

UNIVERSITY OF MINNESOTA  
1985-86 WOMEN'S SWIMMING MEDIA GUIDE

QUICK FACTS:

LOCATION: Minneapolis, Minn.  
FOUNDED: 1851  
ENROLLMENT: 45,000  
NICKNAME: Golden Gophers  
COLORS: Maroon and Gold  
CONFERENCE: Big Ten  
PRESIDENT: Kenneth H. Keller  
ATHLETIC DIRECTOR: Merrily Dean Baker (612) 373-2253  
HEAD COACH: Jean Freeman (612) 373-4221  
ASSITANT COACH: Terry Nieszner (612) 373-5145  
TECHNICAL CONSULTANT: Ann Anklam (612) 373-5145  
DIVING COACH: Chris (Curry) Gentz (612) 373-5145  
MANAGER: Elyce Iwerks  
ATHLETIC TRAINER: Leah Wollenburg (612) 376-5039  
SPORTS INFORMATION DIR.: Karen Smith (612) 376-5259  
SWIMMING CONTACT: Gerry Vuchetich (612) 376-5259  
LETTERWINNERS LOST: Nine (9)  
LETTERWINNERS RETURNING: Ten (10)  
BIG TEN CHAMPIONS LOST: Two (2)  
BIG TEN CHAMPIONS RETURNING: Four (6)  
ALL-AMERICANS LOST: Two (2)  
ALL-AMERICANS RETURNING: Two (2)  
CLASS BREAKDOWN: Five (5) seniors, three (3) juniors, nine (9) sophomores, 16 freshman  
FACILITIES: Cooke Hall Exhibition Pool - six lanes, 25 yards 1 and 3 meter boards, seats 1000. Practice Pool, five lanes, 25 yards.  
SWIMMING ADDRESS: 221 Cooke Hall  
1900 University Ave. SE  
Minneapolis, Minn. 55455

SWIMMING FACTS

--Jean Freeman, the 1984 Big Ten Coach of the Year, is starting her 13th year as head coach and has a win/loss record of 89-23 (.795).

--Last season Minnesota had a 7-3 overall dual meet record and an 4-2 Big Ten dual meet standings.

--The Gophers have finished second at the Big Ten Championships for the past two years, and was third in 1983.

--Minnesota's first national champion in any sport was diver Chris Curry Gentz, now in her first year as the Gopher diving coach for both the women's and men's teams.

--Minnesota's first All-American in any sport was swimmer Terry Ganley Nieszner, who is in her ninth year as the Gopher assistant swimming coach.

UNIVERSITY OF MINNESOTA  
WOMEN'S SWIMMING & DIVING SCHEDULE  
1985-86

OCTOBER

25 ALUMNI MEET 6:30 PM

NOVEMBER

9 INTRA SQUAD MEET (COED) 2:00 PM  
16 HAMLIN & NORTHERN MICHIGAN 6:30 PM  
17 USS INVITATIONAL 9:00 AM  
22 WISCONSIN (COED) Diving 4:00 PM/Swimming 7:00 PM  
23 MIDWEST RELAYS (COED) Diving 9:00 AM/Swimming 2:00 PM

DECEMBER

15-28 Winter Training Trip

JANUARY

4 INTRA SQUAD MEET (COED) 2:00 PM  
11 at Nebraska  
18 NORTHWESTERN (COED) 2:00 PM  
24 at Ohio State  
25 at Ohio State Invitational

FEBRUARY

8 at Iowa  
15 at Iowa State 2:00 PM  
28-3/2 Big Ten Championships  
(Milwaukee, WI)

MARCH

9 USS INVITATIONAL 9:00 AM  
14-16 NCAA Diving Qualifying Meet  
(Columbus, OH)  
20-22 NCAA Championship  
(Arkansas)  
21-23 SENIOR STATE CHAMPIONSHIPS  
25-29 USS Senior Nationals  
(Orlando, FL)  
29-30 US DIVING STATE CHAMPIONSHIPS

APRIL

1-5 East/West Junior Nationals  
(Orlando, FL & Grand Forks, ND)

All home meets (in CAPITAL LETTERS and BOLD FACE) are at COOKE HALL POOL.

University of Minnesota  
Swimming and Diving Roster  
1985-86

Swimming Coach: Jean Freeman  
Asst. Swim Coach: Terry Nieszner  
Diving Coach: Chris Gentz  
Technical Consultant: Ann Anklam  
Manager: Elyce Iwerks

| Name               | Class     | Event             | Hometown/High School             |
|--------------------|-----------|-------------------|----------------------------------|
| Diane Almstrom     | Sophomore | Breaststroke      | Minneapolis, MN/Henry            |
| Mary Louise Brix   | Freshman  | Sprint Free       | St. Cloud, MN/Cathedral          |
| Lisa Camillo       | Sophomore | Free/Fly          | Delavan, WI/Delavan-Darien       |
| Jennifer Carpenter | Freshman  | Diving            | Grand Rapids, MN/Grand Rapids    |
| Sue Dunn           | Freshman  | Free              | Minneapolis, MN/Edison           |
| *Jo Elsen          | Senior    | Fly/Free          | Richfield, MN/Richfield          |
| Diane Erstad       | Freshman  | Free/IM           | Bloomington, MN/Jefferson        |
| Kelly Gallagher    | Freshman  | Free              | Minnetonka, MN/Hopkins           |
| Ruth Gunard        | Freshman  | Free/Back         | Roseville, MN/Alexander Ramsey   |
| Sanna Harkonen     | Freshman  | Free/IM           | Hyvinkaa, Finland/Sue Itsinrinne |
| Heather Held       | Sophomore | Backstroke        | LaCrosse, WI/Central             |
| Cindy Hovet        | Junior    | Breaststroke/IM   | Bellevue, WA/Interlake           |
| Denise Johnson     | Senior    | IM                | Burnsville, MN/Burnsville        |
| Kelly Kluge        | Freshman  | Back/Free         | Edina, MN/San Ramon Valley       |
| Kathleen Lewis     | Junior    | Diving            | Green Bay, WI/St. Joseph Academy |
| Maureen Lewis      | Sophomore | Diving            | Green Bay, WI/St. Joseph Academy |
| Sara Lindner       | Freshman  | Free/Breaststroke | LaCrosse, WI/Logan               |
| Kelly McClure      | Sophomore | Back              | Rapid City, SD/Stevens           |
| Kristin Michaelson | Freshman  | Free              | Le Sueur, MN/Le Sueur            |
| Lucia Ottem        | Freshman  | Free              | Woodbury, MN/Woodbury            |
| Jennifer Pancratz  | Sophomore | Free              | West Bloomfield, MI/Andover      |
| Marja Raikkala     | Senior    | IM/Distance Free  | Kankaanpaa, Finland              |
| Sue Roell          | Junior    | Breaststroke      | Burnsville, MN/Burnsville        |
| Jodi Schirmers     | Sophomore | Distance Free     | St. Cloud, MN/Tech               |
| Jeanne Simley      | Freshman  | Fly/Free          | Plymouth, MN/Armstrong           |
| Julie Sullivan     | Freshman  | Diving            | W. St. Paul, MN/Sibley           |
| Nancy Swanum       | Sophomore | Backstroke/IM     | Burnsville, MN/Burnsville        |
| *Nancy Touve       | Senior    | Breaststroke      | Golden Valley, MN/Armstrong      |
| Sue Troia          | Freshman  | Breast            | Madison, WI/Memorial             |
| Amy Volna          | Freshman  | Free/Fly          | St. Anthony, MN/St. Anthony      |
| *Diane Wallner     | Senior    | Free/Back         | Roseville, MN/Alexander Ramsey   |
| Holly Winters      | Freshman  | Distance          | Long Lake, MN/Orono              |

\*Tri-Captains

UNIVERSITY OF MINNESOTA  
1985-86 SWIMMING AND DIVING OUTLOOK

"This is going to be a year of the 'unknowns' for us," says Minnesota head swimming coach Jean Freeman. The 'unknowns' translate into 14 incoming freshman in the swimming program and three in diving. How these 17 athletes fill the nine spots left by graduation is one of Freeman's biggest concerns.

"The seniors on last year's Big Ten team accounted for 216.5 points, or 40 percent of the points scored by Minnesota at the championships. Of our 13 returning swimmers, 10 scored at the Big Ten's, so we'll be counting heavily on the freshman class to fill in the point gap."

