



UNIVERSITY OF MINNESOTA
Women's Intercollegiate Athletics

Hometown News

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(for use as desired)

GYMNASTICS HOMETOWN #1

January 30, 1991

GOPHERS SHOWING IMPROVEMENT GOING INTO FEBRUARY --

GOPHERS HEADING WEST AGAIN -- Beginning Friday, the Gopher women's gymnastics team will be spending its second straight weekend on the West Coast. Minnesota, ranked 25th in the Jan. 22 NACGC/W rankings, will be competing in a triangular against No. 6 UCLA and Cal-Santa Barbara Saturday at 7 p.m. at UCLA. The Gophers (2-6 overall record) are coming off a 179.35-point performance and fourth-place finish in Washington's Husky Classic.

The month of January was a rough one for the team, as five different gymnasts missed at least one meet because of injuries. Following is a meet-by-meet look at the first three weeks of Minnesota's season, with the most recent meets listed first.

WEEK 3--HUSKY CLASSIC at Seattle, Wash. (1/25)

WOLF PACES GOPHERS -- Minnesota finished fourth at Washington's Husky Classic Jan. 25 in Seattle, scoring 179.35 to finish behind UCLA (187.95), No. 20 Washington (184.15), and Seattle Pacific (182.10). Freshman **JESSICA WOLF** (OSHKOSH, WI/WEST) scored a career-high 36.80 to finish fourth all-around at Washington. She scored a personal-best 9.60 to finish third on the vault and also had scores of 9.35 on the floor exercise and a personal-best 9.25 on the uneven bars. The Gophers scored a team-high 46.05 on the vault.

KETCHER, KRALING RETURN; ZOLKOWSKI PROGRESSING -- Sophomore **DAWN KETCHER** (BROOKLYN PARK, MN/PARK CENTER), out since Dec. 28 with a hyperextended left knee, competed for the first time this season and scored 9.35 on the vault. Freshman **JENNY KRALING** (PLYMOUTH, MN/HOPKINS), who has been bothered by tendonitis in an achilles, causing her to miss two meets, competed on three events (vault, beam, floor) and had a personal-high 8.95 on the balance beam. Senior co-captain **CATHY ZOLKOWSKI** (NEEHAH, WI/ARMSTRONG-NEENAH), still recovering from an ankle sprain, competed on three events for Minnesota, including the floor exercise for the first time. She scored an 8.80 on the floor with a conservative routine. After missing the season opener at Wisconsin, **Zolkowski** competed on one event against Winona State and two at Iowa State before Saturday's meet.

JUHASZ-NAGY SHOWING CONSISTENCY -- Sophomore **MONIKA JUHASZ-NAGY** (BUDAPEST, HUNGARY/VOROSMARTY) scored 9.50 on the beam and a personal season-high 9.20 on the vault despite competing with a nagging ankle injury. She scored 36.60 all-around, the second straight time she has topped 36.00 all-around after scoring 35.15 and 34.70 in the team's first two meets.

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WEEK 2--WINONA STATE at HOME (1/20); IOWA STATE at Ames, Iowa (1/21)

MINNESOTA TOPS WINONA STATE AT HOME, IOWA STATE ON THE ROAD -- The Gophers opened their home season with a 181.75-168.45 win over Winona State on Jan. 20, the third straight year Minnesota has defeated the Warriors in the Gophers' opener. Minnesota followed that with a narrow 182.45-182.35 win over Iowa State on Jan. 21 in Ames, Iowa. It was a costly win, however, as sophomore **ZSUZSA CSISZTU** (PILISBOROSJENO, HUNGARY/VOROSMARTY) suffered her knee injury while dismounting from the beam in the team's last event of the night.

Minnesota excelled on the balance beam in both meets, scoring 46.00 on the apparatus Sunday and 46.55 Monday. The 46.55 mark is the seventh-best in school history and the best-ever for Minnesota at this stage of the season. The Gophers also posted season-high vault (45.90) and uneven bars (45.70) scores against the Cyclones. Minnesota's strongest events in recent years have been the vault and floor exercise, so the team's early-season beam efforts bode well for the future.

CSISZTU ROLLS TO TWO MORE ALL-AROUND TITLES -- One of the hottest starts ever by a Gopher gymnast came to an abrupt halt Monday when **Csisztu** was injured. After making her debut with an all-around win in Wisconsin's four-team invitational on Jan. 12, the sophomore scored a season-high 37.95 to take all-around honors against Winona State Sunday and 37.50 to win the all-around at Iowa State on Monday. Her scores included her second straight 9.70 on the balance beam and a season-high 9.50 on the floor exercise Sunday and a season-high 9.60 on the bars Monday. Against Winona State, **Csisztu** was first on the bars, beam and floor exercise, and against Iowa State she was first on the vault and bars.

WOLF, McCONNELL MAKING THEIR MARK -- **Wolf** and freshman **KELLY McCONNELL** (FORT LAUDERDALE, FL/ST. THOMAS AQUINAS) have been improving rapidly and putting up the scores to prove it. **Wolf** finished second all-around with a 36.65 score against Winona State that included a team-best 9.55 on the vault and a 9.45 on the floor exercise. **McConnell** consistency has been instrumental in the team's emergence on the beam. She scored 9.55 on the beam Monday after posting identical 9.25 scores in her first two outings on the event. She had a personal-best 35.95 all-around score against Iowa State.

ALLSTADT, JUHASZ-NAGY COMING ON -- Sophomores **KRISTIN ALLSTADT** (APPLE VALLEY, MN) and **Juhasz-Nagy** have made important contributions to Minnesota's steadily improving team scores. **Allstadt** scored a career-best 35.90 all-around against Winona State, including a 9.30 on the floor exercise, and came back with another 9.30 on the floor and a 9.30 on the vault the next night. **Juhasz-Nagy**, after a slow start in Minnesota's first two meets, hit a career-best 9.55 on the beam at Iowa State as well as a personal-season high 9.45 on the uneven bars.

WEEK 1--WISCONSIN QUADRANGULAR at Madison, Wis. (1/12)

CSISZTU WINS ALL-AROUND IN DEBUT, GOPHERS SET SCHOOL RECORD -- Sophomore transfer **ZSUZSA CSISZTU** (PILISBOROSJENO, HUNGARY/VOROSMARTY) opened her collegiate career with a flourish, scoring 37.85 to win the individual all-around at Wisconsin's four-team invitational in Madison, Wis. on Jan. 12. **Csisztu** finished first on the balance beam with a 9.70, tied for first on the bars with a 9.55 and tied for third on the vault with a 9.50. **Csisztu's** beam score tied for the seventh-highest ever by a Minnesota gymnast. Only former Gophers Marie Roethlisberger (three times) and Shelley Brown (once) and current Gopher **KATHY NESS** (COON RAPIDS, MN) (twice) have ever scored higher on the beam for Minnesota.

(Wisconsin quadrangular--continued)

The Gophers finished fourth as a team but scored a school-opening meet record 179.25 despite having three gymnasts injured and unable to compete. Wisconsin won the meet with a 184.80 score, upsetting #8 Arizona, which scored 184.60. Michigan, which finished third with a 179.90, defeated Minnesota for the first time since 1982. The Gophers had beaten Michigan in 11 straight meets prior to the opening-meet loss.

INDIVIDUAL NOTES -- Three Minnesota freshmen made their Gopher debuts in the meet. **McConnell** scored 35.40 all-around, including a 9.25 on the balance beam. **Wolf** scored 35.20 all-around, including a 9.30 on the vault and a team-leading 9.40 on the floor exercise. **Kraling** competed on three events with her top score an 8.85 on the floor exercise. Among the returners, **Allstadt** scored 35.10 all-around and had scores of 9.20 on the vault and 9.15 on the balance beam. **Juhasz-Nagy** scored 35.15 all-around with her best score being a 9.15 on the floor exercise.

INJURY REPORT -- **Csisztu** has not made a definite decision yet as to whether to have surgery on her right knee (anterior cruciate ligament tear). She expects to make a decision after consulting with doctors and coaches in Hungary in addition to the Minnesota staff... **Zolkowski** (ankle) is almost ready to go all-around; she has steadily increased her workouts... **Kraling** (achilles tendonitis) is available for competition... **Ketcher** may compete on three events (vault, bars, beam) in Minnesota's Feb. 2 meet at UCLA... **Ness** (right knee tibial plateau fracture) is progressing well and may be allowed to begin putting pressure on the injured knee in two weeks.

WOMEN'S ATHLETIC DEPARTMENT ATHLETE OF THE MONTH -- **Csisztu** has been chosen the women's athletic department's athlete of the month for January by the sports information office. **Csisztu** won the all-around in all three meets she competed in before suffering an anterior cruciate ligament tear in her right knee while dismounting from the balance beam in the last of those meets, a Jan. 21 dual at Iowa State. In the three meets, **Csisztu** had 10 of a possible 15 first place finishes, one second-place finish and one third-place finish. In the season opener at Wisconsin, she was first in the all-around (37.85), first on the beam (9.70), tied for first on the bars (9.55), and tied for third on the vault (9.50). In the home opener against Winona State, she was first in the all-around (37.95), bars (9.55), beam (9.70) and floor exercise (9.70) and second in the vault (9.20). At Iowa State, she was first in the all-around (37.50), vault (9.45) and bars (9.60). **Csisztu's** top all-around score (37.95) ranked first in the Big Ten, fourth in the NCAA Central Region and 16th in the country in the Jan. 23 NACGC/W rankings. Her top balance beam score (9.70) ranked 11th in the country. Only three Gophers have ever scored higher than 9.70 on the balance beam. **Csisztu** was named the *Minnesota Daily* female athlete of the week for two consecutive weeks.

DID YOU KNOW? -- The 1992 NCAA Women's Gymnastics Championships will be in St. Paul, Minn. on April 24-25, 1992. It will be first time that the University of Minnesota has played host to the national championship in women's gymnastics.

Former Gopher Marie Roethlisberger, who won last year's NCAA uneven bars title, was not the only women's national gymnastics champion to compete at Williams Arena last year. NCAA all-around champion Dee Dee Foster of Alabama competed twice at Williams Arena in 1990. A third NCAA individual champion, Joy Selig of Oregon State, last year's balance beam and floor exercise champion, also competed at Williams Arena.

Three "perfect 10.0's" have been scored in NCAA collegiate women's gymnastics history. The first was by Oklahoma's Kelly Garrison-Steves (balance beam) at the 1988 NCAA Midwest regional, the second was by Georgia's Lucy Wener (uneven bars) at the 1989 NCAA championships, and the third was this season by Florida's Pam Titus (floor exercise) in a dual meet against Auburn on Jan. 25.

