Karen Adams	2:04.82	Big Ten Championships
200 IM	Linda Oegema	2:04.06 +	Big Ten Championships
400 IM	Linda Oegema	4:22.00 +	Big Ten Championships
200 Free Relay	Herman, Niedenfuer	1:32.77 !#@%*	Big Ten Championships
	Easter, Thames		
400 Free Relay	Niedenfuer, Herman	3:24.49 !	Big Ten Championships
	Hop, Thames		
800 Free Relay	Newton, Kabanuk	7:29.17	Big Ten Championships
	Suomu, Oegema		
200 Medley Relay	Thames, Zeller	1:44.77 !	Big Ten Championships
	Rudser, Herman		
400 Medley Relay	Thames, Zeller	3:47.37 !*	Big Ten Championships
	Rudser, Niedenfuer		
1-M Diving (6 dives)	Lisa Davis	283.20 &#	St. Olaf
3-M Diving (6 dives)	Lisa Davis	295.20 &*	Harvard
1-M Diving (10 dives)	Lisa Davis	420.40 &#	Minnesota Invitational
3-M Diving (11 dives)	Lisa Davis	490.29 =*	Big Ten Championships
10-M Platform	Laurie Nelson	475.46 *	Big Ten Championships

*Varsity Record #Pool Record @Big Ten Record %Big Ten Meet Record +NCAA Optional Entry Standard
 \$Split Time &NCAA Zone Diving qualifying !NCAA Qualifying Standard =NCAA Automatic Qualifier



UNIVERSITY OF MINNESOTA
Women's Intercollegiate Athletics

Hometown News

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(for immediate release)

March 27, 1991

Swimming and Diving Hometown review #3^{4?}

MINNESOTA PLACES 18TH AT NCAA SWIMMING AND DIVING CHAMPIONSHIPS

Achieving their highest finish ever, 19th-ranked Minnesota tied for 18th-place at the NCAA Women's Swimming and Diving Championships March 21-23 in Indianapolis. The Gophers scored 45 points over the three-day meet, tying with Big Ten Conference foe Northwestern for the top 20 finish. Texas won its seventh team title in eight years.

The Gophers competed in 13 events, scoring in three of the four relays they competed in, in two of the six individual swimming events, and in two of the three diving events in which they were entered. A breakdown of the 45 points scored by Minnesota shows that the divers garnered 18 points; the relay teams, 14 points; and individual event swimmers, 13 points.

This year was the first year Gopher divers have ever placed at the NCAA championships. Former Gopher Chris Curry is the only other Minnesota diver to place at a national championship. She did that twice in 3-meter diving, first in 1981 and then again in 1982 when she won the 3-meter diving competition at the 1982 AIAW national championships.

ALL-AMERICANS - Minnesota student-athletes set a university record by earning a total of 16 all-American (2) and honorable mention all-American (14) accolades at the championships. The Gophers' previous record at a single championship, 15 all-American (1) and honorable mention all-American (14) honors, was set in 1986. Since 1974, 38 Minnesota swimmers and divers have earned 67 all-American and honorable mention all-American certificates in AIAW and NCAA national championships. At this year's championships, the top eight finalists in each event became all-Americans and ninth through 16th place earned honorable mention all-American status.

NELSON HIGHEST PLACING GOPHER - Freshman diver **LAURIE NELSON** (ETOBICOKE, ONTARIO, CANADA/SILVERTHORN) placed higher than any other Minnesota student-athlete at the championships. Nelson was fifth in platform diving, resetting her varsity record with 479.85 points. She became Minnesota's first-ever NCAA all-American in diving. Nelson also competed in 3-meter diving where she was 28th with 386.85 points.

THAMES TOP MINNESOTA SCORER - Sophomore backstroke specialist **TRINA THAMES** (EAU CLAIRE, WI/NORTH) was the top Minnesota point-getter, earning 15.5 points in four events. Thames, who joined the Gophers in December after transferring to Minnesota from Pittsburgh, earned all-American status in the 100-yard backstroke with a seventh-place time of :56.61. During the 100 backstroke preliminaries, Thames clocked a time of :56.29. She also earned honorable mention all-American status as a member the 200 medley relay (15th - 1:46.16), the 400 medley relay (14th - 3:52.52) and the 400 free relay (15th - 3:26.04). In the 50 free, Thames was 37th with a time of :24.32. She placed 30th in the 200 backstroke with a time of 2:08.33.