Freeman wants to win the Big Ten title this year after finishing second the last two years behind the powerful Ohio State team. At last season's championships, the Gophers finished with 535 points, behind OSU's 698. "We are ranked second by the Big Ten Swim Coach's Pre-Season Poll with Ohio State in first," says Freeman. "We are only six points behind the Buckeye's in the ratings, and 14 points ahead of third ranked Iowa. If we don't beat Ohio State at the Big Ten's, I want to believe we won't finish lower than second."

Minnesota finished last season with a 4-2 Big Ten record and an overall 7-3 dual meet record. Twelve varsity records fell throughout the year, with the 11 records being set at the Big Ten Championships and one at the at the NCAA Division I Championships. Six Gophers became Big Ten Champions, with four earning NCAA All-American status.

SOLID SENIOR CLASS - The seniors on this year's team are a multi-talented and solid group, accounting for 619 overall points last season, and almost a third of the points scored at the Big Ten Championships. Tri-captains Diane Wallner, Jo Elsen and Nancy Touve lead the class which includes Mana Raikkala and Denise Johnson. Between them, nine events can be covered. This is the first year Wallner (a chemistry major) has not had a class or lab conflict with the team's practice schedule. "She's going to give it her all this year," says Freeman. Wallner is a nine-time Big Ten Champion (1985 - 200 free relay 1:34.60, 400 free relay 3:26.38; 1984 - 50 free :23.50, 100 free :51.46, 200 free relay 1:35.21, 400 free relay 3:27.85, 200 medley relay 1:46.12; 1983 - 200 free relay 1:39.19, 400 free relay 3:27.34).

Touve holds the second fastest time among her returning teammates in the 100 yard backstroke (1:02.99) and the third fastest times in the 100 (1:08.12) and the 200 (2:29.98) yard breaststrokes. She's in the best shape she's ever been in and her self-confidence is very high. Elsen, also in excellent shape, is five-time Big Ten Champion (1985 - 200 free relay 1:34.60; 1984 - 200 free relay 1:35.21, 200 medley relay 1:46.12; 1983 - 200 free relay 1:35.19, 400 free relay 3:27.34), and has a new swimming desire -- she wants to coach swimming and is concentrating on technique more than ever.

Raikkala, from Finland, is the 1983 Big Ten champion in the 400 IM with a time of 4:26.67, which is still the best Gopher time in the event. She also holds the fastest Gopher time in the 200 butterfly (2:05.11) and is all-time second place in the 1000 free (10:22.50) and the 1650 free (17:14.23). Coach Freeman favors Raikkala in the 200 fly and expects it will be her most improved event this year. She will be challenged in the 400 IM by Johnson, the 1983 Big Ten champion in the 200 IM (2:06.15). Johnson was a member of the 400 free relay team which won the Big Ten championship in 1983 (3:27.34), and she holds the best Minnesota times ever in the 100 IM (1:00.36) and the 200 IM (2:06.15).

JUNIORS FEW, BUT CAPABLE - Sue Roell leads the junior class in points, scoring 119 points during the regular season and at the Big Ten's. She is suffering from a foot injury, but is expected to have one of her best seasons ever. Roell competed at the 1985 NCAA National Championships in the 200 medley and free relays, and holds the best-ever Minnesota time in the 100 breaststroke (1:06.04). Cindy Hovet is coming off almost a year of illness and looks better now at the beginning of the year than all of last season. Diver Kathleen Lewis is competing for the Gophers for the first time this year, as she transferred in as a sophomore but was not eligible for competition.

SCHIRMERS LEADS SOPHOMORES ON ALL COUNTS - Jodi Schirmers starts her second season as a Gopher like few have before. She's the team's leading point scorer from last season in both season (237.5) and Big Ten (91.5) points, is the only 1985 individual Big Ten champion (1650 free) on this year's squad, co-holds the Big Ten 400 free relay record and is an NCAA All-American in the 400 free relay. According to Freeman, Schirmers is ahead of herself this year in workouts and physical shape than she was last year at this time.

Diane Almstrom has added muscle tone since the end of last season when she finished 13th in the 100 breaststroke (1:08.14) at the Big Ten's. She's much more aggressive this year in her workouts and Freeman looks for her to finish in the top eight at the Big Ten's in the 100 breast and score points in the 200 breast. Most improved for total workouts this fall is Lisa Camillo, who finished 18th in the 100 (:59.86) and 20th in the 200 (2:11.36) butterflies at the Big Ten's.

Heather Held is looking for continued personal improvement this season, and will be challenging all comers for the top openings in the backstroke events. Challenging Held is Kelly McClure who has set personal goals of being in the top finishers of the 100 and 200 yard backstroke events at the Big Ten's this year. She was red-shirted last season due to illness, and joined the team for workouts spring quarter.

Also red-shirted last season was Nancy Swanum, who was out with a shoulder injury which required surgery in January. After months of therapy, she was back in the water. A freak accident re-injured the shoulder soon after practice started, but it is hoped she will be able to compete regularly this season. "Nancy, if healthy, is a top finisher in both backstroke events and the 200 IM," says Freeman. Joining the team is middle-distance freestyler Jennifer Pancratz, who transferred to Minnesota from St. Mary's College, of Notre Dame, Ind., an NAIA member.

FRESHMAN BRING DEPTH TO TEAM- The large freshman influx adds a lot of depth to this year's squad, so much in fact that Freeman could field both varsity and junior varsity teams. Diane Erstad comes to the team strong in the mid-distance freestyle events, as well as the 200 individual medley and the 100 breaststroke. Kelly Gallagher will fit into the vacancies on the free relay teams, while Ruth Gunnard is strong in the 200 free relay and will help in the backstroke. Sanna Harkonen is strong in all distance free races and the 400 IM, while Kelly Kluge is very solid in the back and mid-distance free events. Sara Lindner comes from a 'Y' program in Wisconsin and brings depth in the 200 and 500 freestyles while Jeanne Simley is a butterfly sprinter. Another flyer is Amy Volna who is a multi-talented swimmer. She is Minnesota high school champion in the 100 and 200 freestyles. One of the harder working freshman is Sue Troia who is a breaststroker, and complementing her is Holly Winter, a well disciplined distance freestyler. Bringing inexperience but a lot of determination and talent to the team are Mary Louise Brix, Sue Dunn, Kristin Michaelson and Lucia Ottem.

## GOPHERS BY EVENTS

**Sprints** - Minnesota's top freestyle sprinter ever in the 50 and 100 yard sprints, Diane Wallner, heads into her senior year holding varsity and Cooke Hall pool records in both events and is a former Big Ten Champion in both categories. The Gophers depth in the sprints is evident as Wallner is backed-up by Jo Elsen, Jodi Schirmers, Mary Louise Brix, Kristin Michaelson, Amy Volna, Sue Roell and Ruth Gunnard.

**Middle Distance** - The 200 and 500 freestyle middle distance varsity records are held by sophomore Jodi Schirmers who had a phenomenal freshman year. Not far behind her in the 200 free are Diane Wallner and Denise Johnson and in the 500 free, Johnson and Mana Raikkala. Freshmen Amy Volna, Diane Erstad, Kelly Kluge, Lucia Ottem are expected to become strong contenders this year.

**Distance** - Again, Schirmers leads the way in the 1000 and 1650 free distance races, and is the current Big Ten Champion in the 1650. She has a lot of company in the long races with Raikkala, Johnson and Elsen giving her competition. Newcomers Sanna Harkonen and Holly Winters have the potential to score right along with the upperclassmen.

**Backstroke** - Experience abounds in the backstroke events as five returners, as well as two freshmen, are on hand to compete for the huge openings left by the graduation of Elyce Iwerks and Ruth Christensen. Diane Wallner, Nancy Touve, Denise Johnson, Nancy Swanum and Heather Held are joined by newcomers Ruth Gunnard and Kelly Kluge.

**Breaststroke** - Sue Roell, holder of the varsity 100 breast record and Diane Almstrom, both Big Ten point earners in the 100 yard breaststroke lead this year's squad of six potential breaststrokers, including Cindy Hovet, Nancy Touve, Sue Troia and Diane Erstad.

**Butterfly** - Tri-captain Jo Elsen leads the Gophers in the 50 and 100 butterfly events and is less than two seconds behind Mana Raikkala in the 200 fly. Sophomore Lisa Camillo is expected to be a contender at this year's Big Ten's. Sprint butterflyer Jeanne Simley joins the team this year along with Amy Volna.

**Individual Medley** - Minnesota's depth in the individual medley events is probably the best it's been in recent memory. Between strong returners like Mana Raikkala (third at the Big Ten's the last two years and champion as a freshman in 400 IM), Denise Johnson, Jo Elsen, Nancy Touve and Cindy Hovet, and freshmen Sanna Harkonen and Diane Erstad, the Gophers should be able to compete with all opponents.