1991 UNIVERSITY OF MINNESOTA WOMEN'S GYMNASTICS SUMMARY

W/L	Overall	2-6	Dual	2-0	Invitationals	0-6	Home	1-0	Away	1-6	Big Ten	0-2
DATE	OPPONENT	TEAM SCORE		VAULT		BARS		BEAM		FLOOR		
		MINN	OPP	MINN	OPP	MINN	OPP	MINN	OPP	MINN	OPP	
1/12	at Wisconsin Inv.	179.25		45.70		43.35		44.90		45.30		
	Wisconsin		184.80		46.35		46.55		45.30		46.60	
	Arizona		184.60		46.80		45.75		45.05		47.00	
	Michigan		179.90		43.95		45.30		43.95		45.10	
1/20	WINONA STATE	181.75	168.45	45.60	43.70	44.75	39.75	46.00	41.35	45.40	43.65	
1/21	at Iowa State	182.45	182.35	45.90	46.20	45.70	44.70	46.55	44.65	44.30	46.80	
1/25	at Washington Inv.	179.35		46.05		44.55		44.15		44.60		
	UCLA		187.95		47.30		46.20		47.35		47.10	
	Washington		184.15		45.50		45.95		46.70		46.00	
	Seattle Pacific		182.10		46.25		46.45		43.95		45.45	
2/2	at UCLA Inv.											
	UCLA											
	Cal-Santa Barbara											
2/9	at Alabama Inv.											
	Alabama											
	Auburn											
	Arizona St.											
2/11	NEBRASKA											
2/16	WASHINGTON											
2/24	OHIO STATE											
3/3	MISSOURI											
3/8	at Florida Inv.											
	Florida											
	Penn State											
	William & Mary											
3/17	IOWA STATE											
3/22-23	at Big Tens											
	Illinois											
	Michigan State											
	Wisconsin											
	Ohio State											
	Michigan											
	Iowa											
4/6	at NCAA regional											
Raw Average		180.70	181.79	45.81	45.76	44.59	45.08	45.40	44.79	44.90	45.96	

Regional Qualifying Score*: National Qualifying Score&:

*The regional qualifying score (RQS) equals the average of the best five team scores of the season, and must include two home and two away scores. Seven teams qualify for the regional.

&The national qualifying score (NQS) is computed by doubling the actual team score achieved at regionals, adding the RQS, and dividing by three. Twelve teams qualify for nationals with the five regional winners receiving automatic bids and the other seven teams making it based on RQS.

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
VAULT										
Season best	9.30	9.50	9.20	9.35	8.55	9.15	8.95		9.60	
Raw average	9.06	9.38	9.06	9.35	8.52	9.10	8.87		9.31	
Career best	9.35	9.50	9.775*	9.70	8.55	9.25	8.95	9.10	9.60	9.775*
BARS										
Season best	8.90	9.60	9.45			9.05	9.15		9.25	8.65
Raw average	8.67	9.57	8.94			8.35	8.76		8.71	8.62
Career best	8.90	9.60	9.70	9.20		9.35	9.15	9.65	9.25	9.40
BEAM										
Season best	9.15	9.70	9.55		8.95		9.55		9.15	9.40
Raw average	8.85	9.57	9.04		8.52		9.09		8.62	8.97
Career best	9.40	9.70	9.55	9.35	8.95	9.00	9.55	9.80	8.70	9.60
FLOOR										
Season best	9.30	9.50	9.15		8.85		8.80		9.45	8.80
Raw average	8.96	9.25	8.79		8.47		8.61		9.26	8.80
Career best	9.60	9.50	9.40	9.60	8.85	9.15	8.80	9.40	9.45	9.75
ALL-AROUND										
Season best	35.90	37.95	36.85				35.95		36.80	
Raw average	35.38	37.77	35.82				35.65		35.91	
Career best	35.90	37.95	36.85	37.40		35.85	35.95	37.45	36.80	37.95

Regional average
National average

1991 INDIVIDUAL & TEAM HIGHS BY EVENT --

VAULT -----	Jessica Wolf	9.60	at Washington Invite 1/25/91
UNEVEN BARS -----	Zsuzsa Csisztu	9.60	at Iowa State 1/21/91
BALANCE BEAM -----	Zsuzsa Csisztu	9.70	vs. Winona State 1/20/91
	Zsuzsa Csisztu	9.70	at Wisconsin Invite 1/12/91
FLOOR EXERCISE -----	Zsuzsa Csisztu	9.50	vs. Winona State 1/20/91
ALL-AROUND -----	Zsuzsa Csisztu	37.95	vs. Winona State 1/20/91
VAULT -----	46.05		at Washington Invite 1/25/91
UNEVEN BARS -----	45.70		at Iowa State 1/21/91
BALANCE BEAM -----	46.55		at Iowa State 1/21/91
FLOOR EXERCISE -----	45.40		vs. Winona State 1/20/91
ALL-AROUND -----	182.45		at Iowa State 1/21/91

*tie for school record

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
VAULT										
1/12 at Wisconsin Inv.	9.20	9.50	8.80		8.55		8.90		9.30	
1/20 WINONA STATE	9.00	9.20	9.10				8.75		9.55	
1/21 at Iowa State	9.30	9.45	9.15			9.05	8.95		8.80	
1/25 at Washington Inv.	8.75		9.20	9.35	8.50	9.15			9.60	
2/2 at UCLA Inv.										
2/9 at Alabama Inv.										
2/11 NEBRASKA										
2/16 WASHINGTON										
2/24 OHIO STATE										
3/3 MISSOURI										
3/8 at Florida Inv.										
3/17 IOWA STATE										
3/22 at Big Tens										
3/23 (Finals)										
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	9.06	9.38	9.06	9.35	8.52	9.10	8.87		9.31	

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
BARS										
1/12 at Wisconsin Inv.	8.45	9.55	8.65			7.90	8.45		8.25	
1/20 WINONA STATE	8.65	9.55	8.70			9.05	8.80		8.50	
1/21 at Iowa State		9.60	9.45			7.65	9.15		8.85	8.65
1/25 at Washington Inv.	8.90		8.95			8.80	8.65		9.25	8.60
2/2 at UCLA Inv.										
2/9 at Alabama Inv.										
2/11 NEBRASKA										
2/16 WASHINGTON										
2/24 OHIO STATE										
3/3 MISSOURI										
3/8 at Florida Inv.										
3/17 IOWA STATE										
3/22 at Big Tens										
3/23 (Finals)										
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	8.67	9.57	8.94			8.35	8.76		8.71	8.62

1991 Minnesota Women's Gymnastics Summary

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through 1/25/91

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
BEAM										
1/12 at Wisconsin Inv.	9.15	9.70	8.55		8.10		8.80		9.40	
1/20 WINONA STATE	8.95	9.70	8.55				9.25		9.15	8.95
1/21 at Iowa State	8.75	9.30	9.55				9.55		8.50	9.40
1/25 at Washington Inv.	8.55		9.50		8.95		8.30		8.60	8.55
2/2 at UCLA Inv.										
2/9 at Alabama Inv.										
2/11 NEBRASKA										
2/16 WASHINGTON										
2/24 OHIO STATE										
3/3 MISSOURI										
3/8 at Florida Inv.										
3/17 IOWA STATE										
3/22 at Big Tens										
3/23 (Finals)										
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	8.85	9.57	8.94		8.52		9.09		8.62	8.97

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
FLOOR										
1/12 at Wisconsin Inv.	8.30	9.10	9.15		8.85		8.80		9.40	
1/20 WINONA STATE	9.30	9.50	8.35				8.80		9.45	
1/21 at Iowa State	9.30	9.15	8.70				8.30		8.85	
1/25 at Washington Inv.	8.95		8.95		8.10		8.55		9.35	8.80
2/2 at UCLA Inv.										
2/9 at Alabama Inv.										
2/11 NEBRASKA										
2/16 WASHINGTON										
2/24 OHIO STATE										
3/3 MISSOURI										
3/8 at Florida Inv.										
3/17 IOWA STATE										
3/22 at Big Tens										
3/23 (Finals)										
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	8.96	9.25	8.79		8.47		8.61		9.26	8.80



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GYMNASTICS HOMETOWN #2

February 27, 1991

GOPHERS GEARING UP FOR BIG TENS -- The Minnesota women's gymnastics team has been steadily improving its team scores, reaching 186.00, 186.05 and 186.90 in the team's last three meets. The Gophers will be hoping to continue the progression when 16th-ranked Missouri visits for a 2 p.m. dual meet on Sunday. The meet may be Minnesota's last home meet of the year as a scheduled March 17 dual with Iowa State still remains tentative due to a finals week conflict. The Gophers have one other meet scheduled prior to the March 22-23 Big Ten championships, that being a March 8 meet at Florida.

OPPONENT NOTES --

DORN LEADS MISSOURI INTO WILLIAMS ARENA -- Twelfth-year Missouri head coach Jake Jacobson will be looking to three native Minnesotans, including senior all-American **Julie Dorn** of Minnetonka, to help Missouri topple the Gophers. Dorn, who competed at Gopher coaches Katalin and Gabor Deli's Olympic Gymnastics Academy prior to college, finished sixth in the vault at last season's NCAA championships with a 9.625 and tied for fourth in the floor exercise with a 9.825. Other Twin Cities natives competing for Missouri are juniors **Debbie Levin** of Minneapolis and **Jennifer Sand** of Burnsville. **SERIES --** The Gophers lead 7-4 and have won three in a row, including a 188.65-185.075 win in last season's NCAA Central regional.

MINNESOTA EDGES OHIO STATE IN TV MEET -- Gopher senior **CATHY ZOLKOWSKI'S** (NEENAH, WI/ARMSTRONG-NEENAH) 9.45 on the floor exercise in the final routine of Minnesota's dual meet with Ohio State gave the 25th-ranked Gophers a 186.90-186.80 win over the 26th-ranked Buckeyes Sunday at Williams Arena. KITN-Ch. 29 taped the meet and will be broadcasting highlights from 10-11 a.m. on Saturday, March 9.

The score was tied at 139.75 going into the meet's final rotation, the floor exercise. The teams alternated on each event throughout the meet because the meet was being taped for television. After Ohio State scored 47.05 in the floor exercise, the Gophers four highest scores were 9.30, 9.50, 9.30 and 9.60 going into **Zolkowski's** routine, meaning she needed to score at least a 9.40 to win. **Zolkowski** landed her double back on her opening tumbling run and despite stepping out of bounds, scored a 9.45 to give the Gophers the victory.

Minnesota set season highs in both vaulting (47.30) and floor exercise (47.15) in the meet.