DAVIS SCORES ON LOW BOARD - Senior **LISA DAVIS** (AUSTIN, MN) received honorable mention honors in 1-meter diving after finishing in 13th place with 372.15 points. Davis was 23rd in 3-meter diving with 407.95 points and 26th in platform diving after scoring 229.50 points.

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OEGEMA PLACES IN 200 IM – Junior **LINDA OEGEMA** (DEDEMSVAART, THE NETHERLANDS) was 16th in the 200 individual medley after clocking a time of 2:04.24. This was the the second year in a row that Oegema earned honorable mention all-American status in the shorter individual medley. She also garnered honorable mention all-American honors as a member of the 14th-place 200 medley relay team which clocked a time of 3:52.52. In the 400 individual medley, Oegema was 19th with a time of 1:46.16.

HERMAN GAINS HONORS - Sophomore **LAURA HERMAN** (HALES CORNERS, WI/WHITNALL) was a double recipient of honorable mention all-American honors as member of the 15th-place 400 free relay (3:26.04) and 200 medley relay (1:46.99) teams. Herman was also a member of the 21st-place 200 free relay team, which clocked a time of 1:35.12.

NIEDENFUER EARNS HONORABLE MENTIONS - Junior **STACEY NIEDENFUER** (ALEXANDRIA, MN/JEFFERSON) received honorable mention all-American honors as a member of the 15th-place 400 free relay (3:26.02) and 14th-place 400 medley relay (3:52.52) teams. In the 50 freestyle, she tied for 24th with a time of :23.59 and in the 100 free, Niedenfuer was 19th with a time of :50.91. She was also on the 21st-place 200 free relay team that finished in 1:35.12. Niedenfuer was on the 200 medley relay team during the preliminaries of the event by was replaced in the finals by Laura Herman.

RUDSER DOUBLES - Freshman **ANDREA RUDSER** (MINOT, ND) was a double recipient of honorable mention all-American honors as a member of the 14th-place 400 medley relay (3:52.52) and 15th-place 200 medley relay (1:46.99) teams.

HOP PLACES ON RELAY TEAM - Junior **DEANNE HOP** (ST. LOUIS PARK, MN) received honorable mention all-American honors as member of the 400 free relay team which finished in 15th place with a time of 3:26.04.

ZELLER RECEIVES HONOR MENTION STATUS - Freshman **KRIS ZELLER** (FARIBAULT, MN) received honorable mention all-American honors as member of the 15th-place 200 medley relay team which had a time of 1:46.99. Zeller also competed on the 400 medley relay during the preliminaries of the event, but was replaced in the consolation final by Linda Oegema.

EASTER IN 200 FREE RELAY – Freshman **JENNY EASTER** (SHOREVIEW, MN/MOUNDS VIEW) was on the 21st-place 200 free relay team which clocked a time of 1:35.21 in the preliminaries of the event. Easter swam the third leg of the relay in a time of :24.43.

MINNESOTA NCAA RECAP

The Gophers By Event

Platform diving

5th	Laurie Nelson	479.85 pts.	all-American, varsity record
26th	Lisa Davis	226.50 pts.	

1-meter diving

13th	Lisa Davis	372.15 pts.	honorable mention all-American
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3-meter diving

23rd	Lisa Davis	407.95 pts.	
28th	Laurie Nelson	386.85 pts.	

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100-yard backstroke

7th Trina Thames :56.61 all-American
(:56.29 in prelims)

200-yard backstroke

30th Trina Thames 2:08.33

200 individual medley

16th Linda Oegema 2:04.24 honorable mention all-American

50 freestyle

24th Stacey Niedenfuer :23.59
30th Trina Thames :24.32

100 freestyle

19th Stacey Niedenfuer :50.91

400 individual medley

19th Linda Oegema 1:46.15

400 medley relay

3:52.52 honorable mention all-American
14th Trina Thames, Linda Oegema, Andrea Rudser, Stacey Niedenfuer

400 free relay

3:26.04 honorable mention all-American
15th Trina Thames, Laura Herman, Deanne Hop, Stacey Niedenfuer

200 medley relay

1:46.99 honorable mention all-American
15th Trina Thames, Kris Zeller, Andrea Rudser, Laura Herman