**Relays** - Minnesota takes a lot of pride in their relays. The 200 and 400 yard free relay teams have not been defeated in the last three years at the Big Ten Championships. Both broke their own Big Ten records at championships this past year and the 400 free relay team broke the varsity record at the NCAA Division I finals earning All-American honors.

**Medley Relays** - This year's medley relay team brings a combination of collegiate experience and freshmen enthusiasm as Coach Freeman plans a mix of teams which includes the three 1985 Gopher NCAA 200 medley relay team returners Jo Elsen, Sue Roell, and Diane Wallner. Joining them could be Kelly McClure, Nancy Swanum, Kelly Kluge, Amy Volna and Ruth Gunnard.

**Freestyle relays** - Minnesota has had tough free relay teams for years, winning the 200 and 400 yard relay events the last three years at the Big Ten's, while setting four Big Ten Records in the process. Last year's 400 free team earned NCAA All-American honors. The 800 free relay was the most improved relay team last year. Returners Jo Elsen, Diane Wallner, Sue Roell and Jodi Schirmers could be joined this year by Amy Volna, Kelly Gallagher and Ruth Gunnard.

**Diving** - Most of Minnesota's diving team graduated this past year, with sophomore Maureen Lewis being the only returning diver. She placed ninth in the 1 meter competition with 403.41 points at the Big Ten's last year. Lewis will be joined this year by another Lewis, her older sister Kathleen, who transferred here a year ago. Freshmen this year include Jennifer Carpenter and Julie Sullivan. Maureen Lewis is an explosive diver expected to be in the top eight scorers in both the one and three meter heights at the Big Ten's. Kathleen Lewis is graceful with good diving lines and consistency. For Carpenter, this will be a year of developing and testing new dives, while Sullivan is the most improved diver on this year's team.

Jean Freeman  
Head Coach

Jean Freeman enters her thirteenth season as Minnesota's head coach for the women's swimming and diving team and her program is ranked 13th in the pre-season top-twenty poll. A tough schedule last season of Big Ten and Big Eight teams gave Freeman a 7-3 record for the year, and an outstanding Minnesota career record of 89-23 (.795). Under her guidance, 15 Minnesota swimmers have achieved All-American status 23 times, in either the AIAW or NCAA.

The strength and confidence Freeman instills in her swimmers is evident in the back-to-back second place finishes at the Big Ten Championships in 1984 and 1985. Two relay and one individual championship, along with numerous second place finishes at the 1985 Big Ten's sent six swimmers in six events to the NCAA Div. I Championships.

It was there that Minnesota received its first NCAA All-American awards ever, with an 11th place relay team finish. Overall, the Gopher finished 29th, earning 20 points, their best in three visits to the NCAA'S. For nine consecutive seasons from 1973-82, the Gophers placed in the top 40 of the AIAW National Championships.

Freeman's coaching career began with the North Minneapolis Ascension Swim Club - one of the oldest AAU programs in the state. She has been involved with the University swimming program since her undergraduate days when she participated on the Gopher Swim Club team while earning her degree in physical education (1973). Freeman joined the Minnesota staff as an assistant coach in 1972 (the first year for a varsity team) and moved up to the head coaching position in 1973. She was named the Big Ten Coach of the Year in 1984.

Coaching swimmers is a year-round occupation for Freeman, who also guides the Burnsville Swim Club. She is reactivating the campus-based developmental Gopher Swim Club program, and will have it ready for USS competition in the summer of 1985. Along with men's swimming coach Dennis Dale, Freeman has worked with elementary students in the Minnesota Sports Fitness Program, and was active in the Minnesota Sports Festival. Freeman has coached at the USA Olympic Development Training Camp and accompanied Gopher swimmers to U.S. Olympic Trials during the off-season. A member of the University's physical education faculty, Freeman teaches water safety instruction.

**Coach Freeman's Record**

| <u>Year</u> | <u>School</u>           | <u>Record</u> |
|-------------|-------------------------|---------------|
| 1973-74     | University of Minnesota | 10-1          |
| 1974-75     | University of Minnesota | 12-0          |
| 1975-76     | University of Minnesota | 10-1          |
| 1976-77     | University of Minnesota | 10-0          |
| 1977-78     | University of Minnesota | 8-3           |
| 1978-79     | University of Minnesota | 5-1           |
| 1979-80     | University of Minnesota | 4-5           |
| 1980-81     | University of Minnesota | 3-3           |
| 1981-82     | University of Minnesota | 4-2           |
| 1982-83     | University of Minnesota | 11-1          |
| 1983-84     | University of Minnesota | 5-3           |
| 1984-85     | University of Minnesota | 7-3           |

Overall Record: 89-23  
Winning Career Percentage .795



**Terry Ganley Nieszner**  
**Assistant Coach**

Beginning her ninth season on the Minnesota coaching staff is four-time All-American Terry Ganley Nieszner. As a Gopher swimmer, Nieszner became Minnesota's first female All-American in any sport in 1974, and was honored in 1984 as one of the first inductees into the Minnesota Aquatic's Hall of Fame.

Nieszner began swimming competitively under Coach Freeman (who was assisting Carroll Gustafson) at the Ascention Swim Club at 10 years of age and set several state age group records before enrolling at the University. As a freshman in 1973, she was a member of Minnesota's first women's intercollegiate swimming and diving team. Nieszner's All-American honors were in the backstroke (1974), freestyle (1975), individual medley (1975) and the freestyle relay team (1976).

A state, region and Big Ten champion, Nieszner held varsity records in every stroke and the individual medley events. "Her sophomore year on the team was quite outstanding," says Freeman, "Terry held eight individual and four relay varsity records."

**Ann Anklam**  
**Technical Advisor/Recruiting**

Joining the team in November of 1984, Ann Anklam serves as both a technical consultant and recruiter. As a technical consultant, Anklam works with specific groups of swimmers on stroke technique. Starting this year, she is also doing recruiting for the men's swimming program.

Graduating from the University of Minnesota in 1972, Anklam was a four-time AAU National swimming qualifier, and at one time held 52 state age group and senior records.

She began her coaching career in 1968 with the St. Louis Park AAU team, and has since coached the Bloomington and Edina AAU programs, the Jefferson Girl's High School Team, and most recently, the Edina High School Girl's team. Her coaching career has been highlighted by numerous state champions and record holders, All-Americans and junior and senior qualifiers.

Anklam was a five-time selection as Coach of the Year, has been a USS State Board member, delegate to the USS National Convention and President of the High School State Girl's Swimming Association.

**Chris Gentz**  
**Diving Coach**

Former Gopher diver Chris Gentz, the first woman to win a national championship at the University of Minnesota, is returning to head both the women's and men's diving programs. She won the 3-meter diving competition at the 1981 AIAW National Championships.

Gentz's diving accomplishments include two All-American titles in 1981 and 1982 when she was third on the 3-meter board. She was Big Ten runner-up both years in the 3-meter, and as a senior received Minnesota's Big Ten Conference Medal of Honor and Outstanding Senior Athlete Awards.

The first woman to be awarded an athletic scholarship at Minnesota based on ability, Gentz graduated in 1982 with a degree in physical education with a coaching emphasis. She then formed the West Suburban USS Diving Team in St. Louis Park. The club has won the past four Minnesota State Diving Championships as well as seven regional championships the past two years.

From 1982-84, Gentz served as girl's and boy's diving coach at Hopkins Senior High school and girl's diving coach at North Junior High. One of her former divers is Tom Rosencrantz of Hopkins who won the 1984 Boys' State High School Championship. Gentz also coached one year at Minnetonka High school.

A native of Minneapolis, Gentz (formerly Curry) won the Minnesota State High School Diving title in 1976.

JO ELSEN - Tri-Captain  
Senior Butterfly/Freestyle  
Richfield, Minnesota

College: 1985 Big Ten Champion and record holder in 200 free relay (1:34.60)...won seven different events 17 times last season...3rd at Big Ten's in both the 200 and 400 medley relay...national qualifier in 200 medley relay... tri-captain of this year's team...holds four relay team varsity records...one individual Cooke Hall Pool record...excellent sophomore season... third leading scorer with 130 1/2 points...one of the most versatile swimmers on the team...finished third in the 100 butterfly and eighth in the 50 freestyle at 1984 Big Ten's...member of Championship Big Ten 200 free and 200 medley relay teams...competed at NCAA Nationals on four relay teams...freshman year was Big Ten runner-up in the 50 fly and member of Champion 200 free and medley relay teams...has placed in the top three in the 50 and 100 fly in all regular season meets the past two years...competed at NCAA's in 1983 on two relay teams.