INDIVIDUAL NOTES -- **Zolkowski** scored 37.45 to finish second all-around behind Ohio State's Claire Wilson and also scored a personal-season best 9.50 on the vault. Sophomore **KRISTIN ALLSTADT** (APPLE VALLEY, MN) was performing before a "Hometown Day" (referring to the women's athletic department's promotional campaign) crowd and she responded with a season-best 9.50 on the floor exercise and a career-best 9.25 on the uneven bars. Sophomore **DAWN KETCHER** (BROOKLYN PARK, MN/PARK CENTER) equaled her season best in vaulting (9.50) and competed for the first time in the floor exercise, scoring a 9.10. Junior **IKA LINDHOLM** (WINNETKA, IL/LYONS TOWNSHIP) scored a personal-season best 9.20 on the uneven bars.

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FRESHMEN SHINING FOR GOPHERS -- The three Gopher freshmen all came through in a big way against the Buckeyes. Freshman **JESSICA WOLF** (OSHKOSH, WI/WEST) scored a team-season best 9.70 with her handspring front vault and tied **Zolkowski's** team season high on the floor exercise (9.60). Freshman **KELLY McCONNELL** (FORT LAUDERDALE, FL/ST. THOMAS AQUINAS) had team highs in both the uneven bars (9.40) and balance beam (9.50). Freshman **JENNY KRALING** (PLYMOUTH, MN/HOPKINS) scored personal season highs on the balance beam (9.40) and floor exercise (9.30).

MINNESOTA TURNS TABLES AGAINST WASHINGTON, FALL TO 'HUSKERS -- The Gophers hit the 186 mark for the second straight meet in a 186.05-185.65 win over visiting Washington on Feb. 16 at Williams Arena. The Gophers' uneven bars (46.50) score was a team season best. On Feb. 11, the Gophers were edged 186.25-186.00 by Nebraska in a Monday dual at Williams Arena. Minnesota scored a season-best 46.85 on the balance beam in the meet against the 'Huskies.

WOLF HITS HIGHS; IS ONE OF BIG TEN'S TOP-SCORING FROSH -- Wolf scored a career-best 37.55 all-around against Washington, finishing second to the Huskies' Shylo Milner, who scored 38.05 to take all-around honors. Wolf won the vault with a 9.65 in the Washington meet after hitting a 9.60 in the vault against Nebraska. Among her other top scores in the two meets were a 9.50 on the balance beam against Nebraska, a 9.50 on the floor exercise against Washington, a 9.40 on the floor against Nebraska and a 9.40 on the bars against Washington. Wolf's all-around high is among the best by Big Ten freshmen this season.

MINNESOTA REACHES SEASON HIGH ROAD MARK AT ALABAMA -- The Gophers traveled to Tuscaloosa, Ala., the site of the 1991 NCAA championships, for a Feb. 9 quadrangular against third-ranked Alabama, No. 9 Arizona State and No. 10 Auburn. And although Minnesota finished fourth in the meet, the Gophers team mark of 183.75 was a road season high. Alabama won the meet with a 192.00 score, Arizona State was second (188.85), and Auburn was third (186.75).

GOPHERS FINISH SECOND IN UCLA INVITE -- Minnesota scored 179.30 and finished second in UCLA's triangular meet on Feb. 2 in Los Angeles. UCLA won the meet with a 189.70 score and Cal-Santa Barbara was third with a 174.25. The Gophers scored 46.10 in vault competition, but falls kept Minnesota below 45.00 on all other events. Wolf finished second in the meet with a team-leading 36.20 all-around score and also finished second in vaulting with a 9.50. Ketcher tied for third in vaulting with a 9.45.

ALLSTADT, JUHASZ-NAGY, ZOLKOWSKI KEY TEAM'S IMPROVEMENT -- The steady all-around performances by Allstadt and sophomore **MONIKA JUHASZ-NAGY** (BUDAPEST, HUNGARY/VOROSMARTY) and **Zolkowski** have been important to the Gophers' rising team scores. Allstadt has all-around scores of 36.90, 37.00 (a career best), and 36.85 in her last three meets, while **Juhasz-Nagy** has averaged 37.04 all-around in her last four meets. **Zolkowski** has reached the 37.00 mark in each of the last three meets, scoring 37.50, 37.00 and 37.45 and had a season-high 9.60 on the floor exercise against Nebraska. Allstadt's 37.00 was a career best, as was her 9.50 beam score against Nebraska.

MORE SCORES -- **Juhasz-Nagy** scored a career-best 37.35 all-around at Alabama, tying for sixth all-around in the meet. Among her scores were a 9.50 on the vault, 9.45 on the balance beam and 9.40 on the floor exercise. **Ketcher** is averaging 9.42 on the vault after scoring 9.50 in the event in each of the last two meets. **Lindholm** has topped the 9.0 mark on the bars in each of the last four meets, scoring 9.05, 9.15, 9.05, and 9.20. **McConnell** leads the team in uneven bars and balance beam averages (among those who have competed in four or more meets), with averages of 9.04 and 9.22, respectively.

1991 UNIVERSITY OF MINNESOTA WOMEN'S GYMNASTICS SUMMARY

W/L Overall 5-11 Dual 4-1 Invitationals 1-10 Home 3-1 Away 2-10 Big Ten 1-2

DATE	OPPONENT	TEAM SCORE		VAULT		BARS		BEAM		FLOOR	
		MINN	OPP	MINN	OPP	MINN	OPP	MINN	OPP	MINN	OPP
1/12	at Wisconsin Inv.	179.25		45.70		43.35		44.90		45.30	
	Wisconsin		184.80		46.35		46.55		45.30		46.60
	Arizona		184.60		46.80		45.75		45.05		47.00
	Michigan		179.90		43.95		45.30		43.95		45.10
1/20	WINONA STATE	181.75	168.45	45.60	43.70	44.75	39.75	46.00	41.35	45.40	43.65
1/21	at Iowa State	182.45	182.35	45.90	46.20	45.70	44.70	46.55	44.65	44.30	46.80
1/25	at Washington Inv.	179.35		46.05		44.55		44.15		44.60	
	UCLA		187.95		47.30		46.20		47.35		47.10
	Washington		184.15		45.50		45.95		46.70		46.00
	Seattle Pacific		182.10		46.25		46.45		43.95		45.45
2/2	at UCLA Inv.	179.30		46.10		43.50		44.75		44.95	
	UCLA		189.70		46.85		47.55		47.50		47.00
	Cal-Santa Barbara		174.25		45.05		44.60		40.25		44.35
2/9	at Alabama Inv.	183.75		46.70		45.45		45.40		46.20	
	Alabama		192.00		47.25		48.25		48.25		48.25
	Arizona St.		188.85		46.25		47.15		48.00		47.45
	Auburn		186.75		47.35		46.65		45.60		47.15
2/11	NEBRASKA	186.00	186.25	46.75	46.45	45.70	46.35	46.85	46.75	46.70	46.70
2/16	WASHINGTON	186.05	185.65	47.10	45.85	46.50	46.45	46.10	46.00	46.35	47.35
2/24	OHIO STATE	186.90	186.80	47.30	45.70	46.30	46.85	46.15	47.20	47.15	47.05
3/3	MISSOURI										
3/8	at Florida Inv.										
	Florida										
	Penn State										
	William & Mary										
3/17	IOWA STATE										
3/22-23	at Big Tens										
	Illinois										
	Michigan State										
	Wisconsin										
	Ohio State										
	Michigan										
	Iowa										
4/6	at NCAA regional										
Raw Average		182.76	184.06	46.36	46.05	45.09	45.91	45.65	45.49	45.66	46.43

Regional Qualifying Score*: 185.03 National Qualifying Score&:

*The regional qualifying score (RQS) equals the average of the best five team scores of the season, and must include two home and two away scores. Seven teams qualify for the regional.

&The national qualifying score (NQS) is computed by doubling the actual team score achieved at regionals, adding the RQS, and dividing by three. Twelve teams qualify for nationals with the five regional winners receiving automatic bids and the other seven teams making it based on RQS.

1991 Minnesota Women's Gymnastics Summary

2-2-2-2

through 2/24/91

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
VAULT										
Season best	9.30	9.50	9.50	9.50	8.55	9.15	8.95		9.70	9.50
Raw average	9.06	9.38	9.20	9.42	8.52	8.96	8.87		9.47	9.34
Career best	9.35	9.50	9.775*	9.70	8.55	9.25	8.95	9.10	9.70	9.775*
BARS										
Season best	9.25	9.60	9.50			9.20	9.40		9.40	9.25
Raw average	8.84	9.57	9.01			8.76	9.04		8.84	8.89
Career best	9.25	9.60	9.70	9.20		9.35	9.40	9.65	9.40	9.40
BEAM										
Season best	9.50	9.70	9.55		9.40		9.55		9.50	9.40
Raw average	9.03	9.57	9.04		8.94		9.22		8.59	8.95
Career best	9.50	9.70	9.55	9.35	9.40	9.00	9.55	9.80	9.50	9.60
FLOOR										
Season best	9.50	9.50	9.40	9.10	9.30		9.10		9.60	9.60
Raw average	9.14	9.25	8.98	9.10	8.79		8.70		9.39	9.16
Career best	9.60	9.50	9.40	9.60	9.30	9.15	9.10	9.40	9.60	9.75
ALL-AROUND										
Season best	37.00	37.95	37.35				35.95		37.55	37.50
Raw average	36.06	37.77	36.23				35.65		36.30	36.51
Career best	37.00	37.95	37.35	37.40		35.85	35.95	37.45	37.55	37.95
Regional average	36.47		37.00						36.90	36.51
National average										

1991 INDIVIDUAL & TEAM HIGHS BY EVENT --

VAULT -----	Jessica Wolf	9.70	vs. Ohio State 2/24/91
UNEVEN BARS -----	Zsuzsa Csisztu	9.60	at Iowa State 1/21/91
BALANCE BEAM -----	Zsuzsa Csisztu	9.70	vs. Winona State 1/20/91
	Zsuzsa Csisztu	9.70	at Wisconsin Invite 1/12/91
FLOOR EXERCISE -----	Jessica Wolf	9.60	vs. Ohio State 2/24/91
	Cathy Zolkowski	9.60	vs. Nebraska 2/11/91
ALL-AROUND -----	Zsuzsa Csisztu	37.95	vs. Winona State 1/20/91
VAULT -----	47.30	vs. Ohio State 2/24/91	
UNEVEN BARS -----	46.50	vs. Washington 2/16/91	
BALANCE BEAM -----	46.85	vs. Nebraska 2/11/91	
FLOOR EXERCISE -----	47.15	vs. Ohio State 2/24/91	
ALL-AROUND -----	186.90	vs. Ohio State 2/24/91	