200 free relay

1:35.12
21st Stacey Niedenfuer, Laura Herman, Jenny Easter, Trina Thames

Top 20 Teams

1. Texas	746	11. Brigham Young	99
2. Stanford	653	12. Ohio State	90
3. Florida	353	13. Arizona State	89
4. California	275	14. Louisiana State	63
5. UCLA	192	15. Michigan	55
6. Southern Methodist	190	16. Ohio	53
7. Arizona	163	17. Tennessee	52.5
8. Georgia	137	18. Minnesota	45
9. Southern California	135	18. Northwestern	45
10. Miami	127	20. North Carolina	44

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Big Ten Finish: 2nd NCAA Finish: 18th (tie)

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10/27	Iowa	W	151-148	2/1-2	PURDUE	W	183-96
10/27	Indiana	W	153-146	2/8	Northern Michigan	W	182-114
11/3	Wisconsin	W	167-133	2/9	Harvard	L	158.5-141.5
11/4	Northwestern Relays	4/8 teams	56 pts.	2/21-23	BIG TEN CHAMP.	2nd/10 teams	556 pts.
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11/18	USS SENIOR INVITE	No team scoring		3/8-10	USS STATE CHAMP.		
11/30-12/2	MINNESOTA INVITE	1/6 teams	1,445 pts.	3/15-16	NCAA Zone Diving (Columbus, OH)		
12/22	Hawaii	W	153-82	3/21-23	NCAA Championship (Indianapolis, IN)	18th (t)/46 teams	45 pts.
12/22	Utah (at Hawaii)	W	154.5-60.5	4/3-7	USS Senior Nationals (Seattle, WA)		
1/5	GOLD COUNTRY	1/6 teams	1,289.5 pts.	4/5-6	US Diving Prequalifying		
1/11	KANSAS	L	150.5-149.5	4/16-20	US DIVING SENIOR NATIONALS		
1/12	Ohio State	W	60-53	Meets in CAPS at the University Aquatic Center			
1/12	Notre Dame (@ OSU)	W	92-21				
1/18	NEBRASKA	W	172-128				
1/25	ST. OLAF	W	172-114				
	MINN. CHALLENGE	W	155-136				
1/26	Northwestern	L	135-108				
2/1-2	ILLINOIS	W	191-81				

1990-91 University of Minnesota Top Swimming Times

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100 Freestyle	Stacey Niedenfuer	:50.55	*#+	Big Ten Championships
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500 Freestyle	Lynn Newton	4:51.55		Big Ten Championships
1000 Freestyle	Lynn Newton	10:03.57		Northwestern
1650 Freestyle	Lynn Newton	16:35.22		Big Ten Championships
100 Backstroke	Trina Thames	:56.00	*!#@%	Big Ten Championships
200 Backstroke	Trina Thames	2:02.76	*+	Big Ten Championships
100 Breaststroke	Kris Zeller	1:05.51		Big Ten Championships
200 Breaststroke	Alison Lucas	2:23.36		Big Ten Championships
100 Butterfly	Andrea Rudser	:57.79		Big Ten Championships
200 Butterfly	Karen Adams	2:04.59	*	USS State Championships
200 IM	Linda Oegema	2:04.06	+	Big Ten Championships
400 IM	Linda Oegema	4:22.00	+	Big Ten Championships
200 Free Relay	Herman, Niedenfuer Easter, Thames	1:32.77	!#@%*	Big Ten Championships
400 Free Relay	Niedenfuer, Herman Hop, Thames	3:24.49	!	Big Ten Championships
800 Free Relay	Newton, Kabanuk Suomu, Oegema	7:29.17		Big Ten Championships
200 Medley Relay	Thames, Zeller Rudser, Herman	1:44.77	!	Big Ten Championships
400 Medley Relay	Thames, Zeller Rudser, Niedenfuer	3:47.37	!*	Big Ten Championships
1-M Diving (6 dives)	Lisa Davis	283.20	&#	St. Olaf
3-M Diving (6 dives)	Lisa Davis	295.20	&	Harvard
1-M Diving (10 dives)	Lisa Davis	420.40	&#*	Minnesota Invitational
3-M Diving (11 dives)	Lisa Davis	490.29	=	Big Ten Championships
Platform (11 dives)	Laurie Nelson	479.85	*	NCAA Championships

*Varsity Record #Pool Record @Big Ten Record %Big Ten Meet Record +NCAA Optional Entry Standard
 \$Split Time &NCAA Zone Diving qualifying !NCAA Qualifying Standard =NCAA Automatic Qualifier