High School: Honorable Mention All-American at Richfield Senior High...member of state championship team in 1981...conference champion in five events...member of state champion 400 yard freestyle relay team for four years...eight years experience with the Richfield Swim Club...one year with the Foxjet team.

Personal: Born 11/21/63...applied design major...daughter of Gerald and Rosemary Elsen.

1983 Big Ten Finishes  
2nd 50 yd. butterfly :26.30  
8th 100 yd. butterfly :58.92  
15th 50 yd. freestyle :24.87  
1st 200 yd. free relay 1:35.19 NQT\*#  
4th 200 yd. med. rel. 1:48.32 NQT

Varsity Records  
200 freestyle relay 1:34.60 1985  
200 medley relay 1:45.92 1985  
400 medley relay 3:53.31 1985

1984 Big Ten Finishes  
3rd 100 butterfly :56.82  
8th 50 freestyle :24.81  
(:24.37 prelims)  
12th 100 freestyle :53.22  
(:53.15 prelims)  
1st 200 freestyle relay  
1st 200 medley relay 1:46.12\*#

Cooke Hall Pool Records  
50 yd. butterfly :26.68 1983

\* Minnesota Varsity Record  
NQT National Qualifying Time  
# Big Ten Record

1985 Big Ten Finishes  
1st 200 free relay 1:34.69 \*#NQT  
3rd 400 medley rel. 3:53.51 \*  
3rd 200 medley rel. 1:45.92 \*NQT  
10th 100 butterfly :57.63  
9th 50 freestyle :24.30

1985 NCAA National Finishes  
13th 200 free relay 1:35.56

DENISE JOHNSON

Senior Individual Medley  
Burnsville, Minnesota

College: A strong summer season is promising a good fall...member of 2nd place 800 free relay team at Big Ten's...also placed 9th in 400 IM, 10th in 200 IM and 16th in 500 free at Big Ten's...scored 25 points at Big Ten's...130 points for season...numerous 1st's last year in the 200 IM, 200 and 500 free, 200 breast, 400 medley relay, and 400 and 800 free relays...had a brilliant freshman year as the highest point scorer at the Big Ten's (90)...that year won Big Ten 200 IM title and placed second in 400 IM only .02 second behind teammate Marja Raikkala...was member of Big Ten Champion 400 free relay team in '83...competed in the 200 and 400 IM's at the NCAA Nationals and on the 200, 400, and 800 freestyle relay teams...holds 100 IM (1:00.36) and 200 IM (2:06.15) varsity records.

High School: Johnson was All-Conference, All-State, and All-American at Burnsville High School...member of the 1981-82 state champion team...named MVP her senior year...received Burnsville's Tracy Caulkins and Athena awards...earned three letters each in track and cross country skiing...has nine years AAU experience with the Burnsville Swim Club and one year with the Foxjet club.

Personal: Born 7/17/64...business (accounting) major...daughter of Dennis and Ramona Johnson.

1983 Big Ten Finishes

- 1st 200 yd. individual medley 2:06.15 NQT\*
- 2nd 400 yd. individual medley 4:26.69 NQT
- 5th 100 yd. individual medley 1:00.36\*
- 5th 200 yd. freestyle 1:53.78 prelims 1:53.33\*
- 10th 500 yd. freestyle 5:00.53\*
- 1st 400 yd. freestyle 3:27.34 NQT #
- 3rd 800 yd. freestyle relay 7:39.55 NQT\*

- \* Minnesota Varsity Record
- NQT National Qualifying Time
- # Big Ten Record

Varsity Records

- 100 Ind. Medley 1:00.36 1983
- 200 Ind. Medley 2:06.15 1983
- 800 Free relay 7:31.68 1985

1984 Big Ten Finishes

- 9th 200 yd. ind. medley 2:08.49

1985 Big Ten Finishes

- 9th 400 yard individual medley 4:32.67
- 16th 500 yard freestyle 5:06.97
- 10th 200 yard individual medley 2:09.57
- 2nd 800 yard freestyle relay 7:31.68 NQT \*

MARJA RAIKKALA

Senior Individual Medley/Distance Freestyle  
Kankaanpaa, Finland

College: Finished in the 400 IM, 1650 free and 200 fly at the 1985 Big Ten's scoring 36 points...scored 153 points for the season...set the pace in five meets in the 200 butterfly...currently holds varsity record in the 200 fly...9th at the 1985 Big Ten's in the 200 fly...at 1985 Big Ten's placed 3rd in 400 medley relay and 8th in 1650 freestyle...3rd at 1984 Big Ten's in 400 IM...holds Cooke Hall Pool records in 1650 free and 400 IM...competed as freshman and sophomore at nationals...named Hardest Worker freshman season... won Big Ten Championship in the 400 IM and placed in four other events that year...also finished nineteenth at NCAA's in the 400 IM...has placed first in all but four dual meet in the 400 IM the last three seasons...Finland: Member of the Finnish National team...Finnish National champion in six events, the 200 fly, 400, 800, and 1500 freestyle, and 200 and 400 individual medley...began swimming at the age of seven for her hometown team in Kankaanpaa (population 14,000)...in Finland there are no school teams...as a member of the Finnish National team swam in the World Championships in 1978, and the Russian Spartiacade Games in 1979...trained with the Finnish National Team this summer.

Personal: Born 9/4/62...international relations major...daughter of Mikko and Ilse Raikkala.

1983 Big Ten Finishes

- 1st 400 yd. individual medley 4:26.67 NQT\*
- 5th 200 yd. butterfly 2:07.49\*
- 9th 1650 yd. freestyle 17:14.23\* 1000 yd. freestyle (split of 1650) 10:22.50\*
- 11th 500 yd. freestyle 5:00.94
- 12th 200 yd. individual medley 2:10.92

1984 Big Ten Finishes

- 3rd 200 butterfly 2:05.11\*
- 3rd 400 Ind. medley 4:28.59
- 11th 200 Ind. medley 2:10.18

1985 Big Ten Finishes

- 3rd 400 Ind. Medley 4:27.91
- 8th 1650 freestyle 17:19.90
- 9th 200 butterfly 2:05.30

Varsity Records

- 1000 freestyle 10:24.69 1983
- 1650 freestyle 17:14.23 1983
- 200 butterfly 2:05.11 1984
- 400 ind. medley 4:26.67 1983

Cooke Hall Pool Records

- 1000 yd. freestyle 10:25.90 1982
- 1650 yd. freestyle 17:16.68 1982
- 400 yd. ind. medley 4:26.67 1983

\*Varsity Record

NQT National Qualifying Time

NANCY TOUVE - Tri-Captain  
Senior Breaststroke  
Golden Valley, Minnesota

College: Tri-captain of 1985 team...placed at the Big Ten's in 1983 and 1984...member of the 1983 NCAA national team...scored 26 points last season.

High school: Plymouth Armstrong...competed in state high school meet 1979-81...1st in breaststroke in 1979...second in same 1980 and 1981... named MVP 1979-81...set all records at Armstrong for women in 1980-81...won five regional events 1979-81.

Personal: Born 8/11/64...speech communications major...daughter of James and June Touve.

1983 Big Ten Finishes

8th 50 breaststroke :31.80  
4th 200 medley relay 1:48.32

1984 Big Ten Finishes

16th 100 breaststroke 1:09.53

DIANE WALLNER - Tri-Captain  
 Senior Freestyle/Backstroke  
 St. Paul, Minnesota

College: 1985 NCAA All-American in 400 free relay...also Big Ten record holder in it and 800 free relay...holder of six varsity and five Cooke Hall Pool records...Tri-captain for this year's team...finished in first place 32 times as a junior...third highest scorer on team (192 points)...first Gopher to qualify for Olympic Trials...has represented the US as a member of the national team...most talented sprinter ever at Minnesota according to Freeman...won two Big Ten titles in 50 and 100 freestyles as a sophomore... set new varsity record with 50 free title (:23.50)...reset 100 free varsity record by placing 18th at NCAA Nationals (:51.22)...also competed at nationals...was member of Big Ten Champion 200 medley relay (which set new Big Ten record) and first place 200 and 400 free relay teams...co-MVP as sophomore with second highest varsity points (193)...beaten only four times in the 50 and 100 freestyles during the regular season the past three years...freshman year was third leading scorer (177 pts.) and runner-up in conference in 50 and 100 free while a member of two Big Ten winning relay teams...also competed at NCAA's in 50, 100 free and on three relay teams.