*tie for school record

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
VAULT										
1/12 at Wisconsin Inv.	9.20	9.50	8.80		8.55		8.90		9.30	
1/20 WINONA STATE	9.00	9.20	9.10				8.75		9.55	
1/21 at Iowa State	9.30	9.45	9.15			9.05	8.95		8.80	
1/25 at Washington Inv.	8.75		9.20	9.35	8.50	9.15			9.60	
2/2 at UCLA Inv.	9.05		9.00	9.45		8.95			9.50	9.10
2/9 at Alabama Inv.	8.85		9.50	9.35		9.05			9.55	9.25
2/11 NEBRASKA	9.10		9.30	9.40		8.70			9.60	9.45
2/16 WASHINGTON	9.20		9.35	9.50		8.90			9.65	9.40
2/24 OHIO STATE	9.20		9.40	9.50		8.95			9.70	9.50
3/3 MISSOURI										
3/8 at Florida Inv.										
3/17 IOWA STATE										
3/22 at Big Tens										
3/23 (Finals)										
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	9.06	9.38	9.20	9.42	8.52	8.96	8.87		9.47	9.34

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
BARS										
1/12 at Wisconsin Inv.	8.45	9.55	8.65			7.90	8.45		8.25	
1/20 WINONA STATE	8.65	9.55	8.70			9.05	8.80		8.50	
1/21 at Iowa State		9.60	9.45			7.65	9.15		8.85	8.65
1/25 at Washington Inv.	8.90		8.95			8.80	8.65		9.25	8.60
2/2 at UCLA Inv.	8.45		8.35			8.95	9.00		8.70	8.40
2/9 at Alabama Inv.	8.85		9.00			9.05	9.40		8.85	9.15
2/11 NEBRASKA	9.10		9.10			9.15	9.25		8.80	9.10
2/16 WASHINGTON	9.05		9.50			9.05	9.30		9.40	9.25
2/24 OHIO STATE	9.25		9.35			9.20	9.40		9.00	9.10
3/3 MISSOURI										
3/8 at Florida Inv.										
3/17 IOWA STATE										
3/22 at Big Tens										
3/23 (Finals)										
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	8.84	9.57	9.01			8.76	9.04		8.84	8.89

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
BEAM										
1/12 at Wisconsin Inv.	9.15	9.70	8.55		8.10		9.25		8.25	
1/20 WINONA STATE	8.95	9.70	8.55				9.25		9.15	8.95
1/21 at Iowa State	8.75	9.30	9.55				9.55		8.50	9.40
1/25 at Washington Inv.	8.55		9.50		8.95		8.30		8.60	8.55
2/2 at UCLA Inv.	9.05		8.90		8.85		9.40		8.55	8.00
2/9 at Alabama Inv.	9.00		9.45		8.85		9.45		7.50	8.65
2/11 NEBRASKA	9.50		9.25		9.05		9.25		9.50	9.35
2/16 WASHINGTON	9.45		8.65		9.35		9.00		9.00	9.30
2/24 OHIO STATE	8.90		8.95		9.40		9.50		8.25	9.40
3/3 MISSOURI										
3/8 at Florida Inv.										
3/17 IOWA STATE										
3/22 at Big Tens										
3/23 (Finals)										
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	9.03	9.57	9.04		8.94		9.22		8.59	8.95

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
FLOOR										
1/12 at Wisconsin Inv.	8.30	9.10	9.15		8.85		8.80		9.40	
1/20 WINONA STATE	9.30	9.50	8.35				8.80		9.45	
1/21 at Iowa State	9.30	9.15	8.70				8.30		8.85	
1/25 at Washington Inv.	8.95		8.95		8.10		8.55		9.35	8.80
2/2 at UCLA Inv.	9.30		8.35		8.75		8.70		9.45	8.75
2/9 at Alabama Inv.	9.05		9.40		8.90		8.75		9.55	9.30
2/11 NEBRASKA	9.30		9.30		8.45		9.10		9.40	9.60
2/16 WASHINGTON	9.30		9.35		9.15		8.60		9.50	9.05
2/24 OHIO STATE	9.50		9.30	9.10	9.30				9.60	9.45
3/3 MISSOURI										
3/8 at Florida Inv.										
3/17 IOWA STATE										
3/22 at Big Tens										
3/23 (Finals)										
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	9.14	9.25	8.98		8.79		8.70		9.39	9.16



UNIVERSITY OF MINNESOTA
Women's Intercollegiate Athletics

Hometown News

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(for use as desired)

March 27, 1991

GYMNASTICS HOMETOWN #3

Contact: Dan Benson (612) 624-3335

WOLF, ZOLKOWSKI EARN NCAA CENTRAL REGIONAL BERTHS -- Freshman **JESSICA WOLF** (OSHKOSH, WI/WEST) and senior co-captain **CATHY ZOLKOWSKI** (NEENAH, WI/ARMSTRONG-NEENAH) were among seven individuals to earn all-around berths in the NCAA Central Region championship April 6 at Auburn. **Wolf**, seeded second, had a regional qualifying score of 37.75. **Zolkowski**, seeded seventh, had a regional qualifying score of 37.48. **Wolf and Zolkowski** will be vying for a chance to compete at the NCAA championships April 19-20 at Alabama. Twelve individuals will qualify based on national qualifying scores, which are computed by averaging the regional qualifying score and twice the actual region score. Twelve teams also qualify.

TEAM FALLS SHORT OF REGIONALS DESPITE BIG TEN TITLE -- Despite winning its third Big Ten title in four years, the Gopher women's gymnastics team did not qualify for the NCAA Central Region meet for the first time in five years. Minnesota had a school-record regional qualifying score (RQS) of 187.62 but finished eighth, .10 shy of earning the seventh and final spot. Iowa, which finished just ahead of the Gophers with a 187.71 score, will be going to regionals as a team for the first time. Scores were up in the region this year. Minnesota's current RQS would have been good enough for fifth last year. Last year's seventh-place qualifier, S.E. Missouri State, had a 186.43 RQS.

GOPHERS WIN THIRD BIG TEN TITLE IN FOUR YEARS -- Going into this year's Big Ten championship meet in Champaign, Ill., Minnesota was not listed among the favorites. Early-season injuries had kept the Gophers' early-season scores down, and many Big Ten women's gymnastics observers were not aware of the team's talent.

But after winning the Big Ten title on Friday with a championship-meet record 189.00 score, the Gophers made sure they will no longer go unnoticed. To top off the weekend on Saturday, three Minnesota gymnasts won event titles, four Gophers were named all-Big Ten and head coach **Katalin Deli** was named Big Ten coach of the year. The title was Minnesota's third in four years. Deli earned her second coach of the year recognition in the last three years.

Iowa finished second with a 188.25 score and Michigan was third with a 188.00. Illinois and Ohio State tied for fourth with 187.10 scores, Wisconsin was sixth with a 186.95 and Michigan State was seventh (last) with a 186.10.

The Gophers scored a season-best 47.95 in the vault, just .05 away from the school record, and had scores of 46.85 in the uneven bars, 46.50 in the balance beam and 47.70 in the floor exercise.

NESS, WOLF, ZOLKOWSKI WIN BIG TEN TITLES -- Senior co-captain **KATHY NESS** (COON RAPIDS, MN) came into the season as the team's top returner on the uneven bars and balance beam but suffered a fracture in her right knee in December and did not compete on the balance beam until the Friday night's team competition. On Friday, she scored 9.55 on the beam to qualify for the finals on Saturday. The last of 10 beam finalists to perform her routine, **Ness** closed out her gymnastics career by scoring a meet-record 9.70 to tie for the title. She earned all-Big Ten honors for the first time in her career.

more--

Wolf won the Big Ten vault title with a 9.70 score and finished second in the floor exercise with a 9.70. She finished seventh all-around with a 37.70 score on Friday. Also an all-Big Ten selection, she scored 9.65 in the vault, 9.00 in the bars, 9.35 in the beam and 9.70 in the floor.

Last year, **Zolkowski** finished in a three-way tie for the floor exercise title with a 9.70 score. This season **Zolkowski** was alone at the top, scoring a meet-record and career-best 9.80 to win the title. She was named all-Big Ten for the third straight year after finishing in a third-place tie in the all-around competition on Friday. She scored 37.85 all-around, with scores of 9.70 in the vault, 9.30 in the bars, 9.20 in the beam and 9.65 in the floor exercise.

JUHASZ-NAGY NAMED ALL-BIG TEN -- Sophomore **MONIKA JUHASZ-NAGY** (BUDAPEST, HUNGARY/VOROSMARTY) successfully executed all of her routines on Friday and scored 37.80 to finish fifth all-around, earning all-Big Ten honors for the first time. She tied for second in the vault with a 9.65 in event finals and scored a 9.50 to tie for sixth in the uneven bars. Sophomore **KRISTIN ALLSTADT** (APPLE VALLEY, MN) scored 37.10 all-around, the fourth straight meet she has scored 37.00 or better all-around. Included were scores of 9.20 in the vault, 9.30 in the bars, 9.20 in the beam and 9.40 in the floor exercise.

Freshman **KELLY McCONNELL** (FORT LAUDERDALE, FL/ST. THOMAS AQUINAS) scored a 9.55 in the bars and 8.85 in the balance beam on Friday. In event finals, she scored 9.45 in the uneven bars and finished ninth. Freshman **JENNY KRALING** (PLYMOUTH, MN/HOPKINS) scored a career-best 9.55 in the floor exercise Friday and senior **IKA LINDHOLM** (WINNETKA, IL/YORK COMMUNITY) scored a career-best 9.30 in the vault on Friday. Sophomore **DAWN KETCHER** (BROOKLYN PARK, MN/PARK CENTER) equaled a personal-season best with a 9.60 in the vault on Friday and set a new personal season best with a 9.40 in the floor exercise on Friday.

GOPHERS SCORE REGULAR SEASON-BEST 188.15 AT FLORIDA -- Minnesota equaled what had been the second-best mark in school history with the 188.15 score achieved March 8 at Florida's quadrangular meet in Gainesville, Fla. After the Big Ten championship, the score at Florida is tied for third-best in school history. The Gophers finished third in the meet behind Florida (193.70) and future Big Ten foe Penn State (190.80). William & Mary was fourth with a 186.65 team score. Minnesota had season highs on the vault (47.75) and uneven bars (47.00). Individually, the Gophers tied or set seven new career bests and set six new season bests.

ALLSTADT, WOLF REACH CAREER BESTS IN ALL-AROUND -- Allstadt scored a career-best 37.40 on Friday and freshman **Wolf** became the first Gopher to top 38.00 this season as she rang up a career-best 38.20 to finish fourth all-around in the meet. Allstadt's scores included a 9.30 in the vault, 9.20 in the uneven bars, 9.35 in the balance beam and 9.55 in the floor exercise. **Wolf**, meanwhile, scored a career-best 9.60 in the bars and tied a career best with a 9.70 in the floor exercise while also scoring 9.60 in the vault and 9.30 in the beam competition. Her score tied Ohio State's Claire Wilson for the best in the Big Ten this season.

LINDHOLM HITS SEASON HIGHS IN VAULT, BARS -- Lindholm scored a then personal-season best 9.20 in the vault and a career-best 9.40 in the uneven bars. Other event specialists who played a big role at Florida were **Kraling**, **McConnell**, and **Ketcher**. **Kraling** scored a career-best 9.50 in the balance beam, **McConnell** scored a then career-best 9.50 in the uneven bars and **Ketcher** notched a personal season best in the vault (9.60). **Ness** did an exhibition on the bars and scored a 9.05 without the giant swing-full twist she usually performs.

more--

GOPHERS, MISSOURI BATTLE TO RARE GYMNASTICS TIE -- In the gymnastics world, where meets are won and lost by tenths and hundredths of points, ties are uncommon. But when the results were tallied after the Gophers' March 8 dual with Missouri at Williams Arena, the teams were dead even at 186.85. It was just the third tie in Minnesota women's gymnastics history. The Gophers and Nebraska had identical 123.10 scores in a 1978 dual at Williams Arena and Minnesota and Ohio State each scored 185.40 in a 1987 dual at Williams Arena.

After three rotations against Missouri, the odds were not in the Gophers' favor. Missouri had a 1.40 point lead at 140.35-138.95, with the Tigers set to finish up on the balance beam while the Gophers competed on the floor exercise. When it was over, Missouri had to count two falls among its five beam scores and wound up with a team beam mark of 46.50. The Gophers, meanwhile, scored a team-season best 47.90 on the floor exercise to make up the 1.40 deficit.

JUHASZ-NAGY SCORES CAREER HIGH IN THE ALL-AROUND -- Sophomore **MONIKA JUHASZ-NAGY** (BUDAPEST, HUNGARY/VOROSMARTY) scored a career-best 37.95 and finished second all-around to Missouri's Julie Dorn, who scored 38.25. **Juhasz-Nagy** won the floor exercise with a season-best 9.65 and was third in both vaulting (9.45) and on the balance beam (9.40). The Gophers also got a strong performance from **Wolf**, who scored 37.90 all-around. **Wolf** tied for first in the vault with a 9.65 and was second on the floor exercise (9.70) and balance beam (9.45). **Zolkowski** scored a 9.75 to win the floor exercise, while **Allstadt** scored 37.15 all-around and equaled a career best on the floor exercise with a 9.60.

NOTES -- Former Gopher all-American Marie Roethlisberger graduated after winter quarter and will be spending two months working for the United States Gymnastics Federation in Indianapolis, Ind. Roethlisberger will begin medical school in the fall at the University of Minnesota-Duluth...Gopher coaches Katalin and Gabor Deli will be serving as volunteer team hosts for the 1991 World Gymnastics Championships in September in Indianapolis.

1991 UNIVERSITY OF MINNESOTA WOMEN'S GYMNASTICS SUMMARY (final)

W/L Overall 13-13-1 Dual 5-1-1 Invites 2-12 Home 4-1-1 Away 9-12 Big Ten 7-2

DATE	OPPONENT	TEAM SCORE		VAULT		BARS		BEAM		FLOOR	
		MINN	OPP	MINN	OPP	MINN	OPP	MINN	OPP	MINN	OPP
1/12	at Wisconsin Inv.	179.25		45.70		43.35		44.90		45.30	
	Wisconsin		184.80		46.35		46.55		45.30		46.60
	Arizona		184.60		46.80		45.75		45.05		47.00
	Michigan		179.90		43.95		45.30		43.95		45.10
1/20	WINONA STATE	181.75	168.45	45.60	43.70	44.75	39.75	46.00	41.35	45.40	43.65
1/21	at Iowa State	182.45	182.35	45.90	46.20	45.70	44.70	46.55	44.65	44.30	46.80
1/25	at Washington Inv.	179.35		46.05		44.55		44.15		44.60	
	UCLA		187.95		47.30		46.20		47.35		47.10
	Washington		184.15		45.50		45.95		46.70		46.00
	Seattle Pacific		182.10		46.25		46.45		43.95		45.45
2/2	at UCLA Inv.	179.30		46.10		43.50		44.75		44.95	
	UCLA		189.70		46.85		47.55		47.50		47.00
	Cal-Santa Barbara		174.25		45.05		44.60		40.25		44.35
2/9	at Alabama Inv.	183.75		46.70		45.45		45.40		46.20	
	Alabama		192.00		47.25		48.25		48.25		48.25
	Arizona St.		188.85		46.25		47.15		48.00		47.45
	Auburn		186.75		47.35		46.65		45.60		47.15
2/11	NEBRASKA	186.00	186.25	46.75	46.45	45.70	46.35	46.85	46.75	46.70	46.70
2/16	WASHINGTON	186.05	185.65	47.10	45.85	46.50	46.45	46.10	46.00	46.35	47.35
2/24	OHIO STATE	186.90	186.80	47.30	45.70	46.30	46.85	46.15	47.20	47.15	47.05
3/3	MISSOURI	186.85	186.85	47.20	46.90	46.00	45.95	45.75	46.50	47.90	47.50
3/8	at Florida Inv.	188.15		47.75		47.00		46.15		47.25	
	Florida		193.70		47.75		48.50		48.90		48.55
	Penn State		190.80		47.80		47.10		47.60		48.30
	William & Mary		186.65		47.10		46.85		45.50		47.20
3/17	IOWA STATE	187.20	185.70	47.45	46.30	46.05	46.30	47.10	46.00	46.60	47.10
3/22-23	at Big Tens	189.00		47.95		46.85		46.50		47.70	
	Iowa		188.25		47.85		47.35		46.25		46.80
	Michigan		188.00		47.35		47.15		45.80		47.70
	Illinois		187.10		47.25		46.70		46.15		47.00
	Ohio State		187.10		46.30		46.95		46.55		47.30
	Wisconsin		186.95		47.35		47.15		45.75		46.70
	Michigan State		186.10		47.35		47.20		44.35		47.20
Raw Average		184.31	185.64	46.73	46.52	45.52	46.35	45.87	46.11	46.18	46.83

Regional Qualifying Score*: 187.62 National Qualifying Score&: ---

*The regional qualifying score (RQS) equals the average of the best five team scores of the season, and must include two home and two away scores. Seven teams qualify for the regional.

&The national qualifying score (NQS) is computed by doubling the actual team score achieved at regionals, adding the RQS, and dividing by three. Twelve teams qualify for nationals with the five regional winners receiving automatic bids and the other seven teams making it based on RQS.

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
VAULT										
Season best	9.30	9.50	9.70	9.60	8.55	9.30	8.95		9.70	9.70
Raw average	9.12	9.38	9.33	9.47	8.52	9.01	8.87		9.54	9.46
Career best	9.35	9.50	9.775*	9.70	8.55	9.30	8.95	9.10	9.70	9.775*
BARS										
Season best	9.35	9.60	9.65			9.40	9.55	9.30	9.60	9.30
Raw average	8.97	9.57	9.05			8.82	9.17	9.22	8.94	8.96
Career best	9.35	9.60	9.70	9.20		9.40	9.55	9.65	9.60	9.40
BEAM										
Season best	9.50	9.70	9.55		9.50		9.55	9.70	9.50	9.60
Raw average	9.12	9.57	9.00		8.96		9.21	9.62	8.79	8.98
Career best	9.50	9.70	9.55	9.35	9.50	9.00	9.55	9.80	9.50	9.60
FLOOR										
Season best	9.60	9.50	9.45	9.40	9.55		9.10		9.70	9.80
Raw average	9.24	9.25	9.07	9.16	8.90		8.70		9.50	9.36
Career best	9.60	9.50	9.45	9.60	9.55	9.15	9.10	9.40	9.70	9.80
ALL-AROUND										
Season best	37.40	37.95	37.95				35.95		38.20	37.95
Raw average	36.46	37.77	36.41				35.65		36.78	36.87
Career best	37.40	37.95	37.95	37.40		35.85	35.95	37.45	38.20	37.95
Regional average	37.20		37.42						37.75	37.48
National average										

1991 INDIVIDUAL & TEAM HIGHS BY EVENT --

VAULT -----	Jessica Wolf	9.70	at Big Ten finals 3/23/91
		9.70	vs. Ohio State 2/24/91
UNEVEN BARS -----	Monika Juhasz-Nagy	9.65	vs. Missouri 3/3/91
BALANCE BEAM -----	Kathy Ness	9.70#	at Big Ten finals 3/23/91
	Zsuzsa Csisztu	9.70	vs. Winona State 1/20/91
	Zsuzsa Csisztu	9.70	at Wisconsin Invite 1/12/91
FLOOR EXERCISE -----	Cathy Zolkowski	9.80&	at Big Ten finals 3/23/91
ALL-AROUND -----	Jessica Wolf	38.20	at Florida 3/8/91
VAULT -----	47.95		at Big Ten championship 3/22/91
UNEVEN BARS -----	47.00		at Florida 3/8/91
BALANCE BEAM -----	47.10		vs. Iowa State 3/17/91
FLOOR EXERCISE -----	47.90		vs. Missouri 3/3/91
ALL-AROUND -----	189.00@&		at Big Ten championship 3/22/91

@school record

*tie for school record

&Big Ten championship record

#tie for Big Ten championship record

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
VAULT										
1/12 at Wisconsin Inv.	9.20	9.50	8.80		8.55		8.90		9.30	
1/20 WINONA STATE	9.00	9.20	9.10				8.75		9.55	
1/21 at Iowa State	9.30	9.45	9.15			9.05	8.95		8.80	
1/25 at Washington Inv.	8.75		9.20	9.35	8.50	9.15			9.60	
2/2 at UCLA Inv.	9.05		9.00	9.45		8.95			9.50	9.10
2/9 at Alabama Inv.	8.85		9.50	9.35		9.05			9.55	9.25
2/11 NEBRASKA	9.10		9.30	9.40		8.70			9.60	9.45
2/16 WASHINGTON	9.20		9.35	9.50		8.90			9.65	9.40
2/24 OHIO STATE	9.20		9.40	9.50		8.95			9.70	9.50
3/3 MISSOURI	9.25		9.45	9.45		8.95			9.65	9.40
3/8 at Florida Inv.	9.30		9.65	9.60		9.20			9.60	9.60
3/17 IOWA STATE	9.20		9.40	9.55		8.90			9.65	9.65
3/22 at Big Tens	9.20		9.70	9.60		9.30			9.65	9.70
3/23 (Finals)			9.65						9.70	9.55
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	9.12	9.38	9.33	9.47	8.52	9.01	8.87		9.54	9.46