High School: Alexander Ramsey High School...six-time high school All-American...seven-time state champion in the 50 and 100 yard freestyles...All-American USS swimmer who made the 1980 and 1982 US teams with a sixth place finish at the national meets...also a two-time All-State track selection.

Personal: Born 3/25/64...chemistry and pre-med major...daughter of Alfred and Rose Wallner.

1983 Big Ten Finishes

2nd 50 yd. freestyle :23.87 NQT\*  
 2nd 100 yd. freestyle :51.64 NQT\*  
 10th 50 yd. backstroke :28.31  
 1st 200 yd. free relay 1:35.19 NQT\*#  
 1st 400 yd. free relay 3:27.34 NQT\*#  
 3rd 800 yd. free relay 7:39.55 NQT\*

Cooke Hall Pool Records

50 freestyle :23.56 1981  
 100 freestyle :51.71 1980  
 400 free relay 3:33.66 1983  
 800 free relay 7:49.12 1985  
 400 medley rel. 4:00.49 1982

1984 Big Ten Finishes

1st 50 yd. freestyle :23.50\*  
 1st 100 yd. freestyle :51.46  
 10th 200 yd. freestyle 1:53.16  
 1st 200 yd. free relay 1:35.21  
 1st 400 yd. free relay 3:27.85  
 1st 200 yd. medley rel. 1:46.12 #

Varsity Records

50 freestyle :23.50 1984  
 100 freestyle :51.22 1984  
 200 free relay 1:34.60 1985  
 400 free relay 3:25.71 1985  
 800 free relay 7:31.68 1985  
 200 medley rel. 1:45.92 1985

1985 Big Ten Finishes

1st 200 yd. free relay 1:34.60\*NQT  
 3rd 200 yd. medley rel. 1:45.92\*NQT  
 6th 50 yd. freestyle :24.15  
 2nd 800 yd. free rel. 7:31.68\*#  
 1st 400 yd. free rel. 3:26.38\*#NQT

NCAA Finishes

11th 400 free relay 3:25.71 1985\$  
 13th 200 free relay 1:35.16 1985

\* varsity record  
 # Big Ten record  
 NQT national qualifying time  
 \$ All-American status

CINDY HOVET

Junior Breaststroke/Individual Medley  
Bellevue, Washington

College: Competed on a limited basis due to illness most of last season...expected to be back at full strength this year...as freshman was voted Outstanding Student-Athlete...one of the most dedicated swimmers...never misses practice according to Freeman...one of the Gophers top two breaststrokers... holds personal best time of 2:24.97 in the 200 breaststroke...scored at Big Ten's in 100 and 200 breaststroke.

High School: Interlake High School...four-time letterwinner...state finalist in the 100 breaststroke three times and qualified three years with four relay teams...All-American as member of 200 medley relay team in 1982 and Honorable Mention same year for 100 breaststroke...1983 Junior National finalist in the 200 yard breaststroke...held a 4.0 g.p.a....co-captain of swim team her senior season.

Personal: Born 4/26/65...engineering major...daughter of Richard and Jean Hovet.

1984 Big Ten Finishes

12th 100 breaststroke 1:08.77 (1:08.01 prelims)  
10th 200 breaststroke 2:24.97

KATHLEEN LEWIS

Junior Diving  
Green Bay, Wisconsin

College: Transfer student from University of Wisconsin, Green Bay as a sophomore...ineligible during 1984-85 season...at Green Bay was 2nd in 3 meter and 6th in 1 meter at state meet...dove one year at Indiana University...sister of Gopher sophomore diver Maureen Lewis.

High School: St. Joseph Academy...no swimming and diving team...learned to dive in YMCA programs...competed in AAU regionals and nationals.

Personal: Born 12/26/64...design major...daughter of John and Donna King.



SUE ROELL

Junior Breaststroke  
Burnsville, Minnesota

College: Big Ten Champion last year in 200 free relay which also was Big Ten Record and Varsity Record...highest scoring sophomore at Big Ten's (51 points) and in regular season (119 points)...placed 13th at NCAA Nationals in 200 yard free relay (1:35.36)...many 1st's last year in 100 and 200 breast, and medley and freestyle relays...holds varsity records in 100 breast, 200 free relay, and 200 and 400 medley relays...as freshman was highest scoring and fourth overall in varsity meets (93 1/2 pts.)...All-Big Ten selection as member of champion 200 freestyle and 200 medley relay teams...fifth and seventh in 100 and 200 breaststrokes at Big Ten's...competed at NCAA Nationals...finished in top three in 100 breaststroke in all collegiate meets.

High School: Burnsville High School...voted Minnesota's Most Outstanding Senior Female Swimmer in 1982...named All-American in 1980 and 1982...held state record and won championship for three years in 100 yard breaststroke...helped Burnsville to State title in 1981 and 1982...Rookie of the Year in 1980...three-time letterwinner in swimming and earned two softball letters.

Personal: Born 9/19/64...computer science major...daughter of Jo Ann and Thomas Roell.

1984 Big Ten Finishes

5th 100 breaststroke 1:06.34  
7th 200 breaststroke 2:25.84  
1st 200 free relay 1:35.21

Varsity Records

100 breaststroke 1:06.04 1985  
200 free relay 1:34.60 1985  
200 medley relay 1:45.92 1985  
400 medley relay 3:53.31 1985

1985 Big Ten Finishes

1st 200 free relay 1:34.60 NQT # \*  
4th 100 breaststroke 1:06.04 \*  
3rd 400 medley relay 3:53.31 \*  
3rd 200 medley relay 1:45.92 NQT \*  
13th 50 freestyle :24.59  
11th 200 breaststroke 2:25.62

Cooke Hall Pool Records

50 breaststroke :31.27 1982  
100 breaststroke 1:05.81 1982  
800 free relay 7:49.12 1985  
400 medley relay 3:59.87 1985

NQT - National Qualifying Time  
# - Big Ten Record  
\* - Varsity Record

DIANE ALMSTROM

Sophomore Breaststroke  
Minneapolis, Minnesota

College: Capped her freshman year with 11th in the 100 breaststroke at Big Ten Championships...lifetime bests in 100 freestyle (:55.24), 100 breaststroke (1:08.14), and 200 breaststroke (2:37.28)...placed first in 100 breaststroke against Hamline and Iowa State...Freeman expects her to score more points than last year (28.5 points).

High school: Henry High school standout...five year swim team member...All-City and All-State...four year cross-country ski team member...track team for three years...given Athena Award.

Personal: Born 10/6/65...undecided on major...daughter of Dale and Dorothy Almstrom.

1985 Big Ten Finishes

11th 100 breaststroke 1:08.14

LISA CAMILLO

Sophomore Butterfly  
Delavan, Wisconsin

College: Hardest working freshman last year...lifetime bests in 100 (:59.86) and 200 butterfly (2:11.36) at Big Ten's...member of winning relay teams.

High School: Delavan-Darien High School...four year varsity team member...lettered each year...MVP all four years...holds high school record in most points in a season and most points in four years.

Personal: Born 12/13/65...possible business major...daughter of John and Beverly Camillo.

HEATHER HELD

Sophomore Backstroke  
LaCrosse, Wisconsin

College: Lifetime bests in 100 (1:04.73) and 200 (2:23.90) backstroke events...aiming to fill vacancies created by graduation of two backstrokers.

High school: Central High school...lettered all four years...MVP her senior year.

Personal: Born 5/7/66...elementary education major...daughter of John and Pat Held.

MAUREEN LEWIS

Sophomore Diver  
Green Bay, Wisconsin

College: Big Ten 9th place finish in 1 meter diving...highest scoring diver (9 points) for Gophers at Big Ten's...finished the season with 26 points...sister of Gopher diver Kathleen Lewis.

High School: St. Joseph's Academy...no high school team...learned to dive with YMCA USS club team...regional championship finalist in national age group (10 and under)...regional champ as teenager in one and three meter events... 1978 Outstanding Diver for Wisconsin...AAU champion 1976-79.

Personal: Born 11/4/66...undecided on major...daughter of John and Donna King.

1985 Big Ten Finishes

9th 1 meter diving 403.31 points

KELLY MCCLURE

Sophomore Backstroke  
Rapid City, South Dakota

College: Red-shirted freshman year due to illness early in season ... was able to workout near end of season...should be back full strength this year.

High School: Rapid City High School...no swimming program at high school...competed in USS club swimming...excelled in 100 and 200 backstrokes and 200 freestyle and IM...smart swimmer and expected to improve with competitive experience...all-around athlete and outstanding basketball player... originally from Bellevue, Nebraska which has a strong swim program..."a diamond in the rough" says Freeman.