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
BARS										
1/12 at Wisconsin Inv.	8.45	9.55	8.65			7.90	8.45		8.25	
1/20 WINONA STATE	8.65	9.55	8.70			9.05	8.80		8.50	
1/21 at Iowa State		9.60	9.45			7.65	9.15		8.85	8.65
1/25 at Washington Inv.	8.90		8.95			8.80	8.65		9.25	8.60
2/2 at UCLA Inv.	8.45		8.35			8.95	9.00		8.70	8.40
2/9 at Alabama Inv.	8.85		9.00			9.05	9.40		8.85	9.15
2/11 NEBRASKA	9.10		9.10			9.15	9.25		8.80	9.10
2/16 WASHINGTON	9.05		9.50			9.05	9.30		9.40	9.25
2/24 OHIO STATE	9.25		9.35			9.20	9.40		9.00	9.10
3/3 MISSOURI	9.05		9.65			8.80	9.30		9.10	8.90
3/8 at Florida Inv.	9.20		9.30			9.40	9.50		9.60	8.80
3/17 IOWA STATE	9.35		7.65				9.20	9.30	8.90	9.30
3/22 at Big Tens	9.30		9.55				9.55	9.15	9.00	9.30
3/23 (Finals)			9.50				9.45			
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	8.97	9.57	9.05			8.82	9.17	9.22	8.94	8.96

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
BEAM										
1/12 at Wisconsin Inv.	9.15	9.70	8.55		8.10		9.25		8.25	
1/20 WINONA STATE	8.95	9.70	8.55				9.25		9.15	8.95
1/21 at Iowa State	8.75	9.30	9.55				9.55		8.50	9.40
1/25 at Washington Inv.	8.55		9.50		8.95		8.30		8.60	8.55
2/2 at UCLA Inv.	9.05		8.90		8.85		9.40		8.55	8.00
2/9 at Alabama Inv.	9.00		9.45		8.85		9.45		7.50	8.65
2/11 NEBRASKA	9.50		9.25		9.05		9.25		9.50	9.35
2/16 WASHINGTON	9.45		8.65		9.35		9.00		9.00	9.30
2/24 OHIO STATE	8.90		8.95		9.40		9.50		8.25	9.40
3/3 MISSOURI	9.25		9.40		8.55		8.85		9.45	8.80
3/8 at Florida Inv.	9.35		8.80		9.50		9.20		9.30	8.80
3/17 IOWA STATE	9.50		8.45		9.05		9.50		9.45	9.60
3/22 at Big Tens	9.20		9.20				8.85	9.55	9.35	9.20
3/23 (Finals)								9.70		
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	9.12	9.57	9.02		8.96		9.18	9.62	8.83	9.00

	ALLS	CSIS	JUHA	KETC	KRAL	LIND	McCO	NESS	WOLF	ZOLK
FLOOR										
1/12 at Wisconsin Inv.	8.30	9.10	9.15		8.85		8.80		9.40	
1/20 WINONA STATE	9.30	9.50	8.35				8.80		9.45	
1/21 at Iowa State	9.30	9.15	8.70				8.30		8.85	
1/25 at Washington Inv.	8.95		8.95		8.10		8.55		9.35	8.80
2/2 at UCLA Inv.	9.30		8.35		8.75		8.70		9.45	8.75
2/9 at Alabama Inv.	9.05		9.40		8.90		8.75		9.55	9.30
2/11 NEBRASKA	9.30		9.30		8.45		9.10		9.40	9.60
2/16 WASHINGTON	9.30		9.35		9.15		8.60		9.50	9.05
2/24 OHIO STATE	9.50		9.30	9.10	9.30				9.60	9.45
3/3 MISSOURI	9.60		9.45	8.70	9.40				9.70	9.75
3/8 at Florida Inv.	9.55		9.25	9.30	8.50				9.70	9.45
3/17 IOWA STATE	9.30		9.00	9.30	8.95				9.60	9.40
3/22 at Big Tens	9.40		9.35	9.40	9.55				9.70	9.65
3/23 (Finals)										
4/6 at NCAA regional										
4/19 at NCAA Champ.										
Raw Average	9.24	9.25	9.07	9.16	8.90		8.70		9.50	9.36



UNIVERSITY OF MINNESOTA
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(special to the Brooklyn Park Post)

April 11, 1991

(KETCHER, GOPHER GYMNASTS VAULT TO TOP OF BIG TEN) --

(Minneapolis, Minn.) -- University of Minnesota sophomore gymnast **Dawn Ketcher** scored personal season highs in both the vault (9.60) and floor exercise (9.40) March 22 at the Big Ten championships in Champaign, Ill., helping the Gophers win their third Big Ten title in four years.

Ketcher, a 1989 graduate of Park Center High School, finished the year as the Gophers' second-leading vaulter. She averaged 9.47 in 10 meets and reached her season-high vault score (9.60) twice, at the Big Ten championship and in a quadrangular meet at Florida on March 8.

Ketcher helped Minnesota finish the season as the 15th-best vaulting team in the nation, with a team average of 46.73. A team's event score is determined by adding its top five out of six individual scores from the event, so the Gophers needed to average 9.35 among its top five vault scores to reach that average. Not only did Ketcher score 9.35 or better in the vault in every meet this year, but she has reached that figure 14 straight times dating back to last season.

As a freshman, Ketcher was Minnesota's highest all-around finisher in the Big Ten championships. She scored a then-career best 37.35 and finished fifth. Her strong finish made her a contender for an all-around spot this season. But any hopes of competing all-around were dashed on Dec. 28 when Ketcher hyperextended her left knee while dismounting from the uneven bars in a practice meet. She missed the season's first three meets.

Although she returned in time for the Gophers' fourth meet, Jan. 25 at Washington, Ketcher's injury prevented her from competing in the uneven bars, balance beam and floor exercise for most of the season. She was inserted into the floor exercise lineup for the team's last five meets.

"It was too bad she had the injury because she was looking good," said Minnesota head coach Katalin Deli. "She struggled to get back in the lineup but she helped us quite a bit in vaulting."

Ketcher was one of five Gophers who missed one or more of the season's first four meets because of an injury. The injuries kept Minnesota's scores down, as the team averaged just 180.98 in the season's first six meets. As the injuries healed, so did the Gopher team scores. Minnesota averaged 187.16 in its last seven meets. At the Big Ten championships, the Gophers won three individual event titles and set school and meet records with a 189.00 team score.

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Despite the title, Minnesota did not earn a team berth in the NCAA Central Region championship for the first time in five years. Iowa, the Big Ten's runnerup, edged the Gophers for the seventh and final spot. The Hawkeyes had a regional qualifying score of 187.71, while Minnesota's regional qualifying score was 187.62.

Next year, with three freshmen and four sophomores returning, the Gophers will be a favorite to earn a regional spot. While looking to return to regionals, Minnesota will also be striving for an even higher plateau, the 12-team NCAA championships, scheduled to be held in St. Paul on April 24-25, 1992.

SEASON AVERAGES AND BESTS -- Dawn Ketcher

	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
1989-90 Season Average	9.43	8.79	8.96	9.10	36.51
Season Best	9.70*	9.20*	9.35*	9.60*	37.40*
1990-91 Season Average	9.47	--	--	9.16	--
Season Best	9.60	--	--	9.40	--
Career Average	9.45	8.79	8.96	9.11	36.51

*career best



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(special to Minnesota Suburban Publications)

April 9, 1991

(KRALING CONTINUES WINNING WAYS) --

(Minneapolis, Minn.) -- Winning has gotten to be a habit for former Hopkins High School gymnast **Jenny Kraling**. She has now been either an individual champion or member of a championship team for four straight years. It started in 1988, when she was the Minnesota AA high school balance beam champion. In 1989, she won the AA state high school all-around title. Last year she was a member of the 1990 AA state team champion.

This year, Kraling was a member of the University of Minnesota's Big Ten champion women's gymnastics team. She specialized on the balance beam and floor exercise and came up with her best performances in some of the Gophers' biggest meets. At the Big Ten championship (March 22), she scored a personal-best 9.55 in the floor exercise, helping Minnesota to a conference-record team score of 189.00 and the Gophers' third Big Ten team title in four years.

"She's very talented and a very hard worker," said Minnesota head coach Katalin Deli. "She has been a great addition to the team."

Kraling hit for a personal-season high 9.50 in the balance beam on March 8 at the University of Florida -- best on the team in that meet -- as the Gophers scored 188.15, the team's regular season high. For the season, Kraling averaged 8.96 in balance beam competition and 8.90 in the floor exercise.

What those numbers do not reflect, however, is the improvement Kraling made throughout the season. After averaging 8.69 on the beam in her first four meets of the season, she averaged 9.15 in her next six meets. In the floor exercise, she averaged 8.61 in her first five performances and 9.14 in her last six.

The season started slowly for Minnesota as well, as injuries took their toll. Five of the 10 Gophers on the roster missed one or more of the season's first four meets. Like Kraling, though, Minnesota made a significant improvement from the first half of the season to the second. The Gophers averaged 180.98 in their first six meets and 187.16 in their last seven. At the Big Ten championship, Minnesota won three individual event titles in addition to its team title.

more--

Kraling competed in three events in the season opener at Wisconsin but missed the next two meets because of slight achilles tendonitis. When she returned, she became a fixture in the team's balance beam and floor exercise lineups. Following Minnesota's regular season home finale (March 17 vs. Iowa State), Kraling and her hometown of Plymouth and Hopkins High School were honored as part of the University women's athletic department's "Hometown Day" campaign. Plymouth mayor Kim Bergman was in attendance as were Hopkins High School athletic director George Reynolds, Hopkins High School girls' gymnastics coach LeeAnn Evans and several members of Kraling's family.

Next year, Kraling and the Gophers hope that a hometown crowd will be able to watch the team compete in the 12-team NCAA championships, scheduled for April 24-25 in St. Paul. With three freshmen and four sophomores coming back, Minnesota has the nucleus to reach that end. It does not hurt that Kraling is among those returners. She knows a thing or two about championships.