Personal: Born 9/16/66...undecided on college major...daughter of Michael and Marilyn McClure.

JENNIFER PANCRATZ

Sophomore Freestyle  
West Bloomfield, Michigan

College: Transfer student from St. Mary's College, Notre Dame, Ind. ... swam there as freshman...set six varsity records...All-American in the 500 free, 800, 400 and 200 free relays.

High School: Andover High School...swam all four years...as senior earned All-League, All-Area, All-County, All-State, All-American, Most Improved Swimmer...was tri-captain...state champ in the 400 free relay...won Scholarship-Athlete Award for highest grade point average.

Personal: Born 7/18/66...majoring in nutrition...daughter of Ron and Lynda Pancratz.

JODI SCHIRMERS

Sophomore Freestyle  
St. Cloud, Minnesota

College: NCAA All-American as a freshman...Big Ten champion in 1650 freestyle...2nd in 200 and 500 freestyles at championships...highest scorer for season team (237.5 points)...highest scoring Gopher ever at Big Ten's (91 1/2 points)...finalist in seven events...holder of one Big Ten record... holds the most individual varsity records - four...holds three relay team varsity records...27 first places in 14 meets...voted Most Improved and Most Valuable by coaches and teammates.

High school: St. Cloud Tech...captain of her swim team as a senior...five year varsity competitor...went to state all five years.

Personal: Born 7/12/66...undecided on major...daughter of Donald and Janet Schirmers.

1985 Big Ten Finishes

|     |                  |              |
|-----|------------------|--------------|
| 1st | 1650 freestyle   | 16:53.16*    |
| 1st | 400 free relay   | 3:26.38*#NQT |
| 2nd | 200 freestyle    | 1:51.73*     |
| 3rd | 400 medley relay | 3:53.31*     |
| 2nd | 500 freestyle    | 4:50.82*NQT  |
| 2nd | 800 free relay   | 7:31.68*NQT  |
| 8th | 100 freestyle    | :53.59       |

Varsity Records

|                 |          |      |
|-----------------|----------|------|
| 200 freestyle   | 1:51.70  | 1985 |
| 500 freestyle   | 4:50.82  | 1985 |
| 1000 freestyle  | 10:11.98 | 1985 |
| 1650 freestyle  | 16:53.16 | 1985 |
| 400 free relay  | 3:25.71  | 1985 |
| 400 medley rel. | 3:53.31  | 1985 |
| 800 free relay  | 7:31.68  | 1985 |

1985 NCAA Finishes

|      |                |             |
|------|----------------|-------------|
| 11th | 400 free relay | 3:25.71* \$ |
|------|----------------|-------------|

\*varsity record

#Big Ten Record

\$All-American

NQTnational qualifying time

NANCY SWANUM

Sophomore Backstroke/Individual Medley  
Burnsville, Minnesota

College: Red-shirted for the season due to shoulder surgery...working out on regular basis...will add depth to this year's team.

High School: Burnsville High School...three-time All-American...won six individual state titles three consecutive years in both the 200 IM and 200 backstroke...topped NCAA National and US Olympic Trials qualifying standards... already holds three Cooke Hall Pool records in the 50 back (:27.45), 100 back (:28.45), and 200 IM (2:06.78)...two-time state champion with the 200 medley relay team...one of the best prep backstrokers in the nation...placed 18th at USS Senior Nationals in the 100 and 200 backstrokes...third prep All-American out of Burnsville to sign with Minnesota in three years (follows Denise Johnson and Sue Roell).

Personal: Born 4/9/66...undecided on major...daughter of Donna and Robert Swanum.

MARY LOUISE BRIX

Freshman Freestyler  
St. Cloud, Minnesota

High School: Cathedral High...best times in 50 free :25.70, 100 free :55.5, 500 free 5:37.2...USS swimmer.

Personal: Born 5/18/67...undeclared major...daughter of John (Jr.) and Mary Jane Brix.

JENNIFER CARPENTER

Freshman Diving  
Grand Rapids, Minnesota

High School: Grand Rapids High school...competed five years, finished 4th in State Meet...All-State and All-Conference...also competed in gymnastics for six years.

Personal: Born 10/17/66...undecided on major...parents are Tom and Gail Carpenter.

SUSAN DUNN

Freshman Freestyle/Butterfly/IM  
Minneapolis, Minnesota

High School: Edison High...team captain senior year, won 2 letters, Hardest Worker award and named Animal of the Year...USS swimmer...best times in 100 fly 1:17, 100 free 1:06, 200 IM 2:51.5.

Personal: Born 3/1/67...possible medical related major...daughter of Arthur and Nancy Dunn.

DIANE ERSTAD

Freshman Freestyle/Breaststroke/IM  
Bloomington, Minnesota

High school: Thomas Jefferson...best times in 100 free :54.29, 200 free 1:56.67, 500 free 5:10.61, 100 breaststroke 1:09.34, 200 breaststroke 2:29.75, 200 IM 2:12.10...varsity letter winner five years in a row...All-Conference and All-State...MVP and team captain.

Personal: Born 9/29/66...accounting major...daughter of Donald and Yvonne Erstad.

KELLY GALLAGHER

Freshman Freestyle  
Minnetonka, Minnesota

High School: Hopkins High School...three years of varsity swimming...All-State honors all three years...All-Conference as sophomore and junior...All-American as junior...Member of Hopkins Swim Club and Mach III flyers.

Personal: Born 3/30/67...major undeclared...daughter of Michael and Diane Gallagher.

RUTH GUNARD

Freshman Freestyle  
Roseville, Minnesota

High School: Alexander Ramsey...Best times - 100 free :52.8, 50 free :24.29, 200 free 1:55.+, 100 backstroke 1:02+.

Personal: Born 4/10/67...no declared major...daughter of Kurt and Della Gunard.

SANNA HARKONEN

Freshman Freestyle  
Hyvinkaa, Finland

High School: Sveitsinrinteen lukio...attended Mission Viejo High as foreign student 1982-83...member Finnish national team...meets senior USS standards...swam at Mission Viejo High one year...best times in yard events 500 free 4:54.33, 400 yard IM 4:26.21.

Personal: Born 1/9/65...pre-physical education major...daughter of Toivo and Pirkko Harkonen.

KELLY KLUGE

Freshman Backstroke/Freestyle  
Edina, Minnesota

High School: San Ramon Valley High school, Danville, California...competed four years on varsity...earned letter each year...All-American as freshman...also on women's water polo team.

Personal: Born 9/22/67...undecided on major...daughter of Richard and Nancy Kluge.

SARA LINDNER

Freshman Freestyle/Breaststroke  
LaCrosse, Wisconsin

High School: Logan Senior High...best freestyle times - 100 free :56.7, 200 free 2:01., 500 free 5:29...Best breaststroke times - 100 breast 1:13.0, 200 breast 2:36.

Personal: Born 2/2/67...undeclared major... daughter of Kenneth and Ila Lindner.

KRISTIN MICHAELSON

Freshman Freestyle/Breaststroke  
Le Sueur, Minnesota

High school: Le Sueur High...best times 50 free :24.9, 100 free :56.0, 100 breast :1:13.4.

Personal: Born 12/19/67...undecided major...daughter of Edwin and Mary Michaelson.

LUCIA LYNN OTTEM

Freshman Freestyle  
Woodbury, Minnesota

High School: Woodbury High School...best times in 100 free - :56.30, in 200 free - 2:01.9...lettered three years...voted Most Improved...named All-Conference and All-Conference Honorable Mention.

Personal: Born 9/26/66...undecided major but leaning toward engineering...daughter of Fred and Marilyn Ottem.

JEANNE SIMLEY

Freshman Butterfly/Freestyle  
Plymouth, Minnesota

High School: Plymouth Armstrong Senior High...Best times - 50 fly, :26.3, 100 fly :59.8, 200 fly 2:15.7, 50 free :25.6, 100 free :55.8, 200 free :2:00.1...swam USS.

Personal: Born 7/21/67...possible business administration major...daughter of Jerry and Sara Simley.

JULIE SULLIVAN

Freshman Diving  
West St. Paul, Minnesota

High School: Henry Sibley Senior High...competed in diving three years...  
earned three letters...was team captain...also three letters in gymnastics.

Personal: Business major...daughter of Dean and Dorothy Sullivan.

SUE TROIA

Freshman Breaststroke/Freestyle/IM  
Verona, Wisconsin

High School: James Madison Memorial...4-year varsity letter winner...  
highly competitive...team player...best times in 100 breast 1:15.7, 200 breast  
2:43.2, 100 free 1:01.3, 200 free 2:06.4, 200 IM 2:23.6.

Personal: Born 8/26/67...possible pre-vet major...daughter of Sal and  
Judy Troia.

AMY LOUISE VOLNA

Freshman Freestyle/Butterfly/IM  
St. Anthony, Minnesota

High School: St. Anthony High school...best times in 50 free :24.7, 100  
free :51.89, 200 free 1:53.61, 50 fly :26.3, 100 fly :59.6, 200 IM 2:16.8...  
swam USS.

Personal: Born 3/7/67...undeclared major...daughter of William and Jean  
Volna.



UNIVERSITY OF MINNESOTA SWIMMING AND DIVING 1984-85 RESULTS

7-3 overall dual meets  
4-2 Big Ten dual meets

| W/L | MN-OPP    |                         |
|-----|-----------|-------------------------|
| W   | 92-48     | MICHIGAN STATE          |
| W   | 93-45     | Hamline                 |
| W   | 78-33     | NORTHWESTERN            |
| W   | 62.5-50.5 | NEBRASKA                |
| L   | 58-81     | SOUTHERN ILLINOIS       |
| L   | 64-65     | Wisconsin               |
| W   | 93-36     | Purdue (at Wisconsin)   |
| W   | 77-52     | Illinois (at Wisconsin) |
| L   | 65-75     | IOWA                    |
| W   | 98-42     | IOWA STATE              |

POINTS SCORED IN VARSITY MEETS

|                   |         |
|-------------------|---------|
| Jodi Schirmers    | 237.5   |
| Elyce Iwerks      | 225     |
| Diane Wallner     | 192.5   |
| Marci Olson       | 153.5/2 |
| Mana Raikkala     | 153     |
| Denise Johnson    | 130.5/2 |
| Sue Roell         | 119     |
| Jo Elsen          | 117     |
| Coleen Carroll    | 105     |
| Ruth Christensen  | 83      |
| Erin Driscoll     | 61      |
| Linda Haworth     | 55      |
| Patty Weiss       | 50      |
| Carol Libbesmeier | 47      |
| Diane Aslmstrom   | 43      |
| Lisa Camillo      | 32      |
| Maureen Lewis     | 27      |
| Nancy Touve       | 26      |
| Kari Anderson     | 23      |
| Heather Held      | 20      |
| Cindy Hovet       | 14      |
| Jeanne Ewing      | 12      |
| Linda Pitmon      | 11      |

1984-85 Gopher Honor Winners

Tri-Captains -- Jo Elsen, Nancy Touve, Divan Wallner  
Most Valuable -- Marci Olson, Jodi Schirmers, Elyce Iwerks  
Hardest Worker -- Elyce Iwerks  
Most Improved -- Jodi Schirmers  
Outstanding Student-Athlete -- Patty Weiss

## 1985 Big Ten Swimming Championship Results

- |               |                   |
|---------------|-------------------|
| 1. Ohio State | 6. Wisconsin      |
| 2. Minnesota  | 7. Northwestern   |
| 3. Iowa       | 8. Illinois       |
| 4. Indiana    | 9. Michigan State |
| 5. Michigan   | 10. Purdue        |

### MINNESOTA FINISHES

#### 50 yard freestyle

- |                   |        |
|-------------------|--------|
| 6. Diane Wallner  | :24.15 |
| 13. Sue Roell     | :24.59 |
| 14. Erin Driscoll | :24.67 |

#### 100 yard freestyle

- |                   |        |
|-------------------|--------|
| 3. Marci Olson    | :51.83 |
| 8. Jodi Schirmers | :53.59 |
| 15. Erin Driscoll | :53.92 |

#### 200 yard freestyle

- |                   |         |
|-------------------|---------|
| 2. Jodi Schirmers | 1:51.73 |
| 6. Marci Olson    | 1:52.87 |
| 7. Elyce Iwerks   | 1:53.01 |

#### 500 yard freestyle

- |                    |         |
|--------------------|---------|
| 2. Jodi Schirmers  | 4:54.71 |
| 7. Elyce Iwerks    | 5:01.23 |
| 16. Denise Johnson | 5:03.98 |

#### 1650 yard freestyle

- |                   |          |
|-------------------|----------|
| 1. Jodi Schirmers | 16:53.16 |
| 8. Mana Raikkala  | 17:19.90 |

#### 200 yard breaststroke

- |                   |         |
|-------------------|---------|
| 5. Coleen Carroll | 2:24.64 |
| 11. Sue Roell     | 2:25.62 |

#### 100 yard backstroke

- |                 |        |
|-----------------|--------|
| 4. Elyce Iwerks | :58.67 |
|-----------------|--------|

#### 200 yard backstroke

- |                     |         |
|---------------------|---------|
| 2. Elyce Iwerks     | 2:03.97 |
| 8. Ruth Christensen | 2:09.05 |

#### 100 yard butterfly

- |                 |        |
|-----------------|--------|
| 10. Jo Elsen    | :58.05 |
| 14. Marci Olson | :58.66 |

#### 200 yard individual medley

- |                      |         |
|----------------------|---------|
| 9. Erin Driscoll     | 2:09.40 |
| 10. Denise Johnson   | 2:09.57 |
| 14. Coleen Carroll   | 2:12.19 |
| 16. Ruth Christensen | 2:13.61 |

#### 400 yard individual medley

- |                    |         |
|--------------------|---------|
| 3. Mana Raikkala   | 4:27.91 |
| 9. Denise Johnson  | 4:32.67 |
| 11. Linda Haworth  | 4:35.76 |
| 16. Coleen Carroll | 4:58.47 |

#### 100 yard breaststroke

- |                    |         |
|--------------------|---------|
| 4. Sue Roell       | 1:06.04 |
| 9. Coleen Carroll  | 1:07.77 |
| 13. Diane Almstrom | 1:08.14 |
| 15. Jeanne Ewing   | 1:09.15 |

#### 200 yard freestyle relay

- |                                   |         |                     |
|-----------------------------------|---------|---------------------|
| 1. Elsen, Wallner<br>Roell, Olson | 1:34.60 | - Big Ten<br>Record |
|-----------------------------------|---------|---------------------|

#### 400 yard freestyle relay

- |  |         |                     |
|--|---------|---------------------|
| 1. Iwerks, Wallner<br>Schirmers, Olson | 3:26.38 | - Big Ten<br>Record |
|--|---------|---------------------|

#### 800 yard freestyle relay

- |   |         |
|---|---------|
| 2. Schirmers, Wallner<br>Johnson, Olson | 7:31.68 |
|---|---------|

#### 200 yard medley relay

- |                                     |         |
|-------------------------------------|---------|
| 3. Iwerks, Roell,<br>Elsen, Wallner | 1:58.92 |
|-------------------------------------|---------|

#### 400 yard medley relay

- |                                      |         |
|--------------------------------------|---------|
| 3. Iwerks, Roell<br>Elsen, Schirmers | 3:53.31 |
|--------------------------------------|---------|

#### 1 meter diving

- |                       |        |
|-----------------------|--------|
| 9. Maureen Lewis      | 403.41 |
| 11. Carol Libbesmeier | 391.62 |
| 16. Linda Pitmon      | 367.11 |

1985 Big Ten Championship Results, p. 2

200 yard butterfly

9. Marja Raikkala 2:05.30  
11. Ruth Christensen 2:07.78  
12. Marci Olson 2:08.10

3 meter diving

14. Patty Weiss 410.85  
15. Carol Libbesmeier 407.58

Points scored at 1985 Big Ten Championship

|                  |      |                   |    |
|------------------|------|-------------------|----|
| Jodi Schirmers   | 91.5 | Erin Driscoll     | 14 |
| Elyce Iwerks     | 82   | Maureen Lewis     | 9  |
| Marci Olson      | 65.5 | Carol Libbesmeier | 8  |
| Sue Roell        | 51   | Linda Haworth     | 6  |
| Diane Wallner    | 49.5 | Diane Almstrom    | 4  |
| Jo Elsen         | 42   | Patty Weiss       | 3  |
| Mana Raikkala    | 36   | Jeanne Ewing      | 2  |
| Coleen Carroll   | 27   | Linda Pitmon      | 1  |
| Ruth Christensen | 18   |                   |    |

Big Ten Champions

1650 yard freestyle Jodi Schirmers 16:63.16 (varsity record)  
200 yard free relay 1:34.60 (BIG TEN RECORD)  
Jo Elsen, Diane Wallner, Sue Roell, Marci Olson  
400 yard free relay 3:26.38 (BIG TEN RECORD)  
Elyce Iwerks, Diane Wallner, Jodi Schirmers, Marci Olson