SEASON AVERAGES AND BESTS -- Jenny Kraling

	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
1990-91 Season Average	8.52	--	8.96	8.90	--
Season Best	8.55	--	9.50	9.55	--



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(special to the Apple Valley Countryside)

April 10, 1991

(ALLSTADT'S ALL-AROUND EFFORT HELPS GOPHERS WIN BIG TEN) --

(Minneapolis, Minn.) -- As a freshman gymnast at the University of Minnesota last season, Apple Valley native **Kristin Allstadt** competed on three of four events. As a sophomore this season, Allstadt showed enough improvement to earn an all-around spot for a Gopher team that won its third Big Ten title in four years.

Although she was a solid performer in the floor exercise and vault last season, Allstadt needed to upgrade her routines on both the uneven bars and balance beam for this year. She did just that, improving to the point where she was the team's most consistent competitor over the last half of the season.

In the last seven of Minnesota's 12 meets, Allstadt averaged 37.11 (out of a possible 40) all-around, with her scores fluctuating between 36.85 and 37.40 during that time. During that stretch, she completed 27 out of 28 routines without major point deductions.

Allstadt ended the season with the team's second-best balance beam average (9.12--up from 8.88 a year ago) among team members who competed in more than three meets on the beam. But it was Allstadt's development on the uneven bars that keyed her emergence. After scoring 8.65 in her only appearance on the bars last season, Allstadt averaged 9.19 over the last seven meets this year and 8.97 overall.

"I was happy to see her improvement on the bars this year," said Minnesota head coach Katalin Deli, "and it was great to see her become a more consistent performer on all the other events."

Allstadt competed all-around in 12 of 13 Minnesota meets. Her presence in the lineup was important as the Gophers were victimized by early-season injuries. Five of 10 gymnasts on the Minnesota roster missed one or more of the season's first four meets. The Gophers rebounded, though, by averaging 187.16 in their last seven meets after averaging 180.98 in their first six. At the Big Ten championships, March 22-23 at the University of Illinois, Minnesota won three individual event titles in addition to its team title.

Allstadt's performance during team competition was crucial, as the Gophers ended up beating Iowa by just .75. She scored 9.20 in the vault and balance beam, 9.30 in the uneven bars and 9.40 in the floor exercise.

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The floor exercise was Allstadt's best event throughout the year. She averaged 9.24 on the floor, with a high of 9.60 against Missouri on March 3. She scored 9.30 or better on the floor 10 times and averaged 9.47 in the event in her last five meets.

While Allstadt had an excellent season in gymnastics, she also had an excellent season in the classroom and was named to the Big Ten's all-academic team. A pre-management major, Allstadt has a 3.13 cumulative grade point average. She also was one of 13 University of Minnesota women student-athletes to be honored with a "Hometown Day" during the academic year. Allstadt and the city of Apple Valley were honored on Feb. 24 following the Gophers' meet against Ohio State.

Next year, Allstadt and the Gophers hope that a hometown crowd will be able to watch the team compete in the 12-team NCAA championships, scheduled for April 24-25 in St. Paul. With three freshmen and four sophomores returning, Minnesota has the makings of the nucleus it will need to gain a berth at nationals.

To become one of the nation's 12 best, the Gophers will need to continue the improvement they showed over the course of the 1991 season. Just as Kristin Allstadt did.

SEASON AVERAGES AND BESTS -- Kristin Allstadt

	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
1989-90 Season Average	9.13	8.65	8.88	9.23	35.70
Season Best	9.35	8.65	9.40	9.60*	35.70
1990-91 Season Average	9.12	8.97	9.12	9.24	36.46
Season Best	9.30	9.35*	9.50*	9.60*	37.40*
Career Average	9.13	8.94	9.00	9.24	36.40

*career best



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(special to the Fort Lauderdale News)

April 12, 1991

(GYMNAST McCONNELL FINDS NICHE ON BARS AND BEAM) --

(Minneapolis, Minn.) -- When the 1991 gymnastics season began, University of Minnesota freshman **Kelly McConnell** was expected to be a contributing member of the Golden Gopher lineup. But when the results were in at the conclusion of the season, McConnell's numbers reflected more than just a contribution. She had the team's best averages on the uneven bars and balance beam among team members who competed in four or more meets.

McConnell averaged 9.17 on the bars and 9.18 on the beam, scoring highs of 9.55 in each event. On the beam, McConnell scored 9.00 or better in 10 of 13 performances. On the bars, she scored 9.00 or better in 11 of 14 outings. She improved as the year went on, averaging 9.37 in her last nine meets.

Her effort on the bars in the Big Ten championship meet March 22 at the University of Illinois was instrumental in Minnesota winning its third league title in four years. That night she tied for the team high on the bars with a personal-best 9.55, while the Gophers won the championship with a meet-record 189.00 score. It was the right time for her to come up with her top mark as Minnesota edged Iowa for the title by just .75. McConnell's score also qualified her for the uneven bars individual finals the next night, in which she scored 9.45 and finished ninth.

"I think she had a great year," said Minnesota head coach Katalin Deli. "She learned a lot of new skills. She has a lot of talent and natural ability and without that she would not have been able to learn those new skills."

Among the new moves McConnell learned were a reverse Hecht and double twisting flyaway dismount on the uneven bars. Deli said that while McConnell has the difficulty elements in her bars and beam routines required to score even higher next year, she needs to sharpen those routines.

"I would like to see some more polishing and clean-up work," Deli said.

Deli will also work with McConnell on improving her vault and floor exercise routine. She vaulted in the season's first three meets, averaging 8.87. She performed eight times in the floor exercise, averaging 8.70 with a high of 9.10.

The season started slowly for the Gophers, as injuries took their toll. Five of the 10 Gophers on the roster missed one or more of the season's first four meets. But whereas those injuries held Minnesota's average team score to 180.98 in its first six meets, the team rebounded to average 187.16 in its last seven. At the Big Ten championship, Minnesota won three individual event titles in addition to its team title.

more--

Despite winning the Big Ten crown, the Gophers did not qualify for the NCAA Central Region championship for the first time in five years. The team's early season scores kept the team's regional qualifying score down, and Minnesota was edged out by Iowa for the seventh and final region spot (187.71-187.62).

McConnell and two other freshmen return next year along with four sophomores, providing Minnesota with a nucleus that should contend for another Big Ten title. The Gophers will be looking to repeat and will also have their sights set higher. Not only will the team be hoping for a return to regionals, but it will be striving for its first-ever NCAA national championship berth. If successful, the Gophers will have a hometown crowd cheering them on, as the 12-team NCAA championships are scheduled to be held in St. Paul, Minn. on April 24-25, 1992.

SEASON AVERAGES AND BESTS -- Kelly McConnell

	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
1990-91 Season Average	8.87	9.17	9.18	8.70	35.65
Season Best	8.95	9.55	9.55	9.10	35.95



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(special to the Winnetka News/Voice)

April 12, 1991

(LINDHOLM A MEMBER OF CHAMPIONSHIP GYMNASTICS TEAM) --

(Minneapolis, Minn.) -- Winnetka resident **Ika Lindholm** completed her University of Minnesota gymnastics career on March 22 at the Big Ten championships in Champaign, Ill., helping the Gophers win their third conference title in four years.

Minnesota scored a school and meet-record 189.00 to edge Iowa, which finished second with a 188.25 score. In the meet, Lindholm scored a career-best 9.30 in the vault, one of two events she competed in regularly throughout the season. She also competed in the uneven bars during the 1991 campaign.

The vault was her best event this season and throughout her career. She averaged 9.01 this year and had a career average of 9.03 in the event. Lindholm also posted a career best in the uneven bars this season, scoring a 9.40 at Florida on March 8.

Lindholm came to Minnesota after an outstanding club career. A York Community High School graduate, she trained at the Illinois Gymnastics Institute and was a member of Finland's national teams from 1982-87. She represented Finland in the 1985 World Championships and the 1985 and 1987 European Championships.

After not competing her first year at Minnesota (1987-88), Lindholm competed all-around eight times as a sophomore in 1988-89. Her best score was 35.85 for a Gopher team that won its second straight Big Ten title. Last season she competed once all-around but was primarily a specialist in the vault and uneven bars, as she was this season. A durable gymnast, she competed on the bars in 33 straight meets over her three years.

Staying relatively injury-free is no easy accomplishment for a gymnast, and the Gophers had their share of ailments this season, with five of the 10 gymnasts on Minnesota's roster missing one or more of the season's first four meets because of injury. The injuries affected the early season team scores and the Gophers averaged 180.98 in the season's first six meets. But as the season reached the midway point, Minnesota became healthier and so did its team scores. The Gophers averaged 187.16 in their last seven meets. At the Big Ten championships, Minnesota won three individual event titles in addition to its team title.

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Next year, Minnesota will be without three of its seniors from this season, including Lindholm. But with three freshmen and four sophomores returning, the team should be a contender for another Big Ten title. The Gophers will also be striving for their first-ever team appearance in the 12-team NCAA championships. If successful in its bid to make the national meet, Minnesota will have a hometown crowd, as the championships are scheduled to be held in St. Paul on April 24-25, 1992.

SEASON AVERAGES AND BESTS -- Ika Lindholm

	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
1987-88 Did not compete					
1988-89 Season Average	8.98	8.94	8.03	8.68	35.14
Season Best	9.10	9.35	8.75	9.15*	35.85*
1989-90 Season Average	9.11	8.76	9.00	9.05	35.70
Season Best	9.25	9.35	9.00*	9.05	35.70
1990-91 Season Average	9.01	8.82	--	--	--
Season Best	9.30*	9.40*	--	--	--
Career Average	9.03	8.82	8.12	8.72	35.21

*career best



UNIVERSITY OF MINNESOTA
Women's Intercollegiate Athletics

Hometown News

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(for immediate release)

April 15, 1991

(WOLF STARS FOR GOPHERS IN ROOKIE SEASON) --

(Minneapolis, Minn.) -- University of Minnesota freshman gymnast **Jessica Wolf** did not have much time to "test the water" this past season. When Minnesota was struck with early-season injuries to its top gymnasts, Wolf inherited the position as the top Gopher all-arounder. She responded quite well.

The rookie from Oshkosh, Wis. was one of two Gophers to compete all-around in all 13 Minnesota meets, and she led the team in all-around scoring four times. Her regional qualifying score (37.75) was best on the team and she was the second-seeded individual qualifier in the NCAA Central Region championships at Auburn, Ala.

"She is a very coachable person and a hard-working gymnast with a lot of talent," said Minnesota head coach Katalin Deli. "I'm very happy with her. She's going to be a great Gopher for four years."

Wolf, one of the top freshmen in the Big Ten, won the conference vault title with a 9.70 score and tied for second in the floor exercise, also with a 9.70 score. She tied for seventh all-around with a 37.70 score and was one of nine gymnasts named all-conference.