1985 National Team

Jo Elsen, Elyce Iwerks, Marci Olson, Sue Roell, Jodi Schirmers and Diane Wallner

1985 All-Americans

400 free relay 11th place 3:25.71  
Elyce Iwerks, Diane Wallner, Jodi Schirmers, Marci Olson

VARSITY RECORDS  
MINNESOTA WOMEN'S SWIMMING

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|                  |  |      |          |
|------------------|--|------|----------|
| 50 Free          | Diane Wallner  | 1984 | :23.50   |
| 100 Free         | Diane Wallner  | 1984 | :51.22   |
| 200 Free         | Jodi Schirmers   | 1985 | 1:51.70  |
| 500 Free         | Jodi Schirmers   | 1985 | 4:50.82  |
| 1000 Free        | Jodi Schirmers   | 1985 | 10:11.98 |
| 1650 Free        | Jodi Schirmers   | 1985 | 16:53.16 |
| 50 Backstroke    | Cindy Anderson   | 1979 | :27.32   |
| 100 Backstroke   | Elyce Iwerks   | 1985 | :58.51   |
| 200 Backstroke   | Elyce Iwerks   | 1985 | 2:03.97  |
| 50 Breaststroke  | Coleen Carroll   | 1983 | :30.77   |
| 100 Breaststroke | Sue Roell  | 1985 | 1:06.04  |
| 200 Breaststroke | Claudia Sanders  | 1984 | 2:23.81  |
| 50 Butterfly     | Britta Wilk  | 1982 | :25.89   |
| 100 Butterfly    | Britta Wilk  | 1982 | :56.58   |
| 200 Butterfly    | Mana Raikkala  | 1984 | 2:05.11  |
| 100 I.M.         | Denise Johnson   | 1983 | 1:00.36  |
| 200 I.M.         | Denise Johnson   | 1983 | 2:06.15  |
| 400 I.M.         | Mana Raikkala  | 1983 | 4:26.67  |
| 200 Free Relay   | Diane Wallner, Jo Elsen<br>Sue Roell, Marci Olson            | 1985 | 1:34.60  |
| 400 Free Relay   | Diane Wallner, Jodi Schirmers<br>Elyce Iwerks, Marci Olson   | 1985 | 3:25.71  |
| 800 Free Relay   | Jodi Schirmers, Diane Wallner<br>Denise Johnson, Marci Olson | 1985 | 7:31.68  |
| 200 Medley Relay | Elyce Iwerks, Jo Elsen<br>Sue Roell, Diane Wallner           | 1985 | 1:45.92  |
| 400 Medley Relay | Elyce Iwerks, Jo Elsen<br>Sue Roell, Jodi Schirmers          | 1985 | 3:53.31  |

Revised 4-1-85

## UNIVERSITY OF MINNESOTA

## COOKE HALL POOL RECORDS

|                  |                                     |                 |          |      |
|------------------|-------------------------------------|-----------------|----------|------|
| 50 Free          | Diane Wallner                       | Ramsey HS       | :23.56   | 1981 |
| 100 Free         | Diane Wallner                       | Ramsey HS       | :51.71   | 1980 |
| 200 Free         | Kirsten Wengler                     | Lindbergh HS    | 1:49.41  | 1982 |
| 500 Free         | Kirsten Wengler                     | Lindbergh HS    | 4:56.20  | 1981 |
| 1000 Free        | Emily Ricketts                      | Nebraska        | 10:23.90 | 1985 |
| 1650 Free        | Marja Raikkala                      | MINNESOTA       | 17:16.68 | 1982 |
| 50 Back          | Nancy Swanum                        | Burnsville HS   | :27.45   | 1982 |
| 100 Back         | Nancy Swanum                        | Burnsville HS   | :58.26   | 1983 |
| 200 Back         | Jenny Lindstrom                     | Kansas          | 2:07.71  | 1978 |
| 50 Breast        | Sue Roell                           | Burnsville HS   | :31.27   | 1982 |
| 100 Breast       | Sue Roell                           | Burnsville HS   | 1:05.81  | 1982 |
| 200 Breast       | Rachal Fahren                       | Bloomington SC  | 2:24.06  | 1985 |
| 50 Fly           | Jo Elsen                            | MINNESOTA       | :26.68   | 1983 |
| 100 Fly          | Shelly Hanson                       | Richfield HS    | :56.17   | 1980 |
| 200 Fly          | Maria Krug                          | Wisconsin       | 2:06.31  | 1984 |
| 100 IM           | Marie Krug                          | Wisconsin       | 1:00.27  | 1982 |
| 200 IM           | Nancy Swanum                        | Burnsville HS   | 2:06.78  | 1981 |
| 400 IM           | Marja Raikkala                      | MINNESOTA       | 4:35.29  | 1983 |
| 200 Free Relay   | Royalty, Rea<br>Van Jouanne, Wittry | So. Illinois U. | 1:37.65  | 1985 |
| 400 Free Relay   | Wallner, Sheehan,<br>Driscoll, Wilk | MINNESOTA       | 3:33.66  | 1983 |
| 800 Free Relay   | Iwerks, Roell,<br>Olson, Wallner    | MINNESOTA       | 7:49.12  | 1985 |
| 200 Medley Relay | Irick, Martin,<br>Roalyty, Rea      | So. Illinois U. | 1:49.81  | 1985 |
| 400 Medley Relay | Iwerks, Roell,<br>Olson, Wallner    | MINNESOTA       | 3:35.87  | 1985 |

UNIVERSITY OF MINNESOTA SWIMMING AND DIVING

ALL-AMERICAN HALL OF FAME

|         |                     |                                     |
|---------|---------------------|-------------------------------------|
| 1984-85 | Elyce Iwerks        | Freestyle Relay Team                |
|         | Marci Olson         | Freestyle Relay Team                |
|         | Jo Elsen            | Freestyle Relay Team                |
|         | Jodi Schirmers      | Freestyle Relay Team                |
| 1981-82 | Chris Gentz         | Three-Meter Diving                  |
|         | Britta Wilk         | Butterfly and Freestyle Relay Team  |
|         | Anna Sheehan        | Freestyle Relay Team                |
|         | Elyce Iwerks        | Freestyle Relay Team                |
|         | Erin Driscoll       | Freestyle Relay Team                |
| 1980-81 | Chris Gentz         | Three-Meter Diving                  |
| 1979-80 | Cindy McCollum      | Freestyle Relay Team                |
|         | Julie Benz          | Freestyle Relay Team                |
|         | Stephanie Schoening | Freestyle Relay Team                |
|         | Britta Wilk         | Freestyle Relay Team                |
| 1978-79 | Cindy Anderson      | Backstroke                          |
| 1977-78 | Cindy Anderson      | Backstroke                          |
| 1976-77 | Cindy Anderson      | Backstroke                          |
| 1975-76 | Cindy Anderson      | Backstroke and Freestyle Relay Team |
|         | Cheryl Swanum       | Freestyle Relay Team                |
|         | Joni Ellis          | Freestyle Relay Team                |
|         | Terry Ganley        | Freestyle Relay Team                |
| 1974-75 | Terry Ganley        | Freestyle and Individual Medley     |
| 1973-74 | Terry Ganley        | Backstroke                          |

MINNESOTA IN BIG TEN SWIMMING

|         |               |
|---------|---------------|
| 1984-85 | Second place  |
| 1983-84 | Second place  |
| 1982-83 | Third place   |
| 1981-82 | Fifth place   |
| 1980-81 | Sixth place   |
| 1979-80 | Seventh place |
| 1978-79 | Third place   |
| 1977-78 | Fourth place  |
| 1976-77 | Fourth place  |
| 1975-76 | Fourth place  |
| 1974-75 | Eighth place  |
| 1973-74 | Sixth place   |

MINNESOTA IN NATIONAL COMPETITION

|         |   |
|---------|---|
| 1984-85 | 29th NCAA Div. I Nationals                      |
| 1983-84 | Seven individuals competed at<br>NCAA Nationals |
| 1982-83 | Nine individuals competed at<br>NCAA Nationals  |
| 1981-82 | 15th AIAW Nationals                             |
| 1980-81 | 29th AIAW Nationals                             |
| 1979-80 | 34th AIAW Nationals                             |
| 1978-79 | 31st AIAW Nationals                             |
| 1977-78 | 37th AIAW Nationals                             |
| 1976-77 | 27th AIAW Nationals                             |
| 1975-76 | 29th AIAW Nationals                             |
| 1974-75 | 30th AIAW Nationals                             |
| 1973-74 | 34th AIAW Nationals                             |