"I think she had an awesome year," said Deli. "I was very pleased, altogether, with our freshmen this year."

Wolf and freshmen teammates Kelly McConnell and Jenny Kraling helped Minnesota win its third Big Ten title in four years, setting a meet-scoring record (189.00) in the process. A Big Ten title did not look like a possibility early in the season. After the team had what Deli called an outstanding fall, five of 10 rostered gymnasts suffered injuries at the season's outset and missed at least one of the team's first four meets. As a result, Minnesota averaged just 180.98 in its first six meets.

While the Gophers were struggling, the rest of the Big Ten teams were scoring in the 186.00 range. Minnesota was not mentioned as a legitimate title threat. But halfway through the season, the Gophers began showing improvement and their scores reflected it. Minnesota scored 186.00 in the seventh meet of the season and averaged 187.16 in its last seven. At the Big Ten championship, Wolf's vault title was one of three individual titles Minnesota won in addition to its team championship.

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The vault and floor exercise were Wolf's best events. She averaged a team-best 9.54 in the vault and twice reached her best of 9.70. She scored 9.60 or better in her last nine meets. In the floor exercise, Wolf averaged 9.50, also a team best, while reaching her high mark of 9.70 four times. She averaged 8.94 on the uneven bars and 8.79 on the balance beam.

Wolf's best meet came on March 8 at Florida. She scored a team-season best 38.20 all-around, with event scores of 9.70 (floor exercise), 9.60 (vault, bars) and 9.30 (beam). Only two gymnasts in Minnesota history have ever scored higher all-around.

Despite the Gophers' conference title, the team did not qualify for the NCAA Central Region championship for the first time in five years. Minnesota's strong finish raised its regional qualifying score to 187.62, the team's highest ever, but Iowa's 187.71 average edged the Gophers out for the seventh and final spot. Minnesota's score would have been good enough to qualify in three of the NCAA's five gymnastics regions. But Minnesota had to be content with its Big Ten title and a No. 24 ranking in the final national rankings before regionals.

For Wolf, meanwhile, it was on to regionals, where she scored 36.70 all-around. She did well in the vault and floor exercise, as usual, scoring 9.65 and 9.55 in those events, respectively, but her all-around tally was held down because of an off-meet on the bars (9.00) and beam (8.50).

It was an excellent freshmen season, nevertheless, and Wolf and the Gophers will be looking to make a splash on the national scene next season, when the NCAA championships come to St. Paul on April 24-25, 1992.

SEASON AVERAGES AND BESTS -- Jessica Wolf

	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
1990-91 Season Average	9.54	8.94	8.81	9.50	36.77
Season Best	9.70	9.60	9.50	9.70	38.20



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April 17, 1991

(GYMNAST ZOLKOWSKI GOES OUT AS RECORD HOLDER, BIG TEN CHAMP) --

(Minneapolis, Minn.) -- When University of Minnesota gymnast **Cathy Zolkowski** was a freshman in 1987-88, Gopher head coach Katalin Deli said Zolkowski had the raw talent and potential to be a successful collegiate gymnast. And whereas many athletes' conclude their careers with "potential," a look at Zolkowski's career revealed that she was one who definitely reached hers.

She went out in style, winning the Big Ten floor exercise title with a career-best 9.80 score on March 22 and then set a school record in the vault with a 9.80 in the NCAA Central Region championship on April 6. She was named all-Big Ten for the third straight year.

"I think she had a great four years of college," said Deli. "I don't think she could have done any better. She made a lot of progress year after year."

As a freshman, Zolkowski averaged 35.08 all-around. She improved to 37.08 and 36.93 her junior and senior years. After sharing Big Ten floor exercise honors with two others in 1990, Zolkowski was alone at the top in 1991. She was second on the team with both her 9.49 vault average and 9.36 floor exercise average.

The year started slowly for Zolkowski. After an outstanding fall practice, she sprained an ankle in early January and missed the team's season opener at Wisconsin on Sept. 12. She returned for Minnesota's home opener Jan. 20 against Winona State, but competed only on the balance beam. She competed on the bars and beam Jan. 21 at Iowa State and added the floor exercise to her repertoire on Jan. 25 at Washington. It was not until the Gophers' Feb. 2 meet at UCLA, though, until Zolkowski was able to compete all-around.

It did not take long for Zolkowski to make the most of it. She scored 37.50 in her third meet and later topped that with a 37.95 against Iowa State (March 17) and a 37.85 in the Big Ten championships. Her score at the Big Ten meet tied for third-best in that meet and helped Minnesota win its third conference title in four years -- while scoring a meet-record 189.00.

Zolkowski was one of five Minnesota gymnasts who missed at least one of the team's first four meets with an injury. As a result, the Gophers averaged just 180.98 in their first six meets. While Minnesota struggled, the rest of the Big Ten teams were scoring in the 186.00 range. The Gophers were not being mentioned as a legitimate title threat.

more--

But halfway through the season, Minnesota began showing improvement and its scores reflected it. The Gophers scored 186.00 in the seventh meet of the season and averaged 187.16 in its last seven. At the Big Ten championship, Zolkowski's floor exercise title was one of three individual titles Minnesota won in addition to its team championship.

Despite the Gophers' conference title, the team did not qualify for the NCAA Central Region championship for the first time in five years. Minnesota's strong finish raised its regional qualifying score to 187.62, the team's highest ever, but Iowa's 187.71 average edged the Gophers out for the seventh and final spot. Minnesota's score would have been good enough to qualify in three of the NCAA's five gymnastics regions. But Minnesota had to be content with its Big Ten title and a No. 24 ranking in the final national rankings before regionals.

For Zolkowski, it was on to regionals, where she was the No. 7 individual seed. At regionals, she scored 37.425 all-around. Among her scores were a 9.30 on the bars, an 8.80 on the balance beam and a 9.525 in the floor exercise. The highlight of that meet for Zolkowski, though, was her 9.80 vault score. Minnesota assistant coach Gabor Deli called it "the best handspring front vault I've ever seen."

Handspring front vaults are worth a maximum score of 9.90 so Zolkowski had to be near perfect to score the 9.80. She broke the record (9.775) that she had shared with teammate Monika Juhasz-Nagy. Both of the old marks were set at last season's NCAA Central region championship.

And whereas she has concluded her career, Zolkowski can know that she did reach that often-times elusive "potential."

SEASON AVERAGES AND BESTS -- Cathy Zolkowski

	VAULT	BARs	BEAM	FLOOR	ALL-AROUND
1987-88 Season Average	8.96	8.28	8.72	9.18	35.08
Season Best	9.40	9.00	9.30	9.55	36.30
1988-89 Season Average	9.38	8.77	8.72	9.46	36.00
Season Best	9.60	9.25	9.30	9.70	36.65
1989-90 Season Average	9.43	9.04	9.15	9.46	37.08
Season Best	9.775	9.40*	9.60*	9.75	37.95*
1990-91 Season Average	9.46	8.96	8.98	9.38	36.93
Season Best	9.80*#	9.30	9.60*	9.80*	37.95*
Career Average	9.31	8.81	8.91	9.34	36.41

*career best

#school record



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April 17, 1991

(JUHASZ-NAGY EARNS ALL-CONFERENCE HONORS) --

(Minneapolis, Minn.) -- University of Minnesota sophomore gymnast **Monika Juhasz-Nagy** scored 37.80 all-around to finish fifth and earn all-Big Ten honors at the Big Ten championship on March 22 at the University of Illinois in Champaign, Ill. Juhasz-Nagy was also named to the Big Ten's all-academic team for her excellence in the classroom. She has a 3.49 cumulative grade point average (on a 4.0 scale) and is a pre-international relations major.

Juhasz-Nagy was one of just two Gophers to compete all-around in every Minnesota meet this past season. At the Big Ten championship, she scored 9.70 in the vault, 9.55 on the uneven bars, 9.20 on the balance beam and 9.35 in the floor exercise. Minnesota won the Big Ten championship over six other schools with a meet-record 189.00 team score. Juhasz-Nagy's scores in the vault and bars qualified her for event finals on March 23. In the finals, she tied for second in the vault with a 9.65 score and tied for sixth in bars competition with a 9.50 score.

"She worked very hard and made a lot of progress and improvement this year," said Minnesota head coach Katalin Deli. "Overall, it was a much better year for her."

As a freshman last season, Juhasz-Nagy had to face the adjustments necessary in adjusting to a new country, language, school and culture in addition to gymnastics. She competed all-around five times and reached her season-best all-around score of 37.30 in the Big Ten championships.

This season Juhasz-Nagy averaged 36.41 all-around and 9.33 in the vault, 9.05 on the bars, 9.02 on the beam and 9.07 in the floor exercise. She had highs of 37.95 all-around, 9.70 in the vault, 9.65 on the bars, 9.55 on the beam and 9.45 on the floor exercise.

Minnesota started the season slowly. After the team had what Deli said was an outstanding fall practice season, five of the 10 gymnasts on the roster suffered injuries at the season's outset and missed at least one of the season's first four meets. Hungarian national team member Zsuzsa Csisztu won the all-around in her first three meets and then suffered a season-ending knee injury. The Gophers averaged just 180.98 in their first six meets.

more--

While Minnesota struggled, the rest of the Big Ten teams were scoring in the 186.00 range. The Gophers were not mentioned as a legitimate threat for the conference title. But halfway through the season, the Gophers began showing improvement and their scores reflected it. Minnesota scored 186.00 in the seventh meet of the season and averaged 187.16 in its last seven. At the Big Ten championship, the Gophers won three individual event titles in addition to their team championship.

Despite winning the conference title, the team did not qualify for the NCAA Central Region championship for the first time in five years. Minnesota's strong finish raised its regional qualifying score to 187.62, the team's highest ever, but Iowa's 187.71 average edged the Gophers out for the seventh and final spot. Minnesota's score would have been good enough to qualify in three of the NCAA's five gymnastics regions. But Minnesota had to be content with its Big Ten title and a No. 24 ranking in the final national rankings before regionals.

Next year, the Gophers will be striving for a return to the regional meet with hopes of advancing past regionals to nationals. If they qualified, they would be competing in front of a hometown audience, as the NCAA championships will take place April 24-25 in St. Paul, Minn.

SEASON AVERAGES AND BESTS -- Monika Juhasz-Nagy

	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
1989-90 Season Average	9.29	8.71	8.66	9.04	36.42
Season Best	9.775*	9.70*	9.40	9.40	37.30
1990-91 Season Average	9.33	9.05	9.00	9.07	36.41
Season Best	9.70	9.65	9.55*	9.45*	37.95*
Career Average	9.31	8.89	8.84	9.06	36.41

*career best